

## Derry Town Council Approves Municipal Water Fee Increases

**ALEX MALM**  
NUTFIELD NEWS

DERRY - During the April 19 Derry Town Council meeting one of the agenda items was in regards to increasing certain Municipal Water service fees.

Michael Fowler, Director of Public Works said the fees are to help further their goal “which is to ensure that the customers demanding those services pay the associated costs to avoid additional burden upon other water customers.”

He said that the Derry municipal water service fees were last increased in FY 2021.

“These fees included water meters, meter horn assemblies, and the Merrimack River Source Development charge,” said

Fowler.

It was explained by Fowler since meters have gone up in cost they have to recoup the cost.

“These are basically pass-through costs,” said Fowler.

The fee for water meters currently range from \$287 for 5/8 x 3/4 inch to 2-inch turbos which is a fee of \$1,029.

Under the proposal it would increase the fees to \$331 for the 5/8 x 3/4 inch and \$1,298 for the 2-inch turbos.

A meter horn assembly for the 3/4 inch is currently \$265 and 1 inch is \$437. Under the proposed changes it would increase the fees to \$382 and \$729.

The MSD charge for 5/8 x3/4 inch currently is \$1,123 and greater than two inches is \$3.79/GPD. Under the proposal it

would increase it to \$1,191 and \$4.02/ GPD.

“We want to get these approved this evening,” said Fowler.

Fowler said that the increase would increase the FY 2023 revenue by around \$8,800.

The Town Council ultimately unanimously approved the increases.

Also during the meeting the Town Council accepted a “Wellness Stretch goal bonus.”

“The Town of Derry continues to participate in Health Trust’s Wellness Coordinator Program. This year, Health Trust awarded a “Wellness Coordinator Stretch goal bonus in the amount of \$375,” a memo to the Town Council read.

“This is in addition to the \$1,000 received in January which is the annual grant.

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## Hampstead Board Gets Update on Storm Water Management

**ALEX MALM**  
NUTFIELD NEWS

HAMPSTEAD - During the April 18 Hampstead Planning Board meeting one of the agenda items was an application for a change of use for Axe Towne which is located at 546 NH Rte 111.

Planning Board Secretary Debbie Soucy told the Board that they recently had reviewed a change of use for the same property which proposed to have two sheds and a port a potty in order to sell farm stand items as well as ice

cream.

The Board told the applicant that they would need an amended site plan for the change of use.

Soucy told the Board that she couldn’t find a recorded plan that shows the parking allocation for the businesses on the site.

The Board ultimately decided that because there were too many unknowns with the axe throwing proposal they wanted to see an amended site plan.

Robert Towne, the owner of the property came to the meeting after their discussion concluded.

Weimar told Towne that he would need to address items like the septic system and parking before they could move forward.

Town said that the current septic is sized for six different units and that there are only three units that are currently in use.

Planning Board member Dj Howard asked what the current use being replaced would be under the proposal.

Towne said that the axe throwing business is being proposed to take

**continued on page 2**



**WHAT A WHOPPER** Nine-year-old Lena Cucolo and her dad Jason Cucolo reeled in a 14.5-inch trout during the Hampstead Fishing Derby held at Shop Pond on Saturday morning. The annual event is sponsored by the Hampstead Civics Club. See more photos on page 5. *Photo by Chris Paul*

## Eversource Looks To Move Forward With Pole Work

**PAUL CONYERS**  
NUTFIELD NEWS

CHESTER - The Chester Conservation Commission opened its meeting with a presentation from Connor Madison from the GZA company and Ashley Ruprecht from Eversource Licensing & Permitting.

They are requesting a minimal impact permit on utility maintenance work, proposing a replacement of nine utility polls in Chester. Environmental measures like “erosion controls at all wetland crossings and on steep slopes” with preventative measures to protect snakes and turtles.

The Commission expressed concern that not enough is being done to prevent ATVs from using temporary roads. Trespassing is a problem, and existing barriers on access roads have not worked.

Madison and Ruprecht hope to start the project by

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# Hampstead

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place in the auto repair shop.

He told the Board that the maximum capacity would be around 30 people. Towne also told the Board that they aren't selling alcohol, but the state of NH allows you to bring your own alcohol.

Planning Board Vice Chairman Randy Gray asked Towne if there would be someone monitoring the patrons that are throwing the axes.

Towne said that they would have a monitor and said that the patrons are given an overview of safety required before they are allowed to throw the axes.

Also during the meeting Paul Carideo, told the Board that the town recently formed the Storm Water Management Committee.

He told the Board that before Sally Theriault and Jon Worthen were the ones involved with administering the MS4 requirements. Now the Committee has secured the services of an outside consultant Comprehensive Environmental Inc who will be working with Hampstead on MS4 compliance.

Carideo said that the Committee already has a draft mission statement and the different duties which they are hopeful to finalize at their upcoming meetings.

He said that the current proposed mission statement is "The Town of Hampstead Stormwater Committee is established to protect the Town's greatest resources, its lakes, waterways and wetlands by recommending Best Management Practices (BMP's), conducting long

and short-range planning and execution of these BMP's to restore and preserve these wetland resources ensuring they meet the most feasible and achievable water quality goals. The Committee will also assist Town Personnel and Departments with the implementation of the EPA Municipal Separate Storm Sewer System (MS4) permit and serve as the forum for public participation, public education and outreach, illicit discharge detection and elimination, construction site runoff controls, and improved pollution prevention and good housekeeping with all town operations."

As of now the draft duties for the Committee is "The function of the Committee is to meet periodically to develop complementary strategies for managing

the town's stormwater systems through public education, outreach, participation, involvement, pollution prevention and stormwater best management practices."

Carideo said that the Board had recently adopted SWM regulations during their April 4 public hearing. Carideo said that the Illicit Discharge Detection and Elimination ordinance was also adopted by the Board of Selectmen as an ordinance. He said that the Rockingham Planning Commission is currently working on an ordinance to administer the ordinance.

He told the Board that he participated in a recent Environmental Protection Agency compliance visit and said that some of the construction monitoring reports were vague when it came to erosion and sedi-

ment control. His suggestion was the Board speak with their engineer and find out what items are being reviewed at pre-construction meetings and for the discussion to be documented.

Weimar said that if the SWM committee wants the Planning Board to adopt a set of procedures then he would want to know if CEI has any sample documents they could share with the Town.

Carideo provided copies of a document that references the permit requirements, control measures, reporting measures, as well as a program schedule summary.

Carideo told the Board that the town would be required to identify five town properties that need to be improved.

Selectmen Liaison Sean Murphy asked if the

Hampstead Fire Department was one of the town properties that was under consideration for improvement.

Carideo said that the Fire Department is on the list since the ground would be disturbed during the upcoming construction.

Carideo said that the number one priority should be enforcing the post construction SWM controls. He said that another goal of the committee is public education and outreach.

Howard asked about the water testing requirements that are placed on commercial sites.

Carideo added that the committee is working with the consultant to identify all the testing requirements.

The next Hampstead Planning Board meeting is slated for May 2 at 7 p.m.

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# Hampstead ZBA Names Hank Riehl as New Chairman

ALEX MALM  
NUTFIELD NEWS

**HAMPSTEAD** - During the April 6 Hampstead Zoning Board of Adjustment meeting one of the agenda items was to reorganize the Board.

The reorganization of the Board officers came after the Board of Selectmen recently accepted the resignation of Geoff Dowd.

It was decided to nominate Hank Riehl as the

new Chairman for the Board. He was elected with a unanimous vote. Riehl abstained from voting.

Nominated for the Vice Chairman position was Randy Clark who was then voted in as the new Vice Chairman with a unanimous vote by members.

One of the cases that the Board heard during the meeting was in regards to a special exception request to allow the alteration and enlargement of their struc-

ture that is on a non-conforming lot at 20 Summer Street.

Representing the owners during the meeting was Charlie Zilch.

He explained that the lot was created in 1961 and is a total of 10,000 square feet. Zilch said they have a total of 76 feet of frontage on the road and 85-feet on Island Pond. He noted that the lot was not in a flood zone.

Zilch said that the

house was built in 1967 on a slab, and has its own well, septic and paved driveway. He explained that their plan is to raise it up by four and a half feet including the porch in the same footprint as now.

He said that if approved there would be a full foundation for storage and a walk-out on the lakeside of the property. Zilch said that the house would be one and a half stories tall.

Zilch also noted that a

new septic system has been designed, and that there is a shoreland protection plan.

Clark asked if they would be gaining any living space from it.

Zilch said that they would be but there would be no dormers on it. He told the board that it would continue to be a two bedroom home.

There was no one in support or against the application present for the meeting.

The Board ultimately unanimously approved the special exception request.

Also during the meeting the board received a letter from Alternate member Karen Hanides who asked to be moved to a full-time member. The Board unanimously approved the request to make her a full-time member.

The next Hampstead Zoning Board of Adjustment meeting is slated for May 4 at 7 p.m.

## Chester

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the late summer, progressing to early winter. Madison apologized for problems related to trespassing during the ongoing work and promised to talk to property owners about the possibility of installing a guard rail. Final approval from the Planning Board is required before the project can proceed.

Current Chairman Vic-

tor Chouinard, Vice Chairman Ted Broadwater, and Kristina Snyder are up for reappointment at the next Board of Selectmen meeting on April 28. Chouinard joked that "unless someone wants to have a coup and oust me" he plans to continue as Commission Chairman.

Chouinard received a note through the town asking the Commission to express support for HB 1454. The bill relates to the

distance a landfill should be from a source of fresh water. After the debate, members agreed to vote on the matter via email a few days after researching the measure.

The last new business was the status of the spring project for Earth Day. Chouinard promised to spend time at Spring Hill Farm on April 23 to remove old windows, barbed wire, and other dangerous items from the area.

Snyder announced that a wheelchair ramp at Spring Hill Farm is an ongoing project with possible help "from an AARP grant of ten grand" to offset some of the cost. There was some debate on the design on whether to build the ramp out of wood or aluminum. The Fall Festival on September 10th will have a conservation booth with the hope of drawing more donations to help fund the ramp.

The beaver issue at Watson Pond was brought up. There is a debate about whether to keep or remove the beavers who have constructed a large dam in the area, blocking the flow of water. Everyone agreed that a new bridge is the best possible solution after the failure of a beaver deceiver. Removing the dam is a temporary solution, although the beavers will soon rebuild it. Silt buildup contributed to the

lack of water flow.

Kathy Ragsdale reported on the financial state of the Commission, which had no expenditures in March. Of note was the Lincoln Lane account, it is uncertain what the near-term plans for the money are in light of questions over who currently owns the land.

The Chester Conservation Commission next meets on May 10.



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## Editorial

### “April Showers Bring May Flowers”

As April comes to an end, and we all have our boots, umbrellas, and ponchos out for the rainy days, lets not forget to take out our vases for all May flowers.

The age-old saying “April Showers Bring May Flowers”, still holds true today, but where did this saying originate?

The saying originated from a poem way back in 1157, written by Thomas Tusser. The poem saying: “Sweet April showers do spring May flowers”.

If we travel back in time a bit further to the end of the Fourteenth Century, where legendary poem Geoffrey Chaucer had his own say on the month of April in his famous collection of stories titled, “The Canterbury Tales.” Chaucer’s version goes as follows Translation: “When in April the sweet showers fall That pierce March’s drought to the root and all And bathed every vein in liquor that has power To generate therein and sire the flower”. Although it could be said Thomas Tusser may be the father of this saying, Geoffrey Chaucer is certainly the creator.

This could have come about to get us out of the depression that looms from a long hard winter and the dreary, rainy months of early spring and encourage us to look forward to the month of May and much better weather.

When writing this I kept thinking about other sayings like: weeping endures for a night, but joy comes in the morning; there is a silver lining after each dark cloud; and this too shall pass.

The reality of death producing new life parallels with spring, the thought of sunshine following a season of gloom and sadness. Bringing us back to the saying, April showers bringing May flowers

All of this aligns with what is going on now. It is a reminder that even the most unpleasant of things, in this case the virus of 2020, will pass and we can expect very enjoyable things indeed in the near future light at the end of the tunnel, the end of a rainbow all apply - even an abundance of flowers in May. “April showers bring May flowers” is also a lesson in patience, and one that remains valid to this day.

Many of life’s greatest things come only to those who wait, patiently and happily enduring the new way of doing things. Take in the sights and smells of May and the rebirth of life. After all, it’s easier to love something if you begin with an optimistic outlook.

Have you had a season of setbacks, disappointments or hindrances? Do not be dismayed. Remember these things: there has never been a wind that did not change directions, clouds do not hang forever and April showers bring May flowers.

My point being after all this, we will come out better prepared and stronger for it. Sometimes you have to go through something truly hard to understand what is important and we will be better for it.

## Derry School Board Picks Garofalo as Superintendent

DERRY - The Derry School Board recently chose Dr. Austin E. Garofalo as the next superintendent for the Derry Cooperative School District.

Dr. Garofalo first joined the Derry School District in 2004 as an Assistant Principal of Gilbert H. Hood Middle School and went on to become principal of the Middle School for 12 years.

He was named Assistant Superintendent of the Derry Cooperative School

District in 2017.

According to the district, Dr. Garofalo was one of 13 candidates who applied for the position during a thorough search that began in February of this year. The search involved a superintendent search committee comprised of parents, teachers, administrators, and school board members. The committee worked tirelessly to determine the qualities Derry sought in a superintendent and used those to assess candidates and come up with four finalists

to send to the School Board.

Dr. MaryAnn Connors-Krikorian, the current superintendent, announced earlier this year that she was retiring as of June 30. She has worked for 36 years at the Derry Cooperative School District.

Dr. Garofalo is a hard-working, energetic and passionate leader and the School Board is excited to work with him to make the District the best it can be for students, parents, staff and community members.

## Sandown’s Kids Fishing Derby Set For Saturday

ALEX MALM  
NUTFIELD NEWS

SANDOWN – During the April 14 Sandown Conservation Commission meeting the Commission got an update on the annual Sandown Kids Fishing Derby.

“We are all set for the Derby on Saturday April 30,” said Brianna Butler, the Chair of the Fishing Derby.

The 22nd annual Fishing Derby is slated to take place from 7:30 a.m. to 10 p.m. The event will take place at Sal’s Pond. The cost is \$3 per child with a maximum of \$10 per family. It is open to all children from two to 15 years old. Registration begins at 7 a.m. Butler said.

Butler told the Commission that she was able to secure a police detail for the event. She told the Commission that it is \$70 an hour for the detail. The police detail is scheduled for four hours from 6:30 a.m. to 10:30 p.m.

“That budget is the same as the previous year,”

said Butler.

Due to gas prices Pete’s Septic asked that the Commission provide a delivery charge. Butler said that it would be a \$50 fee that would need to be added to the budget. Everything else would be free. She said that they donate porta potties each year.

Butler told the Commission that the fish have been ordered already, and they were able to order a total of 142 fish. She said that the cost was \$696 and that they like to stay around \$700 each year for the fish. She said that despite increases in price they only got seven less than last year.

“Prices are going up across the board this year,” said Butler.

Butler said that pre registration had begun and so far only five people have signed up but she wasn’t concerned about it.

“I’m not concerned,” said Butler, noting that it was still early.

Butler also discussed some of the donations that they have received.

“I’m actually quite pleased with the donations we received,” said Butler.

She noted that they were able to get 50 donations donated this year by TD Bank in Hampstead.

Colleen Olsen, the Administrative Assistant for the Conservation Commission said that she was able to reach out to the Red Sox and was able to get a signed Christian Vazquez photo from them.

One question that was asked by the Commission was if they were going to have different buffer zones like they did last year in order to keep people socially distanced due to COVID-19 concerns.

Butler said that they wouldn’t be doing that this year.

“With restrictions lifting I think we can go without,” said Butler.

Anyone who has questions regarding the Fishing Derby can contact Butler, at BriButler@Comcast.net. Those interested in pre registering can do so by going to the Sandown town website.

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**Owner/Publisher – Debra Paul**

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# Young Anglers Enjoy Hampstead's Annual Fishing Derby



Hundreds of eager younger boys and girls flocked to the shores of Shop Pond in Hampstead on Saturday morning for the annual Fishing Derby. The longstanding event, hosted by the Hampstead Civics Club was in its second consecutive year, since having to take a break in 2020 due to COVID-19. The pond was recently stocked with trout by the Civic Club and by N.H. Fish and Game and prizes were awarded in a number of categories. *Photos by Chris*

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# Chester Budget Committee Outlines their Role in Town

PAUL CONYERS  
NUTFIELD NEWS

CHESTER - The Chester Budget Committee discussed issues regarding the school district, town expenses, and revenue during their April 11 meeting. Chairman Michael Weider opened the meeting by explaining the Committee process to new members. No members of the public were present for a public comment session. Weider noted that meetings of the Budget Committee are open for public insight if people feel there is an important issue.

Another topic was the role of ex-officio members of the Committee. Newly elected school board member Sabrina Harris was encouraged to “ask the questions” through the learning process of her new office by the other members. The role of the school board ex-officio member is to act as a liaison, to take information from the Budget Committee back to the School Board.

The NH Municipal Association offers several workshops to familiarize local government officials with the job. Of note is the Budget and Finance work-

shop, covered under the town budget.

Harris presented the main financial issue from the School Board regarding bathroom renovation. According to Harris, prices have “gone up dramatically” from the approved budget of \$135,000. She announced a decision by the School Board to renovate “two out of the three bathrooms and use \$119,600 of the \$135,000 that was allotted with also the permission to our head of facilities to consider any improvements to those bathrooms that would

equal saving in energy” up to \$5,000 per bathroom. There was a concern that money had not been allotted for energy renovation, only bathroom renovation. Harris also reported on a cooler being donated to the Laconia School District along with changes to how teachers report their FSAs to the federal government.

Speaking as a member of the Board of Selectmen, Steve D’Angelo had no new updates on the town portion of the budget. A small surplus is expected for the year, although not all expenditures have been

accounted for. D’Angelo found that Chester is “well ahead of revenues from the year before” thanks in part to expected property tax revenue from new houses. It is unclear whether extra money will go into the unreserved fund balance.

The election of the Budget Committee chairman was also up for discussion. Weider said that “if somebody has an interest in the chairman’s position, I’m fine giving it up,” though no other members expressed interest in replacing him. Weider was re-elected without further discussion; Ephraim Dob-

bins was re-elected as Vice Chairman, also without further discussion.

The final matter up for discussion was when to schedule the next meeting. Auditing for the town budget is not expected to start until July, and will likely not see completion until September. As an audit is needed to assess property taxes, the committee cannot predict revenue for the upcoming year without it. No new meetings are expected before audit reports for both the town of Chester and the school have been released.

# Wason Pond Commission Discusses Pond Cleanup

MOLLY LYNCH  
NUTFIELD NEWS

CHESTER - The April meeting of the Wason Pond Commission kicked off with the committee stating the expenditures in the month of March, which included both electricity charges \$83.93 and \$16.21 for the cottage and back house. This left the budget at \$4,036.85 underwater owing to the \$5,118.54 for the emergency at the bridge.

The Wason Pond bridge could possibly undergo a reconstruction due to

complications in the pond. Christina, a member on the board, went with Ranger Wright to look at the mailbox site and saw people throwing various items into the pond. This included, but is not limited to: strollers, boards with sharp nails, and miscellaneous items. This raises “concerns about the safety of the citizens if people are going to these lengths”, states Christina. But, what are the options to deal with this? The pond has been cleaned out in the past, but now it is worse than ever. If

the pond is cleaned out again, it might harm sensitive habitats such as the frog species that occupy the pond.

The other possible solutions are putting a fence around the pond or building a bridge. Building a bridge is a complex process because it is considered a structure, and DES, district permission, is needed – there is also little value to this, as it is a liability.

The solution that the committee came up with was to make an effort to remove as much of the

debris in the pond as possible. They planned on taking a couple hours to clean it out on April 13.

The committee then talked about reappointments and who whose appointment is expiring. Cathy, Christina, and Dave’s appointments expire and they all intend to rejoin the committee– “as long as the conservation commission reappoints me”, Christina states. The selectmen intend on doing the reappointments on April 28.

Lastly, during the town meeting that was held,

engineering and construction of the bridge was discussed. Engineering and construction did not pass the first phase for acceptance. The payment is broken down into two parts: conservation is putting up half of it and recreation asked to have it taken out. The 418 was not approved, and at this point, they are only going through with the engineering part. Phase three is the feasibility stage and stage four is the construction phase– the final design will be a part of this stage. In terms of cost, there was no there was no full estimate– part of the reason it got declined – and only the first estimated cost was described. They had what they needed to

appropriate the funds, but it’s not a loss because there is no chance they can build it this year. Andrew, who outlined the two types of proposals, said there are two options: One is a 50/50 match, and the other is for \$100,000. They don’t know what full price will be but we have a pretty good chance of meeting a 50/50 match.

The committee closed out the meeting by reviewing gatherings that have been occurring at Wason Pond. A local called in and asked what to do if they want to have a large gathering. For gatherings, birthday parties, etc, a permit must be issued, but beyond that, they said enjoy Wason Pond.

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# DES Says “Duck ... Duck ... Don’t Feed the Goose!”

Canada Geese are a common sight around lakes and ponds in NH, which makes sense: Their natural habitats are along a waterbody’s bank or shore. If left to nature, their presence would be a nice addition to the landscape, enjoyable for wildlife enthusiasts, avid bird watchers and curious children (especially if they are just making a pit stop during their migration). But too often, these goose populations grow into major nuisances that can do very real damage to the surrounding environment.

One of the biggest causes of goose overpopulation is people feeding the geese and other waterfowl. Areas known for handouts will see a few geese increase to 100-fold over time. This seemingly generous act is actually harmful to both the animals and

the waterbodies they populate. Most foods people like to give to geese and other waterfowl – bread and crackers – are harmful to them, because they tend to fill up on that instead of regular nutritional sources, according to the NY Department of Environmental Conservation [www.dec.ny.gov/animals/7001.htm](http://www.dec.ny.gov/animals/7001.htm). The geese actually have plenty of natural food sources, such as aquatic plants and invertebrates, to fill up on.

Aside from the health of the animals, the health of the lakes and ponds can be severely affected by goose overpopulation:

- First, uneaten bread is unsightly, and it can rot and release noxious odors. In addition, rotting bread can attract pests, such as rats, mice and insects.

- Excess nutrients can be caused by an unnatural

number of waterfowl droppings. Geese defecate both on land and in the lake and the droppings are high in organic matter and nutrients. These are the same nutrients that accelerate aquatic plant growth and algal blooms.

- Overpopulation can also lead to drastically increased levels of E. coli, a bacteria found in the geese droppings that in high numbers in water can cause gastrointestinal problems for people swimming in it. You should avoid contact and ingestion of water in areas frequented by geese.

- Another problem for swimmers is the potential for swimmer’s itch, an allergic reaction to a parasite of birds and mammals, is commonly found in areas with high numbers of geese.

- Vegetation around the immediate feeding site is

also impacted because the overabundant population will trample the grass and damage the plants. Overpopulation can also lead to overgrazing and degradation of natural areas.

While you may think that you are helping geese by feeding them, you can be hurting them and pollut-

ing the environment. Wild geese have plenty of healthy food in their habitat. Let them find food on their own so that they and other animals in the environment can stay healthy.

There are more ways to prevent a nuisance goose population or work to control one that is already out-

of-hand. Read our fact sheet on Canada Geese Facts and Management Options [www.des.nh.gov/sites/g/files/ehbemt341/files/documents/2020-01/bb-53.pdf](http://www.des.nh.gov/sites/g/files/ehbemt341/files/documents/2020-01/bb-53.pdf) for more information.

*Submitted by the New Hampshire Department of Environmental Services.*

## Derry

**continued from page 1**

The town surpassed its stretch goal by beating a 2-year-average for Biometric Screening participation and Slice of Life enrollees. There was also a 2 percent increase in the number of employees who created secure enrollee portals and participated in Smart Shopper.”

Elizabeth Robidoux, one of the Town’s Wellness Coordinators said that she was proud that the town

earned it for a second year in a row.

“I’m proud to say that for the second year in a row Derry employees have exceeded their stretch goals set forth by the Trust,” said Robidoux during the meeting. “We have beat the benchmarks that they have gave us.”

It was explained by Robidoux in her memo that the specific use of the Health Trust award is determined by the Wellness Coordinators and is usually used to fund any

expenses from the program and initiatives.

“The program provided by the Wellness Coordinator(s), under the auspices of this grant are available to all employees of the the Town of Derry and not just those who are enrolled in the town’s insurance program,” the memo read.

Robidoux said there was no cost to the town.

“There is no impact at all for the operating budget,” said Robidoux.

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# Barka Teacher and Pinkerton Graduate Completes R.I. Marathon

COLLEN LENT  
SUBMISSION

Josh Johnston, Ernest P. Barka Elementary School's physical education teacher, wore a wide grin, Boston Red Sox jersey, and fishing hat splashed with bright jelly-beans as he greeted students outside the school's gymnasium. It was less than 24 hours before he ran the Rhode Races Marathon in Newport, R.I. on April 16. Johnston cheerfully accepted compliments on his festive gear and best wishes for the pending running event.

The Pinkerton Academy and Hampstead Middle School alumnus said his zest for running began during his teen years as a member of the school's track team. "I did short distances in high school, so I wanted to challenge myself," Johnston said. "I

knew the marathon was on my bucket list."

Previously running two half-marathons, Johnston began preparing for his first 26-mile trek in December 2021. He said as a long-distance runner in New Hampshire, it was necessary to find strategies to safely train in late winter afternoons when temperatures were dipping, and the sun was setting. Johnston, attired in reflective gear, was often seen running on the lit and shoveled sidewalks at Ernest P. Barka in temperatures as low as 5 degrees Fahrenheit. "I had never tried running in cold weather," Johnston said. "My lungs had to adjust." He explained in cooler temperatures, a person's airways often narrow as the lungs are also trying to warm and humidify the dry air as rapidly as possible, often causing discomfort.

Although the tempera-

tures during the marathon weren't frigid, Johnston said running the race required extra willpower. He added support from his family, friends, colleagues, and fiancé Maria Aiello of Fremont motivated him during Miles 17 through 20, the most grueling and hilly terrain of the coastal route. Aiello, a seventh-grade teacher at the Hampstead Middle School, and the couple's rescue dog Casey stood at various mile markers holding a sign that read, "26.2 miles closer to marrying YOU!" Johnston said seeing his future bride and their furry friend provided him with extra mental mettle to continue the race.

"The race was great, but so hard," Johnston

said. "Altogether, this experience was the most challenging thing I have ever done!"

Johnston said his experience running his first marathon reinforced the message he tries to instill in students as their physical education teacher. "No matter what students do in life, whether it's a job, a sport, or a new skill, I never want them to give up," he said.

In a recent persuasive writing assignment, Ernest P. Barka second-grade student Julia Wason described Johnston as a mentor. "My role model is Mr. Johnston because he is intelligent, athletic, and kind," wrote the elementary school student the day before her teacher ran the marathon.



Josh Johnston

## Miss New Hampshire 2022 Crowning Happens This Weekend at Stockbridge

The Miss New Hampshire Scholarship Program is happy to announce that 23 local title holders will compete to become Miss New Hampshire 2022. The 76th annual competition will take place at Pinkerton Academy's Stockbridge Theatre in Derry, from April 28 - 30, 2022. This is a return to the Stockbridge after the Pandemic resulted in the cancellation of the event in 2020 and a scaled-back competition held in

Manchester in 2021. Brenda Keith, President of the Board, stated, "Our organization is thrilled to be back at the Stockbridge Theatre, and we look forward to a spirited competition with an entertaining production."

Each of the candidates qualified at a local preliminary competition and won her way to the state competition. The candidates are judged in four phases of competition to include:

Private Interview, Talent, Red Carpet Evening Wear, and On-Stage questions.

Ashley Marsh of Laco, who won last year's title from the Miss Winnepesaukee local program, will take part in the program throughout the week and crown her successor at the Saturday night finals. Two preliminary nights of competition – April 28 and April 29 – will determine the top 10 finalists and by the end of the night the

winner will receive a \$20,000 scholarship. The 23 candidates will share in \$80,000.00 in scholarship grants.

Tickets for the April competitions can be purchased by calling the Miss New Hampshire office in Derry at (603) 437-9027 or by email to ExecAssist@missnh.org. For more information about this year's competition, please visit Miss New Hampshire's website at MissNH.Org.

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# DERRY SPORTS

## Lady Astros Lacrosse Team Adds Three to Win Column

CHRIS PAUL  
NUTFIELD NEWS

After starting the season with a lopsided win over Manchester Central followed by a loss to the Lady Bulldogs the Pinkerton Academy Girls' Lacrosse team strung together three one-sided victory, to finish the second week of the season at 4-1.

New head coach Kate Blair and her Lady Astros bounced back nicely from their Bedford loss at the end of their first week of the season to beat the Lady Blue Hawks 18-8 in Derry.

The Pinkerton Squad led by a comfortable 10-3 margin by the end of the first half and scored eight more times in the second half to Exeter's five goals.

Hannah Lisauskas had four goals four assists to lead the team in points.

Senior Aly Lamphere reached her one-hundredth career point with four goals



Hailey Schinder had six goals in three games for PA this week.

and two assists.

Cait Seleny had three goals and three assists and Hailey Schinder got two goals and an assist.

Bella Pinardi, Piper Knowlton, Ash Ledoux, Lily Jeans and Liz Fournier all had one goal each.

Elise Saab and Jay Crossman each added and assist.

Lauren Sweeny had nine saves in the goal for the Astros.

One day later, the PA ladies upped their season record to 3-1 with a 17-point shutout over Keene.

The Lady Astros scored 13 unanswered goals in the first half and another four in the second for the 17-0 lopsided win.

Lamphere added to her career total with four goals and Mea Lally added three goals and an assist.

Schinder put away two goals and an assist and Lisauskas posted two more goals.

Also scoring were: Pinardi, Ledoux, Jeans, Saab and Piper Knowlton with one goal each.

Sweeny only needed to make four saves in the game.

The Lady Astros traveled to Salem to finish the week on Friday, April 22, where they handed the Lady Blue Devils a 16-0 defeat

Pinkerton had an 11-point lead heading into the second half and scored five more times for their fourth win of the season.

Once again, Lamphere led the way in scoring with four goals. Lisauskas had two goals and three assists. Schinder managed two goals and an assist and Pinardi had two goals.

Ledoux had one goal and two assists.

Other point getters were: Anna Perkins, Jay Crossman, Nat Paradzick, Saab and Tina Packowski each with one goal.

Seleny added two assists and Emma Madsen had one assist.

Sweeny once again had an easy time in net and only needed to block three goals.



Astros senior Aly Lamphere reached her one-hundredth career point last week. Photos by Chris Paul

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# Astros Laxmen End Second Week with Two Victories

CHRIS PAUL  
NUTFIELD NEWS

The Pinkerton Academy Boys Lacrosse team started its season with a win and a loss then added two wins and a loss in the second week.

The Astros second week started with trip to Exeter High School where the Blue Hawks wound up winning 10-6, despite a strong start by PA.

Pinkerton had a 3-1 advantage after the first quarter, but allowed Exeter

to tie the game at five by halftime.

In the second half, EHS had four unanswered goals in the third to take a 9-5 lead in the game. Each team scored once in the final period in the PA loss.

Ryan Lynch had three goals in the game, Michael Uber finished with two goals and Ricky Wong had one goal. Liam Prescott had two assists while Matt Feole managed one assist.

Pinkerton goalie Curtis Michaud had eight saves in net and Cole Frank won 15 of 18 faceoffs for the Astros.

The following game had a much better result for Pinkerton when they hosted the Salem Blue Devils on Wednesday, April 20.

The Astros easily got by Salem in a 14-1, lopsided contest.

The home squad kept Salem on their heels most of the game and were ahead 13-0 by the end of the third quarter. Frank won every one of his face-offs in the game and Alex Tsetseranos went two for three.

Lynch and Uber each had four goals and Joey

Gallo added three. Prescott finished with two goals and Adam Scala added one goal.

Pinkerton assists went to: Gallo (4), Colby Gagnon, Kyle Zirn and Braydon Bourque.

Tyler Leblanc made seven saves in net for PA.

The Astros finished the week on Friday, April 22 at home against the Andover, Mass. squad where they won 11-5.

The Astros started with a 2-0 advantage after one, but only scored once in the second to Andover's two.



Junior Ryan Lynch was the top goal scorer in the team's second week.

The second half was dominated by Pinkerton, scoring five in the third and adding two in the fourth.

PA goals went to Lynch and Gallo with three each, Riley Spellman put in two and Uber, Feole, and Frank each had one.

Colby Gagnon three assists and Prescott, Spellman, Lynch, Ridge Crossman, Matt Morrison each had one.

Michaud had seven saves in net and Frank had another superb face-off record, getting 17 of 18.



Cole Frank has been winning a majority of his face-offs this season giving his PA team starting possession early and often.

Photos by Chris Paul

## Pinkerton Tennis Teams Hit Halfway Mark in the Season

CHRIS PAUL  
NUTFIELD NEWS

The Pinkerton Academy Girls and Boys Tennis teams have reached the halfway point to their spring season. The girls are just above .500 with a record of 4-3 and the boys are just below at 3-4.

Last week, both teams had three games and the girls started out the week, on the road, Monday against Spaulding High School where they swept that team 9-0.

In Singles: Maddie Frank, Skyelar Levesque, Amelia Coyle, Madeline Donahue and Mia Rivard all had 8-0 victories. Sydney Pelletier won 8-1.

In Doubles: the teams of Frank/Levesque and Donahue/Calli Matarozzo had 8-0 wins and the team

of Pelletier/Bridget Gorrie won 8-1.

The following day, the Lady Astros hosted the team from Hanover High School, where they lost 4-5 in a close match.

Amelia Coyle won her singles match 8-3, and Mia Rivard had an 8-6 win.

In Doubles, Frank/Coyle had an 8-3 victory and the team of Pelletier/Rivard won 8-4.

The PA girls traveled to Salem High School for the final game of the week, winning 7-2 in that contest.

In Singles, there were 8-1 win posted by Frank, Amelia Coyle and Donahue for PA, while Mia Rivard and Calli Matarozzo both had 8-5 wins.

In Doubles: the team of Frank/Coyle won 8-3 and Donahue/Matarozzo had an

8-2 win.

The boys had two team wins in the same stretch, winning 6-3 over Spaulding and won 6-3 against Salem at home.

The team was swept in their meeting with Hanover.

In the Spaulding victory, singles wins went to James Andrews, Ethan Flaherty, Josh Roux, Riley Couture and Jeremy Burke.

In doubles, the team of Andrews and Flaherty won 8-5.

In the home game against Salem on Thursday, April 21, the Astros dominated in singles again with wins going to Andrews, Flaherty, Roux, Couture and Burke.

The only doubles match victory went to the team of Andrews and Flaherty.

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# Pinkerton Baseball Stays Undefeated with Two More Wins

CHRIS PAUL  
NUTFIELD NEWS

The Pinkerton Academy Baseball squad finished up their second week of the season with two more wins to wind up with 6-0 start to the season, outscoring their opponents 54-12 in the first two weeks.

Pinkerton began their winning streak with wins against Alvirne, South Portland, Merrimack and Bedford last week, and continued the trend into the second week, beating Manchester Central-West 6-1 and edging out Nashua South High School 2-1.

In the game on Wednesday, April 20 at Gill Stadium in Manchester it took the Astros four innings to get on the board, when Liam Doyle hit a sacrifice fly to center field to get Tom Rioux to score from third.

Central-West tied the game at one in the bottom of that inning, but PA scored two more times in the fifth and had three runs in the sixth to solidify the win.

Rioux was the winning pitcher for PA, striking out 10 batters and giving up just one walk and one hit for the only Central-West run.

Senior centerfielder Jacob Albert had the Astros only extra-base hit in the game. He hit a double in the fifth inning on a 2-2 count to drive in two runs. Albert also had a single in the first.

The second victory of the week for the Pinkerton hardball squad was at Holman Stadium against Nashua South, on Saturday, April 23, where it took

Pinkerton 10 innings to decide the outcome.

Doyle started on the mound for the Astros and pitched seven strong innings where he allowed just one run in the sixth inning and gave up three hits but struck

out an astounding 17 batters.

Max Lukeman relieved Doyle in the eighth inning and recorded the win with three scoreless innings pitched, five strikeouts and three hits.

The game had PA playing as the home team and was scoreless until the sixth inning when Nashua was able to plate the first run on a homerun to left.

Pinkerton sophomore Jackson Marshall answered back in the bottom half of the inning with his own left field homer, knotting the score at one a piece.

It took three extra innings for the Astros to come away with the win.

In the bottom of the tenth, still tied at one, South loaded up the bases with an error and two intentional walks. Doyle sent the two team's home on a hard grounder misplayed by the shortstop that trickled into the outfield, allowing Rioux

to score from third.

Pinkerton will try to continue its winning streak this week with a game on Tuesday at home against

Concord High School, on Wednesday, in Derry, against Salem and Friday in Goffstown against the Grizzlies.



Pinkerton sophomore Jackson Marshall hit a home-run in the sixth against Nashua South to tie the game and force extra innings. Photo by Chris Paul

## Athlete of the Week

Week of April 18

Paige Murray

Sophomore, Softball



Murray had a dominant pitching line for the Astros, earning two wins, 20 strikeouts, and only allowing 5 hits in 14 innings en route to a 1.42 ERA versus Bedford and Manchester Central.

Cole Frank

Sophomore, Boys Lacrosse



Frank, a midfielder for the Astros, won 92% of his face-offs in a 2-1 week for the Boys Lacrosse team. His efforts have helped in controlling the middle of the field and getting the team key possessions.

Athletes are chosen by the Pinkerton Academy Athletic Office



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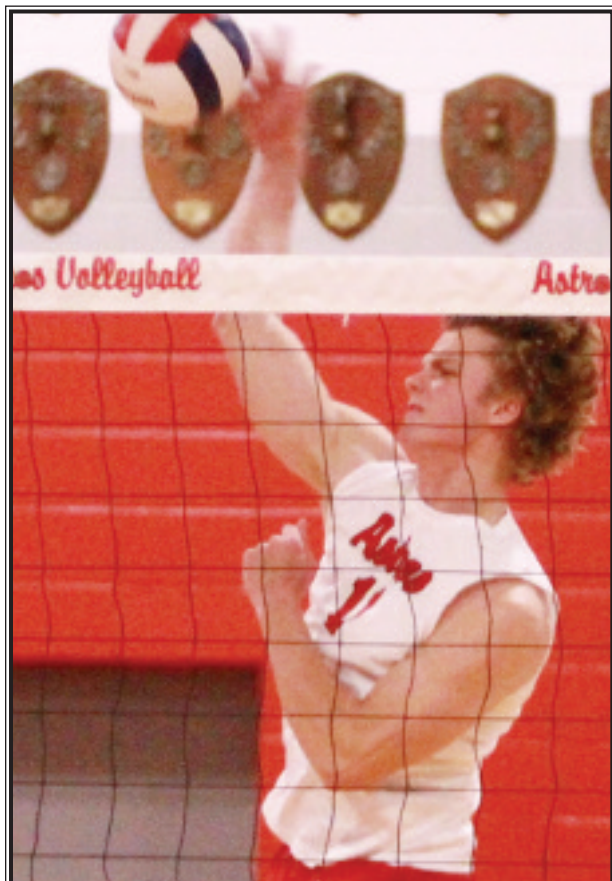
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# Astros Volleyball Squad Struggling in Start of Season



Andrew Thompson had 11 kills to lead his Astros in their game against Timberlane last week.

CHRIS PAUL  
NUTFIELD NEWS

The Pinkerton Academy Boys Volleyball team finished its second week of the spring season and has only managed one match win out of five contests so far.

The team's only win was a close 3-2 match with Souhegan High School to end the first week of the season.

The second week of the season was equally troublesome for the Astros squad, losing 1-3 at Timberlane Regional High School, then being blanked at home 0-3 to the Windham High School Jaguars.

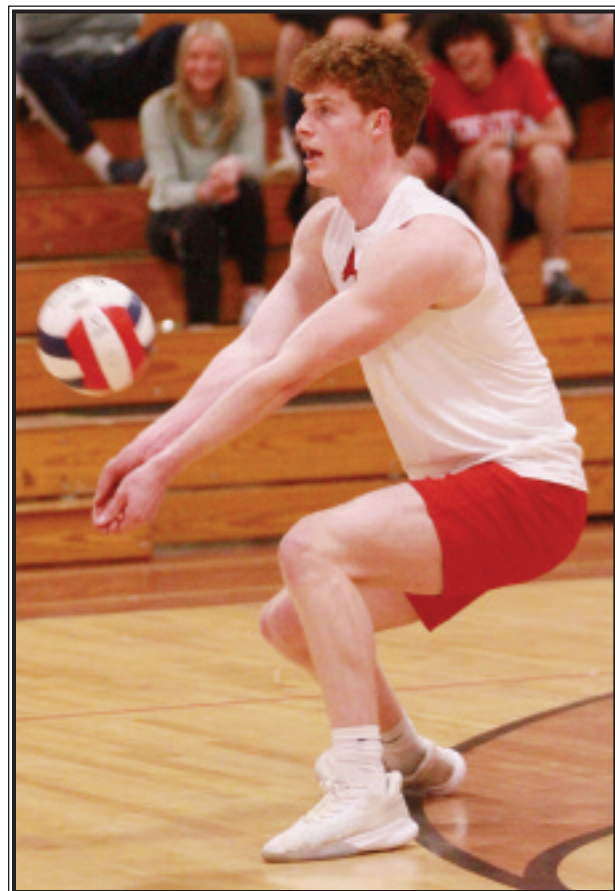
In the match against the Owls, on Wednesday, April 20, Pinkerton dropped the first two games rather quickly, 16-25 and 14-25, but then rebounded nicely for a 25-19 game three victory.

Unfortunately, the Astros males dropped game four 14-25 to lose the match 1-3.

The match had Tate Thompson getting 11 Kills; John Collins had seven assists; Zach Youkstetter and Sam Adams six digs; Quinn Hammer and Adam Freiburger each had four blocks; and Adam Freiburger finished with two aces.

The Astros squad finished the week on Friday, April 22, suffering another difficult loss. The 3-0 shutout loss was served up by the Windham Jaguars to finish the week at home.

The PA team will have a week off during this week's school vacation to regroup and they will continue their efforts on Monday, May 2 against Keene followed by a home game against the Londonderry Lancers on Wednesday, May 4 at 5:45 p.m.



Adam Freiburger defends a serve during the home match against Windham. Photos by Chris Paul

# Lady Astros Softball Squad Gets Shutout Win Over Central

CHRIS PAUL  
NUTFIELD NEWS

The Pinkerton Academy Varsity Softball team got their second win of the young season with a 6-0 shutout win over the

Manchester Central-Memorial Kings.

For Central-Memorial, it was their fifth loss of the season and for Pinkerton, it evened out their season record at 2-2.

In the home game

against the Kings on Wednesday, April 20, Paige Murray pitched seven very strong innings to blank the Kings with seven strikeouts and just one hit and two walks. Murray faced 24 batters in the shutout win.

The Lady Astros plated runners in the first, third and fourth innings to support Murray's effort.

The first run came thanks to a single hard hit to right field by Maddy Moore, driving in Ashleigh Lemay.

In the third inning L Mason added to the score total from third on a catcher's error.

The Astros busted the

game wide open in the fourth with four more runs. Five straight singles advanced four runners over the plate. Stella Kozak, Carlie Panas, Kennedy Michaud, Jaydn Child and Aby Alexander each had singles to give the Lady Astros a 6-0 advantage.

The team had seven hits, with four strikeouts and two walks.

The Pinkerton girls' will finish out the month of April with three games, two on the road and one at home.

On Monday, they faced Nashua South (0-4) on the road, on Wednesday they were scheduled to play at Salem High School (4-0) and on Friday they will play at home against the Goffstown Lady Grizzlies (4-2).

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# COMMUNITY EVENTS

This section is meant to be used to announce free events to the communities. If your group or non-profit is receiving money for what they are publicizing, there will be a charge of \$40.00/week per paper. All Around Town/Calendar Items will be held to 100 words maximum; anything over will incur a charge of \$40.00/week for up to another 50 words. All free announcements in the Around Town/Calendar section can run a maximum of 3 weeks. **Additionally:** We will run the full versions of any calendar items online free of charge at [www.nutpub.net](http://www.nutpub.net). Please send submissions to [nutfieldnews@nutpub.net](mailto:nutfieldnews@nutpub.net).

## DERRY

### Kids Fish Derby

The Derry Lions are hosting the 32nd annual Kids Fish Derby at Hood Pond on Rollins St., Derry on May 7. Registrations will be available pre derby day on line at the Recreation Department website or at 7:30 a.m., on Saturday May 7. Fishing begins at 8 a.m. - noon. Participation is free for kids 15 or under. Donations are welcome. Participant ribbons will be given to the first 100 participants. Trophies will be awarded in several fish categories including longest and

shortest fish. There will be refreshments, soda, water and coffee for purchase. Worms will also be on sale if needed. Raffle prizes include fish gear from Charlie Moore the Mad Fisherman. This year for the first time we will have background music provided by a NH vendor demonstrating a Fish Holster. Derry Lions look forward to seeing you rain or shine on May 7 at Hood Pond for a healthy outdoor activity.

### Story and Craft

The Taylor library will be holding a Story and Craft on Tuesdays at 4 p.m., this is for all ages. Call Library at 603-432-

7186 for more information.

### Tiny Tot

The Taylor Library will hold Tiny Tot's on Mondays and Fridays at 10 a.m. Call Library at 603-432-7186 for more information.

## CHESTER

### Library Closure

The Chester Library will be closed Saturday, May 28, and Monday, May 30, for Memorial Day

### Bedtime Stories

Every Monday at 6:30 p.m., at the Chester Library,

put on your PJs, bring your favorite stuffed animal, and snuggle up for evening story time and a craft with Miss Grace. Please register.

### Storytime

Bring your little ones to the Chester Library for stories, songs, and crafts with Miss Grace every Tuesday at 10:30 a.m. They will meet on the lawn behind the library (weather permitting) Please register.

### Friends of the Library Meeting

Join the of the Chester Library Friends and help with fundraising to benefit the library at their meeting on Monday, May 2, at 7 p.m. Interested in joining? Call for more information.

### Mugs for Mom

Decorate your own ceramic mug at the Chester Library on Monday, May 2, at 4 p.m. Perfect for a Mother's

Day gift. This event is for children. Space is limited. Please register.

### Diamond Painting Club

Find your Zen every Thursday from 6 - 7:30 p.m., at the Chester Library. Materials are provided for this drop in club. No Registration required.

### Pressed Flower Frames

On Wednesday, May 4, at 4 p.m., create your own pressed flowers and preserve them in a frame at the Chester Library. This would make a great Mother's Day gift! Space is limited. This event is for teens. Please register.

### Afternoon Book Club

Join the Chester Library on Tuesday, May 17, at 2 p.m., for some great reading and discussion. Books are chosen at each month's meeting. Contact or come in the library to get

your copy of the current book. New members welcome.

### Trustees Meeting

The Chester Library Board of Trustees will hold their monthly meeting on Tuesday, May 17, at 6:30 p.m. This meeting is open to the public.

### Crafting Club

Bring your projects to the Chester Library and hang out on Wednesday, May 18, at 6:30 p.m. Registration is required.

### Among Us in Real Life!

Prepare your ship for departure, but beware! One of you is the imposter. This is an in person game modeled after Among Us at the Chester Library on Wednesday May 25, at 4:30 p.m. No devices required. Limited space is available. For ages 8+.

continued on page 15

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### LOCAL LISTINGS FOR LOCAL READERS

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# Calendar

continued from page 13

Registration is required.

## Evening Book Club

Join the Chester Library for some great reading and discussion on Thursday, May 19, at 7 p.m. Books are chosen at each month's meeting. Contact or come in the library to get your copy of the current book. New members welcome.

## Book Sale

Hosted by Friends of Chester Library on Saturday, May 21, from 9 a.m. - 2 p.m. (rain date 5/22), on Chester Library Lawn (behind the library) Paperbacks \$.50, Hardcover \$1, Puzzles \$1 or Free with \$5 purchase. Cash or check only please.

## Macramé Hanger

The Chester Library will be creating macramé planters with glass jars on April 28 at 4 p.m.. All materials included. This activity is for tweens and teens 9+. Space is limited. Please register by sending a message or calling the library at (603) 887-3404.

## Teddy Bear Sleepover

Bring your favorite stuffed friend (it does not have to be a bear) to the Chester Library on April 29 by 5 p.m.. Your friend will spend the night at the library having a great time. They can be picked up Saturday from noon - 2 p.m., or any other time next week. They'll have lots to tell you and a memory book documenting their adventures too! No registration required

## Dominoes Club!

Love dominoes and already know how to play? Or are you looking for something new and fun to try? Join Terry Armstrong for this fun new club, meeting in Chester Library conference room every Thursday from 1 - 4 pm. All skill levels welcome! For more information and to register call 887-3404.

## HAMPSTEAD

### Tea Time

The Hampstead Public Library hosts a World Travel Tea on Friday, May 13 at 1

p.m. Space is limited, and advance registration is required. Call the Library 603-329-6411, or register online via the Library's Events Calendar. The presenter is Kristy Lacroix, a cruise travel advisor. A selection of eight teas from around the world will be served.

## Memorial Day Dinner

The Knights of Columbus Council 9058 from St. Anne's Church will be offering a Memorial Day dinner featuring 'Steak & Chicken' kabobs. The dinner is Saturday, May 21 at 6 p.m., in the church basement, 26 Emerson Ave., Hampstead. The proceeds will primarily benefit Liberty House, a Catholic Charities Programs helping Homeless and Struggling Veterans as well as other Knights of Columbus charities. We ask that you please plan to donate that evening by cash or check and encourage you to be as generous as possible for this worthy cause. Reservations only, space is limited. Takeout will be available on request. Please book as soon as possible by contacting Phil Santoro (603) 489-1097.

## Hampstead Seniors

Hampstead Seniors are planning a bus trip on Wednesday, June 15 to Pickety Place and Cathedral of the Pines. This trip will be leaving approximately 10 a.m. and returning approximately 4:30 p.m. The total cost for Hampstead Seniors is \$47. Sign ups are 4/28, 5/2, and 5/3 at 9 a.m., at the Hampstead Meeting House. Please have an ID showing Hampstead residency. Contact 329-5422 for more information.

## Autism Presentation

Meet Carrie Cariello, author of What Color Is Monday, How Autism Changed One Family for the Better on Tuesday, May 3 at 7 p.m., at the Hampstead Public Library. She discusses her personal experience with the colorful world of autism, and takes questions from the audience. Please register in advance for this event via the Events Calendar on Hamp-

steadLibrary.org.

## Stonehenge Presentation

On Saturday, May 7 at 11 a.m., Mary and James Gage give a presentation about America's Stonehenge at the Hampstead Public Library. This mother and son team have been investigating stone structures for decades. Please register in advance via the Events Calendar on HampsteadLibrary.org. All attendees at this event are eligible to win a copy of the Gages' book, The Architecture of America's Stonehenge.

## Meditation Class

Virtual Meditation Classes continue in May on Wednesdays, May 4, 11, and 18 at 7:30 p.m. Plus, Saturday mornings at 10 a.m., on May 7 and 21. Certified instructor and Library Associate, Sue Crump, leads participants in these sessions via Zoom. Newcomers are always welcome to class. Please register in advance via HampsteadLibrary.org.

## Hampstead Eats

The Hampstead Congregational Church is hosting its second annual food truck festival "Hampstead Eats" rain or shine on Saturday, April 30, from noon - 5 p.m., at 61 Main St., Hampstead. There will be a variety of food trucks including Crescent City Kitchen, Mr. B's Tacos, Boogalow's Island BBQ, Kona Ice, The Whoo(Pie) Wagon, Pat's Cider Donuts, Chubb's Fries and Dough, and The Traveling Foodie. Bring a chair or blanket and pull up a socially distanced spot on the lawn to enjoy your food and enjoy performing artists from Let's Play Music, The Sons of the Solstice and Space Heaters. Entrance fee is \$5 for ages 5 and up, cash or check only. The event will benefit the Hampstead Congregational Church and the NH Food Bank. NH Food Bank will be collecting donations during the event. For a full list of non-perishable items being collected, please go to the event Facebook page, Hampstead Eats. Limited handicap parking is available on site. For questions regarding the

event, please contact the Hampstead Congregational Church at 603-329-6985.

## Nonfiction Book Club

This Hampstead Library Book Club will discuss Facing the Mountain: a true story of Japanese American heroes in World War II by Daniel James Brown on Tuesday, May 3 at 1 p.m. All readers are welcome to the discussion. Copies of the book are available at the Library.

## SANDOWN

### History of Agriculture as Told by Barns

The evolution of barn architecture tells the story of NH agriculture. On May 19, the Sandown Heritage Commission will host a presentation that will be a chronological walk-through time, with photo illustrations of barns around the state that are examples of these eras of agricultural history. The presentation will be upstairs at Sandown Town Hall starting at 7 p.m., on May 19. It is open to the public at no charge and funded through NH Humanities.

## Treasure Or Trash?

Now is the time to find out if that antique or unique item you have been wondering about is actually worth something or is only a sentimental knick-knack. On May 10, the Sandown Heritage Commission will be hosting an appraisal event upstairs at Sandown Town Hall from 6:30 - 9:30 p.m. Experienced appraiser Mr. Ron Wackowski of "The Queen's Falcon" in Lawrence MA will be available to provide information about your special item(s). This is a fundraiser for the Heritage Commission so a fee of \$10 per item or \$25 for 3 items will be charged. There is no limit to how many items you wish to have appraised. There will be no bidding nor sale of items. Everyone is welcome to attend at no charge even if not participating in an appraisal. Sandown Town Hall is located at 320 Main St. (route 121A) Sandown. For more information contact

Fran at 603 887-5131.

## Create a Live Succulent Wreath

The Sandown Garden Club will host a program on how to create a live succulent wreath. Heidi Corson of Down to Earth Garden Shop in Kingston will demonstrate the materials and plants needed to make your own living wreath using a variety of succulents. The program will take place on Monday, May 2 starting at 6:30 p.m., in the Ed Garvey Rec Center on Pheasant Run Drive. For more details be sure to visit our website [www.sandown-gardenclub.org](http://www.sandown-gardenclub.org) and see us on our Facebook page.

## Old Meeting House

Sandown's Old Meeting House will be open on Sunday, May 1, between 1 - 4 p.m. Hosting the open house will be Life Scout Ben Winter. Ben will conduct tours and answer questions. Admission to the meeting house is always free, but a donation toward Ben's Eagle Scout project would be very much appreciated.

## Exercise Class

Free - 6-Week Exercise Class for Mature Adults Aged 60+. This 60-minute session on Tuesdays from 11 a.m. - noon starting May 3, and ending June 7, at the Edward Garvey Recreation Facility located at 25 Pheasant Run Dr., Sandown. This program is open to residents and non-residents. Registration is free, but mandatory as space is limited. Registration deadline is April 28. Registrations forms can be found on the town website at [www.sandown.us/recreation](http://www.sandown.us/recreation) or forms can be picked up at the Sandown Town Hall or Recreation Office during business hours. Please call 603-887-1782 or email [recreation@sandown.us](mailto:recreation@sandown.us) for more information or if you have questions.

## Story Hour at the Town Forest

On Thursday, April 28, from 10 - 11 a.m., come join the fun with stories, songs, puppets and more at the

Sandown Library. The themed story and craft times are designed to encourage the development of early literacy skills and build friendships with others. Class size is limited to 12 children with their parent/caregivers. Registration is required and will close at 9 p.m., the evening prior to the program.

## Game Day - Mahjong

Thursday, April 28, from 1 - 2:30 p.m., come join the Sandown library's afternoon game day. Our instructor Cathy will teach us this beautiful, fun, and ever challenging game played with tiles. American Mahjong is similar to the card game rummy. No registration is required - just stop in.

## Super Samsh Brothers Tournament

On Thursday, April 28, from 4 - 6 p.m., come to the Sandown Library for the first Super Smash Bros. tournament. Put your skills to the test. Registration is required. The library has two Nintendo Switch pro-controllers, but feel free to bring your own from home. Snacks will be provided.

## REGIONAL

### Need a Tutor?

Work one-on-one with a volunteer tutor. Free Tutoring is offered for a variety of programs including Adult Basic Education, Adult High School, and English as a Second Language at Derry Center for Adult Studies. Cover a variety of content areas, Flexible days and hours, Sessions held via Zoom and/or in-person. If you are interested in receiving tutoring services, please email [kcapistran@sau10.org](mailto:kcapistran@sau10.org) for more information.

## Free Meals

Please join us for free, family-friendly meals. Meals are generally held as posted below, but may be rescheduled for holidays. Sonshine Soup Kitchen will be serving drive by to go meals on Mondays, Tuesdays, Wednesdays and Thursdays from 4:30 - 5 p.m.



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