

Derry School Board Walks Public Through Decision-Making Process

OWEN SANDOR
NUTFIELD NEWS

DERRY - The Derry School Board convened on Tuesday, Oct. 27, in the wake of its fifth confirmed case of COVID-19 among the student body of the Pinkerton Academy. As of the date of this meeting, the school had been conducting virtual instruction for two weeks.

Superintendent Dr. MaryAnn Connors-Krikorian walked the meeting's attendees through a presentation that showed the data that goes into their pandemic-related decision making. There are four phases involved: monitoring the levels of COVID-19 transmission in the community, the impact on

the schools, the decision matrix and collaboration/communication.

The third phase was described in a presentation given by Dr. Chris Peterson, a local pediatrician, as using the data from the first two phases to find the "least restrictive" instruction that is also safe for students and staff. The matrix is a three-by-three grid that is labeled either in-person, hybrid or remote. Lower rates of community transmission and school impact favor in-person, higher rates require going remote and levels in between call for hybrid instruction.

"Community spread is very low," said Peterson. The rate of positive tests remained below five percent locally. The total num-

ber of hospitalizations was also in a safe range, he said, with Parkland Medical Center only treating two cases at the time of this meeting.

The second leg of the decision-making process also showed to be positive for Derry. "Since the start of school, the district has consistently remained at a low impact level, as far as transmission within the schools' facilities. As of today, the district has had five reported positive cases, but with no identified transmission or any clusters within the school related to any of those cases as of this date," said the district's nurse team leader, Susan Linehan. Some of the cases came

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Chester Selectman Support Article for Steeple Renovation

CHRIS PAUL
NUTFIELD NEWS

CHESTER - During the discussion on the upcoming Warrant Articles for the town of Chester, Selectman Steph Landau wanted to explain the article for additional funding for the Meetinghouse Preservation Project.

The project has received \$25,000 from the town to preserve the church steeple at the Chester Congregational Baptist Church.

He told the Selectmen during the meeting that he was contacted by the chair of the project and he was told that the project is

moving forward, but unfortunately, they were not awarded any LCHIP money by the New Hampshire Preservation Society, so they were looking for another article with matching funds.

Landau added that the town owns the bell and the clock that are within the steeple. "I knew the clock was owned by the town, but I did not know the bell was."

He was asked if he knew how much is needed to complete the project and was told that he thought they were within \$50,000, but with the cost of materials going up he couldn't say for sure.

Landau said he was asked by the group to propose another matching fund article of \$25,000, which would give them \$50,000, similar to last year.

"This is a major part of the skyline of Chester," Landau said, "It's a building you can see from exit four on 93."

He added that even though he does not attend the church there, and that practicing religion is currently down across the country, he would support another article for the steeple preservation because "Historically, that was our town meeting-

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The deadline for the Sandown Historical Society to vacate the town-owned building is nearing and Sandown Selectmen warn that many of the items in the building may leave the state. Photo by Chris Paul

Selectman Warns That Sandown History Will Be Leaving Town

CHRIS PAUL
NUTFIELD NEWS

SANDOWN - During the Monday, Nov. 9, meeting of the Sandown Board of Selectmen, member Jonathan Goldman brought up the ongoing issue what is happening between the town and the Sandown Historical Society.

Goldman said that the deadline for them to vacate the building is Nov. 20, and urged anyone that had

items that they had given the group on loan, he strongly suggested getting hold of them before they leave town.

He added that they have a moving company coming soon to take their items out of the town-owned building. The building does not include the box cars, which are not on Town property.

In a letter, sent to the paper and also posted on social media, Goldman further explains.

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Area Town Results from the Nov. 3 General Election

The General Election held on Tuesday, Nov. 3 brought out record numbers of voters, creating lines at many polls along with traffic problems. Some towns reported counting ballots in the early morning hours of Wednesday, Nov. 4.

Listed below are the unofficial results listed by the towns of Chester, Derry, Hampstead and Sandown. The results may not reflect winner in the state and national races.

Derry Election Results

Total Number of Ballots Cast: 18,100

President

Donald J. Trump (Rep) 9,412
Joseph R. Biden (Dem) 8,215
Jo Jorgensen (Lib) 267

Governor

Chris Sununu (Rep) 12,519
Dan Feltes (Dem) 4,967
Darryl W. Perry (Lib) 235

U.S. Senator

Jeanne Shaheen (Dem) 8,878
Corky Messner (Rep) 8,374
Justin O'Donnell (Lib) 411

Congress

Matt Mowers (Rep) 8,938
Chris Pappas (Dem) 7,970
Zachary S. Dumont (Lib) 451

Executive Councilor

Janet Stevens (Rep) 9,393
Mindi Messmer (Dem) 7,347

State Senator

Regina Birdsall (Rep) 9,072
Joshua Bourdon (Dem) 7,752

State Representatives

David C. Love (Rep) 8,134

Phyllis May 7,812

Katsakiores (Rep)

Richard Tripp (Rep) 7,727

Anne Copp (Rep) 7,440

Erica Layon (Rep) 7,404

Katherin Prudhomme-

O'Brien (Rep) 7,392

Mary Ann Kimball 7,348

(Rep)

John Potucek (Rep) 7,266

David E. Milz (Rep) 7,171

Stephen Pearson 7,169

(Rep)

Mary A. Eisner 6,337

(Dem)

Mary Malia Till 5,943

(Dem)

Erin Spencer (Dem) 5,648

Amy B. Dattner-Levy

(Dem) 5,602

Paul Doolittle (Dem) 5,591

Thomas C. Wood 5,534

(Dem)

Michelle Sawyer 5,482

Moge (Dem)

Beatrice Varga 5,371

(Dem)

Johnathan A.Z. West 5,127

(Dem)

Owen D. Ingram 4,912

(Dem)

Brenda Willis (Lib) 2,667

Sheriff

Chuck Massahos 10,077

(Rep)

Patrick Rivard (Dem) 6,156

County Attorney

Patricia Conway 9,503

(Rep)

Steven J. Briden 6,394

(Dem)

County Treasurer

Scott Priestly (Rep) 8,183

Ty Quinn (Dem) 7,248

Register of Deeds

Cathy Stacey (Rep) 9,342

Michael McCord 6,316

(Dem)

Register of Probate

Ray Tweedie (Rep) 8,608

Bob Davidson 6,949

(Dem)

County Commissioner

Brian Chirichiello 9,312

(Rep)

Stephen LD'Angelo 6,576

(Dem)

Chester Election Results

Regular Ballots Cast: 3,492

President

Donald J. Trump 1,951

(Rep)

Joseph R. Biden 1,465

(Dem)

Jo Jorgensen (Lib) 53

Governor

Chris Sununu 2,562

(Rep)

Dan Feltes (Dem) 820

Darryl W. Perry (Lib) 43

US Senator

Corky Messner 1,785

(Rep)

Jeanne Shaheen 1,556

(Dem)

Justin O'Donnell (Lib) 85

Congress

Matt Mowers (Rep) 1,910

Chris Pappas (Dem) 1,378

Zachary S. Dumont 102

(Lib)

Executive Councilor

Janet Stevens (Rep) 2,020

Mindi Messmer 1,251

(Dem)

State Senator

Bill Gannon (Rep) 2,078

Jon Morgan (Dem) 1,239

State Representatives

Jess Edwards (Rep) 1,999

Chris True (Rep) 1,915

Jason Osborne (Rep) 1,887

Oliver Ford (Rep) 1,842

Tony Piemonte (Rep) 1,808

Jane W. Van Zandt 1,199

(Dem)

Michael D'Angelo 1,185

(Dem)

Russ Norman (Dem) 1,088

Matthew Krohn 1,081

(Dem)

Ben Geiger (Dem) 1,067

Sheriff

Chuck Massahos 2,088

(Rep)

Patrick Rivard (Dem) 1,064

County Attorney

Patricia Conway 2,001

(Rep)

Steven J. Briden 1,086

(Dem)

County Treasurer

Scott Priestly (Rep) 1,963

Ty Quinn (Dem) 1,089

Register of Deeds

Cathy Stacey (Rep) 2,013

Michael McCord 1,065

(Dem)

Register of Probate

Ray Tweedie (Rep) 1,884

Bob Davidson (Dem) 1,163

County Commissioner

Brian Chirichiello 1,930

(Rep)

Stephen L. D'Angelo 1,141

(Dem)

Hampstead Election Results

Total Number of Ballots Cast: 5,939

President

Donald J. Trump 3,303

(Rep)

Joseph R. Biden 2,494

(Dem)

Jo Jorgensen (Lib) 85

Governor

Chris Sununu (Rep) 4,361

Dan Feltes (Dem) 1,403

Darryl W. Perry (Lib) 55

US Senator

Corky Messner (Rep) 2,966

Jeanne Shaheen 2,760

(Dem)

Justin O'Donnell (Lib) 106

Congress

Matt Mowers (Rep) 3,215

Chris Pappas (Dem) 2,412

Zachary S. Dumont 92

(Lib)

Executive Councilor

Janet Stevens (Rep) 3,307

Mindi Messmer 2,179

(Dem)

State Senator

Regina Birdsall 3,477

(Rep)

Joshua Bourdon 2,040

(Dem)

State Representatives

District 14

Joe Guthrie 3,368

Kenneth Weyler 2,891

David Welch 2,857

Dennis Green 2,831

Laurie Warnock 2,110

Jim LaValley 1,921

Trish Tidd 1,830

Mindy Funke Collins 1,820

State Representatives

District 34

Lisa DeMio 2,118

Mark Pearson 337

Sheriff

Chuck Massahos 3,670

(Rep)

Patrick Rivard (Dem) 1,779

County Attorney

Patricia Conway 3,563

(Rep)

Steven J. Briden 1,837

(Dem)

County Treasurer

Scott Priestly (Rep) 3,865

Ty Quinn (Dem) 1,843

Register of Deeds

Cathy Stacey (Rep) 3,533

Michael McCord 1,823

(Dem)

Register of Probate

Ray Tweedie (Rep) 3,244

Bob Davidson (Dem) 2,053

Sandown Election Results

Total Number of Ballots Cast: 4,017

President

Donald J. Trump 2,273

(Rep)

Joseph R. Biden 1,632

(Dem)

Jo Jorgensen (Lib) 70

Governor

Chris Sununu (Rep) 2,919

Dan Feltes (Dem) 967

Darryl W. Perry (Lib) 67

US Senator

Corky Messner 2,082

(Rep)

Jeanne Shaheen 1,749

(Dem)

Justin O'Donnell (Lib) 88

Congress

Matt Mowers (Rep) 2,211

Chris Pappas (Dem) 1,553

Zachary S. Dumont 99

(Lib)

Executive Councilor

Janet Stevens (Rep) 2,296

Mindi Messmer 1,436

(Dem)

State Senator

Bill Gannon (Rep) 2,392

Jon Morgan (Dem) 1,439

State Representatives

Jess Edwards (Rep) 2,310

Chris True (Rep) 2,233

Jason Osborne (Rep) 2,111

Tony Piemonte (Rep) 2,088

Oliver Ford (Rep) 2,019

Michael D'Angelo 1,066

(Dem)

Jane W. Van Zandt 1,020

(Dem)

Ben Geiger (Dem) 949

Matthew Krohn (Dem) 925

Russ Norman (Dem) 925

Sheriff

Chuck Massahos 2,477

(Rep)

Patrick William 1,204

Rivard (Dem)

County Attorney

Patricia Conway 2,488

(Rep)

Steven J. Briden 1,228

(Dem)

County Treasurer

Scott Priestly (Rep) 2,295

Ty Quinn (Dem) 1,274

Register of Deeds

Cathy Stacey (Rep) 2,364

Michael McCord 1,222

(Dem)

Register of Probate

Editorial

Something To Be Said About A Smile

Kindness. Probably not a subject I should be writing about. You see, I tend to be the type of person who lets things gets under my skin. The type of person who says enough is enough and then caves in.

I guess the people who bother me the most are the ones who seem to think the world owes them something just because, well, they exist. It's as though they feel that they are the "chosen few," the only ones on earth who have a right to be where they are when they are there.

Go to any big city today, find a bench on a corner, and just sit and watch. No one seems to care about the person next to them. No one seems to even think that the other person might be going through the same things they are. It seems like no one reaches out a hand to help anyone else unless they think it's going to result in something good for them.

Being kind to a person isn't difficult. Being kind isn't a sign of weakness. No. Being kind is probably just the opposite. Being kind to your neighbor, friend, family member or a complete stranger is more a show of strength than anything else.

You see, it doesn't take much for a person to get angry. There's no self-control or discipline involved in blowing up or taking your frustrations out

on someone else. In today's world, that seems to be the norm, though. In today's world, it's more about doing unto others as they did unto you than it is do unto others, as you would have them do unto you. The golden rule seems to be a thing of the past.

A strong person learns how to reverse his or her emotions. It takes courage to step out from the shadows of everyone else and do something different. It takes strength to see the world from another person's point of view.

Just because someone stepped on your foot, doesn't mean you have the right to step on someone else's. Just because someone closed the door in your face, doesn't mean you shouldn't hold it open for someone else.

Try this on a complete stranger, greet them with a smile and say hello. It is not a grand gesture but you maybe surprised. It dose not take any time out of your day. Still, that act of kindness set the tone for how that person feels about their world.

Being kind isn't difficult. Being kind doesn't even have to take time away from your busy schedule. During this week, World Kindness Day is Friday the 13, and throughout the rest of your life, why not share joy instead of frustration and anger. Be kind to your neighbor. It might just become contagious.

Letters

Thank You All

To the editor,

I would like to thank the citizens of Derry for the honor and privilege of serving as your Representative in the New Hampshire House over the last two years.

As a member of the Democratic majority, I am proud of the work that we accomplished during the 2019-2020 session. We passed a budget that provided additional funding to both our town and school district that totaled \$7,873,361. Some additional provisions of the budget assured more funding to our University

system, expanded mental health services, and increased support to the Child Advocate's Office.

Many bills that were passed to improve the quality of life for NH residents, such as those that protect water safety from PFAS contamination and another that lowers the costs of prescription drugs by limiting the co-pay charged for insulin.

I supported the net-metering bill, which would have been a great benefit to Derry, but that was vetoed by Gov. Sununu.

In addition, there were issues that were inaccurately reported: I did not

vote for a \$168 million income tax, nor did I vote to raise business taxes, as alleged in a post card mailed to voters.

The capital gains tax would have only applied to the wealthiest individuals in the state, approximately 5% with exceptions to 65 years and older. The revenue would have been designated to fund schools, resulting in lowering property taxes.

Finally, I would like to extend my congratulations to the candidates who were elected Representatives to serve in the best interests of our town and our state.

Rep. Mary Eisner
Derry

Nutfield News welcomes letters of up to 500 words on topics of local interest, written by local residents, and prints as many letters as possible. Please e-mail your letters to the Nutfield News at nutfieldnews@nutpub.net. All letters must include the writer's name, address and phone number for verification if needed; name and town of residence will be printed. Nutfield News reserves the right to reject or edit letters for content and length, and anonymous letters will not be printed.

Nutfield News

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Hampstead Lights of Hope

The Hampstead Lions Club will once again be selling luminaries. The community-wide luminary event will be benefiting local charities take place on Dec. 24. The current times have brought about big demands from our community locally and globally, including helping to fund our own food pantries, disaster relief, vision testing and more. By lighting up Hampstead we bring light to the issues that face us along with hope, healing and joy. Please help us help others by purchasing the candle kits.

The cost for the kits is \$10. Each kit includes six candles and six bags with directions. Purchasers supply their own sand or alternative such as dirt, kitty litter, rock salt, etc. To order, just go to the Hampstead N.H. Lions Club website www.hampstead.nhlions.org/. You can also purchase luminaries by mailing payment with a contact name, address and phone number to: Hampstead Lions Club, P.O. Box 171, Hampstead, NH. 03841 or by emailing Roxanne Schloth at lightsofhampstead@yahoo.com. Luminaries can be purchased any time of year for any occasion.

Courtesy photo



Downtown Display

Alana Wentworth from the Cask & Vine in Downtown Derry and her friend, artist Karen Lincoln have been painting the second half of the building along Broadway in Derry to help brighten up the Downtown area. The project has been going on for over a month now.

Photo by Chris Paul



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Drought Emergency Continues and Conservation Is Imperative

With the entire state still experiencing drought, and warm, dry days in the forecast, the New Hampshire Drought Management Team (DMT) met on Thursday, Nov. 5 to discuss current drought conditions and the ongoing impacts to residents and the environment. The DMT would like to remind the public that the drought is still an emergency situation despite recent precipitation. The public should continue to abide by outdoor water use restrictions imposed by water utilities or municipalities and those on residential wells should conserve to sustain essential water supplies for yourself and your neighbors. Also, as temperatures drop, conserving indoors becomes the single best way to sustain supplies. Public guidance on fixing leaks to updating water wasting fixtures may be found on the NHDES Drought Management webpage www.des.nh.gov/organization/divisions/water/dam/drought/index.htm.

State Climatologist Mary Stampone provided an overview on the latest drought conditions and forecasts, which indicated that drought will likely persist through the fall. According to Stampone, the near average precipitation received in October caused drought conditions to improve across much of the state. However, she stressed that recent rainfall was not enough to make up for the substantial precipitation deficit for the year across southern New Hampshire where extreme drought conditions persist.

With the help of the precipitation from the last several weeks, as well as releases from dams as their impoundments are drawn down for the winter, stream and river flow conditions have improved and are now at normal levels in many of NH's rivers and streams; although rivers and

streams in the southeastern part of the state, where extreme drought conditions persist, remain well below normal.

For the state's groundwater monitoring wells, between September and October, improvement in groundwater levels occurred in northern and far southern New Hampshire, while levels in many wells in central New Hampshire experienced further declines. In that area, declines ranged from 0.16 to 0.97 feet below their September measurements. This means many Town and residential wells remain at risk of going dry and owners should work to prevent this from happening.

The well drilling and pump industry is busy keeping up with "no water" calls, wells going dry, due to drought impacts. It is estimated that over 1000 residential wells have been impacted based on a phone survey conducted by NHDES. Many companies are

reporting several weeks of backlogged requests. The State of New Hampshire has established an emergency drought assistance initiative for income eligible homeowners who have a residential well that has been impacted by drought. Visit www.des.nh.gov/organization/divisions/water/dam/drought/index.htm for more information. To date, over 100 households have completed preliminary applications for assistance.

Now that the growing season has ended, conservation efforts can focus more on indoor water use. Ensuring toilets are not running, dripping faucets are fixed and replacing older toilets, washing machines and showerheads with newer efficient devices can reduce household water use by 50%. Water lines should be winterized instead of continuously running water to avoid pipes freezing.

The DMT is led by NHDES and is comprised of key representatives across state government, academia, industry and other organizations. For a recording of the 5 November, and previous sessions, see www.des.nh.gov/organization/divisions/water/dam/drought/index.htm. For more information, contact Jim Martin, NHDES Public Information Officer, at james.martin@des.nh.gov or (603) 568-9777.

OBITUARY

Geneva A. Kummel



Geneva A. Kummel, 72, of Derry, NH, passed away peacefully Saturday Oct. 31, 2020 in the Parkland Medical Center in Derry. She was born in Malone, NY on Feb. 25, 1948, and had been a resident of Derry for the past 25 years, formerly living in Salem, NH. Geneva had been employed as a registered nurse at Hampstead Hospital in Hampstead, NH for many years. Geneva loved sailboats, listening to the ocean waves, reading and spending time with her dog, Hunter.

She is survived by two sons, James Allatt of Manchester By the Sea, MA, and William Allatt of Fitchburg, MA; her daughter, Lori Fedorchuk of Derry; seven grandchildren; one great grandson; four sisters, Muriel Kelly of Chelmsford, MA, Susan Sibulkin of Manchester By the Sea, MA, Rose Halloran of Derry, and Evelyn Bergeron of Chester, NH; as well as her longtime companion, Charles Kummel. She was predeceased by her son, Robert Allatt of Lawrence, MA, and her brothers, Robert Belle Isle, Ernie Belle Isle and Louie Belle Isle. She will be deeply missed.

A memorial service will be held at a later date. Memorial contributions in Geneva's name may be made to any cause that supports Veterans. The Peabody Funeral Homes and Crematorium, 15 Birch St., Derry is assisting the family with arrangements.

Peabody Funeral Homes and Crematorium

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OBITUARY

Eddy J. Dube



Eddy J. Dube, 72, of Derry, NH died Saturday Nov. 7, 2020 at his home surrounded by his loving family. Eddy was born in St. Jean-de-la-Lande, Quebec, Canada on June 16, 1948, the son of the late, Herve and Marie-Anne (Pelletier) Dube. Eddy moved to Lawrence, MA in 1965 at the age of 17. He later moved to Derry where he had resided since 2000. He worked at Crown Cork & Seal in Lawrence, MA for 35 years. He was also a very talented Mason and a skillful handyman. He was an amazing man and everyone's friend. He will be missed dearly.

Eddy enjoyed fishing, listening to music, playing 45's, and loved his animals. He loved traveling and taking long car rides with his family.

He is survived by his wife of 51 years, Simone L. (Caron) Dube of Derry, his daughter, Natalie I. Dube of Derry, three grandchildren, Crystal and her significant other, Edell of Florida, Michael and Natasha, both of Derry, He was predeceased by his son, Julien H. Dube in 2007. His siblings, Yvonne of Sainte-Rose-du-Dégelis, Quebec, Berthier and his wife Danielle of Methuen, MA, Agathe and her husband, Guy Dube of Sainte-Rose-du-Dégelis, Quebec, Rachele of Saint-Rose-du-Dégelis, Quebec, Monique and her husband Gilles Levesque of Sainte-Basile, New Brunswick, Canada, and Gilbert and his significant other, Julie of Lawrence, MA. He also leaves many nieces and nephews.

There are no calling hours. A Mass of Christian Burial will be celebrated on Saturday Nov. 14, at 10 a.m., in St. Thomas Aquinas Church, 26 Crystal Ave., Derry.

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Derry Fire Department Crew Visits Recovering Patient

The Derry Fire Alarm received multiple 911 calls on Oct. 19, At 5:45 p.m. reporting a person collapsed on Ballard Road.

Derry Ladder Four, Medic Two and Car One were alerted by Derry Fire Alarm and responded immediately from their stations. Upon arrival - bystander CPR was being performed. Fire personnel confirmed that the patient was in cardiac arrest and began immediate Basic and Advanced Life Support care.

Crews worked diligently performing high quality CPR and adminis-

tering Advanced Life Support measures. The victim was resuscitated and stabilized for transport to Parkland Medical Center.

Of note is that the Pandemic is still ongoing - crews were performing these BLS/ALS interventions in Tyvek suits and respirators.

Crews who responded to this life-threatening event were able to visit the patient at Parkland Medical Center, where she has made a full recovery and was discharged today.

"This is a life-saving

story because of the training, collaboration and continuum of care in the community," said Marc Grossman, MD, Medical Director of Emergency Services at Parkland Medical Center.

"From the onset of a bystander performing CPR, to Derry Fire crews providing advanced life support measures and notification to Parkland Medical Center, our staff was well prepared and ready to provide high quality care, all of which ultimately led to a positive outcome for the patient."



Derry Fire Department crews who responded to a life-threatening event were able to visit the recovering patient at Parkland Medical Center recently.

Chester

continued from page 1

house for a good number of years."

Selectman Steven D'Angelo said that he would support it as long as the town hasn't received any "push-back" on it, say that putting an additional

\$25,000 might be able to jump start additional donations for the groups efforts.

Member Joe Hagan also supported the article, saying he thought it should be doubled. "We're funding the home of our town clock and our town bell, which I think was made by the same foundry as the

Liberty Bell."

D'Angelo suggested having two articles of \$25,000 each, saying that he wanted to make sure the group would be able to match what was given to them by the town.

Hagan added the he thought the Board of Selectman should encourage people to participate in the fund raising, "Whether they're believers or not, whether they are Christians or not, this is a part of our town's history, and when we start getting rid of our history in any way shape or form, we are diminished as a people."

Criminal Threatening Arrest

The Derry Police Department responded to 13R Overledge Road to check the wellbeing of a male resident. A family member told police that the man was despondent and at one point while she was speaking with him, the man produced a handgun in a threatening manner causing her to leave to get help.

After several unsuccessful attempts to speak with the man the Southern New Hampshire Special Operations Unit was activated. Neighbors were



Zachary Orlando

directed to shelter in place or leave the area for their safety. As the SOU team was arriving, Derry officers heard a gunshot from within the residence. The

man surrendered to police moments later.

Arrested was Zachary Orlando, 24, of 13R Overledge Road, Derry.

Orlando was charged with Criminal Threatening (Felony), Reckless Conduct and Domestic Violence Criminal Threatening. He is being held at the Derry Police Department pending bail to be determined by a bail commissioner. He will likely be arraigned Tuesday.

No one, including the suspect, was injured during this incident.

OBITUARY

Joyce D. Allard



Joyce D. Allard, 86, of Derry, NH, died Sunday Nov. 1, 2020 the Pleasant Valley Nursing Center in Derry. She was born in Colewood, WV on April 26, 1934, a daughter of the late Kenneth and Maude (Ward) DeBoard.

She was educated in Kentucky, moving to Washington, DC in the 1950's where she graduated from Boyd Business College. She moved to CT and MA before settling in Derry in 1989. She had worked as a cardiology transcriber at the Elliott Hospital until 2006. She had previously worked as a legal secretary for Scitex Corp. in MA. She was a member of the Church of Jesus Christ of Latter Day Saints in Derry. She was the editor of the Ward Newsletter and typed the Sunday order of worship. She enjoyed gardening, cooking, oil painting, and spending time with her grandchildren.

She is survived by three grandchildren, Ryan D. Waterman of Plaistow, NH, Stephen J. Waterman of Lawrence, MA, and Rachel N. Smith of W. Newbury, MA; and her sister, Opal Thibado of Menominee, WI. She was predeceased by her husband Donald R. Allard in 1970, her daughter, Leslie Ann Waterman, and her siblings, Kenneth DeBoard and Vicki Proulx.

Private burial will be in the Forest Hill Cemetery in E. Derry. The Peabody Funeral Homes and Crematorium, 15 Birch St., Derry is assisting with arrangements.

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Zoning Board Denies Multi-Family Variance Request

CHRIS PAUL
NUTFIELD NEWS

DERRY - Applicants at the Derry Zoning Board hearing were looking to build a multi-family structure at 151 Bypass 28 in Derry, where the zoning only allows single-family homes.

The property has a bit of an ugly past, in August of 2019, the home burned to the ground while the owner was awaiting trial for the death of his slain wife. The new owner, Anthony V. Derosa was looking to put a new multi-family home on the property and he and his father, Anthony J. Derosa, argued to the board that they wanted to bring the property back to "fair market value."

They also stated that by allowing them to build the two-family home it would increase property

values in the area.

They also told the board that by building this home they would create an affordable option in what has become a very expensive market.

They also expressed that not allowing multi-family dwellings on the property creates a hardship for the owner, saying that there are many multi-family dwellings in the immediate area.

They finished by saying that they will be creating a healthy and safe living environment for the community at a reasonable cost.

Chairman Lynn Perkins asked about how the owner had come about purchasing the property and was told that the he had seen the "For Sale" sign go up, and noticed the garage on the property, which caught his eye because he is a classic car

enthusiast.

He felt that the garage could be used to house up to 10 to 12 classic cars, and that would be how they would use the existing structure.

The new owner of the property said he knew it was gamble to buy the property but felt it was a god fit for the area.

Perkins then stated that he felt the imbalance on the case was whether to go back to the way that general construction practices that once attributed to where we are currently, or do we stick to current zoning requirements in this regard in what is the true hardship of the parcel.

The applicant argued that even though the property would sell in today's market, they didn't feel that it would be a good place for a young family to live, given the



The new owner of the property at 151 Bypass 28 was looking for a variance to allow a multi-family residence.
Photo by Chris Paul

traffic issues on the road.

They also said that the multi-family building on the property would be for apartments, and the owner would most likely be living in one of them.

It was also revealed that the septic system plan that the town has on record is a bit old, so they weren't quite sure if it would be able to handle the new multi-family structure.

The owner said that regardless of what kind of structure is built on the property, they would have to make sure the septic was adequate.

Perkins mentioned that he felt putting two families into a property that should only have one, would be a concern for him, since as the owner had stated, it was a dangerous location.

Derry Code Enforce-

ment Officer Richard Mackey explained the reason why there are a number of multi-family duplexes throughout town, saying that prior to the late 80's their was a General Residential Zone throughout town, but that is no longer in effect.

In the end the board did not feel the applicants were able to show hardship and denied the variance request.

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Sandown

continued from page 1

posted on social media, Goldman further explains.

"I was informed that the Sandown Historical Society (SHS) is leaving the depot and taking the contents (Sandown's History) away in moving vans "shortly."

Below is the link to Sandown Selectmen meeting of Aug 10/2020 where Sandown board of Selectmen (BOS) had enough of the conflict and non compliance of the SHS to provide simple requests for inventory lists, simply detailing who owned what (the SHS or families that unwittingly donated history) Over 100 days after Sandown confronted the SHS for alleged conflict of interest and lack of access for Sandown citizens to their own depot museum, and request for them to

provide an inventory of the Sandown museum artifacts and membership list. www.173.209.96.235/CablecastPublicSite/show/1483?channel=1

I'd like to raise awareness about the SHS removing the Sandown Historical artifacts and resources that have been donated and collected over the last 40 years by Sandown residents and their families.

This post is as an FYI to donors and citizens who may not follow the SHS FB Page, and may be unaware. Remaining silent let's them control the narrative, which, of course is false, and misleading at this point. The BOS has bent over backwards to try to work this out, even hiring our attorney after the SHS came to a meeting with theirs.

"At this point, it seems the only tool we have is media and publicity since

we have no legal claim to the contents of the museum. It might make a difference? I have contacted the AG's office to try and get some of the artifacts. But that would only happen if the society dissolves and the contents are turned over to the state.

As a private 501C the SHS owns the contents of the museum but not the building. None of those who make the decisions are Sandown residents. So they can legally take the museum contents with them, including all the Sandown artifacts, out of Sandown, even though their sole founding purpose and mission statement was specific to preserving and displaying the history of the town of Sandown. Not the railroad.

Anyone who has donated items should contact the SHS and object to the removal of those items and

request they return them to you or leave them in Sandown where they can remain on display in the depot, which the town plans to continue to use as a museum.

Perhaps they will listen to you, the community. Sandown deserves to keep its own historic resources in town.

The nutshell is, this all because some out of state society members, with no interest in Sandown but strictly the depot itself and the railroad history, took over the Society and removed the only active members, and then continued to use the depot for their own personal interests that were solely based in depot itself and the train history, not Sandown history or the Sandown Community.

Now they have been asked by the BOS to vacate the depot and they're tak-

ing all of the contents of the depot museum; including the artifacts donated by Sandown families and people with ties to the town for over 40 years, with the understanding that these artifacts would remain in Sandown, preserved and displayed in the museum.

The SHS is a private non-profit 501C founded by Bertha Deveau back in 1970's for the purpose of preserving and displaying the history of Sandown in the Sandown Depot.

After Bertha retired the SHS began a long history of leadership turnovers and conflict with the town that goes back Over the 15 years. The group has imploded on many occasions to the point where the town had to make them sign a lease and agree to adhere to certain conditions of use; mainly regarding respecting the town's ownership of the

building and refraining from making alterations to the building (which the SHS had done) which put the depot at risk of being removed from the State and National Historic Registries.

You can look up previous BOS meetings over the years to learn more about past conflicts with the town. There are several, just search the BOS agendas and minute for those containing the SHS. Most notable are those from 2013, 2014, 2018, 2019 and of course 2020. There are also many non-public meetings where the BOS tried further to negotiate with the SHS.

If you have donated anything to the SHS now would be the time to ask for that item back, as they will be taking it all with them, probably to never be seen again.

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Derry

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from students who were receiving online instruction and not following the pandemic protocols mingling with students who were on the school's campus.

Given what the data indicated at the time this meeting was held, Dr. Peterson gave an optimistic outlook for the district's immediate future. "I think we can safely remain in in-person instruction,"

he said.

Linehan reviewed the district's policies for mitigating the spread of the virus, and said that she believes students had done remarkably well at following these protocols. "It is absolutely astounding how well the kids do with masks" and hand washing, she said.

There are five policies that schools use to limit COVID-19 spread: wearing masks, social distancing, practicing hand hy-

giene, disinfecting facilities and monitoring contact tracing.

The fourth and final phase the Derry School Board uses is a new addition made by Dr. Connors-Krikorian. It involves reflection over the first three phases as the district's decision-makers weigh their options at the end of the process. She chose to add it after months of correspondence with state health officials, who she said have made this a much easier

process for the school district. She believes this phase "is how improvements are made and how great work is carried on."

While the news shared during this meeting was overwhelmingly positive, COVID cases began to soar locally and nationally, which could prompt concern. The date of this meeting saw New Hampshire's case count rise above 100 confirmed cases for the first time in more than two weeks, according to the New York

Times, and the numbers have only increased since then. There were 245 new cases statewide on Nov. 5, and triple digits have become the norm since the end of October. Rockingham County alone had almost 500 new cases between Oct. 24 and Nov. 6.

The New Hampshire spike is emblematic of the surge across the country. The United States is setting new record highs, including the daily record of 132,797 cases on Friday, Nov. 6.

For the time being though, school officials sound optimistic with where they are at. "We'll continue to keep our schools safe and continue to keep our kids there as long as possible," said Linehan.

Dr. Connors-Krikorian said that decision-makers communicate up to six or seven times per week. While changes are far from inevitable, the local data that drives potential shifts in the instruction will be the most up-to-date statistics.

Rake It or Leave It, What to Do With Fallen Leaves

TOWN OF DERRY PUBLIC
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In the fall season many of us are faced with the tasks of cleaning up the multitude of leaves that blanket our yards and putting our gardens to bed for the winter. In doing so, it is important to protect our

waterways in the process. Improper disposal of yard waste can be a source of water pollution, so residents are asked to avoid raking leaves into or near storm drains, ditches, creeks, or rivers. In addition to clogging the drains, decaying leaves use up the water's oxygen, harming aquatic inhabitants.

Decaying leaves and grass kill critters in streams, rivers, lakes, ponds, and wetlands. Leaves and grass clippings decompose in water and wetlands by using the oxygen that other organisms such as dragonfly larvae and fish need to live. Yard waste on stream banks smothers natural vegeta-

tion. Leaves or grass dumped near banks, shorelines and wetlands block sunlight and smother the natural plant life that provide food and cover to animals such as turtles, ducks, chipmunks, and deer. Yard waste dumped near waterbodies contributes to stream algae and odors. Seepage from yard waste piled on or near banks and shorelines will slowly make its way into the water. Algae then grow and form foul-smelling, green mats on the water surface and degrade water quality.

Yard waste dumped in or near wetlands or surface waters is also against the law! In an effort to protect wetlands and surface waters, the NH legislature passed a law that prohibits filling streams and wetlands with waste materials, including yard waste (RSA 482-A:3). The law specifically states, "No person shall excavate, remove, fill, dredge, or construct any structures in or on any

bank, flat, marsh, or swamp in and adjacent to any waters of the state without a permit" from the state.

The Town urges residents to view their yard waste as a beneficial resource and consider mulching or composting yard waste then using it as fertilizer and mulch in the spring. Finely chopped leaves make for an excellent lawn fertilizer. Mulch leaves by running over them with your mower during the next cutting and leave the remains on the lawn. You can also spread the mulch across flower and vegetable beds. Mulched leaves or grass clippings on your lawn add valuable nutrients and organic matter. Grass clippings provide a source of slow-release nutrients reducing the amount of lawn fertilizer needed by at least half. A thin layer of leaves will break down and add much needed organic matter to plant beds.

Composting leaves is a great way to create nutrient-rich soil. In a mixed pile, create a 2-to-1 ratio of dead leaves to grass clippings. Spreading leaves over food scraps will soak up moisture and help contain odors as well. Composting leaves and grass clippings is natural recycling and saves money. Compost can be used as a top dressing on your lawn or garden beds reducing or eliminating the need for fertilizer and mulch. Start backyard composting (away from surface waters). To learn more about composting see: www.des.nh.gov/organization/divisions/waste/swr-tas/documents/compost_flier.pdf for a free "how-to" brochure. If composting is not an option due to your location, lack of space, or just too much yard waste to handle, residents may drop off their yard waste at the Derry Transfer Station for composting. Call 603-432-4650 for more information.

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November is a Month for Thanking Those Who Help Others

MELISSA BETH RUIZ
NUTFIELD NEWS

According to data from the National Alliance for Caregiving and AARP, approximately 43.5 million caregivers provided unpaid care to an adult or child in the year 2015. In that same year, the estimated value of their care was around \$470 billion.

Every year, millions of caregivers around the United States give their all to their loved ones, facing possible physical and emotional burnout in the process. While undoubtedly these caregivers do what they do with love and are likely not seeking recognition, there is a movement that strives to bring awareness to the value of the work they do.

On Oct. 30 of this year, President Trump issued the annual proclamation recognizing and honoring those who care.

"Because of the essential role they play in ensuring the health and wellbeing of those most in need, family caregivers deserve our unending support," said the President in his proclamation.

Every November family caregivers are recognized and honored and awareness is raised on caregiving issues, offering increased support for

those in the caregiving role.

The observance is spearheaded by the Caregiver Action Network (CAN), a nonprofit providing free education, peer support, and resources to family caregivers. This year's theme, Caregiving in Crisis, highlights the new realities that family caregivers and those they care for are facing during the COVID-19 pandemic.

"Family caregivers manage health emergencies, juggle priorities, and suffer isolation," says CAN. "and all that was before COVID."

The duties of family caregivers include, but are not limited to, grocery shopping, cooking, housekeeping, providing transportation, assisting with physical therapy, administering injections,

changing feeding tubes, providing various treatments, keeping in communication with health-care providers, handling financial and legal matters, being a companion, etc.

In addition to all of these duties and then some, family caregivers often must be on call day and night in case their loved one needs assistance.

CAN works to find help for those who help others by offering resources and assistance with these aforementioned duties, as well as help with case by case basis.

During these challenging times, CAN also works to address new concerns for caregivers, including the challenges with video appointments, covering family mem-

bers' added costs while facing unemployment, keeping elderly family members at home and out of the nursing home, dealing with not being able to be with family members, and assessing how much risk is "too much" during the pandemic.

The Family Caregiver Alliance encourages family caregivers to keep themselves going with self-care. Caregivers often happily devote much of their energy to those in their care, but if caregivers are not in optimal shape, the quality of the care they give may suffer.

The FCA urges caregivers to remember the "big three" tools for successful coping: Eat Right, Exercise, and Sleep. Getting proper nutrition, increasing endorphins, and getting proper rest can all help to reduce the

risk of burnout while giving most of themselves to their loved ones.

CAN offers a "Family Caregiver Toolbox" on its website to help caregivers navigate more complicated aspects of caregiving, along with resources on self-care such as how to find a support group, recognizing signs of caregiver depression, and other helpful links.

Caregiving is an admirable undertaking, even in the best of times. Those who give so much of ones self to someone else during a time when self-preservation is so highly valued more than deserve this recognition and support.

"Family caregivers provide a vital lifeline of connection and hope to loved ones during challenging and uncertain days," closed the Presi-

dential proclamation. "These caregivers, who devote immeasurable time, energy, resources, and heart, need our understanding, support, gratitude, and encouragement."

"Throughout this month, let us remember these men and women who spend their days caring for others, and let us pray that they are sustained by grace and strength as they carry on this important work."

More resources are available for caregivers on the Family Caregiver Alliance website at caregiver.org, and on the Caregiver Action Network website at caregiveraction.org. CAN also offers a Care Support Team where caregiving experts can be reached between 8 a.m. and 7 p.m. ET at (855) 227-3640.

A Message From Plummer Tree Farm

In response to Covid-19 we will be making changes in the way we sell Christmas trees this year.

- We are requiring masks.
- We will not be serving refreshments as it is impossible to drink hot cider or cocoa with a mask on.
- We will be requiring reservations for the first 3 days.
- We will be scheduling 30 people/family groups per hour between 8:30 a.m. - 3:30 p.m., on Friday, Nov. 27, Saturday, Nov. 28 and Sunday, Nov. 29. Reservations are for both choose and cut trees and pre-cut trees. Please text or call 603 493 4804. You can let us know your preference of day/time and we will do our best to accommodate you.

If you have visited us on the first weekend in the last couple of years you must remember what a crush there was. This is what we have decided on as the best way for us to protect our customers and our employees.

Thank you for your understanding.

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COMMUNITY EVENTS

This section is meant to be used to announce free events to the communities. If your group or non-profit is receiving money for what they are publicizing, there will be a charge of \$40.00/week per paper. All Around Town/Calendar Items will be held to 100 words maximum; anything over will incur a charge of \$40.00/week for up to another 50 words. All free announcements in the Around Town/Calendar section can run a maximum of 3 weeks. **Additionally:** We will run the full versions of any calendar items online free of charge at www.nutpub.net. Please send submissions to nutfieldnews@nutpub.net.

DERRY

Poinsettia Fundraiser

The Greater Derry Humane Society is holding a Poinsettia Plant Fundraiser from Nov. 9 - 28. A portion of every plant purchased will help with the cost of animal supplies, food, vet care, behavior training, dental care, surgical procedures, and much more. Plants have been grown by Orchard Hill Greenhouses in Londonderry, and come in a variety of sizes: 6.5" pot - \$15 each; 7.5" pot - \$23 each; 8.5" pot - \$30 each. Order Forms are located at the Greater Derry Humane Society Website at <https://forms.gle/RXuWcMe9u8e3nRCi7>. Plant(s) can be picked up at Orchard Hill Greenhouses,

92 Pillsbury Rd., Londonderry, from Dec. 5 - 20. Call or text Orchard Hill Greenhouses at 603-235-2804 to schedule a pick-up day and time. Please bring a copy of your emailed receipt when you pick up your plant(s).

Celebration of Animation

On Nov. 16 6:30 p.m., A Celebration of Animation: The 100 Greatest Cartoon Characters of All Time will be held online. Award-winning author and pop culture historian Martin Gitlin hosts a presentation about his book, A Celebration of Animation: The 100 Greatest Cartoon Characters in Television History. He'll show cartoon snippets, play trivia with patrons, and discuss the

impact of cartoons on American pop culture. Register at derrypl.org or call 432-6140.

Winter Parking Ban

The Town of Derry seeks to remind residents of the Winter Parking Ban in effect from Nov. 15 to April 1. The Town Ordinance prohibits parking on all street and all municipal parking lots between midnight to 6 a.m. Violators are subject to ticketing and/or towing of their vehicle. Any questions may be directed to the DPW Office at (603) 432-6144.

Tiny Tots

The Taylor Library's Tiny Tots story hour for ages 6 mos-2 year olds. Stories with rhymes, music will be held

via facebook live on Mondays at 10 a.m., starting now to Nov. 3. For further information, call the library 432-7186.

Taylor Library Pick up

The Taylor Library is taking appointments for patrons to come into the library to pick out books or call the library for curb pickup. Interlibrary loan with the state is also available. For further information, call the library 432-7186

Food Pantry

Contact-free pick up at the Upper Room, 36 Tseneto Rd., Derry is available on Mondays from 11 a.m. - 1 p.m. (back entrance), Thursdays 3 - 4 p.m. and by appointment (front entrance).

Story with a Craft

On Fridays at 10 a.m., the Taylor Library will host Story Hour with a craft (ages 2 and up) via Facebook live. Starting now to Dec. 4. Register so you can pick up the kits to go along with each week's story/craft. For further information, call the library 432-7186.

CHESTER

Holiday Fair

Please the American Legion and 20 other Vendors at Busche Academy, 40 Chester St., Rte. 121, Chester for the "American Legion Auxiliary Holiday Fair and Silent Auction" on Sunday, Nov. 15 from 9 a.m. - 2 p.m. Lots of Wonderful Handcrafted Items for Your Special Holiday Gift Giving. Basket Raffles, Silent Auc-

tion, Huge Variety of Hand Made Goodies too Long to List. You Need to Come By and Safely Shop To Your Heart's Desire. Vendors and Shoppers alike are required to will wear masks. Hand Sanitizer, Gloves and Masks will be available. 25 Customers allowed into shopping area at a time. Lots of Space, No Worries about being to Close. Social Distancing Aplenty.

Library Closure

The Chester Library will be closed on Thursday, Nov. 26, and Friday, Nov. 27, for Thanksgiving.

Holiday Fair & Silent Auction

The American Legion Auxiliary Holiday Fair & Silent Auction will be held on Sunday Nov. 15, from 9 a.m. - 2 p.m., at Busche Academy on 40 Chester St., (Route 121). Twenty Vendors (Handmade Fall & Christmas Items, Wreaths, Floral Items, Painted Ornaments, Stockings, Soaps, Essential Oils, Jewelry, Jams & Jellies, Nail Products, Totes, Pocketbooks, Baked Goods (including Gluten Free Items), Doll Clothes, Knitted Items, Handmade Glass and Wood Designs, Dog Bandanas, Bowls and Treats, Handmade Baby Dolls. Basket Raffles. Auxiliary Raffles. Silent Auction Items: Wreaths, Gift Cards, Wine & Cheese Baskets, Theme Baskets, Pictures, Jewelry, Quilted Items, and much more. We will ask you to wear a mask while shopping. Vendors will wear masks. Vendor Tables will be spaced six feet apart. Hand sanitizer masks and gloves will be avail-

able. No more than 25 shoppers will be allowed in the building at a time. The Cafeteria room and foyer are large and spacious with plenty of space to socially distance. This is Unit 108 Auxiliary's annual fundraiser to raise money for our NH Veterans so please come and support our efforts to raise funds.

Stranger Things Escape Room

Can you escape the Upside Down? Come find out at the Chester Library on Mondays in November at 4 p.m., 5 p.m. & 6 p.m. Register by calling 887-3404. Registration is mandatory to keep numbers down. We cannot guarantee social distancing; it is at the patrons' discretion and masks MUST be worn.

Platter Painting for Adults

Paint a platter you can use for the holidays on Thursday, Nov. 12, at 6 p.m. at the Chester Library. All materials provided. Register by calling 603-887-3404 or email assistdirectorpl@gmail.com. Registration is mandatory to keep numbers down. We cannot guarantee social distancing; it is at the patrons' discretion and masks MUST be worn.

Library Trustees

The Chester Library's Board of Trustees will hold a Meeting on Tuesday, Nov. 17, at 7 p.m. Open to the public. We cannot guarantee social distancing; it is at the patrons' discretion and masks MUST be worn.

Dog Man Party

Come one, come all, Dog

continued on page 13

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Calendar

continued from page 12

Man Fans. Attend a fun afternoon with crafts, snacks, and prizes for Ages 7 and up on Tuesday, Nov. 19, at 4 p.m. Register by calling 603-887-3404 or email assistedirectorpl@gmail.com. Registration is mandatory to keep numbers down. We cannot guarantee social distancing; it is at the patrons' discretion and masks MUST be worn. Please advise if you have any food allergies.

Storytime

Chester Library Story-

time is every Tuesday at 11:15 a.m. Bring your little ones for stories and songs with Miss Maryjo. Registration is mandatory to keep numbers down. We cannot guarantee social distancing; it is at the patrons' discretion and masks MUST be worn. Please advise if you have any food allergies.

HAMPSTEAD

Community Grief Support Group

Hampstead Congregational Church will hold their monthly Community Grief

Support Group on Wednesday, Nov. 25, from 10:30 a.m. - noon in Hadley Hall, 61 Main St., Hampstead. Safety protocols will be followed and ask that you wear a mask. Your grief may be from a long-ago loss, or it may be more recent--the loss of a spouse, a child, a sibling, a home, a job, or a dream. This group will seek to be a place where each may give and receive support wherever you are on your journey of loss. Please know you are welcome to just drop in. If you have any questions, please call 603-329-6985.

Family Histories & Mysteries

There are still a few spots open for the Hampstead Library's Family Histories & Mysteries live Zoom genealogy event on Saturday, Nov. 14 at 10 a.m. Please register in advance via the Events Calendar on www.HampsteadLibrary.org. You do not have to be a Hampstead resident to attend.

LEGO® Challenges

The Hampstead library will have New LEGO® Challenges for students in

grades K-12 on Nov. 16 and 23 via the Library's Facebook page. Participants build something inspired by the challenge and share a photo on the Library's Facebook post by 9 p.m. on Saturday of each week. Each entry/photo-shared earns the builder one raffle ticket in a drawing for a new Harry Potter Room of Requirement LEGO® set. The prize drawing takes place on Nov. 30.

Nonfiction Book Club

Books are available to borrow for the Hampstead Library's Nonfiction Book

Club. The group is reading *Furious Hours: Murder, Fraud, and the Last Trial of Harper Lee* by Casey Cep, and will discuss it on Tuesday, Dec. 1 at 1 p.m. Call the Library if you wish to reserve a copy to get during Curbside Pickup hours. In *Furious Hours*, Cep masterfully brings together the tales of a serial killer in 1970s Alabama and of Harper Lee, the author of *To Kill a Mockingbird*, who tried to write his story. If you are interested in participating in the discussion, please register

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Calendar

continued from page 13

in advance via the Events Calendar on www.HampsteadLibrary.org. Space is limited for the in-person meeting.

Virtual Meditation

There is one more Virtual Meditation Class this month, scheduled on Nov. 18 at 7:30 p.m., at the Hampstead Library. Classes continue into next month with three planned sessions, Dec. 2, 9, and 16. According to the Mayo Clinic there are many benefits of meditation, including reducing negative emotions, building skills to manage stress, and increasing patience and tolerance. Join us for these relaxing evening classes to help you feel more balanced during the holiday season and beyond. It is time well spent on yourself. If you have not already signed up, please do so via the Library website Events Calendar. You will then receive information about how to access these classes via Zoom.

Hampstead Holiday Parade

The 56th Hampstead Holiday Parade is happening! Mark your calendars for Sunday, Dec. 13, at 2 p.m. 2020 is not going to stop the HLC from bringing the parade to you... literally. This year's parade will be mobile, no pedestrians, and no after-parade celebration. Hang tight as we are busy at our workshop, planning with the town, HPD and HFD to ensure we have a safe journey around socially-distanced Hampstead, spreading holiday cheer (and not germs). Participant entry forms will be available very soon with all the details you need to keep everyone on the nice list. Route will be made public in late November.

SANDOWN

Thanksgiving Bingo

Join us for Thanksgiving Bingo at the Sandown Library on Thursday Nov. 12, at 4 - 5 p.m. This program will be offered physically in person at the library and virtually via Zoom. Due to spacing and social distancing recommendations, the spaces for

those that want to attend in the library will be limited. Please register each child that will be in attendance. During registration, please mark whether you want to attend the program in the library or virtually. Materials will be provided for all registered participants. Contact Adrienne Skora, 887-3428, youthservices@sandownlibrary.us.

Board of Library Trustees

Sandown Library Board Of Trustees will be Meeting from 7 - 9 p.m. The Board of Library Trustees meet every month on the second Thursday. This meeting is open to the public.

Monday Morning Mystery Book Club

Are you a mystery reader? Looking for some new authors or a chance to read a favorite one? Join us at the Sandown Library on the 1st Monday of the month to discuss the monthly book choice from 10:30 a.m. - noon. This month's book: *The Wych Elm* by Tana French Books are available to pick up at the library. Please register so we have enough copies of the books available. Contact Susan Kehoe at 887-3428 or skehoe@sandownlibrary.us.

YOGA

Register today with Sandown Recreation for a 6-week Yoga session with instructor Kelly Delay. Classes take place on Tuesdays from 6:15-7:15 p.m., at the recreation building located at 25 Pheasant Run Drive beginning now - Nov. 17. Class is for all adults ages 16 and older. Register for the entire session for \$60 per person and save or, purchase between 1-5 classes to be used within the current session and pay \$11.50 per class. Pre-registration is required. Visit www.sandown.us and navigate to the recreation page for details or contact the office via email to: recreation@sandown.us or call 887-1872.

Virtual Mother Goose

Join the Sandown Library Monday mornings, 10 - 10:30 a.m., on YouTube for movement, reading,

rhymes, and songs. Mother Goose on the Loose is a brain-based program consisting of thirty minutes of fun, skill-building activities for ages up to 36 months. Some benefits of the programs are the following: aids speech development, improves motor coordination, develops attention span, and encourages a love of books and book illustrations. We will post the link to the day's YouTube video 10 minutes prior to the start time. You can find archived story times from previous programs, too. Contact: Adrienne Skora, at 603-887-3428, or youthservices@sandownlibrary.us

Messy Mondays

From 10:30 - 11:30 a.m. on Mondays, join the Sandown Library for some creative, child-centered science and art exploration. Wear your old clothes and get ready to be messy! This activity will be outdoors, and will be rescheduled in the event of rain. While this event is geared to children aged 6 and under, we will make accommodations for older siblings. Please be sure to register each child that will be in attendance. Location: outdoors. Contact: Tricia Thomas at 887-3428 or pthomas@sandownlibrary.us

Legos And More

Come and build with us VIA ZOOM from 4 - 5 p.m. for Ages 6+! We will be doing some fun building challenges. If you don't have legos, that's okay. You can use blocks, magnet tiles, tinker-toys etc...Registration is required. Once you have registered, you will be emailed a unique link to Zoom where we will have fun building together. The Zoom meeting will be locked after the program has started, so please arrive on time. Virtual. Contact: Adrienne Skora, at 603-887-3428, or youthservices@sandownlibrary.us

PJ Storytime-Facebook Live

Join Miss Adrienne live on Facebook every Wednesday from 6:30 - 7 p.m., for Virtual PJ Storytime. Wear pajamas and bring your favorite stuffed animal with you. Virtual. Contact: Ad-

rienne Skora, at 603-887-3428, or youthservices@sandownlibrary.us

Family Fun In The Kitchen

Via Zoom from 4 - 5 p.m. Fall is here which means lots of apples. The Sandown Library will be making apple crisp. Participants are required to register and will receive an email with the login information to this Zoom event. Contact: Adrienne Skora at 887-3428 or youthservices@sandownlibrary.us.

BOOK - 2 - MOVIE

Is the Book always Better? The first Thursday of each month from 6 - 8 p.m., the Sandown Library watches a movie based on a book and have a discussion comparing them. Books for the next gathering are always available on movie viewing night. This is open every month to anyone who wants to join the discussion and watch the movie. Contact: Tricia Thomas at 603-887-3428 or pthomas@sandownlibrary.us

REGIONAL

Toys for Tots

It's safe to say 2020 has been a tough year for everyone. Kids and parents more than ever could use a little extra "Merry" in their Christmas this year and we're hoping to help bring bright smiles to their faces this Holiday Season! Derry PD will be participating in the Marine Corps Reserve Toys for Tots Campaign for the 2020 season. Please drop off new, unwrapped, nonviolent toys to the main lobby of the station.

NEDE Presents The Nutcracker

Watch New England Dance Ensemble's full-scale professional cinematic performance of *The Nutcracker* from the comfort and safety of your vehicle. Cast, rehearsed, staged and filmed without an audience, New England Dance Ensemble's *The Nutcracker* combines live theater with the dimensional aspects and intricacies of a high quality feature length film. Dancers were joined by guest artists from Pennsylvania Ballet and

accompanied by a live recording of Tchaikovsky's magnificent score. A magical Christmas tree, toy soldiers, vibrant costumes, concessions and the nostalgia of a Drive-In theater movie experience make this a safe, entertaining way to experience the beauty of *The Nutcracker*. Tickets for admission to the movie experience are \$25 for general parking, \$35 for priority parking. Purchase by visiting www.nede.org. Sales begin Nov. 1.

Basketball Tryout

Spartans Basketball, NH's largest AAU Basketball program, will be holding Winter AAU tryouts at the Candia Youth Athletic Association in Candia, NH. Tryouts will be open to boys and girls grades 2nd - 8th. The first tryout date is Saturday Nov. 28. Times are 2nd - 6th Grade boys and girls: 2 - 3 p.m. 7th & 8th Grade boys and girls: 3 - 4 p.m. For any questions contact Chris Coates at CoatesNew@hotmail.com.

Toy Sale

Do you have toys to donate to the annual St. Gianna's Toy Sale? Drop off any time to: St. Thomas Aquinas Church, 26 Crystal Ave., Derry (Aquinas Center), 5 Isabella Dr., Londonderry and St. Matthew's Church Windham. The sale will take place on Dec. 5, at St. Thomas Church, Derry, from 9 a.m. - noon. Must wear a mask and bring your own bag.

TIPS Zoom

Are you a young parent? The Upper Rooms Teen Information for Parenting Success (TIPS) will hold Zoom meetings on Wednesdays from 5 - 6 p.m. Support and resources for young parents (up to age 24) and their children.

Career Skills

Need career skills? WorkReady NH will hold Virtual Class on Monday - Friday, from noon - 2:30 p.m. for 10 hours independent work. To register, call 603-230-3435 Learn Session: Nov. 13, 16 - Dec. 18.

Grandparent and Caregiver Support

Are you a grandparent or caregiver raising another person's child? Join this weekly meeting for resources, discussions and support on Tuesdays from 6 - 8 p.m., at the YMCA Londonderry Facilitated by The Upper Room, the YMCA- Londonderry and the Southern Rockingham Coalition for Healthy www.urteachers.org/remote-learning-and-support# Youth (SoRock) Contact: Seren Elizabeth atselizabeth@urteachers.org.

Teen Talk

Need to be Heard? Upper Room's Teen Talk, an online forum to talk, support and be heard is open Tuesdays 3 - 4 p.m. Free live on Zoom. Teens 13-18. No preregistration necessary; Meeting ID: 111 147 286, Password: 694887.

Raising children ages 0-12?

Upper Room offers Parent & caregiver workshops on Wednesdays, from 6 - 7 p.m. Free live on Zoom, facilitated by The Upper Room. Tune into this new series for weekly workshops offering families information, discussion and support.

Raising Another's Child?

Are you parenting a second time around? Attend the Grandparent and Relative Caregiver Support Group. Join this free weekly meeting for resources, discussions and support for those raising another person's child. No preregistration needed. Tuesdays 6 - 7:30 p.m. Meeting in person at the YMCA - Londonderry. Contact: Seren Elizabeth at selizabeth@urteachers.org Grandparent PASTA Groups are brought to you by NH Children's Trust, the YMCA of Greater Londonderry, the Southern Rockingham Coalition for Healthy Youth (SoRock) and The Upper Room.

Feeling Overwhelmed?

The Upper Room is offering supportive online counseling schedule a free one-on-one supportive counseling session. Email Seren at selizabeth@urteachers.org.



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