



Councilor Reports That Plan for Transition Facility Won't Happen

CHRIS PAUL **NUTFIELD NEWS**

Tuesday night, May 19 meeting of the Derry Town Council, member Chirichiello Brian informed his fellow members that he had heard through a Rockingham County Commissioner that they would not be pursuing the purchase of Vintage Grace for a Transitional Housing Facility the Rockingham for County Facility.

numerous phone calls from residents concerned with the thought of putting that sort of facility so the Salvation Army. Those close to schools and elder-

had changed their minds.

The meeting was being DERRY - During the held partially by videoconference once again because of the COVID-19 Stay at Home rule still in effect in the state.

From his home, council member Jim Morgan added that he was concerned with the reason the Derry Housing Authority was expediting the sale of the property because of some minimal expenses they could not afford. Correctional Morgan suggested that the town help out with these He said after receiving expenses, a give the agency time to find a more appropriate organization to buy the property, like expenses, he thought ly housing. He was glad to couldn't be more than a

hear the news that they couple thousand bucks over the next few months Morgan thought.

> Councilor Josh Bourdon, thanked Chirichiello for bringing the situation to the boards attention, but quickly changed gears by asking his fellow council members for support on a letter the Net Zero Task Force had received from several communities on easing the regulation on renewable energy. He said that the NetZero group has faced a number of roadblocks at the state level with projects they have been trying to move forward with, and several communities, who have been facing similar challenges, are banding together to try and make a

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Hampstead School Board **Discusses Remote Learning**

KELSEY DERHAK **NUTFIELD NEWS**

HAMPSTEAD Hampstead held their latest School Board meeting via zoom videoconference on Tuesday, May 12.

Principal Dillard Collins first delivered the Central School Administration Report. He noted that enrollment numbers have actually grown throughout the time of remote learning. If someone is looking to enroll students they need to call the school office and dial extension 1103.

Central school usually starts screening children and how they have adjust-

in August this year due to the Pandemic. A member of the school board also mentioned the concern of having an updated physical in order to be enrolled prior to the start of the school year. However, Collins addressed the concern noting that to enroll in the school they need to have a physical date within a year or a note citing what doctor's office they go to and date of an appointment.

Collins also spoke to how thankful he was to all the staff in the building

for school in the spring, ed so well saying, "Teachbut it will have to be done ing staff is amazing, they have come so far with zoom." He also thanked support staff, janitors, and social emotional learning staff for being there for the children and school

> Principal Maria DiNoalso mirrored Collins appreciativeness for her staff at the Middle School as well. As she and her staff have also been working on ways to create virtual activities for the students to keep their mind off the pandemic and keep their good spirits. Activities include virtual

> > continued on page 2



Honoring Our Veterans On Saturday morning May 23, members of local scout troops, the American Legion and the Veterans of Foreign War gathered at Forest Hill Cemetery to place 800 flags on veteran's graves in honor of Memorial Day. Pictured, Haeley McCullough, of Troop 13159, Jason Selling, Troop 405 and Brain Selling of the VFW and American Legion place flags. See more photos on page 8. Photo by Chris Paul

Chester Selectmen Reopen Parking at Wason Pond

CHRIS PAUL **NUTFIELD NEWS**

CHESTER - Although the beach, pond and playgrounds at the Wason Pond Recreational are not open the town has opened the parking lot and trails at that facility.

night, May 21, meeting of Monday, May 18, and the Chester Board of Selectmen, the board and the town's Recreation Commission spoke on how the opening the parking lot at the Wason Pond Recreation Area was going.

the parking ban during During the Thursday their previous meeting, on

were looking for an update from the Recreation Commission on the open that would be happening the following day.

During the Monday night, May 18, meeting the The board had lifted Recreation Commission told the board they had

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Derry Native, Alexis Balliet, to Compete in The Titan Games

KELSEY DERHAK NUTFIFI D NEWS

The Titan Games, a competition show hosted by Dwavne "The Rock" Johnson is about to air its second season. The show hosts a number of physical challenges putting everyday people up against professional athletes. This year some of the professional athletes that will act as Titans and the ones to beat are boxing world champion Claressa Shields, super bowl champion Victor Cruz, and UFC champion Tyron Woodley to name

One of this year's contestants competing for a chance to win \$100,000 and beat a Titan for a spot on Mt. Olympus is Derry native, Alexis Balliet.

Originally from New Hampshire, Balliet currently lives in Drums, Pennsylvania where she works as a Director of Quality at a pharmaceutical company. When asked about her favorite part of growing up in New Hampshire her reply "growing up in New England was great, it allowed me to have summers at the lake, winters on the moun-

tain and be surrounded by my family." Her parents still live in Derry and she credits her mother, who was a fitness instructor while she was growing up, as the reason she made it into the gym and got involved in sports. Balliet ran track and field in college at Delaware Valley University, where she was the Division III Heptathlon Champion. After her time at Delaware Valley University she moved on to Marywood University to be an assistant Track and Field coach there while simultaneously earn-

As you might imagine, a spot on the Titan Games doesn't come easy. It takes a lot of training to take on some of the world's best professional athletes. What earned her a spot on the show? Her training as a bodybuilder. A much different form of training that she says differs from how she trained as a college athlete in track and field. "My training has evolved since my collegiate athletic days. Instead of power lifting and running drills, I train as a bodybuilder and ing her Masters Degree in focus on specific muscle

groups." Even with push- the Titan Games she stated ing her body to face new physical challenges she remained positive and expressed that she couldn't really "think of any "downs" in my athletic career because any loss I have endured, allowed me to grow and come back even stronger." Not only pushing her body to new limits as she entered the world of bodybuilding, but also a chance to show off her talents on a television show made for people who love fitness just as much as she does. And when asked about her time on NBC's

that what made it a great experience was "the people and the events! The challenges were unique and pushed me more than I thought was possible."

The show, already filmed before the pandemic, makes for a much welcome somewhat return of sports to the television in our homes. Balliet will be competing in the Central Region. The competition show, now in its second season, begins airing on May 25 on Monday nights at 8 p.m., be sure to cheer on Derry's own Alexis Balliet.

Street Tree Replacement – Downtown Derry Introduction

The Town of Derry has are in poor condition. contracted Kenyon Landscaping to initiate a project to improve the streetscape in downtown Derry. Several downtown stakeholder groups have identified the condition of the trees as a recommended improvement to the visual appeal of downtown Derry. To that end, funds were committed in the FY 20 budget to address these concerns. Existing trees which have either grown too large or are diseased/compromised

Details of Project

ing trees, many of which been removed.

- Grinding of stumps at 6 tree pits where the tree was already removed due to disease or poor condition.
- Installation of 20 trees in the existing tree pits 3" to 3.5" caliper
 - Cost \$19,554

Ouestions & Answers

Q) When were the trees initially installed?

A) The trees were installed in 2001 during the downtown streetscape project which included the depression of overhead wires, will be removed and a new streetlights and stampreplacement tree installed ed asphalt sidewalks. Sevin the same tree pit. Addi- eral university and forestionally, several tree pits try institutes studies inwhich currently do not dicate a life expectancy of have a tree placed there 7-10 years for urban trees due to the removal of the subjected to harsh condiexisting tree will have a tions. The trees being rereplacement tree installed. moved in this project are 19 years old, although many of the original 2001 • Removal of 14 exist- series have died and have

Q) What types of species are selected?

A) Significant research went into selecting species which had slow to moderate growth rates coupled with the need to be salt tolerant and survive in an urban environment.

Trees placed in the urban environment are subjected to far more stress root damage to utility lines nursery will be replaced in (vehicles, vandalism, etc.) than a tree planted in a rural or forested environment.

Q) Why were seemingly healthy trees removed?

A) There are several possible reasons. Many of the trees were too large for the tree pit which potentially causes issues with and foundations. Some the existing tree pits. trees have already started to generate sidewalk damage which may have developed into a trip hazard for to complete the work in 3pedestrians. Additionally, 4 days. With the Memorimany of the larger trees al Day holiday, it is antichad the onset of termite ipated that the contractor infestation and/or hollowing. New tree stock from a May 31, to complete.

Q) When will this project be completed?

A) The contractor plans will be working through

Hampstead

continued from page 1

dance parties and spirit week activities.

After hearing from both principals, the school board's next agenda item was the evaluation of remote learning. The board is keeping track of remote learning to make sure there are not any trends they should worry about with remote learning. With a showing of an excel spreadsheet of letter grades given to students throughout three quarters,

the spreadsheet notes no huge number differences between Quarter 2 and Quarter 3 letter grades(10-12 days of remote learning). The district will be keeping track of Quarter 4 letter grade results in their June meeting.

The next matter for discussion was whether to allow the eighth graders to keep their chromebooks. As in the past they have allowed the current eighth grade students to keep the chromebooks for personal use and not return them to the school, this year's decision remained the same.

the eighth grade students to return the chromebooks as the decision was made by the school board to let them keep the laptops. The Board wants to avoid having huge groups of people flooding to the schools to return or collect personal items. Information regarding this can be found on the schools website showing what days students and their parents can come to the schools for this purpose. Parents and legal guardians may also make appointments through the school to pick up any med-There will be no need for been left at the school prior

to the start of remote learning. Information can also be found on the schools website of the plans to virtually celebrate the end of the school year.

Before the school board meeting went into a non-public discussion a motion was carried to approve a budget not to exceed \$6,000 to update equipment at both Central School and Hampstead Middle school to host and broadcast school board meetings. The schedule of which school will host a meeting will be deterications that might have mined at future date and time.

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Boys & Girls Club of Greater Derry Reopens on June 15

According to a letter not generate enough rev-dren) Greater Derry's website, the club will be reopening on June 15, under a new Covid -19 program model, as required to comply with the guidelines laid out in the Governor's executive order "Stay ay Home 2.0 Childcare.'

The program model, which was designed to protect members and staff, leaves them no choice but to limit the number of spaces available, shorten hours of operation and dramatically increase summer

They ask residents to please understand that even with all of these changes the program will

recently posted on the enue to cover our expens-Boys & Girls Club of es. Although the club expect to run the summer programs for ten consecutive weeks. The ending date will be based on the fall school calendar once it has been released.

What you should know:

- The program will run on Mondays through Fridays from 8 a.m. to 5 p.m.
- They will only be serving members who will be entering first through sixth grade in the fall.
- At this time, they can only serve a maximum of 72 members, all of whom must commit to paying for all ten weeks. (If the ratios are changed by the state than they will be able to accommodate more chil-

- The club will be using a lottery system to select participants. There will be one entry per family and all qualifying siblings can attend if your if your name is drawn.
- must be paid in full in order to enter the lottery.
- The fee will be \$175 per week and you must commit to paying for all ten weeks. There is no daily option.
- People can pay by check or credit card, but you must commit to all ten weeks regardless of atten-

pay the full amount of \$1,750 up front, or pay \$175 weekly, but they must

would be placed at the entrance to make sure people could clearly see, before entering, that they wouldn't be allowed on the beach.

Chester Police Chief, Aaron Berube, was asked by Selectmen if he felt confident that the area would be able to be moni-

He responded by saying that he was, officers had already been contacted by the Park Ranger, John Wright, for incidents.

Residents can either

If paying by check, the club must receive a check by Monday for the following program week. If paying by credit card, you must agree to a recurring charge of \$175 to your • All past amounts due card every Monday for the following program week (For example: your card will be charged on June 8 for the week of June 15-19.)

- Parents and visitors will not be allowed to enter the building or outdoor program areas at any time All financial transactions will be conducted by phone.
- Drop-off will be between 8 and 9 a.m. every morning and daily heath screenings must be completed before you drive a
- picked up at anytime before 5 p.m. There will be remain together through-

pay one week in advance. a staff member outside to out the summer. greet parents/guardians pulling up in cars between 4 to 5:00 p.m. Tha club asked to please stay in your car and the staff member will locate your child for you, if you arrive before 4 p.m. Please call the office and your child or children will be escorted to you in the parking lot. A late arrival is not an option.

- We will be following CDC and DHHS guidelines for the cleaning and disinfecting the facility and equipment.
- Healthy screening, which will include a temperature check and healthy questions, will be completed on members and staff before they enter the building every morning.
- in segregated groups of eight kids with two staff members and groups will

· Frequent hand washing, social distancing and other safety measures will be stressed.

To register for the lottery you must send an email to Kimberly Trull at kimt@derrybgclub.org. Please include your name, email address, phone number, the name of your child or children and grades they will be entering this fall. Also include your estimated daily drop-off time, which must fall between 8:00 and 9:00a.m. Names will be drawn on Friday, May 29 and we will make every effort to notify you of your status by email by the end of the day.

The club wishes they could offer a better option, • Members will be kept but this is the only way they have found to meet the requirements that are conditional for us to open our doors.

Wason Pond continued from page 1

voted to open the parking lot, and they would be following the state guidelines in doing so.

The rules for using the facility would be limited parking near the ball field, it would be striped, the beach would be closed and they would be adding State COVID signs. The Commission asked that No Parking signs would be placed along Route 102 headed to Raymond to reduce the number of people crossing that busy road. They also asked for additional personnel to help monitor the area.

The pond itself can be used for canoeing, and "Beach

fishing is allowed, but beaches would be closed to keep people from congregating.

The area will not have Porta-Potties, since cleaning them to state guidelines would be difficult.

Chris Hadick, chairman of the Wason Pond Conservation and Recreation Commission gave the Selectmen an update of how the area stood as of Thursday of last week.

He told the board that the parking lot had been striped, giving ample space for people to remain distant from each other, the pond had been roped off, the COVID-19 signs were up as well as Beach Closed signs.

He was hoping a large Closed" sign

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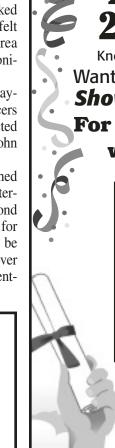
Berube also mentioned that there was some interest in filling the second Park Ranger position for the summer. He would be vetting the candidates over the next week, and presenting one to the board.

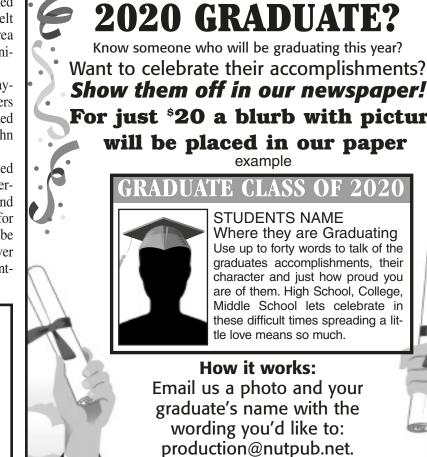
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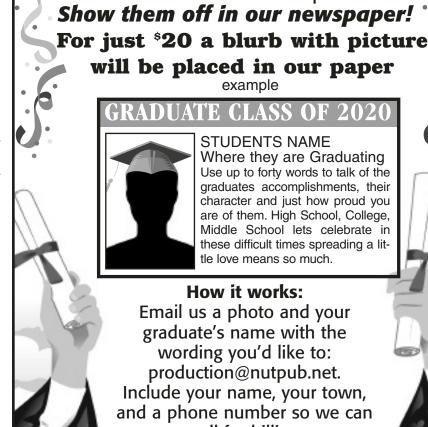
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Hours:

Mon. - Fri.: 8 a.m. - 5 p.m.







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— Editorial =

Invaders in Our Midst

Is greenery you never planted strangling your trees? Are leaves from unknown aquatic greens traveling on your boat to find a home in your favorite lake?

Conservation officials remind us that invasive plants are a local problem. They're a problem in our waterways, our yards as well as in our forests.

According to the state's invasive species coordinator, invasive plants impact endangered or threaten other species, reduce diversity and wildlife habitat, affect water quality, damage property and kill trees, and lead to starvation of birds. We don't have to leave our yards to encounter invasive: Japanese knotweed, bittersweet, purple loosestrife, multiform rose, and burning bush thriving locally, and literally having a stranglehold on portions of our yards, woodlands, forest, and roadsides. All it takes is ignoring an invasive presence in one location, and soon it has taken over the neighborhood.

Invasive plants simple they take over, crowding out native plants and sometime killing wanted plants. It's a battle we may be losing, and we can't wait for someone else to take care of it if the plants have arrived, they'll be in your yard soon.

Homeowners can help control these invaders by learning to identify them, joining in volunteer efforts to control them, and following professionals' instructions about disposing of any soil and plant matter that gets on clothes, shoes or tires during the eradication.

State officials regularly issue warnings to boaters to pay attention to what they might be putting in the water. Summers in New Hampshire now demand a new way to look at hitching boats, trailers, motors, fishing equipment, bait buckets, and diving gear can carry aquatic weeds, leaving an infested lake in their wake. With no natural predators, plants like purple loosestrife quickly dominate native plants, fish, and aquatic life. That translates into impaired water quality and reduced shorefront property values.

If you enjoy a kayak or canoe ride, pay attention to the plants in the water as well as to the scenery and birdlife you are paddling out to enjoy. If you've had your boat in another body of water, examine it carefully before returning to your home lake.

Encourage fellow boaters to do the same.

Prevention is the name of the game, and it's the job of each one of us to preserve the quality of the lakes we love.

Back on land, you can contact your local conservation commission, or the state for advice on getting rid of invasive plants in your yards. Having time on our hands and wanting to be outside lets try to make an impact on invasive species in our yards. This battle won't be won unless each one of us does our share.

Nutfield News

Nutfield News is a weekly publication. Mailed by request to Derry residents and is available at a number of drop-off locations throughout Derry.





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Derry Veterans Honor Those Buried in Londonderry











On Memorial Day, Monday, May 25, members of the Derry American Legion Post 9, Veterans of Foreign Wars, Post 1617 and the Auxiliary gathered at Holy Cross Cemetery in Londonderry to place Wreaths at the monument dedicated to the Comrades of All Wars. They also paid tribute to two VFW and two American Legion monuments in Forest Hill Cemetery. That was followed up by a ceremony at MacGregor Park. See next page.

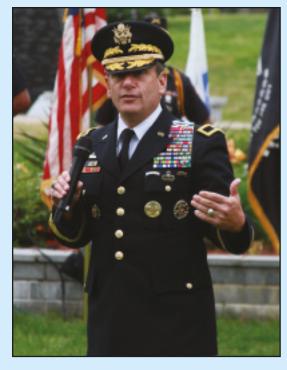
Photos by Chris Paul

Veterans Gather at MacGregor Park for Memorial Day



A small Memorial Day ceremony was performed by members of the Derry American Legion, Veterans of Foreign Wars and Auxiliary at MacGregor Park on Monday morning, May 25. It was broadcast live, so residents could view the event on social media. The guest speaker was Brigadier General Don Bolduc who served his country for 33 years with the U.S. Army, and received two awards for valor, five Bronze Stars. He told those who gathered that Memorial Day is about remembrance and honoring those that have given all in service to our country. He spoke of an American and leader and friend, SFC William "Bill" Brown, who was killed in action in 2006. After he spoke, wreaths were laid at each of the monuments for war veterans of every war. Photos by Chris Paul









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Community Caregivers Continues to Help Area Seniors

Submitted by Cindee Tanuma -Executive director at Community Caregivers

Community Caregivers of Greater Derry, a nonprofit volunteer care-giving group, has been helping out area seniors and disabled individuals since 1988. Correctly they have 299 individuals that are being assisted but 393 local volunteers. 75 percent of volunteers are in one-onone matches meaning one local resident or a family unit helps a specific person with an identified independence need.

In March, the staff and at Caregivers devised a plan to safely

appointments, switching all friendly visiting matches to telephone checks and shopping for a vulnerable individual instead of transporting them there to shop on their own. The office on Commons Drive, being deemed an essential service never closed but rather works swing shifts to help customer's curbside. "People still break hips and strain ankles, even during a pandemic." Says Office Manager Julie Levesque. Not only that, but the Loaner's Closet is recording record donations as furloughed workers have time to clean house and donate unwanted Durable Medical Equipment. continue helping their Everything is sanitized

are disposed of and the contents wiped before things are shelved inside.

The drivers have been equipped with gloves, state issued masks and sanitizers to safely transport someone to a medical office. Companions are not being allowed to accompany folks into offices so exposure is minimal. Shoppers are getting lists over the phone and dropping them off at person's door. "Clients have been very flexible with the lack of some items on the shelves. They are making due. We have been getting calls from people that we don't normally help with groceries but they have under- April 11th, we have 25

make it risky to go out most isolated seniors ands themselves." Cindee Tanuma, Executive Director explains. "Not only that, but if you have breathing problems, the masks are impossible to wear and if you have walking issues, waiting in a line 10 deep to even get into a grocery store can be frustrating and hazardous."

Caregiver is good a meeting current needs. The Program Manager and Executive Director developed a training and recruited current volunteers to each call two identified clients a piece. They were giving background information, referral tools and a script to follow. Since that doesn't count the 200 in current matches. think both parties are really enjoying getting to know one another. There are many plans for lunch dates when things subside." Susanne Peace, Program Manager shares.

But the agency has more capacity to help. In collaboration with Nicole Ferrante, Derry Park and Recreation and Sarah Garvin at the Marion Gerrish Community Center, the group has developed an opt-in form that is being distributed to Meals on Wheels recipients and Park and Rec Participants. If you want a semi-weekly phone check-in, simply

clients get to urgent outside and paper boxes lying health conditions that volunteers calling 50 of the call Community Caregivers at (603) 432-0877 x 4 and someone will be matched with you. The agency is also taking volunteer referrals for skilled callers.

> Lastly, the group has been hit hard by the lack of corporate and civic group organized yard work projects. In a normal May, the group coordinates more than a dozen spring-cleans up utilizing nearly a hundred volunteers. The nonprofit is still meeting simply requests but their supply is not meeting the demand. If you like to work outdoors and have a green thumb, please reach to them office@comcaregivers.org or call (603) 432-0877 x 4.

Household Hazardous Waste Day Rescheduled for June 6

been rescheduled for Derry. This is for resi-

The annual House- June 6, from 9 a.m. to dents of Derry and Lon- hold hazardous waste in mental Services require- Remover or Thinner, Solhold Hazardous Waste Noon at the West Run-Collection Event has ning Brook School in

donderry only.

This year the Town requests that all participants adhere to the following guidelines to help maintain social distancing:

- all times. No exiting the waste contractor. vehicle.
- approaching the work from vehicles. area at the event or interacting with event staff.

vour truck.

- · Hazardous waste will not be removed from your back seat and partic-• Only one person per ipants will not be allowed to handover their waste • Stay in your car at directly to the hazardous
- · No return of gas · Wear a mask when cans or totes removed

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your car or the bed of commercial waste will be hold accepted.

This event is for residential waste only. In the interest of providing the broadest service to Derry per vehicle.

Paints,

the trunk or hatchback of ments, no businesses or vents/Degreasers, Housecleaners, Pool Chemicals, old Gasoline or Anti-freeze will be able to dispose of these items.

For further informaand Londonderry resi- tion contact: Craig Durdents there will be a 10- rett, Environmental Coorgallon or 20-pound limit dinator at the Municipal Center at 432-6144 or Residents who have Joan Hamel, Recycling Household Hazardous Coordinator at the Trans-In accordance with Material such as Pesti- fer Station at 432-4650 or the New Hampshire cides or Herbicides, Oil visit the town website at Paint www.derrynh.org.







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Transition Facility

change at the state house. One major issue is with Net-Metering, and how much should be allowed.

Bourdon read the letter to the council, which in short, asked the state to increase the allotment on net metering from one megawatt to megawatts. His committee feels that by making this change it would open up more opportunities for solar projects, and help with lowering Derry's property taxes.

Morgan's opinion on the issue was that until the Republicans and Democrats can come together on this issue at the state level, by meeting in the middle, nothing would happen. needs to be regulated to force a better rate, thus allowing the towns to solar projects.

Chirichiello, who is also a Rep. State Representative, responded that because Reps have not been back to the State House in a number of months, the letter would most likely fall on deaf ears, considering the back-

through the pandemic.

Councilor Richard Tripp cautioned support of the letter without hearing from some experts on the subject. He feared that what may be saved through lower taxes would be pushed off to higher utility bill for the resi-

Member Neil Wetherbee agreed with Tripp and asked to have the Net Zero group to come in for some details on the subject.

Bourdon followed up by painting a rather grim picture of the future of the state as it tries to recover from the pandemic, adding that solving the metering issue could only help with the burden.

The council put off Adding that Eversource support of the letter until they could discuss the details at a future meeting.

Following that the move forward with better Derry Fire Chief, Mike Gagnon, gave a COVID-19 update. The Town Hall is still closed, but a drive up window is manned to assist citizens. The Fire Stations are closed to the Public, but they are fully functional and none of the personnel are in quarantine. The Police Departup that has occurred ment will be implementing an online crime reporting function, to assist with weighing its options on interacting with the pub-

He added that with the rise in traffic that has occurred in town over the past few weeks, traffic enforcement would now be increasing.

The playgrounds and parks are still closed, but tennis and basketball courts are open with social distancing guidelines being implemented.

The town is still whether the Summer Concert series, Fourth of July fireworks and the Splash Pad would happen this summer.

Gagnon also mentioned that a number of area restaurants have reopened with outside seating, but they have to abide by the state guidelines to do so. Those guidelines are being monitored by the town.

OBITUARY

Richard James Barry



Richard James Barry, 75, of Derry, NH, passed away Tuesday May 19, 2020, in the Rochester Manor in Rochester, NH. He was born on January 9, 1945 in Somerville, MA, a son of the late Alphonsus and Bernice (Nolen)

Barry. Richard proudly served his country in the US Navy and was a member of the American Legion Post #27 of Londonderry. He enjoyed fishing, watching boxing and shooting pool. In his heyday, Richard was an impeccable Al Jolson impersonator.

He is survived by his daughter, Stephanie Mackesy and husband Mark of Bennington, NH; two granddaughters, Colleen Paige and husband Sam and Mikala Mackesy; two great grandsons, Jason Paige and Jonathan Paige; one great granddaughter, Elizabeth Paige; a brother, William Barry and wife Cecelia of Kansas; two sisters, Violet Bonnett and husband Robert of Somerville, MA, and Bernice Reiss and husband Joe of Tewksbury, MA; as well as many nieces, nephews and cousins. He was predeceased by his beloved wife of almost 50 years, Joyce M. (Simpson) Barry in 2018 and his son Robert Barry in 1980.

There are no calling hours. Private services will be held by the family. Memorial services are being planned for a time in the future when it is safe to gather to celebrate Richard's life.

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OBITUARY

Edwin B. King



Edwin B. King, 74, of Derry NH passed away peacefully at home on Wednesday, May 20, 2020 following a lengthy illness. He was born in Portsmouth NH on June 11, 1945, a son of the late Paul and Louise (Bennett)

King. He had been a resident of Derry for many years, but grew up in Londonderry and often reminisced about his very happy childhood there.

He was a graduate of Pinkerton Academy, class of 1963, and also earned a degree from Hesser College in the 70's. Edwin was a US Army veteran and served in Vietnam during the war. He had been employed in the electronics industry until his retirement, and traveled extensively for work. He attended Journey Church in Derry. Ed loved being retired and spending time with his family. He also enjoyed his time searching for the perfect fishing hole, playing cards, restoring old furniture and woodworking in general, and building things for his grandchildren. But he was most famous for his cooking, and was often referred to as Chef Boy O Boy. He loved nothing better than to spend a morning in the kitchen, concocting a vat of something delicious to pass out to family and friends. His chili was killer.

He is survived by his wife of 54 years, Sharon A. (Johnson) King of Derry; three children, Dr. Edwin B. king and his wife Leslie of Pittsburgh, PA, daughter Allison M. King of Derry, and son Jonathan M. King and his wife, Jenny, of Manchester; six grandchildren, Maya and Adam of Pittsburgh, and Delaney, Liam, Rowan, and Kiernan of Manchester, all of whom he adored. He is also survived by his brother Paul and his wife Mary, of Hopkinton, NH, and his sister Patricia Hauser and her husband Allen, of Londonderry, plus several nieces, nephews and cousins.

Following cremation, a memorial service will be held at a later date when families can gather safely. Memorial contributions may be made to the Salvation Army of Derry. The Peabody Funeral Homes of Derry and Londonderry are assisting the family with arrangements.



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Derry Student's Invention Earns Top Prize in Regional Competition

COLLEEN LENT NUTFIELD NEWS

DERRY - A Derry dog's fondness for play led to his human sibling's invention of a toy that scooped up an award in the virtual 2020 Northern New England Invention Convention (NNEIC) regional competition held in May.

When Jamey and Mary Loonie and their children Emma, Cody, and Rachel of Derry began spending more time at home due to social distancing restrictions, their dog Jaxon saw an opportunity for increased playtime. The 3-year-old Boxer Labrador mix would plop his favorite ball or stick toys into the unsuspecting laps of family members, inviting them to participate in a non-

stop game of fetch. Meanwhile, the Loonie parents and children were trying to complete remote learning assignments, fulfill home office duties, or relax in front of the television.

Emma Loonie, a fourthgrade student at the Ernest P. Barka Elementary School, saw an idea blossom. "I thought I should have something for him," Emma said. "He just likes to play all day." As a member of the school's Young Inventors' Program facilitated by Sush Anand, Emma began working on a prototype of her Doggone Boredom invention. The aspiring veterinarian explained she wanted to create something that would allow Jaxon to meet his need for movement and

silliness while granting her the squeaky toy was the most family uninterrupted time to finish their school and work obligations. Her mother Mary added that the invention has helped curb Jaxon's aggressive chewing habits.

The Doggone Boredom invention is a wearable toy made of a modified coffee canister that acts as a vest, flexible plumbing tubing that dangles a squeaky stuffed animal, and a dog harness that connects the main parts.

As part of the competition rules for the NNEIC, Emma was required to create a bi-fold poster, diagram, and video discussing the evolution of the idea, obstacles during the creation process, and explanation of the invention parts. Emma said finding the right item to suspend challenging feat. It required several trips to a local home improvement store, perusing the aisles for tubing of various weights, textures, and flexibility before finding the right match.

Emma said her most critical judge was Jaxon, her official product tester. With the Doggone Boredom toy strapped on, he began scampering about his home, trying to catch the stuffed critter on the end of the tubing. "He just gets really excited when he sees it," Emma said. After 30 minutes of continuous play, Emma's mother said they give Jaxon a break.

The judges at the convention were also impressed with Emma's creation. The competition attracted 122 registered inventors, 16 teams, and 106 inventions. Emma's dog toy earned first place honors in the animal



Emma Loonie and Jaxon

welfare category.

online studies at Ernest P. Barka with her teacher Jennifer Kelly, she's already analyzing her invention for possible improvements that may include replacing the coffee canister with a Velcro and cloth vest. Emma is also awaiting word from the officials of have to keep trying."

the Young Inventors' Program As Emma continues her to see if she'll be invited to the virtual national competition. In the meantime, Emma shared some advice. "Even when things get tough and your invention doesn't work, keep on trying," she said. "Anyone can create something no matter how old or young. You just

Hampstead Public Lil

The Hampstead Public books, DVDs, music CDs, Returns Week from June 1 -5. This is Phase 1 in the increase of Library services. The staff and Trustees have mapped out a plan to maintain the best safety practices for patrons and staff during this time.

Library patrons are asked to return all their borrowed materials from 10 a.m. to 6 p.m., Monday through Friday, the week of June 1. They should put all items into plastic or paper bags, and place them in the large bin in front of the Library. There will be bags available at the Library if needed. Please return all will be quarantined for at

Library has scheduled a audiobooks, and any other borrowed items.

> Phase 2 is Curbside Pickup. Limited service hours begin June 9. Library customers should reserve their selections in advance via the catalog on www.HampsteadLibrary.org. They can also email circulation@hampsteadlibrary.org or call 603-329-6411. Pickup hours are Tuesday and Thursday 9 a.m. to 1 p.m., as well as 4 to 7 p.m. Library users will be emailed and called when their reserves are ready, and they will be given pickup instructions.

All returned materials

least 72 hours, before they are made available again.

All procedures and plans are subject to change should there be any new developments or advice from the governor and CDC. The Library staff and Trustees appreciate the patience and cooperation of their patrons.

Whether the Library building is open or not, the Library staff is always willing to help by providing information, answers to reference questions, book suggestions, and technical assistance. Email circulation@HamspteadLibrary.org or leave a voice message on 603-329-6411, if you have questions or concerns.



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Reducing COVID Anxiety During Annual Allergy Spikes

MELISSA BETH RUIZ **NUTFIELD NEWS**

Spring allergies typically peak in the months of April and May as trees, grass, and flowers release pollen into the air.

According to Breathe New Hampshire, an organization dedicated to spreading awareness of asthma, allergies, and other respiratory related issues, May is Asthma and Allergy Awareness Month.

For those with asthma and other respiratory issues, the transition from winter to spring can increase symptoms such as wheezing, chest tightness, shortness of breath, coughing, and even severe asthma attacks.

According to the Allergy Associates of New Hampshire (AANH), allergy attacks are triggered when the immune system mistakes a harmless substance, such as pollen, for a more harmful invader like a virus or bacteria and tries to protect the body from it. The body does this by producing antibodies which attach themselves to mast cells found in large numbers in the eyes, nose, lungs, intestines, and imme-

These cells contain chemicals including histamine which causes runny nose, sneezing, watery eyes, itching, and hives. In some cases, these histamines can cause spasms in the lungs which cause coughing and wheezing or shortness of breath, says the AANH.

diately beneath the skin.

can be mistaken for symptoms of COVID-19, it is important to take into account the pollen levels each day to determine if any difficulty breathing coughing could be the result of high allergen counts.

According to a post on Harvard Health Publishing, one of the big key indicators between allergies and the coronavirus is itching.

"People with allergies often have itchy eyes, itchy nose, and sneezing, as well as less-specific allergy symptoms such as runny, congested nose, and a sore throat or cough that is generally due to postnasal drip." wrote Anna R. Wolfson, MD, contributor for Harvard Health Publishing.

Wolfson also wrote that along with cough and shortness of breath, the more

Since allergy symptoms common symptoms of Thankfully there are easy fatigue, and loss of appetite. Wolfson also listed diarrhea, nausea, vomiting, and lack of taste and smell as additional, but less common signs of COVID-19.

> "If you found taking medications such as...antihistamines or steroid nasal sprays helpful in prior years, then it would be reassuring that if your symptoms improve with these medications, your symptoms may be due to seasonal allergies." wrote Wolfson.

> Anyone still unsure as to whether their symptoms align with allergies or coronavirus are encouraged to contact their physician for further advice.

> Still, allergy symptoms may still trigger feelings of anxiety for some during the COVID pandemic.

COVID-19 include fever, ways to reduce exposure to common spring allergens indoors and outdoors.

Breathe NH recommends anyone suffering from pollen allergies try to stay indoors during peak allergen periods, typically between the hours of 5 a.m. and 10 a.m. Minimizing exposure to the outside on windy days when pollen can be carried through the air will also help cut down on allergy attacks.

While indoors, make sure that windows and doors are tightly closed to keep pollen out. Even opening the window for a brief period can allow pollen into the home which can trigger allergy or asthma attacks.

Keeping car doors closed while driving can keep pollen from being dragged into the vehicle while in motion.

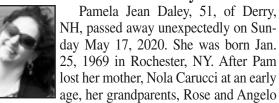
If going outside during a high pollen count day is necessary, removing contaminated clothes immediately after entering the house and placing them into the washing machine will help reduce the risk of tracking pollen into the home. Showering right after will help to remove allergens from hair and skin to make sure that allergy or asthma attacks won't be triggered throughout the rest of the day.

As Spring officially springs in the Granite State bringing color and hope to an uncertain time, communities can embrace the season with a little more confidence. Here's hoping that it won't be long before residents can fully enjoy the outdoor splendor without hesitation.

An Air Quality Forecast is available on the website for the New Hampshire Department of Environmental Services or by calling the Department at (800) 935-SMOG. For more resources on respiratory health, visit breathenh.org.

OBITUARY

Pamela Jean Daley



Carucci of Winchester MA played an important part in raising her, along with Pam's aunts and uncles on both sides of her family. Pam cherished her brothers, Rich and David and sister Mara and would come to cherish their spouses and her nieces and nephews. Pam initially attended Newburyport schools, ultimately graduating with high honors from Methuen High School. During these school years she made lifelong friends such as Dawn Kelsey, Karen Roberts Zundell many others and, later, Lisa Holmes. Pursuing an early interest in local news and politics, Pam also served as the student journalist for the Lawrence Eagle Tribune during her high school years.

Pam married James Daley from NH in 1989 and soon after began to raise her son, JJ and then daugh-

Pam completed her undergraduate studies at Fitchburg State College and would work for the Mass Society for the Prevention of Cruelty to Children. Later, Pam attended Tufts University where she received her master's degree and her certificate of Advanced Graduate Study in School Psychology. As a school psychologist for 23 years, Pamela continued her lifelong devotion to the health and safety of children.

Pam was also loved by many other family members, including her aunts and uncles: Claire Donovan, Jan Crafts, Judy Bees, Alan and Jack Carucci, Debbie Jones, Bonnie Winston, along with the spouses of her aunts and uncles and their many children. Pam's father in law James Daley Sr. and mother in law Lois Dodge loved her as if she were their own daughter. Pam grew very close with her husbands family, starting with her brother in law Brendan and soon after his extended family of aunts, uncles, cousins and their children.

All of these people and many more loved Pam dearly and will keep her memory alive in their hearts.

Due to COVID-19 Pandemic restrictions, services will be private. Burial will be in Forest Hill Cemetery of East Derry. In lieu of flowers, donations in her memory may be made to the NH Chapter of the National Alliance for the Mentally Ill, 85 North State St., Concord, NH 03301, or online: www.NAM-INH.org and click donate.

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Center for Life Management Expands 24/7 Psychiatric Emergency Services

Center for Life Man- ments via phone and video er Derry/Salem/Plaistow procedures for the 24/7 psychiatric Emergency Services provided by the support the community needs coping with the panessential at this time.

CLM continues to proclude telehealth assess- or despair; thoughts of

agement (CLM), the great- as well as Walk-in Crisis Assessments. As of May region's community men- 7, CLM Emergency Sertal health center, announ- vices clinicians are no ces changes in operational longer onsite at the Emergency Department at Parkland Medical Center, so Walk-in Crisis Assessorganization. The situation ments are now being procreated by COVID-19 and vided at CLM's Derry the urgent mental health office located at 10 Tsienneto Road, Derry.

CLM Emergency Serdemic, makes this emer- vices provides crisis asgency support all the more sessment, stabilization and support for individuals experiencing a mental vide 24/7 Emergency Ser- health crisis such as overvices and has expanded whelming panic or anxiety; service provision to in- excessive worry, depression

harm to self or others. CLM ment (ED). Last year, the pattern of how individ-Emergency Services can be reached 24/7 by calling 603-434-1577, option 1.

CLM ES Clinicians are available to provide assessment via telehealth either by phone or video or with an office-based assessment when necessary. Walk-in Crisis Assessments are available Monday-Friday, 9 a.m. -5 p.m. at CLM's Derry office, 10 Tsienneto Rd.

For more than 25 years, CLM was contracted by Parkland Medical Center to provide 24/7 emergency services coverage for individuals in psychiatric crisis who presented at the hospital's Emergency Depart-

CLM emergency service uals are seen for psychiclinicians responded to more than 2,000 individuals at Parkland Medical Center ED who were in crisis, requiring psychiatric evaluation and/or involuntary emergency admission to New Hampshire Hospital. Parkland Medical Center terminated that contract with CLM as of May 6, 2020. The terminated contract, according to Topo, will result in a \$275,000 cut to the non-profit community mental health center which is primarily funded by the NH Depart-

atric emergency care.

CLM/Emergency Services Expanded/ADD 1

Topo continued, "We understand that these are unprecedented circumstances for health care providers, but it was disheartening to learn Parkland Medical Center would make such a dramatic change to the delivery of community-based mental health care and emergency crisis response to the community at this time. CLM's full support of our IT team Emergency Services team are ready and eager to has responded quickly to make this transition a ment of Health and Human these changes and we are smooth one for the com-Services and will change ready to respond to the munity," states Topo.

needs in the community."

Since the pandemic began, CLM like other mental health providers across the state, swiftly adapted to providing the majority of mental health services via telehealth by phone or video conference. This is true of CLM Emergency Services as well. "Our ES team rapidly adopted the use of telehealth to make psychiatric evaluations safer for both patients and our ES staff. Our ES providers with the

U.S. Attorney Scott W. Murray Recgonizes Police Week

Police Week, U.S. Attornev Scott W. Murray recognizes the service and sacrifice of federal, state, local, and tribal law enforcement. The week will be observed Sunday, May 10, through Saturday, May 16, 2020.

"There is no more noble profession than serving as a police officer," said Attorney General William P. Barr. "The men and women who protect our communities each day have not just devoted their lives to public service, they've taken an oath to give their lives in order to ensure our safety. And they do so not only in the face of hostility from those who reject our nation's commit- Each day, law enforcement Peace Officers Memorial

In honor of National ment to the rule of law, but officers throughout New Day, which every year falls devotion to the communi- r.fbi.gov/leoka/2019. also in the face of evolving adversity - such as an unprecedented global health pandemic. This week, I ask all Americans to join me in saying 'thank you' to our nation's federal, state, local, and tribal law enforcement officers. Their devotion and sacrifice to our peace and security will not be taken for granted."

"Even in the face of the Covid-19 pandemic, New Hampshire law enforcement officers continue to confront criminal behavior and keep our citizens safe," said U.S. Attorney Murray. "It is important for us to remember that they are true heroes who cannot retreat despite personal danger. selves at risk in order to maintain our safety, prosperity, peace, and freedom. During National Police Week, we extend our sincere thanks to these heroic officers and their families for their public service and self-sacrifice. We also honor the memory of those who throughout the years have made the supreme sacrifice in the line of duty."

In 1962, President Kennedy issued the first proclamation for Peace Officers Memorial Day and National Police Week to remember and honor law enforcement officers for their service and sacrifices.

Hampshire place them- on May 15, specifically honors law enforcement officers killed or disabled in the line of duty.

> year, Each during National Police Week, our nation celebrates the contributions of law enforcement from around the country, recognizing their hard work, dedication, loyalty and commitment to keeping our communities safe. This year the COVID-19 pandemic has underscored law enforcement officers' courage and unwavering

ties they swore to serve.

Based on data collected and analyzed by the FBI's Law Enforcement Officer Killed and Assaulted (LEOKA) Program, 89 law enforcement officers died nationwide in the line of duty in 2019.

Comprehensive data tables about these incidents and brief narratives describing most of the fatal attacks are included in the sections of Law Enforcement Officers Killed and Assaulted, 2019 https://uc-

The names of the fallen officers who have been added in 2020 to the wall at the National Law Enforcement Memorial will be read on Wednesday, May 13, 2020, during a Virtual Annual Candlelight Vigil. Because public events have been suspended as a result of COVID-19, the vigil will be livestreamed to the public at 8 p.m. (EDT). To register to view this free online event, please www.LawMemorial.org/w ebcast.



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GREENWorks: While Socially Distant, Stay Close to the Environment

NEW HAMPSHIRE DEPARTMENT OF **ENVIRONMENTAL SERVICES**

Staying at home and reducing contact with others is a top priority for protecting public health during this pandemic, but that doesn't mean we can't do our part to protect our environment, especially during as we celebrate the 50th anniversary of Earth Day, April 22. Daily routines and habits have been upended during this time, and some things - like bringing your reusable bags to the grocery store – have been put on hold. Here are some things you can do to stay environmentally friendly throughout social distancing:

• DIY face masks: Make face masks out of old fabric. T-shirts or bandanas. The Centers for

Disease Control and Prevention (CDC) provides sew and no-sew tutorials www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-facecoverings.html on how to make your own mask at

- Roadside cleanups: Plan a socially distant roadside clean-up in your neighborhood. Make sure to check with their local transfer station to see if they are accepting roadside clean-up waste. Many towns have set aside April 25 as the day to do cleanups. Some musts:
- Gloves (both latex and work).
- Grabbers are great if you have them.
 - Wear closed-toe
- Keep social distancing if you are cleaning up

"with" neighbors.

- Be mindful of things that "don't look right" bottles that are misshapen/hissing.
- Have adults super-
- Know what's flushable: Don't flush anything but the three P's: pee, poop and [toilet] paper. Flushing paper towels, wipes (even "flushable" wipes), tissues or feminine hygiene products can lead to serious septic system or wastewater treatment problems. Learn more about what's flushable; www.getpumpednh.com/wp-content/uploads/2018/10/wha ts-flushable.pdf and what more tips on how to be septic smart at home; www.des.nh.gov/organi-

newsletters/greenworks/do you have full loads. Be some more tips on how to cuments/201909-green- mindful of large water make sure your furry works.pdf.

- Waste less food by using what's already in your fridge or pantry. Several websites and smart phone apps make it easy to find recipes based on what ingredients you have at
- Does it spark joy? Get a head start on spring cleaning! If possible, recycle or donate items, or set items aside to donate when stores reopen. www.consumer.ftc.gov/articles/0262-stopping-unsolicited-mail-phone-calls-a nd-email
- Reduce your appliisn't, and check out some ance reliance: Conserve zation/commissioner/pip/ ning the dishwasher when other animals. Here are

uses, and stagger the use of • Reduce food waste: water-generating appliances, such as washing machines, showers and dishwashers.

- Paper over plastic: With reusable grocery bags temporarily not being accepted at stores, either request paper or make sure to save the plastic bags to be recycled at stores or transfer stations where that service is available.
- Scoop the poop: If you take walks during the day, be sure to follow appropriate social distancing guidelines and don't forget to pick up your pet's waste. Pet waste that gets into water runoff can lead water and protect your to potentially toxic algae septic system by only outbreaks that can harm washing clothes and run- marine life, humans and

friends are environmentally friendly; www.des.nh.gov/organization/commissioner/pip/newsletters/gree nworks/documents/2-02002-greenworks.pdf.

• Burn wood: Remember, it is illegal to burn trash or treated wood in New Hampshire, in open fires as well as in fireplaces, woodstoves, chimineas, burn barrels and the like. View this NHDES sheet; www.defact s.nh.gov/organization/com missioner/pip/factsheets/c o/documents/co-20.pdf to learn more about open burning. Local or state fire permits may be required. Check with your local fire department or look to the state's Online Permitting System www.nhdflweb.sovsportsnet.net/.

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Family Meal Packages

Taco Dinner for Family of 4

Fajita Dinner for Family of 4

a container.

Taco Dinner for Family of 6

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Fajita Dinner for Family of 6

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COMMUNITY EVENTS

This section is meant to be used to announce free events to the communities. If your group or non-profit is receiving money for what they are publicizing, there will be a charge of \$40.00/week per paper. All Around Town/Calendar Items will be held to 100 words maximum; anything over will incur a charge of \$40.00/week for up to another 50 words. All free announcements in the Around Town/Calendar section can run a maximum of 3 weeks. **Additionally:** We will run the full versions of any calendar items online free of charge at **www.nutpub.net**. Please send submissions to **nutfieldnews@nutpub.net**.

DERRY

Notice to Businesses Regarding CGI

The Town of Derry is currently under contract with CGI to produce and maintain video tours that are accessible on the front of the town's website. Businesses are able to sponsor these videos. CGI is currently making calls to promote this opportunity. If you have any questions about this program, please reach out to beverlydonovan@derrynh.org

Taylor Library Curbside Pickup Hours

Starting on, May 19, the Library will be changing its hours to allow curbside pickup for its patrons. Hours Monday, 10 a.m. - 3 p.m., Tuesday, noon - 7 p.m., Wednesday, 10 a.m. -3 p.m., Thursday, noon - 7 p.m., Friday, 10 a.m. - 3 p.m., Saturday, Closed, and Sunday, 10 a.m. - 3 p.m. Please call (437-7186) or email us at, taylorlibrary@comcast.net, to request books and we will pull the books and call you when they are ready for pickup in our parking lot.

Plant Sale Cancellation

Derry Garden Club regrets that our annual plant sale to be held this year at the Robert Frost Farm May 30th has been put on hold this year. We are planning to do some activity in the fall at the same location but plans have not been finalized yet. Check their website later this summer for an update. www.DerryGarden Club.org. If you would like to see our Children's Garden in progress, drive by the Boys and Girls Club on Hampstead Road in East Derry. For more information about our cancelled plant sale please call 396-0053 and leave a message

Veterans BBQ Postponed

The Rotary Clubs of Derry have long supported the veterans in our community. Over the past several years tradition of hosting Memorial Day barbecue for our veterans. We are extremely disappointed that the Covid-19 outbreak has forced us to postpone the Memorial Day event this year. We want the veterans to know that they are very much in our thoughts and we salute them for their service and sacrifice for our country. We remain hopeful that we will be able to hold the event in late summer or early fall to maintain our tradition of personally sharing our gratitude for their service.

Taylor Library

The Taylor Library is currently closed for patrons, but people can call with a list of books and librarians will check them out and meet them in parking lot. They are also offering curbside pickup. Call 432-7186.

Change Political Party

Registered voters can confirm their current party affiliation using the State of New Hampshire Voter Information Look Up www.app. sos.nh.gov/Public/PartyInfo.a spx or by contacting the Town Clerk. Tuesday, June 2, is the last day registered voters may change their party affiliation prior to the Sept. 8, 2020 State Primary. Voters affiliated with a party can vote in that party's primary. Voters who are undeclared can participate in a primary by selecting that party's ballot when they check in with a ballot clerk at the polls. Due to the current state of emergency, the governor has suspended the requirement that changes in party affiliation be done in person. Voters may change party affiliation by completing the Application to Change Party Affiliation www.derrynh.org/sites/derrynh/files/pages/application_t o_change_party_affiliation_fi ll-in.pdf and returning it to the Town Clerk before Tuesday, June 2, at 5 p.m. The Derry

Municipal Center is not open

we have proudly kept up a to the public at this time. You tradition of hosting a can utilize the drive-through Memorial Day barbecue for our veterans. We are extremely disappointed that the Covid-19 outbreak has forced us to postpone the Memorial Day event this year. We want to wnclerk@derrynh.org.

Touch a Truck Cancelled

Touch A Truck 2020 has been cancelled. The town regrets to announce that this year's Touch A Truck event has been cancelled.

Feeling Overwhelmed?

The Upper Room is offering supportive online counseling schedule a free one-on-one supportive counseling session. Email Seren at selizabeth@urteachers.org.

Food Pantry Open

The Upper Room's Food Pantry is Open; Monday 11 a.m. - 1 p.m., Thursday 3 - 4 p.m. contact-free pick up at 36 Tsienneto Rd., Derry. Call 437-8477 x10 with questions.

Raising Another's Child?

Upper Rooms Grandparent & caregiver support group is on Tuesdays from 6 - 7:30 p.m. Free, live on Zoom facilitated by The Upper Room. Join this weekly meeting for resources, discussions and support. To access, visit: www.us04w-eb.zoom.us/j/140218559, Meeting ID: 140 218 559 Contact Seren Elizabeth at selizabeth@urteachers.org.

Raising children ages 0-12?

Upper Room offers Parent & caregiver workshops on Wednesdays, from 6-7 p.m. Free live on Zoom, facilitated by The Upper Room. Tune into this new series for weekly workshops offering families information, discussion and support.

Raising a teenager?

Upper Rooms Parent & caregiver café (PaCC) is on Thursdays from 6 - 7:30 p.m. Free live on Zoom, facilitated by The Upper Room. These

meetings are a wonderful resource for parents and caregivers raising teens. Discuss your concerns and learn new parenting strategies.

Yoga For Children

Do you have an active 3-6 year old? Upper Room offers Yoga for Children on Fridays from 9:45 - 10:15 a.m., May 8 - June 28. Free live on Zoom. Preregistration required, facilitated by the Childlight Education Company. Register at www.bit.ly/yogaconnect, Email skoza@URteacher.org with questions.

Caregiver Resource Line

Have parenting questions? Upper Room offers Parent & caregiver resource line, call (603) 437-8477 ext. 26. Call with your name and contact number, and a trained professional will return your call within 24 hours. If you are having an emergency, please call 911.

Teen Talk

Upper Room offers Teen Talk (TT) for ages 13-18 yrs. On Tuesdays from 3 - 4 p.m. Free live on Zoom, facilitated by The Upper Room. A virtual place for teens to talk, connect, relate and support each other. To access, visit: www.zoom.us/j/111147286, Meeting ID: 111 147 286, Password: 694887. Contact: Nicole Smith Martin at nmartin@urteachers.org or call 437-8477 x29.

On My Own Teen Series

Upper Room's On My Own Teen Series, Learn Acrylic Painting Online, from May 6 - June 3 four video lessons followed by live discussions on Zoom. Free, facilitated by The Upper Room and PaintingParties.com for teens looking to learn new skills. This series includes four video painting lessons followed by weekly live discussions. Free art supplies are included. Register now to reserve your supplies. Contact Shelly at skoza@URteachers.org.

Building Skills

The Upper room is helping individuals in recovery build skills, confidence and start a career Bridge to WorkReadyNH Tuition Free Online from May 11 - 29.

This 1-3 week course is selfpaced and easy to follow. The 6 modules are interactive and coupled with virtual meetings with the instructor. Self-Leadership, Communication, Collaboration, Organization & Time Management Getting Your Job Search Started and Personal Development. To enroll, contact Tim Jones at tcjones@ccsnh.edu.

Young Adult Programs

On Fridays 11 - 11:30 a.m., facilitated by The Upper Room, weekly free remote support programs are available. To access: Contact Beth O'Connell at eoconnell@URteachers.org or follow the Young Adults Strong Facebook page.

Couch to 5K

The Greater Derry Track Club is adjusting as well. We are trying to be optimistic about summer activities. We are hoping to schedule our Couch to 5K programs this summer. However, it's up in the air as to whether the associated race will be the Run for Freedom on July 4. Thank you to those of you who sponsored the 2020 Coach to 5K program. We are grateful and hope to provide this program within the year. If you have any questions please send me an email: fday@gdtc.org

CHESTER

Supervisors of the Checklist

The Supervisors of the Checklist will be in session on Tuesday, June 2 from 7 - 8 p.m. in Town Hall at 84 Chester St., Chester You can register to vote or make changes to the checklist or change party affiliation. This is the last opportunity able to change your party affiliation prior to the Sept. 8, State Primary Election. If you do wish to change your party affiliation you may also do it by completing and returning the new Application to Change Party Affiliation form which is available on the Chester web sit at www.chesternh.org, the Town Clerks office or email diannacharron@comcast.net, kburkerealtor@aol.com or lpackard445@comcast.net and we will email a copy to you. Mail the completed form to: Town Clerks Office, Supervisors of the Checklist, 84 Chester St., Chester, NH 03036

HAMPSTEAD

Hampstead Senior trips

Scheduled for June and July have been canceled. The Mt. Washington Boat Ride scheduled for June 10, and the Oxford Casino, scheduled for July 15, have been canceled.

Kent Farm Transfer Station

The Kent Farm Transfer Station is open its regular schedule Saturday's, from 8 a.m. - 4 p.m. There will be new rules in place during the "State of Emergency- Covid 19" and we ask for your patience as we try to work through this. All residents must unload their own vehicle. All residents should wear some type of face covering and follow CDC guidelines regarding safe distances. No Socializing and only so many cars will be allowed to the top at a time and there will be an police officer directing traffic entering into the facility. Permits are still required and the permit application can be downloaded from the website (see Recycling page) and mailed in, or placed in the drop box outside the town office and it will be mailed to you and the same with any coupons that may be needed along with a return envelope.

Congregational Church

Hampstead Congregational Church will be holding online services on Sunday mornings at 10 a.m. Streaming on Facebook Live all information can be found on our website hampsteaducc.org

Storytime Online

Hampstead Youth Services Librarian Devin continues to post Storytime videos on the Library's Facebook page as well as the Library website. This has been a great way for toddlers to continue to connect with Devin and add to their budding reader routines. Upcoming Storytime themes include rainbows, butterflies, bugs, and dragons.

Storybook Walk

The Hampstead Public Library has put out their Storybook Walk on the Library's front lawn. The featured book is We're Going On A Bear Hunt. It starts near the

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Calendar

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stone-wall. Thanks to the Hampstead Mothers' Club for funding this project. The page-poles are at least 8' apart and should allow space for families to take turns, if more than one should visit at the same time. The Library will try to keep the story-walk up for a couple of weeks, but the book pages may be taken down on rainy days, and put back up for sunny days. If a pole falls down, don't worry, we'll get there and fix it.

Online Spinning & Knitting

Librarian Nancy has taken her Spinning and Knitting group to Facebook. She created the Island Pond Knitters & Spinners group. Members share inspiration and photos of their latest creation. Look for it on Facebook, and ask to join. All needlework crafters are welcome.

SANDOWN

Application to Change Party

The deadline to change your party affiliation is June 2. The Form can be found at

www.sandown.us/sites/sando wnnh/files/uploads/application_to_change_party_affiliation_fill-in.pdf(Pursuant to Exectutive Order #43) or www.governor.nh.gov/sites/g/ files/ehbemt336/files/documents/emergency-order-43.pdf. You can mail your application to the Town Clerk's Office Town of Sandown, Town Clerk's Office, PO Box 583, Sandown, NH 03873. You can drop your application in the locked drop box located the Town Clerk/Tax Collector's office entrance that faces the Fire Station.

Plant Sale

The Sandown Garden Club is working diligently to host its annual plant sale. The main street location will not be possible this year in order for us to maintain safe social distancing guidelines. At this time, we are looking at a member's residence as the plant sale location and spreading it out over several weekends in June. We are also seeking plant donations. If you need perennials divided, members will come to your house and dig them up for the sale. We may not be able to

accommodate all requests this year, but we will do our best. Please contact Fran at 603 887-5131 for "digs". Updates will be posted on our Facebook page and our website.

Rabies Clinic Cancelled

Due to the ongoing stay at home and social distancing requirements and for the health and safety of the community, the Sandown Fire Department's rabies clinic is cancelled for this year.

Mother Goose On The Loose

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Virtual Mother Goose On

The Loose, will be held on on Monday mornings on YouTube this event has movement, reading, rhymes, and songs for ages 0-36 months. Mother Goose on the Loose is a brain-based program consisting of thirty minutes of fun, skill-building activities. Some benefits of the programs are the following: aids speech development, improves motor coordination, develops attention span, and encourages a love of books and book illustrations. The Library will post the link to the day's YouTube 10 minutes prior to the start time. You can find archived story times too.

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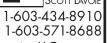
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