

Nutfield News

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Serving the Derry Area

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Zoning Approves Variance for Chester Road Property

MACK LEATHURBY
NUTFIELD NEWS

The Rand Family has lived in Derry for 80 years and on a property located on Chester Road for 66 years. Richard and Doris Rand have recently put together new plans for building on the lot that would require a variance from the Zoning Board of Authority (ZBA).

In the 1990s this property was subdivided into multiple lots, though the Rands decided to keep a 2.25-acre portion of the lot at that time, which included their current home. However, after that date, the area was rezoned for homes of a three-acre lot zoning size, despite that many of the surrounding properties are also less than three acres, as they

were built before the rezoning. The variance being requested by the Rands at this ZBA meeting is a result of the couple wanting to build a new house on that property.

Kevin Coyle represented the Rands for their variance request to the Zoning Board for their considerations. Mr. Rand was also present to support Coyle to outline the specifics of their Zoning Board request.

Coyle started by providing the board with an overview of the Rand's variance request application.

For a variance to be granted, a requester must support 5 conditions outlined in the Town's variance application; (1) the value of the surrounding properties will not be adversely affect-

ed, (2) the granting of a variance would be in the public interest and provide a benefit to the community, (3) a hardship must exist which is inherent in the property/land in question, (4) an applicant must prove that by granting the variance, substantial justice will be done and any loss to the individual that is not outweighed by a gain to the general public is an injustice, and finally (5) the use of the variance must not be contrary to the spirit and intent of the zoning ordinance. Derry's Zoning ordinance was established to promote the "health, safety, and general welfare of the community."

Coyle outline the application answers for the 5 points and then pointed out

continued on page 6

Arts Council Gaining Grants, Add Artistic Vitality to Derry

MACK LEATHURBY
NUTFIELD NEWS

Earlier this year, the Public Arts Committee in Derry was integrated into the Greater Derry Arts Council (GDAC). Beverly Donovan has a spearhead for this public arts group since it's start in 2018, as an ad hoc get-together to assess interest in public arts projects in the area. Donovan is well suited for this role, as she is also Derry's Economic Development Director, so she is connecting creative arts and cultural events in ways that can also attract appropriate economic evolution for Derry.

Mike Gendron, President of GDAC has pointed

out that with the Public Arts Committee now a part of the GDAC organization, the committee can proactively raise funds by seeking donations and grants. Gendron says, "We're extremely excited that Public Arts Committee is now a part of GDAC and they are able to take advantage of our non-profit status."

The GDAC manages the Derry Opera House and has focused attention primarily on performing arts, and as Gendron points out, "The Public Arts Committee can be instrumental in providing new and exciting avenues of artistic expression."

Donovan says, "We want to promote a variety of cultural events and creative arts

in Derry to help connect different kinds of arts and we believe that will help stimulate the Town's economy. Supporting the creative experience in Derry is also an exciting way to help us differentiate the community and connect creative talent in the Greater Derry Area. Public arts are a great way to help vitalize our Town."

Over this past year, the committee has put together multiple projects, including the new historically themed mural located on the wall at Cask and Vine on Broadway. They also organized a Pop Up Artist Show, at a vacant commercial space at Hood Commons, where local artists displayed work.

continued on page 3



Sea Science Alyson DeMerchant of the Seacoast Science Center shows Jake and Olivia Hamilton a lobster during her visit to Don Ball Park last week. The event was part of the Derry Parks and Recreation Summer Events at the Humphrey Road Park. Kids got to see a variety of undersea creatures that afternoon. See more photos on page 8.

Photo by Chris Paul

Fragile X Awareness Jam Will Be on Monday, July 22

MARTHA SMITH
NUTFIELD NEWS

On July 22 from 4 - 8 p.m. come out and enjoy a summer evening of fun, dinner, music, raffles and a silent auction all to benefit finding a cure for Fragile X syndrome. Tickets are \$20

each and the event is happening at Sabatino's North in downtown Derry, N.H.

Fragile X Syndrome is not something that is familiar to many people. However, it is the most common known genetic cause of intellectual impairment and autism. The gene that causes

this syndrome was only just discovered in 1991.

Darlene Donovan, of Derry, N.H., along with her husband, Pat Donovan, are the organizers of this special event. Donovan said that, "On Nov. 20, 2013, her first and only grandchild was

continued on page 6

Derry Artist Ties Craftsmanship and Community Together to Make Art Accessible

MACK LEATHURBY
NUTFIELD NEWS

Derry has accelerated a friendly arts environment including the creation of a new cultural district this year. There have been quite a few visual and performing arts projects worth checking out and Derry has some of the best venues in N.H. for performing arts with the Derry Opera House, the Stockbridge Theatre at Pinkerton, and the Tupelo Music Hall.

The Greater Derry Arts Council and Public Arts Committee have stepped up to provide support for historic mural paintings, the Nutfield 300th Gala and musicals, including this week's Jekyll and Hyde, as well as, the upcoming Kids Coop Theatre production of Footloose, which will be staged at the Derry Opera House. We even have the Derry Homegrown Farm and Artisan Market that Yankee Magazine calls the best in N.H.

So, in celebration of Greater Derry arts, we are spotlighting community artists to recognize them for their talents and support of the arts in Derry. Our first spotlight is on Wendy Wetherbee, who is also one of the Derry Homegrown organizers.

Wendy Wetherbee is an

artist and designer who lives and works in Derry. She's a Tufts graduate and a graduate of the School of the Museum of Fine Arts in Boston, where her focus of study included photography. Today she works as a painter, photographer and a metalsmith. Her metalsmith work has brought her statewide recognition aligning her with the prestigious League of NH Craftsmen. Wetherbee joined in as a full member of the League in the area of Jewelry metals on her first try last October.

Wetherbee said, "Being a member of the League was a goal so precious to me that I almost never said it out loud. I used to attend the Sunapee Craftsman Fair with my grandparents as a child. My grandfather was a metalsmith and as a kid I watched him solder as well as craft giant copper flowers for my grandmother and that's what started my fascination working with metal. They instilled in me a reverence for fine craft. It took my husband and fellow League artist, Mike Gibbons, of Nutfield Pottery of Derry, years to finally push me hard enough to make the appointment to jury. When I was accepted, I was shocked, and it took me weeks to stop pinching myself."



Derry's Wendy Wetherbee has been recognized by the N.H. League of Craftsmen for her Jewelry metals above is an example of her work titled 'Change is Beautiful Butterfly Medallion.'



Courtesy photos

Nature themes run through many of Wetherbee's pieces - feathers, ravens, owls, fish, turtles, coyotes, and dragonflies. She often works in themes she personally observes and photographs - while hiking beautiful spots here in Derry. She shoots photos almost daily, and the images captured are often a reference for her media and metal work; her photographs capture her view of the world and stand alone as art works, as well. From her photography work one can appreciate she is a keen life observer with her own artistic view.

"We have so much wildlife here in Derry. Within a 3-mile radius of my home, I have seen eagles, osprey, gray fox,

red fox, coyote, several species of owls, at least 50 species of songbirds, waterfowl, raccoons, porcupines, fishers, deer, otter, the list goes on. You don't need to go far to see natural beauty, you just need to tune into it."

Last year, one of her photographs was published in National Wildlife Magazine, a publication that she has read since childhood. The photo chosen was photographed in her Derry backyard.

Wendy comes by her talent and love of nature genuinely, as she was born into a family peppered with artists (mother), musicians (sister and son), entrepreneurs and even farmers, many of which had a strong connection to the

natural world.

"No matter what medium I work in, wildlife and special places of New Hampshire, are featured in my work, because it's my own personal habitat, and a large part of who I am. My time outdoors, is what charges my batteries and keeps me whole. Making art is my way of giving back for the peace I get from that time. My hope is that my connection to the earth comes through in my art and inspires others to feel their own connection to the natural world around them."

Wendy is also founder of Wetherbee Creative, located in Derry. Along with her husband Neil, they provide design and marketing services to clients near and far. And as Board members of Derry Homegrown, the team works on a Pro Bono basis creating the marketing materials, signage and

advertising needed to keep the farmers' market going each season. The Wetherbees also use Derry Homegrown as platform to inject the arts into the community by ensuring the market has live music and a visual artist demonstration every week.

"It is so important people know artists are alive and well here in Derry. There are so many amazing things here right now, as people are doing great things to make art accessible here to everyone, and I am very dedicated to making sure I am part of making that happen."

Wendy's work can be found in these League galleries: Hanover, Meredith, Nashua, North Conway, and: Exeter Fine Crafts, Plumb Gallery, Ashland, NH and SEH Studios, Dover, NH. Contact her at wendy@wetherbeecreative.com or at www.puredimaterials.com

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Time to Get Your Act Together for Greater Derry's Got Talent

MACK LEATHURBY
NUTFIELD NEWS

Now's a good time to sharpen your creative abilities, as the dates are fast approaching for Greater Derry's Got Talent. The main competition will take place on Sept. 15 and the audition dates are fast approaching.

The Greater Derry Arts Council is looking for talented performers, including musicians, dancers, singers, poets, baton twirlers, jugglers, magicians, contortionists, circus performers,

comedians, multimedia-theatrical artists and more to be recognized at this year's competition.

This talent event has gotten bigger and better than ever - with exciting new changes this year. The finals will now be held one day only, Sunday Sept. 15 at 1 p.m. There is no longer a residency restriction, so anyone from anywhere can now perform! And for this year, there will be no duplicate songs performed in the auditions or main event.

First and second place winners will be selected in 2

categories by a panel of judges. The "Adult" category is for 16 years old and over, and the "Youth" category is 15 years old and under. An additional winner will also be selected by audience votes!

All winners earn cash prizes and will be invited to perform at Derryfest on Saturday Sept. 21 at MacGregor Park in Derry, N.H. right on the main stage! This is your shot to gain fame for showing off your creative side - so, if you are talented or think you are talented, this event is a time to

express yourself or to put on a show.

If you are interested in performing, the starting point is to register for an audition. Requests for auditions are on a first come, first served basis. Acts no longer may perform the same songs as other acts, so register early and choose your material wisely. Since the competition can only accept a limited number of acts, it also makes sense to sign up early and submit the entry fee to get your preferred song selection and audition time locked in as

soon as possible.

Auditions for the main event that will be held on two dates:

Tuesday - Aug. 27, from 6 - 8 p.m.

Wednesday - Aug. 28, from 6 - 8 p.m.

Auditions will be scheduled every 10 minutes from 6 - 8 p.m. Please arrive early for your audition time to keep things on schedule. If you are going to be late for your audition time slot, let the organizers know asap by sending an email via the website email setup. These auditions will be held at Dance Progressions, 109 Hillside Ave., Londonderry.

A non-refundable entry fee of \$20 per person is required to get in the game. This fee is per performer, not per act - though the fee is capped at \$60 per act, so if you have more than 3 performers in a single act, you will not have to pay the entry fee for the additional members. The entry fee will be returned if for some reason you are not selected to perform in the preliminary round. Once you are granted a spot in the competition, there will be no refund.

If you have further questions you can contact the Greater Derry's Got Talent organizers at (603) 437-0505 or by email at the address found on the contest information link page at the end of this article. Be prepared to provide your name, contact information and the best time, when you can be

contacted, so the organizers can get back to you.

Since competitors are not allowed to perform songs that duplicate songs used by others, you will want to secure the song you want to use by submitting your audition application as soon as possible. Your song selection is not guaranteed until the organizers receive your entry fee. If you do request a song already been chosen, the organizers will notify you - so make sure your correct contact information is properly registered.

While all previous First-Place Greater Derry's Got Talent winners are not eligible to compete, they are welcomed as guest performers at Greater Derry's Got Talent. Let the organizers know if you are available, as they would love to see you perform again!

Greater Derry's Got Talent (GDGT) and Derryfest are productions of the Greater Derry Arts Council. Proceeds from GDGT and Derryfest benefit the Greater Derry Arts Council's efforts to support the arts in our communities, as well as the Derry Opera House.

If you want to show off your stuff, why not sign up today to audition? Auditions are by appointment only so visit the Derryarts.org website to sign up: www.derryarts.org/greater-derrys-got-talent/

Come join the fun and help support the arts at the same time.

Arts

continued from page 1

The event attracted about 200 people.

Recently Donovan and the Public Arts Committee team began working on a project for the town that has Donovan developing additional grant funding proposals. Donovan had an idea - which she has further developed with committee members - to have poetry worded and clearly across the pavements of the rail trail. As fitting for our town, this project will likely include poetry from Derry's most famous poet, Robert Frost.

The idea is to provide a rolling pavement poetry experience for rail trail users, where they can read several poetry lines at a time, as they walk or bike through the rail trail and move on to find more of the poem. Donovan points out that the project concept is to combine sports, healthy activities, fitness, outdoors, and the natural scenery of the rail trail into a memo-

orable experience. The project will also likely add historical sign markers that fit within in the scenic trail area related to Derry history or town facts.

This concept is a bit like an updated experience that highway drivers had years ago from the Burma Shave Company. That company put small signage along U.S. highways with interesting poetic messages instead of hard advertising. Burma Shave messages were enjoyable to read as America's highway system grew. The company posted 5 or 6 signs with simple poetic and highway safety messages such as a parody of Longfellow's Paul Revere's Ride - "Hardly a driver / Is now alive / Who passed / On hills / At 75 / Burma-Shave".

Since the Public Arts Committee is part of the nonprofit GDAC, they can take advantage of NHCDFR grants (N.H. Community Development Finance Authority). NHCDFR has played a role in financing important, recognizable projects in New Hampshire including the Capitol Center

for the Arts, Canterbury Shaker Village center, Strawberry Banke center, the Keene Downtown Revitalization project and more.

Last year NHCDFR awarded more than \$4 million in tax credits to nonprofits throughout New Hampshire. Funds from NHCDFR have impact on initiatives that advance local community economic development goals, the New Hampshire nonprofit ecosystem and provide technical assistance for economic development across the state.

The Public Arts Committee can also leverage sponsorships within 501(c)(3) guidelines. There are distinct provisions, unique to Section 501(c)(3) organizations, as compared with other tax-exempt entities. For example, there can be deductions used by donors who make contributions to 501(c)(3) organizations for federal income tax

purposes.

The Public Arts Committee is also helping develop a professional video about the Town. This video has been recently recorded at over 60 different sites around Greater Derry. Donovan and Public Arts committee members - including Derry TV Leader, Owen Provencher, have developed messaging to highlight unique characteristics of Derry. While this video project is a work in progress, the committee will soon see drafts for feedback. Donovan says the video content themes will primarily center on Derry's recreational sites and actions, business and employment opportunities and historical/cultural attractions.

"Arts and culture is the heartbeat of any community," Committee member Provencher said. And we have a strong heartbeat developing in Derry.

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Editorial

Getting the Full Story

How many of us find ourselves irritated or offended by comments on Facebook or other social media sites? It's important to be in the know about big traffic jams on I-93, sightings of multiple emergency vehicles, school buses stopped on the side of the road, and icy road conditions during the winter. However, this information is often followed by rumors, half-truths, and anonymous comments. Sometimes the facts are there, but the material we read is often based on personal opinion and speculation. Depending where you click, you might get the story. Or, you might be treated to somebody's idea of the story, which lacks facts all together.

Although there has been talk about the Internet being the death of the newspaper, we don't buy it. We know now that this will only be the case with the "big papers" and their weeklies that only pretend to be local newspapers. Privately owned community based local weeklies will soon be the only reliable source of information.

Social media postings can catch and keep our attention by providing real-time content, but they create rumors, suspicions, and conspiracy theories, making it difficult to tell truth from fiction. This is not the case in community newspapers, which are based on facts, people, and places we all know. What you read in print may not be as exciting as the latest social media posting, but it's factual, and if we make a mistake, we

correct it in the next edition.

The purpose of a community newspaper is to report the facts rather than to speculate or start rumors. While reporters are asked to investigate rumors, readers will never see stories containing information that has not been fact checked and proven to be true. We do not create news. We cover upcoming events and events of public interest that have already taken place.

While sites like Facebook don't have word count limitations, they cater to the short attention spans that have developed since the advent of the Internet. If you want to find out what really happened, pick up a community newspaper. You may not like what an article says, but it's based on the facts.

We also tend to forget about the personal aspect of community newspapers. Nutfield Publishing's three publications are committed to reporting and photographing what happens in their respective towns. Our reporters, photographers, and owners live in the area and are familiar faces as they attend and support community endeavors. We aren't anonymous and you know how to find us. When you support us, you support a local business.

So, go ahead and check out social media. We all do it. We even have Facebook pages for our three newspapers. But, if you want to read about what really happens in your community, you can't beat a community newspaper.

Tax Rate Relief, School Funding Impacted by Governor Vetoes

MACK LEATHURBY
OP ED

Looking at what has happened this year, so far, concerning bills before the New Hampshire State legislature. Governor, Chris Sununu, has vetoed 23 bills, some of which have impact on property taxes, education districts, insurance and energy costs.

School districts across the state, including Derry, have been stressed for several years now — where a small decline in school enrollment might trigger school closings or districts will have to request higher property taxes from the community.

Derry School district officials and residents who are mindful of the school stabilization support bills passed by N.H. lawmakers have been hopeful that school funding would be stabilized adequately this year by the state to keep the school system healthy.

Gov. Sununu has recently vetoed a two-year state budget, passed by the N.H. legislature, that includes school stabilization relief and other educational funding — saying that the budget plan threatens New Hampshire's economic growth and is essentially a tax increase.

The Derry Cooperative School District is stressed in the face of further budget cuts.

The bill vetoed by Sununu would have provided significant new funding of about \$138 million across the state and would have provided help to Derry.

The vetoed bill was directed towards communities where schools and property taxpayers have been pushed to the brink of school downsizing and program cuts by repeated state

aid reductions over the past several years.

Towns such as Derry have strong property tax burdens already, so they've faced a double burden — they must tax property owners at even higher rates to maintain school funding, or they will not be able to spend as much as needed to keep the schools open or support needed programs.

Per-pupil spending in the state varies immensely. Derry schools — though its spending per pupil was down to \$14,469.32 in 2017, while districts such as Waterville Valley come in at \$42,810 per pupil.

Overall, N.H. ranks dead last in educational spending across the U.S. (as per U.S. Dept. of Education).

The Governor's veto has also come at a time when the 2019 legislative session made a commitment to provide proper school support after several years of state school funding cuts.

Sununu vetoed budget funding that was also on a path toward full compliance with the N.H. Supreme Court's Claremont case order made 25 years ago. At that time, the N.H. Supreme Court ordered the state to fully fund a constitutionally adequate education for every N.H. child and pay for it with taxes assessed at the same rate throughout the state. In addition, the proposed budget would have sent \$40 million to cities and towns as municipal aid, to be used as they saw fit which could have also helped lower property tax burdens for some communities.

The Governor says this budget with school funding support would be a tax increase — though that argument should be further examined. The issue is that N.H. — with the support of

the Governor — has provided multiple business tax cuts over the past two years that have hit school funding.

The math appears simple — take money away from school funding support and add it to profits for big business, multinational and national corporations like Standex, Comcast and Walmart. In using his veto here, Gov. Sununu has prioritized multiple tax cuts for business over educational opportunities for N.H. children, as well as put more property-tax burdens upon homeowners and local small business/property owners.

New Hampshire's children and communities deserve a Public education investment to help them secure a solid future. Gov. Sununu's veto of a budget with school stabilization and other educational funding is an indication that it will be property owners and children who will pay the price while adding more profit for corporations.

This budget veto will shrink state aid to schools, and local property owners will once again have to make up the difference or schools will be set up for hardships.

Here's the deal — the Governor's message is clear. He supports school funding to be less than only a few years ago... and there will be no tax relief coming for property owners.

Is the Governor not concerned about schools, property tax burdens, the N.H. Supreme Court decision or for all of N.H. kids to have equal opportunities in the future? If so, the Governor should consider solutions to properly set up our schools for quality education with adequate funding and also help communities lower their property tax burdens.

Nutfield News

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Correction: It was brought to our attention that the editorial that ran last week which was provided to us by a teacher in CA was missing the writers credit. We would like to give recognition to the writer, Jesse Gomez from the Los Medanos College Experience — who's editorial content ran in September 13, 2017.

Musical Footloose “Rocks Out” at the Derry Opera House on July 26, 27

MACK LEATHURBY
NUTFIELD NEWS

The Kids Coop Theatre will be presenting the teen production of Musical Footloose. Performances for this musical will be presented at the Derry Opera House on Friday, July 26 at 7 p.m. and Saturday, July 27 at 1 p.m. and 7 p.m.

Footloose was a Broadway hit developed in 1998, that was based on the 1984 film of the same name. The music is by Tom Snow (among others), with lyrics by Dean Pitchford and additional lyrics by Kenny Loggins.

Footloose celebrates the wisdom of listening to young people by adults with a warm heart and an open mind.

When Teenager Ren and his mother move from Chicago to a town in the middle of nowhere, Ren is prepared for the inevitable adjustment at his new high

school. What he isn't prepared for is that there is a ban on dancing, instituted by the local preacher, determined to control the town's youth. The heartfelt story that emerges is about a father longing for the son he lost, and of a young man aching for his father, who walked out on him.

The music rocks to the dancing rhythm of a Top 40 musical score - with some of the most famous rock songs from the 1980s including the title song, Footloose by Kenny Loggins.

Footloose was nominated for both a movie Oscar and Broadway musical Tony. The soundtrack album from the movie reached number one on the Billboard charts and has sold over 15 million copies since it was released. The music score has been augmented with dynamic new songs for the stage musical.

Kids Coop Theatre is producing Footloose and this theatre organization was established in 1997 as a 501(c)3 educational charity. The goal of the organization is to provide children with an opportunity to build self-esteem and learn valuable life skills, such as leadership, teamwork, and discipline, in a fun, non-competitive environment.

Tickets for Footloose are \$15, including fees, for reserved seating. Tickets will also be available for purchase at the door subject to availability. Lobby doors for the box office at the Derry Opera House open one hour prior to performance and theater doors open 30 minutes prior to performance. Tickets are available online from the Derry Opera house web site and the going to the events page www.derryoperahouse.com

Hyla Brook Reading Series Continues at Robert Frost Farm

PENNY WILLIAMS
NUTFIELD NEWS

The Robert Frost Farm's Hyla Brook Reading Series featured award-winning poet Rachel Hadas, along with Hyla Brook Poet Ellie O'Leary, on Thursday, July 11.

The series is held at the historic Robert Frost Farm located at 122 Rockingham Road (Route 28), and is free and open to the public. An Open Mic follows the readings and all audience members are invited to share their work.

Hadas is the author of many books of poetry, essays, and translations. Her most recent collection is 'Poems for Camilla,' and was published in 2018; in the same year her verse translations of Euripides' two Iphigenia plays were published.

She is the recipient of a number of awards including

a Guggenheim Fellowship in Poetry and the O.B. Harrison Prize from the Folger Shakespeare Library.

Also appearing that day was Hyla Brook Poet Ellie O'Leary. O'Leary often writes about growing up in the village of Freedom, Maine.

She hosted Writers Forum on WERU-FM, won the Martin Dibner Memorial Fellowship in poetry, and taught writing at the Pyramid Life Center in the Adirondacks and at Belfast (Maine) Senior College. She has an MFA from the Stonecoast program. Her memoir Up Home Again and her poetry manuscript Breathe Here are forthcoming with North Country Press.

The Hyla Brook Reading Series season will also feature appearances by Rodger Martin on Aug. 8, and Patrick Donnelly on Sept. 12.

This summer, through September, the Hyla Brook Poets' monthly writing workshop meets on the third Saturday of the month at 10 a.m. at its summer home at the Frost Farm, before moving to the Derry Public Library.

Under the leadership of Robert W. Crawford, Derry Poet Laureate, Frost Farm Poetry's mission is to support the writing and teaching of metrical poetry.

The Hyla Brook Poets started in 2008 as a monthly poetry workshop.

In March 2009, the monthly Hyla Brook Reading Series launched with readings by emerging poets as well as luminaries such as Maxine Kumin, Sharon Olds and Richard Blanco. From there, the Frost Farm Poetry Prize for metrical poetry was introduced in 2010, with the Frost Farm Conference beginning in 2015.



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Fragile X

continued from page 1

born and she subsequently learned that her grandson Donovan's began their

was diagnosed with Fragile X Syndrome." This set her on a journey to discover what needed to be done to find a cure. In 2014 the

extensive fundraising work toward supporting research to find a cure for this syndrome, which affects many more children and adults than you might realize. Many people are carriers of this gene and may be totally unaware that they could pass the syndrome on to an unborn child. Currently, as far as is known, there are more than 100 families in N.H. alone affected by Fragile X Syndrome.

In 2014 the Donovan's organized the first 5K Walk to support awareness and raise funds for the National Fragile X Foundation. This Foundation is amazing in its efforts for advocacy and awareness of Fragile X Syndrome. Since this first 5K Fragile X Walk (along the rail trail in Derry, N.H.)

many events have been organized to support the cause, however, this event scheduled for July 22 will donate all of the proceeds received from the event directly to the Fraxa Research Foundation. This organizations primary focus is on finding a CURE for Fragile X Syndrome. Donovan says, "This is the direction they want to devote their energies to now."

Donovan, actually filed a request for a proclamation with Gov. Sununu, which was approved by the Governor. The proclamation states that July 22, 2019 shall be observed as Fragile X Awareness Day in New Hampshire. She says, "I have already filed for the same proclamation for July 22, 2020 and will continue

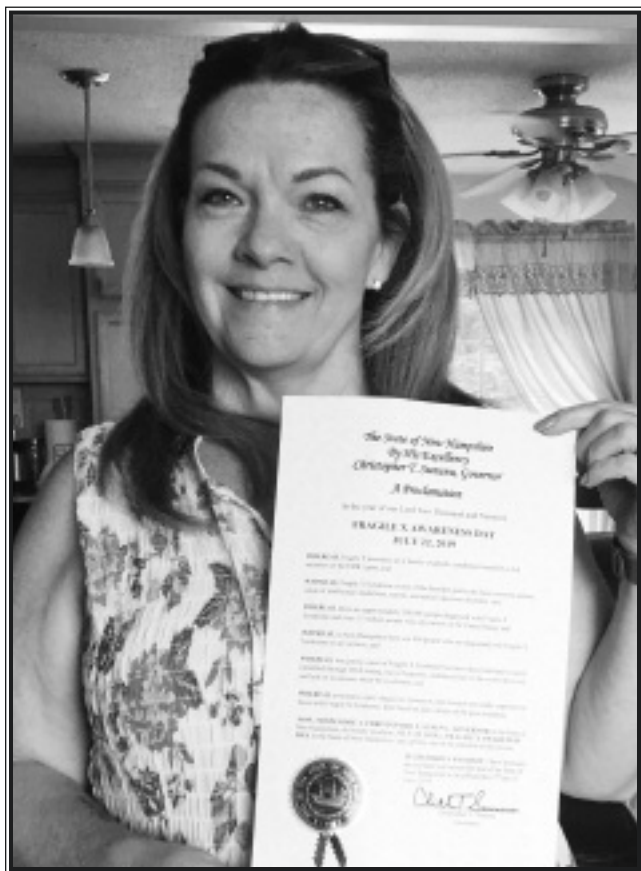
to request that Fragile X Awareness Day to observed on this day each year in the future.

The next 5K Fragile X Awareness Walk is set for Sept. 8, 2019. This will be the fifth annual walk in support of the National Fragile X Foundation. Those who want to participate gather outside Sabatino's North in downtown Derry. The walk proceeds from that spot down the Derry Rail Trail.

Donovan says, "I am so appreciative of the support that Sabatino's North and all of the local business that have provided support toward the Fragile X Syndrome cause. The restaurant has always allowed me to use the outside patio as a platform for the 5K Walks and for the event on July 22

they are also supplying the food and staff, as their donation to the Fraxa Research Foundation. Other local businesses have generously donated items for the raffles and silent auction. I am so very grateful for all these contributions toward Fragile X awareness and finding a cure."

This is guaranteed to be a fun event and for a very good cause. Please come out and enjoy a summer evening at Sabatino's North Restaurant in downtown Derry, N.H., July 22, from 4 – 8 p.m. Tickets are \$20 each and can be purchased at Sabatino's North Restaurant or you can contact Darlene Donovan for tickets and more information at: darlenejdonovan@gmail.com



"Darlene Donovan holding Proclamation she received from Governor Sununu declaring July 22, 2019 Fragile X Awareness Day".
Courtesy photo

Caregivers Present a Murder Mystery

Community Caregivers of Greater Derry will be bringing the Murder Mystery Co. to Windham for one night only. On Saturday, Aug. 3, from 6 to 9 p.m. at Searles Chapel and School, 3 Chapel Road, Windham.

Residents are invited to come to the quintessential whodunnit thriller at the estate of Sir Warren Peace

and get thrown into a night of mystery, intrigue, and murder you will never forget.

A \$75 donation includes a cocktail hour with character interaction, three-course meal provided by Common Man Windham, professional actor entertainment and a photo keepsake. There will also be limited VIP "Golden Circle" seating available for a

\$90 donation and inclusion in the show. Cash bar available.

Tickets can only be purchased through caregivers-murdermystery.eventbrite.com. Only 80 tickets will be sold. Questions can be directed to (603) 432-0877 ext. 4. Awards will be given for best dressed, best actor, best actress, detectives of the

night and dead last place.

All proceeds will benefit Community Caregivers of Greater Derry. The organization's mission is to enrich lives and support individuals to remain independent through a compassionate volunteer community.

Caregivers also operates the free Loaner's Closet for Durable Medical Equipment.

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Zoning

continued from page 1

that the Rand's idea is to build a home more fitting for their age than their current home on this property. The new home would be sized at 1300 square feet and be more handicap accessible, with single level living and set up for two bedrooms. Coyle noted that the size of the property is more than normally allowed, though still a reasonable size for an older couple. The lot itself

has access to water from the street, but would require a new septic system to be added.

Neighbors living in the surrounding area of the Rands, came forward at the public hearing time to ask questions about the new building development. Several of the abutters had recently learned of the development and upon further plan analysis, they decided they would be OK with the new home being built. One abutter was not so

happy about the additional building, as his property joins the current building lot closely and he felt that his privacy would be further affected by the new home building.

After the public hearing, there was a significant Zoning Board deliberative about how building the new home would further stretch multiple zoning issues. ZBA Chairman Perkins felt that the additional building would be out of alignment to the zoning ordinances now,

for both the older and the new home. Perkins was also concerned that the application request did not meet the all five conditions including the hardship requirement.

In the end, the board voted with a split decision - 3 board members voted yes and 2 board members, including the Chair, voted no. This voting meant that the request was approved. Any one who objects to this variance grant has 30 days to file a request for a rehearing.



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July is National Juvenile Arthritis Awareness Month

MELISSA BETH RUIZ
NUTFIELD NEWS

It is often assumed that arthritis is a condition that exclusively affects the elderly. Aching and popping joints often seem to accompany old age in one form or another, so many assume it is an affliction that comes with time.

However, what many do not realize is that not only does arthritis affect younger adults, but tragically, the debilitating and painful disease affects children, as well.

Juvenile Idiopathic Arthritis (JIA) is considered the most common form of arthritis, according to Kids Get Arthritis Too, a branch of the Arthritis Foundation. In fact, the Arthritis Foundation states that almost 300,000 babies and children have arthritis or some other type of rheumatic condition.

The pain and discomfort involved with arthritis often holds children back from participating in daily activities, so they rely on the help of parents and doctors to develop a treatment plan to help increase quality of life.

July is national Juvenile Arthritis Awareness month, an effort to inform the public of the symptoms and treatment of the debilitating disease, and to work toward finding a cure, to help these children be children again.

In the past, JIA was referred to as Juvenile Rheumatoid Arthritis, under the assumption that it was the same condition adults experienced. However, research in recent years has shown that only about 10 percent of children have a disease that closely mirrors the rheumatoid arthritis that

affects adults.

JIA actually includes several different types, or subsets of arthritis, which include a variety of symptoms, ranging from muscle and soft tissue tightening to bone erosion, joint misalignment to changes in growth patterns. Not all symptoms are shared by all children with JIA, and they can change from day to day.

Some common subsets of JIA, according to Kids Get Arthritis Too, include Oligoarthritis, Polyarthritis, Systemic arthritis, Enthesitis-related arthritis, and Juvenile Psoriatic arthritis.

Oligoarthritis, formerly known as Pauciarticular arthritis, is a form of arthritis involving four or fewer joints. Girls are more likely than boys to be diagnosed with oligoarthritis, and to experience uveitis, or inflammation of the eye. This type of arthritis typically develops by age 6, and most commonly affects one joint in the leg, such as the knee or ankle.

Polyarthritis is a subset of arthritis that affects five or more joints within six months of symptom onset. Roughly 25 percent of children with JIA have this type of arthritis. As is the case with Oligoarthritis, girls are more commonly affected by this subset. However, unlike the aforementioned, onset can occur at any time during childhood. Both large and small joints may be involved, and children may experience symptoms in the neck or jaw, often making it difficult for them to eat.

Systemic arthritis involves about 10 percent of JIA cases, and it affects the entire body, beyond just the joints. Girls and boys are

equally affected by this subset, and symptoms generally emerge by or in the elementary school years.

The first symptom of Systemic arthritis may be a stubborn fever, sometimes appearing weeks or months before a child complains of discomfort or mobility issues. This fever can appear once or twice daily and can be quite high before returning to normal, and may be accompanied by a faint rash.

Systemic arthritis can affect the internal organ system, causing inflammation of the spleen and irritation of the membranes surrounding the lungs or heart.

Enthesitis-related arthritis involves inflammation of the entheses, or sites where tendons attach to the bone. Boys are more commonly affected by this subset than girls.

Symptoms of Juvenile Psoriatic arthritis may be preceded or followed by psoriasis, sometimes even by a number of years. This rash may appear scaly and red, emerging behind the ears or on the eye lids, elbows, knees, or scalp.

To diagnose a child with JIA and any of its subsets, a doctor will conduct a physical exam and lab tests. In addition to watching for symptoms for at least six weeks, the child's doctor will wait to see how symptoms unfold during the first six months after onset. The number of joints affected during those first six months will determine diagnosis.

Once a diagnosis is determined, a child will often be referred to a pediatric rheumatologist, or an adult rheumatologist trained

in treating children. The same medications are often used to treat children, but in doses relative to their size.

Generally, treatment regimens are very similar for children as adults, if not just a little bit more intense.

"No residual inflammation is allowed," said Sandra E. Pagnussat, MD, of South-

west Medical Associates. "In children we treat very aggressively and early to prevent joint damage."

As with anything, early detection is key to getting the best possible treatment for a child with arthritis. That is why Kids Get Arthritis Too and the Arthritis Foundation seek the support

of the public this month and every month to help them in their mission for better care and a cure.

For more information and resources on Juvenile Arthritis, or to find out how to support research and more, visit www.kidsgetarthritis.org.

Reducing Your Carbon Footprint and Creating a Better Planet

CAILEN BAILEY
NUTFIELD NEWS

It is the time for our generation to step up and make a change beyond our social media accounts. We all must modify the way we contribute to improving the condition of our Earth, instead of solely making #savethe-seaturtles a trending hashtag on Twitter. The dangerous and deadly circumstances many wildlife species are currently facing are in relation to the overwhelming amounts of litter and carelessness of humans. This major crisis certainly does not fade by the reposts of 'supporting' videos and photos on Instagram. Reducing your carbon footprint only begins at using stainless steel and/or paper straws but should not stop at that.

Do not confuse your passion to change the world with your craving to gain the satisfaction of your followers. The Earth is in danger and needs everyone to care about our planet. Understand you don't need to wear a cape or possess a crazy superpower to save our planet. A major change can begin if we all reduce our carbon footprint and treat

our earth a little more gently. Today we change our town, and tomorrow we will change our world.

Derry residents can begin reducing their carbon footprint first by limiting how many plastic products they use. Purchasing your own metal straw or using paper straws is one way to reduce your carbon footprint, but plastic is a common contender we all rely on in many cases. Consider purchasing a stainless steel or plastic reusable coffee cup, instead of getting a new plastic cup with each coffee purchase. Here in Derry, it is apparent many of us are big coffee drinkers, and with that, a lot of plastic is being used and then discarded. Sometimes these straws and cups end up harming our environment. Recycle your plastic grocery bags, or better yet use reusable bags. Most plastic waste ends up littering the streets, oceans, and ultimately hurting our wildlife. Stores including Aldi and BJ's limit use of one-use plastic items like grocery bags, which greatly helps reduce the carbon footprint. There are so many amazing alternatives to single-use items available

today, it is important to take advantage. It is our job to protect our Earth since we only get one planet.

Next time you exit a room, be sure to turn off the lights. Simple actions such as unplugging a hair straightener or charging cord when not in use can lessen the effects of climate change. Reducing your carbon footprint can be as simple as switching to compact fluorescent lights in your home or bundling up in the winter to avoid raising the thermostat. How amazing is it that changing the great big world can begin in your very own home?

There is no limit to reducing your carbon footprint, but the most important and easiest way is by using your voice. Your voice is the strongest tool you have and if you use it right and share the word, you could potentially make an impact. Posting your concerns and fears on social media accounts can be effective, just remember to always practice exactly what you preach within the community. Our generation is strong and powerful, and it is time to use that power towards a real change.



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Kids See What's Under the Sea During Recreation Program



Alyson DeMerchant of the Seacoast Science Center visited with children at Don Ball Park last week and shared with them a number of sea creatures from the coast. The event was part of the Derry Parks and Recreation Summer Events at the Humphrey Road Park. Groups got to see and touch a variety of undersea creatures that DeMerchant had brought with her from lobsters, seaweed to star fish and crabs.
Photo by Chris Paul



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DERRY SPORTS

Little League Announces Sportsmanship Award Winners

IDAN VINITSKY
NUTFIELD NEWS

The Derry Diamond Athletic Association Little League program announced its winners of the Donald N. Kirkland II Sportsmanship Award.

The award is given to one baseball player, that has played for either the AAA or the Majors teams, and one softball player, playing for the 10U or the 12U teams, are chosen every year as recipients of the new award. These players must show good sportsmanship throughout the league, as well as good grades and give back to the community.

Kirkland, who passed away last October, was very involved as an umpire and

administrator for Massachusetts and New Hampshire Little League Baseball for six decades.

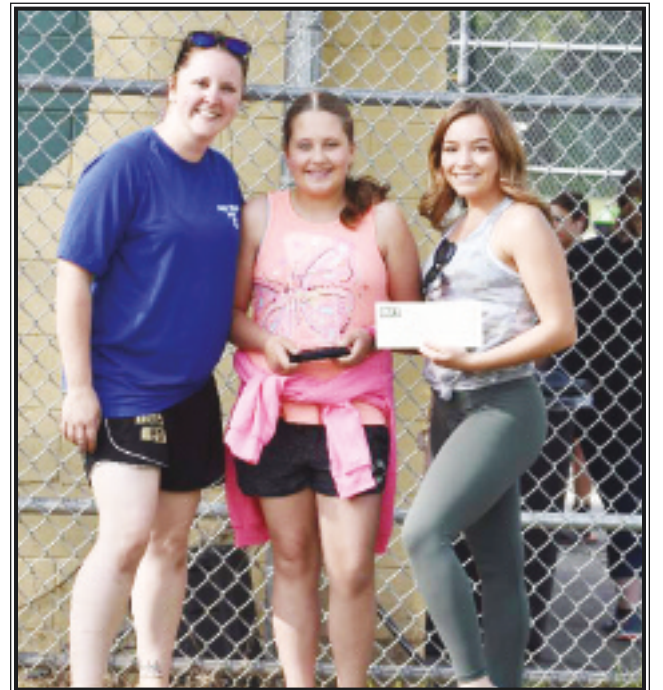
The winners of this new award were Preston Libby, who plays in the Diamond's Majors division and Gabby McSweeney, from the 12U division. The award was presented to the winners by Jane Kirkland, the wife of the late Donald Kirkland.

In addition, at the end of the season baseball tournaments, Team Hutchinson beat Team Libby 13-7 for the AAA championship and Team Welch won the Majors title after a 6-3 victory over Team Terrenzio. The 12U team has been playing over the summer in a tournament against other New Hampshire District I Little League team.



Preston Libby, of the Diamond's Majors was presented the Donald N. Kirkland II Sportsmanship Award by Jane Kirkland, the wife of the late Donald Kirkland.

Courtesy photos



Gabby McSweeney, center, from the 12U Softball division was awarded the Donald N. Kirkland II Sportsmanship Award by coaches Kristie Kyzer and Emily Walsh.

Zach Sanford Agrees to Two-Year Contract With the Blues

IDAN VINITSKY
NUTFIELD NEWS

Only four days after using his right and as a restricted free agent, filling for salary arbitration along 39 other National Hockey League players, former Pinkerton Academy star, Zach Sanford, agreed to a

new two-year, one-way contract with his team, the NHL champions St. Louis Blues last Tuesday, July 8.

Sanford was one of four Blues players who filed for salary arbitration, but following that he and the team quickly found a way to continue together and he will be paid \$3 million for the next

two years, under his new contract. So far, in every season of his NHL career Sanford received \$875,000, the league's base salary, on a two-way deal, so this is a significant upgrade for him.

The 24-year-old Sanford, who started his professional career with the Washington Capitals in

2016, participated in 60 games with the Blues during the 2018-19 regular season and had eight goals and 12 assists. During the Blues' playoff run, he only played

in three games prior to the Stanley Cup Finals, where his team faced the local Boston Bruins.

In game three of that series Sanford entered the

line and assisted for one of the goals in the 7-2 Blues defeat. He kept playing throughout the series and helped St. Louis win in seven games.

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Derry 12U Baseball Team Makes Summer Semis For First Time In 16 Years

IDAN VINITSKY
NUTFIELD NEWS

For the first time in 16 years, the Derry Diamond Athletic Association 12U Summer Baseball team has advanced to the next round on the New Hampshire District I Tournament.

The Derry 12U boys played four games in the opening round of that tournament. They started with a tough 8-4 loss to Salem on Wednesday, June 26, but recovered with a dramatic 4-3 win over Bedford the

following day.

On Saturday, June 29, the Derry team got its second win in a row, a close 2-1 victory over Mt. Monadnock.

The Derry squad then dropped a game to the Goffstown contingent, 5-1, on Monday, July 8, after the holiday break. That was enough to qualify for the top 4, where on Saturday, July 13, Goffstown proved to be too strong for Derry once more, winning 15-0 and qualifying for the next round, where they will be

facing Bedford.

The Derry team then moved to the consolation game and will try to beat Salem in that contest.

If the Derry squad succeeds in beating Salem, they will have a game against the loser of the Goffstown vs. Bedford game to try and get a second chance in reaching the finals.

The consolation game was scheduled to be played on Tuesday afternoon, after the Nutfield News went to print.



Derry 12U Summer Baseball team has advanced to the next round on the New Hampshire District I Tournament. *Courtesy photo*

Post 9 Team Still Vying For Third Place Entering Final Week

IDAN VINITSKY
NUTFIELD NEWS

A three-loss, one-win week was a step back for the Derry Post 9 Senior team in the American Legion Baseball league, as the regular season is about to end.

Derry entered the final week of the season in the fourth spot, but plenty could still change, since the team would be playing five times this week due to a number of

rain postponements that led to makeup dates.

Derry, with their 6-6 record traveled to the Phillips Exeter Academy last Tuesday, July 9, and was swept in the doubleheader against the home team.

The first game ended with a tough 4-3 loss. Exeter scored two early runs and added one in the second to make it a 3-0 game.

Derry scored its first run of the game in the third

inning, but Exeter quickly answered with a run of its own. Derry made things interesting with two sixth-inning runs, but could not find the tying run, despite a good performance on the mound from Derek Hiscox and three hits by Jagger Bell, who committed to Bridgewater State University this week.

In the second game, a 7-3 loss, Liam Doyle, Alex Barbuto and Mike Rollick

pitched for the Post 9 team that played as the host of this game and batted in the bottom of the innings. Exeter took a 6-0 lead in the top of the sixth inning and Derry managed to cut that lead in half in the bottom of the inning thanks to back-to-back doubles by Bell and Richard Marique, but this was as close as they got.

On Monday, in Portsmouth (7-8), Derry split the doubleheader against a team that is fighting also fighting for the third place in the standings. The

Post 9 team won the first, wild game, 13-9. Connor Jenkins and Marique each had two hits in the game, as Derry scored four times in the third inning, three more in the fourth, once in each of the next two innings and completed the job with a four run seventh-inning, despite allowing many runs.

The second game ended with a 4-1 loss. This time the bats were very quiet for the visitors, who only had two hits in the entire game, by Jenkins and Kameron Levesque, who drove in the

single run in the sixth inning, with Portsmouth already leading by four runs.

Derry's final week will be a busy one. They were scheduled to begin on Wednesday, after the Nutfield News went to print, with a doubleheader in Dover. The team will then play in Londonderry on Thursday, July 18, stating at 5:30 p.m. and in Nashua the next day, 5:30 p.m., before wrapping up the regular season with another game against Nashua, on Sunday (Jul. 21, 10 a.m.).

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Have Sports News?

Local sports coaches, parents, and athletes: If you have information about the superb performances of a local team or individual athlete, don't keep it to yourself. Forward it to Nutfield News sportswriter Idan Vinitsky at sports@nutpub.net, and help us let everybody in on the good news.

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O'Reilly Honored By National Athletic Administrators Association

IDAN VINITSKY
NUTFIELD NEWS

Last week, the National Interscholastic Athletic Administrators Association (NIAAA) announced that Pinkerton Academy's long-time Athletic Director Brian O'Reilly has been recognized by the association as a Certified Athletic Administrator.

According to the organization's press release, in

order to earn this distinction, O'Reilly had to demonstrate the highest level of knowledge and expertise in the field of interscholastic athletic administration. The voluntary certification process included a thorough evaluation of O'Reilly's educational background, experience and professional contributions, as well as a rigorous, comprehensive writer examination.

O'Reilly is now part of

an elite group of interscholastic athletic administrators nationwide to attain this level of professionalism. The NIAAA is a national professional organization, consisting of all 50 state athletic administrator associations and more the 12,000 individual members. Its goal is to promote the professional growth of high school athletic administrators and preserve the educational nature of interscholastic athletics

and the place of these programs in secondary school curriculum.

O'Reilly recently led Pinkerton Academy's Varsity Boys Lacrosse team to its 12th state championship, after beating Bishop Guertin in the final. As Head Coach of the football team, he has won 11 state championships and led his team to the state finals in 12 of the last 15 years.



Athletic Director Brian O'Reilly speaking at the new Field announcement this spring.

Pinkerton Track Coach Quarles Receives Level Two Certification

IDAN VINITSKY
NUTFIELD NEWS

The Longtime Pinkerton Academy Track and Field coach, Carol Quarles, finished her USATF Level 2 certification last week.

Quarles, who has been part of the Track and Field coaching staff for the Astros since 2013, led the boys' outdoor team to a second place finish in the last State

Meet, at the end of the spring season.

She told the Nutfield News that she has passed the Level 1 stage with the national Track and Field organization eight years ago. In order to apply for a Level 2 Certification, you have to wait and gain experience for at least three years after finishing Level 1. Unlike other coaches who entered the Level 2 program with her,



Carol Quarles

Quarles says that she was not asked to bring recommendation letter. "I have been around for long enough."

It took her eight weeks to finish the online Sports Science class, the first part of the Level 2 Certification process, since she had to find time for it in her busy schedule that includes running the summer camp. The online part consists of eight

different units, including biomechanics, physiology, training theory and more.

Once she was able to pass all of the eight units' tests, where a certain passing score is needed to move forward, she went on to take the actual class, at the St. John's University in New York. That class was four days long and Quarles had many classes, a group presentation and eventually, a

test. She says that after completing the Level 2 Certification she now has much better understanding of the science that is behind sports and of the things she teaches and the right way to teach them. The Level 2 Certification is recognized by many major institutions across the nation and could maybe open the door to a college position one day.

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Three PA Bowlers Competing in National Championship

IDAN VINITSKY
NUTFIELD NEWS

Local bowlers Bryant Nourse, Lance Lemieux and Harry Michaud are representing Pinkerton Academy this week at the annual Junior Gold Bowling Championship, which is being held in Detroit, Mich.

The Opening Ceremony for the event took place on Sunday evening, July 14, at the Eastern Michigan

University Stadium, after each of the young bowlers had two days of practice at each of the eight bowling centers that are hosting the tournament. Practices consisted of open bowling for 40 minutes.

The competitions began on Monday and will continue the week through the weekend. The qualifying rounds wrapping up on Thursday and the Finals will be played on Friday and Saturday.

The competition has four different divisions, Under-12, Under-15, Under-17 and Under 20 and every division has four qualifying rounds, and Advancers Round, a Final Advancers Round and a Match-Play Bracket. Local competitor Nourse, is playing in the Under-17 category, while Lemieux and Michaud are in the Under-15.

The qualifying rounds will see every bowler play

16 games, four every day, before the first cut of the field is made. The remaining bowlers will then have five more games, in order to make the second cut and those who are still in contention will play an additional five games, to determine the top-16 bowlers for the Match-Play round.

Match-Play for each division will be a double-elimination bracket and each match will consist of two games. The winner will

be decided by total the pin-fall. The two finalists in the Match-Play bracket will face each other for the first and second seed spots in the three-player stepladder final. The winner of the Elimination Bracket will be the third seed in the televised finals. The stepladder finals will be one-game matches. The second and third seed will play in the opening match and the winner will play the first seed for the title.

The Junior Gold Championship is the premier event for the country's best young bowling players and winners can also earn spots on the Junior Team USA and scholarships. In total, this year there are over 4,700 players in the different divisions and competitions, a new record for the Junior Gold Championship. CBS Sports Network will be televising the stepladder finals of each division.

5K Race Selected as New Hampshire Grand Prix Event

IDAN VINITSKY
NUTFIELD NEWS

The Millennium Running Series' announced recently that the Aug. 17 Boot Scootin' Boogie 5K race has been selected as a 2019 New Hampshire Grand Prix event. The run will also be part of the annual Old Home Day celebrations in Londonderry this summer.

The event will also include, other than the 5K run, live country music featuring Country Act of the

Year winner Tom Dixon, a 40-foot bonfire and over 15 breweries from the region, offering samples from over 50 styles of beer.

There will also be three charity benefiting from this year's event, The Londonderry Lions Club, the Londonderry Athletics Booster Club and Veterans Count, a philanthropic arm of Easterseals New Hampshire Military & Veterans Services that provides critical and timely financial assistance and servicers to veterans, serv-

ice members and the families.

Millennium Running says that, to date, it has donated over \$600,000 over the years to local charities and organizations.

The run will start Saturday night during Old Home Day, at 6:30 p.m. at the Londonderry Athletic Fields Association (LAFA) complex on Sargent Road. The race route will have runners heading north on Mammoth Road, then turning onto Otterson Road for an out and back loop to fin-

ish at the LAFA complex. The Brewfest and Taste Nashville Festival will open 15 minutes after the run begins, at 6:45 p.m. and will continue for almost three hours, until 9:30 p.m.

Registration for adults (21+) is \$35 until the day before the race, Aug. 16, at 11:59 p.m. and includes the 5K run, as well as the entrance to the concert festival and Brewfest. On race day, the cost will be \$40 and is based on availability. Additional concert festival and Brewfest tickets for

adults, who do not wish to participate in the 5K run, are \$25 until Aug. 16 and \$30 on race day. Registration also includes a custom designed trucker hat to the first 1,200 registrants, a personalized bib, race photos and a finish line video.

For youth (12-20 years-old), the price for the 5K and concert festival (Excluding of course the brewfest) is \$25 before Aug. 17 and \$30 on race day. Additional concert festival tickets for youth and

designated drivers are \$20 (\$25 on race day). Kids (11 and younger) will pay \$10 for the 5K run and the concert festival tickets and there is also an option to purchase a VIP Parking spot for \$15. This parking spot are adjacent to the Start/Finish line of the 5K race at the Londonderry Athletic Fields complex. General parking, for free, will be available across the road, at the Londonderry High School, Matthew Thornton Elementary School, Londonderry Middle School and the Londonderry Town Offices.

Tasting glasses will be distributed to the 5K runners as they cross the finish line. The brewfest tickets purchasers will receive their glasses when they pick up their tickets and wristbands and the ticket tent.

The race results will be displayed live at the Millennium Running timing trailer, adjacent to the finish line. Live online results will be published on the Millennium Running website (MillenniumRunning.com).



Summer Photo Contest

Send us your "Best Summer Fun with Water" Photo to be entered into a Contest to Win 4 Tickets to Canobie Lake as well as have YOUR Picture Run in the Paper!

Send your Picture to dpaul@nutpub.net with your Name, Town, & a Caption to Win!

All winning pictures will be placed in our paper and posted to our facebook page.

Your photo must be in by July 25th in order to enter. One entry per person and your name and town must be listed.



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COMMUNITY EVENTS

This section is meant to be used to announce free events to the communities. If your group or non-profit is receiving money for what they are publicizing, there will be a charge of \$40.00/week per paper. All Around Town/Calendar Items will be held to 100 words maximum; anything over will incur a charge of \$40.00/week for up to another 50 words. All free announcements in the Around Town/Calendar section can run a maximum of 3 weeks. **Additionally:** We will run the full versions of any calendar items online free of charge at www.nutpub.net. Please send submissions to nutfieldnews@nutpub.net.

Active Parenting

The Upper Room will hold an Active Parenting program on July 22 and 29 from 6 - 8 p.m. at 36 Tsienneto Rd., Derry. This will provide parents raising teens with guidance, including respectful discipline, clear communication and strategies to prevent risky behavior.

PlaneFest

Join us Saturday, Aug. 17 from 10 a.m. - 2 p.m. for vintage aircraft, Young Eagles flights, seminars, events, and a geography bee. There's something for everyone at this annual event, you'll be able to inspect a wide array of home-built and vintage planes and speak to the owners who lovingly restore and maintain them. If you're age 8 to 17, you can enjoy a FREE flight with a local pilot via the Young Eagles program. (Come early as it's first come, first served and capacity is limited.) We also have aviation seminars and workshops, a drone workshop where participants will take their own picture from above, great food trucks, info about the Londonderry Rail Trail due to run right to our front door in 2021, and so much more. And new this year: middle school students can compete in the Aviation Museum's first-ever Airline Geography Bee, using our collection of vintage air sickness bags from around the globe to demonstrate their knowledge. The Aviation Museum of NH is located at 27 Navigator Road, Londonderry. For more information call (603) 669-4820, email avmuseum@nhahs.org, or visit the museum's website, www.aviationmuseumofnh.org.

Crossroads Co-parenting,

Parenting after a divorce or separation? This program covers how to protect your child's well-being by keeping them out of the middle and allowing them to love both parents, how to open lines of communication and recover from a divorce/separation. It will be

held at the Upper Room on July 22 and 29 from 6 - 8 p.m. at 36 Tsienneto Rd., Derry.

Raising a Teenager?

This free weekly resource group for parents, grandparents and caregivers rising teens, discuss concerns, learn strategies and get support at the Upper Room on Thursdays from 6 - 7 p.m. at 36 Tsienneto Rd., Derry. Drop-ins welcome.

Transitions Support

The Upper Room offers Transitions support for young adults ages 18-25. Learn how to manage the "overwhelming" in a healthy way for you. We offer workshops, and 1:1 support, groups. For an appointment, call (603) 437-8477 ext. 24.

IPS

The Upper Room offers Teen Information for Parenting Success for young parents ages 13-23, Wednesdays 5 - 7 p.m. A weekly support program for young parents to talk, listen, learn and be accepted. Childcare available. To register, call (603) 437-8477 ext. 12.

Prevention Training

The Upper Room offers a Prevention Training program for Young Adults on July 23 from 8 a.m. - 5 p.m., at 36 Tsienneto Rd., Derry. This one-day training will help young adults to better understand the warning signs for suicide, substance misuse and mental health concerns so that they can help others find treatment and recovery options. To register, call (603) 437-8477 ext. 24.

Ice Cream Social

The Upper Room will have an Ice Cream Social and Open House on Aug. 14 from 3 - 6 p.m. at 36 Tsienneto Rd., Derry. Join us for a family fun event right in our own backyard. Ice cream with all the topping, Bounce Houses, Face Painting, Music, and family fun Outdoor games.

18th Annual Auction

The Upper Room holds its 18th Annual Auction on Nov. 1

at 5:30 p.m., at the Tupelo Music Hall, Derry. Don't miss our highly anticipated cruise-themed charity event of the year! Bid on dozens of silent and live auction items, including gift baskets, travel packages and fun experiences. Dinner is included. Tickets are on sale now at TupeloMusicHall.com

Garden Club

Derry Garden Club's monthly meeting will be Aug. 2 with a picnic and a nature walk. We are always looking for new members who love to garden or just enjoy what gardens have to offer. Please visit our website at www.derrygardencub.org or call 603-396-0053 and leave a message.

YGallien's Town Beach

Gallien's Town Beach will be open throughout the summer from 10 a.m. - 7 p.m. (weather permitting) beginning now. This facility is for Derry residents only and proof of residency is required at each visit. Passes are typically only available for purchase at the Recreation Office. To register for a beach pass you will need: Proof of residency for each pass recipient is required to enter and/or to receive a beach pass (including minors). A completed adult and/or minor, a waiver per person for each person requesting a pass. Payment in the form of Check or Cash (exact change appreciated). For more information go to Gallien's Town Beach including park hours, admission fees, and lost pass policies www.derry-nh.org/parks-recreation/pages/galliens-town-beach.

Free Meals

Please join us for free, family-friendly meals, served in a relaxed atmosphere. Meals are generally held as posted below, but may be rescheduled for holidays. Please call the facility to check on holiday times. Dinner on July 20 at St. Luke's United Methodist Church, 63 East Broadway, Derry, from 5 - 6:30 p.m. For more information call 434-4767. Dinner on July 21 at Etz Hayim

Synagogue, 1 1/2 Hood Rd., Derry, from 5 - 6:15 p.m. For more information call 432-0004. Dinner on July 26 at First Parish Congregational Church, 47 East Derry Rd., East Derry, from 5 - 6:30 p.m. For more information call 434-0628. Lunch on July 28 at St. Jude Parish Community, 435 Mammoth Rd., Londonderry, from 1:30 - 2:30 p.m. For more information call 432-3333. The Salvation Army will have a Summer Lunch Program from July 9 - Aug. 22. The Sonshine Soup Kitchen is serving free hot meals 5 days a week.

Derry Fun Night

Seacoast Division of the National Model Railroad Association is running their Derry Fun Night program. The program is held the second Friday night of each month, 7 - 9 p.m., at the Marion Garish Community Center, 39 West Broadway, Derry. We will set up a swap table so bring anything that you would want to give away, sell or swap. Remember, one man's junk is another man's treasure. If you are interested in model trains and would like to join other like-minded hobbyists from beginner to expert for a fun evening program come to Derry Fun Night the second Friday of each month. For additional information go to the Division's website at seacoastnmra.org/calendar.

Teddy Bear Sleepover

Bring your teddy bear, wear P.J.'s and come to the Taylor library for an evening of stories and a craft on July 25 at 6:30 p.m. A snack will be served. Then put your teddy bear to bed at the library and say goodbye. We will take pictures of your teddy bear having fun overnight. You will pick up your bear the next day. Pre-register needed, as space is limited.

Marshmallow Roast

Join us for a Marshmallow Roast with Mr. Ray from Derry Public on Aug. 1, at 6:30 p.m. Go to the field in back of the Taylor library for a story hour and marshmallow roast. We will have a campfire and all the fixings for s'mores.

Story Hours

The Taylor Library Story Hours for 2-5 year olds are Mondays & Wednesdays at 10 a.m, Stories and with a theme

based craft each week. A snack will be provided. Call to register and save your space.

Story Hour at Don Ball Park

On Tuesdays at 10:30 a.m., Aug. 6. Come visit with Miss Fran and Miss Linda for stories at the park. Then you can go enjoy the splash pad and cool off after the program.

Lego Club

Come enjoy the air conditioning at the Taylor library and create your favorite space crafts, cars, buildings, etc. with our Lego Club on Tuesdays at 1 p.m. (July 23 & 30). A snack will be provided. Pre-register for this event.

Craft Class

Crafts will be done each week to go along with the summer theme at the Taylor Library (ages 4 and up) on Wednesdays 3 p.m. (July 24 & 31, Aug. 7). A snack will be provided. Call the library to reserve your space.

Closing Party

On Aug 8 at 6:30 p.m., the Taylor Library will announce the winner of the Jelly Bean contest, raffle basket and all day tickets to Canobie Lake. Each child who turns in a reading chart by Aug. 1 will have a chance at these prizes and will receive a certificate for reading for us this summer. Refreshments will be served at the end of the evening.

Tiny Tot Story Hour

This Taylor Library story hour is for the little ones-6 months to 2 years old and will be held on Fridays at 10 a.m. (July 19, & 26, Aug. 2) There will be stories, rhymes, puppets and music each week. Please register for this event.

Tiny Tots

A storytime for ages 6 months - 2 years meets Mondays at 10 a.m. at the Taylor Public Library. Space is limited so called the library at 432-7186 to register or with questions.

Parents Support Group

Are you frustrated with your teenager or in need of support regarding your teenager? Does parenting your teenager mean you have new concerns about anger, defiance, motivation and trust? If so, you are not alone. Welcome to the club! Meet up with other parents at our Parents Support Group

every Thursday night, 6:30 p.m. - 7:30 p.m., at The Upper Room, 36 Tsienneto Road, Derry. Meet other parents experiencing the same situations. No pre-registration is required. There is no fee, and all topics can be discussed. Call 603-437-8477 with any questions.

Walking Together

A support group for widows and widowers meets every 1st and 3rd Tuesday of the month at 7 p.m., at the Manse at Londonderry Presbyterian Church, 128 Pillsbury Road, Londonderry. When we meet, we walk together our journey of grief. No need to do it alone. If you have any questions, please call 781-866-9976.

Lamplighters

A womans group with the goal of helping less fortunate woman and people in N.H. meets every fourth Thursday of the month 7 p.m. at Londonderry Presbyterian Church at 128 Pillsbury Road, Londonderry. If you have any questions please call 781-866-9976.

Evolve!

A group for young woman ages 13 to 18 to talk about today's challenges meets every Wednesday from 5:30 - 6:30 p.m. at the Upper Room, 36 Tsienneto, Rd. Derry. This is a free weekly group. To register, Call 437-8477 to register ext. 16.

Story Hour with a Craft

A story hour with a themed craft is available for children ages 2 - 5 years old on Wednesdays and Sundays at 1 p.m. at the Taylor Public Library. Space is limited so called the library at 432-7186 to register or with questions.

UR Parents

A weekly Resource group for parents, grandparents and caregivers raising teens meets every Thursday, from 6:30 - 7:30 p.m. at the Upper Room, 36 Tsienneto, Rd. Derry. This is a free weekly group. Drop ins welcome.

Greater Manchester Lyme Disease Support Group

Hosted by David Hunter this group meets on the third Wednesday of every month at 6:30 p.m. at the: Bedford Presbyterian Church 4 Church Road Bedford. For more information call 660-3425 or email dhunter31@gmail.com

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