

# Nutfield News

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## Zoning Board Ok's PA Program's Move to New Building Location

SHANNON R. FINNEY  
NUTFIELD NEWS

During the Thursday night Aug. 16 Derry Zoning Board meeting, approval was granted to convert the residential property on 31 Tsienetto Road into the new site of Pinkerton Academy's Ombudsman Program.

The deed for the lot containing a former home and a small pond was purchased by the Pinkerton Academy on March 21, 2018. In order to use this space abutting the high school property for educational purposes, a zoning variance appeal was required to be filed and approved by the zoning board. PA head master Tim Powers with Ryan Robinson, speaking on behalf of PA, came before the board at its Thursday meeting to present their case for the variance appeal.

As Powers explained, the ombudsman program is one of the Academy's alternative programs used for students who are "not able to succeed in or need a break from the regular campus." It

allows the students to work at their own pace in a "one on one tailored learning environment."

Currently, the ombudsman program is run off-site on 10 A street in Derry, to which many students walk from the main campus, where the school bus drops them off. According to Powers, it will be better for the program to be run on campus to allow the staff to work more closely with the students. With the program moved into the property on 31 Tsienetto Road, the students will also have better access to school services, like guidance counseling. This move "will allow the students to remain a part of Pinkerton Academy and to be viewed that way. It will make a big impact on us in our ability to work on this program."

In presenting the points of appeal to the board, Powers and Robinson presented that the 10-15 students which will populate the building during each session will have very little impact on the property. The students will not be bussed in,

and any student parking will have "minimal impact" on the area, because the nearby Assembly of God Church already allows student parking on their property. It was later discussed that further plans for the parking situation will be presented to the planning board, if the variance appeal gets approval.

After hearing Powers and Robinson, code enforcement director, Robert Mackey, stated that a site plan for use of this lot will have to be worked up and presented to the planning board to address safety, fire exits, and ADA compliance.

There was an opposition from Derry resident Julie Mark who had concerns about the effect this PA development will have on her taxes. A single mom with two kids to put through school, Mark expressed an uncertainty that the academy is deserving of this expansion, citing PA's slipping rankings amongst state and national educational institutions. "I don't want to reward bad behavior," said Mark.

**continued on page 4**

## Derry Schools Get Ready to Begin on Next Week

CHRIS PAUL  
NUTFIELD NEWS

The summer months slipped by quickly again this year, and with that, the Derry School District is busy preparing for the 2018-19 school year. Derry schools will officially open on Wednesday, Aug. 29 followed by Thursday and Friday being full days, and

then Monday, Sept. 3 will be a day off for Labor Day. Classes will then resume on Tuesday, Sept. 4.

Pinkerton Academy will begin classes on Tuesday, Aug. 28.

Derry Village School will have an Open House on Tuesday, Aug. 28, from 9 to 10:30 a.m. The school asks families to come and meet their teachers and visit your

child's classroom. The School Picture Day is Thursday, Sept. 6. and a Back-to-School BBQ will be on Friday, Sept. 7.

East Derry Memorial Elementary School will have its Open House on Tuesday, Aug. 28, from 9 to 10:30 a.m. also. The School will host a Parent Night on Sept. 11 from 6 to 8 p.m.

**continued on page 3**



**Block Party** The Lifeway Church hold a Summer Block Party Event at MacGregor Park on Saturday, Aug. 18 complete with, live music, games face painting, food and lots of activities for children to enjoy. Pictured, Justin Marchese makes his way up the Rock Climbing Wall. More photo page 5. *Photo by Chris Paul*

## Derry Students Perform on Stage with Godsmack

CHRIS PAUL  
NUTFIELD NEWS

Twenty young Derry students who attended middle school last year in Derry, and who sang background vocals in the Godsmack song "Unforgettable" were invited to perform on stage with the band on Wednesday, Aug. 22 at the Bank of

New Hampshire Pavilion, in Gilford, N.H.

The student's efforts were made possible by the combined efforts of Godsmack lead singer Sully Erna, Sue Centner, the Director for the Community Alliance for Teen Safety (CATS), Blake Leister, Choral Director/Drama Director at West

Running Brook Middle School and Kate Boisvert, Choir Director and Music Teacher at Gilbert H. Hood Middle School.

Last year the students got to meet with the band in their studio where they sang back-up, and now, as a follow up to that experience,

**continued on page 5**



# A New Generation of Nicotine Addictions: Schools Address the Dangers of Vaping

GABBY GUERARD  
NUTFIELD NEWS

According to the U.S. Department of Health and Human Services in the state of New Hampshire, 9 percent of high school students smoked cigarettes in the last 30 days, compared to 25 percent of high school students who have used a vaping device in the last 30 days. It was this surprising statistic that caused Londonderry school's to take action.

At the end of the school year, the schools hosted the Northern New England Poison Center (NNEPC) at Londonderry High School to address the dangers of youth vaping in the community. Following a presentation by Laurie Warnock, N.H. Education Coordinator for the NNEPC, Warnock joined a panel discussion with Dr. Brian O'Sullivan, Professor of Pediatrics for the Geisel School of Medicine at Dartmouth College and Medical Director of a Clinical Research Unit at the Dartmouth-Hitchcock Medical Center, Dr. Beth Sheridan, Londonderry School District Child Psychologist, OFC. Emily Dyer, School

Resource Officer, Amity Small, LHS Assistant Principal, and David Sutherland, LMS Assistant Principal.

Vaping originated with electronic-cigarettes, as a safer cessation device for traditional adult smokers, because they do not create the results of combustion from burning tobacco. Yet, for the two million teenagers who had never smoked and have begun using vaping devices, the concern has reached epidemic proportions.

"We will have a whole new generation of young adults who will develop nicotine addictions," said Warnock.

The market now offers devices of all shapes and sizes, including vape pens, vape mods, cigars, and pipes. Essentially, they each have a mouthpiece, reservoir for the liquid, a heating element, and then a battery for recharging. The liquid, known as e-juice, contains a variety of chemicals, including tobacco. Although one must be at least 18 to purchase, the products are all available online, providing access to minors.

Additionally, these are

not considered tobacco products by the Bureau of Alcohol, Tobacco, Firearms, and Explosives, nor are they considered food products by the Food and Drug Administration. This means that there is no agency overseeing the safety and the content of the substances and devices.

"Teddy bears have 17 standards that they have to meet for product safety. Vape devices do not," stated Warnock. "Because there's no standardization, there are several thousand different flavors and products. You can test sample A, but it's not even going to necessarily match sample B of the same product, let alone someone else's product."

O'Sullivan explained that studies have revealed zinc, copper, tin, and lead in these products, as well as nicotine in e-juices labeled "zero nicotine." The devices can also facilitate the use of marijuana products, without the signature skunky smell.

"Smoking leaf material has maybe 6 to 10 percent THC, whereas resins and concentrates can have 60 to 80 percent THC," she added. "So the difference between a glass of water, and a fifth of Jack Daniels, we're talking that kind of strength comparison."

Though, the biggest game changer has been the

Juul. This cartridge-type device uses pods, and is as small as a flash drive. According to its engineers, it was designed as the "iPhone of e-cigarettes." While similar to other vaping devices, the biggest difference is that Juuls are not meant to be a cessation device; they are intended as a replacement for traditional cigarettes.

"By the time that a new smoker has finished one pod of a Juul, because it's such a high concentration, they've effectively smoked a pack of cigarettes, and that kind of exposure is enough to stimulate addiction," explained Warnock.

The primary danger among all vape products is their effect on adolescents. For the purposes of the brain, an adolescent has not completely developed until ages 21 to 25.

"What we've discovered is that when we introduce addictive substances or behaviors to the adolescent brain when it's still forming, it can prime that brain for addictive behaviors later in life," said Warnock.

According to O'Sullivan, those who vape can undergo immediate damage, however kids don't feel it right away. That being said, early action can help to minimize impact.

"The longer you do it, the more damage that you're

going to get," he said. "Inflammation can be reversed if you stop smoking, but if you reach a point where it's turned into cancer or where there's scar tissue, then it's not changeable."

In addition to the physical repercussions, vaping can also damage a student's academic future.

"Possession of e-cigarette is the same as possession of a regular cigarette: it's a statutory offence if you're under 18 years old. If you are caught with that device, or any of the products, you can be issued a summons to court," said Dyer. "If you're ever arrested for drugs in any fashion, you're not eligible for any kind of financial aid from the government for college."

Sutherland reported that there were 10 offences of vaping or having vape paraphernalia at the middle school, while Small revealed that they suspend about three or four kids per week at the High School. One of the main issues was that the epidemic began right when the 2017-2018 academic year started.

"This wasn't anything on our radar last summer, so we didn't have a plan in place of how we were going to handle this," said Small. "Prior to this, having a tobacco infraction was pretty much unheard of."

At this point, vaping has become a serious concern, specifically regarding how discrete the devices can be. Small reported that students have been caught in bathrooms, at lockers, and between periods. The vapors are nearly odorless, making them almost impossible to discover. Although some flavors can cause a faint fruity scent, it is virtually synonymous with perfumes.

"We are integrating this now into the curriculums, and we'll continue to refine how we do that as we learn more about the drugs and the products, and how our students are using them, to help them understand the short and long term ramifications of their decisions," said Sutherland.

Sutherland also stressed the importance of the whole area uniting to face the realities of vaping.

The full video of the event can be found on the "Londonderry, NH High School" YouTube channel at <https://youtu.be/rWM6o2xVx2k>.

For more information about the effects of vaping, visit [www.StillBlowingSmoke.org](http://www.StillBlowingSmoke.org), [www.DrugFreeNH.org](http://www.DrugFreeNH.org), or [www.NNEPC.org](http://www.NNEPC.org). To contact the NNEPC directly, call 1-800-222-1222, or text "poison" to 85511.

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# Fourth-Annual Blues Festival to Benefit Disabled American Veterans

NOELLE TARDIFF  
NUTFIELD NEWS

On Saturday, Aug. 25, blues-lovers, friends, and families are invited to the Londonderry Town Common from 12 to 4 p.m. to enjoy music, food, and more — and for a great cause.

The fourth-annual Blues Festival, hosted and organized by Londonderry's own Dennis "Dr. Harp" Martin, will benefit the Disabled American Veterans (DAV) and raise awareness for homelessness among veterans. In the past, proceeds have been donated to the Liberty House in Manchester and the Veterans Count program.

The idea for the event originated several years ago because Martin, who was once a homeless veteran himself around the time of

the Gulf War, wanted to give back to veterans as they were the ones who helped to get him back on his feet.

"I said, 'You know what? I think I'll give them a favor,'" Martin said.

The first year the event was held, only about 50 people made up the audience. However, in recent years, between 300 and 400 people have been in attendance to show their support for our local veterans.

"I really enjoy the environment," Martin said of the festival. "We get so much support from the community of Londonderry, and even towns outside of Londonderry like Derry, Salem, and Windham, is great."

Martin's band, Dr. Harp's All Veterans Blues Makers, will also be performing that day, along



Dennis Martin and his band, Dr. Harp's All Veterans Blues Makers, will perform Saturday, Aug. 25, on the Town Common for annual Blues Festival.

with several other blues bands that are donating their time to play.

"No one's getting paid," Martin explained, "Not even me. As a matter of

fact, I usually dip into my own pocket to help pay for a few things."

A barbecue truck, an ice cream truck, and craft vendors will also be available for guests to enjoy. The VFW Women's Auxiliary will be selling baked goods throughout the day, with all proceeds being donated to the DAV.

A variety of raffles will be part of the day as well for items such as military blankets made by Martin's wife, Manchester Monarchs tickets, and a 50/50. The Long Blue Cat Brewery donated several gift cards for the event as well, which will also be raffled off throughout the day. Selling tickets for the raffles will be the DAV Women's Auxiliary.

"Veterans Affairs (VA) will have a table set up as well," Martin said. "They'll

be able to give information out."

Martin explained that in New Hampshire alone, there are several hundred homeless veterans. Nationwide, there are over 40,000.

"A lot of veterans aren't aware of the benefits they can get," Martin explained. "If they come to the festival, the DAV of Manchester will have a table set up so that people can ask questions about things like health care that they aren't aware that they get." Londonderry Grange #44 will be providing pizza for the band.

Martin also explained that he is looking for more volunteers for the day. For more information or to volunteer at the Blues Festival, contact Dennis "Dr. Harp" Martin at 603-303-0352 or drharp83@hotmail.com.

## Back to School

continued from page 1

The Ernest P. Barka Elementary School will host its School Open House Tuesday, Aug. 28, 9 to 10:30 a.m. also.

The Grinnell Elementary School Open House is Tuesday, Aug. 28, from 9 to 10:30 a.m.

South Range also has its Tuesday, Open House is Tuesday, Aug. 28, 9 to 10:30 a.m. with

Thursday, Sept. 6 being Parent Information Night from 6:30 to 7:30 p.m.

Gilbert H. Hood Middle School will have its Open House is Thursday, Sept. 20

from 6 to 7:30 p.m.

West Running Brook Middle School will have the first day of School for sixth grade students on Aug. 28. First Day of School for seventh and eighth graders is Aug. 29.

School Hours for Kindergarten: Morning

Session: 8:35 to 11:10 a.m. and the Afternoon Session: 12:10 to 2:55 p.m.

Elementary/ Full-Day Kindergarten Hours are: 8:35 a.m. to 2:55 p.m.

Middle School hours are: Gilbert H. Hood: 7:15 a.m. to 1:50 p.m. and West Running Brook is 7:20 a.m.

to 1:55 p.m.

Pinkerton Academy will have its Freshman Orientation on Monday, Aug. 27

from 7:15 a.m. to 12:45 p.m. Opening Day for Pinkerton Academy is Tuesday, Aug. 28.



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## Editorial

### Back to School

It seems like it was just Memorial Day last week, but somehow we are suddenly at the final week of summer vacation. Summer is coming to a close, and Students are soon going back to school. School starts next week, and the shadows of late summer bring the unmistakable message that the season is on the wane. It may be too hot to think about winter clothing, but the time for scarves and hats and boots will be here before we know it.

But even as one season fades, the opening of the school year brings with it a sense of everything new once again. The collection of empty notebooks, sharpened pencils, new pens, and for the younger set, untouched crayons carries with it an excitement about things to come.

From pre-school to college and beyond, it is the time for fresh starts and new adventures. And for those of us long past worrying about the first day of school, we nevertheless have our memories. With budget in place, this year will have it's changes, as in the past, although compared to schools in many other parts of the country, ours are well staffed, programs such as art and music are not considered luxuries nor should they be and our buildings are in good shape. It's likely that our children will continue to learn,

grow and thrive, even with any changes all thanks to active parents whether it is volunteering, PTA's, PTO's, coaching and doing what ever is needed to be done to create a great environment for kids to learn and grow. We may not have everything we would want in our schools but that does not stop the passion of knowledge from happening.

The start of school also brings a word of caution. Children will be walking along the edge of roads and in crosswalks, and drivers will need to watch the road even more carefully than usual. That means paying attention; putting down the phones, pause the texting, reducing your speeds in designated school zones, and watching for school buses signaling their stops. There is no place you could be going that is more important than a life. Now more than in the past due to all of the construction and added development in our towns; lets face it we have a lot more cars, trucks, and overall traffic.

For parents, the start of the school year brings feelings of nostalgia, and the reality that years which are passing can't be avoided. But there's nothing like the opening of school to remind us of all we have yet to learn, and of the excitement that knowledge of new things can bring. So pay attention and enjoy the ride.

## Letters

### Vote Chris Pappas

To the editor,

I am submitting this letter in the hope that it will be published in the next edition of the Nutfield News.

I appreciate your time and consideration.

Chris Pappas deserves the privilege to serve as our Representative to Congress in the First Congressional District. He has been a life-long resident of New Hampshire who owns a family business. He has the knowledge, insight and experience to understand the needs of our Granite State and will be our "Rock" supporting our American values.

As an Executive Councilor he worked to restore funding to Planned Parenthood, to protect access to Health Care for families and voted to fund Medicaid Expansion which insures over 50,00 and is a vital component in the efforts to combat the opioid epidemic.

As our Representative, he will continue to work for affordable and accessible Health Care for all, to protect Medicare and Social Security. He will support measures that will serve the interests of our citizens and not special interests. He will support funding for our public school system and to preserve and protect our environment. Chris has stood up for our values as an Executive Councilor and will

continue to do so as our Congressman. I hope you will join me in electing Chris Pappas for Congress on September 11.

Mary Eisner  
Derry, N.H.

### Chuck Massahos For Rockingham County Sheriff

To the editor,

My name is Joseph Costa and I am a Law Enforcement Professional and Sandown resident. I am writing this to recommend Chuck Massahos as a candidate for High Sheriff of Rockingham County.

I have known and worked with Chuck for almost 6 years. Because of working with and getting to know him personally, I know he know he is a man of character and his work ethic is second to none. I am proud to say I support his candidacy for High Sheriff. His service as a Sheriff's Deputy and a business owner in our county has earned him the respect of his peers and the community.

Chuck Massahos is the best candidate for the Office of Sheriff. Chuck has intimate knowledge of how the Sheriff's Office works and what it needs. On the first day Chuck will be able to hit the ground running, not needing to take time to acclimate himself with the day-to-day oper-

ations of the Office. He is compassionate and cares about everyone he meets.

I encourage you to vote for Chuck Massahos for Sheriff of Rockingham County. I feel that no one will outwork, be more fair and will always keep the citizens of Rockingham County in his thoughts everyday as the High Sheriff.

Joseph Costa  
Sandown

### Response to Coach Story

To the Editor,

Thank you for your article on Londonderry High School grads making an impact on student athletes at Pinkerton academy.

I enjoyed reading about all of the great accomplishments these coaches have achieved in their careers and their link to Londonderry.

I found one glaring omission. Michael Karthas III (LHS Class of 2003) has been a dedicated teacher and coach in Derry for over a decade. He has worked as a Math teacher at Hood Middle School as well as with track and field athletes at the middle and high school level.

Derry is lucky to have this amazing educator and coach, but Londonderry should be proud to claim him as a Lancer.

Thank you,  
Dave Palange  
Londonderry

Nutfield News welcomes letters of up to 500 words on topics of local interest, written by local residents, and prints as many letters as possible. Please e-mail your letters to the Nutfield News at [nutfieldnews@nutpub.net](mailto:nutfieldnews@nutpub.net). All letters must include the writer's name, address and phone number for verification if needed; name and town of residence will be printed. Nutfield News reserves the right to reject or edit letters for content and length, and anonymous letters will not be printed.

## ZBA

continued from page 1

Zoning board secretary Stephen Coppola acknowledged Mark's comment, but did not share her concern. "I want to make sure the question of taxation of the property doesn't rest on deaf ears but... I personally am struggling to see how this would change taxation."

Board chairman, Lynn Perkins, stated that tax codes

were outside the scope of this discussion, and the PA representatives chose not to retort on the opposition.

Other concern over the proposed zoning variance came from board member Randall Kelley. Acknowledging that he believed Powers and Robinson had presented a "great plan," Kelley stated he was worried that this part of town will become "very, very busy" with exit 4A coming in, and

a 26 unit development in the area in the works. The board member expressed reluctance to throw "teenage drivers" into this mix.

In the end, Kelley voted "yes" on the variance appeal, as did the other four board members. The next step for this project for converting this former home into the new ombudsman program facility will be presenting to the Derry planning board.

## Nutfield News

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# Lifeway Church Hosts Block Party at MacGregor Park



As a way to end the summer with a bang the Lifeway Church held, what they hope will be an annual Summer Block Party at MacGregor Park on Saturday, Aug. 18. And despite the damp conditions, attendees seemed to really have a ball with all the activities set up around the park. The event and its activities were completely free to those who came by to enjoy the fun. The church's pastor, Juan Saa said it was way to give to the community. *Photos by Chris Paul*

## Godsmack

**continued from page 1**  
the kids will get to hang out like rock stars and perform live on stage.

While waiting to perform, the young musicians were invited to swim in the pool available and use the game room.

The tour manager, Chris Zacoar, acted as liaison for the kids while they were backstage.

The song "Unforgettable" was expected to be the fifth song performed at the concert and Sully was slated to bring the kids on stage.

Students who performed

were: Adam Carvalho, Andrew Warren, Bana Berhane, Nina Andrews, Sophie Olson, Julia McGowen, Vienne Hynes, Kathryn DeLong, Bryn Steinmetz, Lily-Anne Heywood, Lorrie Warren, Victoria Volokitkin, Adele Stevens, Madison Connors, Sydney Flanders, and David W. Clark III.

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# Hyla Brook Poetry Program Continues at Frost Farm

PENNY WILLIAMS  
NUTFIELD NEWS

The series, which is held at the Frost Farm located at 122 Rockingham Road (Rt. 28), in Derry is free and open to the public. "An Open Mic follows the readings and all audience members are invited to share their work," said Kyle Potvin.

According to Potvin, Marilyn Nelson is the author or translator of some twenty books of poetry. Her Carver: A Life in Poems (2001), described as "ground-breaking" in several Children's Literature

textbooks, won Newbery Honors, Coretta Scott King Honors, the Boston Globe/Horn Book Award, and the Flora Stieglitz Straus Award, and was a finalist for the National Book Award, and it appears almost in its entirety in The Norton Anthology of Children's Literature (2005). A Wreath for Emmett Till (2005), How I Discovered Poetry (2014), and My Seneca Village (2015) received similar acclaim. In 2017 she was awarded the NSK Neustadt Award and the NCTE Award for Excellence in Children's Poetry. Nelson held the office of

Poet Laureate of the State of Connecticut from 2001-2006. At present she is a Chancellor of the Academy of American Poets and Poet-in-Residence of the Cathedral of St. John the Divine.

On Aug. 9, Hyla Brook Poet and Chester resident Midge Goldberg read at the series. Goldberg is the recipient of the 2016 Howard Nemerov Sonnet Award as well as being a finalist in 2017 and 2015. She received the Richard Wilbur Poetry Award for her book Snowman's Code, chosen as the 2016 New Hampshire Literary

Awards Reader's Choice Award for Outstanding Book of Poetry. Her poems have appeared in many journals and anthologies, such as Measure, Appalachia, Journal of General Internal Medicine, and Poetry Speaks: Who I Am, and as a featured poet in Mezzo Cammin and Light. Her other books include Flume Ride and the children's book My Best Ever Grandpa. She is a longtime member of the Powow River Poets and has an M.F.A. from the University of New Hampshire.

The 2018 Hyla Brook

Reading Series season concludes on Sept. 13, with a reading by poet and fiddler Dudley Laufman. Through September, the Hyla Brook Poets' monthly writing workshop meets on the third Saturday of the month at 10 a.m. at its summer home at the Frost Farm, before moving to the Derry Public Library.

Under the leadership of Robert W. Crawford, Derry Poet Laureate, Frost Farm Poetry's mission is to support the writing and teaching of metrical poetry. The Hyla Brook Poets started in 2008 as a monthly poetry workshop. In

March 2009, the monthly Hyla Brook Reading Series launched with readings by emerging poets as well as luminaries such as Maxine Kumin, Sharon Olds and Richard Blanco. From there, the Frost Farm Poetry Prize for metrical poetry was introduced in 2010, with the Frost Farm Conference beginning in 2015.

For further information, email [hylabrookpoets@gmail.com](mailto:hylabrookpoets@gmail.com), or visit [www.frostfarmpoetry.org](http://www.frostfarmpoetry.org) or [facebook.com/HylaBrookPoets](https://www.facebook.com/HylaBrookPoets) or [twitter.com/HylaBrookPoets](https://twitter.com/HylaBrookPoets).

# Isaiah 58 NH Will Hold its Fifth Annual Charity Benefit

PENNY WILLIAMS  
NUTFIELD NEWS

Five years ago, Isaiah 58 NH was launched with a mission to provide housing, support services, and life skills training to homeless and housing insecure clients in Western Rockingham County. Isaiah 58 NH desires to acquire and rehabilitate housing units that it will own and operate. It

will lease and manage apartments, in order to provide affordable housing for families and individuals. Isaiah 58 NH's primary focus area is Western Rockingham County, an area with a lack of homeless shelters and the worst affordable housing situation in the state. The Rev. David Ysenka heads up the Isaiah 58 ministry.

After more than three

decades at Triumphant Cross Lutheran Church, Hampstead resident Ysenka retired from that position back in 2014, moving on to engage full-time in Isaiah 58 ministry. His ministry leading Triumphant Cross and his passion for homeless and affordable housing issues allowed him to be comfortable that he had developed a solid foundation for the Isaiah 58's ministry efforts. He sees this as a continuation of his lifelong interest in advocating for justice issues. Ysenka recognizes the needs for affordable housing and answers addressing the problem of homelessness.

This is the Fifth Annual Charity Benefit of Isaiah 58

NH where funds are raised to support the Isaiah 58 ministry. The charity benefit fundraiser will be held at The Atkinson Resort and Country Club on Friday, Sept. 7, from 6:30 p.m. to 10:30 p.m. Tickets are \$60 per person and can be purchased online at [www.IsaiahsPlace.myevent.com](http://www.IsaiahsPlace.myevent.com), and on the website [www.isaiah58nh.com](http://www.isaiah58nh.com). Checks can be made payable to Isaiah 58 NH, and mailed to Isaiah 58 NH, 472 Route 111, C4, Hampstead, NH 03841. Isaiah 58 NH is a registered 501(c)(3) organization.

Ysenka pointed out that, "Western Rockingham County residents will once again gather in sup-

port of Isaiah 58's mission to provide shelter, food, and clothing for the homeless and housing insecure. The affordable housing inventory in Western Rockingham County is woefully behind the needs of the community. Every housing unit we add offers another family an escape from the devastating cycle of hopelessness and despair caused by housing and lifestyle instability."

He went on to add, "The focus of this year's Charity Benefit is 'The State of Housing in New Hampshire and Beyond'. Homelessness and housing insecurity have significant implications for those experiencing it but also for businesses,

school districts, social service providers, and mental health agencies. Lack of affordable housing has a negative effect on our economy and the overall well-being of our society."

The evening includes dinner, a cash bar, music, silent auction and time to mingle with guests. The highlight of the evening is the presentation of the "Sheriff Michael Downing Humanitarian Award for Community Service" to an individual who has demonstrated outstanding humanitarian service to the community. This year's recipient is The Honorable John A. Korbey, Salem District Court Judge (retired).

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# Start Lawn Seeding Now, Reap Benefits Next Summer

MELISSA BETH BUIZ  
NUTFIELD NEWS

Fall flavors are already out at select coffee shops throughout the state, and the autumn hype has begun, with a good month of summer still left to go.

While there is still time, some extra attention can go a long way in protecting your lawn and garden from the changing seasons.

There are a few reasons why Aug. is a prime month for lawn maintenance, says Mr. Grass Blog, run by Theron Peck, a Master Turf Manager with 29 years of experience.

The first reason being the length of the remaining growing season for grass in New Hampshire. Seeding in Aug. allows for three growing months, and grass can

take 3 to 4 weeks to germinate, so planting in the late summer allows for plenty of time for grass to grow to maturity.

The second reason for planting around this time is that most annual weeds and crabgrass will not have time to germinate and crowd out new grass as they would in the spring months.

The third reason to seed in Aug. is that soil temperatures are still warm at this time of year, allowing for better germination and faster growth, meaning it has more time to grow before winter.

According to Lawns of Southern NH, the best time to fertilize your home lawn is during the transition from warm summer days to cooler fall weather, around Mid-Aug. through Sept. The

application of a granular, slow-release fertilizer can help promote recovery from the stress caused by any summer drought conditions (not necessarily a worry regarding this particular summer) and insect infestations. Coupled with cooler nights and extra rainfall that Autumn normally brings, the optimal environment is nurtured for a healthy lawn through the time of falling leaves.

August is also a good time to look for turf pests such as chinch bugs and grubs, which eat through and destroy the grass. Many people mistake pest damage for drought stress or summer damage, so a professional lawn inspection is recommended to rule out the presence of pests.

This month is also

prime time for aeration and overseeding for lawn repairs. While this can be done through the month of Oct., getting seed down sooner rather than later and allowing more time for it to aerate will give it a better opportunity to grow and have a higher chance for it to survive into the winter months.

Aeration is also a great way to reduce soil compaction which could be caused by drought conditions, or by heavy treading or being compacted by objects such as pools, volleyball nets, or where outdoor games and activities often take place. Aeration involves perforating the soil with small holes to allow air, water, and nutrients to penetrate grass roots, allowing the roots to grow deeply

and produce a stronger lawn.

While soil compaction due to improper aeration is a big problem found in many lawns, a lot of people do not realize the affect it has on weakening the lawn, even to the point of thinning it out to visibly bare patches. There are a few different tools and machines that can be used for easy aeration, such as a spike aerator or a plug aerator. Machines can be rented or purchased at local lawn and garden stores, and a professional can help to determine which tool is right for your lawn.

Don't quite have a lawn to speak of yet? Planting Grass Seed Center, a database for DIY lawncare for all fifty United States, says that for New Hampshire, grass seed should be plant-

ed between Aug. 15 and Sept. 15 for a thicker, denser lawn. According to the site, seeding in late summer/early fall provides warm soils, cool temperatures, and autumn rains that create an optimal environment for seed germination.

Grass varieties that Planting Grass Seed Center suggests for New Hampshire include Kentucky Bluegrass, Fine Fescue, and a Perennial Rye Grass/Kentucky Bluegrass blend. All of these varieties are tolerant to colder climates.

Although leaves will soon begin to pile onto our lawns, with piles of snow to follow, for a lush, enviable lawn come spring, putting a little extra work into your lawn at the end of this summer will be more than worth it come next summer.

## St. Gianna's Place to Host 5K Fundraiser in October

St. Gianna's Place will be hosting a "Baby Crawl" as a way to help raise funds for their non-profit.

The event is a family friendly 5K-road race that will raise funds to purchase a home in the greater Londonderry area to house, educate, and emotionally support pregnant women in crisis and their babies.

The road race is open to runners and walkers of all

ages and abilities, and will offer raffles for the adults and face painting and games for the kids.

"Our hope is that this event will not only raise money, but also raise awareness about our mission," says St. Gianna's Place Board of Director's president, Laura Gandia. "Not everyone in the community realizes how great the need is for a home sole-

ly dedicated to pregnant women in crisis in the southern part of the state."

St. Gianna's Place is a nonprofit organization incorporated in 2016 to address this problem. It is designed to be a safe harbor for women facing pregnancy without financial means and emotional support. In addition to providing a secure home, St. Gianna's Place will also offer job and

life skills training and counseling intended to foster independence and self-worth among those they serve. Residents will be allowed to remain at the home for several months after giving birth.

St. Gianna's Place has recently exceeded the

halfway mark to their fundraising goal, and they hope that the Baby Crawl will move them even closer. The event will take place on October 6 at the Londonderry, Town Common.

Registration will open at 8:30 a.m., and the race will start at 10 a.m.

Parking is available at Orchard Christian Church, 136 Pillsbury Road. If you would like to pre-register for the Baby Crawl or get more information about the race and St. Gianna's Place, please visit [www.stgiannas-place.org](http://www.stgiannas-place.org)

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# Derry Rotary Looking for Bidders



The Derry Rotary Club will hold their biggest fund raiser of the year on Saturday, Aug. 25 with their annual auction, which is looking to be even bigger this year. The auction will take place in the parking lot of Fireye Inc. at 3 Manchester Road with Art McLean acting as the auctioneer. The event has been in effect since the beginning of this chapter in 1970, regularly hosting roughly 300 to 400 items and bringing in around \$18,000 to \$20,000 to help fund the chapter’s various functions throughout the year. This alone can account for roughly 40 percent of the \$500,000 that the chapter has managed to raise in the last 10 years.

The event will be starting at 9 a.m. with a yard sale with the live auction beginning at 9:30 a.m. Amongst the selection of items will be ones both used and new, such as slightly used furniture and brand new chainsaws and weedwakers. There will also be a series of themed item bundles being auctioned off, including one themed around BBQ equipment and another featuring back-to-school items. A car will even be auc-



tioned off, as attendees will have the chance to earn a 2003 BMW 525i, black on black with automatic transmission and 150,000 miles. Gift certificates and cash raffles will also be made available, including 5 \$100 prizes, 2 \$250 prizes, a \$500 prize, a \$1000 prize, and a \$2500 prize. As an added bonus for frequenters of Rotary events, for every \$100 spent at the auction, attendees can earn \$10 worth of “Rotary Bucks”, which are essentially gift cards that can be used at subsequent Rotary events.

# Sweeney Post Supports Naturalization Ceremony



There were seventy-nine new citizens from thirty-three different countries sworn in at the United States District Court for the District of New Hampshire on Friday, Aug. 18. Presiding over this ceremony was Honorable Joseph N. LaPlante, U.S. District Court Chief Judge. The American Legion Sweeney Post led by Leo Cote, Leonard Morin, Jim Grosenbeck and Tony Violanti congratulated each new citizen and presented them with a pin of the U.S. Flag in honor of their new U.S. Citizenship. Pictured from left are: Leonard Morin, Leo Cote, Chief Judge Joseph LaPlante, Tony Violanti, Jim Grosenbeck.

Courtesy photo



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# DERRY SPORTS

## Defense Strong But Scoring in Question for PA Girls' Soccer

CHRIS PANTAZIS  
NUTFIELD NEWS

The Pinkerton Academy girls' soccer squad faced a bunch of challenges during its 2017 campaign last fall, with possibly the largest of them being the switch over from veteran coach Steve Gundrum to former junior varsity mentor Danielle Rappa.

But the Lady Astros adapted and developed well under their new leader, finishing with a strong 8-5-3 regular season record and making it as far as the Division I tournament quarterfinals before being eliminated by a tough Manchester Central crew. And Central was far from done in the tourney.

The forthcoming 2018 campaign will, likewise, present some pretty significant challenges for coach Rappa's PA roster as well. The coach has a year of varsity coaching under her belt and a strong returning defensive corps. But many offensive stalwarts from the past few years - including speedy catalyst Nicole Alves - claimed their Pinkerton diplomas this past spring and have moved on. So the



Reagan Kolinski



Julia Preston



Maddie Sullivan

Lady Astros will need to find some goal-producers in order to go deep into the D-I tourney this autumn.

"We had strong defense and a low goals against average last season. We have the ability to do that again this season and make teams really have to work to score on us," said the coach. "We lost a lot of attacking players last year though, so we will be working on finding ways to put the ball in the net."

Among the returning starters from the hard-working and determined 2017

contingent are seniors Reagan Kolinski (goalie), Julia Preston (midfielder), Katie Ziniti (middie), and Andrea Manchester (middie), along with sophomore defender Macy Graves.

Other returnees to the varsity who may be asked to handle larger roles include seniors Ally Croteau (middie), Victoria Peguri (middie), and Alexis Skafas (forward), juniors Anna Blaszk (defender) and Mattie Sullivan (middie), and sophomores Adria Forand (defender), Sam Franks

(middie), and Enya Vanasse (forward).

When she looks at the Division I landscape in advance of the 2018 cam-

paign, coach Rappa considers the Exeter High Lady Blue Hawks, Bedford High Lady Bulldogs, and the Central Little Green to be

among the top competition. Central narrowly bested Bedford on penalty kicks to claim the D-I title last autumn.



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# Ex-Astro Soccer Star Mitchell a Defensive Linchpin at Colby-Sawyer

CHRIS PANTAZIS  
NUTFIELD NEWS

Few folks who saw former Pinkerton Academy girls' soccer goalie Sam Mitchell and her Lady Astro teammates bag the very first state championship in their program's history during the autumn of 2015 will ever forget it. But the standout keeper still had more great accomplishments ahead of her in collegiate soccer at Colby-Sawyer College in New London.

The 2016 Pinkerton graduate and Chester resident has been a vital member of the Lady Chargers' impressive defenses each of the last two falls, and new Colby-Sawyer coach Gene Smith is hoping Mitchell has a whole lot more great play in her during the forthcoming 2018 campaign as the team makes the move from the North Atlantic Conference (NAC) into the Great Northeast Athletic Conference (GNAC).

After being a team captain and New Hampshire Division I First-Team All-State selection following the high school championship campaign of 2015, Mitchell decided that Colby-Sawyer



Former Pinkerton Academy star goalie, Sam Mitchell is now excelling for Lady Chargers in collegiate soccer at Colby-Sawyer College. Courtesy photo

was the place for her to study nursing. And her move into collegiate soccer certainly didn't seem to daunt the new PA grad.

During her freshman campaign of 2016 Mitchell played a vital role between the pipes on coach Meghan Medbery's defending NAC championship squad. The talented keeper helped the Lady Chargers repeat as the

NAC champions with some truly stellar play.

The Chester woman stepped right in as the starting goalie and earned seven wins with two shutouts. Mitchell also claimed no less than three NAC Rookie of the Week awards, one NAC Defensive Player of the Week honor, and one Eastern College Athletic Conference Rookie of the

Week award.

Her first collegiate victory came in a thrilling 1-0 overtime win over Norwich in the season-opener. She then finished the season strong by helping the team to nine straight victories and the NAC championship. Mitchell put together three straight impressive games in the NAC tournament, leading the Chargers to a pair of upsets on the road.

The local woman played arguably her best game of the season in the highest pressure situation to pick up the win with seven saves in a 1-0 victory over top-seeded New England College in the NAC championship match. Additionally, Mitchell was named to the NAC All-

Tournament team for her impressive efforts.

Then last autumn in her sophomore campaign, Mitchell was named to the All-NAC First Team and earned four NAC Defensive Player of the Week awards during the season.

She notched a 7-2-1 overall record in goal and a 5-0 mark in NAC games. Two of her starts resulted in solo shutouts, while another was a shared shutout. Mitchell posted a league-best 0.82 overall goals against average in all games and a 0.70 goals against in NAC games. She also had an NAC-best .862 save percentage in all games and was second with a .833 save percentage against conference

opponents. One of her best games came against regionally-ranked and NCAA tournament participant Middlebury when she allowed only one goal and made a season-high 10 saves.

Rolling into this, her junior campaign this fall, Mitchell and her teammates will be under the leadership of former Plymouth State coach Smith, who arrives in New London from Division I Marist College in Poughkeepsie, N.Y. And the move from the NAC to the GNAC will no doubt present some challenges. But then, ex-Lady Astro Mitchell certainly seems to be ready for all challenges.

## Rowing Alliance Seeking Pinkerton Academy Students

CHRIS PANTAZIS  
NUTFIELD NEWS

Just about anybody who has been involved in rowing sports will tell you that they have had a tremendous amount of fun while also challenging themselves both physically and mentally. And the Manchester Rowing Alliance is all about getting more and more area teenagers involved so they too can see what rowing sports are all about.

MRA director Brenda Balenger has been a pivotal figure in her organization's establishment of and involvement with the Pinkerton Academy and Londonderry High School

crew programs. And Balenger and her group are looking to get more PA and LHS students going in rowing sports right now.

MRA is presently accepting applications for the fall rowing season, and any high school student entering or attending Londonderry or Pinkerton is welcomed to register with the rowing alliance.

"MRA is a non-profit organization whose sole purpose is to introduce the sport of rowing to youth in the Southern New Hampshire area," said Londonderry High crew and MRA liaison Carolyn Brown. "We have held a presence at both LHS and

PA over the past few years and welcome returning and novice rowers."

Anyone who has witnessed folks involved in rowing sports knows that athletes get an intense, full-body workout and enjoy some pretty amazing camaraderie with fellow rowers trying to aim for many of the same goals. And as is the case with many sports, rowing can be habit-forming in the best possible ways.

Anyone interested in taking up the local rowing alliance on its offer should visit the MRA website at [www.rowmanchester.org](http://www.rowmanchester.org) for registration details.

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# Former PA Running Trio Excelling at University of New Hampshire

CHRIS PANTAZIS  
NUTFIELD NEWS

It could be argued that Pinkerton Academy graduation day back in the spring of 2016 was kind of like a very early Christmas Day for the University of New Hampshire's cross-country and track and field squads.

Three incredibly productive running stars from the Derry school's cross-country and indoor and outdoor track and field contingents

all wound up making UNH their next academic and athletic homes following that spring 2016 graduation day, and Sam Lanternier, Nico Sevilla, and Morgan Sansing have continued to be standouts in all three athletic seasons in Durham.

The terrific trio continued to show its skills and drive in distance events for their respective Wildcat squads during the spring campaign this past spring, and there's no reason to

expect the former Pinkerton stars to do anything less over the coming months as juniors on their 2018 UNH cross-country teams.

During the 2017 college cross-country campaign last autumn, Hampstead resident Lanternier managed his top finish in the form of a sixth place in the 15th Annual Central Connecticut State University Mini-Meet in New Britain. The former Astro stalwart finished that 5-kilometer event in 15 min-

utes and 57.9 seconds. He also bagged a strong top-20 finish by placing 19th in the 2017 UNH Cross-Country Invitational (16:20).

Lanternier's former fellow Pinkerton Astro and present UNH teammate on coach Jim Boulanger's Wildcat squad Sevilla - a Chester resident - collected his finest individual finish of the 2017 campaign in the Maine and New Hampshire Meet in which he placed fourth in the 8.05 kilometer

event with his time of 26:34. He also claimed a top-15 finish (13th) in the aforementioned UNH Invitational with his time of 16:10.3.

And Sevilla's fellow Chester resident Sansing - a true standout for the Lady Astros throughout her excellent cross-country and track careers - will be back on coach Bob Hoppler's UNH women's cross-country squad and looking to build upon some of her strong 2017 performances.

Sansing had a 10th place finish in the Maine and New Hampshire Meet's 5K (20:09) and bagged a 16th place finish in the 3K event at the aforementioned Central Connecticut Mini-Meet (11:16.8).

The 2018 UNH men's and women's cross-country contingents both get their 2018 campaigns rolling in Durham on Saturday, Sept. 2, when they both play host to the teams from Providence College and Holy Cross.

## Mack's Annual Run for the Apples Number 22 is Sunday, Aug. 26

CHRIS PANTAZIS  
NUTFIELD NEWS

Hey local runners, imagine this. Running through warm and aromatic apple orchards on a late summer Sunday afternoon, getting more great exercise and taking in some of the true splendor of nature here in Southern New Hampshire.

Well, all of that is on offer in the 22nd annual Mack's/Greater Derry Track Club Run for the Apples 5K Cross-Country Race in the Moose Hill Orchards in Londonderry at 5 p.m. on Sunday, Aug. 26.

This popular event, which drew nearly 200 runners for race number 21 last August, has become popular with area high school and middle school cross-country teams and

runners as a way to challenge themselves in preparation for their school seasons. But plenty of other runners looking for the aforementioned assets of a race show up to run on their own as well.

Directed by Greater Derry Track Club co-founder Eldon Burkinshaw, this low-cost event has a very low-key atmosphere but plenty of strong competition for folks seeking that.

The 2017 race was won by a couple of talented teens, with Litchfield 16-year-old Jeff Allen finishing first overall in 15 minutes and 20 seconds and 13-year-old Fiona Doherty from Manchester leading the females with her fine time of 19:15. She was the 14th runner to cross the finish line.

The pre-registration fee

is \$15 as is the race-day fee, and families can take part in the event at a family rate of \$30. The race directors consider a family to be two adults and unlimited children living at same address.

"Runners come from all local areas to tune up for the fall cross-country season, and finishers are treated to fresh-squeezed lemonade and other refreshments after the race. Mack's Apples is a favorite with families of all ages," said director Burkinshaw.

Awards go to the overall winners and the top finishers in multiple age groups, and the first 75 entrants receive custom race shirts.

More info and on-line registration are available at the Greater Derry Track Club's website.



Cross-Country runners head out in the orchard course at Mack's Apples last year.

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# All That Green.....

CHRIS PANTAZIS  
NUTFIELD NEWS

The impression that seared itself into my memory - as I came up through that dark tunnel which opened onto the first-base side of the field - was "all....that....green."

Jeez, the infield grass, the outfield grass, that HUGE left field wall. It was overwhelming, and flat-out beautiful. But calling it "beautiful" felt kinda silly. Waterfalls, Redwood Trees, an elk standing majestically on a mountain peak, those are perceived by everybody as "beautiful." Not baseball fields.

But this was undeniably beautiful. This baseball field.

It has to be at least relatively safe to say that the vast majority of people remember the first time they attended a professional baseball game, especially if their first game was at a place like Fenway Park.

My first trip to Fenway, as an eight-year-old in late

August of 1974, is a life milestone as precious to me as nearly anything which subsequently happened in my later life - understandably falling just a bit short of my wedding day and the three days during which my beloved kids were born.

But then, millions of people have "My first trip to Fenway" stories which are plenty precious to them, and they are tales which most folks simply love to tell over and over again.

Anybody who has followed baseball over the last 50 years will tell you that my Little League teammates and I lucked out big time when our coaches decided to take us to a Red Sox game against the powerhouse Oakland Athletics in August of 1974.

If we were going to have our first Fenway experience involving the Red Sox and virtually any American League team during that time period, the best conceivable choice was Charlie Finley's Oakland A's.

The A's had won World Series titles in 1972 and 1973 and would pull off the trifecta later in 1974 during a magnificent three-year run which featured truly legendary talent - which reportedly fought amongst itself all the time off the field - which included the likes of future Hall of Famers like Reggie Jackson and Catfish Hunter and Rollie Fingers, and on and on. Even the just 'very good' ball players on those teams were very, very good. Bert Campaneris. Joe Rudi. Gene Tenace. Sal Bando. Billy North. Wow.

And along with all of the sheer beauty of the green held within the confines of Fenway Park, those Oakland A's wore their own very distinctive green uniforms along with white spikes. Quite a visual on their own.

But our Red Sox were no slouches during that summer of '74 either. Carl Yastrzemski had to move in to first base from left field due to advancing age, but man could he still hit. New



Hampshire's own Carlton Fisk caught a strong Red Sox pitching staff magnificently, and Rico Petrocelli was nearing his personal back-nine playing third base but could certainly still "pick it."

From the serious baseball fan's standpoint - I mean beyond the slack-jawed kids on my baseball team and I - the likely centerpiece of that big August contest was the pitching duel for the ages which featured Red Sox whirling dervish Luis Tiant against amazing A's lefty Vida Blue.

Blue had been the Most Valuable Player, Cy Young Award winner, and

American League ERA champ several seasons before, and in 1974 he was on his way to another strong, 17-15 campaign in helping Oakland to its third straight world title.

Luis Tiant, well, was Luis Tiant. On his way to a superb, 22-13 season that year, the colorful Cuban had captured the imaginations and hearts of Red Sox fans since being picked off the scrap heap from the Minnesota Twins in 1970 after suffering some serious arm troubles but overcoming them.

Our Red Sox took an early 1-0 lead by touching up Blue on a solo homer by

leadoff batter Tommy Harper in the bottom half of the first. And a very young rookie outfielder named Jim Rice - who would only play 24 games for the Sox that year but went on to do some pretty good things in earning his own trip to Cooperstown and baseball immortality in later years - drove in one of two runs in the sixth with a sacrifice fly as Boston went up 3-0.

Tiant scattered six hits and went the distance in quashing a powerful Oakland offense and, in doing so, bagged his 20th win of the season that night in a 3-0 shutout in front of nearly 36,000 people.

Of course, neither I nor any of my teammates knew any of that statistical junk until choosing to look it up on baseballreference.com decades later. Nope. We were all caught up in the sights, and the sounds, and the smells of popcorn and hot dogs and beer. And just looking at all....that....green.

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# COMMUNITY EVENTS

This section is meant to be used to announce free events to the communities. If your group or non-profit is receiving money for what they are publicizing, there will be a charge of \$40.00/week per paper. All Around Town/Calendar Items will be held to 100 words maximum; anything over will incur a charge of \$40.00/week for up to another 50 words. All free announcements in the Around Town/Calendar section can run a maximum of 3 weeks. **Additionally:** We will run the full versions of any calendar items online free of charge at [www.nutpub.net](http://www.nutpub.net). Please send submissions to [nutfieldnews@nutpub.net](mailto:nutfieldnews@nutpub.net).

## What's in Your Child's IEP?

A session that gives a "nuts and bolts" look at the IEP so that parents can be more informed members of their child's IEP team will be held on Sept 13, from 6 - 8 p.m. at Gilbert Hood Middle School 5 Hood Road, Derry. Using the "Easy IEP" format as a foundation, participants learn about each component in their child's IEP. The session includes discussion of how all team members can work together to develop an IEP with all of the required components, including measurable annual goals based on evaluations and other data, individualized for their child. (The district will be recording this workshop for future viewing.)

## Garden Club

The Sept. 7 meeting of the Derry Garden Club will be held at The Derry Boys and Girls Club, 40 Hampstead Road, in Derry beginning at 10 a.m. Real Fallu, owner of Perennial Design Landscaping, will present a program on "Companions You Can Count On". There will be perennials for sale as well and banjo music, provided by Mr Fallu. It is also the 83rd Birthday meeting and we will honor past presidents. A luncheon will be provided. New

members and guests are always welcome.

## Democratic Meeting

The Derry Democratic Committee meets on the 4th Thursday of the month at Marion Gerrish Community Center at 7 p.m. On Aug. 23 our guest speaker will be Naomi Andrews, candidate for US Congress. Any questions can be directed to [DerryDems@gmail.com](mailto:DerryDems@gmail.com). Everyone is welcome to attend.

## Spring Hill Farm Fall Festival

On Oct. 13, from 9 a.m. - 3 p.m. Local vendors, music, arts and crafts, wagon rides, garden tours, trail guides, history displays, and more. Currently seeking interested vendors! \$10 reserves a spot. Email response or questions to: [SHFAC@ChesterNH.org](mailto:SHFAC@ChesterNH.org)

## Auction & Yard Sale

Derry Rotary's annual auction and yard sale, Aug. 25, yard sale section opens at 9 a.m. with the live auction gavel at 9:30 a.m. Registration for you bidder number is open at 9 a.m. and is free to all. Some stuff is old, some stuff is new, but we definitely have some stuff for you! Plus a \$5,000 cash raffle with a top

prize of \$2,500. Tickets are \$50 each or 3 for \$125. Food concession is available throughout the event.

## Free Meals

Please join us for free, family-friendly meals, served in a relaxed atmosphere. Meals are generally held as posted below, but may be rescheduled for holidays. Please call the facility to check on holiday times. We look forward to seeing you! On Aug. 24 a Spaghetti supper will be served from 5 - 6:30 p.m. at First Parish Congregational Church, 47 East Derry Road, East Derry. On Aug. 26, Lunch will be served from 1:30 - 2:30 p.m., at St. Jude Church 435 Mammoth Road, Londonderry. on Sept. 9, Dinner will be served from 5 - 6:30 p.m. at Episcopal Church of the Transfiguration 1 Hood Road, Derry; on Sept. 23, Breakfast will be served at 9 a.m., at Etz Hayim Synagogue, 1-1/2 Hood Road, Derry; on Sept. 28, a Spaghetti supper will be served from 5 - 6:30 p.m., at First Parish Congregational Church, 47 East Derry Road, East Derry; On Sept. 30, lunch is served from 1:30 - 2:30 p.m., at St. Jude Church, 435 Mammoth Road, Londonderry; on Sept. 15, Dinner served from 5 - 6

p.m., at St Luke's United Methodist Church 63 East Broadway, Derry. A Special Derryfest breakfast will be held from 7 - 10 a.m. There will be no 5 p.m. dinner.

## Tiny Tots

A storytime for ages 6 months - 2 years meets Mondays and Fridays at 10 a.m. at the Taylor Public Library. Space is limited so called the library at 432-7186 to register or with questions.

## Story Hour with a Craft

A story hour with a themed craft is available for children ages 2 - 5 years old on Wednesdays and Sundays at 1 p.m. at the Taylor Public Library. Space is limited so called the library at 432-7186 to register or with questions.

## Continuing Education Program

Programs are open to the public at no charge, except as otherwise indicated. Donations to the Etz Hayim Synagogue will allow us to continue to offer these and other programs, and are gratefully accepted. Thurs. Nights, at 7 p.m. Etz Hayim Synagogue, 11/2 Hood Road, Derry. For more information, please contact: Stephen Soreff, MD, at [soreffs-15@aol.com](mailto:soreffs-15@aol.com) or 603 895-6120.

## Greater Manchester Lyme Disease Support Group

Hosted by David Hunter this group meets on the third Wednesday of every month at 6:30 p.m. at the: Bedford Presbyterian Church 4 Church

Road Bedford. For more information call 660-3425 or email [dhunter31@gmail.com](mailto:dhunter31@gmail.com)

## Parents Support Group

Are you frustrated with your teenager or in need of support regarding your teenager? Does parenting your teenager mean you have new concerns about anger, defiance, motivation and trust? If so, you are not alone. Welcome to the club! Meet up with other parents at our Parents Support Group every Thursday night, 6:30 p.m. - 7:30 p.m., at The Upper Room, 36 Tsienneto Road, Derry. Meet other parents experiencing the same situations. No pre-registration is required. There is no fee, and all topics can be discussed. Call 603-437-8477 with any questions.

## Walking Together

A support group for widows and widowers meets every 1st and 3rd Tuesday of the month at 7 p.m., at the Manse at Londonderry Presbyterian Church, 128

Pillsbury Road, Londonderry. When we meet, we walk together our journey of grief. No need to do it alone. If you have any questions, please call 781-866-9976.

## Lamplighters

A womans group with the goal of helping less fortunate woman and people in N.H. meets every fourth Thursday of the month 7 p.m. at Londonderry Presbyterian Church at 128 Pillsbury Road, Londonderry. If you have any questions please call 781-866-9976.

## Walk with Me

Are you losing or have lost someone? A child, a parent, a sibling or a friend? It can be a painful journey but you don't have to walk it alone anymore. Just come "Walk With Me". Meetings are the second and fourth Tuesdays of the month at 7 p.m., at the Londonderry Presbyterian Church, 128 Pillsbury Road, Londonderry. If you have any questions please call 781-866-9976.

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