

# Nutfield News

June 29, 2017 • Volume 13 - Issue 26

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## Derry Town Council Looks to Develop Elm Street Property

HUNTER MCGEE  
NUTFIELD NEWS

Hoping to see what developers might envision for the property, Derry Town Councilors are opening up a vacant lot at 19 Elm Street for Requests for Proposals (RFP).

Council members also agreed to include a vacant property at Abbot Court as part of the RFP after Councilor Neil Wetherbee amended his original motion during the Tuesday, June 20 meeting.

Once a former shoe factory, a sprawling building that once stood on the now vacant land was demolished last year after hundreds of containers of flammable chemicals were discovered and then removed by the Environmental Protection Agency (EPA).

After first documenting the containers, workers from the EPA found more than an estimated 1,000 containers of various sizes in the building, according to officials.

After the chemicals were removed, a crew completed asbestos abatement in the building. A demolition crew was then brought in last summer and used a backhoe to bring down the building over a period of several weeks.

Councilors voted unanimously to appropriate \$150,000 from the capital reserve fund for demolition. There were also other costs incurred by the town with the property for a total of about \$225,000.

The property, which is zoned residential, has sat unused since the demolition. Councilors have discussed possibly turning the parcel into a park or for other use.

“During a meeting of the Economic Development Advisory Committee (EDAC) on June 19, members discussed Councilor Brian Chirichiello’s idea to send out an RFP on the property,” said Councilor Jim Morgan, an EDAC member.

“The idea behind it was to give us a bird’s-eye view about what a developer would like to put there,” Morgan said.

Although the property is currently zoned residential, it lies near commercial property. If a developer were to come in with an RFP that could provide a good use for the property, it might be beneficial to consider a change to a commercial zone, Morgan explained. The plan also calls for fast-tracking the RFP and to have Town Administrator David Caron craft the RFP

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## Sewer Fund Gets Supplemental Appropriation Money Approved

HUNTER MCGEE  
NUTFIELD NEWS

Over the past year, the failure of a critical piece of equipment as well as electricity usage overages resulted in some unanticipated expenses at Derry’s wastewater treatment plant.

Councilors learned of the unplanned costs during a presentation by Deputy Public Works Director Thomas Carrier at their Tuesday, June 20 meeting.

“This particular year, we’ve had a couple of unanticipated expenses in the sewer department budget, and it was a tight budget to start with,” Carrier explained.

Following the presentation and acting as sewer commissioners, councilors approved a supplemental appropriation of \$40,000 to the 2017 Fiscal Year Sewer Enterprise Fund to cover the expenses.

In his presentation, Carrier said the piece of equipment, an aeration blower, was critical in the wastewater treatment process and had to be replaced to restore service. Carrier added that because of past odor issues at the plant, administrators felt it was vitally important to replace the part.

“We’ve had odor issues at the lagoons before, so we felt it necessary as an emergency to move forward with

that expense,” he said.

Along with the failure of the equipment, there was an overage in flows at the plant that resulted in increased pumping and aeration costs. When flows at the plant increase, electrical costs also go up.

“We do our best to make our estimates,” Carrier said. “The weather can impact the flows to the sewage plant, and the problem comes down to trying to predict flows. Last year, there was a surplus in the water budget because of the drought. We do our best, but it’s very weather-dependent.”

Following the presentation, Carrier explained during

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**Ready for Take Off** John and Tracy Stevens prep the plane for take off at the annual New Hampshire Flying Tigers Fly In on B Street in Derry on Sunday. The all day event featured a wide variety of planes and helicopters along with demonstrations, food and fun. See more on page 8.

Photo by Chris Paul

## Derry Police Chief Ed Garone Recognized for 45 Years of Service

KATHERINE PRUDHOMME O'BRIEN  
NUTFIELD NEWS

At the June 20 meeting of the Derry Town Council, Derry Police Department Chief Edward B. Garone was recognized for his 45 years of service to Derry with integrity, honor, and distinction. June 2017 was even declared Chief Edward Garone Month.

Garone was raised in the tiny town of Bradford, Ver-

mont and was born in the even tinier town of Woodsville, New Hampshire.

During the Vietnam era, he was stationed in Japan while in the Marines but was fortunate not to have seen any combat. He returned home to northern New Hampshire and began his career with the Lebanon Police Department in October 1964. He enrolled in Northeastern University and

took classes at the school’s Springfield, Massachusetts campus.

In 1972, Chief Garone bested 38 other applicants for the job of police chief in Derry. He had been a police officer for eight years in Lebanon and rose to the level of captain while there.

“I saw it as a good opportunity for career growth and I accepted the job of police chief in Derry.

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# New Hampshire Sees STD Cases Double This Year

New Hampshire is experiencing an outbreak of syphilis, as the number of reported cases in New Hampshire for 2017 is about double that of previous years. From January through May of this year, 42 cases of syphilis, a reportable sexually transmitted disease (STD), were identified. That is an increase compared with the past five years, when an average of 20 cases were reported during those months.

Between 2012 and 2016, there were, on average, approximately 80 total cases per year reported in New Hampshire, with 2016 having 104 cases reported for the entire year. The outbreak in New Hampshire is consistent with national trends and is being seen mainly in men under age 40 and in men who have sex with men (MSM). Approximately 60% of cases have been in Hillsborough and Rockingham Counties.

"Syphilis is a sexually transmitted disease that can have serious health consequences if left untreated, but it can be cured when a person is diagnosed and given the right antibiotics," said State Epidemiologist Dr. Benjamin Chan. "Syphilis was close to being eliminated in the United States back in 2000, but over the last decade, it has been making a resurgence, and, unfortunately, New Hampshire is not immune to the impact of

increasing STDs."

Syphilis can infect anybody who is sexually active. If a pregnant woman is infected, she can also pass the infection on to her unborn baby, resulting in congenital syphilis, a severe, disabling, and often life-threatening infection seen in infants. Fortunately, New Hampshire has not identified a case of congenital syphilis since 2013. The New Hampshire Department of Health and Human Services, Division of Public Health Services (DPHS) recommends that everyone who is sexually active talk with their healthcare provider about getting tested for STDs, such as syphilis, HIV, gonorrhea, and chlamydia,

and that individuals with sexual risk factors should be tested for syphilis, including MSM and anybody who has been diagnosed with another sexually transmitted disease. Pregnant women also need to be routinely tested for syphilis whether or not they have symptoms.

Syphilis is caused by infection with the *Treponema pallidum* bacterium, and it can be transmitted through vaginal, anal, and oral sex. Syphilis is divided into stages (primary, secondary, latent, and tertiary), and there are different signs and symptoms associated with each stage. Primary and secondary are the most common stages. A person with primary syphilis generally

has a sore or sores at the original site of infection. These sores usually occur on or around the genitals, around the anus or in the rectum, or in or around the mouth. Symptoms of secondary syphilis include skin rash, swollen lymph nodes, and fever. The signs and symptoms of primary and secondary syphilis can be mild, and they might not be noticed. Syphilis can also cause a central nervous system or eye infection at any stage of disease.

According to the Centers for Disease Control and Prevention, the rate of primary and secondary syphilis has increased almost every year since 2000-2001. In 2015, a total of 23,872 primary

and secondary syphilis cases were reported nationally, which represents a rate of about eight cases per 100,000 populations; this represents a 19% increase from 2014 and is the highest rate reported since 1994.

Prevention for STDs includes abstinence, getting tested before beginning a relationship with a new partner, limiting the number of sex partners, and using condoms. Treating infections with appropriate antibiotics is also important for stopping the spread of STDs.

For more information on syphilis, visit the Centers for Disease Control and Prevention at [www.cdc.gov/std/syphilis/](http://www.cdc.gov/std/syphilis/).

## Garone

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When I went back to Lebanon, the job of chief had opened up there and I was offered that job as well, but I already accepted the job in Derry so I did not take it."

At the time, Garone was just 29. He was among the youngest police chiefs in the entire state, if not the youngest.

He and his wife, Blanche, raised their two children in Derry. She worked for 35 years as a

nurse at Parkland Medical Center and is active in the Derry Garden Club as well. She recently received a national "Someone Who Makes a Difference" award in part for her work facilitating a children's garden at The Boys and Girls Club of Greater Derry.

Their daughter, Vicky, is an elementary school office manager and is married to a recently retired Hanover police officer. "How about that. My son-in-law retired before I did," Garone said with a laugh.

Their son, Michael, is a

15-year veteran of the Derry Fire Department.

The Boys and Girls Club of Greater Derry is an organization close to Chief Garone's heart, too. He says it is his favorite charity and he serves on its board of directors. "Children are our future," he says, "Sometimes just a small encouragement can influence kids in a positive way."

The nation's longest serving police chief was Millard M. Jordan, who served for 51 years and 243 days from 1962 to 2014 in Lawtey, Florida. When asked if he would surpass that record, Garone said, "I'm not sure. I certainly did not think I'd be here this long when I started in 1972."

He said he is happy working and if he ever wanted to do something

else, he would have done so. He noted that it's been great to work with high quality officers in Derry and to have the support of the community.

When asked about how policing in Derry has changed since the early 70's, he responded that Derry used to be a "wild and wooly place. It seemed like every time there was an arrest, a fight would break out. There was a lot of marijuana, LSD, and speed around town. The parks were not usable by regular people because of the bands of thugs that controlled them."

Garone instituted changes in how officers were trained and better command structures. The way he described it in the earliest days of his tenure would be unrecognizable to most people in town today.



Derry Police Chief Ed Garone was recently recognized for his efforts as the Grand Marshal of the Memorial Day Parade, shown here at the ceremony, and also by the Town Council at their most recent meeting.

Photo by Chris Paul

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# Hope Hill Drive House Fire Results in Damage to Garage

The Derry Fire Communications Center received multiple reports at 11:57 p.m. on Saturday, June 14, reporting a house fire at 8 Hope Hill Drive in Derry.

Derry car one, engines one, two, three, medic one, truck four, and a Windham Engine were dispatched to the home.

On arrival, companies found the single family residential home with heavy fire showing from a two stall attached garage, and all occupants had evacuated the building. In under eight minutes, the progression of the fire was stopped. Additional companies assigned to the interior of the living space of the home held the fire from spreading into the main house.

Additional Derry and mutual aid companies assisted with command and control, search, ventilation, water supply, salvage, EMS, overhaul, and safety. Mutual aid was also received from Londonderry, station coverage was provided by Manchester, and Eversource responded to the scene to disconnect power. The Salvation Army responded to assist with firefighter rehab.



Derry Fire Department personnel investigate a garage fire on Hope Hill Road in Derry that took place late Saturday night, June 24. Authorities are not yet able to say what the cause of the fire was.

When the fire was put out, the two stall garage with a living area above it and all of its contents were considered a total loss, but the main house and its contents sustained only minor smoke and water damage.

An adult male occupant sustained only minor injuries and was evaluated

and released on-scene. The family of four, two adults and two children, will be temporarily displaced and will be staying with family and friends while their home is repaired.

This fire is currently under investigation by the Derry Fire Departments Fire Investigation Division.

## Elm Street

**continued from page 1**  
and have it ready to go by August. Potential developers can present ideas on the property, but the town wouldn't be obligated.

During discussion, Councilor Richard Tripp said he was concerned that if the property were sold for one use and the zoning were then changed, it could be an issue. But, the RFP is a request for

proposal and not a request for purchase, according to officials.

Chirichiello said the property is owned by the town. "So, it's not changing hands at all," he said. "The idea is to see what could potentially go in that space. It's basically an idea capture to see what people can do with it."

Council Chairman Joshua Bourdon said that he likes

that an RFP could spark ideas without legally obligating the town.

Later in the meeting, Wetherbee brought up the Abbot Court property, which is also owned by the town and has sat vacant for a number of years. Wetherbee said it should also be included in the proposal.

Councilors agreed to the amendment, and the proposal was approved 7-0.

## Sewer

**continued from page 1**  
ing questioning by councilors that funds were needed to cover the unanticipated costs.

"We just couldn't absorb those over-expenses in the budget this year," he said.

Derry's treatment facility is somewhat unique to the state as it incorporates a system of two large, open lagoons to break down and treat millions of gallons of untreated sewage. Each lagoon is 20 feet deep and

contains 42 million gallons.

The system is aerated by mechanical means, which provides an environment for biological activity to break down and treat the waste.

Over the winter, the biological activity decreases, and a layer of sludge builds up and falls to the bottom of the ponds to lie dormant. In the spring, as it becomes warmer, bacteria become active again and begin breaking down the waste. As this process occurs, gases such as hydrogen sulfide, which has a rotten egg-like

smell, are produced.

In 2014, a pungent smell emanated from the town's wastewater plant that affected even Londonderry residents living in the area near Home Depot and Market Basket, Carrier said at the time.

He added that a string of warmer days in early May that year, with temperatures in the 70's and 80's, helped exacerbate the growing stench that came from the treatment facility at 43 Transfer Lane. Humidity only added to the problem.

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# Editorial

## Making Town Public Business Public

All too often, we hear comments about news being taken out of context, or that something got “bad press.” More often than not, what this really means is that something people would prefer to be kept quiet appears in the newspaper, often involving a public official.

Honesty works best. Maybe it's the Live Free or Die philosophy gone haywire, but the State of New Hampshire does not have an ethics code or disciplinary mechanism for local officials. That's left to individual municipalities, and many have none. Even in towns with written ethics codes, it's not uncommon to hear a local official take a swipe at the code and question both its validity and necessity. When voters approve an ethics code, it is often missing any enforcement mechanism, putting its effectiveness in doubt. We don't agree with the viewpoint that anything goes and that officials know fleece themselves when a potential conflict or appearance of conflict of interest arises. In fact, some officials are quick to say the alleged conflict is none of anyone's business.

What takes place at all board and community meetings is public, and we report accurately on it to let residents know how their tax dollars are being spent. Letting the public keep the members of boards and committees transparent it is our job, no matter how hard, because that many not be the will of them. The public should, at any time, be able to address what is happening or what

has happened at a meeting and to express their concerns and have their questions answered publicly. We strongly suggest letters to the editor as a way to do this.

The boards and committees sometimes choose not to respond to the press, but that does not present a transparent image and is disrespectful to the newspaper. We know that just because people are related doesn't mean they don't think for themselves and follow opposing viewpoints. But, when it comes to rescuing yourself, especially in your work, some connections like family members pose questions. It is suggested to just be forthright and say why you rescuing yourself. People will notice and respect you for being the bigger person.

We also know, especially in towns with written ethics policies and or committees that we heartily support, that appearances matter, and any appearance of a conflict of interest should be stated publicly.

We know something else, too. Reporting that the parties involved in any matter are related does not create a problem. Making public business public does not equal “bad press.” We report facts, and residents can form their own opinions.

A newspaper should be the watchdog of the public's right to know what their officials are doing. That's what reporting on taxpayer-funded salaries, ordinances, policies, and procedures is all about.

## Rainbow Girls Install New Officers



New officers of the Derry Rainbow Girls were installed during the June 14 ceremony at St Mark's Masonic Lodge. Photo by Katherine Prudhomme O'Brien

**KATHERINE PRUDHOMME O'BRIEN**  
NUTFIELD NEWS

New officers in the Derry Assembly of The International Order of Rainbow Girls were installed on June 14. In an elaborate ceremony at the lodge room of St Mark's Masonic Lodge on East Broadway, Catherine Brown of Derry was named the new worthy advisor, and Brooke Thompson, also of Derry, was installed as the new worthy associate advisor.

Lilliana Nelson of Manchester was named the new faith officer. Other members of the group include Cynthia Sprince and Amanda Thompson, both of Derry.

The nearly century-old Rainbow Girls organization

prides itself on helping girls ages 11 through 20 become the best daughters, community members, and friends they can be through the power of knowledge. Rainbow Girls obtain leadership skills and decision making abilities that will help them avoid becoming an unwitting victim of peer pressure. Younger girls can begin in the Pledge Program starting at age seven.

The Derry Rainbow Girls have completed many community service projects this year. They serve dinner at the Episcopal Church, they have welcomed home troops serving overseas when they touch down at the Pease Air Force Base for refueling, led craft activities for families of children hos-

pitalized for medical treatments, assisted the Masons with the MYCHIP Child Identification Program, and each year, they participate in the Relay for Life fundraiser for cancer research.

The carefully orchestrated ceremony was all business. The girls wore long flowing gowns, and when the moment came that they were officially installed, sparkling crowns were placed on their heads. Their parents and Mother Advisor Shelly Gullett, as well as some Rainbow Girls visiting from other towns, and a few Masons looked on with pride.

For more information on the Rainbow Girls organization, visit <http://www.nhrainbow.org/>.

## Nutfield News

Nutfield News is a weekly publication. Mailed by request to Derry residents and is available at a number of drop-off locations throughout Derry.

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send e-mails to: [nutfieldnews@nutpub.net](mailto:nutfieldnews@nutpub.net)  
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**Owner/Publisher – Debra Paul      Art Director – Chris Paul**

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## Nutfield News Taking a Independence Day Break

During the week of July 2, the staff at Nutfield Publishing will be taking a well-deserved and much-needed break.

As a result, papers will not be pub-

lished on Thursday, July 6.

We appreciate your understanding and wish all of our readers a happy Independence Day spent with family and friends.

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Nutfield News welcomes letters of up to 500 words on topics of local interest, written by local residents, and prints as many letters as possible. Please e-mail your letters to the Nutfield News at [nutfieldnews@nutpub.net](mailto:nutfieldnews@nutpub.net). All letters must include the writer's name, address and phone number for verification if needed; name and town of residence will be printed. Nutfield News reserves the right to reject or edit letters for content and length, and anonymous letters will not be printed. Deadline for letters is 5 p.m. Monday.

## Student Council Conference Kick-Off Starts with a Bang at Pinkerton



For the first time in New Hampshire, or for New England, Pinkerton Academy hosted the National Association of Student Councils' Annual Conference starting on Monday, June 26, to Wednesday, June 28.

The opening session of the conference was held on Monday in the Hackler Gymnasium where hundreds of student from across the nation assembled.

Pinkerton Student Council members had started planning for the event back in August.

During the conference, students interacted with their peers from across the

country. The conference consisted of general sessions with keynote speakers, large group presentations with 100 to 200 attendees, workshops prepared by both advisors and students, and community service.

Pinkerton 2015 graduate Sophia Shay kicked off the conference singing the national anthem and headmaster Griffen Morse lead the group in the PA Pep Rally chant.

Pinkerton students Delaney Conway, Jessica Grimm and Ariana Lofaro combined efforts as the events master of ceremony.

*Photos by Chris Paul*

## Loose Denture?

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*Dr. Erik Young*

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# PolliNatives: Bring More from Your Garden to Your Table

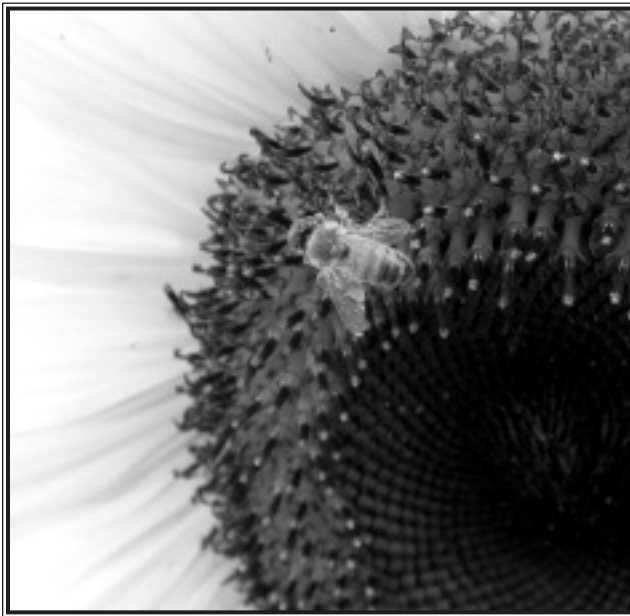
MELISSA BETH RUIZ  
NUTFIELD NEWS

We've all been caught off guard by a buzzing bee. In fact, many people's first instinct is to reach for a rolled up magazine or for their own sandal to defend themselves. In their minds, they have warded off a potential sting. However, they may have also inadvertently contributed to the loss of a potential fruit or vegetable without realizing it.

One out of three bites of the food that we eat depends on those busy little bees. According to the United States Department of Agriculture (USDA), pollinators such as butterflies, beetles, and bees (oh my!), play a significant role in plant reproduction and provide about 20 billion dollars worth of pollination for American crops each year, many of which we rely on as food sources.

But, in recent years, the bee population, along with that of other pollinators, has been in jeopardy. Due to habitat loss, disease, parasites, and the overuse of pesticides, the amount of helpful critters in nature has been on the decline.

The USDA says that about three quarters of the world's flowering plants and about 35 percent of the world's food crops depend on pollinators to reproduce. As these creatures obtain their food, they visit flowers to collect the nectar and pollen. During each of their stops, a bee, butterfly, etc. may accidentally brush against the flower's reproductive parts, thereby depositing pollen from a flower they had previously visited. That flower then uses the pollen to produce a fruit or a seed that we may use to eat or plant more food. Without the help of these foraging creatures,



many of these plants would not be able to reproduce.

Though this may old news to some, what many people are not aware of is that they have the power to help reverse this situation. They need look no further than their own backyards!

While bees will search for nectar and pollen through just about any

means, native plants are typically the best for native pollinators. Research has suggested that native plants are four times more attractive to local bees than exotic ones. Therefore, these plants are usually well-adapted to local growing conditions, thus make them lower maintenance. They are also non-invasive and pose no threat to plant communities that are already growing, whereas introduced plants have the

capability to overtake wetlands and other native habitats.

There are many ways to attract bees and other pollinators to your yard, such as choosing a variety of colors and shapes of flowers. Bees are most attracted to are blue, purple, violet, white, and yellow, and shapes that accommodate the different species' varying tongue lengths. Planting the flowers in clumps can also attract more pollinators than single plants, and having a diverse garden growing all season allows a range of species that fly at different times in the season to pollinate. Be sure to plant where pollinators visit, such as sunny spots over shady spots, and somewhere where they will be sheltered from strong winds.

Just a few examples of lovely native plants that you can introduce the next time you garden or landscape include: Stiff Aster, Lowbush Blueberry, Bayberry, Native Lupines, and Butter-

fly Weed for dry sites, Speckled Alder, Smooth Alder, Monkey Flower and Pussy Willow for those near streambanks and pond shores, and Buttonbush, Fragrant Water Lilly, and Yellow Water Lilly for those with shallow ponds.

Many of your local nurseries sell native plants, and associates will be knowledgeable as to what plants would be best for you. They will more than likely be able to offer sage (pun not intended) advice on how to plant and maintain them to enjoy for years to come.

So, the next time you see a busy bee going about her business, keep in mind that we depend on her species' livelihood, and that they ultimately provide us with more help than harm.

For more information and resources on local pollinators and way you can help save them, visit the USDA's New Hampshire page at [www.nrcs.usda.gov/wps/portal/nrcs/detailfull/nh](http://www.nrcs.usda.gov/wps/portal/nrcs/detailfull/nh) and search "pollinators."

## Facebook Page Hope to Raise Awareness Fragile X Syndrome

Fragile X of New Hampshire invites you to like its new Facebook page to raise awareness for any and all families affected by a Fragile X Syndrome.

Fragile X Syndrome is a genetic disorder with symptoms including intellectual disability, anxiety, hyperac-

tive behavior, and sometimes, seizures.

This new Facebook group will be posting events related to and benefiting Fragile X in the Derry and Londonderry area and will serve as a support group for families who need it.

To read more about the

group's upcoming events and to learn more about Fragile X Syndrome, visit [www.facebook.com/groups/381725935573454/?fref=mentions](http://www.facebook.com/groups/381725935573454/?fref=mentions) on Facebook. Fragile X of New Hampshire thanks you for your support!

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# A Parking Lot Glimpse of Something That's Not Good for You or Me

STEVE PAUWELS  
NUTFIELD NEWS SUBMISSION

I dropped off my wife at a local supermarket, and, needing to pick up a couple things myself, motored over to the nearby branch of a certain, wildly popular retail behemoth. While there, I wound up behind another customer. She was draped over the handle of her shopping cart, barely rolling it as she moved absent-mindedly ahead. Simultaneously, she and another woman were chatting away, the two of them lollygagging in the aisle; yes, "lollygagging" is

the perfect term, quite effectively bottling up those of us wanting to get past them and on with the rest of our day. The plodding pair seemed supremely untroubled by the human beings, myself included, who presumably had places to be but were trapped behind them.

Executing the equivalent of passing a slowpoke on a busy highway, I slipped decisively into the other "lane," skirted around the women, and concluded my business. By the time I'd decamped the premises, who knows if the tortoise-

like twosome had moved on to clog things up near check out, clothing, jewelry, or perhaps sports and fitness?

Returning to collect my dear wife, I was cruising through the parking lot when I, along with other drivers, were halted by folks shuffling blithely through the sacrosanct environs of the "pedestrian crossing." I've noticed that, nowadays, often as not these perambulators barely bother double-checking, that approaching motorists are even paying attention before they make their way across the stream

of traffic.

Finally free to proceed, I maneuvered my vehicle to a strategically observant spot, settling in to watch for the missus. From this perch, I couldn't help eyeballing further examples of the "I-Guess-I'm-the-Only-Person-on-the-Planet" set, sashaying unhurriedly across the paths of 4,000-pound, four-wheeled projectiles, clueless to any possible threat to themselves and their undoubted inconvenience to others. They exude a definite vibe, something like, "Hey, I'm a shopper afoot, this is a crossing zone, and when I tread therein, the world should stop turning on its axis!"

I admit, these are workaday irritants, not terrifically weighty of themselves. But, in a time in which narcissism seems rampant, my shopping/parking lot experience could be regarded merely one particularly visible expression of a disturbing and augmenting trend: heedless self-absorption metastasizing into areas of politics, business, media/entertainment, relationships, all which are varieties of quotidian activities.

Contemporary mores not only seem little concerned with curbing the problem; truth told, they could be actively nurturing it. More and more, people are growing concerned only about themselves. This is not good for any society, and is funda-

mentally at the root of crime, war, and all interpersonal conflict.

When an establishment's official policy appears geared exclusively toward paralyzing a parking area filled with weaving vehicles just so a single person can stroll serenely across the macadam at his or her leisure, it's doubtful that the self-consumed among us are being nudged to give any second thoughts to their attitude.

Long ago, a wise man, Paul the Apostle, pointedly counseled, "Let each of you look out not only for his own interests, but also for the interests of others."

More recently, I believe it was author M. Scott Peck who conversely clarified, "For the narcissist, there are no others."

Unsurprisingly, self-focus comes naturally to people, inescapably as one aspect of the human condition. So, narrow-minded self-involvement remains an ever-present temptation for everyone. As unflattering a quality as it is, any of us can unwittingly fall prey to it. We all, then, would benefit from purposefully reminding ourselves of a few realities: There are lots of other shoppers, commuters, and busy individuals all around

us all the time. Are you not in a hurry? Perhaps others are, so sometimes it's best to pause or step aside or give way to the other guy who's trying to get somewhere expeditiously. Are you feeling ducky just now? Well, maybe the other fella isn't having a banner day! Keep that in mind.

Furthermore, is it ironic that I'm occasionally irked by other people's lack of awareness of my concerns? That their myopic fixation on themselves doesn't take me into account? I suppose it is, reaffirming that shades of narcissism can lurk in any heart, including mine. Being jammed up in traffic or the shopping line, therefore, is an opportunity for me to give the benefit of the doubt to the ones doing the jamming. Who knows what's going on in their lives with their unique struggles, distractions, and challenges?

Curiously, then, another person's self-centeredness provides me an exercise in turning my attention away from myself and developing greater empathy and patience toward others in the process.

That becomes my contribution toward diminishing the whole, ugly predicament.

## Derry Will Celebrate July 4th

Join the Derry community on Tuesday night, July 4, for a viewing of spectacular fireworks, sponsored by the Derry Parks and Recreation Department. The display will begin at approximately 9 p.m., with a rain date of Wednesday, July 5. For the best views, head along Tsienneto Road, down to the Hood Commons, or on Folsom Road and Crystal Avenue.

Following the fireworks display will be several patriotic programs at the Don Ball Park, also sponsored by the Derry Parks and Recreation Department. On Wednesday, July 5, a free red, white, and blue rocket arts and crafts event will be held from 1 to 2 p.m.

On Thursday, July 6, a birthday party for America will be hosted at the park



beginning at 1 p.m., which will include a red, white, and blue parade. Cake will be served as participants parade around the park in their patriotic attire.

Finally, to close out the week of celebration, a

Superhero Relay will be held on Friday at 1 p.m.

With questions, contact the Derry Parks and Recreation Department at (603) 432-6136. The office will be closed on July 4.

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The New Hampshire Flying Tigers hosted their annual Fly In Air Show on Sunday, June 25 at their airstrip on B Street in Derry. R/C airplane enthusiasts from all over were there to enjoy watching aerial tricks, take-offs, food, fun and demonstrations as well as seeing a wide variety of planes on display. *Photos by Chris Paul*



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# DERRY SPORTS

## Derry Legion Hardball Crew Experiences Tough Start to 2017

CHRIS PANTAZIS  
NUTFIELD NEWS

Even one decent look at the 2017 Derry American Legion Chase Post 9 baseball squad will tell any onlooker that there's plenty of talent on first-year coach Mike Lynch's team, and that that crew is certainly capable of having a productive summer.

But, the campaign didn't start out well for the locals, who suffered losses in each of their first three games. Particularly stinging among that trio of outcomes was the

locals' 11-10 downer against Exeter on the seacoast last Thursday, June 22.

Coach Lynch's legion started out with an 8-4 loss to the extremely tough Rochester contingent in Derry on Sunday, June 18. That defeat was followed by a 7-3 loss to Nashua in the Gate City two nights later.

Then came the meeting with Exeter at Exeter High School on the 22nd, and things looked extraordinarily good for the Derry side early on.

After the top half of the fifth inning had been com-

pleted, the locals grasped an apparently commanding 9-2 lead, and the Exeter fans could be heard talking about the possibility of an early evening via the introduction of the 10-run rule.

However, the hosts, who were missing four of their key players for different reasons that evening, outscored their guests by a 9-1 tally the rest of the way and won the contest in walk-off fashion when the tying and winning runs scored on a play at the plate in the bottom of the ninth in near-darkness.

Tempers flared, not from

one team toward the other, but from both squads toward the umpiring duo, which the teams felt missed several important calls before the game's conclusion.

The Derry contingent snared a 1-0 lead in the top half of the first inning when lead-off batter Brady Day reached on an error and scored moments later on a stinging double off of the bat of Connor Jenkins.

Exeter knotted the score at 1-1 in the bottom of the second frame by lacing three hits, but it left two runners stranded on bases.

Derry reclaimed the lead at 2-1 in the top of the third thanks to a run-scoring double by Norm Kerman, but the locals also stranded two runners on base. They would wind up leaving 10 runners on the bases before the night was over, and Exeter would strand a full dozen.

The Chase Post lead would bulge to 6-1 in the top of the fourth frame when it scored four times on four hits. Jacob McGill plated the first of those with an infield single, Jenkins smacked a two-run single to drive in the second and third, and McGill scored run number six by sprinting home on a wild pitch.

Exeter got one of those markers back on three hits in the latter segment of the fourth, but again the hosts would frustratingly leave



Derry American Legion shortstop Jacob McGill gives a throw all he's got during his team's tough loss to Exeter on the seacoast last week. Photo by Chris Pantazis

two runners on bases.

The Derry lead would grow to 9-2 in the top of the fifth as the local side notched three more runs on four hits and an Exeter error.

Andrew Dupuis and Taylor Proulx both smashed run-scoring doubles and Stephon Guggisberg knocked an RBI single as the Chase Post lead grew to seven big runs.

The final Derry run crossed the plate in the top of the eighth when Jenkins hammered a lead-off home run to center field.

However, Exeter scored at least one run in the fifth through ninth innings, making it a 9-4 game after five full, a 9-5 contest after six, a 9-8 game after seven frames had been completed, and a 10-9 game in Derry's favor rolling into the last of the ninth.

Coach Lynch's Derry crew finished up with a pretty impressive tally of 14 hits, with Jenkins banging three of them and driving in four runs, and Proulx and Guggisberg each knocking two hits of their own.

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# Derry Resident Kolinski Wins State Gatorade Soccer Award

CHRIS PANTAZIS  
NUTFIELD NEWS

Many Derry folks can remember the impressive youth soccer performances of Bailey Kolinski in recent years. But, it's for her superb play in a soccer net for the Brewster Academy girls' team which the young Derry woman reached the heights recently.

On Monday, June 19, the recent Brewster graduate was named the recipient of the 2016-17 Gatorade New Hampshire Girls' Soccer Player of the Year Award.

The Derry resident, whose younger sister Reagan is the starting girls' soccer keeper at Pinkerton Academy, is the first Gatorade girls' soccer player of the year to be chosen from Brewster.

The award, which recognizes not only outstanding athletic excellence but also high standards of academic achievement and exemplary character demonstrat-

ed on and off the field, distinguishes Kolinski as New Hampshire's best high school girls soccer player. She is now also a finalist for the prestigious Gatorade National Girls' Soccer Player of the Year award, which will be announced soon.

Derry Soccer Club board member and coach David Bulk has much soccer experience with both Kolinski girls, and hence, he's one of many locals who were all kinds of excited upon learning of Bailey's award recognition.

"I pulled Bailey off a Derry Rec field at the age of seven to play on my team, and she has played for me ever since. I coach Reagan today," stated Bulk. "Bailey has played club soccer with me for many years, and it's very cool she received this honor."

The 5-foot-7 senior goalkeeper, who is off to Ohio State University this fall, allowed just six goals and

recorded 11 shutouts in 15 games this past autumn, leading her Brewster Lady Bobcats to an excellent 11-4-2 record and as far as the New England Prep School Athletic Council Class C Tournament quarterfinals.

A Boston Globe NEPSAC all-star selection, the elder Kolinski, participated in the High School All-American Game in North Carolina in December.

Bailey ended the 2016 regular season with eight straight shutouts and concluded her prep soccer career with some 38 blankings in 66 games.

Away from the soccer pitch, Kolinski has volunteered in the Wolfeboro area at a soup kitchen and with Brewster Big Friends, which specializes in creating fun activities for children.

"Bailey is the kind of goalkeeper that makes big-time saves or who can bail out a team even if they are having a terrible day defensively," said Hannah Matlack, head coach at New Hampton School. "She was a wall in the goal and a huge factor in their success."

The elder Kolinski has maintained an A-minus average in the classroom, and she signed a national letter of intent to play soccer on scholarship at Ohio State.

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls' volleyball, boys' and girls' cross-country, boys' and girls' basketball, boys' and girls' soccer, baseball, softball, and boys' and girls' track & field, and it selects one National Player of the Year in each sport.

The selection process is administered by the Gatorade Player of the Year Selection Committee, which works with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

As a Gatorade Player of the Year, Bailey will be able to select a national or local youth sports organization to receive a grant as part of the Gatorade Play It Forward program.

Every Gatorade Player of the Year state winner receives a \$1,000 grant to donate and also receives the opportunity to enter for an additional \$10,000 spotlight grant by writing a brief essay explaining why their selected organization deserves additional support from the program.



Derry resident and former Brewster Academy soccer goalie Bailey Kolinski was recently named the Gatorade New Hampshire Soccer Player of the Year. The standout is now bound for Ohio State University.

Photo courtesy of Phil Stiles

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# Lancer, Astro Gridders Teaming Up in 2017 East-West Contest

CHRIS PANTAZIS  
NUTFIELD NEWS

The storied, vibrant, and historic rivalry between all of the sports teams from Londonderry High School and Pinkerton Academy is a long and intense one which always draws attention and crowds.

And it's also certainly a special thing when athletes from the two local schools get to work together for a cause.

That will be the case once again this Friday evening, June 30, when recently-graduated Londonderry High and Pinkerton football players don the same uniforms and work together in an effort to get the New Hampshire East team a third consecutive victory in the sixth annual CHaD NH East-West High School All-Star Football

Game at Saint Anselm College.

Former Londonderry Lancer gridgers Jake Stevens, Peter Navarro, and Zac Garside and Pinkerton Astros Nico Buccieri and Austin Fields will be on the same side as they aim to help the East contingent even the annual series at 3-3 with a victory.

The West gridgers won the first three games in 2012, 2013, and 2014, but the East crews snagged victories of 29-15 in 2015 and 28-14 last June in making the series tally 3-2 to date.

The East team will be coached by Laconia High School head man Craig Kozens, and his assistants will include Londonderry High head coach Jimmy Lauzon. The West crew will be directed by former long-time Manchester Central head football coach Jim Schubert.

The game is a major fundraiser for the Children's Hospital at Dartmouth-Hitchcock, better known to many folks in the Granite State as CHaD, with the major effort having raised some \$1.3 million in the first five years.

The intrastate game features the two, 40-member squads which were selected from nominations taken from head football coaches during the previous fall.

To be eligible for nomination, an athlete must compete for a New Hampshire high school football program recognized by the New Hampshire Interscholastic Athletic Association (NHIAA). Each NHIAA division is represented by at least one athlete, and each school may not have more than five athletes selected as all-stars. The teams are divided based on geographic location into

an East squad and a West squad; routes 3 and I-93 serve as the dividing line.

The teams began their practices last Friday, June 23, with Team East at Manchester Memorial High School and Team West at Manchester West High.

Kick-off for the contest is slated for 7 p.m. on Friday night, and tickets are \$10 each.

The CHaD all-star gridgers enjoyed a real treat during their training sessions in the form of a visit from Londonderry High graduate and Houston Texans' stand-out tight end Ryan Griffin.

After graduating from LHS the 6-foot-6, 265-pound football star went on to a superb college career at the University of Connecticut before being drafted by the Texans in 2013. The four-year NFL veteran had a career year in 2016.



Recently-graduated Pinkerton Academy football and track and field star Nico Buccieri will be working with several rivals from Londonderry High for a win in this Friday night's CHaD All-Star Football Game.

# Pinkerton Tracksters Compete at Big Nashua South Events

CHRIS PANTAZIS  
NUTFIELD NEWS

Three dedicated and determined Pinkerton Academy track and field athletes tested their skills and their mettle against some of the top competitors in the whole state by taking part in the New Hampshire Interscholastic Athletic Association decathlon and heptathlon at Nashua High School South on June 17 and 18.

And PA sophomore

Adam Spencer did extremely well in the decathlon for boys while junior Julia Bartoli and freshman Katie Peterson both did quite respectably in the heptathlon for girls.

Spencer, who proved himself to be a true standout in a number of events for his Division I title-winning Astro contingent this spring, placed a pretty exceptional eighth overall out of a field of 83 competitors in his 10-event competition.

South senior Terrell

Lewis won the event on his home track with a point total of 5,603. Spencer snagged a tally of 4,749 points in making the top 10.

The PA stalwart finished a stellar second in the high jump (1.83 meters) and second in the 110-meter hurdles (15.22 seconds) for his top finishes. He also ended up 13th in the 400, 14th in the pole vault, and 16th in both the long jump and the 100-meter dash.

In the seven-event heptathlon, which was won by

Bow High School junior Dominique Biron with her 4,321 points, Lady Astros Bartoli and Peterson both placed among the top 25 finishers in their 48-competitor event.

Bartoli wound up 24th with her score of 2,306, finishing third in the javelin (29.18 meters) and in the top 20 in the 100-meter hurdles and the shot put.

Peterson ended up just

one spot behind her Pinkerton teammate in 25th place overall with a point total of 2,293, ending up seventh in the 100 hurdles (18.51 seconds) and 16th in the 800-meter run.

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# Lady Astros' JV Softball Crew Enjoyed a Superb 2017 Season

CHRIS PANTAZIS  
NUTFIELD NEWS

No matter how one chooses to look at it, the Pinkerton Academy softball program appears to be on extremely solid ground right now.

Coach Kristen Abbott's varsity team had an excellent 2017 season, enjoying an exciting and productive campaign which included a two-game run in the Division I tournament.

On the junior varsity level, coach Kelly Worsman's Lady Astros showed that even though the varsity has now lost some extremely skilled players to graduation, including Division I Player of the Year and First-Team All-Stater Abby Amato, the future remains bright for PA softball.

Coach Worsman's

young women tallied a record of 13-3 this spring, and beyond that hard and undeniable fact the campaign was wildly positive from so many other standpoints according to the team's dedicated and talented mentor.

"This was a magnificent season and team to coach," said Worsman. "The girls came in with a strong foundation of skills and continued to work on the small details of the game and improved immensely."

Among the team's standouts was sophomore center fielder and reliable lead-off hitter Jackie Cerri, who won Worsman's Coaches Award.

The other sophomores on the team were pitcher Gabrielle Amero, second baseman Jillian Blattenberger, pitcher Rylee La-

Rochelle, third baseman Mollie MacDonald, outfielder Madison Mackiernan, outfielder Jennifer Michaud, first baseman Madison Osier, pitcher/third baseman Jessica Normand, shortstop Cheyenne Reid, catcher Emily Vachon, and first baseman Camryn Weston.

The three freshmen on the deep roster were Khaliyah Ellis, second baseman Mattie Sullivan, and catcher Danielle St. Peter.

Looking back on her contingent's top performances of the spring, coach Worsman had a whole bunch of them from which to choose.

"We had great wins against Londonderry, Manchester Memorial, Manchester Central, and Bedford," she said. "These were close contests in which we were



Pinkerton veteran sub-varsity sports coach Kelly Worsman, in front far right, had her 2017 PA junior varsity softball team enjoy a great campaign this spring, winning 13 of 16 games and getting players key experience. *Courtesy photo*

able to battle from behind or stave off the opponent in late innings."

Worsman's checklist of key and forward-looking team accomplishments was

quite lengthy and undeniably impressive.

"The girls learned how to set goals, achieve those goals, and then how to raise their benchmarks. It

was truly a pleasure to watch these athletes grow as softball players, students, and people. They are a truly wonderful groups of players."

## Astros' JV Voly Crew Shows That Program's Future Remains Bright

CHRIS PANTAZIS  
NUTFIELD NEWS

The 2017 Pinkerton Academy varsity boys' volleyball squad had perhaps the single greatest season in its program's history this spring, tallying the top seed in Division I and making it all the way to the state title match before losing to Timberlane of Plaistow.

Among the toughest pieces of news for the Astros to acknowledge along with that tough loss was the fact that coach Colin Walker and his talented crew would have to say goodbye to vitally-important graduating seniors Kunjan Patel, Patrick Mulhall, and state Player of the Year Cobi Moore.

However, the academy's 2017 junior varsity boys'

volleyball team also had a truly superb season, winning 15 of its 18 matches for coach Amanda Lemenager, who was named the co-winner of the state Junior Varsity Boys' Volleyball Coach of the Year Award in the wake of the campaign.

"The team developed as I expected and hoped," said Lemenager. "It was a new team. Nine of the 12 players

had never played volleyball before and were able to quickly learn the game. In the beginning, we won because we could consistently serve and put the ball over the net. But as the season progressed, our skills developed and we were able to win because of our strengths in defense and hitting."

The freshman-heavy squad boasted three juniors named Distefano, with defensive specialist and outside-hitter Andrew, outside-hitter Devon, and defensive

specialist Tyler.

The lone sophomore was middle hitter Benjamin Taylor, and the large crew of ninth graders included Otto Andrez (outside-hitter), Cameron Barbone (defensive specialist), setters Brandon Lee, Liam Nasr, and Joshua Palmer, versatile Mateo Peguri, middle-hitters Kevin Phelps and Joshua Scammon, and outside-hitter Chris Walder.

When asked to look back on what she felt was her team's finest single performance of the season, coach

Lemenager harkened back to her charges' work against some tough

"Our top performance came in the second Salem game because they were our first lost and we worked hard between the times we played them," said the coach. "The second time we played them, we played our best and ended up winning the first two games 25-16 and 25-14. We never let up, and I'm proud of that."

The PA varsity will, no doubt, be tough again in 2018 with JV step-ups.

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# COMMUNITY EVENTS

This section is meant to be used to announce free events to the communities. If your group or non-profit is receiving money for what they are publicizing, there will be a charge of \$40.00/week per paper. All Around Town/Calendar Items will be held to 100 words maximum; anything over will incur a charge of \$40.00/week for up to another 50 words. All free announcements in the Around Town/Calendar section can run a maximum of 3 weeks. **Additionally:** We will run the full versions of any calendar items online free of charge at [www.nutpub.net](http://www.nutpub.net). Please send submissions to [calendar@nutpub.net](mailto:calendar@nutpub.net).

## Greater Manchester Lyme Disease Support Group

Hosted by David Hunter, the group meets on the third Wednesday of every month at 6:30pm at the Bedford Presbyterian Church 4 Church Road Bedford. For more information call 660-3425 or email [dhunter31@gmail.com](mailto:dhunter31@gmail.com)

## Robert Frost Farm Events

Karen Kilcup's presentation titled "Robert Frost Reads Emily Dickinson," will discuss how Frost encountered Dickinson at a transitional moment for American poetry and found in her an unexpected precursor and virtuoso model, as well as, perhaps, a clever means to woo his sweetheart Elinor to marry him. This event will be held on July 9 at 2 p.m. David Sanders will present "Home and the Independent Hero: Robert Frost, John Stark, and Odysseus in "The Generations of Men" on July 16 at 2 p.m. Sanders will discuss how this poem reveals surprising dimensions of Frost's intellectual interests, poetic ambitions, and artistic craft. Free admission. J.T. Turner will portray Robert Frost in his highly acclaimed one-man show, "Robert Frost, Light and Dark" on July 30 at 2 p.m. Turner's script amplifies the situations in Frost's poems by relating them to the poet's life. Join the actor as he brings America's great poet to life including readings of Frost's most popular poems. Mr. Turner's portrayal of Robert Frost is a deeply moving tribute to the poet, an unforgettable performance you won't want to miss! Free admission. Donald Sheehy will discuss the first American edition of Robert Frost's North of Boston published 100 years ago by Henry Holt on August 2 at 2 p.m. During his presentation, Dr. Sheehy will explore how Frost, while living in England and homesick for New England, reinvented himself and, in so doing, revolutionized American poetry. All Events will take place at the Robert

Frost Farm in Derry. Free admission to all.

## Derry Public Library

New Books, Movies, And The Derry Public Library has released its list of new available media. There are lots of great titles available, so stop by to check them out! Movie titles include "Life," and book titles include "New Boy," "Rabbit is Rich," "Lonely Planet Canada," "The Case of the Stinky Stench," and more. Electronic formats are also available for books such as, "You Don't Have to Say You Love Me: A Memoir," and "The Switch." For more information or to reserve an item, visit [www.derrypub.org/](http://www.derrypub.org/) or call 432-6140.

## Summer Reading Registration

Registration for the Taylor Library's summer reading program is open until Fri., June 30. Library hours are Monday and Wednesday: 10 a.m. - 5 p.m., Tuesday and Thursday: 12 p.m. - 8 p.m., and Fridays and Saturdays: 10 a.m. - 3 p.m. For more information, call 432-7186.

## Don Ball Park Story Hour

Join the Taylor Library for story hour near the splash pad at the Don Ball Park on Tuesday mornings at 10:30 a.m. For more information, call 432-7186.

## Don Ball Park and Splashpad

Open daily 10 a.m. - 6 p.m. weather permitting (extended hours occasionally). Don Ball Park located at 14 Humphrey Road, is being utilized for athletics, playground use, the SplashPad, personal Party Reservations and events. Weekly themed events, beginning Tues., June 20, will continue into early August. With questions, contact the Recreation Department at (603) 432-6136 prior to their event. Please be sure to review the Rules & Regulations before visiting. For additional information on these and other program events, please contact the department at (603) 432-

6136. [www.derrynh.org/node/77023](http://www.derrynh.org/node/77023)

## Adult Tennis League

The adult tennis league is great for beginner to intermediate players. Meet on Wednesday evenings from 6 p.m. - 9:30 p.m. at the Alexander-Carr Tennis Courts located on Birch Street. The program continues to take registrations for participation and will continue through September 27. Registration is available online or within the Recreation Office. For additional information on these and other program events, please contact the department at (603) 432-6136. [www.derrynh.org/node/77023](http://www.derrynh.org/node/77023)

## Summer Fun Runs

The Greater Derry Track Club Annual Summer Fun Runs. Starts July 6, 13, 20, 27, and ends on August 3. Registration opens 6 p.m. & Races start at 6:30 p.m. at the Pinkerton Academy track, Derry. All ages, 2 to 92. Cost is a donation of a non-perishable food product weekly is all that is requested. For more information go to: [www.gdtc.org](http://www.gdtc.org)

## Summer Concert Series

At MacGregor Park, Performances are free to the public! All performances begin at 7 p.m. and conclude around 8:30 p.m. Please contact the Parks & Recreation Office in cases of inclement weather, as performances may be cancelled. July 4, No Concert! Fireworks at Dusk. July 11, Groove Alliance. July 18, Chad LaMarsh Band. July 25, Pony Express. Aug 1, Souled Out Show Band. Aug 8, Brandy. Aug 15, The Ge3ks. For descriptions of the bands check out our calendar of events or concerts are weather [www.derrynh.org/calendar](http://www.derrynh.org/calendar) or contact the Derry Parks and Recreation [www.derrynh.org/parks-recreation](http://www.derrynh.org/parks-recreation) at 603-432-6136.

## Storytimes

Derry Library storytimes



## Recovery Run

At left, Jeff Scionti, CEO of Parkland Medical Center, runs in the third annual Run For Recovery event. Intended to help the Friendship Center and raise awareness for substance misuse, the run was held at on Saturday, June 24, at Pinkerton Academy The goal of the organization is to get the word out across New Hampshire about successful recovery programs and to end the stigma around seeking recovery, according to event organizer Joshua Bourdon. Many in the Derry area have or know of someone who has been directly affected by the misuse of alcohol or drugs, and the Friendship Center works hard to provide a confidential, alcohol and drug-free environment for those in recovery.

*Photo by Katherine Prudhomme O'Brien*

will resume until August 11. The schedule will be as follows: Mondays Preschool Storytime for ages 3-5, at 10 a.m. Tuesdays Mother Goose on the Loose for ages 1-3, at 10 a.m. and Bedtime Storytime for ages 2-7, at 6:30 p.m. Wednesdays Infant Storytime for ages 0-1, at 10 a.m. Thursdays 1, 2, 3 Explore for ages 1 - 3 only, at 10 a.m. Fridays, Stories and Snowcones for all ages, at 1:30 p.m. If you have any questions about this schedule, please contact the Derry Public Library by calling (603) 432-6140 or visiting [www.derrypub.org](http://www.derrypub.org).

## Adult Coloring this Summer

Adult coloring will be offered on the following dates this summer: July 3, 17, 31, August 7, 21. All meetings run from 6:30 - 8 p.m., and will be held in the teen area. To register, visit [www.derrypub.org](http://www.derrypub.org) or call 432-6140.

## Parents Support Group

Are you frustrated with your teenager or in need of support regarding your teenager? Does parenting your teenager mean you have new concerns about anger, defiance, motivation and trust? If so, you are not alone. Welcome to the club! Meet up with other parents at our Parents Support Group every Thursday night, 6:30 p.m. - 7:30 p.m., at The Upper Room, 36 Tsienneto Road, Derry. Meet other parents experiencing the same situations. No pre-registration is required. There is no fee, and all topics can be discussed. Call 603-437-8477 with any questions.

## Free Dinners

Free, family-friendly meals will be served in a relaxed atmosphere at the following locations on the following dates. At the Episcopal Church of the Transfiguration,

1 Hood Road, Derry, dinner will be served from 5 - 6:30 p.m. on Sunday, July 9, and August 13. At Etz Hayim Synagogue, 1-1/2 Hood Road, Derry, dinner will be served from 5 - 6:15 p.m. on Sunday, July 16, and August 20. At the First Parish Congregational Church, 47 East Derry Road, East Derry, spaghetti suppers will be served from 5 - 6:30 p.m. on Friday, June 30, July 28, August 25, and September 29. At St. Jude Church, 435 Mammoth Road, Londonderry, lunch will be served from 1:30 - 2:30 p.m. on Sunday, June 25 (this meal will be located at the Lion's Hall on the corner of Mammoth and Pillsbury Roads in Londonderry), Sunday, July 30, August 27, and September 24. At St. Luke's United Methodist Church, 63 East Broadway, Derry, dinner will be served from 5 - 6 p.m. on Saturday, July 15, August 19, and September 16.



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