

Nutfield News

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Councilors Considering Plan To Reassign Bridge Project Funds

HUNTER MCGEE
NUTFIELD NEWS

Councilors are considering a proposal that would allow the Town to have three culverts and one bridge replaced for the cost of just two structures, according to officials.

The council was scheduled to hold a public hearing on the plan on Tuesday March 7 at press time.

On May 3, 2011, councilors created the Bridge Improvement Fund to serve as a capital project fund, Public Works Director Michael Fowler wrote in a staff report.

The two projects that were originally designated

were the replacement of the North High Street/Folsom bridge and the Tsienneto Road culvert near Route 102.

But since the creation of the fund, the New Hampshire Department of Transportation has moved forward with plans to actively promote the construction of the Exit 4A project at a total cost of \$53.5 million, Fowler wrote. The two projects initially in the Bridge Improvement Fund are within the construction area and NHDOT would likely be addressing these locations under the construction funds for the Exit 4A project, Fowler wrote.

Staff is seeking to reassign these funds and instead

construct two culverts on North Shore Road: in Fiscal Year 2018, North Shore Road - Beaver Lake, at a cost of \$375,000 for design and construction; and in Fiscal Year 2020, North Shore Road - Island Pond Road, at a cost of \$485,000 for design and construction.

This fund has a balance of \$775,782, which includes a promised payment from NHDOT of approximately \$180,000 for Bridge Aid reimbursement, due in Fiscal Year 2019, Fowler wrote.

Both of the projects are eligible for the NHDOT Bridge Aid program which only reimburses 80 percent of design costs or \$128,000.

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Derry Revolving Loan Fund Discussed At Council Meeting

HUNTER MCGEE
NUTFIELD NEWS

From a family owned car wash to a brewery, a number of businesses in town have been helped by a revolving loan fund that was established in 2010, according to officials.

The fund is run by the Regional Economic Development Center, said REDC President Laruel Bistany, who gave a presentation on the fund at the council's Feb. 21 meeting.

A private non-profit organization, the REDC offers such services as business development training and financing through various funding sources. Based in Raymond, it covers all of Rockingham County and part of Hillsborough Coun-

ty. It offers assistance through a multi-million dollar revolving loan fund to help businesses that can't get some or all of their funding from a traditional bank, Bistany said during the presentation.

In 2010, Derry officials asked the REDC to run the town's dormant revolving loan fund. The fund initially had some activity then sat dormant for a long time, she said.

Officials wanted an organization with experience in working with clients and the ability to offer technical assistance.

The fund was set at \$250,000 and the first loan was made in 2010. The funding range runs from \$5,000 to \$50,000, Bistany said. Interest rates start at 6 percent and range up to 7.5

percent in general.

Some of the clients that have been helped over the years include Watersedge Spa, which relocated from Londonderry to Derry.

In addition, Royal T Carwash, at 20 Folsom Road, was helped through the fund. Through funding help, the owner who had been there for 20 years was able to finally buy the car wash and operate it with his family, Bistany said.

"It was a really nice story," Bistany said.

Firefly Salon, at 35 Manchester Road, 10a, was able to renovate and convert an unused area in the rear of the building and add more stylists to grow their business, Bistany said.

And the fund helped

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PIONEER PARTY

Grinnell Elementary School fifth grader Ava Hawkesworth cuts up pieces of her authentic Colonial Period Wedding Cake during the school's "Colonial Fair" just before their vacation week. Students dressed in colonial fashions and displayed many period pieces in the school's gym for parents and other students to see. See more photos page 8.

Photo by Chris Paul

A.G Says Self-Defense Justified In Derry July Shooting Death

HUNTER MCGEE
NUTFIELD NEWS

Following an extensive investigation, the use of deadly force was justified in the July 20 shooting death of Cole Kinney, according to the New Hampshire Attorney General's Office.

In releasing the finding

that the shooting was justified, authorities also named Devin Rios as the individual who shot Kinney.

Based upon the investigation conducted, the Attorney General has concluded the use of deadly force by Devin Rios was legally justified under New Hampshire's self-defense law and no homicide

charges will be brought in connection with Mr. Kinney's death, the release said.

New Hampshire Attorney General Joseph Foster joined State Police Colonel Christopher Wagner, and Derry Police Chief Edward Garone in making the March 2 announcement.

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ZBA Grants Council Request For Rehearing Of Storage Facility Proposal

HUNTER MCGEE
NUTFIELD NEWS

Zoning Board of Adjustment members have granted a request from the Town Council for a rehearing on a proposal to build a storage facility at 343 Island Pond Road.

Citing new references to case law, ZBA members voted at their March 2 meeting to approve the council's request for a rehearing. Attorney Matthew Serge, who represents the town, made new references to case law that weren't presented in the previous hearing, ZBA members said.

"There's numerous references to case law and not being versed in this case law causes me some concern; and I think I'd like to know more about the case law that's being referred to," ZBA Vice Chairman Alan Virr said.

The attorneys for the two sides will each have an opportunity to rebut at the rehearing on March 16, ZBA Chairman Lynn Perkins said. Attorney Bernard Campbell is representing Robert Allen, the applicant.

"This will be a continuation of the former case," Perkins said.

Before approving the council's request, the ZBA rejected a request for a rehearing of the variance by abutters Neil and Gail Hit-

ter. The ZBA members said the request by the Hitters lacked any new information.

Despite the opposition of abutters, the ZBA voted on Jan. 19 to grant a variance to the property at 343 Island Pond Road for a proposed 138-unit storage facility.

Citing opposition from abutters, councilors voted in a meeting last month to request the rehearing.

In the Jan. 19 meeting, ZBA members conditionally granted a variance to build a 138-unit self-storage facility at 343 Island Pond Road.

ZBA members voted 4-1 to grant the variance.

The variance was approved subject to obtaining all required state and town permits and inspections; Planning Board approval; and establishing 12 business hours and reducing lighting.

If approved, the self-storage facility would consist of 138 units in four buildings on an approximately 3-acre lot at 343 Island Pond Road. In addition, it would have an office for an on-site manager at the property, according to officials.

For many years, an automotive related business, the Russell Dickey Motor Service, operated on the property that is zoned low density residential. Old equipment and vehicles that were left on the property accumulated. An environmental cleanup of the property was later conducted,

according to officials.

To gain approval, the applicant had to demonstrate that granting the variance met certain criteria necessary for approval, including meeting the spirit and intent of the low density residential zoning. In addition, Allen needed to demonstrate that a hardship existed.

During the meeting, several abutters went to the microphone to oppose the variance.

The Hitters said they have lived in the same house for 34 years. If approved, the self-storage business would be located directly across from them. They opposed granting the variance because they said the business didn't meet the spirit and intent of the low density residential zoning. The self-storage business represents a large commercial operation that doesn't fit with the zoning, Neil Hitter said.

In addition, Neil Hitter said he didn't believe that Allen had demonstrated that a hardship existed by not granting the variance. Even though it wouldn't be as profitable, Hitter said a house could still be built on the property and sold.

If the variance was granted and the business approved, Gail Hitter said it would increase traffic and cause light pollution.

She said Island Pond Road is already busy enough. Returning from work, she sometimes has to wait for eight to 10 cars to pass before she can turn into her driveway.

"The traffic on that road and the speed is an issue," Gail Hitter said. "And I think that should be taken into consideration for a business like this."

And despite some vegetation on the property, the business would still be visible to the Hitters, she said.

"We'll be able to see this out of every window in our home, so it's not like it's going to be hidden from us, it's going to be pretty visible," Gail Hitter said.

She added that, "The lighting and hours will impact us in a negative way because it is right across the street and we will be able to see it."

Several other abutters also voiced opposition to granting the variance, saying the proposed business didn't fit into the neighborhood and that it would cause light

pollution.

In response to the abutters, Campbell was given an opportunity to speak.

As for whether a hardship is present, Campbell proposed applying the current zoning and determining "can it be used for what it is zoned for?"

Campbell said under the current zoning the house would have to be on a three-acre estate and wouldn't fit.

"The fact is where this house sits and with its history it simply doesn't fit to be a three-acre estate house in this location with the traffic we've already heard about and with the uses that are clearly visible in the aerial photos," Campbell said.

He added, "It has to do with the character of the neighborhood."

Campbell said Island Pond Road has an extremely

mixed character and is not a three-acre estate subdivision area to fit with the low residential zoning.

"We believe that there are special circumstances of this property that make it not feasible, not reasonable," Campbell said.

ZBA members who voted for the variance said it had met all of the criteria necessary for approval.

ZBA member Heather Evans, who cast the lone vote against granting the variance, said she believed it didn't meet the character of the neighborhood.

"The variance I believe is contrary to the public interest with regard to change to the character of the neighborhood," Evans said.

Conditions were added to require 12 business hours of operation and to reduce lighting.

Shooting

continued from page 1

An autopsy in the death of the Lowell, Mass., teen showed that he died from a single gunshot wound to the chest, according to the Attorney General's Office. Chief Medical Examiner Dr. Thomas Andrew determined that the manner of Kinney's death was homicide.

Since the initial police response on July 20, the Attorney General's Office, the New Hampshire State Police and the Derry Police Department have been investigating the circumstances that led to Cole Kinney's death, according to a news release. The investiga-

tion included but was not limited to the validity of a self-defense claim raised by Rios.

That investigation entailed the review of many witness interviews, an examination of physical evidence recovered from the scene, testing of recovered forensic evidence and the review of available digital evidence, the release said.

Kinney was found in the road on the night of July 20 by police who responded at around 11:19 following a 911 call, according to the Attorney General's Office.

Friends and neighbors said Kinney was killed following what appeared to be a drug deal gone bad.

The Attorney General's Office has referred its inves-

tigative file to the Rockingham County Attorney's Office for consideration of any possible non-homicide charges, the release said.

No further information regarding the investigation into Cole Kinney's death will be forthcoming while the review of the Rockingham County Attorney is pending or while any legal proceedings stemming from the matter are ongoing, the release said. But once any legal proceedings have concluded, the Attorney General's Office will issue its final report on Kinney's death with the associated findings and reasoning behind the decision not to seek homicide charges, the release said.

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Conservation Commission Allows Hunting on Two Conservation Parcels

HUNTER MCGEE
NUTFIELD NEWS

Conservation Commission members have given the green light to allow hunting on two local conservation properties.

In their Feb. 27 meeting, Commissioners agreed to allow hunting on conservation land known as the Sawyer Property and a tract of land at 7.5 Willow St.

The vote follows a request by resident Earnest St. Pierre during the Coun-

cil's Feb. 21 meeting to allow hunting on the recently approved Sawyer property.

In the meeting, St. Pierre said he wasn't opposed to the purchase of the property for conservation purposes but wanted to ensure that hunting would be allowed on the property.

"This particular parcel of land right here, there are a couple of spots that are my favorite hunting spots," St. Pierre said.

He added that he is taxpayer and if the land were

purchased and hunting wasn't allowed he would be upset.

"And it's not just me that is going to get upset but there's a lot of other people in town that hunt out there and use that property for that purpose," St. Pierre said.

He added, "Don't use my tax dollars on property I can't use."

Following St. Pierre's comments, Commission Chairman Neil Wetherbee said he felt most of the commission members supported allowing hunting on the property.

He said he couldn't make any predictions but because the of where the two properties are situated he said he couldn't see any reason why the Commission wouldn't approve allowing hunting on them.

Councilors voted at their Feb. 21 meeting to purchase the property at 138 Island Pond Road for conservation purposes at an overall cost of \$465,687.

Named after the late Ruth Sawyer, the property has long been sought after

because it connects with other conservation land in the area of Ballard Pond.

"It will help preserve the integrity and sustainability of the Ballard Pond water shed and will also prevent the construction of 10 more potential single family housing units," Wetherbee said.

And in their Jan. 3 meeting, councilors completed funding for a 63.5-acre tract of conservation land at 7.5 Willow Street.

Councilors voted 5-2 to reaffirm the \$740,000 total

acquisition cost of the project. They also agreed to approve spending \$252,500 from the unassigned fund balance in a supplemental appropriation to complete funding the project.

The parcel represents one of the few remaining large tracts of land still available in West Derry, according to officials.

West Derry was the first part of the town that was developed and settled primarily as a residential area, according to officials.

Plan Proposed To Extend Derry Water Service Into Londonderry

HUNTER MCGEE
NUTFIELD NEWS

With an increase in revenues that would go to Derry, councilors are considering a proposal to extend local municipal water service into Londonderry to service an 85-unit residential housing development.

The council members were scheduled at press time to discuss the plan to extend water service to Lorden Commons, at 6 Iris Lane, in Londonderry during their regular meeting on Tuesday, March 7.

Under the plan, Derry would enter into a partnership with Londonderry that

would "increase operating and capital revenues, address future infrastructure needs and not adversely impact the system's ability to service current and future Derry water customers," Deputy Public Works Director Thomas Carrier wrote in a staff report.

If approved, the estimated water connection fees that would go to Derry would be \$114,000. In addition, the net annual revenue from billed water usage would be \$18,000, Carrier wrote. Annual hydrant rental charge payments from Londonderry to Derry would increase by about \$4,000

It would cost approximately \$5,000 annually to operate the new system.

And Derry would also benefit from the value of the new water mains. Carrier wrote that the new 12-inch main on Old Derry Road "would reduce Derry's future cost for the Manchester Water Works interconnection by an estimated \$250,000."

Carrier wrote. "The 3,800 feet of new 8-inch mains within the subdivision would increase the Derry water division assets by approximately \$380,000."

Connected to the Derry water system, there are

4,143 service connections servicing an estimated population of 17,000 people. Derry services 71 connections in Londonderry along the Route 102 corridor east of Interstate 93 at Exit 4, Carrier wrote.

In addition, Derry also provides water to Pennichuck Water Works' 80 customers in Windham.

Carrier wrote that Londonderry is also serviced by Manchester Water Works along the Route 28 corridor and by Pennichuck Water

Works in the northern and southern areas of town. In the remaining areas of Londonderry, water service is provided through private wells.

Administrators are recommending that councilors approve the plan and extend water service to Lorden Commons in Londonderry, with the developer paying all costs associated with the extension and connection of the properties including a 12-inch main along old Derry road. In addition, the developer would also pay Derry all

connection fees, meter costs and inspection fees.

The proposed extension would also have to be approved by the Town of Londonderry, Pennichuck Water Works, and the New Hampshire Public Utilities Commission. It would also have to conform to Derry's ordinances and construction specifications. All work shall be subject to review by the Derry Public Works Department, according to the recommended motion.

Bridge

continued from page 1

"After factoring in anticipated reimbursements, there is ample balance to fund both projects," Fowler wrote.

In terms of fiscal impact, "by reassigning funds to two different culvert projects on

the Capital Improvement Plan leverages Derry's ability to fully fund them without raising taxes to do so," Fowler wrote.

Both projects would still be completed by NHDOT under federal and state funds.

"Essentially, the Town is able to have four culverts/bridges replaced as opposed to

two," Fowler wrote.

Staff is recommending the Town Council approve the motion to change the designated use of the Bridge Improvement Fund from North High Street/Folsom and Tsienneto Road to North Shore Road - Beaver Lake and North Shore Road - Island Pond.

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Editorial

Prepare to Vote

Election Day is Tuesday, March 14. In the days between now and then, we hope you'll listen to candidates speak, read their words, and reach out to them about the issues that concern you.

The March election has no state or national candidates, and that's traditionally bad news for voter turnout. That being said, we remind you that your vote has far more impact on local government races than it does on the state or federal level, and likewise the outcome of your vote on the local level has more of an impact on you.

Equally important are the warrant articles on the town and school ballots, whether it's the school budget or a request for new communications equipment, funding for roadwork or for construction of school classrooms. Town and school requests should be handled the way you handle your checkbook: can we afford it? Is it a necessity or a luxury? Is it something we can put off, or will it end up costing much more later on?

If you don't understand what you're being asked to approve, seek the answers. The right to vote is important, but it carries with it the responsibility of understanding the issues at hand. It shouldn't sway your vote if the budget committee or your neighbor favors or

dislikes a warrant article or candidate, you should consider the source.

We've asked candidates why they're seeking office. We've also reviewed warrant articles in past issues. Here are a few pointers: On a bond, pay attention to the financial obligation imposed for each year of the bond, as the money will come out of your pocket for the life of the bond. How about a union contract? If it covers just one year, its costs are likely to be clear, but most contracts are for two to four years. Make sure that you understand the costs attached to each additional year. You won't be asked to vote on it in future years, but the money will be added to the overall budget and will be part of your tax bill.

And money isn't everything. Does the contract take into consideration the economic downturn? Are workers paying more of their insurance these days? Be sure to get the full picture, because the choice is yours.

Each article has its pros and cons, and it pays to listen to both sides. Many people like to pride themselves on their patriotism, and there's not a much better way to express your patriotism than by heading to the polls and making informed choices. So for your own good and the good of the community, please vote March 14.

Letters

Please Vote

To the Editor:

The Town Election will be on Tuesday, March 14. Polls are open from 7 a.m. to 8 p.m. This is your chance to have a say in how our town is run. Town Councilor-at-Large and third District Town Councilor are up for grabs. Contests are also in store for Supervisor of the Checklist and several Trustees of the Derry Public

Library. Likewise, the school budget and collective bargaining agreement cost items are up for a vote. Check derrynh.org/town-clerk to see sample ballots and to learn where you vote. Check local newspapers for info on candidates. Parking spaces will be reserved for active voting once again. If you are a school employee or student at WRB or Hood, please do not park in voter reserved slots. The same

goes for election and campaign workers. School will be in session so if possible, avoid voting between 7 - 8 a.m. and 1:30 to 2:30 p.m. when buses and parents will be leaving off or picking up students. Town elections have been decided by one or two votes so your vote can make all the difference. Come out and support the candidates of your choice.

Mary Till,
Town Moderator

Nutfield News welcomes letters of up to 500 words on topics of local interest, written by local residents, and prints as many letters as possible. Please e-mail your letters to the Nutfield News at nutfield-news@nutpub.net. All letters must include the writer's name, address and phone number for verification if needed; name and town of residence will be printed. Nutfield News reserves the right to reject or edit letters for content and length, and anonymous letters will not be printed. Deadline for letters is 5 p.m. Monday.

Gilbert H. Hood Middle School Presents Lost In Wonderland



The world's most famous characters come together in this mysterious and exciting retelling of the classic "Wonderland" books written by local playwright, Joel Mercier. Shown are the cast of the play *Lost In Wonderland*. Show times are Friday March 17 at 7 p.m., and Saturday March 18 at 1 p.m. and 7 p.m. at Gilbert H. Hood Middle School. Tickets are \$10 available at the door.

Courtesy Photo

The world's most famous characters come together in this mysterious and exciting retelling of the classic "Wonderland" books written by local playwright, Joel Mercier in "Lost in Wonderland."

Featuring a cast of talented performers from Hood Middle School, *Lost in Wonderland* tells the famous story in a fresh new way with unexpected twists and turns, contemporary music, beautiful costumes, and exciting special effects. With choreography by Daniele Guest, music direction by Emily DeWolf and under the direction of

Kelsey Domeny, this show is sure to please the whole family, said Stephanie Laskiewicz, president of Keynotes, which is the group of parents that produces the spring musical at the middle school.

While trying to escape the trials and tribulations of growing up, young Alice, played by Emma Hovasse, finds herself following a peculiar white rabbit, Ariana Rodriguez, into a world beyond wonder.

In a place where up means down and right means wrong, Alice tries to make her way back home and escape the clutches of

Wonderland's two worst inhabitants, the arrogant Queen of Hearts, Julia Caselden, and the frightening Jabberwocky. Alice meets classic characters such as the Mad Hatter, Hailey Davis, March Hare, Hailey Laskiewicz, Duchess, Julia Alger, White Knight (Nick Burke) and a Caterpillar, Brenna Kimball." Show times for "Lost in Wonderland" are Friday March 17 at 7 p.m., and Saturday March 18 at 1 p.m. and 7 p.m. at Gilbert H. Hood Middle School.

Tickets are \$10 and available at the door the day of the show.

Nutfield News

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Maple Sugaring Gets Off To Early Start For Pinkerton Students

HUNTER MCGEE
NUTFIELD NEWS

With Warmer than usual conditions this winter, Pinkerton Academy's Forestry and Environmental Studies students have tapped earlier into trees for the start of the maple sugaring season.

Temperatures have risen into the 50s, melting much of the snow pack away, and then plummeted to below freezing over a period of a few weeks. The combination of thawing and freezing has caused the sap to run earlier than usual.

"We planned to tap after vacation but the warm weather dictated taping about two, two and a half weeks earlier than the norm

for us," said Forestry and Environmental Studies teacher Michelle Mize, who heads the program.

Mize said the school has approximately 150 taps between campus and land-owners in Derry that allow Pinkerton to tap their trees.

"So far we have had a few sap runs that have yielded 20 gallons of syrup," Mize said.

Mize said students have responded eagerly to the beginning of the sugaring season, which generally runs from mid-February to mid-April. A combination of cold nights and warm days causes sap to flow and build up pressure within trees. By drilling a hole, the sap can be tapped and collected in

covered buckets.

The sap is then boiled in the Sugar House, which Pinkerton completed about two years ago. Before the structure was built, students used a combination sugar and greenhouse.

"Several students have volunteered over vacation and have really stepped up to make it happen," Mize said. The weather has changed drastically to cold and so our hope is that we could go another several weeks before the trees break dormancy. Time will tell."

Pinkerton has been sugaring since the 1970s.

"Students naturally love the end result of their labor," she said.



Julie Carbone feeds wood into the evaporator in the Pinkerton Academy Sugar Shack while CTE Teacher Tom Donovan looks on.
Photo by Chris Paul

Etz Hayim Tells the Story of Purim Through Song

MELISSA BETH RUIZ
NUTFIELD NEWS

You certainly won't be hearing the "Sound of Silence" at Etz Hayim Synagogue this weekend. At least, not in the way that you might expect.

This Saturday, March 11th at 7:15 PM, the Etz Hayim Synagogue will be hosting a musical Purim festival at its 1.5 Hood Road location in Derry. The celebration will include a Sphiel (Play) enacting the story of Purim and will be adapted to have a Woodstock theme featuring songs set to the music of Simon and Garfunkel, and guests are encouraged to come equipped with noise-makers and their outdoor voices.

The story of Purim (pronounced Por-Im) dates back to the 5th century B.C.E.,

taking place in a town called Sushan in ancient Persia. According to reformjudaism.org, as the story goes, under the rule of King Ahashverosh, the Prime Minister, Haman, schemes to decimate the Jewish population of Persia. Esther, the queen, and her cousin, Mordechai, thwart this plan and the Jews are rescued from destruction.

Like Hanukkah, Purim is traditionally viewed as a minor celebration, but over time has been elevated to a major holiday as a result of the historical experience of the Jewish population. Throughout thousands of years, the figure of Haman has become the embodiment of anti-Semitism in all of the lands where Jews have experienced oppression, and during the Purim tradition of reading the Book of Esther, it is

encouraged for viewers to boo and make loud noise whenever the name is mentioned aloud.

"We tell the story to remember, but try to blout out the name," Rabbi Peter Levy of Etz Hayim explained, "We tell the story because we don't want to forget."

Rabbi Levy also explained that the reason the reading would be done in the style of the music of Simon and Garfunkel is that over the years when the scroll of Esther has been read, many

have used melodies that a lot of people are familiar with so that it is made easier for more to participate in singing along, and so that the story is kept a little new and different each time it is told. He said that they styles of Elvis, the Beatles, and the Beach Boys have all been used in the past.

Rabbi Levy went on to say "Like most stories... there are some good things about it, and there are some challenging things about it...and maybe it's (part of) the lesson that I and all the

members of the Derry Inter-faith Clergy preach...if we could respect and understand each other...the world would be a much better place, and it wouldn't be based in fear and hate that is being espoused today in our times."

In addition to the reading, to commemorate the story of Purim, people will dress in costume, and pastries called hamantaschen (the Yiddish word for Haman's pockets), triangular confections filled

with fruit jam, chocolate, or other ingredients will be served. Guests are encouraged to bring their own beverages, and there will be no charge for admission.

Rabbi Levy also mentioned that the following day, Sunday the 12th, starting at 10 AM, the Synagogue would be holding a Purim Carnival, continuing the telling of the story of Purim, complete with costumes, songs, and family fun.

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When Life Give you Lymes - Part II: Cause and Effect

MELISSA BETH RUIZ
NUTFIELD NEWS

Nutfield Publishing
Publisher, Debra Paul's
recount of Chronic Lyme.

Hello again, readers. Recently, I introduced this series to spread awareness about Lyme Disease. In this article I will go deeper into the cause and symptoms of the illness.

To recap, Lyme disease is an illness caused by a bite from a tick infected with the bacterium borrelia, specifically Borrelia burgdorferi. There are different types of this specific bacterium in different parts of the world, and the different variations cause different patterns of illness (so the typical case of Lyme disease in the US could be different from in the UK).

Fun fact (or maybe not so fun), Lyme disease gets its name from the small Connecticut town where it was first discovered, a hop, skip, and a jump from our own towns. According to an article by the Delaware Health and Social Services, a woman brought an unusual cluster of pediatric arthritis cases to the attention of Yale researchers in 1975. Two years later, the researchers identified the clusters and called them "Lyme arthritis". Then two years after that, the name was changed to what we know it as today, when additional symptoms,

like neurological problems and severe fatigue were linked to the illness.

The cause of the disease wasn't discovered until 1982 when Dr. Burgdorfer, an international leader in the field of medical entomology at the time, had published a paper on the infectious agent of Lyme, getting his name placed on the spirochete that causes the disease.

The bacteria in question lives in the blood of certain animals such as mice, some birds and some other small animals, and is usually harmless in them (as the saying goes, 'Oh, to be a bird...').

The ticks that spread the disease get the bacteria by feeding on these creatures by latching and sucking their blood. Should one of these infected ticks bite a human, then they become they become at risk for developing Lyme Disease. After a human is bit, it usually takes about 24-48 hours for the bacteria to pass into their system. If the tick is removed soon after being bitten (within 24 hours), the person is less likely to develop Lyme disease, even if the tick was infected. Unfortunately, these nasty little buggers (puns again) are very small, so it's very easy to have a tick latched onto you without noticing, and many people who develop Lyme don't even remember being bitten in the first place. Nice, huh?

Once the bacteria is

passed into the skin, they multiply and travel into the bloodstream and then to other parts of the body (mainly the skin, joints, nerves and heart) to raise all sorts of Hell.

The symptoms and effects of the illness are divided into three different stages:

The classic sign of Lyme is a rash called erythema migrans, better known as the "bullseye rash". The rash typically starts out as a single, circular red mark where the bite first occurred that spreads slowly outward over several days. The rash is usually not painful or itchy, and may even go unnoticed if the bite had happened on your back, and certain species of the bacterium don't even cause the rash in the first place. And just because the rash fades, it unfortunately doesn't mean the infection has faded along with it.

Flu-like symptoms usually occur in about a third of cases, which include fatigue, aches and pains, headache, fever, chills and neck stiffness. Often times, these symptoms are mild and go away within a few days, even without any treatment. In some cases, if the infection is present, the body's immune system will keep it from progressing further. However, in other less fortunate cases, the disease can progress to stage two.

Stage two Lyme, or Early Disseminated Lyme's symp-

tom can include joint problems in one or more joints, but most commonly the knee joint. The severity of these issues can range from episodes of mild pains, to severe arthritis. The episodes typically last around three months.

Some infected people will develop inflammation of the nerves, particularly around the face, causing the nerves to stop working and may cause drooping in the side of the face. Furthermore, inflammation of the tissues around the brain and of the brain itself (meningitis and encephalitis, respectively) can occur (as if it wasn't bad enough, right?).

Some people may develop myocarditis, or inflammation of the heart and other cardiac issues. This can cause symptoms like dizziness, breathlessness, chest pain and palpitations.

Several areas of the skin can develop rash elsewhere from where the tick bite

occurred. These "secondary" rashes are usually smaller than the original rash, and tend to fade within three to four weeks. Occasionally, blue-red nodules called lymphocytomas may form on the skin.

Then on to stage three: Late Lyme disease, which can develop months to years after the tick bite occurred, and can even develop after a time of not having any symptoms (like a thief in the night).

This later stage comes with symptoms including ongoing arthritis, mental impairments such as confusion, problems with memory and concentration, mood changes, balance problems/vertigo, and occasionally schizophrenic-like illness, loss of sensation in fingers and toes, and skin changes.

Now all of these stages are terrible, but stay seated, because it gets worse.

Post-Treatment Lyme Disease (PTLD) or Chronic

Lyme Disease refers to symptoms that do not settle down, even after going through treatments for the disease. Enter your Publisher, stage left. According to LymeDisease.org, Chronic Lyme patients suffer from a worse quality of life than compared to most other chronic illnesses, including Multiple Sclerosis and Congestive Heart Failure. In a survey done by Lymedisease.org, over 40% of patients with Chronic Lyme report that they are unable to work.

I could be (and by all rights, should be) one of these people. The disease has taken so much out of me, but I continue to fight, day after day, for the people of my communities.

One day I will take it easy, one day I will heal, but until then, I fight the good fight, and take this opportunity to hopefully educate some of you and make a difference in your lives.

Loan

continued from page 1
with the startup of Kelsen Brewery, at 80 N. High St., she said.

After helping the local businesses, the fund has dwindled from \$250,000 to only about \$30,000, Bistany said.

"The money remains Derry's money, we are just the stewards of it right now," she said.

The REDC works with businesses and also provides a full host of services including marketing, website design, Quick Books instruction and financial review.

"There's really a whole suite of services that come along with their loan and

they aren't ever charged for that," she said.

Councilor Richard Tripp said he was impressed by what he heard about the fund and the REDC's work.

"It sounds like you're doing a wonderful job," Trip said.

Also in the meeting, Councilor Jim Morgan asked if the money used for loans could be recalled in an emergency, and Bistany said it could.

Morgan, said that money from the fund is used to help citizens and business owners in Derry to fund their particular businesses and to bring jobs to town.

"This is part of the economic development wheelhouse and we need to have

those type of assets in the wheelhouse," Morgan said.

The REDC is located in Raymond, at 57 Main St.

Terri Pastori, chair of the Economic Development Advisory Committee praised Bistany for her efforts and the work of the REDC.

"Look at the lineup of businesses who've been able to get this funding; they are valuable assets in our town."

Pastori said there is general consensus of the EDAC that the revolving loan "was something worthy of serious consideration because it gives the town a little something to bridge that gap for small businesses that want to open up in the Town of Derry."

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Sea Cadet Program Prepares Students for the Navy Life

KATHLEEN D. BAILEY
NUTFIELD NEWS

A local chapter of a national program is preparing young men and women for life in the Navy or life in general.

The U.S. Naval Sea Cadet Corps, Harlan R. Dickson Division, held its annual inspection and awards ceremony recently in the Army Reserve facility in Londonderry. Several youths, including some from Derry and Londonderry, were honored in the event.

The program began with a color guard including PO2 Eleanor Lange, SA Gabriel Romanaukas, SA Noah Bahan and SN Zachary Gladstone. There was a presentation of colors, the National Anthem, an invocation and inspection.

The following awards and presentations were made:

Navy League of the

United States (NLUS) Sea Cadet Youth Medal and Ribbon, presented to CPO Nathan Miller of Derry; NLUS League Cadet Youth Medal and Ribbon, ABC Liam Harrington, Frances-town; Daughters of the American Revolution Outstanding Cadet, PO1 Philip Shuten, Milford; Sons of American Revolution Bronze Good Citizenship Award, PO2 Justin Hoprich, Nashua; and VFW Naval Sea Cadet Award, PO1 Andrew Browne, Londonderry.

In a phone interview, Nathan Miller of Derry said he joined the Cadets because he was interested in a Naval career. He's been in for seven years and said the program is roughly equivalent to the Junior ROTC Air Force program at his school.

He and his parents found out about the Sea Cadets when they went to an air show and met a recruiter.



Derry resident Nathan Miller was presented with the NLUS Sea Cadet Youth Medal and Ribbon recently at an annual awards ceremony. *Photos by Chris Paul*

"We looked it up online, and I ended up joining," he said.

A junior at Pinkerton, he hopes to be accepted to the U.S. Naval Academy at Annapolis, Maryland.

"This program has prepared me for a career in the Navy," Miller said. "It has made me confident in my leadership."

He drills with the other



Londonderry resident Andrew Browne, at right, receives the VFW Naval Sea Cadet Award from Derry VFW Post 1617 Commander Leonard Perkins.

cadets every Thursday and has participated in events all around the country, hearing stories from people with Navy careers.

He is the son of Christina and Greg Miller.

Andrew Browne, a Londonderry home-schooled student who is a junior in high school, found out about Sea Cadets from an older brother. While he isn't interested in a naval career, he

said being in the Cadets has helped him figure out what he wants to do, which is medical lab science. "I've learned life skills such as leadership, confidence and accountability," Browne said.

Also being recognized was Anna Kemball-Cook, a Londonderry High School senior, for being accepted into the Coast Guard Academy.

Malfunctioning Heat Pump Causes Closet Fire At Derry Village School

HUNTER MCGEE
NUTFIELD NEWS

After classes ended Friday afternoon, a heat pump that failed and overheated sparked a fire Friday afternoon that caused only minor damage at Derry Village Elementary School, according to fire officials.

Except for janitorial staff, the school was unoccupied at the time of the fire

alarm activation at 2:59 p.m., Derry Battalion Chief William Gillis wrote in a news release. Upon arrival firefighters found the sprinkler system was operating and there was smoke in the third-grade wing of the school, Gillis said. The fire was located in storage closet in the wing.

Gillis said the sprinkler system kept the fire contained

"The fire was contained to the fire to the storage closet by the sprinkler system and did not extend into the ceiling space," Gillis said.

The blaze significantly damaged the contents of the storage closet and there was minor water damage to three classrooms. The fire was declared under control at 3:25 p.m.

Damages were estimated at \$3,000, with no injuries to

civilians or fire personnel reported, Gillis said.

"The properly functioning fire alarm and sprinkler system limited the damage to the building and provided immediate notification to the fire department," Gillis said.

An investigation determined that the heat circulating pump failed and overheated, igniting combustible materials below and causing the fire, Gillis said.

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Colonial Fair Brings the Past to Life at Grinnell School



From period recipes for wedding cake and medicinal concoctions to musical instruments and correction devices for teachers, the fifth graders at Grinnell Elementary School put on quite a display during their Colonial Fair recently. The gymnasium was full of students dressed from the 1600's and displayed all that they'd learned over the past several weeks while they explored life in the American Colonies. Other grades tours the gym throughout the day.*Photos by Chris Paul*

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DERRY SPORTS

Astro Icemen Have Season Ended With Tourney Loss to Salem

CHRIS PANTAZIS
NUTFIELD NEWS

When the Pinkerton Academy and Salem High ice hockey teams met for a Division I quarterfinal tournament contest at the Salem Icecenter last Saturday night, March 4, it was a high-stakes game between opponents who had been going in different directions for a number of weeks.

The sixth-seeded Pinkerton crew had finished its 2016-17 regular season with losses in four of its last five games, including a stinging overtime loss to Salem. And the third-ranked Blue Devils were in the midst of a truly superb, nine-game winning streak.

Well, the home-standing Salem side pushed its winning streak up to 10 games and ended the Astros' season all together with a 6-3 defeat

in the tourney battle on that freezing night.

The PA crew notched all kinds of momentum late in the second period and then early in the third after falling behind 3-1.

The locals got to within one goal at 3-2 with a power-play marker with a little more than a minute to go in the second stanza, and they knotted the score at 3-3 just 3:25 into the third to once again make it anybody's game.

However, the host Blue Devils were the stronger of the squads during the last 11:35 of the game, potting three unanswered goals to get to the 6-3 final score.

"I just told them that I'm proud of every single one of them," said coach Sam Littlefield outside his team's locker room following the game. "They fought, they never gave up, and they gave

us all they had."

Salem standout goalie Paddy Capsalis played a pivotal role in advancing his Blue Devils to the state semifinals by making some 35 stops in the victory. And the Astros knew that nothing would be easy when it came to sliding pucks by Capsalis.

"We knew shots would be at a premium tonight, and we'd have to work hard at getting rebounds," said the coach. "We knew our biggest challenge would be getting the puck past him."

Salem ended the first period with a 2-1 lead, with all three goals having been scored on power-plays.

The Blue Devils bagged a 1-0 lead in a man-up situation a mere 1:43 after the opening face-off. But Pinkerton potted the equalizer just a couple minutes later - with 10:45 remaining in the period - when Pat Hare tal-

lied with Nick Trask garnering the assist.

But the hosts reclaimed the upper hand on another man-up marker with 5:10 left, and their 2-1 advantage carried into the second period.

The Astros enjoyed another power-play early in the second period and thumped a half-dozen shots on Capsalis but couldn't beat him. And the locals ended up smacking some 18 shots on the Salem goalie during those 15 minutes.

But there wouldn't be another goal scored until just 3:09 remained in the period when the Blue Devils went up 3-1.

However, Pinkerton got back to within a single goal with an extremely important man-up marker with just 1:06 left in the period. It came when senior forward Eddie Welch rammed home a rebound.

After adjourning to its locker room trailing just 3-2, the academy squad got the score knotted up 3-3 into the third when Nathan Laliberte popped home a rebound with Brendan



Pinkerton forwards Chris Gile (18) and Lucas Masciarelli have a Salem rival sandwiched during tourney play last weekend. Photo by Chris Pantazis

Banks notching the helper. onds showing on the clock.

But Salem netted what would prove be the game-winning goal with 6:53 to go, bagged an insurance marker 1:03 later, and then made it a 6-3 contest on an open-net goal with 26.9 seconds showing on the clock. While Salem goalie Capsalis' performance was vital to his squad's success, Pinkerton sophomore keeper Dakota Robinson was no slouch himself in turning aside 27 Blue Devil shots.

Pinkerton Academy Spirit Excels at Preliminary Event

CHRIS PANTAZIS
NUTFIELD NEWS

The Pinkerton Academy winter spirit squad continued to show what a powerhouse it can be by placing first in the preliminary-

round of the state championships at Pinkerton this past Sunday, March 5.

Veteran coach Michelle McCarty's talented and dedicated Lady Astro bunch finished first out of the 13 teams which competed, tal-

lying a team score of 106.9 to end up above Concord (104.1), Bedford (101), the Dover High Green Wave (99.4), and the final qualifier for this coming Sunday's title event Londonderry (97.8).


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Shorthanded Lady Astro Hoopsters Advance in D-I Tourney



Pinkerton sophomore standout Brooke Kane netted 10 points in her team's tournament win over Merrimack last weekend.
Photo by Chris Paul

CHRIS PANTAZIS
NUTFIELD NEWS

Despite having court general and junior guard Amanda Lemire and senior forward Taylor Frost unavailable due to injuries, the Pinkerton Academy girls' basketball squad still managed to get past the upstart Merrimack High Tomahawks in a Division I quarterfinal-round tournament battle in Derry last Saturday night, March 4.

The second-seeded Lady Astros' 46-40 defeat of the seventh-ranked Merrimack mob aligned the Pinkerton bunch with third-seeded Bedford in a semifinal con-

test at Southern New Hampshire University in Manchester this Thursday night March 9, after Nutfield News press time.

Standout point-guard Lemire's loss to a stress fracture of the foot left the Lady Astros with some serious concerns, as did the departure of steady veteran Frost to a high-ankle sprain in the PA crew's final regular season game with Winnacunnet. But the week which the Pinkerton crew had off between that last regular season game and the Merrimack tourney match gave coach Lani Buskey and her PA charges the time to figure out how they'd

approach life without those important players. And they obviously did well enough to garner another final-four finish in the D-I tournament.

The Lady Tomahawks led by four points at 10-6 at the conclusion of one quarter, but the host Lady Astros won the final three stanzas en route to grabbing the victory.

Pinkerton led 17-16 at the half and then 30-25 rolling into quarter number four.

Sophomore guard Madison Mahoney stepped beautifully into the scoring void left by Lemire and fin-

ished with a team-high 17 points in the win, and sophomore forward Brooke Kane was good for 10 points. Senior guard Julia Bousquet also helped out with nine important points.

With Pinkerton having advanced, the meeting with number three Bedford was set up by the Lady Bulldogs' 62-40 bashing of sixth-seeded Winnacunnet in the quarters. The Lady Astros met Bedford and beat that opponent 60-52 in Derry back on Feb. 17, but that was with Lemire and Frost both healthy and playing strong hoops.

Wrestlers Gain Experience at New Englands

CHRIS PANTAZIS
NUTFIELD NEWS

Pinkerton Academy's young wrestlers Sterling McLaughlin and Robby Fahey should certainly have a great many more exciting bouts ahead of them over the next several years.

Both sophomore stalwart Fahey and freshman stand-out McLaughlin gained

some vital exposure in an even brighter spotlight than some high school wrestlers ever get to experience when they competed at the 52nd annual New England Interscholastic Wrestling Championships at the Providence Career and Technical Academy in Providence last Friday and Saturday, March 3 and 4.

Fahey - who finished

second at the Division I championships and then third at the Meet of Champions a week before - went 2-2 overall in his 220-pound division at the New Englands with victories over grapplers from Everett, Mass. and Spaulding, Vt.

Freshman McLaughlin - who competes at 182 pounds and had the same finishes as teammate Fahey at the D-I and MOC events - narrowly missed out on bagging a medal at the regionals by chalking up three wins in

five bouts. He vanquished opponents from Needham Mass. and Nauset, Mass., as well as a rival from Haddam-Killingworth, Ct.

"It was a good weekend for these two young men," said Astros' veteran coach Dave Rhoads in praising his standouts. "Both made it to day two and got a couple wins under their belts. Sterling was one win from placing, as well. The experience they gained will go a long way toward their preparations for next year."

Athletes of the Week

Week of Feb. 27



Jacie Harlow,
Sophomore, Spirit

This youthful standout delivered an almost unmatched performance from her back-spot position at the Division I prelims. Coach Michelle McCarty refers to her as "selfless in her pursuit of excellence throughout our three-minute routine."



Sterling McLaughlin,
Freshman, Wrestling

After placing second at the Division I championships and third at the state Meet of Champions, this skilled and determined ninth-grader capped off his excellent first season of high school wrestling by posting a 3-2 mark at the New England regionals.

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Pinkerton Boy Cagers Split Their Last Two, Finish at 7-11

CHRIS PANTAZIS
NUTFIELD NEWS

A slim and harrowing win over Concord's Crimson Tide followed by a tough loss to the Exeter High Blue Hawks last week left the Pinkerton Academy boys' basketball squad contemplating the 7-11 record with which it finished the Division I regular season.

The Astros played their second to last regular season game in the state's capital on Tuesday, Feb. 28 against a host Concord High team with a record way below the .500 mark at 4-12. And the Pinkerton crew managed to step away with a 54-52 win despite the fact that it was

outscored by a very large tally in the second half.

The locals led 17-5 after one period and 37-18 at halftime, and it appeared as though a blowout was in the offing.

However, the Crimson Tide outscored its guest by a 34-17 margin in the second half to make things far tighter than PA coach Peter Rosinski would have liked.

"We went cold and couldn't hit anything in the second half," said the coach. "And when that happens you stop executing. But we were able to regain our composure and pull out the win."

Jay Reynolds paced the PA attack with 19 points, Matt Anzivino netted 13,

and Joey Merrill contributed eight on a night during which the locals had six players collect points.

Then in its final regular season contest - on Senior Night - at home against Exeter on the evening of Friday, March 3, the Astros had a 69-64 decision get away despite the fact that they were still within striking distance of a win during the final minute.

The hosts led 13-10 at the close of one period, but Exeter outscored PA by a 19-11 tally in the second period to adjourn for halftime with a 29-24 lead.

The Blue Hawks - who entered the game having won three of their previous

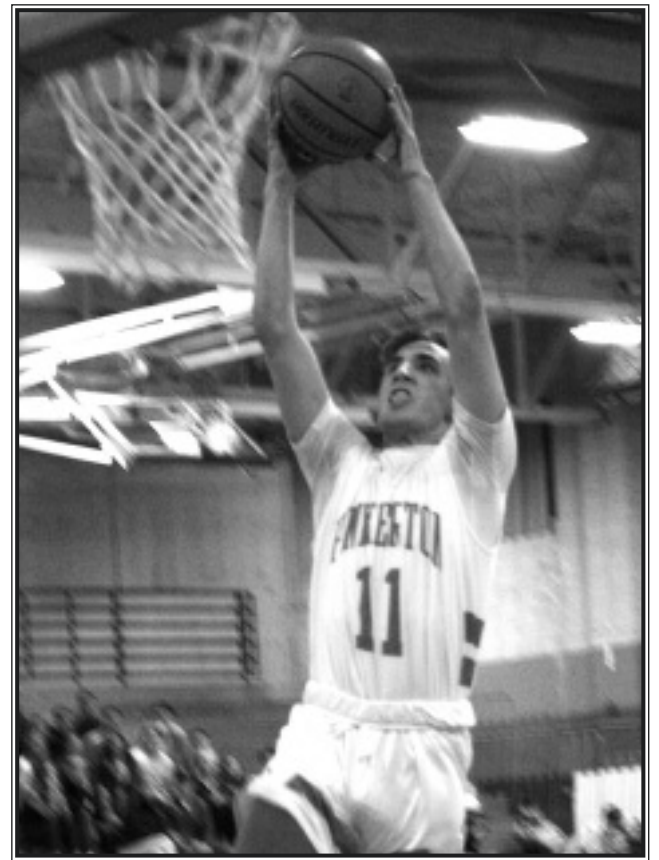
four games and holding a fine 11-6 record - netted the first seven points of the third period to snag a double-digit lead of 36-24 and force Pinkerton into a timeout.

Some excellent three-point shooting helped the host team to get the score tied at 40-40 on a Joey Merrill trey with 2:15 left, and a couple of Merrill free throws in the final seconds pushed the Astros to a 47-46 lead as the quarter ended.

The Blue Hawks regained the upper hand in the opening seconds of the fourth quarter and held slim leads until the four-minute mark, when a Reynolds three-pointer knotted the score at 55-55.

Pinkerton then took a 57-55 lead on Matt Furgal's pair of free throws, and the Astros' advantage grew to five points at 62-57 soon thereafter, with a little more than two minutes to go.

However, the Blue Hawks tied the score at 62-62 with 1:35 remaining, and the tally would be tied up at 64-64 as well with 32 ticks of the clock remaining. But Exeter scored the last five points during those 32 seconds to tally the 69-64 success.



Pinkerton standout Jay Reynolds floats in for the slam dunk during his team's season-ending loss to Exeter late last week.
Photo by Chris Pantazis

Astro Skiers Find Challenges on Slopes at Meet of Champs

CHRIS PANTAZIS
NUTFIELD NEWS

Cannon Mountain was pretty unforgiving to the talented New Hampshire high school skiers who competed in the state Meets of Champions there in the White Mountains last Thursday, March 2.

Pinkerton Academy's standouts gave it their all but didn't have a great day, save for the performances of

Danielle Martineau who finished among the top 15 competitors in both the slalom and the giant slalom.

"Cannon lived up to its reputation with gusting winds, snow squalls, and a frozen, boiler plate, hard-as-

a-rock, no-carve surface. When all was said and done, well, it wasn't our day," said PA head coach Paul D'Antonio.

New Hampshire Division I individual state champion Nicole Gonya, who recently helped to lead her Lady Astros to a second consecutive state team title, went down hard during her first runs in the giant slalom and the slalom and didn't do as she'd hoped to in the girls' MOC.

Her teammate Hannah Peterson was knocked out of competition in the second runs in both races.

In the boys' Meet of Champs, Astro standout Mikka Hyvonen was sitting

10th after the first run in the slalom but skied out in the second. He also skied out in the second run of the giant slalom.

As for Martineau, she finished both runs in the giant slalom to place 14th overall with two great times of 46.25 seconds and 47.37 seconds. She did even better in the slalom, finishing seventh overall. But that wasn't the end of the good news for the Pinkerton stalwart and her coaches.

"Danielle was selected to the Eastern Regional High School Team, which is a terrific accomplishment," said coach D'Antonio, who was assisted ably all winter by Nicole Cuerdon.

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Kids Coop Theatre Presents James And The Giant Peach Jr.



Kids Coop Theatre continues their 20th anniversary season celebration with the production of “James and the Giant Peach Jr”, based on Roald Dahl’s 1961 classic, “James and the Giant Peach”. The cast of 31 youngsters is overseen by three of the Coop’s senior members, ages 16-18, who are coached by professional mentors, Maureen Mansfield and Maryilyn Olbricht. The show will be performed March 10th and 11th at the historic Derry Opera House.

This weekend the Kids Coop Theatre will be presenting their own take of the 1961 Roald Dahl classic, James and the Giant Peach as they continue to celebrate their 20th Anniversary season with “James and the Giant Peach Jr.” Under the direction of Pinkerton Academy Senior, Emily St. Louis, this 31-

down, Hampstead, Atkinson, Litchfield and Windham will be recounting the adventures of young James, his signing insect friends, and an overgrown peach. This exciting and moving musical about courage and self-discovery will be sure to hit home with audience members of all ages.

The lead role of James will be played by Ryan Carrigan of Derry, and his insect friends will be played by Taylor Athanasiou (Grasshopper) of Atkinson, Madison Cayer (Ladybug) of Litchfield, Claire Dormer (Spider) of Londonderry, Zelda Howard-Martin (Centipede) of Londonderry, and Michael Wimmer (Earthworm) of Windham.

The rest of the creative reigns will be held by two other Pinkerton Students, Ruthie Vinson and Mary Sullivan, as part of the Kids

Koop Theatre’s 6th Annual Young Directors Showcase. Vinson, a Pinkerton Junior, will be the Music Director, Mentored by Greater Derry Arts Council President Marilyn Olbricht, and Sullivan, another Pinkerton Junior, will be in charge of choreography. Maureen Mansfield, who holds a Bachelor of Arts degree from Salem State College, will mentor Director, St. Louis.

Don’t miss this “masterpeach” of a story playing Friday, March 10t at 7 p.m. and Saturday, March 11 at 1 p.m. and 6 p.m. at the historic Derry Opera House, located at 29 West Broadway. All tickets are \$12 and are available at www.kids-coop-theatre.org (discounted group tickets for 10 people or more are available for the Saturday matinee showing only).

RAYS' Young Swimmers Stand Out at Regional Competition

CHRIS PANTAZIS
NUTFIELD NEWS

A bunch of skilled and determined young swimmers from Derry who compete for the Rockingham Area Youth Swim Team (RAYS) did themselves and their squad proud at the recent 2017 New England Regional Swim Meet held at the Greater Lawrence Vocational Technical High School.

February marked the beginning of the USA Swim organization's championship meet season, and a total of

74 RAYS qualified to swim at the group's regional event in Lawrence. And among that number were numerous Derry residents who scored in events.

In the girls' 8-and-under division, Derry's Zoey Li competed in her first championship meet and Jordan Schreiber was the youngest RAYS' athlete to compete.


In the boys' division at that age, Kyle Schreiber excelled in the 50-meter backstroke and Robert Shea made his presence known in the 50 back, the 25-meter freestyle, the 25 back, the

25-meter breaststroke, and the 50 free as well.

In the girls' 11-12 class, Emma Hazard snared fifth place in the 100-meter individual medley and a sixth in the 50-meter breaststroke. Reilly Hazard improved her 100 IM time and performed well in the 50-meter butterfly as well, and Kylie Winer improved in all of her events.

And in the boys' 15-and-over class, Hunter Hazard finished a strong second in the 100 free.

The Rockingham Area Youth Swim Team is a year-round competitive squad offering professional coaching and technique instruction for all ages and abilities. The RAYS practice at both the Londonderry and Salem Workout Club and Wellness Centers. For more information, contact one of the head coaches through the link on the RAYS' website, www.teamunify.com/nerays.



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This section is meant to be used to announce free events to the communities. If your group or non-profit is receiving money for what they are publicizing, there will be a charge of \$40.00/week per paper. All Around Town/Calendar Items will be held to 100 words maximum; anything over will incur a charge of \$40.00/week for up to another 50 words. All free announcements in the Around Town/Calendar section can run a maximum of 3 weeks. **Additionally:** We will run the full versions of any calendar items online free of charge at www.nutpub.net. Please send submissions to calendar@nutpub.net.

Depression Workshop

In conjunction with The Upper Room, the YMCA of Greater Londonderry is offering the final workshop in a series for teens and their parents Thursday, March 23, from 6:15 to 7:30 p.m. at Londonderry Middle School, 313 Mammoth Road, Londonderry. "Depression—How It Feels To Be You:" is the topic. The workshop is free; for more information or to register contact Lisa Fitzgerald, the "Y" branch director, at 232-8640.

Cinema Screening

Film screening of Cinema Twain, a portrayal of Mark Twain written, directed, produced, and performed by Val Kilmer. Personal appearance by Val Kilmer with Q & A. Friday, March 17th at 7:30 at Stockbridge Theatre, Derry. Tickets & Information at www.valkilmer.com

Give Gift of Life

The SportsZone in Derry will host a Red Cross Blood Drive Monday, March 20, from 9 a.m. to 2 p.m. in its facility at 7 A St. Those 17 and older and in good health are eligible. To schedule an appointment, call 1-800-828-1975 or visit redcrossblood.org and enter the code SPORTSZONE-DERRY.

Learn about Medicare

Medicare 101 will be the topic of a program to be held Wednesday, March 15, from 1 to 4 p.m. in the Derry Public Library. Medicare 101 will review the basics of Medicare including Medicare Part A & B; Prescription Drug Plans called Part D; Medicare Advantage Plans called Part C; and Supplements. The program is presented by ServiceLink. For more information or to register, call 432-6140.

Parenting Program

The Derry Public Library, in conjunction with The Upper Room, will offer a workshop for parents of 1-to 4-year-olds

Wednesday, March 22, at 6:30 p.m. in the library. The program is limited to 25 participants and registration is available by calling 432-6140.

Resource Fair

The Upper Room will hold a Children's Resource Fair for people who are pregnant or have children under 5 Wednesday, March 15, from 6 to 8 p.m. at The Upper Room, 36 Tsienneto Road, Derry. Dinner will be provided and there will be giveaways and raffles. Registration is requested by calling 437-8477, ext. 12.

Standing Rock

Ann Podlipny will speak on her experiences at the Standing Rock Sioux tribe's camp this past December in a program to be held Saturday, March 18, at 2 p.m. in the Derry Public Library. She joined 5,000 veterans and 7,000 water protectors in support of the tribe's protest against the Dakota Access Pipeline. The program is free and open to the public. For more information, call 432-6140.

Purim Celebration

Etz Hayim Synagogue (1.5 Hood Road, Derry) is having a musical Purim celebration on Saturday, March 11 at 7:15 PM with a Sphiel (Play) enacting the story of Purim adapted to a Woodstock theme with songs to the music of Simon and Garfunkel. Refreshments (BYOB) and hamantaschen (3 cornered cookies with sweet filling) will be served. Admission is free.

Model Railroad

The Seacoast Division of the National Model Railroad Association will hold Derry Fun Nights the second Friday of each month, from 7 to 9 p.m., in the Marion Gerrish Community Center, 39 West Broadway, Derry. Topic in the March 10 meeting will be building structures from styrene. Those wanting further information may go to the

Division's website at www.seacoastnmra.org/calendar

Garden Club Scholarship

The Derry Garden Club is accepting applications for the 2017 Derry Garden Club \$1,000 Scholarship. The scholarship will be awarded to a graduating high school student who will be attending an accredited college or university to pursue a course of study related to horticulture, forestry, botany, landscape architecture, natural resources, earth science, environmental science, or any other related field. Information on requirements and applications are available through the guidance offices at Pinkerton Academy and Londonderry High School and at www.derrygardenclub.org/2017.html. Applications must be received by April 1.

Frost's Birthday

A celebration of Robert Frost's birthday will be held Monday, March 20, at 6:30 p.m. in the Derry Public Library. Local historian Rick Holmes will be the speaker. The program is free and open to the public. For more information, call 432-6140.

Adult Coloring

Coloring nights for adults will be held March 13 and 27 from 6:30 to 8 p.m. in the Derry Public Library. Materials are provided, or attendees can bring their own. For more information, call 432-6140.

Medicare 101

March 15th, from 1 p.m. - 4 p.m. Learn about Medicare at library "Medicare 101" will be the topic of a program to be held Wednesday, March 15, from 1 to 4 p.m. in the Derry Public Library. The program is free and open to the public. For more information, call the library at 432-6140.

Race for families' futures

The Upper Room will hold its second annual TURFF Road Race Sunday, April 9, beginning at 9 a.m. at the

Hackler Gym, Pinkerton Academy. Registration is at 8 a.m. Competitive and non-competitive runners, walkers and walkers with strollers are welcome as individuals, families or groups. Prizes will be awarded for the top child, male, female and team to finish. There will also be music, food and entertainment. To register, sign up at lightboxreg.com/the-upper-room-race-for-families-turff.

Rotary Club

The Derry Rotary Club meets every Thursday at noon at the Marion Gerrish Community Center. If interested in joining please call Nick Norman at 603-432-5549 for more information."

Fight addiction

Narcanon provides screenings and interventions for those struggling with addiction and their families. For more information go to narcanon-seacoast.org/blog/the-power-of-an-intervention.html or call 877-841-5509.

Parents of Young Children Support Group

The Upper Room offers FROG, Families Reaching Our Goals, a support group for parents and caregivers of toddlers, Wednesdays from 9:15 to 10:45 a.m. in its facility at 36 Tsienneto Road in Derry. For more information or to register, call 437-8477.

Sarah Josepha Hale

In honor of Women's History Month, the Londonderry Women's Club will host a New Hampshire Humanities program on Sarah Josepha Hale Wednesday, March 15, from 7 to 9 p.m. in the Marion Gerrish Community Center, 39 West Broadway, Derry. Sharon Wood will portray Ann Wyman Blake speaking of her admiration for Hale.

Hale was a New Hampshire native, first female magazine editor, and instrumental in establishing Thanksgiving as a national holiday. The program is free and open to the public. For more information, visit the club's Web site at www.londonderrywomensclub.com

Library Offers Fun for Kids

The Derry Public Library offers regular programs for children including: Tuesdays, 4 to 5 p.m., drop-in stories and crafts, ages 5 to 7, no registration; Thursdays, March 16 and 23, 4 to 5 p.m., Spring Into Art Club, registration required beginning Feb. 15; and Thursdays, March 6, 13 and 20, Minecraft Club, registration required beginning Feb. 15. For more information, call the library at 432-6140.

Free Meals

The following free meals are offered in March: March 12, St. Patrick's Day Dinner at Church of the Transfiguration, 5 to 6:30 p.m., 1 Hood Road, Derry, 432-2130; March 16, Dinner at West Running Brook Middle School, 5 to 6:30 p.m., 1 West Running Brook Lane, Derry, 432-1350; March 18, Dinner at St. Luke's United Methodist Church, 5 to 6:30 p.m., 63 East Broadway, Derry, 434-4767; March 19, Dinner at Etz Hayim Synagogue, 5 to 6:15 p.m., 1 Hood Road, Derry, 432-0004; March 26, Breakfast at Church of the Transfiguration, 9 to 10 a.m., 1 Hood Road, Derry, 432-2130; March 31, Spaghetti Supper at First Parish Congregational Church, 5 to 6:30 p.m., 47 East Derry Road, Derry, 434-0628. Sonshine Soup Kitchen serves a free meal every weeknight from 4:30 to 5:30 p.m.

Rotary Club

The Derry Rotary Club meets every Thursday at 12:15

p.m. at the Marion Gerrish Community Center. Interested in joining please call Nick Norman at 432-5549 for more information.

Teen & Parent Workshops

The Upper Room, 36 Tsienneto Road, holds the following free weekly support groups and workshops: Hour Power Lunch Time Workshops, Wednesdays, 11:30 a.m. to 12:30 p.m. Topics available on Web site. Parents of Teens, Thursdays, 6 to 7:30 p.m. Parents of children 0-6, includes playgroup and/or childcare, Wednesdays, 9:15 to 10:45 a.m. Light refreshments and coffee. Teen and Young Parents (up to age 23), Wednesdays, 5 to 7 p.m., includes light dinner and child care. For more information, call 437-8477 or visit www.urteachers.org.

Brighten A Life With Hospice

Volunteers are sought for Amedisys Hospice in Londonderry. Volunteers can make the life of a patient a little brighter by reading together, playing a board game or doing a puzzle or by simply visiting and sharing valuable time. Amedisys Hospice has an immediate need for volunteers in Rockingham County, Manchester and Concord. For more information contact Patty Cooper at patricia.cooper@amedisys.com or 421-0414.

Taylor Library

Taylor Library Story Hour registration is open. Story hours are offered for ages 2 to 5 on Wednesdays and Sundays at 1 p.m. Tiny Tot Story Hours for ages 6 months to 2 years are Mondays or Fridays at 10 a.m. LEGO Club for ages 4 and up takes place Tuesdays from 3:15 to 4:15 p.m. Call the library to register at 432-7186.

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