

Londonderry Times

January 7, 2021 ♦ Volume 22 – Issue 1

A FREE Weekly Publication



Londonderry Firefighters Peter Ripaldi and Matt Pulomena get hauled out of the icy waters last week during an Ice Training Session held on Winding Pond in Londonderry. Photo by Chris Paul

Officials Warn to Stay Safe When Venturing Out on Ice

CHRIS PAUL
LONDONDERRY TIMES

With the up and down temperatures to start the winter season this year, and the eagerness for residents to get out and enjoy some of the local out-door activities, state and local officials are warning folks to

be mindful of keeping safe on area lakes and ponds.

Residents should also be careful when it comes to walking their pets.

Londonderry Battalion Chief Jim Roger warns that if a pet goes through the ice, the first thing

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Council Gets Some Bad News on Well Water Studies in Town

CHRIS PAUL
LONDONDERRY TIMES

During the Town Council meeting that took place on Monday night, Jan. 4, members were given an update by a representative of the Department of Environmental Services (DES) on the state of many of the town's private wells in regard to the amount of PFOAs (Perfluorooctanoic acid) being discovered.

Town Manager Kevin Smith began the discussion by say that over the past few months he has been having conversations with DES with regard to the testing that has

been going on in town in the way of PFOAs in groundwater as well as arsenic.

He added, "It seems the more tests that are being done, the more results that we are seeing where levels are higher than what is allowed or deemed safe by the state (DES)."

So he asked that DES give the council a briefing on what they are seeing in the tests and how to move forward.

Brandon Kernen, the administrator of the Drinking Water and Groundwater Bureau of DES attended the meeting by phone and gave the council an update.

He said that there is a lot of work being

done currently on testing wells and groundwater in Londonderry with regard to PFAs and how many wells are affected.

There has been some ongoing litigation against a company in Merrimack called Saint-Gobain Performance Plastics for their part in releasing contaminants into the air that have been discovered in Londonderry. The area in Londonderry that Saint-Gobain has been deemed to be responsible for is called the Consent Decree area, which is an area west of High Range Road.

Kernen said that *continued on page 3*

Resident Looks For Council to Help Change Town Government

CHRIS PAUL
LONDONDERRY TIMES

Local realtor, and longtime resident Tony Defrancesco addressed the Town Council on Monday night about notion of asking voters to change the form of government in town in order to better resolve current issues between the school district and the town.

During the Public Comment section of the Jan. 4, Town Council meeting, Defrancesco proposed that a warrant

article be constructed to ask the citizens to form a new Charter Commission to look into a new system of government that would allow the town and schools to work better together.

Defrancesco stated by saying, "You all have been working really hard to try and work with the other side of government, the school district, and at every turn it seems like you come against the wall of an RSA, a law, a rule or whatever."

He then brought to

light meeting that had taken place with Councilor Tom Dolan, Kevin Smith and Councilor John Farrell concerning a Charter Commission. He added, "I will tell you, there are other forms of

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Town to Hold Public Hearings on Mack Property Purchase

CHRIS PAUL
LONDONDERRY TIMES

During the Monday night Town Council meeting held at the Londonderry High School on Jan. 4, the public got a few more details on the idea of the town and the Conservation Commission purchasing the Moose Hill Orchard property across the street from Matthew Thornton Elementary School.

The purchase will

also be brought up as a Warrant Article on the March ballot.

Assistant Town Solicitor, Michael Malaguti, presented what was being proposed at the meeting.

The total amount of land being purchased would be 28 acres. The Conservation Commission portion of this property would be 23 acres for a total of \$1.1 million and the town portion would be for five acres at a price of

\$250,000.

Malaguti explained the process leading up to the agreement. He said that about two years ago the town became aware of the fact that Moose Hill Orchard was interested in selling that piece of property.

For the past two years there have been a number of discussions on a price for the properties and in the beginning of December of last year a price was

settled on.

He also explained that there will be two separate Purchase and Sale Agreements and two separate funding sources.

The property will be subdivided by having a five-acre parcel along Mammoth Road, adjacent to the Town Hall, and the remainder would be behind that parcel, along Pillsbury Road.

The Conservation Commission is propos-

ing to purchase the larger portion of land with funds from their Conservation Land Fund and several hundred thousand dollars through a Drinking Water and Land Funds they had recently been awarded.

Malaguti added that the Conservation portion is contingent on three things; approval by the Conservation Commission at a public hearing; approval of the Town Council at a public hearing; and completion of the subdivision process.

For the town portion of the transaction, the town would purchase the five acres for municipal purposes and that would also be

contingent on three things; approval of the Town Council at a public hearing; approval of the voters at the 2021 Town Meeting; and the completion of the subdivision process.

The public hearings will begin with the Conservation Commission on Tuesday, Jan. 12, during their regular meeting.

The Town Council will discuss the merits of the transaction on Monday, Jan. 18, and a public hearing will follow. The council will decide at that point if they want the funding to come from the Undesignated Fund Balance or if it should be proposed to the voters.

New Hampshire DMV Will Now Offer Online License Renewals

The New Hampshire Division of Motor Vehicles has released a new online driver license renewal portal, providing a quick and easy way for customers who have received a renewal identification number in the mail to renew

their license online.

"The online driver license renewal portal is part of a suite of online services the DMV strongly encourages customers to use," Motor Vehicles Director Elizabeth Bielecki said. "Our growing suite of online services

offers increased convenience and safety to our customers."

DMV online services include online driver license renewal, online appointment scheduling, online not guilty plea, online ticket pay, and the REAL ID document checker.

Customers who have received their driver license renewal

notice with a Renewal Identification Number (RIN) in the mail can renew their driver license online at dmv.nh.gov. Generally, state law allows customers to renew their driver license online once every 10 years. Customers who renew online can choose to be an organ donor at the time of their renewal.

OBITUARY

Kenneth M. LaMalfa



Kenneth M. LaMalfa, 62, of Windham, NH, peacefully passed Thursday, Dec. 24, 2020, at Portsmouth Regional Hospital, Portsmouth, NH. He was born in Somerville, MA on March 15, 1958, a beloved son of Santo and

Hazel (Jackson) LaMalfa. Ken was a graduate of Revere High School class of 1976, co-captain of Revere Highschool Football Team and was awarded the MVP award for his outstanding athletic achievements. Ken was also a proud and successful co-owner of United Business Machines in Londonderry, NH for 30 years alongside his late brother Paul LaMalfa Sr.

Ken is survived by his devoted wife of 37 years, Debra (Piantedosi) LaMalfa; son, Paul; two daughters, Ashley and Juliana; two grandchildren; Luciana and James; two brothers, Dennis, and David; sister, Lorraine and several nieces and nephews. Ken was a dedicated family man, adored his grandchildren, was a loving husband and a friend to all that knew him.

Calling hours were held on Wednesday, Dec. 30, in the Peabody Funeral Homes & Crematorium of 290 Mammoth Rd., Londonderry, NH. A funeral service followed in the funeral home. A Burial will be held in the Spring at Pillsbury Cemetery, Hovey Rd., Londonderry. In lieu of flowers, memorial contributions may be made in Ken's name to Pastoral Counseling Services, 2013 Elm St #2, Manchester, NH, and St. Jude Children's Hospital, 501 St. Jude Place Memphis, TN 38105. To send a condolence or for more information, please visit, www.peabodyfuneralhome.com.

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Water

Continued from page 1

DES cannot force Saint-Gobain to address the properties outside the Consent Decree area.

He said there are about 200 residential wells outside the Consent Decree area that exceed the drinking water standard, and about 100 wells inside the area that exceed the standard and will be addressed by Saint-

Gobain.

Kernen said that a backlog of testing is happening because every time they discover contaminants in residential water, abutter with 500-feet are being notified, and each time that happens, the number grows.

He added that 600 notifications were recently sent out to well owners in town and that those people would be added to the cue of those wells to be

tested by the state. They can also have their wells tested on their own. The DES received about 50 calls after those letters went out.

Kernen said, "At this time, sampling is still occurring in Londonderry, we're doing about 50 wells a week, we hope to increase that to about 100 wells a week this month."

Town Council Chairman John Farrell interrupted Kernen to clarify what the current PFOA limit is in the state of New Hampshire.

Kernen responded that the standard for PFOA is 12 parts per trillion; PFNA is 11 parts per trillion; PFOS 15 parts per trillion; and PFHxS is 18 parts per trillion.

Farrell also asked what the status was of the current court case that was stayed by the judge back in March or April.

Kernen clarified what Farrell was referring to saying that when the state developed those standards, 3M and two other companies filed suit against the state and the courts put a temporary injunction in place. "That injunction has now been removed," he added.

Farrell was shocked to hear that information and asked when that injunction was lifted, to which Kernen responded in September of this year.

By lifting this

injunction, it opens the doors for DES to enforce the standards. He also said that a new bill was signed into law over the summer, which nullified the lawsuit.

Farrell was taken aback by this information, saying that the State Rep who sits on the Town Council (Tome Dolan) had no knowledge of this bill and asked that the bill be forwarded to the Town Manager.

Later in the discussion, Kernen said that the standards for arsenic and manganese have been adjusted by the state, and although those are naturally occurring issues, they should also be looked when coming up with solutions in the future.

Kernen finished by saying that he knows correcting the problems with drinking water in town will be costly, but the state is looking down a number of avenues for solutions. Short-term measures that can be taken are the use of bottled water, or point-of-use treatment units (reverse osmosis systems).

Councilor Deb Paul questioned the timeline on when DES expects to things being put in place citing that people have been without

drinking water for some time now and action needs to take place soon. She also wanted clarification on how reverse osmosis systems work and if they can damage leach fields due to the amount of water that is released.

Kernen could only say that the time line would be in "the immediate future."

He said they would have a very active engagement with the town over the next few months to chart out a path and that a long-term timeline would take a few months.

As far as damage to the leach field, although the amount of water is vastly increased when using a reverse osmosis system, it will have an inconsequential effect on the leach field.

Farrell added that he felt it was very disappointed to hear that there isn't a timeline in place and the Town Council is "underwhelmed" at the response that DES has given the town. Speaking for the residents of the town of Londonderry, "This has gone on way to long."

Kernen was sympathetic to the position the town is in and responded, "I understand the town's feeling

and the residents feelings and there is a real sense of urgency here, this problem is enormous. It is something we never anticipated could even occur at this magnitude in this state. You're right, we need to ramp up and come up with a solution for Londonderry."

Resident Ray Breslin, who has spoken many times at the Town Council and other boards about his concerns with drinking water in town, said that he had noticed on the DES website that there are areas in town that have PFOS as high as 500 parts per trillion. "That's a real concern," he said.

Kernen said that those kinds of numbers would be at the site of a source such as an industrial site or a place that firefighting foam was used. These areas have sample counts go down very quickly as you get about 100-feet away. The majority of the testing that DES has concerns with are coming in at 12-30 parts per trillion range.

This discussion is expected to continue over the next several months as the town and the state looking for solutions to the problems being uncovered.

OBITUARY

Gloria J. Ellis



Gloria J. Ellis, 92, of Londonderry, NH passed away Dec. 31, 2020 at the Community Hospice House of Merrimack, NH. She was born Sept. 10, 1928 in Ford City, PA and was a daughter of the late Joseph and Rose (Leone) Canil.

She lived her early years in Larchmont, NY and had been a resident of Londonderry since 1946.

Gloria was a homemaker for many years, raising her children. Then in 1962 embarked on her new career as a window clerk at the Londonderry Post Office, where she was a staple for 26 years. Gloria will be greatly missed but will live on forever through her children and grandchildren.

Members of the family include her two daughters, Lynne P. Ellis and her fiancé Larry Cashman and Valerie G. Ellis, her son, Brad B. Ellis, three grandsons, Ryan Hudon & his wife Kristen, Matt Hudon and Terisa Lee and Ross Hudon and his wife Leah, her great granddaughter, Madelynn Rose Hudon, and her sister, Edith J. Cesario, as well as several nieces and nephews. Gloria was predeceased by her beloved husband, Bernard E. Ellis in 1994, and by her siblings, August, William, Albert, Julia and Annette.

Funeral services will be held privately. She will be laid to rest in the spring with her husband at Pleasant View Cemetery in Londonderry.

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Editorial

It's A Celebration of 21 Years

It isn't hard to find news of the impending death of print newspapers. The last few years have seen the closure of major dailies across the country, and closer to home, at least one daily in the state and several weeklies have shut their doors, even as others have cut their frequency of publication.

So it's a piece of good news this week to recognize the 21st anniversary of the Londonderry Times, the original newspaper of Nutfield Publishing, LLC's three publications.

In these days of economic hardship and business closure, the Londonderry Times is going strong, continuing in its founding tradition of printing news its hometown readers can use, with the goal of building a stronger sense of community. That tradition has carried over to the Londonderry Times' sister publications, the Nutfield News in Derry and the Tri-Town Times in Chester, Hampstead and Sandown.

We started the paper – literally – in the basement of our Londonderry home and expanded into a company that has never lost touch with its roots, or its desire to help the community find out what's going on.

As the saying goes "with knowledge comes power", and in Londonderry, that knowledge has often-times translated into powerful action. Residents reacted to problems of their neighbors' willingly

offering needed help.

These days, many communities are realizing just how much of a hole opens up when they lose their local newspaper. When is deliberative session? When is softball registration? When does the garden club meet? What's the town council's stance on an issue?

Sure, you can find most of those answers by making a series of phone calls or searching online. That excludes the residents without Internet service, of course, and most of us don't have the patience or time to do all that research. So for many people local news falls by the wayside, and a sense of community and traditions falls away as well.

As time passes, fewer people know about town events, fewer participate, and fewer bother to care.

There are plenty of things we don't miss until they're gone, and a community newspaper is one of the big ones. Hopefully, this newspaper is not going anywhere.

Founder and publisher Deb Paul said she wants her newspapers to have heart. We hope you'll be part of that community connection we've forged between the Londonderry Times and its readers, as we move forward. There's no other place than right here in town we'd rather be, bringing you the news of the place where your heart is, the place you call home.

Letters

Russia Is A Dangerous Adversary

To the editor,

Even in the midst of a pandemic, which was spread by Trump politicizing wearing masks; and even under a massive cyber security attack by Russia; President Trump continues to try to overturn the election. In a recent White House meeting Trump asked for input about former National Security Advisor Lt. Gen. Flynn's recommendation for Trump to declare martial law, send in the military to states he lost, and rerun the election, but sane heads prevailed and the recommendation was shot down. It looks like Trump is borrowing from other despots playbooks, like Putin of Russia.

Russia's undetected cyber attacks of the last six months on our government, including the Treasury, Commerce and State Departments and the National Nuclear Security Administration showed the weakness in our cyber security sys-

tems. The cyber attacks also impacted many Fortune 500 companies, including Microsoft.

I believe President Trump's very close relationship to President Putin fostered the cyber attacks by allowing Putin to think the U.S. would not respond to the attacks. Amazingly, Trump refuses to condemn Russia even after presented with input on Russia's attacks by members of his administration, including Secretary of State Pompeo and Attorney General Barr. Can Trump's relationship with Putin be attributed to Russia having compromising information on Trump?

In recent years Russia has been emboldened to increase military operations around the world. Russia invaded and took control of the Crimea, stationed extensive military forces in Syria in support of President Assad, and provided special operations troops in Venezuela to support President Maduro. Russia continues to upgrade its ballis-

tic missile systems and its naval, air force and army units.

We need to treat Russia as an adversary, not a friend, and evaluate our deterrence capabilities to combat any potential Russian attacks, including cyber attacks.

Donald Moskowitz
Londonderry

Andy Mack Property

To the editor,

I see Andy Mack's offer in a very different light. Who knows what the town may need in the future? And so far, Andy Mack has made Londonderry a very much more livable community by putting his land in conservation.

The way this town is going, we will soon be another Lowell or Lawrence (heaven forbid that one) and any open land will be more than welcome.

Now is the time to work with the landowner before the developer gets a hold of him.

Jane Cooper
Londonderry

Londonderry Times welcomes letters of up to 500 words on topics of local interest, and prints as many letters as possible. Please e-mail your letters to the Londonderry Times at londonderry-times@nutpub.net. All letters must include the writer's name, address and phone number for verification if needed; name and town of residence will be printed. Londonderry Times reserves the right to reject or edit letters for content and length, and anonymous letters will not be printed.

Charter

Continued from page 1

government that will allow the two sides of government that we have to work together. The only way to do that is to open a Charter Commission to investigate what else is out there and report back to you, and you all can make a decision on if you feel like doing that or not."

He felt this was the most obvious way that the two sides could work together in the future.

He encouraged the Town Council to get this

on the agenda for a future meeting so it could be proposed on the March ballot. Defrancesco added that it was too late for it to be done any other way, and felt the Council should add it.

He finished by saying, "You owe it to the taxpayers to have the question answered."

That led into Defrancesco's comments on the state of the real estate market in Londonderry where he told the council that sales in 2020 were up higher than 18 percents and there have been over

500 families that he know of that wanted to move into Londonderry. He felt that the Town Council owes it to these people to keep the level of services where they are and added that he didn't feel he or "his people" were being represented over the past several months by the Town Council.

Farrell later addressed the Charter Commission question by asking that the Town Manager to contact the town attorney and find out what they may be getting into when the open up discussions on the subject.

Londonderry Times

The Londonderry Times is a weekly publication. It is mailed to every home in Londonderry free of charge and is available at a number of drop-off locations throughout the town.

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Town Forest Gets Troublesome Bittersweet Cleared Out



Over the holidays, resident Kent Allen and his wife Meredith Allen were busy orchestrating another large step in clearing debris from the Londonderry Town Forest.

Earlier in the year, efforts were made in killing a large portion of the invasive vines known as bittersweet. The vines were sprayed and left to wither and die. With that done the Allen's called on the services of Trimmers Land-

scaping who donated the time of employee Matt Wood, who helped clear the dead brush with use of an excavator.

The recent clearing has opened up a large parcel that was being overtaken by the invasive plant and has added to the access of the land for hikers.

The picture on the right shows the area after it was cleared.

Photos by Chris Paul

Battalion Chief Leaves LFD for Littleton Post

Battalion Chief Michael McQuillen officially started his new career recently as Fire Chief in Littleton New Hampshire. Battalion Chief McQuillen served the citizens of Londonderry for 27 years serving in the ranks of Firefighter/Paramedic, Lieutenant, Battalion Chief and for the better part of the last three years the Battalion Chief of Operations (C2). Mike also served on the local 3160 executive board as



union president. Mike will surely be missed but his former fire fighters members wish him all the best in Littleton.



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Loaner's Closet & Community Caregivers Purchased Hubscrub™

Community Caregivers of Greater Derry & the Loaner's Closet for Durable Medical Equipment have exciting news to announce for the new year. The Governor's Office for Emergency Relief & Recovery (GOFERR) and the Cogswell Benevolent Trust have collectively awarded Community Caregivers the \$20,000 needed to purchase a HUBSCRUB™ equipment sanitizing appliance.

The purchase of a HUBSCRUB™ has been a long-time dream of Caregivers & the Loaner's Closet, and in the current pandemic, a necessary part of safely disinfecting donated and

returned durable medical equipment. Previously, items had been washed by hand, a labor intensive and less-effective undertaking. The HUBSCRUB™ unit can house a 24" fully-opened bariatric wheelchair, and clean and sanitize it to be C-Diff & MRSA certified in under six minutes using UV Light and a proprietary cleaning process.

The Loaner's Closet was started because Community Caregivers saw the need among the low-income elderly and disabled individuals we serve for common medical equipment items that they could not afford. This program

was even more crucial during the "stay-at-home order" as many retail companies closed and several mail-order companies decreased their staff hours, making equipment nearly impossible to obtain in a timely manner. The Loaner's Closet stayed open every day since March, offering "curbside" service until we moved into our new Derry location and reopened in-house, on Oct. 5. The new location at 6 West Broadway's (lower level - entrance on Abbott Court) has two showrooms, a waiting room, a cleaning room, a workshop and an over-stock



room.

In 2020, the Loaner's Closet loaned out over 2,800 pieces of durable medical equipment and gave away over 900 cases of medical con-

sumables (adult diapers, nutritional drinks, etc.). The Loaner's Closet is staffed daily from 9 AM - 3 PM. For more information or to donate or borrow equipment, please

call Donna at (603) 432-0877 x 3. Frequently asked questions regarding the Closet can be viewed at <https://communitycaregivers.org/loaners-closet/>.

GREENWorks: How to Properly Dispose of Disposable Masks

Let's discuss mask etiquette. Don't worry, this is not an article discussing whether or not you should wear a mask; we will leave that up to others. Instead, this article is about proper handling of your disposable mask when you are done with it.

One-Time Use Masks are NOT to be placed in the recycle bin, on the

ground or flushed down the toilet. Masks should be securely thrown in the trashcan. Here's why:

1. Disposable Masks are not recyclable. Although some facemasks may seem like they are made of paper, they are commonly made of synthetic fabrics like polypropylene and polyester. Therefore, tossing masks in your paper recycling

can be a source of contamination that solid waste facilities and recycling companies will ultimately need to manage, costing time and money.

2. Masks on the Ground = Litter. If you drop your mask, pick it up. If there is no trashcan where you are, hold onto your mask until you get home and throw it away. When you leave your used mask on the ground, not only are you littering, but you also increase the chance that someone or something will come into contact

with your germs. Under normal circumstances this is just plain disgusting, but with COVID-19, it is particularly risky.

3. Masks are not flushable. The material in these masks is not dispersible, which means that no matter how many times a mask is swirled down the toilet, through the pipes and into either your septic system or sent to a wastewater treatment plant, it will not break down like toilet paper. Flushing masks can cause clogged toilets, drains and malfunctions

at wastewater treatment plants.

Please dispose of your masks properly in the trash can with the

rest of your solid waste. And when the bag is full,

make sure you tie it tightly so the waste stays contained.

OBITUARY

Kevin J. Malone



Kevin J. Malone, 66, of Londonderry, NH, passed away unexpectedly Tuesday Dec. 22, 2020, in the Parkland Medical Center, Derry, NH. He was born in Boston, MA on Dec. 7, 1954, a son of John and Phyllis (Grenier) Malone, and had been a resident of Londonderry for the past 35 years, formerly living in Chelmsford, MA. Kevin enjoyed a career with Deutsche Bank. Kevin enjoyed many hobbies in addition to being an entrepreneur.

He is survived by his beloved wife of 36 years, Pamela (Mantone) Malone of Londonderry; two sons, Jason Malone and girlfriend Rachel of Nashua, NH and Christopher Malone, wife Stephanie and family of Chelmsford, MA, as well as one brother, Brian Malone and wife Carol of Marston Mills, MA.

There are no services being held at this time. A Celebration of Life will be announced during the coming year at a time when it is safer to gather for services. Memorial contributions may be made to American Diabetes Association, P.O. Box 7023, Merrifield, VA 22116-7023, www.diabetes.org/ or to American Heart Association/American Stroke Association, PO Box 417005, Boston, MA 02241-7005, www.heart.org/. The Peabody Funeral Homes and Crematorium, 290 Mammoth Road, Londonderry is assisting the family with arrangements.

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Explaining The British Empire Tradition of Boxing Day

DAVID J. ELLIS
SUBMISSION

Just after Christmas, one the TV morning shows referred to Boxing Day but did not know what it was. Then one of our respected residents wrote about her family's Boxing Day traditions and its Canadian connection. It seems to be time for this ex-British citizen enlighten some of his fellow Americans.

Boxing Day is the day that follows Christmas. It is one of half a

dozen "Bank Holidays". Banks, stores and businesses are closed. It is observed in many countries that were part of the former British Empire. A few examples are Canada, Australia, New Zealand and South Africa. I believe the British colonized anywhere that was warm and dry in an attempt to escape the cold, damp, British winter.

Canada is merely a cold anomaly, colonized because the French were being far

too successful there and we could not possibly allow that! Boxing Day owes its existence, at least in part, to an absence of personal transportation. With that cryptic clue, I'll explain by example.

Eight families lived in the village where I grew up. The butcher and green grocer were five miles away in a nearby town. The fish monger was in a different direction at Aveton Gifford. (That is pronounced "ought'n jifferd".) The milk came from a dairy farm down the valley. None of us owned a car. In the post-war 1940s, it did not matter because gasoline was not available unless you were a critical service like a doctor.

Tradesmen all operated delivery vans. (In Victorian and earlier times these would have been horse drawn vans.) Once a week the delivery van would stop on the road through the village and the woman of each house would go to the van. (This was the chauvinistic 1940s.) She would collect the things she had ordered the week before and give the tradesman her list for next week. Some tradesmen made more than one visit per week. Meat can be kept cool for several days on the marble shelf in the larder but fish tends to get a bit

strange by the third day! We did not have electricity and refrigeration. Milk, like the mail, was a daily delivery made to the door. It was important to know and maintain a good relationship with the tradesmen. Without that, your joint of lamb might be more joint than lamb or your savoy cabbage might have previously been shared with a rabbit – or worse.

Once a year on Box-

ing Day, each tradesman including the mailman and other services, would come to the door of each home to thank his customers and to ask if they wanted something special for the New Year. He would bring with him a small wooden box. In the lid of that box was a slot large enough for a small envelope. Each customer would slip in an expression of their gratitude for his service and hope for a con-

tinuation in the coming year.

That box was the "box" in Boxing Day. It had nothing to do with fisticuffs!

Wishing everyone a belated happy Boxing Day and leaving you with one other British rural tradition. The first word you must utter on the first day of each month is "rabbits". It assures you of good luck and a good supply for the pot.

OBITUARY

Linda (Hamilton) Presley



Linda (Hamilton) Presley, 80, of Londonderry, NH, passed away peacefully surrounded by the love of her family Tuesday, Dec. 22, 2020, in Southern NH Medical Center, Nashua, NH. She was born in Poughkeepsie, NY on July 12, 1940, a daughter of Morton and Patience (Cochrane) Hamilton. She was a devoted mother and grandmother. Linda had a passion for nature, animals, and travel. She loved her family dearly and always made it a point to attend her grandchildren's sports and activities.

She is survived by two daughters, Susan Presley Spinney and her husband David of Thornton, NH, and Kristin Presley Radford of Londonderry; six grandchildren; Collin, Shaun, Emily, Brandon, Kyle, and Cameron. She is predeceased by her husband, Philip Presley, her grandson Andrew Spinney and her sister, Susan Whittemore.

Following cremation, a graveside service will be held in the spring in Glenwood Cemetery, Mammoth Rd., Londonderry. Memorial contributions may be made to the Nashua Humane Society, 24 Ferry Rd., Nashua, NH 03064 or to CASA NH. To send a condolence or for more information, please visit, www.peabodyfuneral-home.com.



Scholarship Given

The Londonderry Women's Club recently awarded Mackenzie Kewley an education scholarship. Pictured from left to right Andrea Rasco LWC, Mackenzie Kewley scholarship recipient and Karen Scott-Martinet LWC. The Londonderry Women's Club offers an annual scholarship to a woman seeking to improve her education. The scholarship value is \$1,000. To be eligible, the applicant must meet the following requirements: Female, at least 23 years of age, be a current resident of Londonderry or adjacent community, be currently enrolled at an accredited secondary institution, and have completed a minimum of half the time or credits required for the degree, certificate or licensing program. Applications must be received by Nov. 15 for next year's award.

Courtesy photo

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Ice Safety

Continued from page 1

residents should do is call their local Fire Department, attempting to perform the rescue on their own may result in multiplying the rescue.

To this end, the Londonderry Fire Department was training some of its recent hires with various forms of Ice Rescue last week on Winding Pond.

Roger was taking advantage of the weather conditions after the snow cleared out last week to help train some of the departments newest members and to also refresh the training of some of the more seasoned staff.

Their training included ways of tying off victims with floating ropes and harnesses and how to get them out of the icy waters as quickly as possible. They also had several ways to extricate them from the ice, using a variety of sleds.

Rogers furnished the paper with a number of safety tips to know when the ice is safe and what to do in the event of an emergency situation.

Residents should recognize that the ice will never be completely

safe. Rople should take all care and precautions to avoid mishaps and to put rescue plans into immediate action should something go wrong.

Creating an emergency safety plan is always a good idea when heading out. Tell people where you are going. If anything goes wrong while you are testing or recreating, already have in place the safety procedures that you will carry out for rescue. Wearing some form of flotation device, especially if you are testing or snowmobiling, is always a good idea. Carry an ice-pick to assist with giving a grip should someone fall in and never go without a buddy. Tell other people where you are and what time you expect to return home.

Also, have a spare set of warm dry clothes in a waterproof bag near by.

Ice safety is determined by assessing the following factors together:

- Appearance of the ice - its color, texture and features
- Thickness of the ice - there are recommended thicknesses for different uses, which are set out below

- External temperature over a period of time and on the day
- Snow coverage
- Depth of water under ice

- Size of water body
- Chemical composition of water - whether water is fresh or salt

- Local climate fluctuations

- Extent of ice

Look at the ice to see if you can see any cracks, breaks, weak spots or abnormal surfaces and to identify the color(s) of the ice. You cannot rely on your eyesight alone. This is just an initial look to help you to decide if it is even worth proceeding to the next step of testing the ice.

If you see any of these signs, you may wish to abandon any further attempt to go on the ice:

- Flowing water near or at the edges of the ice
- Flowing springs under the ice in spring fed ponds and lakes.
- Water flows in and/or out of the iced-over water body
- Cracks, breaks or holes
- Ice that appears to have thawed and refrozen

- Abnormal surfaces that you have not seen before - e.g., pressure ridges caused by currents or winds

• Remember this saying: "Thick and blue, tried and true; Thin and crispy, way too risky."

People should know ice color meanings. Ice of any color subjected to a running water force underneath will be weaker than ice not subject to that pressure. In general, you can surmise the following from ice colors:

- Light gray to dark black - Melting ice, occurs even if air temperature is below 32°F (0°C). Not safe, its weak density can't hold a load, stay off.

- White to Opaque - Water-saturated snow freezes on top of ice forming another thin ice layer. Most times it's weak due to being porous from air pockets.

- Blue to Clear - High density, very strong, safest ice to be on if thick enough, stay off if less than four inches (10 cm) thick.

- Mottled and slushy or "rotten" ice - not so much its color but its texture. This ice is thawing and slushy. Not suitable for even a footstep.

People should always test the thickness of the ice. The test should be done with at least one other person, and wearing a flotation



*Londonderry Firefighters prepare to be pulled from a hole in the ice on Winding Pond.
Photo by Chris Paul*

suit or device and use ropes that your buddy can pull on if something goes wrong.

- Only go on the ice if the edge of the water body is firm.

- Chip the ice with an axe or hatchet to create a small hole in the ice, or use an ice auger (a special tool which drills into the ice), for measuring the thickness through. Use a measuring device to determine the thickness.

- Do not even walk on ice 3" or less in thickness.

- In general, the rules

for ice thickness measurements are:

- 3" (7 cm) (new ice) - KEEP OFF
- 4" (10 cm) - suitable for ice fishing, cross-country skiing and walking (approx. 200 pounds)
- 5" (12 cm) - suitable for a single snowmobile or ATV (approx. 800 pounds)
- 8" - 12" (20 - 30 cm) - suitable for one car, group of people (approx. 1,500 - 2,000 pounds)
- 12" - 15" (30 - 38 cm) - suitable for a light pickup truck or a van

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Millennium Mile Race Changes Direction and Format This Year

CHRIS PAUL
LONDONDERRY TIMES

The New Year's Day tradition that is the Millennium Mile took place for the 22nd time in Londonderry on Friday afternoon, and runners lined up two at a time on Mammoth Road from Londonderry High and headed north for a mile run to ring in the new year.

There was quite a dip in participation this year due to the COVID-19 Pandemic, but over 680 runners recorded times in this longstanding event.

A 24-year-old from Dover, was the overall race winner, coming in with a final time of 4:03.7. Ben Finnigan had a time was about 14 seconds shy of the course record of 3:49.

The first female finisher was a 29-year-old runner from Harwinton Conn. Anna Sheilds finished the race in the tenth position overall with a time of 4:23.3.

The quickest local runner was from Londonderry - 16-year-old Will Plante crossed the in 24th place (4:47.8).

Derry's Christian Kondor was the next local runner at 29th place. The Derry resident finished with a time of 4:53.7.

The race also offered

a number of seperate divisions for runners to compete in which ranged in age and gender.

The top three local finishers in those categories are as follows:

In the Male-Age 4 Group: Londonderry's Jonathan Moulton took first with a time of 12:09.8 and Joseph Moulton took 2nd with a time of 12:12.3

Female-Age 5: Avery Odachowski of Londonderry came in 2nd (11:01.6).

Female-Age 6: Avery Kiburis of Hampstead was first at 9:24.7. Emily Moulton of Londonderry took second (10:29.7). Kendall Odachowski of Londonderry was third (11:00.2).

Male-Age 6: George Gould of Londonderry was 2nd (7:57.8).

Female-Age 7: First place went to Londonderry's McKinlee Hayward (7:45.2).

Male-Age 7: First place went to Londonderry's Connor Herzon (7:11.6).

Female-Age 8: Juliana Quinlan of Londonderry took 2nd place (7:54.9).

Male Age 8: Joseph Morrison of Londonderry came in third (8:02.6).

Female-Age 9: Bridget Quinlan of Londonderry was 2nd (7:51.0).



Ben Finnigan, of Dover, was the overall Millennium Mile race winner, with a time of 4:03.7.



Anna Sheilds of Harwinton Conn. was the fastest women to come in with a time 4:23.3.

Photos by Chris Paul

Female-Age 20-24: Michele Condon of Sandown took 2nd place with a time of 6:25.5.

Female-Age 30-34: Gabriela Webber finished 2nd (5:35.1).

Female-Age 40-44: Londonderry runners Greta Swisher took first (5:44.4) and Michele Hayward was third with 6:15.5.

Male-Age 70-74: Charles Morganson of Derry finished third in the division (11:05.6).

Coming in second place in the Male - Age 80 and Up category was 91-year-old runner from Londonderry Bill Blood.

Local Cop Makes Cover



Londonderry K9 Officer Rafael Ribeiro and his K9 partner Ammo made the cover of K-9 Cop, a national law enforcement K9 magazine. LPD Sgt. Malloy took the photo and submitted it to the publisher, who chose to put it on the front cover. The LPD is proud of the work K9 Officer Ribeiro and Ammo do in and for our community and are even more proud that they have brought a little national attention to our police department. Check out the magazine at <https://www.k9cop-magazine.com/>



Meet River! This beautiful Georgia girl is a lab mix, about 2-3 years old and loves spending time with others! Whether it's going for a jog or cuddling on the couch, she is right there with you. But as much as she loves her young and old human friends, she's a little pickier when it comes to her fellow canines. Because of this, we'd like to see her go to a home with no other dogs or a calm one. She hasn't been around any cats yet, so we're unsure how she is around them. River's foster describes her as super cute, loving and the perfect addition to the right family.

If you'd like to be River's forever home, please visit The Greater Derry Humane Society website to fill out an application.

The Greater Derry Humane Society, Inc. rescues animals and places them in permanent loving homes. We do not maintain a shelter; all of our rescued animals are kept in foster homes until we can place them. We have a no-kill policy. Volunteer only/All foster home based nonprofit.

Feel free to contact us about fostering, donating or adopting at (603) 434-1512 or contact@derryhumanesociety.com

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NH DHHS COVID-19 Update From January 4, 2021

The New Hampshire Department of Health and Human Services (DHHS) has issued the following update on the new coronavirus, COVID-19.

On Monday, Jan. 4, 2021, DHHS announced 879 new positive test results for COVID-19, for a current PCR test positivity rate of 10.5%. Today's results include 516 people who tested positive by PCR test and 363 who tested positive by antigen test. There are now 6,200 current COVID-19 cases diagnosed in New Hampshire. Of the results reported today:

- Dec. 29: 136 new cases today, for an updated total of 980 cases
- Jan. 1: 1 new case today, for an updated total of 634 cases
- Jan. 2: 417 new cases today, for an updated total of 579 cases
- Jan. 3: 325 new cases

Test results for previous days are still being processed and the total number of new positives for those days are not yet complete. Updated case counts for prior days will be reflected on the COVID-19 interactive dashboard www.nh.gov/covid19/dashboard/overview.htm.

Several cases are still under investigation. Additional information from ongoing investigations will be incorporated into future COVID-19 updates. Of those with complete information, there are one hundred and thirty-two individuals under the age of 18

and the rest are adults with 49% being female and 51% being male. The new cases reside in Rockingham (198), Hillsborough (151), Strafford (97), Merrimack (84), Cheshire (41), Belknap (25), Sullivan (24), Grafton (20), Carroll (11), and Coos (8) counties, and in the cities of Manchester (91) and Nashua (69). The county of residence is being determined for sixty new cases.

Community-based transmission continues to occur in the State and has been identified in all counties. Of those with complete risk information, most of the cases are either associated with an outbreak setting or have had close contact with a person with a confirmed COVID-19 diagnosis.

DHHS has also announced one additional death related to COVID-19. We offer our sympathies to the family and friends.

• One female resident of Hillsborough County, 60 years of age and older There are currently 319 individuals hospitalized with COVID-19. In New Hampshire since the start of the pandemic, there have been a total of 47,328 cases of COVID-19 diagnosed with 916 (2%) of those having been hospitalized.

Current Situation in New Hampshire

NH Persons with COVID-19: 47,328
Recovered: 40,347
Deaths Attributed to COVID-19: 781
Total Current Cases: 6,200

Persons Who Have Been Hospitalized: 916

Current Hospitalizations: 319
Total Persons Tested at Selected Laboratories, Polymerase Chain Reaction (PCR): 523,201
Total Persons Tested at Selected Laboratories, Antibody Laboratory Tests: 34,891
Persons with Specimens Submitted to NH PHL: 63,852
Persons with Test Pending at NH PHL: 168

Number of Tests Conducted by Date of Report to NH DHHS

Polymerase Chain Reaction (PCR) Tests
NH Public Health Laboratories

Dec. 28: 413
Dec. 29: 575
Dec. 30: 748
Dec. 31: 1,273
Jan. 1: 0
Jan. 2: 895
Jan. 3: 315
Average: 603

LabCorp
Dec. 28: 997
Dec. 29: 1,554
Dec. 30: 966
Dec. 31: 1,858
Jan. 1: 1,294
Jan. 2: 1,252
Jan. 3: 1,047
Average: 1,281

Quest Diagnostics
Dec. 28: 431
Dec. 29: 576
Dec. 30: 557
Dec. 31: 1,101
Jan. 1: 861
Jan. 2: 528
Jan. 3: 909
Average: 709

Mako Medical
Dec. 28: 0
Dec. 29: 262
Dec. 30: 1,170
Dec. 31: 590

Jan. 1: 407
Jan. 2: 49
Jan. 3: 188
Average: 381

Dartmouth-Hitchcock Medical Center

Dec. 28: 295
Dec. 29: 859
Dec. 30: 714
Dec. 31: 854
Jan. 1: 654
Jan. 2: 403
Jan. 3: 417
Average: 599

Other NH Hospital Laboratory

Dec. 28: 446
Dec. 29: 624
Dec. 30: 644
Dec. 31: 416
Jan. 1: 401
Jan. 2: 252
Jan. 3: 236
Average: 431

Other Laboratory*

Dec. 28: 1,398
Dec. 29: 1,868
Dec. 30: 2,496
Dec. 31: 1,940
Jan. 1: 1,582
Jan. 2: 734
Jan. 3: 786
Average: 1,543

University of New Hampshire**

Dec. 28: 0
Dec. 29: 10
Dec. 30: 32
Dec. 31: 15
Jan. 1: 0
Jan. 2: 0
Jan. 3: 0
Average: 8

Total
Dec. 28: 3,980
Dec. 29: 6,328
Dec. 30: 7,327
Dec. 31: 8,047
Jan. 1: 5,199

Jan. 2: 4,113
Jan. 3: 3,898
Average: 5,556

Antibody Laboratory Tests

LabCorp
Dec. 28: 0
Dec. 29: 27
Dec. 30: 19
Dec. 31: 22
Jan. 1: 14
Jan. 2: 1
Jan. 3: 7
Average: 13

Quest Diagnostics

Dec. 28: 11
Dec. 29: 25
Dec. 30: 38
Dec. 31: 25
Jan. 1: 36
Jan. 2: 11
Jan. 3: 10
Average: 22

Dartmouth-Hitchcock Medical Center

Dec. 28: 6
Dec. 29: 12
Dec. 30: 7
Dec. 31: 12

Jan. 1: 0
Jan. 2: 1
Jan. 3: 0
Average: 5

Other Laboratory*

Dec. 28: 12
Dec. 29: 2
Dec. 30: 6
Dec. 31: 7
Jan. 1: 1
Jan. 2: 17
Jan. 3: 0
Average: 6

Total

Dec. 28: 29
Dec. 29: 66
Dec. 30: 70
Dec. 31: 66
Jan. 1: 51
Jan. 2: 30
Jan. 3: 17
Average: 47

NH DHHS Daily Update on COVID-19

Archive www.nh.gov/covid19/news/updates.htm

For more information, visit the DHHS COVID-19 webpage at www.nh.gov/covid19.



LONDONDERRY SCHOOL DISTRICT

FILING PERIOD FOR CANDIDATES

The Londonderry School District has the following open positions for the School District Elections to be held on March 9, 2021:

- One (1) Member of the School Board – 3 year term
- One (1) Member of the School Board – 3 year term
- One (1) School District Clerk – 1 year term

The filing period is January 20 through January 29, 2021. To make arrangements to file, please contact Kerri Stanley, Interim School District Clerk, at (603) 860-9369. Or, for information, please contact the Londonderry School District Office at 432-6920 Ext. 1103.

Please note that Kerri Stanley will be at the Londonderry School District Offices, 6A Kitty Hawk Landing, Suite 101, Londonderry, NH from 3:00PM to 5:00PM on Friday, January 29, 2021, for the purpose of final filing.

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AROUND TOWN

Around Town Policy: This section is meant to be used to announce free events to the communities. If your group is receiving money for what they are publicizing, there will be a charge of \$40/week per paper. All Around Town/Calendar Items will be held to 100 words maximum. All free announcements in the Around Town/Calendar section can run a maximum of three weeks. Deadline for submissions is Monday at 5 p.m. Please send items to londonderrytimes@nutpub.net.

Spartans Basketball Tryouts

First Spring basketball tryout on Jan. 17. Spartans Basketball, NH's largest AAU Basketball program, will be holding Spring AAU tryouts at the Candia Youth Athletic Association in Candia, NH. Tryouts will be open to boys and girls grades 2nd - High School. The first tryout date is Sunday Jan. 17. Times are 2nd - 6th Grade boys and girls: 5 - 6 p.m. 7th - High-school boys and girls: 6 - 7 p.m. For any questions contact Chris Coates at CoatesNew@hotmail.com.

Legion Meeting

The American Legion Post 27 will hold their Monthly General Meeting on Jan. 11, at 7:30 p.m. All members are welcome to attend. Located at 6 Sargent Rd., Londonderry (behind the fire station on Mammoth Rd.)

Virtual Craft Time

On Monday, Jan. 11, at 10 a.m., a virtual craft time will be available to watch on the Leach Library Facebook page. Make a fuzzy apple wreath with Miss Kat! Craft kits are available while supplies last. Please call the library at 432-1132 to reserve a time to pick up your kit today. Please check the library's Facebook page on Monday, Jan. 11 for the link. To access the library's Facebook page, visit the Leach Library website at www.londonderry.nh.org/

each-library then select the "Facebook" link from the blue menu on the left side of the page.

Childrens Program

On Monday, Jan. 25, at 10 a.m., a virtual children's program will be available on the Leach Library Facebook page. Join Miss Jennifer for some friendship fun! She will share a craft, a song, some fun facts, and her favorite friendship picture books. To pick up a coloring page or reserve any of the featured books, call the library at 432-1132. Please check the library's Facebook page on Monday, Jan. 25 for the link. To access the library's Facebook page, visit the Leach Library website at www.londonderry.nh.org/ each-library then select the "Facebook" link from the blue menu on the left side of the page.

Free Parenting Workshops

View these free parenting workshops at your own pace hosted by the Upper Room at www.urteachers.org/workshops-on-demand. Dealing with Challenging Behaviors in Children - The Importance of Routines and Consistency for your Child.

Book Talk

On Tuesday, Jan. 19, at 10 a.m., a virtual book talk for teens will be available on the Leach Library Facebook page. Miss Megan talks about two exciting

new books in the young adult collection: "The Brave" by James Bird and "Half Life" by Lillian Clark. Please check the Leach Library's Facebook page on Tuesday, Jan. 19 for the link. To access the library's Facebook page, visit the Leach Library website at www.londonderry.nh.org/ each-library then select the "Facebook" link from the blue menu on the left side of the page.

Online Story & Craft

Looking for something fun for the kids? Connect Online Story & Craft Session for Parents and their children up to age 6 with the Upper Room. Free Live on Zoom. Join us on Zoom for live interactive songs and children's stories followed by a craft lesson, that is easy and fun to do with your child at home. Zoom link to join: bit.ly/connectstorytimezoom. Craft supplies at bit.ly/connectstorytime or email skoza@URteacher.org.

Teen Talk

Free LIVE on Zoom on Tuesdays from 3 - 4 p.m., for teens 13-18 to talk, support each other, and be heard. No preregistration necessary. Zoom link to join: bit.ly/tiptopics

Free Stress Management Workshop

An on demand workshop by the Upper Room. View at www.urteachers.org/workshops-on-demand. To learn more contact Beth O'Connell at eoconnell@URteachers.org.

Vaping and Your Health

A Vaping and Your Health Teen Workshop will be held on demand. Workshops are held on the first Tuesday of the month and online options are also available. Call (603) 437-8477 x117 to register and

get more information.

Covid-19 Relief Fund

To apply for financial assistance, call Community Health Services at (603) 425-2545. For holiday gifts, food and other types of assistance, call The Upper Room at (603) 437-8477 x 110.

Legion Meals

Every Sunday Post 27 is serving food prepared by members during the 1 p.m., football game. Legionnaires eat for free and there is \$5 donation for everyone else. Please wear a mask when entering and moving around within the Post. The bartender will ask for your cell number as part of our contact tracing. Located at 6 Sargent Rd., Londonderry (behind the fire station on Mammoth Rd.)

Gallons Fuel Oil Raffle

The Londonderry Lions Club hosts their 4th annual 100 gallons fuel oil raffle. Tickets are \$5 each. Drawing will be Jan. 11, 2021. Please come support the Londonderry Lions so they can continue to support our community.

COVID-19 Response Help Needed

The South Central NH Medical Reserve Corps (MRC) is recruiting medical and non-medical volunteers to help with the COVID-19 Response in the region. Are you a practicing or retired medical professional or a concerned local citizen (with or without medical expertise), and interested in assisting your community during an emergency? The MRC provides communities with medical and nonmedical volunteers trained to assist in the event of public health emergencies. Volunteers may be called to assist during emergencies, such as the COVID-19 response. Activities may include but not limited to greeting, registration, and vaccine administration. Free training will be available within your scope of practice. For more information, please reach out to Kate MacDonald at katemacdonald@catsnh.org or 603-505-7216.

Raising another's child?

Are you parenting a second time around? Attend the Grandparent and Relative Caregiver Support Group. Join this free weekly meeting for resources, discussions and support for those raising another person's child. No preregistration needed. Tuesdays 6 - 7:30 p.m. Meeting in person at the YMCA - Londonderry. Contact: Seren Elizabeth at selizab@urteachers.org or g. Grandparent PASTA Groups are brought to you by NH Children's Trust, the YMCA of Greater Londonderry, the Southern Rockingham Coalition for Healthy Youth (SoRock)

Toys for Tots

It's safe to say 2020 has been a tough year for

everyone. Kids and parents more than ever could use a little extra "Merry" in their Christmas this year and we're hoping to help bring bright smiles to their faces this Holiday Season! Derry PD will be participating in the Marine Corps Reserve Toys For Tots Campaign for the 2020 season. Please drop off new, unwrapped, nonviolent toys to the main lobby of the station.

TIPS Zoom

Are you a young parent? The Upper Rooms Teen Information for Parenting Success (TIPS) will hold Zoom meetings on Wednesdays from 5 - 6 p.m. Support and resources for young parents (up to age 24) and their children. Zoom meeting link: bit.ly/tiptopics

Parent & Caregiver Café

Parent & Caregiver Café Remote meetings are open to those raising teens. Thursdays from 6 - 7:30 p.m. To access, visit: us04web.zoom.us/j/302497889 Meeting ID: 302 497 889 (no password needed) Contact: Seren Elizabeth at atselizabeth@urteachers.org No preregistration needed.

Caregiver Resource Line

Have parenting questions? Upper Room offers Parent & caregiver resource line, call (603) 437-8477 ext. 26. Call with your name and contact number, and a trained professional will return your call within 24 hours. If you are having an emergency, please call 911.

Raising another's child?

Are you parenting a second time around? Attend the Grandparent and Relative Caregiver Support Group. Join this free weekly meeting for resources, discussions and support for those raising another person's child. No preregistration needed. Thursdays 6 - 7:30 p.m. Free live on Zoom. Link to Join: <https://us04web.zoom.us/j/302497889>. Contact: Seren Elizabeth at selizab@urteachers.org

and The Upper Room.

Feeling Overwhelmed?

The Upper Room is offering supportive online counseling schedule a free one-on-one supportive counseling session. Email Seren at selizab@urteachers.org.

Evolve!

A group for young woman ages 13 to 18 to talk about today's challenges meets every Wednesday from 5:30 - 6:30 p.m. at the Upper Room, 36 Tsienneto, Road, Derry. This is a free weekly group. To register, Call 437-8477 to register ext. 16.

Presbyterian Church

The Walking Together Group and the Walk With Me Group will be meeting together via zoom 7 p.m. every Tuesday, via computer or telephone. This is a support group for anyone who has lost a spouse, a family member or a friend. For information, contact: 781-866-9976 or jrkldias@aol.com

St. Jude Food Pantry

St. Jude's Food Pantry is open to all Londonderry resident who maybe in need. Call Kay at 434-1827 to make an appointment to pickup your food from the pantry. "We are there for the people and want to help them."

Raising a Teenager?

Parent & Caregiver Café (PaCC) Group. These meetings are a wonderful resource for parents and caregivers raising teens. Discuss your concerns and learn new parenting strategies. New topics are introduced weekly including anger management, drug and alcohol abuse, communication and setting boundaries. No preregistration needed. Thursday 6 - 7:30 p.m. Free live on Zoom. Link to Join: <https://us04web.zoom.us/j/302497889>. Contact: Seren Elizabeth at selizab@urteachers.org

CART Transitions to Essential Trips only

In an effort to keep drivers and the ridership of CART safe and healthy during the COVID-19 pan-

Continued on page 13

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Around Town

Continued from page 12

demic, CART will transition to essential only. CART will communicate with all passengers who have current trips scheduled and make adjustments where appropriate. Essential travel will

include medically necessary trips (dialysis, pharmacy, etc.) as well as trips to the grocery store. CART will work with passengers to accommodate the essential trips and will work on timing to be as flexible as possible. Service will remain available to all towns, 5 days a week.

Any questions, concerns or comments should be directed to mwhitten@mta-bus.org or phone CART at 603-792-5151. CART looks forward to restoring regular service levels as soon as this crisis passes.

Young Adult Programs

On Fridays 11 - 11:30

a.m., facilitated by The Upper Room, weekly free remote support programs are available. To access: Contact Beth O'Connell at eoconnell@URteachers.org or follow the Young Adults Strong Facebook page.

Food Pantry

Contact-free pick up at

at the Upper Room, 36 Tseneto Rd., Derry is available on Mondays from 11 a.m. - 1 p.m. (back entrance), Thursdays 3 - 4 p.m. and by appointment (front entrance).

Raising children ages 0-12?

Upper Room offers

Parent & caregiver workshops on Wednesdays, from 6 - 7 p.m. Free live on Zoom, facilitated by The Upper Room. Tune into this new series for weekly workshops offering families information, discussion and support.

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Londonderry Police Log

Selections from the Londonderry Police Logs

Monday - Dec. 28
5:05 a.m. Suspicious activity investigated on South Road at Timber Street.
10:21 a.m. Services rendered to Keep the Peace

on Fieldstone Drive.
3:21 p.m. Criminal Mischief investigated on Granite Street.
4:36 p.m. Welfare Check performed by four officers results in the trans-

portation to a hospital from Robin Hood Drive at Mammoth Road. James Settle, 36, of Londonderry, charged with Involuntary Emergency

Continued on page 15

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NHDES Deems January to be Radon Action Month

MELISSA BETH RUIZ
LONDONDERRY TIMES

It cannot be seen, smelled, nor tasted. At elevated levels, it can pose serious health risks.

And it can be found in just about every home in the community.

Radon is a naturally-occurring radioactive gas present in the atmosphere in trace amounts. Outdoors, the gas disperses rapidly and generally is not a cause for concern. However, it can become trapped indoors, where higher concentrations can lead to significant health risks.

Radon is the leading cause of lung cancer deaths among nonsmokers in the United States, says the United States Environmental Protection Agency (EPA). Each year, approximately 21,000 Americans pass away due to an overex-

posure of radon.

And this risk of exposure hits closer to home for those in New Hampshire than many realize. Aptly named the "Granite State," New Hampshire's namesake mineral contains small amounts of uranium, which naturally breaks down over time to form radon gas that residents breathe in.

Breathing in radon gas over time can increase the risk for developing lung cancer. Since the gas is odorless, tasteless, and invisible, it is impossible to detect with the naked eye, nose, and tongue.

According to data from the New Hampshire Department of Environmental Services (NHDES), there is a 33 percent chance of elevated radon levels in the air of Londonderry, Derry, Chester, Sandown, and Hampstead

homes, meaning these areas have a significant risk of exposure to the gas.

Radon gas can enter buildings through cracks and other holes in the foundation, as well as through sinks, showers, and toilets for those with private wells, says the NHDES.

Thankfully, health risk and fatality is preventable, and the month of January is dedicated to ensuring that folks all over are aware of this risk in their homes, schools, and workplaces.

The EPA, along with the United States Surgeon General urge all Americans to protect their health by testing their homes, schools, and businesses for elevated radon levels. The NHDES reminds residents that the only way to know if there is radon gas present in the home,

classroom or workplace is to test for it.

Folks can enlist the help of a professional to test radon levels in homes and businesses, but kits are also available for those who prefer to test on their own time.

There are several types of radon testing devices that residents can obtain from hardware, drug, and other stores, as well as by mail or phone. The devices are exposed to the air in the building being tested and then sent to a laboratory for analysis.

Radon levels tend to vary from day to day and season to season, says the EPA. For those who need to know right away what their radon levels are, a short-term test, which remains in a building from two to 90 days, may be appropriate. Those who want to know what their building's

year-round average radon level might want to opt for a long term test, which remains in a building for more than three months.

The EPA recommends that action be taken to reduce a building's indoor radon levels if a test results comes back at 4 pCi/L or higher. Sealing cracks and other openings in the building's foundation is a basic part of most approaches to radon reduction, however, the DPA does not recommend this approach be the sole effort to limiting radon entry.

In most cases, a system with a vent pipe or fan is used to reduce the radon. These methods often don't require major changes to be made in the building. Radon mitigation contractors may use these or other methods to go about reducing radon

levels in a building, and the right system depends on the design of the building, among other factors.

After these measures have been taken, the building should be tested again to make sure that radon levels remain reduced. The building should also be re-tested at some point in the future to follow up on radon levels later on.

The thought of elevated radon exposure is unsettling, but the risk easily avoidable. This year, families, managers, and other building-owners should add radon-testing to their list of health resolutions.

Certified radon professionals can be found by visiting nrsb.org/find-a-pro. For further information on radon and exposure risk, visit epa.gov/radon.

Police Log

Continued from page 14

Admission.

6:58 p.m. Welfare Check performed by four officers results in the transportation to a hospital from Welch Road.

Tuesday - Dec. 29

3:39 a.m. Motor Vehicle Check results in an arrest made at Shell Food Mart on Nashua Road. Jessica Savage, 40, of Hampton, charged on Bench Warrants; and Arrested on a Warrant.

2:34 p.m. Services rendered for Criminal Mischief on Michels Way at T.J. Maxx.

4:36 p.m. Services rendered for Larceny/Forgery/Fraud at Game Changer Sports Bar & Grill on Orchard View Drive.

8:22 p.m. Disturbance investigated by three officers at Sleep Inn on Perkins Road.

Wednesday - Dec. 30

6:46 a.m. Assisted the Londonderry Fire Department with services on Old Derry Road.

1:23 p.m. Larceny/Forgery/Fraud investigated on Calla Road.

1:37 p.m. Three officers respond to an alarm at a residence on Hampshire Lane. Building Checked/Secured.

4:12 p.m. Three officers investigate a disturbance at Auto Auction Of New England, Inc. on Action Blvd.

8:01 p.m. Three officers assist the New Hampshire State Police with services on Bayberry Lane.

10:12 p.m. Welfare Check investigated on Grove Street.

Thursday - Dec. 31

12:01 a.m. Disturbance investigated by four officers on High Range Road.

2:04 a.m. Warrant serv-

ed and arrest made by three officers on Railroad Square, Nashua. Joel Shaw, 49, of Nashua charged with Criminal Threats Against Person.

6:56 a.m. Services rendered for a disturbance at the Manchester Boston Regional Airport.

11:02 a.m. Auto Theft investigated on Melody Lane.

2:18 p.m. Welfare Check investigated by three officers at Macgregor Cut Apartments on Stonehenge Road.

6:39 p.m. Services rendered for Neighborhood Disputes on Sunset Drive.

6:53 p.m. Welfare Check investigated on Jason Drive

8:11 p.m. Weapons Offenses investigated on Buttrick Road at Elliot Primary Care/Urgent Care.

8:19 p.m. Suspicious Activity investigated on Barksdale Avenue.

11:29 p.m. Peace rest-

ored by three officers after a Domestic Disturbance on Winterwood Drive.

Friday - Jan. 1

9:12 a.m. Services rendered for Criminal Threatening on Winterwood Drive.

11:49 a.m. Services rendered for a Medical Emergency at Matthew Thornton School on Mammoth Road.

8:16 p.m. Motor Vehicle Stop leads to an arrest on Route 102 at Buttrick Road. Stephen Gill, 43, of Nashua Charge with Aggravated Driving While Intoxicated; Driving Under the Influence (Second Adult >.08; Minor >.02); Speeding (26 miles per hour over Limit of 55 or Less); and Failure to Dim Lights.

Saturday - Jan. 2

2:45 a.m. Response to suspicious activity results in an arrest made on

Pillsbury Road. Julio Samaniego, 32, of Londonderry, charged with Stalking; Domestic Violence; Order.

11:54 a.m. Suicide Attempt/Threat results in the transportation to a Hospital from Grove Street.

12:41 p.m. Suspicious Activity investigated at Manchester Boston Regional Airport.

3:51 p.m. Identity Theft investigated on Walton Circle.

5:30 p.m. Criminal Mischief investigated on Old Nashua Road.

8:52 p.m. Motor Vehicle Stop results in an arrest made on Route 28, North of Page Road. Three officers assist with charging Annie Mae Broderick, 30, of Manchester on the Breach of Bail Conditions.

9:21 p.m. Welfare Check investigated on Vista Ridge Drive.

9:26 p.m. Services ren-

dered for a Welfare Check on Rockingham Road.

Sunday - Jan. 3

3:01 p.m. Disturbance investigated on Capitol Hill Drive.

3:44 p.m. Suspicious activity investigated by three officers at Burger King on Nashua Road.

3:57 p.m. Services rendered for a Domestic Disturbance on Sherwood Road.

4:10 p.m. Services rendered for Neighborhood Disputes on Capitol Hill Drive.

4:23 p.m. Services rendered for Larceny/Forgery/Fraud at Market Basket on Michels Way.

4:54 p.m. Assisted the Londonderry Fire Department with services at Burger King on Nashua Road.

6:25 p.m. Services Rendered in keeping the peace on Perkins Road.

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