

Londonderry Times

April 9, 2020 ♦ Volume 21 – Issue 15

A FREE Weekly Publication



Eight is Great

Connor Kerrigan turned eight over the weekend, and to help celebrate his birthday, his mom orchestrated a parade through his neighborhood on Faye Lane Sunday afternoon. The pandemic has spurned many of these celebrations since social distancing is cancelling parties. See more photos on page 8. *Photo by Chris Paul*

Superintendent Discusses Educational Challenges

MACK LEATHURBY
LONDONDERRY TIMES

As the Londonderry School District heads into more weeks of remote learning due to the COVID-19 Pandemic, both teachers and students are making adjustments. As

a parent of a child in the district, I am seeing firsthand that students are developing new study and curriculum participation habits as remote school sessions are progressing and new challenges are surfacing.

Spring vacation will soon be upon the students starting on April 27 and that will likely be a welcome break for students and parents to put down their computers and paper work for a week.

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Fire Chief Asks Residents to Practice Safe Social Distancing

CHRIS PAUL
LONDONDERRY TIMES

During the Public Comment section of the Monday night, April 6, Town Council meeting, Fire Chief Darren O'Brien said that if residents are not practicing safe social distancing he may be forced to shut down some of the town's public areas such as the rail trail.

The meeting was held remotely that evening, due to the COVID-19 Coronavirus Pandemic, and was conducted via a program called "GoToMeeting," a video Conferencing app

that allows people to join through logging on with a code supplied by the town on their website. The feed was also broadcast live on cable Channel 22.

After Town Council chairman John Farrell read a statement about how the meeting would be conducted, and then took a roll call of those members in attendance. All five Town Council members were present either by the computer app or on the phone.

Farrell opened the meeting for public comment and asked O'Brien to give an update on the COVID-19 Pandemic.

O'Brien began by stating the as of Monday, the state has 715 cases of Coronavirus, and Londonderry has nine of those cases. He then added "We have been working with local merchants and town citizens to try and get Londonderry through this, and lead the way to make sure that Londonderry can go through this unscathed, and people are following the proper precautions."

O'Brien urged residents that have a special circumstance at their home, such as being quarantined, that they

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Lewd Comments Shut Down Remote Town Council Meeting

CHRIS PAUL
LONDONDERRY TIMES

The Monday night, April 6, meeting of the Londonderry Town Council was held remotely, due to the COVID-19 Coronavirus Pandemic, but wound up being quickly shut down because of some inappropriate statements being made as members of the board were discussing their goals for the upcoming year.

The meeting was being conducted via a program called "GoToMeeting," a Video Conferencing App that allows people to join the public meeting through logging on to it with a

code supplied by the town on their website. The feed was also broadcast live on cable Channel 22.

There were over people logged on to join in the public meeting, that lasted about 25 minutes, until one of those people logged on, interrupted to proceedings by making lewd, pornographic in nature, comments during the part of the meeting when Town Councilors were discussing their goals for the upcoming year.

As newly elected councilor Deb Paul was asking questions over the phone, the lewd comments began, shock-

ing Paul. "What's going on here?" She exclaimed.

The comments went on for about 10-20 seconds before the meeting was quickly shut down leaving those both watching and participating wondering how to proceed.

In a statement released the following

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Town Council Considers Updates to Food Establishment Guidelines

MACK LEATHURBY
LONDONDERRY TIMES

At the March 24 Town Council meeting David Caron and Mike Fowler, from the Department of Public Works, over-viewed for the Town Council the proposed changes about Food Service Establishments Guidelines for the town.

In 1982, the Town adopted Chapter 55 - Food Service Establishments, which was adapted in reference to the State of NH Chapter He-P 2300 Sanitary Production and Distribution of Food regulations. The last adoption of these Food Service Establishments Guidelines by Town Council occurred in June of 2014 and became effective in July, 2014.

Caron had previously presented to the Council these amendments that outlined minor changes to Health Ordinance Chapter 55. The changes will provide a more user-friendly Food establishment classification schedule, increase certain license fees and add a Dog Friendly Dining

Variance to the current guidelines. The March 24th council meeting was set as the public hearing to review these change recommendations for council adoption, although it is now more difficult for public participation with the current remote meeting situation.

Derry's Public Health Department proposes the following amendments to be added to Chapter 55 Food Service Establishments guidelines: Update the classification system to be more business, user-friendly on current food service application; increase specified fees to be more in line with State of NH fees - as well as with other comparable, surrounding self-inspecting communities to generate revenue; add a Dog Friendly Outdoor Dining Variance to the Town.

This business-friendly initiative will help promote the Town of Derry, sending a message to residents and visitors alike that all are welcome and encouraged to visit and enjoy every-

thing that the Town has to offer.

Within this change several sections of NH State Food codes - including Chapter He-P 2300 Sanitary Production and Distribution of Food that was repealed in June 2015, and then readopted and renumbered as "Poultry Producers and Rabbit Producers selling Poultry and Rabbits to Restaurants Licensed under RSA 143-A. will be correct where some of that older language is now obsolete. With these changes, FY20-21 license fee renewals are anticipated to earn \$3,575.00 with the updates - with increases ranging from \$15 - \$35 for Type 3-5 licenses. The dog variance impact is expected to have minimal revenue.

The Health Department recommends reclassifying the food service application schedule to make it more user-friendly. Also, it was time to evaluate the competitiveness of Derry's fees relative to the state fees and surrounding municipalities.

Based on these comparisons, and time of inspections, the department recommends an increase to Type 3, Type 4 and Type 5 licenses only. All of Derry fees remain below the State, and at par or less than those nearby "self-inspecting" communities. The Dog Friendly dining variance should be considered as a business-friendly option to

permit holders, and attract potential new businesses, as only two other communities in NH have this variance.

The Town Administrator had recommended the adoption of these amendments, but that recommendation was made before the Town Government had to make changes to its operations due the pandemic and as businesses

in town have been hit hard.

The council discussed that since these changes included license fee increases that may present hardships for businesses in town at this abnormal time that it would be prudent to table these amendments. Therefore these amendments shall be on hold for further discussion at a later date.

Fire Chief

Continued from page 1

contact the fire department through the town website and make them aware of the situation so that fire crews would be abreast of the situation in case they are called to that home. He added, "You will not be treated any differently, you'll just be giving our crews the ability put on the proper equipment, and keep our crew safe so they can keep on serving the community."

He then brought up "one major concern" in town, which is the Londonderry Rail Trails. He

explained that he was out their over the weekend, on Sunday afternoon, and noticed that people are not practicing correct social distancing, congregating too close. "It was like walking down a Boston sidewalk," O'Brien said.

He then added, "I don't want to take the action of shutting it down, but if I continue seeing what I'm seeing out there, I don't think we're gonna have a choice. All I ask is that people work together, lets get through this as a community, let's do the right thing and practice social distancing. We will get through this, but I need your help."

Also during public comment, newly elected Town Council member Deb Paul brought up the fact that she had

been contacted by a number of residents that were concerned about the erosion happening at Town Common, which had been supposedly corrected

last fall after taxpayers approved spending over \$200,000 to fix the drainage problems there.

Town Manager Kevin Smith told Paul that the project had not been completed, that what was done in the fall was just Phase I of the project, and Phase II is set to get underway soon. "In fact, they were suppose to be working on it this week, but I think that's been pushed of until next week now, or maybe the end of this week. The two holes you're speaking of both have orange barrels around them, but the drainage project wasn't completed in the fall, more work is being done on it this spring to address the ponding that is still occurring there."

Paul followed up by asking if that was all in the same cost, and no additional money would be needed.

Smith assured her that it was all part of the same cost.

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Superintendent

Continued from page 1

I spoke with several younger students from my student's school and they mostly like remote learning, though they miss their friends, teachers and the staff. These students told me remote learning is easier than traditional classroom instruction because they did not have to deal with as much in-class discipline and interactive communication responsibilities.

I connected with the Londonderry's School Superintendent, Scott Laliberte to get his take on the current remote learning process the district had to put in place due to the global crisis. The Superintendent tells us that the district staff and teachers are trying hard to listen to students and parents to understand how to best

connect to help them move forward with their education.

Superintendent Laliberte told us, "As we wrap up our second week, our participation rates are quite high. We continue to adjust our instructional approach and our support methods based upon feedback from students and parents, as we look for the most effective ways to carry out remote instruction. Our entire leadership team is grateful for the hard work and support of our students and their parents as we worked through the challenges of this situation."

The Superintendent also reported, "Every Student Succeeds Act or ESSA required state tests have been waived this year, as

there would be no reliable way to administer them remotely. The district measures student progress by many other means though - from teacher designed assessments to a variety of other assessment tools from our curriculum materials. We will give more emphasis to these other assessments to assist us in adapting our instruction once normal school operations continue."

The Superintendent pointed out that no decision has been made yet if the school year will be able to continue school classroom instruction sessions. He points out that this decision will be made at the New Hampshire State level based upon what will be in the best interest of the community in context of the virus spread across the State.

Laliberte helped to

squash a rumor that has been going around in different social media communications including in certain Facebook posts inaccurately saying that many students will have to repeat this year of schooling or part of this year again.

He said, "There is no basis to these rumors. Students only need to continue to participate in remote learning activities. We will continue to move students ahead in their academic programming based on the status of their learning. We've just had to change our approach for a little while. New Hampshire school districts have the authority to award credit and advance our students according to competencies demonstrated and that has not changed either."

Most teachers are advising students to

take a break if the remote learning sessions are making their participation too stressful. Students may or may not be getting enough disciplined education at home. That means this current environment is putting a burden on parents too. This situation is not the fault of the school district, but is an unintended consequence of the current situation.

At this time, some of schools former responsibility to facilitate discipline in the classroom has now fallen on parents, so there are new challenges for everyone - parents, teachers, the student, school administration, and school board officials - to support a useful education effort for the students under difficult circumstances.

These are the types of parent and student challenges that the dis-

trict wants to know about, so they can look for solutions to better connect students to the remote learning experience and help minimize family stress. Schools are sending out feedback requests and it is important that parents participate and offer both problems and potential solutions they may see.

The Superintendent is working with all the groups involved and has a message for the community.

"In times like this, we are very grateful to work in a community that values our efforts to provide the best possible learning environment for our students. We realize this has been incredibly difficult for parents, our staff, and most of all our students. We will pull through this and in the final analysis, we will emerge stronger and wiser."

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Editorial

Cabin Fever

“Stay home”, is the theme these days, as we all try to do our best to limit the spread of the Covid-19 virus. Attitude is key now. It only takes a short time before cabin fever sets in. You start feeling isolated or disconnected.

Try to go outside if the weather permits and if everyone else has the same idea, be more careful about where you run, hike or walk. If you see lots of people on a trail, find a new one, or come back later.

Cabin fever is an emotion people experience when they're confined to their homes for extended periods of time. This may be due to a variety of circumstances, such as a natural disaster, lack of transportation, or even social distancing for pandemics like COVID-19. Symptoms of cabin fever go far beyond feeling bored or “stuck” at home. They're rooted in an intense feeling of isolation and may include: restlessness, decreased motivation, irritability, feelings of hopelessness, including sleepiness or sleeplessness, sadness or depression to name a few.

Your personality and your temperament will go a long way toward determining how cabin fever affects you.

Some people can weather the feelings better than others; they may take on projects, or get creative to pass the time and ward off the symptoms.

Others may face great difficulty with managing day-to-day life until these feelings pass.

Spend time outdoors it is good for your mental health, it may also help your mood, relive stresses, and make you feel connected. Try to Keep a sense of structure, create a daily routine; that consists of work, house

projects, mealtimes, workout time, and even downtime. Maintain your emotional health and balance, by using your time in isolation to reconnect with inner creativity that you've had to put on hold because life got too busy.

Cabin fever is a fleeting feeling, you may feel irritable or frustrated for a few hours, but having a virtual chat with a friend or finding a task to distract your mind may help erase the frustrations. If your time indoors is prolonged by outside forces, like weather or extended shelter-in-place orders, feelings of anxiety and fear may grow stronger, and no coping mechanisms may be able to successfully help eliminate feelings of isolation, sadness, or depression. If you feel that your symptoms are getting worse, consider reaching out to a mental health professional who can help you understand what you're experiencing. Together, you can identify ways to overcome the feelings and anxiety.

Isolation isn't a natural state for people. We are, for the most part, social creatures. We enjoy each other's company. That's what makes staying at home for extended periods of time, challenging.

Sheltering at home and following the guidelines to help minimize the spread of this disease gives us a chance to reflect and enjoy a deeper connection with our families. We understand and appreciate our connections to our communities. We may all come out of this strange experience stronger and more compassionate toward one another.

Be strong, be united and have hope.

Letters

Support Your Neighbors

To the editor,

I thought of a way for us to connect during these isolating times and hope you will join me with COVID Candles by putting one of your Christmas candles in a window. This is in solidarity and support of our family, friends, and neighbors.

For those that are sick, alone, or struggling with today's challenges. Seeing these candles will be a reminder that you are not alone. We are all in this together. I'm not going to let my candle go out until we can all go out again safely!

Pass it on! #covid-candle and share on your social media sites.

I hope to see a lot of candles when out for a walk or drive.

Your neighbor,
Lisa Jennings,
Londonderry

A light at the end of the tunnel, maybe.

To the editor,

My wife and I always enjoyed our trip to a favorite local restaurant. Once every week or two we would make the trip. Then the present restrictions started and they changed to take out only. For us, that was a huge disappointment as it was the social aspect that we enjoyed just as much as the food. We had come to know most of the staff, many by name, and they knew us, some also by name. One day we were in Derry and saw a sign in the win-

dow that they had closed due to a water problem. We got even more worried that they may not survive and that our favorite spot of several years would no longer be available.

Yesterday we called for take out to see if they were still open. I got the best response I could have wished for. At any other time it would have been annoying but this time it was terrific. “The wait time is about 45 minutes because we are very busy.” They will survive. We will return.

Although the meal was prepared in Londonderry rather than Derry I was met by the familiar face of Nancy, one of our regular servers from Derry. Cheerful and welcoming as always. With a little perseverance we will get through this and can get back to visiting Nancy, Arturo, Arturo V., and all the other familiar faces at La Carreta. Thank you, guys.

David Ellis
Londonderry

Coronavirus and Flags

To the editor,

The pandemic is taking a heavy toll on the lives of people in the world, including our wonderful country. In memory of the thousands of U.S. citizens who have died and will die due to the coronavirus and in tribute to all of the brave hospital workers and first responders battling the pandemic, and in accordance with the powers vested in me and with

the concurrence of my wife of 53 years I hereby will keep my U.S. flag and Navy flag at half staff during the remainder of the pandemic.

Donald Allen
Moskowitz
Elizabeth (Jones)
Moskowitz
Londonderry

Dear Folsom's Sugar House Customers,

To the editor,

Here are the changes we've made on how our business has changed due to COVID-19:

- Only prepaid phone orders for pickup of products are being accepted so that we can meet the State and Federal Social Distancing best practices.

- Hours: For your convenience, pickup of orders can be done from 9am to 6pm Sun - Sat 7 days a week!

- New offering: We have set up an Online Store for shipments of our Half Gallon Jugs of syrup only. As things progress we hope to offer more of a selection online. Shipments of any other items can still be made by calling us directly at 603-887-3672 or 603-370-0908

Shop Online

If you're looking for more ways to protect yourself and your loved ones, check out the CDC website.

Thank you so much for sticking with us. We look forward to supporting each other during these challenging times.

Stay Safe and Be Well

Best Wishes,
Brian and Sue Folsom



Londonderry Times

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Matthew Thornton Fifth Graders Produce Good News

MACK LEATHURBY
LONDONDERRY TIMES

Matthew Thornton (MT) Fifth Graders put together a remarkably professional newscast produced by the students themselves. Their production supports news agenda discussions from some of their own choosing. There are 5 different MT newscasts productions that are now available to be seen on Londonderry access TV (and Comcast) that can also be accessed on demand over the internet on YouTube via the Londonderry, Matthew Thornton YouTube Channel.

Unfortunately, Londonderry TV access has not yet set up these videos as on demand instant availability on their main web page. While these videos are organized in a section for on demand access, you must check programming time slots to view the videos. For this project, Londonderry TV Access would be better served not to section these videos in their on-demand content area; these videos could also be linked or redirected to YouTube.

So immediate access for the videos can be found on YouTube under Londonderry, NH Matthew Thornton Elementary YouTube videos. There are already 299 subscribers to the channel.

The Matthew Thornton fifth grader newscasts were produced by Mrs. Lesieur's class, Mr. Rhealt's class, Mrs.

Charett's Class, Mrs. Mann's Class, and Miss Memmolo's Class. These newscasts were produced and recorded over at the Londonderry TV access center just before the schools shut down for remote access learning. It is refreshing to see all the students interact with each other in the videos. The production value, editing and overall team performance of these videos is quite professional.

Here's an overview of one of the newscast videos — though each video for each different class is worth checking out by the community, students at MT and parents of kids at MT.

Mr. Rhealt's class video was set up like TV cable programming network would be — with multiple channels providing the newscasts. The first anchor team hosted their news from station WMRB. The kids only used their first names in the broadcast to protect last name identity on YouTube. Andrew and Kenny were the news anchors who lead off the broadcast for WMRB.

Kenny interviewed MT guidance counselor, Mrs. Miller asked her why she wanted to be a guidance counselor. Mrs. Miller reported, "I always liked working with kids and having fun with them but I knew I never wanted to be a teacher because I am not too crazy about Math, so I thought being a guidance counselor would be a perfect fit."

Next up, Andrew

gave an excellent historic overview of D-Day and explained what happened and why D-Day is such an important historic event. Owen was next and he gave a discussion about American Football featuring the Houston Texans. Kenny told the audience that sports news team should have focused on the New England Patriots instead of the Texans. Kenny explained that football is also a word that others in the world from other countries use to discuss what Americans call Soccer. And Ryan then gave an overview about the Manchester United Soccer football team describing what makes them one of the best football soccer teams in the world.

Jackson's technical expertise was clearly on display as he provided a nice review of the most recent Apple iPhones and discussed what made them so useful today.

Ethan then gave another sports discussion talk about ice hockey with a special sports highlight about NHL star Shane Weber. Nathan then provided an overview of the NBA's Golden State Warriors basketball team who have been one of the top basketball teams in the NBA for so many years.

The Channel then switched over to channel WGOK, which featured anchors Anastasia and Kylie. These anchors were fun to watch and they had a



Kenny interviews Mrs. Miller, MT's Guidance Counselor on WMRB-TV

natural banter going on about Anastasia being such an expert in so many different areas. Kylie introduced Cole who provided an update about Seals and about endangered animal species in general.

Nicholas was introduced to give an overview of one of his favorite video games

called Minecraft. After several more excellent news reviews, updates and breaking stories, Kiley and Anastasia gave a fun but serious overview about why folks should know about Climate Change suggestion that some of the impact from this situation needed to be checked by the global

population.

This newscast that was fun, creative and with interesting information and is refreshing during this time when we are so challenged by global events. Check out the Matthew Thornton channel on YouTube if you want to see Londonderry fifth graders in action.



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Keeping the COVID-19 Coronavirus Out of Your Home

MACK LEATHURBY
LONDONDERRY TIMES

These days most people are getting deliveries or are coming in contact when they shop with public surfaces that could be contaminated with the COVID-19 virus. It is key that residents develop good habits to stop the virus from spreading. The CDC is saying if you need to go out in the public, wear some kind of facemask protection.

Are you also routinely washing your hands and sanitizing every surface that has a potential to spread the virus? There are right and a wrong ways to stay safe.

Most people now know that hand washing is one of the most important ways to protect themselves from getting sick during this Pandemic. The Centers for Disease Control has issued a guideline outlining the best methods to keep sickening germs at bay.

Germ and viruses

spread when you touch your eyes, nose, and mouth with unwashed hands or when you prepare or eat food and drinks with unwashed hands and touch a contaminated surface or objects.

These microbes also spread when you blow your nose, cough, or sneeze, and then touch other people's hands or common objects. Follow these five steps every time you wash your hands - wet, lather, scrub, rinse, and dry.

1. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.

2. Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.

3. Scrub your hands for at least 20 seconds.

4. Rinse your hands well under clean, running water.

5. Dry your hands using a clean towel or

air-dry them.

No one is likely get COVID-19 by staying home. There is no evidence that people can get this virus at home where no one is contagious. However, all bets are off, if somebody who has been exposed to the virus comes into your home and coughs, sneezes or stays within proper social distancing to you for more than a few minutes.

The strongest risk to contract the disease at this time is to go out in public including shopping or places that are essential at this time like a gas station.

People should pay attention to food preparation surfaces and other high-touch surfaces, including your computer keyboard, and smart devices, light switches, faucets, remote controls, door-knobs, refrigerator door and microwave handles.

Consistent hygiene habits and cleaning throughout the day and

week is the way to go. Before disinfecting, remove any visible dirt and grime to help a disinfectant do its job. Experts recommend tried-and-true low cost but effective disinfectants such as bleach, hydrogen peroxide, grain alcohol, and rubbing-isopropyl alcohol. Be sure to check for expiration dates to ensure the cleaning solutions are still viable.

All over-the-counter products that say "disinfectant" on the label are required to meet government specifications, but to be sure a product has met all government requirements for effectiveness - look for an EPA number on the label.

For these disinfectants to work properly you must follow the product label instructions exactly for a specific disinfectant. People should look for any product that has an alcohol content of 60 percent or higher to be on the

safest side. When using any disinfectant, it is important to wait over 30 seconds - check the label for timing - for the product to effectively kill a germ or virus. No matter how you apply the disinfectant - typically by spraying or wiping - wait for the area to dry for the germs to be destroyed.

Bleach is one of the most cost-effective disinfecting agents ever. It's best to create a bleach/water solution per the label instructions or follow the Centers for Disease Control and Prevention's recommended mix for a 1/3 of a cup of bleach per gallon of water or 4 teaspoons of bleach per quart of water.

However - do not mix bleach and ammonia together, as doing that will release chlorine gas, which is potentially dangerous and even deadly. It is typically not a good idea to mix any cleaning products together,

because unknown dangerous chemical reactions might occur or one product might neutralize the other.

For hard, durable surfaces meant to be chemically resistant, such as metals, granite or tile, use any disinfectant available. For porous surfaces like marble, consult your manufacturers' recommended care for the best ways to clean them without damage. Do not use any acidic cleaners on a porous material as it will ruin the surface. When you bring in the mail or boxes from deliveries are taken into your house, washing your hands after handling is sufficient, but spray the outside of reusable shopping and grocery bags with a disinfectant, because these have been in a highly public places where the virus may be hiding.

Gloves might provide a false sense of security. Just wash your hands and do not touch your face.

DMV Announces Options For Customers During Covid-19 Pandemic

Due to concern for the health and safety of its customers and staff during the COVID-19 pandemic, the New Hampshire Division of Motor Vehicles has transitioned to phone and online services and appointment only walk-in services consoli-

dated to five locations: Concord, Dover, Manchester, Newport, and Twin Mountain. Please carefully review the available services listed below: Driver Licenses:

- Non-CDL driving road tests as well as motorcycle testing will not be conducted for the

duration of the Stay at Home Order.

- All CDL related transactions can be conducted by appointment only. Call 227-4000 to schedule an appointment

- Customers whose licenses have expired or are set to expire

between April 1, 2020 and May 31, 2020 may apply for a 6-month license extension. Call 227-4020 to apply for the 6-month license extension over the phone

- REAL ID compliance deadline has been extended until October, 2021. REAL ID transactions will not be conducted for the duration of the Stay at Home Order.

Registrations are renewed by your city or town clerk's office. Please visit your town website or call your local town clerk's office for vehicle registration renewal options.

- NH DMV 20-day plates as well as NH authorized dealer 20-day plates, issued on or after Feb. 26, 2020 have been given an automatic extension through April 30, 2020.

Drop box services are available Monday

through Friday from 8 a.m. - 4:15 p.m. at the following locations: Concord, Dover, Manchester, Newport, and Twin Mountain.

For all other transactions, please call DMV customer service at 227-4000 to determine availability of services. Customers should take advantage of the DMV's online services, including online driver license renewal, ID renewals, and online ticket pay at www.nh.gov/dmv.

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Conservation Matters: To Bee, or Not to Bee: Pollinator Gardens

SUBMITTED BY
JOCELYN DEMAS

If you are like me, you have the best of intentions every spring to grow a beautiful garden. You plant those seeds as the snow makes its slow recession from the yard and you salivate over the thought of sunshine and warmth and being able to feel your toes for more than 5 minutes when you go outside.

Then the cat gets your seedlings. Or the kids knock them over and they're all over your living room. Or your adorable greenhouse gets blown over in a windstorm. Or, maybe you're like me and you see a yellow jacket that's stuck in your greenhouse and you refuse to go back into that tiny space until your husband removes it... True story.

Perennial vs Annual Gardens

The point is: life happens and annual gardens are hard! They take a lot of planning, prep work and time, and sometimes you just don't have that time. I finally admitted to myself that a gardener I am not. In this current stage of life, we just have too much going on to be able to

properly nurture a garden.

Enter the perennial garden, and with it the realization that I could do something to help pollinators along the way. Since we bought our house here 13 years ago, we've had a beautiful perennial garden out front that takes very little care (clearly, or I'd have killed it by now) and once we removed the invasive burning bushes the previous homeowner had planted, those perennials began to thrive.

I didn't consider until recently that planting that garden—taking up just 20 square feet of lawn to plant “something”—has been helping our little pollinators do their jobs and help other people's vegetable gardens thrive. I've been researching perennial gardens and ways to help pollinators, and found some very helpful information from the UNH Cooperative Extension and the US Fish & Wildlife Service websites. Some of the key takeaways are:

- * Keep invasive plants out of your yard.

Some of these are beautiful and may even provide berries for

birds, but the truth is they typically choke out plants that may otherwise help our native pollinators. For more information on invasive plants, visit: extension.unh.edu/resource/invasive-plants.

- Consider not mowing part of your lawn, to create a natural meadow.

Dandelions are one of the first sources of nectar and pollen each spring for bees, butterflies and other pollinators. They even feed many types of birds in our area.

- Choose to plant native flowers.

Native plants provide food for our native bees and other pollinators. Some examples include wild lupine, foxglove, common milkweed, coneflowers, wild onions and black-eyed Susans.

- Let those perennials ride out the winter.

Leaving the hollow stems of your perennials and woody stems (like raspberries) allows nesting areas for bees raising their young. (I tell myself this is why I've always left those stems until spring cleanup, but I think if you've read this far you know that's not the case.)

- Variety is the spice

of life.

Planting a variety of flowering plants in your landscape gives local pollinators nectar and pollen sources through spring, summer and fall. The UNH Cooperative Extension's website has a great calendar with flowering times for native plants to help you.

- Don't forget the trees and shrubs.

It's not just the flowers that will help the pollinators along. Many native trees and shrubs, including red maple, oak, and fruit trees like apple, cherry and plum are great food sources.

- Have fun!

Winter is long in New Hampshire. Take some time to plan your garden: peruse those plant catalogs and daydream about getting your hands in the dirt come spring.

If you decide to create your own pollinator garden or have already got one going, come visit us on the Londonderry Conservation Commission's Facebook page and share your photos, tips and tricks. We'd love to see what you've got going!

— Courtesy of the Londonderry Conservation Commission ~

Lewd Comments

Continued from page 1

morning, Town Council Chairman John Farrel wrote, “The Town Council attempted to hold its first “video” meeting this evening. Unfortunately, the meeting was interrupted (“hacked”) by someone clearly intent on disrupting the meeting with vulgar content. While the Council was able to conduct some business prior to the interruptions, we were unable to eject the caller

and the Council was forced to gavel out the meeting. We apologize to those of you who may have been watching the live video stream. The Police Department intends to open an investigation into the hacking and we will be researching other platforms on which we may hold our public meetings during the pandemic. Stay safe and well, everyone.”

The lewd interrup-

tion now has town staff looking for an alternative plan for conducting meetings, and with most of the employees working remotely, a solution may be slow to develop.

Town Manager Kevin Smith said on Tuesday, “It is currently researching alternative platforms or ways for the meetings that are still in compliance with 91-A and the Governor's Executive Order, while preventing the unfortunate circumstance that occurred at last night's meeting. My

presumption is that any business that the Council was not able to discuss last evening, that they intended to, will be taken up at the next Council meeting on April 20.

As of Tuesday morning, the Planning Board meeting that was scheduled for Wednesday, April 8, was to still scheduled to take place, according to Smith, and he hoped to find a way for staff to prevent this interruption from happening again.





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Special Birthday Treat During COVID-19 Pandemic Seclusion



Connor Kerrigan turned eight over the weekend and got to have a parade run through his Faye Lane neighborhood on Sunday afternoon as a gift. The Londonderry Police and Fire Departments also participated in the birthday celebration, his mom orchestrated. The Coronavirus Pandemic has spurned many of these celebrations since social distancing is canceling many birthday parties. *Photo by Chris Paul*

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LONDONDERRY SPORTS

New LHS Varsity Softball Coach Eager for Season Start

MATT TRITTO
LONDONDERRY TIMES

Londonderry High School's Varsity Softball team has a new person in charge this spring season, and he's coming with lots of experience. Dave Johnson will be replacing longtime Lancer softball coach, Wayne MacDougall, who left LHS after 31 years of coaching to retire. MacDougall retired with a very impressive record at the school, he had 305 wins and only 163 losses as the LHS leader.

Johnson hopes to fill his shoes this season, provided the school year resumes due to the COVID-19 pandemic, and has quite a history also, he has been coaching travel softball for 21 years prior to coming to Londonderry High School.

He started the travel program called the Hudson Heat, and once that kicked off he fell in love with the game and coaching players getting them better. Other than the Hudson Heat, Dave coached for the Dia-

mond Gems, and currently is still a part of the New England Fusion. Along with Dave, Russ Lowell will be coaching below him at the JV level and Ashley Abad will be alongside Dave.

"I fell in love with it, I was a baseball guy I was amazed the girls could almost through as hard as I could back when I was younger," said new head coach Johnson. He wanted the experience and challenge of coaching the high school level and that's what led him to Londonderry. "I was

intrigued with the opportunity to coach at the high school level. It's different, there's a lot more rules the political part of it was interesting. I'm very familiar with some of the kids and it's going to be a challenge. There's seniors coming back, but I think we'll be fine." Coach Johnson continued.

His first year as a Lancer already has an interesting twist with the outbreak of the Coronavirus and how his season has been

pushed back. "I haven't even picked a team yet, that's the biggest challenge. How do I get a team real quick and start on the 13th of May and have a tryout." He has a plan in place though, and it'll be a challenge on both the coaches and the players. It wasn't an easy decision to make, but these times called for it. "My game plan is to have a one day tryout. I can't afford a three day tryout, so we'll definitely be competitive, we're going to play a very

aggressive type of style." Coach Johnson went on to say.

Before the pandemic outbreak Coach Johnson and Lowell were able to meet with the girls to introduce themselves, and have done a good job staying in touch via social media with the help from coach Abad. "We're keeping fingers crossed that we can make it on May 4th. Looking forward to the opportunity, we'll make a good team." Coach Johnson finished saying.

NHIAA Sets May 4 as Date For Start of Spring Season

MATT TRITTO
LONDONDERRY TIMES

On March 31, the New Hampshire Interscholastic Athletic Association (NHIAA) announced that the first official day of the Spring Sports season's practices will be taking place on May 4. This decision was made due to the COVID-19 Coronavirus Pandemic and the safety measures the state of New Hampshire has taken. Along with that, the first day of official competitive play is scheduled for

May 13, which doesn't give coaches a lot of time to figure out their teams and prepare for the season. They did mention that if the pandemic causes the state to extend their online learning beyond the deadline of May 4, the NHIAA will modify the start date once again.

Some coaches are very relieved that there is an official start date once again, so that they can get on the field with their squads. Most coaches have never experienced a situation

like this, but they have been able to stay positive and hopeful especially with this new start date.

Of course all of Lancer sports wants to be back on the field, but they understand the decisions that have been made. Londonderry High School Athletic Director Howard Sobolov said, "The decision to move the Spring Sports date to align with the Governor's date for the re-opening of school makes sense. If at that time it is deemed safe to

open schools then I think all activities, athletics being one, should be allowed to start as well. I am sure that the NHIAA is in tune with the state government and should the start date for the opening of school be moved again further out into May then the NHIAA will adjust."

His confidence is very high that his teams will start off hot, because of how hard they have been working from home. "Whatever we do at LHS is predi-

cated on the health and well-being of our students and coaches. Our teams will be as ready as any once we start. We have a strong off-season and preseason strength and conditioning program that had great participation numbers prior to tryouts and our strength coach has provided modified workouts that the athletes can perform from home." Howard continued to say.

Lancer Nation has been very positive and productive during this

time, and will be ready for when they hit the fields. "Some teams had been participating in sanctioned preseason skills and drills programs so that when we start up it will be fairly easy for those athletes to get up to speed relatively quickly. I know all of our coaches will work hard to prepare for the shortened official pre-season to get their teams as ready as possible to compete," Sobolov finished up saying.

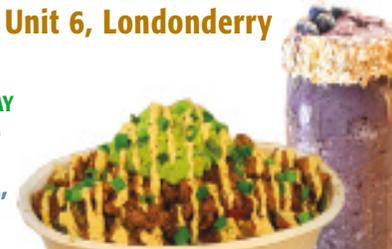


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LHS Alumni First Collegiate Season Spoiled by COVID-19

MATT TRITTO
LONDONDERRY TIMES

Londonderry resident and Brewster Academy alumni, Tyler Grant, stepped on the lacrosse field for the first team this year as a National Collegiate Athletic Association (NCAA) athlete. Tyler attends and plays lacrosse for Assumption College at the midfield position. He has played in a total of four games and has one goal, one point, and 12 Ground Balls as a Greyhound. He scored his first collegiate goal back on February 29 in a match-up against Felician University, and his squad ran away with a 27-4 victory.

Even though Tyler's first year lasted four-games he has already created a great experi-

ence and has enjoyed his time with his squad. "My experience was outstanding; from the first moment I stepped on campus, I was welcomed with open arms from my teammates and school staff. Playing for Assumption was one of the best experiences I have ever had." Said Assumption player Tyler Grant.

Tyler has faced many roadblocks in his lacrosse career and just recently overcame some injuries that restrained him from playing lacrosse. It was a great moment getting back on the field for him, but with the unfortunate outbreak of the Coronavirus and the NCAA canceling the spring season, Tyler's comeback tour was put on hold.

"The season being over from COVID-19 was hard for me, because it was the first season I got to play since my two shoulder surgeries. The team took it hard because we were all so close to each other and it hurts that we will not be able to play with the seniors again." Tyler went on to say. He has stayed busy training, and striving to get better even with everything being closed temporarily. "Since the season ended, and gyms are closed, I've been trying to run 3-4 miles in the morning at my house. I have also been keeping the stick in my hand, whether it's wall ball, shooting or taking face-offs."

This situation has motivated him even more to get back on the

field and strive for success. He wants to make his Greyhound community proud and accomplish the ultimate achievement for them. "My motivation has always been to win a national championship. Another motivation is to play for the seniors from this year because they didn't have a chance to play their full season." Other than delivering a championship, he is motivated in his academic major, and his challenges on the lacrosse field has inspired him to make a difference in his field of work. "I want to accomplish getting my degree in Physical Therapy and Rehabilitation so I can help people who went through similar injuries as me." Tyler Grant finished by saying.



Londonderry resident Tyler Grant had his first year of play NCAA lacrosse at Assumption College cut short due to the Coronavirus Pandemic. Courtesy photo

Senior Brandon Drake Deciding on His Wrestling Future

MATT TRITTO
LONDONDERRY TIMES

Londonderry High School senior wrestler Brandon Drake has a decision to make on where he is going to wrestle at college. He has offers from both New England College and the University of Southern Maine, and it's a tough decision picking where you'll be for the next four-years. Brandon wants to make sure where he picks is the right fit.

Brandon is coming off a very strong senior year since he placed second at the State

Tournament, and placed third in his division. Along with that he was awarded the MVP of his Londonderry squad for his performances this past winter season.

He's very excited for the journey ahead of him, "I'm very excited to be given the opportunity to wrestle at the next level for really great wrestling programs and schools. The two I'm looking at are very tough, hard working teams and even to be the best fit for me and how I was taught in the wrestling room." said Drake.

Some of his most fond memories were not spent on the wrestling mat. He enjoyed all his time with the squad off the mat which it really created some great friendships. "Some of my greatest experiences at LHS was traveling out of state for tournaments. Some were even two days long, but going out to eat a big steak and going back to the hotel rooms and chill out were definitely some of my favorite experiences with this team. I'll miss the brotherhood and the bond next year with these

boys, they are like my second family." Brandon is very committed and determined to be a great wrestler at the next level, and knows the work he needs to put in. "My motivation will continue to increase the more and more I wrestle. My coach used to call it foaming out the mouth, that was the kind of hunger we had before gong into Mach. That won't change when I get to college, having better competition will be better for me in every way and push me even harder in room." Drake continued to say.

Drake is grateful for all the teammates and coaches that have

helped, "If it wasn't for my past captains and the upperclassmen I had this year I wouldn't have had the experience I had at LHS. They are some of my best friends and always stuck by my side. All three of my coaches have always been at my side throughout my career but I spent the most time with coach Cucolo and training with him." Brandon has nothing but high praise for his coach, and he was more than just a coach in his eyes. "He was a true mentor for me and I wouldn't be the person or wrestler I am right now if it wasn't for him. My mom, dad, and sister always came to watch

me wrestle and they are a part of what motivates me as well."

Overall Brandon is just grateful and excited to have the opportunity to continue to do what he loves, and can't wait to create more memories. "I'm more than excited to be wrestling again next year, I really love the sport and everything is has shown me. I'm really most excited for being a part of a wrestling family again because we are all getting work done and it makes a huge difference when you have a team pushing you to get better." Drake finished saying.

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Taking Care Of Those Most Vulnerable In Uncertain

MELISSA RUIZ
LONDONDERRY TIMES

COVID-19 has been running rampant in the United States over the past couple of weeks. According to data available at the beginning of the week of April 5, 2020, there are currently over 330,000 recorded cases in the United States, and 715 individuals have tested positive in the state of New Hampshire.

While the majority of these cases seem to be presented in the older population, all demographics need to be careful and take precautions against catching COVID-19.

But there are is one group of the population that needs the rest to take extra care in not getting sick - the immuno-compromised.

April is National Primary Immunodeficiency Awareness Month, a time dedicated to spreading awareness of Primary Immunodeficiency diseases (PI). During the time of the worldwide COVID-19 pandemic, it is more important now than ever to keep the immune-suppressed in mind.

According to the Immune Deficiency Foundation (IDF), PI "are a group of more than 400 rare, chronic disorders in which part of the body's immune system is missing or functions

improperly."

These diseases are not contagious, says the IDF, and are often caused by hereditary or genetic defects.

Since the immune system protects against infection, people living with PI commonly have an increased risk of infection, and therefore live their lives enduring recurrent health problems, often developing serious and debilitating illnesses.

Many people with PI require frequent treatment from their physicians, including subcutaneous and intravenous infusions. However, due to the severity of COVID-19, many offices are severely limiting their appointment books, going so far as to cancel or reschedule some routine visits.

Visiting a medical clinic can be a risk in general for those with PI, but during this pandemic, the undertaking can be especially threatening to the health of these individuals.

Because people with PI are so vulnerable and may now be subject to limitations in their healthcare, there are actions that healthy people should take to help protect these individuals, and that they themselves can take if they need to venture out of the safety of their homes.

The number one and most effective measure that will protect the immune-suppressed and healthy alike from the spread of COVID-19 is to stay at home, says the Centers for Disease Control (CDC). Even at home, individuals should also wash their hands often, for at least twenty seconds at a time, with hot water and plenty of soap.

Should it become absolutely necessary to leave the safety of the home, people should be diligent in keeping space between themselves and others, at least 6 feet or two arm lengths.

The CDC encourages the practice proper coughing and sneezing etiquette by doing so into a tissue and then immediately discarding it. If a tissue is unavailable, cough or sneeze into the upper sleeve, facing away from any bystanders.

Frequently touched surfaces should be cleaned and disinfected thoroughly and frequently, as the virus can also be spread through contact with contaminated surfaces. Should the need arise to go to the grocery store, try to remember to bring a hand sanitizing spray or pack of wipes to clean down frequently touched surfaces, such as grocery carts or basket handles.

Items brought into the home from the out-

side such as groceries should be wiped down or cleaned as thoroughly as possible before being put away, and hands should be washed after handling items.

The CDC has recently recommended that anyone leaving the house should wear a cloth face-covering. These coverings should fit snugly but comfortably against the side of the face, be secured with ties or ear loops, include multiple layers of fabric, allow for breathing without restriction, and be able to be laundered and machine dried without damage or change to the shape. For more information on face coverings and how to make a CDC-approved mask from home, visit cdc.org and search, "Face Covers."

Avoid touching the face, especially if the need arises to leave the house. Try to relieve any itching of the face with a sleeve, and work to identify triggers that illicit a face-touch response such as stress or irritation and work to correct these behaviors. Be sure to wash or sanitize hands in between handling anything that may be contaminated to avoid the potential of spread should accidental hand-face contact be made.

Anyone exhibiting any symptoms of COVID-

19, which include fever, cough, and shortness of breath, should avoid leaving their home at all costs to avoid spreading sickness to those at risk. Anyone experiencing symptoms should contact their physician, or call the NH COVID-19 concern hotline by dialing 2-1-1.

Many, if not all of the protective measures

mentioned above may be common sense to most. But during these uncertain and turbulent times, it is more important now than ever to protect those who need it most.

For more information on PI and COVID-19, visit primaryimmune.org/coronavirus, or call the IDF at (800) 296-4433.

OBITUARY

Robert A. Gray



In Londonderry, NH. Formerly of Allston, Brighton and Windham, NH on April 1, 2020. Beloved husband of the late Virginia "Ginny" (Boyen) Gray. Devoted father of Laurie Mounce of Londonderry, NH and Kerri Miller of Holliston. Loving

brother of the late Helen Stein, Birdie Whitten, Betty McPartlin, and Mary McDermott, Richard, Buddy, and Danny Gray. Grandfather of Kaylyn Walsh and her husband Aidan, Jonathan Mounce and his partner Ashley Kelly, Casey and Haley Miller. Also survived by many nieces and nephews.

Private Burial will be Evergreen Cemetery, Brighton. Memorial Service to follow at a later date.

Air Force Veteran Korea. Past member Allston Council K of C #555 and Windham Council #7572. He was also Past Faithful Navigator of the MA Assembly K of C. Worked for Converse Shoes and Raytheon for many years. After retirement was a security officer and volunteer driver for Community Care Givers of Derry, NH.

In lieu of flowers donations and memory of Mr. Gray may be made to Community Care Givers 1B Commons Drive Unit 10 Londonderry, NH 03053.

To send flowers to the family or plant a tree in memory of Robert A Gray, please visit our floral store.



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AROUND TOWN

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Library Hours

The Leach Library hours for May are Monday - Thursday, 9 a.m. - 8 p.m., Friday - Saturday, 9 a.m. - 5 p.m. The library will be closed on Monday, May 25, for Memorial Day.

Foreign Languages Tic Tac Toe and Word Scramble

May's adult display theme at Leach Library features foreign languages. On the central display table in the adult room, you will find new books about foreign languages available for checkout.

Among these new titles will be Mandarin Chinese for Beginners: Learning Conversational Chinese by Yi Ren and Russian Script Hacking: The Optimal Pathway to Learn the Russian Alphabet by Judith Meyer. As an added incentive, the library is offering two trivia games during the month: a foreign languages tic tac toe and a foreign languages word scramble. At the end of the month, one tic tac toe winner and one word scramble winner with all the correct answers will be chosen from a random drawing. Each winner will

receive a \$10 gift card for the 99 Restaurant. Participants can begin the trivia games as early as 9 a.m. on Friday, May 1, and turn them in to the Reference Desk no later than 5 p.m. on Saturday, May 30 for eligibility.

A Few Seconds with Our Fathers

On Thursday, May 14 at 7 p.m., the Leach Library will offer Mr. Curt Besette and Ms. Jenn Kurtz's presentation A Few Seconds with Our Fathers: Songs and Stories of World War II. In this program honoring WWII veterans, Mr. Bes-

sette and Ms. Kurtz share stories as well as Mr. Besette's original songs. Topics covered are Pearl Harbor, the war in Europe, veterans returning home with emotional and physical wounds, life on the home front, and the historical facts surrounding these songs and stories. This program is free and open to the public with seating limited to the first 90 individuals. It will be held in the library's lower-level meeting room. Light refreshments will be served.

Mystery at the Library

Come to the Leach Library on Thursday, May 21 from 3:30 - 4:30 p.m. for our young adult Mystery program. Participants in grades 6 - 12 will take part in the library's own version of an escape room challenge. This event includes a fun door prize raffle and light refreshments. No registration required.

Children's Book Week Raffle

During Children's Book Week, for each item checked out of the Leach Library Children's Room starting at 9 a.m. on Monday, May 4 and ending on Saturday, May 9 at 5 p.m.,

you will earn a raffle ticket for a chance to win a cool book bag. Stop by the display case in the Children's Room to see what the book bag looks like.

Linda Peck - Variety Show

During her family variety show at the Leach Library, Linda Peck will entertain and amuse all ages on Monday, May 4 from 4 - 5 p.m. Using mime, juggling, illusion, and comedy, there will be something for everyone during her dynamic performance. This entertaining program is open to 90 participants of all ages. Advance registration is required and began at 9 a.m. on April 27. To register, stop by the Children's Room or call 432-1127.

Paint a Puppy Bank

On Monday, June 1 from 4 - 5 p.m. to paint your own ceramic puppy bank at the Leach Library. Using colorful paint, participants can create a very special bank to start saving money. This program is open to 90 participants of all ages and advance registration is required. To register call 432-1127 beginning at 9 a.m. on Tuesday, May 26.

Let's Go Fly a Kite

Soar into the Leach Library on Monday, May 18 from 4 - 5 p.m. for an hour full of high-energy fun. During this program, participants will hear stories of adventures with kites, including some of the many things that can get stuck in a tree alongside a kite, and practice flying around the room like a kite. Each participant will leave with a cheerful kite to fly on a breezy day. This adventurous program is open to 90 participants of all ages and advance registration is required. To register, stop by the Children's Room or call 432-1127 beginning at 9 a.m. on Monday, May 11.

Spring Filing Canceled

The Londonderry Lions will be rescheduling the spring dance to sometime in the fall.

Matching Game

The Leach Library's Children's Room will be offering a Matching Game beginning at 9 a.m. on Friday, May 1 and ending at 5 p.m. on Saturday, May 30. Stop by the Children's Room desk to pick up your copy and a chance to win a

Continued on page 13

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Remote Learning Meal Service

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We are happy to report that Londonderry School District has been approved to offer free breakfast and lunch to all children under the age of 18 for the duration of our remote learning instruction. This will result in some changes to the current program.

We encourage you to utilize our curb-side pickup location at Londonderry High School, 295 Mammoth Road. We will now be open on Mondays, Wednesdays, and Fridays from 11 a.m. - noon for meal service.

Please see our website, www.londonderry.org/departments/dining, for the weekly menu. The latest information

will be posted there. Please note that some items may require heating for taste to be optimized. Please remove from the package and reheat just as you would items from a restaurant.

Direct delivery is available. Due to the high demand for this service, we ask that only those who truly need this sign up for it. Cut off for same day delivery will be 9 a.m. going forward. As a reminder, there is no guarantee of delivery time. Please see our website for a step-by-step video on the online order process.

For the safety of our staff, we will be expanding our social distancing procedures. They will not be allowed to deliver into apartment buildings

or office parks. The meals will be blind dropped at the location and the apartment will be buzzed, doorbell rung, or door knocked upon. As a reminder, please stay in your home with the door shut until we are six feet from the drop. We are happy to accept waves, smiles, and words of thanks from a safe distance.

Thank you all for your support through this time. We welcome all questions, comments, and suggestions on how to serve you better. You may reach us at (603) 432-6941 x2230 and one of our staff members will assist you.

Stay well Londonderry.

Around Town

Continued from page 12
cool prize.

Presbyterian Church

The Walking Together Group and the Walk With

Me Group will be meeting together via zoom 7 p.m. every Tuesday, via computer or telephone. This is a support group for anyone who has lost a spouse, a family member or a friend. For information, contact: 781-866-9976 or jrkdias@aol.com

Free Meals

All meals are "To-Go": Special Easter Sunday Take Out on April 12 from St. Jude's Church, from 1:30 - 2:30 p.m., on April 18 from St. Luke's Church, from 5 - 6:30 p.m., from

Sonshine Soup Kitchen Monday through Friday, pick up a To Go from 4:30 - 5 p.m. Stay tuned for more information.

St. Jude Food Pantry

Is open to all Londonderry resident who maybe

in need. Call Kay at 434-1827 to make an appointment to pickup your food from the pantry. "We are there for the people and want to help them."

Toddler Time

Open to children ages

2 & 3. Children attend with their parents and enjoy a fun half-hour of thematic stories, games, songs, and a simple craft. Meets on Thursdays, 9:30 - 10 a.m. Meeting dates are: May 7, 14, 21, and 28.

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Londonderry Police Log

Selections from the Londonderry Police Logs

Monday - March 30
9:12 a.m. Services rendered for Sex Offenses on Cross Road.
10:30 a.m. Suspicious Activity investigated at Manchester Boston Regional Airport.
2:20 p.m. Services rendered in keeping the peace on Kimball Road.

4:07 p.m. Services rendered for Animal Control on Mammoth Road at The Coach Stop.
Tuesday - March 31
12:18 a.m. Services rendered at a Disturbance on Heritage Lane.
8:03 a.m. Suspicious activity reported on Cur-

rier Drive.
10:32 a.m. Attempted Suicide at Continental Park on West Road results in transportation to hospital. Three officers assisting.
1:52 p.m. Services rendered for Suspicious Activity on Maplewood
Continued on page 19

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Tell Us About the Young Heroes in The Community

MACK LEATHURBY
LONDONDERRY TIMES

Right now, there are young heroes showing leadership in our towns. They are the champions in our community who are making the right moves to inspire us all. Their leadership is showing us that the future will be better than this moment we are living through.

We want to know these stories. If you know of someone making serious efforts to help others or taking heroic actions to make a difference in the commu-

nity, let us know. Send us a couple sentences about that story with your contact information in an email to the publisher at dpaul@nutpub.net or call us during the week from 8 a.m. - 5 p.m. at 603 537-2760.

We want to hear about what inspired young heroes are doing right now and shine a light on them. We want to know who is stepping up to show us older folks what they can do to make a difference to pull us all through this surreal moment of crisis.

Nutfield Publishing

(the Nutfield News and the Londonderry Times) is calling for all young heroes and/or their relatives and friends to contact us and tell us about how they are involved in this time when we need new young leaders to come forward.

We are not only looking for acts of courage, but also clear-thinking ideas that are being implemented that are helping solve the problems we all are facing in today's world; deeds of benevolence will be good to know about too.

Tell us these stories.

So if you know someone under the age of 18 who is taking actions that are making a difference, we want to feature that story in our newspapers. We hope these stories will inspire others in the community to also take action. Our goal is to highlight these good and kind acts in this time of trouble.

We are New Hampshire folks and we are strong, compassionate and caring - and acts of heroism should be recorded in history about the young people who are helping

others smile or perhaps are even stepping up to help others survive.

In addition to first responders, and health care givers, young volunteers are now becoming the heroes of this coronavirus pandemic. They are following the safety of social distancing, but they are keeping hard-pressed medics supplied with coffee and lunch. They are packing food for people who can no longer afford to buy it or who cannot shop. They are delivering bikes to isolated people so that people can be outside

and smell the spring air.

Amid all the suffering and anxiety caused by this coronavirus pandemic, young volunteers across our community are taking prudent actions but are showing courage and resilience to support some of the most vulnerable.

By the way, we are happy to hear stories about older folks who are heroes too, contact us about those stories too. We want to hear from you. Call us during the week from 8 a.m. - 5 p.m. at 603 537-2760 or email us: dpaul@nutpub.net

Police Log

Continued from page 18

Drive.

3:51 p.m. Services rendered for Sex Offenses on Page Road.

4:13 p.m. Drug Offenses investigated on Page Road at Power Lines.

9:16 p.m. Motor Vehicle Check results in an arrest made on Orchard View Drive at Workout Club and Wellness Center. Four officers assist with charging Nicholas Pitarys, 18, of Londonderry with Driving Under the Influence; and Resisting Arrest/Detention.

Wednesday - April 1

7:07 a.m. Peace restored after a Domestic Disturbance on Adams Road

9:46 p.m. Larceny/Forgery/Fraud investigated on Pendleton Lane.

11:22 a.m. Services rendered for Suspicious Activity at Manchester Boston Regional Airport.

1:25 p.m. Services rendered for Suspicious Activity at Londonderry High School.

3:34 p.m. Fish and Game Violations investigated by three officers on Grenier Field Road

6:37 p.m. Services rendered for Neighborhood Disputes on Olde Country Village Road

7:35 p.m. Domestic Disturbance Investigated by three officers on Charmarand Row.

Thursday - April 2

12:19 a.m. Disturbance investigated at Macgregor Cut apartments on Stonehenge Road.

12:40 a.m. Complaint taken at Macgregor Cut apartments on Stonehenge Road and referred to other agency.

8:56 a.m. Services rendered Domestic Disturbance on Charmarand Row.

9:13 a.m. Missing Person reported on Adams Road.

11 a.m. Suspicious Activity Services Rendered on Anthony Dr

3:27 p.m. Six officers respond to a disturbance on Beacon Street and make an Arrest.

Friday - April 3

9:12 a.m. Three officers assist Londonderry Fire Department with transport to hospital from Independence Drive at Concrete Systems Inc.

9:24 a.m. Larceny/Forgery/Fraud investigated on Auburn Road at Londonderry Self Storage.

3:01 p.m. Services rendered in keeping the peace on Mammoth Road at Wallboard Supply Company.

5:28 p.m. Services rendered for Sex Offenses

on Adams Road.

Saturday - April 4

4:06 a.m. Suspicious activity investigated on Marks Court at Lori Lane.

11:39 a.m. Drug Offenses investigated on Colonial Drive.

11:57 a.m. Peace restored during Juvenile Offenses on Charmarand Row.

3:10 p.m. Weapons Offenses investigated at Sandpits on Quincy Road.

3:55 p.m. Domestic Dis-

turbance investigated on Cross Road.

4:01 p.m. Suspicious activity investigated on Rockingham Road at Southern New Hampshire Plumbing and Heating.

4:22 p.m. Report of Suspicious Activity results in an arrest made on Commerce Avenue at JD's Flooring Associates. Five officers assist in charging Charles Boccello, 41, of Newmarket with Driving after Revok-

ed/Suspended Licence.

9:06 p.m. Suspicious Activity investigated on Nashua Road at Speedway.

Sunday - April 5

1:24 a.m. Services rendered for Suspicious Activity on South Road

7:39 p.m. Three officers investigate Larceny/Forgery/Fraud on Main

Street in Woodmont.

10:56 a.m. Three officers investigate Fish and Game Violations on Mad-den Road.

11:55 a.m. Four officers investigate a Sudden Death on Yellowstone Drive.

9:08 p.m. Assisted Londonderry Fire Department with services on Main Street in Woodmont.

OBITUARY

Doris E. Littlewood



Doris E. Littlewood, 79, of Derry, NH, died Monday March 16, 2020 in her home. She was born in New Bedford, MA on Sept. 14, 1940, a daughter of the late Edward and Edith (Ward) Mele, and had been a resident of Derry for over 45 years.

Doris had been employed as a waitress for many years at several restaurants and diners in the Derry area.

She is survived by her two sons, Larry Littlewood, and David Littlewood; her grandchildren, Morgan Rae, Justin Miles, Jacob Lee, Robert Parrish, Brittany Evelyn, Tyler James, and Courtney Lynn; four great grandchildren; her brother, Edward Mele, Jr.; two sisters, Anna Mae Pierson, and Deanna Jeanne Mele.

Following cremation, she will be buried in the Forest Hill Cemetery in Eat Derry. The Peabody Funeral Homes and Crematorium, 15 Birch St., Derry is assisting the family with arrangements. To send a condolence or for more information, please visit, www.peabodyfuneralhome.com

OBITUARY

Krystal Rae Mello



Krystal Rae Mello, 26, of Londonderry, lost her lengthy battle with addiction on Sunday, April 5, 2020 in her home. She was born in Methuen, Mass. on June 12, 1993, a daughter of Lynn Mello-DiLorenzo, and had been a lifelong resident of Londonderry. Krystal Rae attended Londonderry schools and was a graduate of Londonderry High School, Class of 2012. She had been employed as a cashier in North Londonderry.

Krystal Rae is survived by her mother Lynn and her boyfriend William Schoof of Londonderry; and her two brothers, Minot DiLorenzo, and Hunter DiLorenzo both of Londonderry. She was predeceased by her grandmother, Denise Shanks in 2018, and her father Minot DiLorenzo, Jr. in 2015.

The Peabody Funeral Homes and Crematorium of Derry and Londonderry are assisting the family with arrangements. Memorial contributions may be made to any organization that supports mental health. To send a condolence or for more information, please visit, www.peabodyfuneralhome.com.



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