Londonder March 5, 2020 Volume 21 – Issue 10



Spirited War The Londonderry Middle School recently held Spirit Week, which ended with teams at each grade level competing against each other for bragging rights. Pictured, the eighth grade Nor'Easter team battled the Heatwave team in Tug-O-War. Photo by Chris Paul

Town Council Candidates Look for Support on March 10

10, four Town Coun- School gym. cil candiates will be looking for the support asked each of the candiof voters. Two are incum- dates a few questions on local newspapers. Includbants, and two are look- why they are in the race, ing for their first time as what follows are their members on that board. responses. Polls will be open 6 a.m.

Tuesday, March to 8 p.m. at the High

The Londonderry Times

Debra Paul Age: 60

Occupation: Self-employed Publisher of three the Londonderry ing Times

Family: Husband and Three children

Ranger Enforcing OHRV Laws to Protect Conservation Areas

Mack Leathurby Londonderry Times

Ranger and Aprile has been busy protecting Conservation areas around Londonderry. Aprile's patrol beat includes townowned conservation lands and he has been get into the Musquash authorized by the Lon- area," Aprile stated. "...but donderry Police Chief we have that closed off Hart with law enforcement authority to protect in. They actually went these areas.

al challenges he is finding turned around to go back." at this time that are also

monitor. Ranger Aprile tions are very icy, which pointed out, "Over the ▼gt. Glenn Aprile, is past week or so, things Londonderry's first- have really picked up with ever Conservation illegal activities of ATVs (all-Terrain Vehicles) and side-by-sides. ...there are fresh tracks near conservation areas where ATVs are not authorized to go." "Someone recently tried to well and they could not get over to the backside and At the Feb. 25 Conser- came down that way to try vation Commission meet- to get in but were not able ing, Aprile reported to the to do so. I followed their commission about sever- tracks and saw they

ones he will continue to the current trail condi-

limits some of his surveillance of the land areas that may be set upon illegally with side by sides and ATVs. The Conservation Commission of the Town of Londonderry point out that those who are creating problems or damage in conservation areas will be held responsible for unlawful actions.

A FREE Weekly Publication

Residents should know that the Londonderry Conservation Ranger is enforcing laws for OHRVs (Off Highway recreational vehicles) which include ATVs (All Terrain Vehicles). Snowmobiles. and UTV/side by sides. UTVs The ranger noted that (for Utility Task Vehicle) continued on page 19

Town's Water Contamination Is a Growing Residents Concern

MACK LEATHURBY LONDONDERRY TIMES

derry have been sourced not much disagreement and thyroid disease. A to Saint-Gobain in Merrimack, NH. Recently it ical researchers that the article noted that the CDC was discovered that there PFAS contaminants can report recommends an is also a problem with cause serious health water contaminations in properties near the Apple Tree Mall and the source is yet to be uncovered. The NH DES has been are the levels of concenworking with local residents and the town to provide accurate information and support soluappears to be growing in the community.

continued on page 7 Londonderry residents host of health effects

are actually using water associated with PFAS from local wells that is ultiple water con- hazardous, as there are cer, tamination prob- multiple facets of the decreased fertility, and Lems in London- PFAS problem. There is increased risk of asthma from scientists and medproblems in humans - the issue is - which of these PFAS chemicals is in the Environmental Protection water supply? ...and what Agency's current recomtration found from a specific well system?

A Harvard University School of Public Health tions for a problem that paper published in 2018 says, "A recent review from the U.S. Centers for It is difficult at this Disease Control and Pretime to say how many vention (CDC) outlines a

exposure, including canliver damage, June 20, 2018 ProPublica exposure limit for one PFAS compound that is 10 times lower than the U.S. continued on page 9

PRESORTED STANDARD US POSTAGE PAID LONDONDERRY, NH 03053 Permit #57 ECRWSS
POSTAL PATRON LONDONDERRY, NH 03053

Local Sea Cadets Hold Annual Inspection & Awards Ceremony



The Harlan R. Dickson Division of the U.S. Naval Sea Cadet Corps held its annual Inspection and Award Ceremony last month at the Londonderry Reserve Center.

Sea Cadets were inspected by LCDR Andrew Nash, LCDR John Murphy, YNC Elise Jewett and LT Brain Luzano. Shortly after the inspection process, cadets were given Awards and Promotions.

Colleen Peters was presented with the Daughters of the American Revolution's Outstanding Cadet Award; Matthew Miller was presented the VFW Naval Sea Cadet Award by the Derry VFW Post, Gabriel Romanauskas, pictured at left, was given the Bronze Good Citizenship Award by the Sons of the American Revolution and Connor Rampage, pictured below, received the NLUS Sea Cadet Youth Medal and Ribbon.

Rampage also was given the 2020 Cadet of the Year honor, and was promoted to LT Sea Cadet. For information on the program, email: info@harlanrdicksondivision.org.

Photos by Chris Paul



BOB SLATER LONDONDERRY **SCHOOL BOARD**

Our Children, Our Community, Our Future!

- Londonderry Citizen for 34 Years
- Actively Involved in Schools as Parent, Grandparent, Volunteer and Coach
- Local Business Owner with Strong **Business Acumen**

"Bob Slater for School Board" on Facebook and Twitter







Paid for by Robert Slater, Candidate

Four Candidates Vie for Three Seats on Budget Committee

Committee candiates will be looking for the support of voters. There are three, three-year seats available on this year's ballot. Polls will be open 6 a.m. to 8 p.m. at the High School gym.

The Londonderry Times asked each of the candidates a few questions on why they are in the race, what follows are their responses.

Jonathan Kipp

Occupation: Operations Manager (retired); Instructor at Granite State College

Family: Wife Martha, and two grown children

Years in town: 33+ years How do you feel that you could make a difference? I have numerous years of experience working with and advising local and governments school throughout New Hampshire. I now have the opportunity to apply that experience - and the skills I have developed along the way - here in my own community of Londonderry. Effective communication is essential as we work budget through the process, and I believe my calm, reasonable, and thoughtful approach to challenges will be beneficial as we carry out our committee responsibilities.

The reason why you are running? I am running to represent taxpayers and to help the town and school district develop and present reasonable, responsible budgets. Town and school administrators, the town council, and the school Age: 48 board must balance the **Occupation:** Chief Finan- improvement projects. need to provide top-quali- cial Officer for a company This broad experience has my focus on finding ways

n Tuesday, March ty services/education while in Concord, NH. 10, four Budget being sensitive to the tax **Family:** Married for over impact of their decisions. The Budget Committee has an advisory role with both groups, and as a member of the committee I believe I can continue to be a rational and reasonable voice

What do you think you bring to the table/ Why you? My experience and education are ideally suited for service on the Budget Committee. As a member of the committee, my goal has been, and will continue to be, to achieve budgets that are reasonable and responsible for the taxpayers, the town, and the school district.

I have a bachelor's in Business Administration and a master's in Public Administration, both from UNH. In 2016 I retired as **Operations Manager from** the NH Public Risk Management Exchange after a 30-year career assisting New Hampshire's cities, towns, counties, and school districts with their risk financing and risk management efforts. I currently teach courses in Management and Public Administration at Granite State College. In 2019 I successfully completed the Leadership Londonderry program. Additionally, I served on a church finance council, as cochair of a committee to design and build a new church and school, as treasurer for a non-profit organization, and as a volunteer fire/rescue officer with incident command responsibilities.

Steve Breault

24 years, and we have three daughters, two are in college and one is a Senior in Londonderry High School.

Education: Bachelor's degree in Business from the University of New Hampshire, a Master's degree in Finance from Northeastern University, and a Master's degree in Accounting from Bentley University.

Years in town: My wife and I have been residents of Londonderry for over 12 years. We decided to move to Londonderry because it is a unique town, with pumpkin patches, apple orchards, ponds for fishing and pond hockey, along with thousands of acres for outdoor activities.

How do you feel that you could make a difference? I feel that I can make a difference because of my broad experience, from working in the trades to working in the corporate environment. I was an electrician for over eight years. I worked for a small electrical contractor out of Manchester. I learned a lot about working for a small business owner; the importance of quality service, managing expenses, and controlling overhead. After working in the trade, I transitioned to the corporate environment, working in various departments, from marketing, IT, finance, accounting, taxes, and investments. I was involved in all the key operations of the business, and managed several technology and process

more comprehensive understanding of the operations and expenses of most organizations.

The reason why you are running? I am running for a three year term on the budget committee, because I can make the commitment to attending the meetings and working with other members to achieve the goals and objectives of the committee. Last year I was elected for the one vear term. and during this past term, I took copious notes and developed a better understanding of the overall budget process. As with any new position, there is a learning curve, and with the complexities of the town budget and school budget, I know there is more for me to learn.

What do you think you bring to the table?/Whv You? I believe what sets me apart from others is my experience with the operations of a business and my financial background. I consider this to be a unique skill set, because of my experience working in the trades to working in the corporate environment. It allows me to look at problems and challenges from a different perspective, and offer solutions. I was also an adjunct instructor for two local colleges, teaching undergraduate and graduate level courses. The teaching experience has allowed me to see how advances in technology are changing the instructional environment.

My background and experience in finance/ accounting, coupled with

allowed me to develop a to enhance procedures dents who have given and processes, through the use of technology, brainstorming, and collaboration, will be instrumental to helping the committee achieve its goals.

Alexander Y. Yip

Occupation: Senior Budget/Financial Analyst

Family: Happily married and with a rescue dog! Education: Bachelors

degree from Cornell University Years in town: Five years How do you feel that you could make a differ-

ence? I would bring a fresh set of eyes, perspectives, and ideas to the Budget Committee. At a time when most residents have seen tax increases, either the insightful questions are not being asked or put forward, or this information isn't being shared in an accessible way to most townspeople.

I intend to ask the pertinent questions to ensure the taxpayers aren't always on the hook for everything, but also think social media can be a resource to share such information. The Committee can explain aspects of its process online, while also answering residents' questions they may pose.

The reason why you are running? To the resiyears, decades, and generations to this town, I think someone needs to ask prudent budget questions cognizant of their needs in addition to all taxpayers and their home budgets. Londonderry is at a unique crossroads, and I feel I can offer the multi-generational perspectives it needs to balance everyone's interests in our community.

What do you think bring you to the table?/Why you? Besides excitement and a commitment to giving back/volunteering, I pride myself on being team-oriented. Whether that is working with fellow committee members or local stakeholders, I look forward to not only helping all of Londonderry, but also to hearing from and engaging with all of you to make sure your voices and interests are heard.

It takes a village to raise a child, and similarly, a whole community to continue to build a great town. I recognize this, and with your trust in me as your Budget voice, I want to help shape Londonderry today and tomorrow as the town we all respect and love.

> Jennifer Kenney Did not respond

> > "Honesty,









Editorial Be Prepared to Vote On March 10th

Election Day for most towns in the state is March 10. In the days between now and then, we hope you'll listen to candidates speak, read their words, and ask them about the issues that concern you.

Local Elections affect everybody in town; the money being sought is your tax money, and you have the right to have a say in where it goes. This is your town, and your views make a difference, but only if you vote.

The March election has no state or national candidates, and that's traditionally bad news for voter turnout. We remind you, that your vote has far more impact in the local government elections than it ever will on the state or federal level.

In countries across much of the world people take to the streets and literally risk death to demand free elections and the right to have a say in their government. They look to the United States as an example of how government by the people works.

Equally important are the warrant articles on both the town and school ballots whether it's the school budget or a request for funding for other items. Town and school requests should be handled the way you handle your checkbook - Can you afford it? Is it a necessity or a luxury? Is it something you can put off, or is will cost much more later on?

Staying home is easy, but taking the time to cast an informed vote is what a democratic country expects of its citizens. If you don't understand what you're being asked to approve, seek the answer. The right to vote is important, but it carries with it the responsibility of understanding the issues. Your vote shouldn't be swayed by the vote of the town council or the budget committee. Your vote should also not be influenced the views of your neighbors. The vote is yours and you must vote on what is true to you. So choose wisely and educate yourself. There are bios of the candidates that run in the local papers and sample ballots are printed as well. Also the website of your town should have sample ballots posted.

We let ourselves and everyone else down when we ignore local elections. If you fail to vote and find yourselves taxed out of your home and represented by people who embarrass or upset you, complaining after the election will not help.

How about union contracts? Most contracts are for two to five years and add a dollar amount for each of those years it is in effect. Make sure you understand the costs attached to each additional year because you won't be asked to vote on it in future years: the money will be added to the overall budget each year and will be part of your future tax bill. When a warrant article states that there is no tax impact that may not be true for future years.

Please educate yourselves and understand the complete picture. Each article has pros and cons. In addition, many have long-term implications that affect your wallet every year. It pays to listen and understand both sides' citizens and local governments.

Many people pride themselves on their patriotism. Theirs is no better way to express your patriotism than by heading to the polls and making informed choices.

So for the good of the community, please vote March 10.



dedicated to keeping residents informed about local issues and news in the town of Londonderry. All articles submitted for placement in the Londonderry Times are welcome and subject to review/editing and/or acceptance by the publisher. Decisions of the publisher are final. Views contained within submitted and published articles do not necessarily represent the views of the publisher or Londonderry Times. No articles, photographs, or other materials in the Londonderry Times may be re-published, re-written or otherwise used without the express permission of the publisher.

Letters

Running for

School Board

Hello, When I first reg-

istered as a candidate for

School Board, I thought a

lot about where one gets

information about the

school district, its per-

formance metrics, school

policies, rankings, and the

available on the school

district website. Meetings

are open to the public and

held in the evenings after

work. School budget ses-

sions are also open, and

the deliberative session

allows residents to vote

on what goes on the bal-

lot, and get their ques-

feel they do not have a

good connection or easy

way to find out about our

schools. What this tells

me, is that while much of

information

needs is accessible, it is

not accessible in the way

that stakeholders want it.

A town resident may not

want to attend a meeting

on a cold night in January

after work. A town resi-

dent may not want to read

the minutes of a school

board meeting or go

through the proposed

budget, even if they want

to know what is occurring

posed school budget is

\$78 million, broken into

large categories. We know

that as a town, we are

spending about \$19,000

per student, yet in the

Assessment, 50% of our

students demonstrated

only partial proficiency.

Annual assessments done

in grades 3-8 show math

and reading proficiency

rates consistently in the

50-60% range.

Science

NECAP

one

Still, many residents

tions answered.

the

going.

2017

This information is

budget.

To the editor.

shows \$6.3 million allo- has he published any cated for Support Services, and another \$23.5 climate change. He is, in million under Executive fact a Political Scientist. In Administration allocated a 2010 report in The for Support Services. I have no question that acknowledged that global these dollars will go warming is "a challenge towards supporting our that humanity must constudents, but this serves front." He goes as far as as just one example where increased clarity could assuage concerns ment in clean technoloabout the budget. You should not have to navigate multiple pages of a proposed budget attend a school board session in person to under-ly and your house share stand these proposals. The school budget affects everyone who pays property tax. It should be accessible through multiple formats and levels of detail.

I would love to see the school district in new and creative ways. Inmation about our schools spend the same \$ solving is one way to begin to achieve this goal.

your vote for school board.

> Thank you, Amy Finamore School Board Candidate

Article 30

To the editor,

I am so heartened that this article has sparked some discussion around climate change and a greater interest in learning about the carbon cash dividend approach to minimizing our carbon footprint. For the sake of clarity for a previous author of a letter to the editor; Mr. Lomborg does not have any background

The proposed budget in climate science. Nor peer-reviewed articles on Guardian, Lomborg calling for a carbon tax and a \$100 Billion investgies. He has demonstrated a consistent record of contradicting his own or ideas. Additionally, you did use the table correctmay be to receive \$ 30.00 monthly. For us with fixed incomes and highest insurance cost, the poor and elderly, \$30.00 monthly would go a very long way

For just a fraction of more opportunity for resi- the outlay of any suggestdents to get involved with ed geoengineering project proposed, we will continue to develop clean creasing access to infor- renewables. Why not the energy crisis once and for all rather than trying Town elections are to mitigate its effects? If Tuesday, March 10. I we could wean ourselves would be honored to earn off fossil fuels entirely in the next few decades, humankind could live sustainably on Earth for the rest of its history. Isn't that worth a shot first? Most of the world's scientists now agree climate change is real and happening fast.

Earth itself is under no threat from global warming: the planet will continue to exist whatever we do to it. I agree that historically the planet has gone through many millennia of geological periods and changes. The difference now is that it is truth that human beings make their own carbon footprint affecting those changes. We must use our collective scientific knowledge to arrive at a

continued on page 5

Londonderry Times welcomes letters of up to 500 words on topics of local interest, and prints as many letters as possible. Please e-mail your letters to the Londonderry Times at londonderrytimes@nutpub.net. All letters must include the writer's name, address and phone number for verification if needed; name and town of residence will be printed. Londonderry Times reserves the right to reject or edit letters for content and length, and anonymous letters will not be printed.

at the schools and where Londonderry the budget allocations are Budgets in particular **Response to Letter on** are confusing. The pro-

etters **Continued from page 4**

solution. This initiative incentivizes the producers of the pollution-coal, gas, oil to decrease their pollution. The average household also bears a responsibility to reduce our carbon footprint as well. There has been much fear mongering that whatever is done "it is going cost me \$". It makes more sense to me to spend some \$ now than a points of view. She brings whole lot more \$ later to a new face and a new perachieve the same goal of less carbon emissions producing greenhouse gasses.

before the Senate soon. The Energy Innovation has bi-partisan support, more than half of Republicans. The size of government will not grow. Yes, low- and middle-income also takes the future of families will feel the positive impact of the dividend most. The households with higher incomes may decrease their larger carbon footprint. Sources for statistics are available at energyinnovationact.org/data-sources Go to cclusa.org/energyinnovation-act to contact your Congressional Reptwo minutes!

Cherylann Pierce Londonderry, NH cherylannbp56@gmail.com

Vote DebPaul

To the editor,

March 10. Polls will be open 6:00 a.m. until 8:00 p.m. The number of registered voters in Londonderry is 20 thousand. A voter at the primary was 8 thousand. The average turnout for town elections is 3 thousand. Some new folks are throwing their respective hats in the responsibility to work One contender ring. stands out, as this is her second run for Town Council. If you ever con- the total absence of a sidered coming out to the polls for the town elections and you would like some change, now is the will make her by the peotime. I recommend Deb ple. Paul for a position on the Town Council. She is high-

ly knowledgeable of the workings of our town government. This is her second year running for a chance to make a difference in a town she loves. She cares about what the people around town have on their minds. She is a thoughtful listener of all points of view brought up to her. She is one of the first candidates that primarily pledges to be a listener, and then a representative of the people's spective. which we should all recognize as desirable and positive. She has a keen awareness H.R 763 will be coming of the issues facing the community. She also has some specific agenda, and Carbon Dividend Act which are based on the voter's concerns. The priority she has heard from many residents is around water and air quality. She not only our town but the entire southern N.H. into consideration. She sees the picture as a microcosm with a much larger lens N.H. Deb has also related strong concerns of voters about past and especially recent explosion of development, which has contributed to burgeoning traffic, and resentative in less than safety issues Her platform promotes transparency and accountability. This could be achieved simply with public knowledge of Requests for Proposals of bids for all projects which the residents pay for through their taxes direct-Town elections are ly or from the mysterious (to me) "unassigned fund" account. She advocates an alternative to the recent stalemate situation between the Town Council and the School Board with a synergy between the Town Council and the School Board. These two entities have a fiscal together as a team since they share the town's single budget. She points out water plan for the town. She is of the people and for the people. Your vote

> Ray Bedard Londonderry

March 10 Proposed Warrant Articles

To the editor,

Prior to next Tuesday's election of Town Councilors and voting on proposed property taxes, determined that of 29,300 Londonderry residents, only 13% or 2500 residents voted last year on the town's warrant articles. This small voter turnout reflects an indifference and apathy on matters impacting our property taxes. Many town residents have experienced hefty property tax increases this year which may reflect residents not fully grasping the consequences of passage of last year's warrant articles. Continued indifference by voters may have undesired consequences this year and future years of everincreasing property taxes. The remedy to voter indifference is to read this year's 30 Warrant Articles: understand their intent and vote what you think is fair and reasonable to each Warrant Article. A few observances in reading the proposed Articles is that five Articles call for property tax increases to fund town employee salary increases. If all are passed, they go into effect for the next five years. If any or all are defeated, there may be a fall-back position that allow could salary increases to be funded from an account called the Unassigned Fund Bal-

Articles as well. This account is an accumulation of tax dollars unspent from Warrant Articles passed in previous years. Following each of the five Articles proposing salary increases is an Article entitled Authorization For Special Meeting On Cost Items. If any or all of the subject five Warrant Articles are defeated and these "special authorization articles" are passed, Town Council could fund the salary increases from the UFB and other defeated Articles as well. I don't begrudge salary increases to anyone to at least keep up with inflation, but to take salary issues out of the hands of resident voters is counter to the voting public's responsibility. This issue can be addressed by a larger voter turnout reflecting more fully resident prioriidentified ties. I've \$350,000 from the UFB account that is to be used to fund cost items that state \$0.00 tax impact in 2021. This is misleading as this \$350,000 is indeed a tax increase; just not incurred in 2021. How much unspent tax dollars are currently in this account and will it be further funded by unspent future tax dollars? Kudos to the town for underspending our tax dollars, but shouldn't this money be used to reduce taxes in ensuing years via tax credits? To read about the proposed 30 Warrant Arti-

Mack's Apples Farm Stand Open All Winter 9 a.m. - 5 p.m. Daily A Wide Variety of Apples & Fresh Pressed Cider **10% OF U-PACK STARTS FEBRUARY 28TH** Seasoned Apple Wood \$75 a bin Smaller sections of wood available too! www.macksapples.com 230 Mammoth Rd. Londonderry 800-479-6225 or 603-434-7619

ance; and other defeated cles, go to: www.london- zens Petition requesting derrynh.org/sites/london- State and Federal legisladerrynh/files/uploads/sig tors to enact a Carbon ned_2020_warrant_0.pdf Further. Town Council

should refrain from making recommendations on warrant articles as their lation has already been recommendations may submitted to the state leginfluence voters' perceptions of warrant articles. mitted last year through Trust voters and let them my committee. It had decide. Several residents have already noted that enrollment school between 2007 and 2018 decreased 21% to 34% depending on grade level negative effect on NH citicompared to school budgincrease of 31%. et There's a "needs" between and "wants". Decide for yourself if the schools "need" a cost item or if it's just a result in a carbon tax. "want". If you haven't Carbon taxes at the Federread the School Board's al level have also been budget and warrant articles, go to weblink: londonderrytimes.net/2020/ 01/school-board-prepares-districts-warrantfor-deliberative-session/. Decide for yourself and don't be persuaded by the School Board's recommendations. Be informed on Town and School Board Warrant Articles and vote March 10.

Bob Pitre Londonderry

Beware Town Article 30

To the editor.

On Tuesday, voters will be deciding on Town bon would also increase Warrant Article 30, Citi-

Tax. Voters should be aware of two points before they decide.

First, carbon tax legisislature. HB735 was submany flaws and so was worked on all summer and re-introduced this year. Many of us knew it would have an extreme zens and was in so need of more work; it was difference tabled, but is still active. Another bill is currently going through the legislature that could indirectly debated. The point here is that a petition is not needed since legislation has already been introduced.

A second consideration is that a carbon tax is regressive and would be harmful to the NH economy, increase the price of fuels and not result in its intended purpose. The details of HB735 show that the price of gasoline would increase at least \$0.55 per gallon in the first three years. That's over and above any increase in market prices or other taxes. Fuel oil, propane, natural gas and anything producing carcontinued on page 15



Porter Tax Preparation Services LLC 80 Nashua Rd., Suite A4, Londonderry, NH

Londonderry School District to Adopt New Wellness Policy

MACK LEATHURBY Londonderry Times

t the Feb. 20 Londonderry School Board meeting, the board conducted a first reading of the updated Wellness policy.

The District's dining services participated in a rigorous audit of the school dining program by the NH Department of Education last year and for changes to their wellness policy.

An updated wellness policy is the last open services to be in compliance with the NH DOE guidelines from that audit. The state provided much of the language for the district to adopt that was written into the new draft version.

The board will rescind the older Wellness guidelines (Policy JHCG) to replace it with this new JLDA Policy and the Board agreed to move this policy to a second reading to finalize it.

nifer Ganem noted that these guidelines from the DOE is a reason why the appropriate daily physical schools no longer conduct activity for students. The many bake sales or have District shall provide

schools.

It was noted that the High School is not a part of the same national lunch program so some of the updated policy does not apply directly to the high school, which is noted in the new policy. Here are some of the highlights of reading of the first draft.

diet-related chronic diseases.

nizes that health and student success are interrelated. It is, therefore, the goal of the Board that the learning environment positively influences a stuunderstanding, dent's beliefs, and habits as they relate to good nutrition and physical activity.

Board member, Jen- teach, encourage, support, and model healthy eating habits and age

dents, employees, school board. and community members, which address the important benefits of a healthy lifestyle.

The Schools within the National School Lunch Program (not LHS) shall comply with the nutrition guidelines outlined in this policy in a manner designed to facilitate the adoption of healthier eating habits such that 100% compliance is achieved no later than the 2022/2023 School Year.

The School District's nutritional standards are based upon standards established by the USDA and New Hampshire Healthy School Coalition/ Best Practice. These nutrition guidelines apply to all foods available to students on school grounds during the school day, including but not limited to the school lunch and breakfast program, foods and beverages sold in vending machines/school stores and as part of classroom lessons/activities, parties, celebrations or fundraising efforts.

As needed, the Wellness Committee will request that the Superintendent notify each School Board regarding any changes that have occurred in federal and

that need to be reflected in this Policy. School Meals served in

the District shall meet or exceed the nutrition requirements established by the USDA, laws, and regulations. Administration of the school meal program will be by qualified school food service staff. School lunches and breakfast programs will offer variety of foods and choices for students. General nutritional information about school meals will be available for students and parent.

Eligibility for and distribution of free and reduced priced meals will be provided with confidentially in accordance with state and federal requirements.

In order to meet the nutritional needs of children and enhance their ability to learn it is recommended that all schools in the District offer a breakfast program in addition to their already established lunch programs.

All food items available through schools and school functions should meet or exceed nutritional standards established by the NH Healthy School Best Coalition.

The school food service program will approve and provide all food and

birthday foods at the opportunities for stu- state nutrition guidelines beverage sales to students ideas to parents and teachin elementary schools. ers. School staff involved Foods in balanced meals.

> To support children's health and school nutritioneducation efforts, school sponsored fundraising activities (direct school affiliation) will not involve food or will use only foods that meet through food services manthe above nutrition and portion size standards for foods and beverages sold individually. Schools will encourage that will periodically fundraising activities that promote physical activity. The school district will make available a list of ideas for acceptable fundraising assess progress on the curactivities.

the school day will make a positive contribution to children's diets and health. Schools will assess if and when to offer snacks based on timing of school meals, children's nutritional needs, children's ages, and other considerations. The district will disseminate a list of healthful snack items to the public.

food during the school day. The district will make pub- munity input. lic a list of healthy party

elementary in homeroom, field trips schools should be sold as and advisory food related events are encouraged to communicate with school food services managers to assist with cafeteria planning and reducing food waste. Where possible, staff will order foods agers.

The Board will establish a Wellness Committee assess the nutrition and physical activity environment throughout the District. This group will rent goal targets, recom-Snacks served during mend any new goal targets, and identify strategies for achieving them.

That Committee will consist of a group representing parents, students, the school food service program, the School Board, administrators, faculty and staff, as well as members of the public with wellness related expertise. The purpose Schools should limit of this advisory Commitcelebrations that involve tee is to provide content area expertise and com-



the new policy from the

The Board recognizes were provided guidance to the importance of proper nutrition and developmentally appropriate physical activity as ways of promoting healthy lifestyles, action item for the dining minimizing childhood obesity, and preventing other

The Board also recog-

The District shall



Check out all the camps The Granite YMCA has to offer at www.graniteymca.org/camps Manchester 603.623.3558 Goffstown 603.497.4663 Londonderry 603.437.9622 Financial assistance available



LONDONDERRY TIMES • MARCH 5, 2020

Candidates

Continued from page 1 Education: Bachelor

of Science in psychology for Salem State University Years in town: 25

vou could make a difference in town? I feel I will make a difference because I am not afraid to ask questions. I bring a fresh set of eyes to the Town Council. I believe that we should listen to the community, respect public opinion and make educated decisions on all the information received.

I strongly value transparency, efficiency and common sense in all government.

are running? Londonderry is at a crossroads. It is you could make a differchanging from what was a small rural town to almost a small city and I feel currently there is no control of that growth. I make an impact by getting also feel that no candidate should go unop- out to everyone and composed, the council needs municating in a way that some new blood and I currently no one on the believe I would bring council does. The best some fresh ideas.

flicts of interest? NO.

you bring to the table? changes, with a more proactive rather than a reactive way to deal with are running? I am the current and future problems.

take on this role without hesitation, with the courage to vote my conscience and with the want to be able to look at heart to fully represent a person on a fixed our residents' concerns.

integrity, and courage, along with a strong work ethic to make a positive ideas and a way to comimpact.

Ronald C. Dunn Age: 47 **Occupation:** Retail

Management and Small **Business** Owner Family: My loving wife

is Cara and we have three How do you feel that wonderful dogs, a German Shepherd named Slate, a Great Dane named Moose and a Bulldog named Tank.

Education: Bachelor of Science in Business Administration from the University of New Hampshire.

Years in town: I grew up in New Hampshire and lived here for the first 21 years of my life. Then I moved to Boston for work. We returned to N.H. in 2013 and have lived in The reason why you Londonderry ever since.

How do you feel that ence in town? As a taxpaying citizen, I know the importance of keeping the property tax low. I can necessary information example is how poorly Do you have any con- the PFAS issue has been handled. In speaking with What do you think other residents, not many know about the issue. I My voice for sensible educate new people weeklv

The reason why you best person to address the PFAS issue because I am fully prepared to myself and my family are personally affected by this problem. As far as the tax rate and spending, I income and tell them we Why you? I have the understand and respect their concerns.

I can bring new fresh municate those ideas to



derry.

Ted Combes Age: 33

Occupation: Construction Management

Massingham, Parents - emotional about a sub-Cindy ject. George and Combes, Siblings - Dan, Bridget, and Mitch Combes

Education: MBA from Southern New Hampshire of Operations - Retail University, Business Management from Suffolk Universitv

Years in town: 29 vears

How do you feel that you could make a difference in town? Having good sound financial management with my MBA. My expansive background in construction management gives me good knowledge on how to maintain our Town Buildings, and know when to ask the right questions.

The reason why you are running? I am running to have a steady voice on the Council to help lead the town in making hard decisions. Knowing how to gather all the facts, and knowing when to voice my opinion on a subject, and to not react too swiftly and hastily without all the information.

Do you have any conflicts of interest? No. I do not have any conflicts of

North Andover, MA

(978) 691-5453



Ronald Dunn

tion

What do you think you bring to the table?/Why you? What I bring to the table is the wonderful facts and make sound Family: Wife Kara decisions without getting

Joseph Green

Occupation: Director Family: Married with

an adult son and an adult daughter. Years in Town: 25

years. How do you feel that you could make a difference? I am a fiscally responsible leader that works hard to maintain a high level of superior town services, while continuing to minimizing any tax rate impacts to its residents. While the safety of our community is paramount, I'll always look for ways to achieve this goal without reaching into your wallet.

The reason why you are running? To continue giving back to the town that I love. Having been privileged to coach and



Ted Combes

tion for over 12 years, and together a budget that LAFA Baseball for seven will continue to be pruyears, it really allowed me dent without reducing to get to know so many families ability to analyse all the around town. Being connected to our community and making Londonderry a great place to live, work ence, I've served our and recreate has always been my passion.

I am also seeking reelection to continue the 9 years. I believe the continuity of the current council has greatly contributed to the improvements we have all enjoyed during mv tenure. The facts are clear, more services without increasing the townside tax rate. In 2013 it was at \$5.19, last year, commercial and industrihometown feel within our residential sectors. Our serve as VP of Londonder- being built up in your ans who suffer in silence.

Joe Green all residents of London- interest with this posi- ry Youth Soccer Associa- home. We have again put

services or robbing your wallet.

What do you think you bring to the table/Why you? Experigreat community on several boards and committees within our town's government. I was on the success and momentum Budget committee and we have had over the past the ZBA for 2 years before being elected to the Town Council for the past 9 vears. I was on the Master Plan Steering committee and I serve as liaison to the Senior Resource Committee, the Recreation Commission, and the Library Trustees.

I consider myself a fiscal conservative but not \$4.56. This has been pos- at the expense of cutting sible by creating a deli- services or risking our cate balance between safety. When challenged with tough decisions, I al revenue growths up at have never been afraid to the airport, while continu- stand up and fight for ing to focus on preserving you. I believe sound leadour rural aesthetic and ership is shown through actions, not just words. I have paved the way for property values have con- our new tax relief policy tinued to increase, put- while continuing to supting more money in your port maximum tax relief pockets, by way of equity for our seniors and Veter-





Andrew D. Myers

www.attorney-myers.com

Derry, NH (603) 437-2643

School Board Has Three Candidates Running for Two Open Seats

he School District will be holding its annual election on Tuesday, March 10 from 6 a.m. to 8 p.m. at the High School Gym.

There will be a number of ballot questions, are running? In my work one of which will ask voters to pick two of the three candidates running for School Board.

We asked a few questions of each candidate because I care about eduseeking a three-year seat on that board.

Amy Finamore

Occupation: Program Manager

Family: Husband and two children.

Years in Town: 10 years. How do you feel that you could make a difference? I hold two-master's degrees – one in economic development, and one in higher education administration. I enjoy using data the districts I bring a and research to ensure I'm making informed decisions. As a mother with children in the school system, I have an interest in the long-term health of the school district and ing in teams and with oththe educational outcomes of Londonderry's students. As the labor market changes, a combination of technical and soft make sure that we listen responsibly support our skills will become increasingly important. I feel that I could make a difference by working with parents, students, teachers and administrators to ensure Age: 56 Londonderry meets the needs of students today and tomorrow and that Family: Wife Cindy, three we are including both children, four grandchilenduring and technical skills in our curriculum. I Moose Hill, one

Londonderry want to make sure that all Matthew Thornton) students have the tools and resources they need to succeed, and using data, combined with stakeholder input, can serve Londonderry for help make this a reality.

> The reason why you as a program manager, I enjoy working with stakeholders to ensure I understand the question that is being asked. I'm running cation and want to work with our teachers and our school administrators to ensure that as we continue to strive for excellent bers of this committee are schools in Londonderry, we do so together.

Do you have any conflicts of interest? No

What do you think you bring to the table? I bring an 'effectiveness' mindset to the table, and think about the current strategic plan and goals of strong passion for equity and want to ensure that we are preparing today's students for the needs of tomorrow

Why you? I love workers. I love hearing the perspectives of others because it results in better solutions. I want to to stakeholders and work together to find solutions that work for everyone.

Bob Slater

Occupation: Business Owner

dren (one in LEEP at

Years in Town: 34+ years How do you feel that you could make a difference? I have been proud to over 30 years through volunteering, coaching and donations. I was proud to accept the Bob Lincoln Youth Service Award in 2011. I am a member of the School Facility Study Committee. I also joined the C-3 committee this past year which covers topics such as curriculum, technology, wellness and facilities. The memprimarily teachers and administrators. I have attended nearly every school board meeting for the last two years and have continuously proposed ideas and suggestions to the board and administration. I am proud of the progress to this point and excited about how much more can be done. I feel as one member of the school board I can continue to make an impact and improve our district for the better of our children, teachers and community.

The reason why you are running? We need to be sure we are able to teachers and children with the modern programs and tools they need. This includes policies, curriculum (including trades) and technology. Our district has considerable capital improvements and decisions upcoming that will impact our children and entire I want other districts at community. Last year I looking at us as the stan-

recommended we devel- dard in New Hampshire. nity letters of support. op a 10 year master plan to assist in these upcoming decisions for the district and I am proud that the district has begun this process. I feel my 30+ years of experience in Town as a parent and business owner will be an asset for our district at this important time.

Do you have any conflicts of interest? None. During my time in town I have built an addition on the back of the High School at no cost to the community (all donations) which is currently used for classroom space, helped cut costs in developing the current Cable Studio at budget and have constructed a large percentage of all the dugouts and retaining walls at the LAFA fields and High School at cost. Moving forward, if elected, I would not complete any work for the schools or Town unless it was done at cost or through donations

What do you think you bring to the table? Determination to get things done. I don't believe in simply taking up space in a seat . We have to be pro-active, think outside the box and continue to push to improve our district every single day.

Why you? I truly care and I have a vested interest with my grandchildren in our schools. The one goal I have is to assist in making our School district the best in the State.



Please find me on Facebook by searching "Bob Slater for Londonderry School Board" for more for a response. information and commu-

Greg DePasse Missed the deadline

OBITUARY

William B. Parnell

William (Bill) B. Parnell (aka "Cap'n Bill") passed away on Feb. 21, 2020 surrounded by family. Born to his parents, William Parnell & Patricia Parnell, he was raised primarily in Falls Church, VA. He attended Boston University where he graduated in 1971 with a Bachelors Degree. He went on to attend law school in Boston at

New England School of Law (now New England Law-Boston), where he graduated with a Juris Doctor in 1976. He went on to pass the bars in both MA & NH, and was been a practicing litigation attorney up until the time of his passing.

Bill moved to Derry, NH in the late 1970's where he raised his 3 boys, Brad, Rory & Michael. He is survived by his wife, Bernadette N. Parnell, his 3 sons (Brad, Rory & Michael), former wife, Jeanne Parnell, & 7 grandchildren, Meaghan, Abigail, Gabriella, Elsie, Lincoln, Cadence & Sebastian. He is also survived by his 3 step-children, Christina, Erin & Ryan, & their children. He is also survived by his brothers, Larry, Ed & Howard & their children & grandchildren.

Known locally as "Cap'n Bill" for his love of fishing & his former role as a charter captain, he was deeply invested in the Derry/Londonderry and Lincoln/ Woodstock communities. He served as coach of flag football teams, basketball teams, & soccer teams. He served in coaching & leadership roles in the Derry Soccer Club, Southern New Hampshire Youth Soccer League, & the New Hampshire Soccer Association. He was even the East Derry Fire Commissioner before stepping down due to family commitments. He has also served as past Derry/Londonderry Chamber of Commerce & Derry Main Street Corporation president and in board roles. He was honored for his service to the community of Derry/Londonderry as he was named Citizen of the Year in 2016

In Lincoln/Woodstock, he was an active Rotarian & past president of the Linwood Rotary Club, & was an active skier & former part-time ski instructor at Loon Mountain. He also played a significant role in the formation & creation of The Bridge Project, a 501(c)3 charity in the Lincoln/Woodstock area that helps those in need find necessary resources to assist in their recoveries. The Bridge Project remains one of his favorite charities, and he hopes everyone can remember him by continuing to support their mission and development.

Bill was the founding member of the Law Offices of Parnell & McKay, & was integral in the merger of the firm now known as Parnell, Michels & McKay in Londonderry. He was an active & well-respected litigator, having served as past president of the NH Trial Lawyers Association.

Bill was never one to back down from a challenge, & through his efforts was able to grow the Derry/Londonderry community in many significant ways since moving to the area in 1979. He believed strongly in community involvement, & adored his time being able to coach and watch his three sons grow up and play sports in the NH area. He leaves a legacy of family, community involvement, & a passion for doing what he believed was right. We will all dearly miss his quick wit, sage advice, & his presence.

There will be a memorial service at SNHU in the Penmen Room from 4 - 8 p.m. on March 11. There will also be a celebration of life for friends and family at the Woodstock Inn & Brewery on March 12, in the function hall from 5 - 9 p.m.

In lieu of flowers, we kindly ask you to please make a donation to The Bridge Project (http://thebridgeprojectnh.org/). Donations can be mailed to: "The Bridge Project, P.O. Box 598, No. Woodstock, NH 03262).

Water

Continued from page 1 mended limit.

called PFAS are the water contaminates that are systems and in other U.S. communities. National Geographic has recently published scientific information on January 24th 2020 about the problem that is insightful on this accumulate in human topic. www.nationalgeographic.com/science/20- the moniker "the forever 20/01/pfas-contaminationsafe-drinking-waterstudy/

of more than 4,000 different chemicals that are in lots of products used biggest threats in drinking today and these chemi- water that people don't

more often. New research published this February by the non-profit Environ-The class of chemicals mental Working Group (EWG), shows PFAS is becoming more prevalent being found in NH well in tap water across NH as well as in other areas of the U.S.

PFAS (especially PFOS and PFOAs) used in commercial products also have long half-lives that organisms - earning PFAS chemical." David Andrews, a senior scientist at the EWG was PFAS is actually a class involved in a recent EWG science report says, "I think it's one of the cals are now being found have a complete under-

in human blood tests standing of, and it's been around for decades."

> The EPA has issued a health advisory for the two PFAS chemicals several years ago, saying that those chemicals shouldn't exceed 70 parts per trillion (ppt) in drinking supplies. The EWG however advises a much lower limit than the older EPA advisory, saying any sample that exceeds 1 ppt can be potentially harmful as based on studies of PFAS in rodents and humans. Arguments for stricter limits have also gained traction after the studies done by the Centers for Disease Control and Prevention (CDC) last year suggesting PFAS chemicals may endanger human health at far lower



LMS Library Honored Londonderry Mid-

dle School Librarians Jessica Payeur and Caitlin Bennett, pictured, recently had the honor of having their program named the 2020 Outstanding Library Program for their work at the library. The award was given by the New Hampshire School Library Media Association, after David nominated Palage them. Also sharing in the accolades were Kathy Batchelor, Larie Britting and Teri Mayer. They will be honored at the 27th Annual NH Excellence in Education Awards in June.

Photo by Chris Paul

- Over 30 years of service
- Family owned & operated
- 24/7 service, Low Rates
- Friendly driver's & staff
- service & package delivery • Fleet of SUV's, Sedans,

• Local transportation, airport

Limousines & Large Vans

- Bellmores Transportation -

603-421-9931 • www.Bellmorestransportation.com **Reservations@Bellmorestransportation.com**

binding limit.

In the absence of fedpeople from these congrowing local concern, states across the U.S. including NH have taken it upon themselves to limit the use of these chemicals.

Last July the State of NH adopted strict standards for PFAS chemicals in drinking water - via initial work from the state legislature's administrative rules committee.

At that time the state sharply lowered its proposed standards after criticism from long-time local NH based PFAS activists and after data was released showing how infants are exposed to PFAS through breast milk.

PFOA, 15 ppt for PFOS, 18 ppt for PFHxS and 11 ppt for PFNA. This 2019 legislation made New Hamprequire local water systems, landfills and waste-

levels than the EPA's non- water plants to routinely State of NH concerning test and treat for four the new laws regarding chemicals classified as the acceptable levels of eral actions to protect PFAS -PFOA, PFOS - as PFAS chemicals. well as PFHxS and PFNA taminants, and amidst which are related chemi- including 3M filed a court cals.

> ing different water supplies across the state over the past several years and has released data from the PFOA/PFOS Sampling Results for Public Water Systems in New Hampshire. Specifically, five on Nov. 26, 2019. The well systems in Londonderry were tested in 2016 and at least 1 system located at the Century Village Condos - tested out stricter PFAS standards at at 16 ppt for PFOA which exceeds the new stricter standards set by last year's legislation in NH that was to go into effect at the end of December.

However, results from 2016 Londonderry well NH limits were set at system water tests would PFOAs water contamina-12 parts per trillion for likely need retesting in tion law that will include light of the new standards. However, the NH standards and testing that will make it more difrequirements are now on ficult for those with speshire the first state to also hold as certain corpora- cial interests to impede tions and businesses have the spirit of the law. filed lawsuits against the

Large corporations case last November and NH DES has been test- Merrimack County Superior Court Judge Richard B. McNamara granted a preliminary iniunction against the required testing for PFOAs in landfills, wastewater treatment plants, and water systems injunction has temporarily stopped the state and NH DES from implementing and enforcing the new this time.

> The State of NH has appealed this court decision though the appeal will likely not be heard until late spring or summer. So the NH legislature is working on a new the strict standards and testing in legal language



Debra Paul, Publisher of the Londonderry Times will put her knowledge to work for you as a **Town Councilor!**

PAID FOR BY DEB PAUL

LMS Eighth Grade Teams Compete at Spirit Week Games







Eighth grade teams at the Londonderry Middle School competed for the last time in the schools annual Spirit Week games. The contests took place as the last event during Spirit Week, with each grade competing. Games included: a Pop the Balloon Race; Musical Hula Hoops; Tug-o-War; Log Roll race; Pie Eating Contest; and Dress Up Photo shoot.

Photos by Chris Paul











With all the talk of PFOA's Why not get your water tested?

Call Mainline Plumbing

- 603-548-7371



LONDONDERRY SPOR Lancer Hockey Comes Up Just Short on Playoff Spot

MATT TRITTO LONDONDERRY TIMES

he Hockey Squad's playoffs. winter season has came

with a 6-11-1 record. That 26, against their rivals of senior captain Mason record was unfortunately Londonderry good enough to make it High School Ice into the NHIAA Division I

Their first game of to and end last week, as their last week of play was they finished the year on Wednesday night, Feb.



Senior Sam Seibert digs the puck out of the corner against BG on Saturday. Photos by Chris Paul

104420 Ct Fandly annal (to over 12 parent We Service all Makes and Models CALL TO SCHEDULE YOUR APPOINTMENT TODAY! Or Make Your Service Appointment Online For An Additional \$5 Discount Betley Chevrolet **Betley Chevrolet** Certified Service Certified Service **Cleaning Special** N.H. State Inspection • Pressure Wash Exterior • Hand Wax • Clean Wheels & Tires • Clean Windows Complete N.H. state inspection. Includes emissions Only \$89.95 testing.Pass or fail. Passenger cars and light duty trucks only. Pricing could vary for some makes and models. Most vehicles. Expires 3/31/20 * Most Vehicles Expires 3/31/20 LT 5% Senior Citizens Discount Every Day! Every Time! * max discount \$30 www.Betley.com By-Pass 28 Derry, NH 03038 50 North Main Street 1-866-248-1717

Service Hours ♦ Mon.- Fri. 7 a.m. - 5 p.m. ♦ Sat. 7 a.m. - Noon

Pinkerton Academy. They Drouin found the back of lost a tough 4-1 game after the net 40 seconds into being up 1-0 headed into the final period, tying the final period.

The game started with some very physical play from both teams and the Lancer's had some close chances early into the game. It was a scoreless first period despite Londonderry giving the Astros a man advantage due to a penalty late in cially wrapped up their that period.

Brandon Savage gave the Lancers a one-goal advantage at the 3:01 minute mark in the second period when he tucked in an assist from their season with a win Zachary Rheault. The that would have landed Londonderry team continued to rifle shots at Pinkerton's goaltender, which gave them their window to score. At that the same way as the prepoint the Astros arena was shaking, due to the Londonderry fan section roaring with excitement being up 1-0 and having all the momentum. It turned into a shoving match at the end of the second period, with both getting teams more aggressive.

The Londonderry lead didn't last long in the third period, as the Astros

things up. The Astros then took a 2-1 lead a few minutes later with another Drouin goal. Pinkerton didn't stop there as they scored two more times, one on an empty net, before the final horn sounded.

The Lancer squad offiseason on Saturday afternoon, Feb. 29, at the Tri-Town Ice Arena against Bishop Guertin.

Unfortunately, the LHS team wasn't able to finish them in the playoffs, as vious one, with a scorenals despite a close start.



Senior Nicholas Pitarys fires at the BG goal.

they lost 4-2 to the Cardi- less first and a slim 1-0 LHS lead in the second. with family members for The game went much Freshman forward Drew their final game as Lon-Cameron struck first for donderry Lancers.

his Lancers in the second period off a Nicholas Pitarys assist.

That goal gave the Lancers a 1-0 lead heading into the final period of play. Lancer freshman forward Sam Neville scored the second, and last, Londonderry goal of the season, off a Samuel Seibert assist.

Things were looking good until the Cardinals scored four goals in the third period, resulted in the 4-2 win.

Before that game began, the LHS team honored its six senior players. Austin Cardosi, Kyle Hamilton, Nicholas Pitarys, Sam Seibert, Joey Stowell and Mike Ziv were all welcomed onto the ice

The Residences at MacGregor Cut - NEW CONSTRUCTION -1 and 2 Bedroom Apartment Homes for Lease Residences are finished with cherry cabinets, granite counter tops and stainless appliances, included a dishwasher, microwave, range, fridge and in unit washer/dryer. Also included is free access to: • Community Room • Swimming Pool • Fitness Center • Party Room PROPER Call 603-404-8096 or visit

www.aviseproperties.com/macgregor

Lancers Send One Wrestler to Compete For New England Title

MATT TRITTO LONDONDERRY TIMES

on Saturday, Feb. 29, four Lancer Champoinships Londonderry High School lane Regional Owls once Wrestling team at the again placed first with 237 NHIAA Meet of Champi- points, while Concord folons (MOC). The best lowed in second with 203, wrestlers in the state from Salem, third (160), and were Brandon Drake (132 Division I, II and III battled Pinkerton placed fifth lbs), Johnny McKinnon

High School for the rights donderry finished tenth ver the weekend, to represent New Hampshire in the New England

it out at Nashua South with 106 points and Lon- (152 lbs), Nicholas Walter with 59 points.

Although the team didnext n't have the success they wrestlers represented the weekend. The Timber- hoped for at the event, there was some individual Lancer success on the mats. The four Lancer wrestlers that competed



Senior LHS Wrestler Brandon DRake will compete at the New England Championships after placing second at the NH MOCs. Photo by Chris Paul



(182 lbs).

Senior Brandon Drake was the lone Lancer to make it to the Championship bout that afternoon, he competed for the first place title against Codey Wild of Timberlane was a hard fought bout, but Drake unfortunately lost a 16-0 technical fall at 5:01, giving him a second place finish. With that second place finish, it punched his ticket to the New England's Tournament on March 7 and 8 at Methuen High School in Massachusetts.

Despite the loss, Drake stayed positive as he thinks of what he can still accomplish. "It was a rough ending, but I'm still pretty happy with the outcome." He now has a chance to end his high school career a New England champ and prove people wrong which is what motivates him the most. "Whatever I'm seeded next weekend is going to motivate me, as long as I get higher. If they want to put me in a certain spot than I want to show them I'm better than that.' Drake added.

Drake moved up one position after the Division I third place finish. He had a pin in his first match over Joey Leblanc of Merrimack, a pin over Noah Dutkewych of White Mountains in the second bout, and pinned Matt Mustapha of Salem to get into the championship.

Two other Lancer (170 lbs), and Josh Bean wrestlers had top five fin- class, Kody Rasheed of ishes at the MOCs, and ending their season tops in the state.

170 lbs, senior Nicholas Walter competed against Pelham, Thomas John-Gy Gimaranzi of Concord ston of John Stark Regionfor third place. Unfortu- al and Sid Dhanaraj of Regional High School. It nately for Walter, he was Merrimack. pinned at the 5:58 minute mark, but was still able to Drake will wrap up his end the weekend with a wrestling season and his fourth place finish. On his high school career on way to his fourth place March 7 and 8 at the New finish, Walter had wins England Wrestling Touragainst Dylan Pelton of nament being held at Mascoma Valley and Matt Methuen High School in Breton of Salem High Massachusetts. School.

In the 182 lbs weight Concord pinned Londonderry's Josh Bean in 3:32, handing Bean a fourth In the weight class of place finish. Bean had victories over Nick Carroll of

As a top three finisher,

Athletes of the Week

Week of Feb. 24

Brandon Drake Senior, Wrestling

Brandon wrestled well at the Division I meet and MOCs. At DI's he placed third and was seeded fourth going into the MOCs. This weekend he pinned his way to the finals and beating a very talented wrestler from Salem. He took a second place finish at the MOCs and will compete at the New England Championships this weekend.

Ava Campbell Sophomore, Cheer

Sophomore Ava Campbell is a positive, resilient teammate who has worked her way back from an injury stronger than ever. She puts in additional work outside of practice in order to reach her goals, and has pushed herself to be able to compete her skills to help her team reach

Student Athletes supplied by LHS Athletic Office



LHS Girls Hoops Finish Season 10-8 Head to DI Playoffs

MATT TRITTO LONDONDERRY TIMES

Londonderry he Basketball ended their regular season last week by adding to the win column and will head into the NHIAA offense, exploded for 24 six-game winning streak.

The Lady Lancers started their final week of Tuesday, Feb. 25, on the Ashley Schmitt scored road against the Exeter Blue Hawks. The LHS squad got the job done on had two points. the road with a 63-55 win.

the first half, but momen- with what his girls were tum was all on the Lancer able to do. "The girls side of the court in the showed me something second half as Courtney tonight, they didn't have Shay scored the first 14 their best game but they points, giving the squad competed and got the life. Olivia Chou stepped win. That's a big confiup big late in the game dence boost, also we

score plus the foul for a fly and the executed so al harder team to face when three-point play to extend High Schools Girls their lead. Shay closed team out the game with four free-throws.

Shay who has been the team's main source of Division I playoffs on a points in this one, while Colleen Furlong poured in 11. Ashley Rourke had eight, Olivia Chou conthe regular season on tributed with seven, while six, Kaylaa Miles had three and Katie Sullivan

It was a close battle in $\ensuremath{\mbox{ Theos}}$ was $\ensuremath{\mbox{ impressed}}$

in all a positive game."

Londonderry then closed out their season on Friday, Feb. 28, which was also the team's senior night. They took time before the game to celebrate Courtney Shay, Katie Sullivan, Colleen Furlong, Ashley Doyle, Maura Buckley, and Kayla Miles.

They were able to defend their home court and hand Salem High School their seventh loss, Head coach Nick in a close 58-52 win. Shay and Colleen Furlong switched roles in the senior celebration game and Furlong wound up erupting for a season-high 25 points. Following behind her was Ashley Schmitt with 11, and Olivia Chou had seven points.

Furlong kept her team in the game, scoring nine of the 13 first guarter points, and then scored eight of the 16 second quarter points. It was still a close game in the second half, but the Lancer's defense was able to lift them through when both Furlong and Schmitt had key steals that turned into points which have them a double digit lead.

Coach Theos was pumped to see his girls play the way they did heading into playoffs. "We had a lot of girls contribute for us tonight. On defense and offense and on the boards the girls made plays, that's what we needed going into the playoffs." The whole squad had fun with it, and knows how dangerous they truly can be. "We even got our six senior Maura Buckley her first varsity experience tonight, it was a fun night all

Open Weekends olsoms 12 p.m. - 4 p.m. Now thru Early April Pure NH Maple Syrup & Maple Products Boiling Times on our website: www.folsomsugarhouse.com Chester, New Hampshire Find us on Facebook • Call us (603)370-0908

Junior Sarah Clegg goes fights for the hoop during

the last regular season game on Friday night.

Photos by Chris Paul

when she made an inside made a adjustment on the the way around. We are a we have everyone chipping in," Theos went on to say.

The Lady Lancers finished the season with a 10-8 record and the tenth seed in the playoffs. Their first game was scheduled against their rival Pinkerton Academy on Wednesday, March 4, at Pinkerton's Hackler Gym after the Londonderry Times went to print. Pinkerton finished at 12-6 and is the number seven seed. The winner of that contest will be facing the number two seed, Merrimack High School on Saturday, March 7, at Merrimack.

434-1444



Courtney Shay Heads to the hoop.



HOURS: Mon. – Fri. 8 A.M. to <u>6:30 P.M.</u> Sat. 8 a.m. to 6 p.m. • Sun. 8 a.m. to 4 p.m.

Londonderry Boys Hoops Team Suffer Two More Losses

MATT TRITTO LONDONDERRY TIMES

s the Division I season heads into it's Last week of play, the Londonderry High School Boys' Basketball team has seen far more lows than highs as they now hold a record of 4-12 after a home loss to an exceptional Exeter High School team.

The Lancer boys hosted the now 15-1 Blue Hawks on Tuesday night, Feb. 25, and Exeter showed why they're the three-pointer fell in before top seed with a 63-44 win.

The game started with visitors taking a quick 15-5 lead, but Londonderry gained life when Luke

Marsh assisted Wil Reyes for a lay up, and fired up the squad. Before the quarter ended Justin Hoggard threaded the needle with a pass in the paint to Luke Marsh, but Exeter still led 20-9 at the buzzer. Londonderry's offensive struggles continued in the second quarter as Exeter forced turnovers and conjumped out to a 29-11 lead. The Lancers however, couldn't get anything to fall until a Luke Marsh the half ended, giving the home squad some hope heading into the locker room, despite a 35-16 Blue Hawk lead.

It was a different story for Londonderry to start the second half as they came out with more intensity, and Wil Reves started things with a beautiful spin move lay up. The team had a better offensive flow and Marsh muscled his way for two with a strong take to the rim.

Despite the effort. tinued to hit shots, and Exeter still held a 20-point in the game with 12 points, lead with three minutes to play, but the Lancer's kept fighting, charging up the fans attending. Wil Reyes had back-to-back inside scores and then Alex Tsetsilas ended the third quarter with an coaster of a season for to-coast inside score. between their ups and for not giving up. I think their four senior players.

32, and Londonderry made it seem like a comeback was in the works.

Unfortunately Exeter was able to maintain their lead throughout the fourth quarter, even though the Lancers did everything in their power to try and win.

Luke Marsh led the way while Wil Reyes scored ten, Alex Tsetsilas had nine, and Mike Rosatano scored eight. Zach Fawcett, and Scott McEvoy scored two points each.

It has been one roller-

has continued to be con- and they fought they sistent for them is the pushed each other and I effort they bring each wish I had them all year game and head coach round." Stanton added. Nathan Stanton loves that. "I think it's because I will come to an end with have competitors, and two final home games. that's what winners do. I know things haven't gone our way, but I think winners don't give up. the Londonderry Times They're still competing went to print. Their final everyday, practices have been great they've been into it." He loves how hard they work and how they always continue to fight. "Great group of guys and I know they're frusincredibly athletic coast- the Londonderry squad, trated, I'm proud of them Night, where they honor

Exeter's lead was now 46- downs, and overtime the way they came out in games. The one thing that the second half was huge

> Londonderry's season They first hosted Goffstown High School (7-9) on Tuesday, March 3, after game of the season will be against Nashua North High School (12-4) on Friday night, March 6, with tip-off set for 7 p.m. The last game will also serve as the team's Senior

HS Quarterback Will Continue Football at College Level

MATT TRITTO LONDONDERRY TIMES

High ondonderry School's senior quarterback Jake McEachern will continue to play football next year at the collegiate level for Norwich University starting in the fall of 2020.

McEachern is coming off an incredible and unforgettable senior season as his Lancer team had an undefeated, 12-0 season, winning the State Championship over the Exeter Blue Hawks back in November at the University of New Hampshire.

McEachern has a



Jake McEachern

1,425 passing yards, 23 touchdown passes, three interceptions, and he completed 70 passes of his 109 attempts.

Along with that, McEachern had a quarterback rating of 135.8 his they want and that's what senior year, and did some damage with his running game. This past season he had 109 total carries for 818 yards, and ten rushing touchdowns, which gave him a total of 2,230 total yards.

His goal has always been to win, and that's what paved the way to the schools State Champi-

the opportunity to play College Football. "The goal from day one has been to win the championship. I know the guys that I work with work very hard to get what they did this year. Because they work so hard, I don't want to let them down so I work extra hard just for them," said McEachern.

As he prepares to graduate, and start the ly and academically, so what they have done for next chapter in his life, that's why he made the him and will continue to Jake took a look back at his final season and will cherish it forever. "We gram, and the school me whenever possible. I had a really successful itself is amazing." He will love them all so much and year, the seniors and I be studying engineering am very appreciative for went out doing exactly what we wanted to wich a championship like me," McEachern finished accomplish and that's to he did with his London- up saying. become undefeated state derry Lancers. "Really

career varsity total of onship his final year and champs. They're a great looking forward to playgroup of guys to be ing at Norwich. I felt like it around, and I'm going to was the perfect fit for me miss playing with them." He has now passed the torch to his younger brother and hopes to see have been possible if it him follow in his footsteps. "My brother Dylan and encouragement he is next in line, so I wish him and the rest of the his career. "My teamteam good luck next sea- mates, my friends, family son." McEachern added.

> seemed like the perfect fit ups and downs." He will for McEachern athletical- forever be grateful for decision to commit there. make them proud. "They "I love the football prowhile trying to bring Nor-

as a player and as a student," said McEachern.

None of this would wasn't for all the support has received throughout and coaches have always Norwich University been there for me through all believe in me and help what they have done for

IS THIS YOUP 1. Saving for Retirement 2. Investing into a Traditional 401(K) or IRA If so, you may lose your social security benefits. **IS YOUR INCOME AT RISK?** THE TRUTH....IT'S FEDERAL LAW. Call Craig Cheney at 1-800-785-0955

Or visit Jesterfinancial.com/knowthetruth Or email craig@jesterfinancial.com



Always Accepting New Patients

77 Gilcreast Road, Unit 1004, Londonderry 603-434-8800 • Londonderrydentist.com ebrightsmartdental@gmail.com

LONDONDERRY TIMES • MARCH 5, 2020

letters **Continued from page 5**

your cost of living. The effects on our economy would be \$1.5B the first Tuesday. three years, \$10.0B over ten years. A rebate program for certain income classes would require hiradditional ing state employees to administer the program through a complicated system. Besides being very costly and stunting the NH growth, the intended results don't occur.

Experience shows us that travel (cars, trucks, airplanes, etc.), does not significantly decrease with an increase in the all departments meeting price of fuels because and has served on the they are relatively inelas- Heritage tic to price increases. People still need to drive, trucks still need to operate, goods still need to be She has also helped with manufactured shipped, etc. Also, consider that the US produces only about 15% of the Common, The Upper the world's CO2. The sav- Room, Care givers, and ings from NH would be Sonshine Soup Kitchen insignificant. More impor- just to name a few. She is tantly, Europe has had a also active on the YMCA carbon tax for years, hav- board in Londonderry. ing a much larger share of Deb has a very good the world's CO2, and the understanding of where atmospheric temperature we are as town, and what has not significantly needs to be done. decreased. The tax has, however. increased the govern- and faster, and step outments' coffers.

Other and efforts are being done to get to where we want to A carbon doesn't be. seem to be one of them. Please consider this on

Doug Thomas State Representative Science, Technology and Energy Committee

I'm with Deb

To the editor

I am voting for Deb Paul for Town Council and here's why. Deb has been involved with all facets of town government since she moved to Londonderry. She regularly attends Committee. Charter Commission, Master Plan and Master Plan Steering Committee. and many local groups including the Salvation Army, Blues Fest, Concerts on

She has great ideas on greatly how to do things better side the "we've always

better done it that way" mentality. She is honest, fair, willing to discuss new ideas and loves this town. We need to do things better, be more efficient and be 100% transparent in all facets of government.

> I urge you to contact her and find out what she stands for and her ideas. We need Deb on Londonderry's town council!!

Cris Navarro Londonderry

Vote for Deb Paul

To the editor

Town government is the form that often has the largest impact on our everyday lives. It directly affects the local society and the environment in which we live. One of the key aspects of good government is openness and transparency so that we know what goes on and also how and why decisions are made. Another key factor is the regular introduction of new and qualified representation so that our representatives do not become too set in their ways. This year we have a candidate for one of the two open seats on Town Council who is admirably suited to provide both these attributes.

As editor and publisher of our local newspaper, Deb Paul has made a career of facilitating upcoming election. Let us openness and transparen- introduce one new mem-

CV in government. Through her career choice she has become familiar with the manner in which our local government operates and the constraints upon it. It is rare to find a candidate with that degree of exposure to government operations who is not already a part of that same government and thus of the status quo.

Deb is clearly extremely well qualified on both these counts.

Then there is the consideration whether her views match well with your own.

Any candidate will tend to express those opinions that they figure will sit well with those about to vote for them. Those opinions may change once elected and that is one factor that works in favor of an incumbent and against a newcomer. In Deb's case we have far better insight into what she really thinks. Her opinions have been in public view for many years through her editorials and the manner in which she has presented the news, as reported by the Londonderry Times. We do not need to worry if the candidate is expressing their genuine opinion - we already know Deb's.

I would urge you to vote for Deb in the ber to the Council this fault. year when we have such a well-qualified one available.

David Ellis Londonderry

Why Vote for Deb Paul for Town Council

To the editor,

My wife and I moved to town in 1972 to enjoy a wonderful quality of life because it was great place to raise children and for it 's location. Since then the town has seen many changes some not so good. And that is why it is imperative that we have people we can trust and who care about the town in office. That is why we need Deb Paul.

meetings you can rest assured that she has done and will do her homework and look at every aspect names as I tell everyone I of it. She is always looking for what is best for all the people in town and rest assured she will always listen to what to your was discovered early and ideas, concerns and issues she truly cares about improving daily. Thank what you have to say.

Let me list the reasons why Deb:

Londonderry and its people.

evolved in many town finest equipment to help organizations and is giving of herself and her time to make things better for others.

She has never been afraid to speak her mind at public meetings

She is honest to a

She has a strong moral compose with integrity.

Theses characters listed above just scratch the surfers of the depth of her charter.

That is why we will be voting for Deb Paul and we ask you do the same. Shirley & Ray Breslin

Londonderry

Rochester County Meals-on-Wheels

To the editor,

I don't like picking one name out of my Meals-on-Wheels deliverers; they're all wonderful and I'm fond of them all. But I must say that "Ilona" deserves an honorable mention for recognizing my small When Deb attends signs of a stroke and admittance to Parkland Hospital.

> I do not mention meet but I do tell how marvelous your service of MoWs is.

> The stroke presence halted I have been you for putting me on my feet again.

I'm proud of the emer-She loves the town of gency care of Londonderry Ambulance & Fire service, and of Parkland's staff She has been in with availability of the people.

I live in a great community!

Gratefully, Shirley Visnor,

Londonderry

Great Rates, Great Coverage and Local Service!







Visit our website for more information applewoodkitchen.net 603-437-3739 Open Tuesday - Friday 10-5 p.m.



Around Town Policy: This section is meant to be used to announce free events to the communities. If your group or non-profit is receiving money for what they are publicizing, there will be a charge of \$40.00/week per paper. All Around Town/Calendar Items will be held to 100 words maximum; anything over will incur a charge of \$40.00/week for up to another 50 words. All free announcements in the Around Town/Calendar section can run a maximum of 3 weeks. Deadline for submissions is Monday at 5 p.m.

: We will run the full versions of any calendar items online free of charge at www.nutpub.net. Please send items to londonderrytimes@nutpub.net.

Voter Information

PAGE 16

The Supervisors of the Voter Checklist will meet at the Town Clerk's Office to correct the checklist and register voters on: March 24, at 6 - 7:30 p.m. To register to vote, one must provide: Proof of Londonderry residency Proof of citizenship (passport, birth certificate, naturalization papers) Proof of age, and Photo ID. Applicants for registration who possess proof of identity, age, citizenship, and domicile should bring that proof when they come to register. Qualified applicants who do not possess proof or who do not bring proof with them may register if they sign an affidavit attesting to their qualifications for identity, age, domicile and citizenship. For more information contact: Kristin Grages, Chair, Supervisors of the Checklist 603-432-1100, ext 198.

Renew

Renew will be open Saturday, March 14, from 8 -10:30 a.m. at Calvary Bible Church145 Hampstead Rd., Derry. Arrive by 10 a.m. Renew will also be open every Thursday 9 - 11:30 a.m., please arrive by 11am. Now open second Wednesday every month 6:30pm-8pm. NH residents only. Renew offers free, gentlyused apparel. Each household is limited to 15 of the newest items, plus a reasonable number of older items. Enter at the church marquee sign. Donations of good condition, modern clothing may be placed in the donations bin by the door at any time. No donations of money are asked or accepted. For details, search for "Renew Derry" on Facebook, email renewcalvary@gmail.com or call the church secretary at 434-1516.

Legion Meeting

American Legion Post 27 will hold its Monthly Gener- and have fun? Free Basic

7:30 p.m. at 6 Sargent Rd, Londonderry. Executive Board elections will be held for the 2020-2021 officers. All members are welcome to attend.

Karaoke Night

A Karaoke with DJ Sharon will be held by American Legion Post 27 on March 13, starting at 7 p.m., at 6 Sargent Rd, Londonderry. Non-members interested in joining Post 27 are welcome to attend.

VA BINGO

On March 23 Post 27 will be playing bingo with patients at the VA Hospital in Manchester from 7 - 8:30 p.m. We'll be serving pizza and diet soda as well as providing prize money.

Guess It Jar

The Leach Library Children's Room will be offering a Guess It Jar beginning at 9 a.m. on Monday, March 2 and ending at 8 p.m. on Tuesday, March 31. Stop by the Children's Room desk to guess how many erasers you think are in the jar. The closest guess, under or over, will win a great prize!

Republican Meeting

Londonderry The Republican group will meet on Thursday, March 19, from 7 - 9 p.m. Help us make plans for an impactful 2020 election cycle Be an outcome influencer. We meet in a classroom at Victory Baptist Church, 78 Litchfield Rd., Londonderry.

Watch Me Grow!

On March 24, from 6:30 -8:30 p.m. Learn how to assess child development and know when there is a need for further resources and where to turn in your community, at the Upper Room, 36 Tsienneto, Rd., Derry.

On My Own Teen Series

Want to build new skills

al Meeting on March 9 at Sewing Survival Wednesdays March 11, 18 and 25 from 2:30 - 4 p.m. at the Upper Room, 36 Tsienneto, Rd., Derry.

Teen Talk

You are not alone group Teen Talk (TT) for ages 13-18 yrs. - Free Tuesdays from 3 - 4 p.m. at the Upper Room, 36 Tsienneto, Rd., Derry.

Stone Walls

Discovering New England Stone Walls Amoskeag Mills Questers hosts NH Humanities Kevin Gardner presenting a program on the history, construction, and styles of the thousands of miles of NE stone walls. This event will be on Wednesday March 6, at 10 a.m., at the Marion Gerrish Community Center Derry. Free and open to the public. For additional information contact Meredith Hatch 603-434-8673.

Gorgeous Gardens of New England

Thursday, March 12 at 7 p.m., the Leach Library will offer Ms. Joanne Pearson's presentation "Gorgeous Gardens of New England". Joanne Pearson is a landscape architect turned professional photographer. She lectures on photography and gardens, and seeks to inspire and engage through her presentations. This program is sponsored by the Friends of the Londonderry Leach Library. The event is free and open to the public with seating limited to the first 90 individuals. It will be held in the library's lowerlevel meeting room. Light refreshments will be served.

Library Movie

Come to the Leach Library on Thursday, March 19 from 3:15 - 5 p.m. for our young adult movie Nancy Drew and the Hidden Staircase. Participants in grades 6 - 12 will enjoy the movie, along with popcorn and beverages. In addition, at

be a raffle for fun door prizes. No registration is required.

Take and Make

Starting at 9 a.m. on Monday, March 2 and ending at 8 p.m. on Tuesday, March 31, participants in grades 6 - 12 are invited to pick up supplies to create their own Origami Animal bookmark. Craft supplies are located at the Leach Library circulation desk.

Flume and Isinglass Voting

Starting at 9 a.m. on Monday, March 2 and ending at 8 p.m. on Tuesday, March 31, participants in grades 6 - 12 are invited to the Leach Library to vote for their favorite Flume or Isinglass nominated title. Flume Award titles are books nominated by New Hampshire high school readers. Isinglass Award titles are books nominated by New Hampshire middle school readers. Voting slips are located on the drum table in the young adult area. Participants may vote for more than one book. For each voting slip handed in, participants will be entered into a random drawing for a chance to win a Barnes & Noble gift certificate!

Dinosaurs Visit

How Do Dinosaurs Visit the Library? Come to the Leach Library on Monday, March 9 from 4 - 5 p.m. for a special visit with Dinosaur from the How Do Dinosaurs series. Hear stories about how Dinosaur does things, including visit the library, and learn to march like a dinosaur. There will be plenty of time for a hug and a picture with Dinosaur! At the end of the program, each participant will receive a special hugging pterodactyl! This program is open to 90 participants of all ages and advance registration is required. This program is being sponsored by the Friends of the Londonderry Leach Library. To register, stop by the Children's Room or call 432-1127 beginning at 9 a.m. on Monday, March 2.

Craft Time

Come to the Leach Library on Wednesdays from 9:30 - 10:15 a.m. to explore their creative side. Each week, participants will discover a different fun craft to make using a variety of materials. Advance registration is required. Meeting

this special event, there will dates are: March 18, and 25, April 1, and 8.

Delve into Knowledge

Stop by the Leach Library Children's Room desk to answer our special trivia challenge question. If you are not sure of the answer, use one of our books or the Internet to help you. All answers will be entered into a drawing for a chance to win a cool prize. A new trivia challenge will be available each week starting at 9 a.m. on March 9, 16, 23, and 30, and will be available until 5 p.m. on Saturday each week.

Spring Fling Book Bingo

Come to the Leach Library on Monday, March 23 from 4 - 5 p.m. and play a fun picture version of the popular game. All participants will win and have a chance to choose books from our special selection tables. This exciting program is open to 90 participants of all ages and advance registration is required. To register, stop by the Children's Room or call 432-1127 beginning at 9 a.m. on Monday, March 16.

Magnificent Monster Circus Puppet Show

Join CactusHead Puppets at the Leach Library on Monday, April 6 from 4 - 5 p.m. for their fun and interactive show, Magnificent Monster Circus. Meet Max, the Monsters' Caretaker, and many friendly monsters with their amazing tricks of daring-do! Step right up and enjoy the thrills of Clarissa the Crested Cannon, the chills of Eustace the Uni-Browed, make friends with the Fiery Fang Worm, and much more. This entertaining program is open to 90 participants of all ages, and advance registration is required. To register, stop by the Children's Room or call 432-1127 beginning at 9 a.m. on Monday, March 30.

Exchange Students Program

Exchange students program of academic exchange "Pax" is currently seeking families to host for the 2020-2021 school year. There are students coming in from over 60 different countries both male and female ages 15-18 the students come with good English skills own spending money/medical insurance. Families would provide a bed for the student to

sleep in, place to study, share meals together occasional rides to and from after school activities once the student make friends carpooling is wonderful. For more information on program Contact the linda_coffey@hotmail.com or go to pax.org.

Spring Dance

The Londonderry Lions will be having a Spring Dance on April 25, featuring Bobby and the Sharptones, from 7 - 11 p.m. For ticket purchases or info contact Jerry at (603) 434-5307 or your favorite lion.

Select This Year's **Great Stone Face Award Winner**

The New Hampshire Great Stone Face Award nominees are books selected by librarians for children in grades 4-6. Beginning in Feb. and ending at 5 p.m. on Saturday, April 4, for every book read from the list of nominated titles, participants receive one raffle ticket. All the raffle tickets will be entered into a random drawing for a chance to win a great prize. Voting on your favorite book from the list starts on Monday, April 6 at 9 a.m. and ends at 5 p.m. on Saturday, April 11. The raffle is open to all participants in grades 4-6. Stop by the Leach Library Children's Room desk to pick up a list of the nominated books and help us choose this year's winner.

Teen Talk

An after-school group for teens ages 13-18 years old to talk, connect, relate and support each other on on Tuesdays from 3 - 4 p.m., at the Upper Room in Derry. Drop-ins are welcome! For more information, call 437-8477 ext. 29

Teen Information for Parenting Success

This series is open up to age 23, on Wednesdays from 5 - 7 p.m., at the Upper Room in Derry get inschool support, workshops, baby/ toddler supplies, resources and a place to talk, share and learn call 437-8477 ext. 12.

Romping Reads

Open to participants of all ages. Each week, participants will have a romping good time with songs, interactive stories, and a game. Move and groove

LONDONDERRY TIMES • MARCH 5, 2020

Around Town **Continued from page 16**

with friends old and new on Wednesdays from 4:15 -4:45 p.m. Meeting dates are: March 18, and 25, April 1. and 8.

Toddler Time

Open to children ages 2 & 3. Children attend with

their parents and enjoy a fun half-hour of thematic stories, games, songs, and a simple craft. Meets on Thursdays, 9:30 - 10 a.m. Meeting dates are: March 19, and 26, April 2, and 9.

Transitions Support

The Upper Room offers Transitions support for young adults ages 18-25. Learn how to manage the

"overwhelming" in а healthy way for you. We offer workshops, and 1:1 support, groups. For an appointment, call (603) 437-8477 ext. 24.

Evolve!

A group for young woman ages 13 to 18 to talk about today's challenges meets every Wednesday from 5:30 - 6:30 p.m. at the

weekly group. To register, Call 437-8477 to register ext. 16.

Create a Craft

At the start of each week, the Leach library will provide supplies for a new, creative craft and place them in the box on the spotlight shelf for patrons

Upper Room, 36 Tsienneto, to create. A new craft may Rd. Derry. This is a free be picked up each week starting at 9 a.m. on Monday, March 9, 16, 23, and 30, and will be available until 5 p.m. each Saturday.

TIPS

The Upper Room holds TIPS (Teen Information for Parenting Success) a Support Program for young parents up to age 23. Every

Wednesday from 5 - 7 p.m., at 36 Tsienneto, Rd. Derry. Get in-school support, workshops, baby/toddler supplies, resources and a place to talk share and learn.

Lamplighters

A womans group with the goal of helping less fortunate woman and people

Continued on page 19



Classified Advertising

READERS ARE CAUTIONED that we occasionally run ads that require an initial investment or money in advance. We urge our readers to "**do their homework**" before responding to any ad, check out the advertiser thoroughly and verify their claims to your total satisfaction. Only then should you proceed at your own risk. We try to screen ads that require you to send money before receiving a product or service. But these efforts are no substitute for your own investigation, and we don't endorse or guarantee any claims made in any of the ads we publish. If you want more information about claims made in ads on subjects such as work at home opportunities, travel or vacation specials, purchasing land or vehicles from government surplus or below wholesale, loans or other credit opportunities (including credit repair), or weight loss and other health products and services, we urge you to contact the Office of Attorney General, Consumer Protection Bureau, 33 Capitol Street, Concord, NH 03301 (603-271-3641) or the Better Business Bureau at 603-224-1991. Publisher is not responsible for any loss of business if an ad does not run, and we reserve the right to revoke any ad if deemed necessary. No refunds will be given for prepaid ads.

Local Classifieds

LOCAL LISTINGS FOR LOCAL READERS

CLEANING SERVICE House cleaning - Expert, references and fully insured Call - text Elias & Elizabeth (603)247-0152

ELECTRICIAN

FIREWOODGUY.COM Dry seasoned ELECTRICAL WIRING. Insured cordwood, KD certified/pest free, Master Electrician. Fair prices, Fast Partial cords. U-pickup or delivered response, and Free estimates. and stacked. 437-0940. BBBA+, Dana at 759-9876.

National/Regional Listings

Find Ads From Around New England and Across the Country

AUTOS WANTED

Cars/Trucks Wanted!!! All Makes/Models 2002-2018! Any Condition. Running or Not. Top \$\$\$ Paid! Free Towing! We're Nationwide! Call Now: 1-888-985-1806.

Cars/Trucks Wanted!!! All Makes/Models 2000-2019! Any Condition. Running or Not. Top \$\$\$ Free Towing! We're Nation-Paid! wide! Call Now: 1-888-513-1505.

FOR RENT

Warm Weather Is Year Round In Aruba. The water is safe, and the dining is fantastic. Walk out to the beach. 3-Bedroom weeks available. Sleeps 8. Email: carolaction@aol.com for more information

HEALTH & FITNESS Do You Have Chronic Knee Or Back

Pain? If you have insurance, you may qualify for the perfect brace at little to no cost. Get yours today! Call 1-800-217-0504

Oxygen-Anytime. Anywhere. No tanks to refill. No deliveries. Only 2.8 pounds! FAA approved! Free info kit: Call 1-855-917-4693.

Generic Viagra and Cialis! 100 Pills \$99.00 Free Shipping! 100% guaranteed. 24/7 Call Now! 888-889-5515

MISCELLANEOUS A Place For Mom. The nation's largest senior living referral service. Contact our trusted, local experts

today! Our service is Free/no obligation. Call 1-855-799-4127

FIREWOOD

Applying For Social Security Disabilor appealing a denied claim? Call Bill Gordon & Assoc., Social Security Disability Attorneys! Free Consultations. Local Attorneys Nationwide 1-866-945-2549! Mail: 2420 N. St. Washington DC. Office: Broward Co. FL (TX/NM Bar).

Dealing With Water Damage requires immediate action. Local professionthat respond immediately. als Nationwide and 24/7. No Mold Calls 1-800-506-3367.

DISH TV - \$59.99 For 190 Channels \$14.95 High Speed Internet. Free installation. Smart HD DVR Included Free Voice Remote. Some restrictions apply. Call 1-877-925-7371.

National/Regional Listings

Find Ads From Around New England and Across the Country

Inventors-Free Information Package Have your product idea developed affordably by the Research & Development pros and presented to manufacturers. Call 1-855-380-5976 for a Free Idea Starter Guide. Submit your idea for a free consultation.

Life Alert. 24/7. One press of a button sends help Fast! Medical, Fire, Burglar. Even if you can't reach a phone! Free brochure. Call 800-457-1917.

Mobilehelp, America's Premier Mobile Medical Alert System Whether you're Home or Away. For Safety and Peace of Mind. No Long Term Contracts! Free Brochure! Call Today! 1-844-892-1017.

Stay In Your Home longer with an American Standard Walk-In Bathtub. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-866-945-3783.

Stop Struggling On The Stairs. Give your life a lift with an Acorn Stairlift! Call now for \$250. Off your stairlift purchase and Free DVD & brochure! . 1-844-325-8610.

Earthlink High Speed Internet. As Low As \$14.95/month (for the first 3) months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-855-520-7938

Applying for Social Security Disability or Appealing a Denied Claim? Call Bill Gordon & Assoc., Social Securi-Disability Attorneys, 1-855-498-6323! Free Consultations. Local Attorneys Nationwide [Mail: 2420 N St NW. Washington DC. Office: Broward Co. FL (TX/NM Bar.)].

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920 Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production. Promotion and Distribution Call for Your Free Author's Guide 1-877-626-2213.

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 888-609-2189.

Dental Insurance from Physicians Mutual Insurance Company. Not just a discount plan, Real coverage for [350] procedures. Call 1-877-308-2834 for details www.dental50plus.com/cadnet 6118-0219.

Attention all Homeowners in jeop ardy of Foreclosure? We can help stop your home from foreclosure. The Foreclosure Defense helpline can help save your home. The Call is absolutely free. 1-855-516-6641.

Eliminate gutter cleaning forever LeafFilter, the most advanced debrisblocking autter protection. Schedule a Free LeafFilter estimate today. 15% off and 0% financing for those who qualify. Plus Senior & Military Discounts. Call 1-855-402-0373.

Stay in your home longer with an American Standard Walk-In Bathtub Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-855-481-3969 or visit www.walkintubquote.com/national.

Stop Struggling On The Stairs Give your life a lift with an Acorn

Stairlift! Call now for \$250 Off your stairlift purchase and Free DVD & brochure! 1-866-471-1334.

HughesNet Satellite Internet 25mbps starting at \$49.99/mo! Get More Data Free Off-Peak Data. Fast download speeds. WiFi built in! Free Standard Installation for lease customers! Limited Time, Call 1-855-973-9254

Hear Again! Try our hearing aid for just \$75 down and \$50 per month! Call 800-426-4212 and mention 88272 for a risk free trial! Free Shippina!

Cross country Moving, Long distance Moving Company, out of state move \$799 Long Distance Movers. Get Free quote on your Long distance move. 1-844-452-1706.

Call Empire Today® to schedule a Free in-home estimate on Carpeting & Flooring. Call Today! 1-855-404 2366

Get NFL Sunday Ticket Free w/ DIRECTV Choice All-Included Package. \$59.99/month for 12 months. 185 Channels Plus Thousands of Shows/Movies On Demand. Free Genie HD DVR Upgrade. Call 1-855-781-1565

satellitedealnow.com/cadnet.

DISH Network \$59.99 For 190 Channels! Add High Speed Internet for ONLY \$19.95/month. Call Today for \$100 Gift Card! Best Value & Technology. Free Installation. Call 1-855-837-9146.

WANTED TO BUY

Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver, Co. 80201

Londonderry Police Log Selections from the Londonderry Police Logs

Monday - Feb. 24

10:12 a.m. Services rendered for Suspicious Activity on Isabella Drive. 1:09 p.m. Juvenile Offensinvestigated on Berlang Road.

6 p.m. Sex Offenses investigated at Manchester Boston Regional Airport. 6:49 p.m. Larceny/Forgery/Fraud investigated on Old Nashua Road.

8:05 p.m. Warrant served and arrest made on Old Candia Road. Michael Drake, 30, of Candia charged with Criminal Mischief.

8:17 p.m. Services rendered for Trespassing on Hancock Drive.

Tuesday - Feb. 25 9:39 a.m. Sex Offenses investigated on Adams Road.

10:12 a.m. Stolen Motor Regional Airport. Vehicle recovered at Manchester Boston Regional investigated by six offi-Airport.

12:29 p.m. Suspicious Activity investigated on Olde Country Village Road.

1:54 p.m. Welfare Check performed by three officers at MacGregor Cut 8:46 p.m. Domestic Dis-Apartments on Stonehenge Road.

2:01 p.m. Criminal Threatening investigated on Kendall Pond Road. **7:50 p.m.** Suspicious activity investigated on

Chapparel Drive. Wednesday - Feb. 26 9:41 a.m. Drug Offenses South Road. Services Rendered on 12:49 p.m. Services ren-Royal Lane.

12:20 p.m. Medical Emergency investigated at Manchester Boston

1:03 p.m. Structure Fire cers on Preserve Drive.

3:41 p.m. Services rendered for Criminal Threatening on Jay Drive.

6:27 p.m. Domestic Disturbance reported on Mohawk Drive.

turbance reported on Judy Drive

Thursday - Feb. 27 10:25 a.m. Larceny/Forgery/Fraud investigated on Sandstone Circle.

10:57 a.m. Criminal Mischief investigated at New Construction Site on

dered for Suspicious Activity on Bartley Hill Road

Continued on page 19



Ad will run in Three Newspapers and Reach Homes in Londonderry, Derry, Chester, Hampstead, and Sandown!

Deadline for placing ads is Monday at 3 p.m. for that week's publication.

> **ALL ADS MUST BE PRE-PAID** \$15 MINIMUM CHARGE

Minimum charge does not include bold type.

e-mail text to:

classifieds@nutpub.net

Call: 537-2760

PAGE 19

OHRV **Continued from page 1**

or side by sides are off-road vehicles that can seat between 2 and 4+ people and they're designed for rougher terrain, hauling, and workhorse tasks.

OHRV users should only ride on trails that are clearly marked with signage and are designated for the type of OHRV vehicles they are operating, or they should be on land where they have received written landowner permission to ride. Contact the N.H. Bureau of Trails. the Londonderry Conservation Commission or a local club for more information.

with and OHRV or you have obtained permission for riding on a specific piece of land, you are in violation of the law. All land - whether public or private, requires landowner permission. Over 80% of the snowmobile and other trail systems are on private property in NH. It is requested by the community that all OHRV users please respect the wishes of local landowners and stay only on designated authorized trails.

Also note that OHRV operation is prohibited on state-owned or leased land for these vehicles during mud season - from the end of the snowmobile season (loss of consistent Unless you are on an snow cover) to May 23 approved trail system every year. Residents

should contact local clubs for specific seasonal opening and closing dates. Find local clubs at nhtrails.org.

When a person breaks the OHRV related law, they may be summoned to appear in court or get a ticket. Most laws are violation-level offenses and can carry a penalty of up to \$1,000 in fines. However, there are NH statutes that set criminal misdemeanors, which are punishable by higher fines and/or one year in jail. Misdemeanors include refusing to stop for a police officer, unauthorized use (stealing), removing or defacing signs, and a second offense for operating on railroad tracks, cemeteries or airports or for offenses for operating

Some offenses carry a requirement to attend a Responsible Rider Safety course.

Any offense that occurs within a public right-of-way can be considered a motor vehicle offense and motor vehicle laws may apply. These may impact a person's driver's license privileges. If an OHRV or snowmobile is involved in an offense. the registered owner may be held liable, and the registration may be revoked.

When a person under 16 years old breaks the law, the officer can have the vehicle towed and impounded for up to 24 hours. A summons may also be issued. If an adult

Sundays at 6 - 7:30 p.m. Our mission is to promote healing in the grieving process for those who have lost a loved one through the unique circumstances and chaos of addiction; through education, encouraging support and compassion.Facilitated by: Gamache, Julia Gamache, & Jerry Goncal, Journeyofhopenh@gmail.com

Greater Manchester Lyme Disease Support

Hosted by David Hunter this group meets on the third Wednesday of every month at 6:30 p.m. at the: Bedford Presbyterian Church 4 Church Rd., Bedford. For more information call 660-3425 or email dhunter31@gmail.com

while under the influence of has knowledge that a exceed 96 decibels. Snowillegally, the adult may be liable for the actions of the child.

> OHRVs are a primary cause of complaints from landowners and other trail users. All operators are encouraged to ride quiet vehicles. It is illegal to modify an exhaust system in any way that increases the noise level from that of the original muffler. Snowmobile noise levels must comply with the manufacturer specifications as contained in the requirements of the Snowmobile remove, destroy, deface or Safety and Certification Committee approval. Trail bikes and ATVs cannot emit noise levels that law is a misdemeanor.

drugs and/ or alcohol. child under the age of 16 mobile and OHRV operawas operating the vehicle tors must submit to a sound level test when requested to do so by a law enforcement officer. Loud snowmobiles and All motorized OHRVs (including trail bikes) operating in woodlands that emit exhaust within 4 feet of the ground, must be equipped with a spark arrestor.

Signs and trail markers are established for public safety. A great deal of time and money is spent to erect these signs to improve your riding experience. Please pay attention to them. It is illegal to obstruct signs and markers on trails or on private property. Violation of this

early education program Around Tow

Continued from page 16

in New Hampshire meets the fourth Thursday of the month at 7 p.m. at Londonderry Presbyterian Church at 128 Pillsbury Rd., Londonderry. If you have any questions please call 781-866-9976

Child Find Program

Free Community Child Find Program for all Londonderry residents ages two 1/2 - five years, 11 months (5.11) Of Age, who are suspected of having vision or hearing problems or developmental concerns. Child Find will be held at the Londonderry

(L.E.P.) Moose Hill School - 150 Pillsbury Rd., on April 2. We encourage parents of preschoolers to set up an appointment if they have any concerns. For more information, or to schedule appointment. an call: Kathy Kelley 437-5855, Ext. 7223, between 9 a.m. - 3 p.m. No Child Will Be Seen Without An Appointment. For children birth to 2.5 years old, please contact Beth Warner at The Moore Center 603-206-2732 or Lynne Thomas at Easter Seals 603.666.5982 Ext. 34. Both providers are connected with family centered early supports & services.

Women's Writing Group

Thursdays of every month at the Derry public Library at 6:30 p.m. **UR Parents** A weekly Resource group for parents, grand-

Derry Women's Cre-

ative writing group meets

the second and fourth

parents and caregivers raising teens meets every Thursday, from 6:30 - 7:30 p.m. at the Upper Room, 36 Tsienneto, Rd., Derry. This is a free weekly group. Drop ins welcome.

Jouurney of Hope

Healing through grief and loss due to addiction. Londonderry Senior Center 535 Mammoth Rd., Londonderry. We offer the group on the second and fourth

lost someone? A child, a parent, a sibling or a friend? It can be a painful journey but you don't have to walk it alone anymore. Just come "Walk With Me". Meetings are the 2nd and Jim 4th Tuesdays of the month at 7 p.m., at the Londonderry Presbyterian Church, 128 Pillsbury Rd., London-

Walk with Me

Are you losing or have

derry. If you have any questions please call 781-866-9976.

Bingo

The Londonderry Senior Center at 535 Mammoth Road in Londonderry, has Bingo every Tuesday. Wednesday and Thursday from 12 p.m. to 2 p.m. all

seniors over 55 are welcome, come and enjoy the fun. Cash prizes, small fee per card. If you want more information call Senior Center at 432-8554.

Walking Together

A support group for widows and widowers meets every 1st and 3rd Tuesday of the month at 7 p.m., at the Manse at Londonderry Presbyterian Church, 128 Pillsbury Rd., Londonderry. When we meet, we walk together our journey of grief. No need to do it alone. If you have any questions, please call 781-866-9976.

Police Log **Continued from page 18**

Peace on Woodcrest Drive.

8:39 p.m. Services rendered for Wires Down on Physical Contact); and Griffin Road at Jersey Street.

Friday - Feb. 28 4:54 a.m. Suspicious Activity investigated at Manchester Regional Airport.

5:44 a.m. Suspicious Activity investigated at Manchester Boston Regional Airport.

dered for Wires Down on tigated on Sunset Drive. Wiley Hill Road.

results in Arrest made on shoe Lane. Fieldstone Drive. Four offi-6:59 p.m. Keeping the cers charge Gretchen Berthiaume, 49, of Londonderry Domestic Violence (Simple Assault; Possession of a Controlled Drug (Schedule 1-4). 8:56 p.m. Warrant served and arrest made on Tolles Street, Nashua. Katie Ann

Boston Kelley, 34, of Nashua charged with Willful Concealment (Theft); Willful Concealment; and Theft by Unauthorized Taking (\$0-\$1,000). 12:38 p.m. Services ren- 9:57 p.m. Overdose inves-

10:17 p.m. Disturbance The Coach Stop.

7:43 p.m. Welfare Check investigated on Horse-

11:39 p.m. Weapons Offenses investigated at 603 Brewery on Main Street.

Saturday - Feb. 29 1:59 a.m. Services rendered for Disturbance on Wyndmere Drive.

10:02 a.m. Services rendered for Unlawful Activities on Winterwood Drive. 3:34 p.m. Drug Offenses reported on Winterwood Drive.

p.m. Suspicious 4:01 activity investigated on King Henry Drive. 8:08 p.m.

Weapons Offenses investigated at

Sunday - March 1 10:07 a.m. Missing Person investigated on Rab-

bit Run. 11:49 p.m. Criminal Mischief investigated on Nelson Road at LAFA Complex

1:04 p.m. Criminal Mischief Investigated on Rockingham Road at L-Town Garage.

2:33 p.m. Drug Offenses reported Winding Pond Road.

3:08 p.m. Three officers investigate Weapons Offenses on Hall Road. 5:03 p.m. Assault Investi-

gated by three officers on South Road.

6:12 p.m. Missing Person

Services Rendered on two counts of Driving Hickory Hill Drive 8:40 p.m. Motor Vehicle ving Under the Influence Complaint leads to Arrest

on Mammoth Road.Six officers charge Jessica Bail Conditions; and Dis-Miller, 43, of Hudson with obeying an Officer.

Under the Influence: Dri-(Aggravated Attempt To Elude Police); Breach of





Now Accepting New Patients!

Call 603.552.1400

Louie Olive, MD

At Elliot Primary Care at Londonderry we're here for you at every stage of life. Our team works together to provide comprehensive healthcare for your entire family.

Providing:

- Routine, preventative care
- Same-day sick visits
- · Care for patients with chronic health conditions

Elliot Health System

Primary Care | Londonderry WE ARE SOLUTION HEALTH

ElliotPrimaryCareLondonderry.org



The Baldwin **SIZZLES**

Discover vibrant retirement living from a new perspective at The Baldwin, Londonderry's first Continuing Care Community. Enjoy Independent Living complemented by on-campus amenities and programs with the peace of mind that ongoing health care is available if needed in the future.

DISCOVER MORE 603.945.7728 | TheBaldwinNH.org/Times



WELCOME CENTER: 1E Commons Drive, No.24., Londonderry, NH 03053

PLAN AHEAD – RESERVE NOW Now accepting deposits