HOMETOWN NEWS DELIVERED TO EVERY HOME IN TOWN

# Londonder

**October 5, 2017 Volume 18 – Issue 39** 



Area children have been getting their fill of apples this week at Moose Hill Orchards. The season is about half way through, so there's still plenty of time to pick your own apples. Photo by Chris Paul

# **Apple Picking In Full Swing at Local Orchards**

KATIE O'DONNELL LONDONDERRY TIMES

pple picking in New Hampshire is more than just a way Lto way to spend an autumn afternoon-it's a rite of passage. Every year children travel to Moose Hill Orchards to find the largest, juiciest fruits and pumpkins they can reach before handing them off to mom and dad for the carrying.

Mack's Apples is the oldest family run farm in New Hampshire

with a long and fascinating history. Since 1732, the Mack family has been operating things along with a dedicated team of pickers and staff. Nowadays, the orchard has become one of the spots in the area for picking apples. It may have to do with the nearly 100 acres of apple trees on the property. Or, it could be that families have been coming here with their children and grandchildren for generations.

continued on page 3

## **Town Council Looks Into** Million Dollar Tax Relief

## KATIE O'DONNELL LONDONDERRY TIMES

The biggest news to by member John Farrell that the people of Lon- taxes from going up this donderry may have a million dollars coming their way.

Farrell said there was 1.6 million dollars of exceeded revenue in the

and seven of the current ing excesses in the fund Town Manager's Budget balance, however "it's on the town website. With come out of the that much of a surplus, it Monday evening, was proposed by Farrell Oct. 2 Town Council meet- to give one million of that healthy balance and ing was an announcement back to the taxpayers with the intent to keep vear.

> of rebuilding everything, it's time to give back,' said Farrell.

unassigned fund budget H. Smith said reducing can come back on the (UFB) from the last fiscal taxes for the next fiscal year. This information can year is allowed under the what we have in the fund also be found on pages six budget guidelines regard-

not something we typically do." But he continued on, saying "we have a should have a healthy surplus as well.

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The town audit is not finished yet, so Smith is "We've done a nice job still waiting on those numbers before he can report them to the council. "Once we have the Town manager Kevin hard numbers on that, we 19th and I can report

continued on page 2

## **District Starts Year with Several Accomplishments**

#### KATIE O'DONNELL LONDONDERRY TIMES

at the last school board meeting. Students, staff and community members enjoyed some happy news at the start of the meeting before hearing about fun activities coming soon.

Principal Jason Parent announced a major accomplishment by some of the new seniors - five of them were named National Merit Commended students, and one was listed as a National Merit Semi-Finalist. The news was even more impressive after learning that these six Londonderry students were part of the 1.6 million who took the PSAT

thousand are considered also be hosting the annual here was a lot for national merit commend-Londonderry High ed. To be named a semi-School to celebrate finalist, a student needs to score in the top 16 thousand.

> class settled for a win during Spirit Week at the high school. Student Council be five dollars to brave member Tyler Cullen the woods, or three dolreported that there was a lars for the more kidlot of participation by the students. He felt it was a fantastic way to start off Reilly changed topics to the year and build class comradery.

Cullen also announced the LHS Student Council will be hosting the annual craft fair in November. The plan is to split the proceeds between the Student Council and a yetto-be-determined charity.

The Teacher Liaison, test as juniors. Out of Mary Wing Soares, said

those, only the top 50 the LHS Drama Club will "Haunted Woods" at the ropes course between the middle and high schools on Oct. 17 and 18 from 6 to 8:30 p.m. "There will be The rest of the senior free treats for those who survive the woods, Soares said. Tickets will friendly "Goblin Garden."

Board Member Leitha continued on page 5

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## **Having Fun** With History

Londonderry Times Publisher, Deb Paul had a chance last week to Reenact the famous World War II photo taken on VJ Day in Times Square with the sailor that was on the cover of Life Magazine. Carl Musarello, 91, was on his way north to speak with veterans in Tilton from his home in Florida when he was asked by State Rep. Al Baldasaro to stop in to Londonderry for a photo. Musarello was accompanied by Marilyn Walsh and his wife Shelly. Photos by Chris Paul

## **Tax Relief**

Continued from page 1 balance," he said.

For the last few years the council has been trying to keep the amount in the UFB to about five percent, although Smith said the recommended am-

#### percent.

that the next meeting will occur on Oct. 16. He said he would have the data when returning funds. His ready to review when the thought - have a slightly council reconvene on smaller refund and put that date.

newly appointed Budget town's infrastructure. ount could be up to seven Committee member Dun-

can Campbell said he is Smith was corrected hesitant to give the entire million back so quickly. "We should be careful more money into invest-After the meeting, the ments like updating the

## **Local Teen Faces Felonious Rape and Drug Sale Charges**

CHRIS PAUL LONDONDERRY TIMES

ondonderry Police served a warrant for the arrest of Ethan Cullen, 18, of Londonderry on Thursday Sept. 28 for aggravated felonious sexual assault forcible rape, the sale of controlled narcotic drugs, and sale of alcoholic beverages.

Rockingham County Attorney Patricia Conway of the alleged rape when



Ethan Cullen

would not release details reached for comment, cit-

ing the ongoing investigation in the case.

The alleged incident happened back in July of this year, where the victim claims to have met Cullen on-line and was invited to his Londonderry home.

Cullen was arraigned Thursday, Sept. 28 in Tenth District Court in Derry, bail set at \$5000.

A hearing is scheduled for Oct. 10.



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#### Londonderry Trailways Still On Track for Completion KATIE O'DONNELL

LONDONDERRY TIMES

progress over the past few years and residents will be able to enjoy spring.

Trail-Londonderry has been eagerly awaiting the sign off on a few items for the northern part of trail system from the New that will require walkers

Hampshire Department of or bikers to press a but-The local rail trail has "I'm hoping that, any day been a work in now, we'll have that approval.'

Once the approval goes through, Phase 4 of some updates, come next trail will be getting some pedestrian hybrid crossing signals on Sanborn wavs President, Bob Saur, Road by the North Londonderry Elementary School. Those are the kinds of crossing signals

## ADDIES

#### Continued from page 1

Family is a theme at Mack's Apples. Mike Cross is the farm manager and he has seen the farm grow and develop over the years. He's been a part of the family since he was a voung man. His own father worked for Mack's before him Cross said he and some of the other staff have been there nearly 40 years. One of their pickers is the daughter of Apples is the "Pick-Yourtwo pickers who met and fell in love at the orchard. The Store Manager, Rose Searles, is also a secondgeneration Mack's Apples worker. Her father, like Cross, worked at the farm for most of his life. "She's like the energizer bunny," Cross said. "Runs all day!"

Cross proudly explained that Mack's Apples is one of the only farms he knows of in the area that other farms and orchards uses an "American Har-

vest crew" to pick the ple come and pick their fruit apples. Other farms may use migrant workers that only work a few seasons, but the pickers at Mack's have a lot of returning faces. "We get a lot of the same people every year," said Cross. They in turn help to recruit others to join. "It works out pretty well," chuckled Cross.

But professional pickers are not the only ones who get to handle the goods. The main draw for Mack's Own" orchards. Mack's has been allowing guests to come and get their own apples since the 1968. "We were one of the first ones around here to do pickyour-own," said Cross. They keep things simple for the thousands or so people that show up to pick their apples. "We don't do the corn mazes and hayrides and stuff like that," that do, according to Cross. Peo-

flashing yellow light to alert cars that they are crossing the road.

The Trailways Committee had paid for a traffic study to be done to see where these signals would be needed the most. According to Saur, the state then determined which type of signal would be used where the trail intersects major roads.

and maybe buy something from the farm stand on their way home.

With the season in full swing, the "PYO," as it's labeled, is open every day from 9 a.m. to 6 p.m. Guests can stop at the kiosks for a bag and pile in as many as they can. There are also PYO peaches and pumpkins. Last year's weather made for a terrible season across the state. Cross explained how no one had any peaches due to the harsh conditions. "They got frozen out."

This year looks to be better. The drought of last summer is gone and this year had enough rain to make the apple trees burst with fruit. "Everyone has a good crop this

Transportation NHDOT. ton, which will set off a through Londonderry are part of the larger Granite State Rail Trail. The town has 6.2 miles of trail that will eventually help connect the boarder to the capital. "The long term goal is to have a trail that runs from Salem to Manchester, then eventually Concord," said Saur. The towns on the trail have their own groups helping to coordinate with each

> year," said Cross. "Apple trees always come back with a big crop off a small crop." He even went on to call it a "100 percent difference" in how much fruit there is available.

> Everyone has favorite type of apple. Some like Macintosh for its juiciness. Others like Cortland for how well it holds up in pies. Cross said the top two sellers so far are the Honey Crips and the Macouns. There are five types available to pick right now in the orchard, and 10 available at the farm stand on Mammoth Road. There's a type for everyone, regardless of if you're using them for baking, making apple sauce like Cross, or just, good old-fashion eating.

really their own section," said Saur.

Here in Londonderry. the Trailways Committee started the project in the the NHDOT is because it middle and worked their gives them the rights to way south until construction hit a snag by the new Woodmont Commons development. Saur explained that the committee residents should be more spoke with the land owners about the trail and have decided to wait until things get father along at Woodmont before they continue

Part of the problem is the access road to the proposed Exit 4A cuts across the existing rail trail. "We don't want to put effort into something that will be bulldozed in the next few years," Saur said.

Keeping that in mind, the trail has expanded up and north towards Manchester. It will continue signs off on it soon, so past Route 28 and hopefully towards the airport. the first signs of spring on This will involve some the newly updated rail ground work before con- trail.

The paths cutting other but, "each town is struction season ends in early December.

The reason why the Trailways Committee needs the sign off from do the construction. With all the other work going on in town (Woodmont Commons, exit 4a, etc.), aware of any work being done in the area while driving around.

Despite the need for expansion and signals, Saur reported that the trial in on track to be ready for spring. They just "got to get through the process." The money needed to install the signals has already been allocated to the project. The contractors are all set to go. "Everything is in place," said Saur. All residents need to do is wait and hope that the state Londonderry can enjoy







## Editorial See You at the Library

As Libraries go back longer hours and we head into next year's budget, lets make sure our libraries stay healthy for another year. The reason is simple: Patrons want more open hours at the library.

More residents are using the public library for many different reasons. While at a casual glance the action on adding money to our libraries could be interpreted as ignoring the economic hardship taxpayers face, a more accurate response is that as times get tough and money gets tight, residents are using their libraries more and more. And that's a good thing. So if there is a little extra money we should think of give to the library that only gives back to the residents.

Just as we don't believe newspapers will disappear, we don't think books will, either. But as the cost of books increase and bookstores close. libraries become even more vital. Reading a good book brings a lot of satisfaction, something that's hard to duplicate.

We've heard town officials question the usefulness of a library in recent years or a book in today's digital age. We think they're totally off base. But libraries aren't stuck in the 19th century: with audio books for the commuter, downloadable books for e-readers and computers, technology plays a major role in their offerings these days, meeting the needs of both the tech-savvy and those who want to hold a book in their hands.

Think back. How many of us introduced our children to a love of reading when they were toddlers, sitting with them at library story time sessions, then, heading home with lots of picture books? That book is comfort, when snuggling at bedtime to bond or escaping the stress of the day is better with a book than a device.

These days, most of us can't afford to spend money on entertainment. But the numerous free programs offered at our public libraries ranging from movies to lectures to art shows give us options to get out of the house, spend time with others, and maybe learn something in the process. Often with a snack thrown in.

And when hometown entertainment just won't do, most libraries offer free or reduced admission passes to museums in both New Hampshire and Massachusetts.

Remember where people gather when the power goes out in winter storms? At the library. Kind of a definition of "community," isn't it?

We'd hate to see any of this go away. A library is one place where we do get our money's worth. And what we're finding is that, as money gets tight, we turn to our local library more and more. Pay one a visit today.



#### Thanks to All To the editor: The Grange #44 of Lon-

thank every patron of our Mums for Meals plant sale and food drive. Your contributions will provide over One Thousand Three Hundred Fifty meals for The NH FoodBank. One generous donation of \$50.00 was received from Don and Denis Charette. They are planning for a new business in Lon-

## Letters

Derry had unique, intri- carry purchases to cuscately decorated bird- tomer's cars that he gifted donderry is pleased to houses. She was also kind enough to hold a raffle for one of her birdhouses. The fourth crafter we Debbie donated the entire invited was Arianne Pleraffle proceeds of \$19.00 handric from Manchester, to The NH FoodBank. featuring original artwork Steve Cote of Manchester displayed his hand cut goods. During the the fair collages. The "Leather she painted a lovely Guy" Peter Gallo had a huge selection of expertly crafted hand made leather goods. He pro- next year's fundraiser. donderry named "Wicked duced several custom Her work can be seen at Good Scoops". We were orders during the event. Sunnycrest Farm. also happy to showcase He was so impressed by four "new to us" crafters the members of Londonin our Historical Hall. derry's Boy Scout Troop

Debbie Russell from 521 who were on hand to one lucky scout with a hand crafted leather vest. and hand crafted artisan watercolor titled "Mums". We plan to use her gift as the logo for our flyers for Thank You,

Cherylann Pierce Londonderry

Londonderry Times welcomes letters of up to 500 words on topics of local interest, written by local residents, and prints as many letters as possible. Please e-mail your letters to the Londonderry Times at londonderrytimes@nutpub.net. All letters must include the writer's name, address and phone number for verification

if needed; name and town of residence will be printed. Londonderry Times reserves the right to reject or edit letters for content and length, and anonymous letters will not be printed. Deadline is 5 p.m. Monday.

## Budget Committee Gets New Member

KATIE O'DONNELL LONDONDERRY TIMES

Then the Town Council posted ber, it probably didn't expect to get three lengthy resumes and one promising rookie. This week's meeting introduced the four to the town.

19-year old Eagle Scout with a desire to serve his community. He had previously run for the Budget Committee during the last round of elections, and lost by only eight percent. When he saw there was another opening, he decided to give it another try. Councilor Jim Butler asked the council if that presented a conflict of interest. Vice-Chairman John Farrell said it did not during the interview.

Bill Mee has lived in how the town funds the departments, Mee an-

Tom Dolan that there were two governments in Londonderry: the town an opening for a and the school board. It's budget committee mem- the responsibility of the Budget Committee to monitor and mediate how the money is split between the two.

Tammy Siekmann also came with some budget-Duncan Campbell is a ing experience under her belt. She served the YMCA Advisory Board and worked on Londonderry's Old Homes Days for the last few years. Green asked her what she could bring to the committee. "Education. I can bring that," Siekmann responded. She's lived in Londonderry for over 15 years and wants to use her financial experience to benefit the town.

John Wilson is a since he fully disclosed it retiree looking for a place to volunteer. When questioned by the council, he town for the last 35 years had a solid viewpoint of and was on the budget how he thinks the comcommittee before. When mittee should run. "I'm a asked how he felt about firm believer of plans driving budgets." He went schools, fire and police on to explain that "the less you plan, the more swered "people have money you spend in more say in the town places you shouldn't." He budget than the school said he had over 40 years budget." This sparked a of experience working

comment by Chairman with finances and because of that he is able to spot any "unintended consequences" that could come out the budget.

Farrell said 105 million dollars are spent on "services between the two government," meaning the schools and the town.

After interviewing the four applicants, Farrell nominated Campbell to fill the vacancy in the Budget Committee. Farrell said he wanted to encourage more youth involvement by having Campbell on the committee. The council approved with Councilor Ted Combes voting against. Campbell is the youngest and therefore least experienced out of the contenders, but will bring a millennial view to the otherwise older committee. He said he wants to approach the next town budget with an optimistic look, but a careful eye.

"A lot of our budget so far has been done well," he said. He's all for keeping taxes low, but wants to make sure the town still has enough in the bank for a "slush day fund" to cover any emergency costs.

## LHS Pep Rally Team Gets Ready for Jimmy Fund Walk

**JACOB BARRETT** LONDONDERRY TIMES

The Londonderry High School Pep Rally Team, along with Dana Farber Cancer Institute of Londonderry, are getting ready to lace up for the second Annual Londonderry Jimmy Fund Walk on Saturday, Oct. 7 at 2 p.m.

Dana Farber Associate Chief Nurse Emma Dann said that last year, the walk brought about 150 participants and raised about members of the LHS Pep \$10,000. She touched on the influence that the LHS Pep Rally team, along with its advisor, Steve Juster, brought to the walk when it first took place last year.

"What we found was an

## energy that really we

**Continued from page 1** something more sobering. recently retired Superin-She commented the LHS administration on how well they dealt with "the challenge last week regarding the American flag."

"I think there was great care taken in what we teach our students about our flag, our country and the proper way to hold it." said Reilly. She thanked Parent "for continuing to reinforce that in our schools."

Reilly switched back to would provide more comsomething more jovial- the prehensive to the elemen-LHS Hall of Fame inductions. 10 citizens were students. named to the Hall of Fame,

couldn't replace," Dann made us really excited for course and will join in with said

According to Dann, the money raised for Dana Farber of Londonderry by the walk last year has gone toward spiritual services for cancer patients such as the ability to provide a chaplain, memorial services, blessings of the hands, as well as grocery and gas cards for patients.

After a promising showing at the walk last year, Rally Team, such as Maddy Laudani are excited to get this year's event underway.

"Seeing the great turn out last year of our first Jimmy Fund Walk was really great to see and that's what

including Parent and

tendent Nate Greenberg.

Chairman Dan Lekas made

some jokes about it being

rigged on Parent's behalf,

causing the room to

that the math program,

"Math in Focus," seems to

be working. The district

turned away from the pre-

vious "Connected Math"

to something they thought

tary and middle school

Rich Zacchilli reported

chuckle.

this year and to make so many improvements like we have," Laudani said.

LHS Senior and Pep Rally Team Member Maddie Puglisi said that the inspiration of those affected by cancer at the walk is driving the team to work hard to make the event happen.

"Seeing the people that struggle the most get up and do this walk to support others like them or to support families that are struggling with this, it's just so inspiring," Puglisi said.

The walk will be about one mile and begins at the front of LHS. Pep Rally Team members will be posted at various points around the

'Math in Focus' is its alignment with college and career," said Zacchilli. The students have been introduced to algebra earlier and been using it more frequently. In the high school, the approach to math is to start with concrete thinking, then work up to pictorial concepts, and finally explore more abstract ideas.

The hope is students will have a better understanding of their math lessons and have the experience needed to seamlessly transition from grade to grade.

groups as they pass so members of the Pep Rally team finish with the last group to cross the finish line and no one falls behind.

Donations are not required, but are welcome. According to Dann, those who donate at least \$50 will be entered into a raffle for a chance to win an autographed photo of New England Patriots running back James White scoring the game-winning touchdown in Super Bowl LI. Those who raise at least \$50 also get a t-shirt to wear on the day of the walk.

Dann said she hopes for the same if not a better turnout and donation total of 150 participants and \$10,000 that the walk saw last year. She said she is confident that goal can be reached.

LHS Senior and Pep Rally Team Member Kaitlyn Quirk, who is also the student leading the organization of the event, said that the work that they do is for those who are impacted by cancer, and that the community is with them through their strug-

"It's just good for people going through this time in their life that there's a community behind them... it's all for them. Everything we do. I think that is impor-



Members of the Londonderry High School Pep Rally Team are preparing for the Jimmy Fund Walk. Photo Courtesy of Steve Juster

tant for them to know," Quirk said.

Domino's Pizza will be sponsoring the event and serving food to participants. AD.J. will also be at the walk, and there will be a bake sale at the event as well.

able at the high school. For will go to Dana Farber.

more details on the Londonderry Jimmy Fund Walk, to register, or to donate, visit www.myjimmyfundevent.org/2017/londonderrviimmvfundwalk. Registration will also be available at the event. All Parking will be avail- Proceeeds from the event







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#### ondonderry Town Council Updates Veterans Tax Credit. KATIE O'DONNELL

LONDONDERRY TIMES

eterans in Londonthis year.

at its Monday meeting to pass a resolution to accept existing veterans tax credveteran of a qualifying war or armed conflict, or surviving spouse of said veter- would allow Londonderry an, shall be eligible to re- to offer the \$500 over the ceive a standard tax credit. course of three years. The updated version, RSA Applicants could apply

it would extend a credit of derry could see a up to 500 dollars "to all larger tax credit veterans, not just those who have served in quali-The town council voted fying wars and certain foreign conflicts," according to a drafted version of the new provisions to the policy. The state is asking local governments to vote it. RSA 72:28 states that a on whether to adopt it or not.

Once approved, it

Veterans' Tax Credit," and up to \$300 in the second and all \$500 in the third vear.

> The reasoning for spacing it over three years is to allow the town council time to budget for the tax credits after seeing how many veterans apply for the credit.

> "No town has a good accounting method for counting veterans," said Chairman Tom Dolan. He explained at the council meeting that they want to make sure people don't

just to save themselves 500 dollars in their taxes. He believed that only offering \$100 in the first year would discourage non-veterans from taking advantage of the new system.

Some extra provisions to being eligible for the tax credit include having 90 or more days of active service in the armed forces and being honorably discharged. This also includes officers.

The surviving spouses as

72:28-b is called the "All for \$100 in the first year, try to cheat the system, of veterans could collect sounds. The on the tax credit if they would still have to prove were married to a resident who "suffered a service-related injury or death," according to RSA 72:28. The new provisions to be able to apply for the also cover the surviving spouse, but, if they remarry and the latest husband or wife dies, then the charge from Active Duty) spouse will not be eligible to the town offices. In the for their previous partners benefits. However, the spouse would qualify if they divorced their current partner. It's probably ter. complicated as it

spouse the veteran status before being able to collect on the tax credit.

One-way for veterans tax credit is by presenting their DD Form 214 (Certificate of Release or Disevent this form is ever lost, veterans can request a new from the Veterans Affairs office in Manches-

#### Freshmen Up Over High School Summe ndonde KATE O'DONNELL derry Middle School's dents. They participated The lessons and team had on them at the last mend it for the upcoming

LONDONDERRY TIMES

can be a scary experience, and some-L.I.F.T. The Londonderry Incoming Freshman Transition program is designed to help eighth graders be more prepared to enter high school. It's a series of help with the transition summer courses that offer field trips, time on the ropes course, ice breaker activities and inspirational speakers.

Ryan Barry, and Londontarting high school derry High School's Brittany Borgatti worked with 16 students over the sumtimes students need a mer to prepare their minds and spirits for what is usually a stressful time.

"The goal is to help eighth graders find their niche in high school and from middle school," Barry explained at the last school board meeting. He and Borgatti talked about the types of activities that Two teachers, London- were done with the stu-

high ropes courses by the schools to help with team building. They did icebreakers to get them to relax and open up to each other. They also had field trips to local businesses as a way to inspire possible future career choices.

The teachers took photos (they called them "mugshots") of the kids before and after the program. Most of the pictures showed grumpy faces at the start, but all smiles at the end.

in both the low and the building came to a peak during the end of summer hiking trip to Mount Monadnock in Jaffrey. Ethan Cullen told the school board that hike was his favorite part of the whole program. "I thought the field trips, Mount Monadnock in general, taught teamwork because it's a pretty hard mountain." He really enjoyed the socializing. "It was pretty hard but it helped team bonding."

Some of L.I.F.T.'s other graduates spoke about the impact the program

School Board meeting.

One young woman, Audrey, was skeptical of L.I.F.T. when she first started. "I thought it was a after being in L.I.F.T. They at the end of the program it was really fun and throughout the summer it was fun to meet new people and make new friends."

She wasn't the only one who grew to enjoy the summer classes. Another classmate of hers, Merick, thought it was a great way to help the middle school students transition to high school. "I would recom- L.I.F.T.-ing.

8th graders." His peers agreed with him, saying that they felt a lot more prepared to enter LHS waste of my summer, but were able to navigate the sprawling school with confidence and understood the seemingly complex scheduling system. Some were even able to assist other students who had not done the program.

> If the staff and students only had one word to describe their summer experience, they would probably say it was... up-



## Council Seeks Candidates Town's Oldest Citizen and Town Historian

KATIE O'DONNELL LONDONDERRY TIMES

seeking a piece of town history, and some- Hamm, who served for ry of Londonderry, but one to record it.

to find two people to fill Derry with her husband

openings in town. The Chet Hamm. first opening is for a town The Londonderry historian, which has been historian is important Town Council is empty since 2010. The because he/she not only last historian was Marilyn seven years until she The council is trying retired and moved to

helps to preserve the histoeducates the community on how that history could help guide the town in the

future. With all of the The role of the town expected growth and development coming to the area, it's important to have someone to help preserve and record the way things are in town for future generations to be able to reflect on and enjoy.

The council is also try- Barbara Eaton, who passed ing to find the oldest resident in Londonderry to become possessor of the Boston Post Cane. Traditionally, the honor goes to through the town historithe eldest member of the an. But since Londonderry community.

Passing along the cane started back in 1909 by Boston Post publisher, Edwin A. Grozier, according to The Boston Post Cane Information Center website. A cane made of polished ebony with a 14carat gold, hand decorated head was sent to hundreds of towns across New England. Inscribed on years. There is also a seceach cane were the words, tion on the form to fill out "Presented by the Boston Post to the oldest citizen of (name of town) "To be transmitted." It was first nity. Brown said there will only given to men, but was be advertisements for the allowed to be awarded to women after 1930.

Kirby Brown, the executive assistant to the town resides in the town offices manager said in an email is a replica of the original, that the last woman to hold the Boston Post Cane was er Kevin H. Smith.

away in 2015 at age 98.

Typically, the eldest citizens in town would apply for the right to cane does not have one, applicants can bring in their proof of age and residency along with a form to the town offices for submission. Acceptable forms of ID include a birth certificate, passport or voter registration. The person applying must have lived in Londonderry for at least a minimum of 25a brief biography and how he/she has contributed to the Londonderry commu-Boston Post Cane honor coming out soon.

The cane that currently according to Town Manag-

#### Pantene Beautiful Lengths Coming iuarv Jan

**JACOB BARRETT** LONDONDERRY TIMES

High ondonderry School is coming up on its 12th year of giving to Pantene Beautiful Lengths (PBL) in January. Members of the community who have been growing time of their lives, abandon their hair to be cut will not have to wait much longer before they donate their hair to cancer patients.

According to LHS English Teacher and Pep Rally Advisor Steven Juster, about forty individuals have signed up to donate their hair in January thus far. He stated that he also receives a number of ponytails throughout the year as school students plan when well.

However, Juster stated that he is not concerned

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ticipants, Juster touched to make one wig and that then made into wigs and on the importance of each ponytail and the selflessness of the donors, also known as angels.

"Every ponytail is a miracle. These young people, at the most self-conscious their familiar look to help someone they will never meet. That's what makes them angels," Juster stated.

The numbers are there, however. According to Juster, LHS has had over 2,500 donors since the school started participating in the PBL hair drive in 2007. He stated that many high school and middle to grow their hair out for donation to ensure that they have the proper with numbers. With no goal length. He stated it takes as far as the number of par- the ponytails of six people

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Andrew D. Myers North Andover, MA

when people need them. Donors will also have the opportunity to share their experience with their classmates, friends and family when their hair is cut at the pep rally in January. Donors get to

wigs are distributed locally

to hold the scissors and cut their ponytails. PBL's website states that PBL began in 2006 with the goal of making "it possito share their hair with women who've lost theirs."

pick the people they want

According to PBL's website, a donor's ponytails for donation must be at least 8 inches in length, be no more than 5 percent grey and contain no dyes, bleaches or chemicals.

Once cut, the hair is

89 Main St.

(978) 691-5453

donated with the help of the American Cancer Society. PBL's website states that they have donated 42,000 wigs with the help of over 800,000 donated ponytails.

Juster stated that anyone can participate in the event by contacting him by email at sjuster@londonderry.org.

The cut will take place on Jan. 5 at 8:30 a.m. in the LHS Gymnasium.

For more details on ble for women everywhere PBL, donation requirements and more, pantene.com/en-us/experience-main-section2/beautiful-lengths.

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## Middle School Has Annual Wellness Day, Move-A-Thon

JACOB BARRETT LONDONDERRY TIMES

tudents at Londonthe classroom on Sept. 29 as a part of the school's annual Wellness Day and school, a presentation Move-A-Thon Fundraiser.

The students participated in a number of activities throughout the dav in order to promote wellness and raise money donations and pledges for school activities and throughout the week in other items through the annual fundraiser.

pal David Sutherland said run. The goal of each to cash in on their that the school combined team during the 60-minthese two components ute walk/run was for studue to their overlapping dents to travel the commessage.

because we thought that Thon activities included the two really worked in ultimate frisbee, kickball, conjunction with one yard games and more out another to send the mes- on the fields behind the sage to our students that school. wellness in the mind and

every facet of our lives," will be used to purchase he said.

Each grade level cycderry Middle School led through the schedule spent the day out of of activities during the day which included a walk/run around the outside of the regarding the importance of nutrition, mindfulness activities and the Move-A-Thon activities

Students gathered exchange for participating in the Move-A-Thon LMS Assistant Princi- activities and the walk/ bined distance of a "We decided to do that marathon. The Move-A-

According to Sutherbody are important to land, the money raised

four filtered-water dispensers for reusable water bottles at the school. Some of the money will also be used to offset the cost of various wellness activities such as snowshoeing, tennis, healthy cooking and others, bring in guest speakers, activities for students put together by teachers that are outside of the school operating budget, and help pay for the cost field trips.

Students had a chance fundraising efforts as they received a raffle ticket for every \$10 raised, giving them a chance to win numerous prizes.

The wellness presentation, which was given by Londonderry School District Director of Dining Services Amanda Venezia, focused on how different foods influence how effi-



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ige Rate (APR) is based on a \$150,000 mortgage with a loan-to value of 80%. Minimum loan is \$100,000, maximum loan amount is \$424,100. Valid for new purchase or refinance, single family, owner-occupied residences only. Unit cost per \$1,000 borrowed for 15 year fixed is \$6.65; 30 year fixed is \$4.77. Closing costs not included. Subject to credit approval and eligibility requirements. Fate subject to change without notice.



Students at the Londonderry Middle School took advantage of the wonderful fall weather last week and participated in a wide range of activities during the annual Move-A-Thon fund raiser. Photos by Chris Paul

how recognize healthy and more

Students had time to unwind and relax with a number of different mind- activities gave teachers days like this you'll see fulness activities such as an opportunity to see yoga, zentangle, coloring and others.

LMS Physical Education Teacher Suzan Rowe, who is also a member of the wellness committee responsible for planning Friday's event, said that the mindfulness activities, and the day as a whole, allows students to reconnect, get to know one another and relax.

"In the beginning... and then they're put on a ent strengths of their stu-

ciently an individual's team and this gives them dents that might not be in body and mind perform, a chance to reconnect evident during classes versus unhealthy foods, mentary schools. So it ness. promotes friendship,' Rowe said.

> what students are like outside of the classroom.

teachers to see the kids in a different light where they're not sitting down in the classroom and see so any time you can prohow they interact with mote wellness it's a good each other and [it] gives thing," he said. them a chance to interact with the kids too."

teacher, Ken Robichaud, said that he enjoys Wellthey've all come from dif- ness Day because teachferent elementary schools ers are able to see differ- turn in donations.

with kids from other ele- while also promoting well-

"For all kids, there's all different levels of abilities She said that Friday's and when you get into strikes of kids that you might not see in the classroom. They're with their "It's very nice for the friends which is always good. You know, there's a lot of health issues going around our country now

On Oct. 2, Sutherland stated that the fundraiser Sixth-grade science had raised about \$7,300. That number could now be larger as the students had until Wednesday to



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## **Annual Move-A-Thon Gets Students Active at Middle School**











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## South School Invites Families to Annual Ice Cream Social







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Members of the South School PTA as well as staff members welcomed students and family members back to school with their annual Ice Cream Social last week at the school. There was a line out the door as parents and students waited eagerly for treats and a chance to socialize with friends *Photos by Chris Paul* 

#### The Londonderry Lions Club would like to thank the following sponsors for making our 100th Anniversary Celebration Cookout a success.



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## LONDONDERRY SPORTS

## Lancer Football Crew Returns to Winning Path by Clobbering Keene

**CHRIS PANTAZIS** LONDONDERRY TIMES

Londonderry he High School football team had the perfect chance to rebound from the frustration and disappointment of its recent Mack Plaque loss to Pinkerton. And the locals did in fact rebound beautifully with an overstruggling Keene High contingent on the road last Friday night, Sept. 29.

stunning, 35-7 hammering strong-legged kicker Pat handed to them by the Pinkerton Astros in front their hosts. of an estimated 6,000 fans the previous Friday night, coach Jimmy Lauzon's Lancers dealt the host Keene Blackbirds a 44-0 bashing on that oppo- several sacks and a cou-

nent's home grid.

derry crew scored 13 the first half and got going 16-0 contest late in the points in the first quarter, toward the end of the 10 more in the second, third, but it was a baland 21 in period four in putting a hurt on the winless Blackbirds. The 0-5 Keene squad has now been outscored 175-21 in will next tee it up against its first five games.

whelming win over a cers received two touch- Friday night, tallied more downs from Connor than 500 yards worth of Dubois and single scores from four other sources After having a pretty as well as a field-goal from Zepf in absolutely routing

"We played very well," said Lauzon. "The defense was outstanding, and Keene's longest play was on a fake punt. We had

IS IT TIME TO DO YOUR WILL?

ple of turnovers. Offen- waning seconds. The now 4-1 London- sively, we were sound in anced night on offense. We threw two touchdowns and ran for four."

Londonderry, which a 3-2 Merrimack Toma-The victorious Lan- hawks' team at LHS this offense on 311 rushing and 214 passing on a wildly-productive evening.

The Lancers sprinted out to a 13-0 lead in the first quarter thanks to Dubois' 15-yard scoring sprint midway through that stanza followed by his 28-yard pass connection with quarterback Mike McAlister during the

3-

Kicker Zepf made it a second period by nailing a 36-yard field goal, and backup quarterback Evan Cormier hooked up with Jeff Wiedenfeld on a 17yard scoring toss a few minutes later to make it a 23-0 game as the two contingents adjourned for halftime.

Following a scoreless third quarter, Londonderry added a one-yard scoring run by Cam Storace, a four-vard touchdown jaunt by Zach Chau, and a 10-yard TD sprint by Jake McEachern in putting the final touches on the lopsided success.

McAlister ended up completing nine of the 14 passes he attempted for 151 yards, and rushing for 61 yards on 11 carries. Cole Keegan caught three balls for some 86 yards on a truly superb night for the locals.



Londonderry High running back Connor Dubois had himself a two-touchdown night against the struggling Keene High Blackbirds in a big LHS road victory last week. Photo by Chris Paul





#### Page 11

## Lady Lancers' Soccer Squad Climbs Back Over the .500 Mark

**CHRIS PANTAZIS** LONDONDERRY TIMES

onsecutive convincing victories over Salem and Timberlane last week pushed the Londonderry High girls' soccer squad from the it to 6-4. And coach Derek markers in the second Dane's talented squad will now take aim at turning a ing accuracy of Stowell longer one.

their third win in their last four matches and bagged their shutout of the campaign with a 7-0 walloping of the visiting Salem High Blue Devils last Tuesday, Sept. 26.

from Darby Dupuis in the first minute (from Laurel Goding) and Olivia Stowell in the fifth (from Gwen Barnes).

.500 mark at 4-4 back over for five more unanswered half thanks to the shootbrief winning streak into a twice, Dupuis, Gillian Vilela, and Halle Hamil-The Lancers collected ton. Abby Follansbee was good for two assists, and Isabella Bourque, Stowell, third and Barnes each dished out one helper.

> enjoyed an 11-2 advantage in shots on net, with winning goal 12 minutes LHS goalie

Specialty Kitchens...

The hosts led 2-0 at Richard contributing two assist from Gwen Barnes halftime thanks to goals stops to the blanking of the 3-7 Salem side.

The Lancers then took on another sub-.500 contingent in the Timberlane Regional Owls from Plais-They then exploded tow at LHS on Friday the 29th and drubbed that opponent by a 5-0 tally.

The hosts potted three shots to carry a strong 3-0 advantage to halftime, and they then put the game away by netting two more markers in the second half.

Stowell notched three points in the resounding The winning team success, scoring what proved to be the game-Jazmine into the match - with an

to make it a 1-0 match.

Barnes, who like Stowell finished the productive day with a goal and two assists for three points, set up Laurel Goding's goal in minute 30 which made it a 2-0 contest

And five minutes later, Barnes made it a 3-0 game herself by scoring off of a feed from Goding.

It became a 4-0 match 25 minutes into the second half when Gillian Vilela was set up by Stowell, and that same duo connected for another tally 11 minutes after that with Stowell again setting up Vilela.

The Lancers pelted some 16 shots on the Timberlane net while the Lady Owls only managed to get two on Jazmine Richard in the impressive shutout. Timberlane slid to 3-5-1 with the defeat.

Londonderry then



Lady Lancers' soccer goalie Jazmine Richard puts all of her strong leg into a goal kick during a recent match. Photo by Chris Paul

looking to add to its win- time - followed by a home ning streak with a short match against the Manroad trip to Bedford on chester Central Little Tuesday, Oct. 3 - after Green on Friday.

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## LHS Boys' Soccer Gets a Tie and a Win to Move to 7-1-2

CHRIS PANTAZIS LONDONDERRY TIMES

tie with the tough Salem High Blue ing win over the Timber- the second half. lane Regional Owls last ry High boys' soccer squad contemplating its extremely strong, 7-1-2 record through 10 matches.

settle for a 1-1 deadlock in LHS coach Todd Ellis. "We the aftermath of their will continue to work on short bus trip to Salem our decision-making and High last Tuesday, Sept. 26.

a 1-0 lead just two min- we compete against Timutes before the end of the berlane this Friday."

first period when Luca Amarena was set up by Josh Ryan. But stingy Salem managed the equal-Devils and a pleas- izer some 27 minutes into

Alex Hufford conweek left the Londonder- tributed five saves to the 6-1-2 Lancers' effort, and Salem moved to 7-1-1.

"We're glad to be the first team to score on Salem at their field. It's a netted the equalizer with The Lancers had to tough place to play," said execution so we can be more consistent. I'm look-Londonderry snagged ing forward to seeing how

And Ellis received a into the second half and pleasing answer from his charges in the form of a 3-1 defeat of the strong, 7-3-1 Timberlane troop in Plaistow on Friday the

29th. Tyler VanAvery potted the first goal of the match in the 20th minute of play with an assist from Nolan Bartlett, but Timberlane just four minutes remaining in the period to send the game to halftime all knotted up at 1-1.

ged the win on the 4 was after Londonderry strength of second half Times press time, with goals from Ryan (assist to Amarena) seven minutes

Owen Creed (from Ryan) five minutes after that.

LHS keeper Hufford contributed six saves to the pleasing win, and coach Ellis was a pretty happy man.

We really did a good job of moving the ball today, especially in the second half. We will need to play just as well with Bedford and (Manchester) Central coming next week," he said.

The Bedford contest at But Londonderry bag- LHS this Wednesday, Oct. the Central match slated for Friday in Manchester.



Lancer Tyler VanAvery scored his team's first goal against Timberlane recently. Photo by Chris Paul

## Efficient Energy Systems Snags 50-and-Over Softba

CHRIS PANTAZIS LONDONDERRY TIMES

The Efficient Energy Systems

Londonderry 50-and-Over over the tough Birch Tree final game by hammering Softball League season to a dramatic close last squad Wednesday evening, Sept. onship-round of the winning game two of the

Counseling Center team.

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the BTCC bunch the night tems then put up a five- roster included Paul Lus-EES took the champi- before by a 19-4 tally. But spot in the top of the sev- sier, Tim Hands, Peter brought the 2017 27 with a tight victory league tournament to that double-elimination title round was a bit tougher thanks to a spirited Birch Tree comeback.

> EES claimed an early 7zooming back in the fifth and sixth innings to take a 14-11 lead into the top of the seventh.

Efficient Energy Sysenth to nab a 16-14 lead Leitch, Dave Zylak, Frank rolling into the bottom of Kelly, Jeff Parker, Wayne the inning. BTCC was able to put the tying runs on base in the bottom of the inning, but its rally 1 lead before BTCC came failed as EES caught a fly ball on the warning track and got the final out on an infield pop-up to close out

the season.

The winning team's Lamalva, Wally Peikert, David Moul, Jerome St. Germain, Nick Fowler, Thom Board, Gene Webber, and Jose Sosa.

"Congratulations to EES for a fine run in the playoffs," said league president Jim Edwards.





The Efficient Energy Systems team snared the Londonderry 50-and-Over Softball League crown in dramatic fashion recently. Courtesy photo

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## **Londonderry Girls' Volleyball Squad's Hunt for Wins Continues**

**CHRIS PANTAZIS** LONDONDERRY TIMES

erhaps the toughest thing for a developing sports team is seeing distinct growth in a number of areas but not getting the positive reinwins.

That's where Londonderry High's first-year girls' Matt Leonard and his said coach Leonard. "We Lancer charges stand struggled with receiving right now, 12 matches their serve and finding into their 2017 season and ways to score on them." grasping a 3-9 record.

hard-working LHS team Maddie Sanborn tallying had its 2017 record slide nine service points with to 3-8 with a 3-1 loss at the four aces and seven kills, hands of the Timberlane Josie Collins came up Regional Owls in Plaistow with 10 service points, last Wednesday, Sept. 27. Avery Milton was good

16 win in game one, but Londonderry took the second set in a 28-26 decision.

took games three and four by scores of 26-24 and 25forcement of collecting 18 to bag the match victory and move to 5-5 on the High Bulldogs on the slate had the Lancers season.

'We did well at the net volleyball coach on blocks and serving,"

The determined and 19 assists for LHS, with from Haas, 12 service

The hosts bagged a 25- for seven kills, Britney serving night," said coach Clark notched six digs, and Natalie Brooks was working on playing better good for three blocks.

However, Timberlane their fifth straight match loss on Thursday the 28th in a 3-0 blanking at the hands of the Bedford road.

> Bedford bagged set wins of 25-19, 25-22, and 25-21 in taking the match home match against despite some intense work from Londonderry.

Anna Haas collected assists and two blocks points with four aces and eight digs from Clark, and 15 kills and eight service points with five aces from Sanborn.

"We had a really good

goal.

Leonard. "We are still defense and receiving the The Lancers absorbed other team's serve. Our energy and compete level have continued to improve this week."

This current week's experiencing both the top and the bottom of the Division I ladder, with a undefeated Hollis-Brookline on Wednesday, Oct. 4 The locals received 23 after Londonderry Times press time, followed by a home battle with a winless Manchester Central crew on Friday. The positive reinforcement a win would provide was their



Lady Lancer Madison Sanborn is all concentration as she bumps the ball during a recent LHS match. Photo by Chris Paul

## **Athletes of the Week**

Week of Sept. 25

## Lancer Harriers Enjoy Great Success on the Course at Timberlane High both closed out their 2017 LHS girls' tallied the win- with Caitlin Boufford 20

**CHRIS PANTAZIS** LONDONDERRY TIMES

The 2.5-mile Timber- last Tuesday, Sept. 26. lane Regional High was evidently all kinds of host Timberlane Owls derry High School boys'

with great success there

The Lancer males tal-School cross-coun- lied a low team score of 22 try course in Plaistow to easily vanquish the Lancers had Nathan Seewelcoming to the London- (42) and the Spaulding High Red Raiders of and girls' teams, which Rochester (76). And the

regular meet schedules ning score of 23 to best seconds behind her in Spaulding (40) and Timberlane (67) quite handily as well

ley finish a strong second individually in a time of 14 minutes and 13 seconds. with Matt Griffin third (14:18) and Will Heenan fourth (14:21).

In the girls' event, Londonderry's battle-tested the always-exciting Divisenior standout Kalin Gre- sion I state meet on the

second and Alex Seeley fifth overall in 17:51.

The LHS cross-country In the boys' race, the contingents have plenty of practice time with he next event not occurring until later in the month at the of the Junior Varsity State Meet on the 20th. the annual Catholic Memorial (Massachusetts) Invitational on the 21st, and





Soccer, Senior This skilled team captain - as voted by his teammates - leads the talented Lancers with nine goals and one

Josh Rutina, Boys'

#### Maeve McPhail, **Senior, Field Hockey**

assist to this juncture

in the season.

This talented veteran scored the gamewinning goal against Manchester Central, and she continues to prove herself consistent and dependable in the midfield.

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## is hosting its 1<sup>st</sup> Annual Comedy Night

The Londonderry Lancer Gridiron Club

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## Warm LHS Field Hockey Squad Bumps Record Back Over .500 Mark

CHRIS PANTAZIS LONDONDERRY TIMES

week this week.

The Lancers nudged very tight, one-goal their season record back scored by Maeve McPhail home victory over up over that .500 line on an assist from Vanessa a Queen City oppo- with a 1-0 edging of a nent last week enabled tough Manchester Centhe Londonderry High tral contingent at Lonfield hockey team to donderry High on Wedknock its 2017 record up nesday, Sept. 27. It was her team's second shutover the .500 mark as it the local contingent's rolled into a travel-heavy third victory in its previ-

ous four contests.

The lone goal was Magoon in the first half, and Londonderry goalie Morgan Brutus wound up contributing two saves to out of the campaign. Central moved to 4-2-2 with

## **Lancer Golfers Finish Season** With Some Ups and Downs

**CHRIS PANTAZIS** LONDONDERRY TIMES

victory in a threeteam home match followed by a regular season-ending third place finish in a threeteam battle last week left the Londonderry High golf team contemplating a 6-14 final record.

Coach Dan Grant's LHS golfers narrowly edged the Nashua North Titans by a single stroke at the Passaconaway Country Club in Litchfield on Wednesday, Sept. 27, but then ended up third behind Concord and Spaulding in Rochester at the end of the week.

In the slim victory in Litchfield during the middle of the week, the Lancers tallied a team score of 222 to outdistance North (223) and the far more distant Merrimack mob (267).

Johnson for the Lancers' top scoring honors that day.

low of 43, birdieing the behind the victorious uled for next Saturday at sixth hole with a 30-foot putt." said coach Grant.

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**Right Plan?** 



Kyle MacEachern and the Londonderry High golf team had mixed fortunes in ending their regular season recently. Photo by Chris Paul

Brian Boyle tributed a 44, Josh Traynham made MacEachern recorded a (223) in shooting a 227. a bit of personal history 45, and Nate Andrews by tying teammate Dakota penciled in a 47 for the team tournament is slated winning side.

two afternoons later, the try Club, with the individ-"Josh shot his season Lancers finished well ual tournament sched-Concord High Crimson that same lovely seacoast Tide (199) but less than a venue.

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con- handful of shots behind Kyle second place Spaulding

The Division I state for next Tuesday, Oct. 10 But out in Rochester at the Portsmouth Coun-

**KA**<sup>e</sup>ARCHER

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its defeat.

That success was a noteworthy one as the Lancers became serious road warriors this week. having to travel fairly significant distances to play at Dover High on Wednesday, Oct. 4 - after Londonderry Times press time and then all the way out in the western part of the Granite State at Keene High two days later.

The Dover High Green Wave (3-6-1) was flying high coming into the first of those two battles, having recently handed Pinkerton its first 2017 defeat and taking five of its last six decisions and boasting a fine 5-3-2 record.

Keene's Blackbirds, however, were several steps below the .500 level coming into this week with a 3-5-1 mark.

Londonderry High field hockey Captain Sarah

Vanini does her best to evade an opponent during a recent match. Photo by Chris Paul

the Division I pack with 10-1 with Pinkerton just

The now 5-4 London- the Bishop Guertin Card- below them with one less derry sit in the middle of nals sitting at the top at win (9-1).

#### Daniela E. Verani, M.D., P.A.

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#### - PROVIDER ON CALL **IMPORTANCE OF GETTING A FLU SHOT**

changes. Before each new flu season, federal health experts predict which three strains of the flu are most likely to thrive. They use that information to manufacture the appropriate vac-tage the fullowing conditions: People who has to the full supervised of the fullowing conditions.

Some people may be more prone to infection than others. That's can occur after receiving the flu vaccine. It includes temporary paralthey are the most effective method to protect against this virus and tion, you should wait until it's gone before receiving the shot its related complications.

According to the CDC, these individuals include: preprint women, children between 6 months and 5 years of age, people 18 and under who receive aspirin therapy, people over 50, anyone with chronic medical conditions, people whose body mass index is 40 or higher, American Indians or Alaska Natives, anyone living or working in a nursing home or chronic care facility or caregivers of any of the above individuals.

Chronic medical conditions that could increase your risk of comcancer; metabolic diseases; neurological conditions, such as epilep-sy; blood conditions, such as sickle cell anemia; obesity or kidney can be reached at (603) 434-4363. or liver disease. According to the CDC, people under the age of 19 who are on aspirin therapy as well as people taking steroid medications on a regular basis should also be vaccinated.

Workers in public settings have more risk of exposure to the disease, so it's very important that they receive a vaccination. People who are in regular contact with at-risk individuals, such as the elderly and children, should also be vaccinated. Those people include: teachers, daycare employees, hospital workers, public workers, healthcare providers, employees of nursing homes and chronic care facilities, home care providers, emergency response person

The flu virus changes and adapts every year, which is why it's nel or household members of people in those professions. People who so widespread and difficult to avoid. New vaccines are creat-live in close quarters with others, such as college students and mem-ed and released every year to keep up with these rapid bers of the military, are also at a greater risk for exposure.

Some people should not get a flu shot. Don't get a flu shot if you ve had a bad reaction cines. The flu shot works because it prompts your immune sys-tem to produce antibodies. In turn, these antibodies help the severely allergic to eggs should avoid vaccination. If you are mildly body fight off the types of flu virus that are present in the vac-cine. After receiving the flu shot it takes about two weeks for these antibodies to fully develop. tamination, Guillain-Barre syndrome (GBS) is a rare side effect that

why the Centers for Disease Control (CDC) recommends that ysis. If you are at high risk for complications and have had GBS, you veryone 6 months of age or older be vaccinated against the flu. may still be eligible for the vaccine. Talk with your doctor to deter-The shots are not 100-percent effective in preventing the flu. But mine if you can receive it. If you have a fever the day of the vaccina-

As a Family Practitioner for over 25 years in Southern Certain groups are at an increased risk for getting the flu and New Hampshire, I have treated new borns to individuals developing potentially dangerous flu-related complications. It's in their Golden Years. My staff and I believe that preven-important that people in these high risk groups be vaccinated. tion is the best cure. And we like to do it the old-fashioned According to the CDC, these individuals include: pregnant way, by listening and caring for each patient as if they were way, by listening and caring for each patient as if they were our own family. At the same time, we do not ignore the innovations that are taking place in medicine and electron-ic medical records to help communicate with other

Our practice is located at the Tower Hill Professional Park at 182 Rockingham Road, Suite 9, Londonderry, conveniently accessiplications include: asthma; heart or lung problems; HIV/AIDS; ble near Exit 5 of Interstate 93. We accept most major insur-

> DOES YOUR PRACTICE LOCATION REFER TO YOU BY THE MEDICAL RECORD NUMBER THEY ASSIGN YOU? COME SEE US. WE PREFER CALLING YOU BY NAME.

SAME DAY APPOINTMENTS ARE AVAILABLE WITH THE DOCTOR. WE BELIEVE SEEING THE SAME PROVIDER EACH TIME YOU ARE SEEN HELPS YOUR CARE TO BE MORE CONSISTENT

MAKE SURE YOU TAKE CARE OF YOURSELF



Around Town Policy: This section is meant to be used to announce free events to the communities. If your group or non-profit is receiving money for what they are publicizing, there will be a charge of \$40.00/week per paper. All Around Town/Calendar Items will be held to 100 words maximum; anything over will incur a charge of \$40.00/week for up to another 50 words. All free announcements in the Around Town/Calendar section can run a maximum of 3 weeks. Deadline for submissions is Monday at 5 p.m.

Additionally: We will run the full versions of any calendar items online free of charge at www.nutpub.net. Please send items to londonderrytimes@nutpub.net.

#### Legion Meeting

PAGE 16

On Oct. 9 Monthly General Meeting at 7:30 p.m. at American Legion Post 27 located at 6 Sargent Rd in Londonderry (behind the fire station on Mammoth Road). All members of Post 27 are invited to attend. For more information go to our website (www.alpost27.com or call us at 437-6613, visit our Greeley Parmenter Harrington Facebook page or Twitter follow us on @ALPost27.

#### Karaoke Night

On Oct. 20 Karaoke with DJ Sharon at American Legion Post 27 located at 6 Sargent Rd in Londonderry (behind the fire station on Mammoth Road), starts at 7 p.m. Non-members interested in joining Post 27 are welcome to attend. For more information go to our website (www.alpost27.com or call us at 437-6613, visit our Greeley Parmenter Harrington Facebook page or follow us on Twitter @ALPost27.

#### Bingo

On Oct. 23 Post 27 will be playing bingo with patients at the VA Hospital in Manchester from 7-8:30 p.m. We'll be serving pizza and diet soda as well as providing \$150 in prize money. For more information go to our website (www.alpost27.com or call us at 437-6613, visit our Greeley Parmenter Harrington Facebook page or follow us on Twitter @ALPost27.

#### S.A.L Halloween Party

On Oct. 28 at American Legion Post 27 located at 6 Sargent Rd in Londonderry (behind the fire station on Mammoth Road), a S.A.L. Halloween Party will begin at 7 p.m. with costumes, live music, food, raffles & more! Come by Post 27 to register. For more information go to website our

(www.alpost27.com or call us at 437-6613, visit our Greeley Parmenter Harring-

us on Twitter @ALPost27.

#### **Jimmy Fund Walk**

The second annual Jimmy Fund walk will be held Saturday, Oct. 7 starting at 2 p.m., at Londonderry High School. Besides the walk in Boston which takes place along the marathon route, it is the only other Jimmy Fund walk in the country. The walk is sponsored by the Dana-Farber with offices in Londonderry, headed by Dana-Farber Director of Nursing Emma Dann, and assisted by the Londonderry High School Pep Rally team. For more information contact Steve Juster at sjuster@londonderry.org.

#### **ALERT Open House**

ALERT is having an Open House on Thur. Oct. 12, from 7 - 8:30 p.m. at the Londonderry Police Department Community Room, 268 Mammoth Road, Londonderry. Please join us at our Open House and see what we are all about! For quesplease tions email rwfortin@comcast.net

#### **Pumpkinfest**

This years Pumpkinfest will be held on Sat. Oct. 7 from 11 a.m. - 8 p.m. at Crossing Life Church & Community Center 122 North Lowell Rd., Windham. Free Admission. All Are Welcome. Celebrate the Harvest Season! There will be Josh Landry Chainsaw Carving, Animal Adventures, Hay Rides, S.O.W.A. Dojo with Josiah Armstrong, Games, Food, Live Music, UNH Lumberjack Team, and More!

#### **Electronics Recycling**

The Londonderry Grange 44 will be hosting their semi-annual Electronics Recycling fundraiser on Sat. Oct. 21, from 10 a.m. - 1 Have electronic p.m. devices that you no longer need? Bring them to the Recycling Electronic Fundraiser and for nominal

ton Facebook page or follow fees we can make sure everything will be reduced/reused/recycled in an environmentally friendly way. Anything electronic will be accepted from wires to big screen TV's. From \$1 up to \$35 including CRT monitors. Proceeds to pay for chimney flashing repair. Help us keep our Grange looking good.Contact at 437-5413, Cherylann cherylannbp56@ao with questions.

#### Walk with Me

Are you losing someone? A child, a parent, a sibling or a friend? It can be a painful journey but you don't have to walk it alone anymore. Just come "Walk With Me". Meetings are the 2nd and 4th Tuesdays of the month at 7 p.m., at the Londonderry Presbyterian Church, 128 Pillsbury Road, Londonderry. If you have any questions please call 781-866-9976.

#### Walking Together

A support group for widows and widowers meets every 1st and 3rd Tuesday of the month at 7 p.m. at the Londonderry Presbyterian Church, 128 Pillsbury Road, Londonderry. Lets walk together. If you have any questions please call 781-866-9976.

#### Lamplighters

A womans group with the goal of helping less fortunate woman and people in NH meets every 4th Thursday of the month 7 p.m. at Londonderry Presbyterian Church at 128 Pillsbury Road, Londonderry. If you have any questions please call 781-866-9976.

#### **Derry Fun Night**

On Oct. 13, National Model Railroad Association is running their Derry Fun Night program. The program is held the second Friday night of each month, 7 -9 p.m., at the Marion Gerrish Community Center, 39 West Broadway, Derry, NH.

For additional information - Sat., 9 a.m. - 5 p.m. The Mon., Oct. 23 and Tues., Oct. go to the Division's website at seacoastnmra.org/calendar.

#### **Spaghetti Dinner**

St. Gianna's Place is hosting a spaghetti dinner on Oct. 28, at the Aquinas Center at St. Thomas Aquinas Church, 26 Crystal Avenue, Derry, starting at 5:30 p.m. This event will raise money to open a home for pregnant women in need in the Derry/Londonderry area. The evening will include an Italian dinner, raffles, a silent auction, and a live auction. Tickets will be sold at the door and are \$10 for adults and \$5 for children 12 and under. Our goal is to provide a safe home, job and life skills training, and a renewed sense of selfworth and independence to pregnant women in crisis. Please visit StGiannas-Place.org for additional information.

#### **Haunted Woods**

LHS Drama Club will be hosting Haunted Woods October 17, 18 & 19 from 6 -8:30 p.m. \$5 for the woods and \$3 for the Goblin Garden (for younger children). Free treats during the night as well!

#### **Bake Sale**

St. Jude's Women's Guild is sponsoring a Bake Sale on Sat., Oct. 14, at Mack's Apples, 230 Mammoth Road, Londonderry, from 9 a.m. - 3 p.m. The women of the guild will be presenting home-made pies, breads, brownies, cookies, coffee cakes, fudge, muffins, seasonal novelties and much more.

#### **Farm Day**

Open Farm Day At Patch Wood Farm, 42 Hawkewood Rd. Sandown, on Oct. 14, noon to 4 p.m. Hooves, Paws and Claws 4H club will be hosting a fundraiser to support the 4H club by showing off their rescue horses, along with: Raffles, Pony Rides, Bake Sale, Petting Zoo, Horse Shoe Painting, Arts and Crafts, Puppy Visits, Farm Tours, Meet and Greet with our Horses, and Much More! For More Information please call us at (978) 998-1751 or visit our web site at www.Patch-WoodFarms.com Hope to see you there!

#### Library Hours

The Leach Library will now be open Monday -Thursday, 9 a.m. - 8 p.m., Fri. library will be closed on Mon., Oct. 9, for Columbus Dav.

#### Spooky Creepy New England

On Thurs., Oct. 19 at 7 p.m., the Leach Library will offer "Spooky Creepy New England" featuring Karen Mossey and Mike Sullivan are paranormal investigators based in New England who specialize in Electronic Voice Phenomena (EVP) and paranormal photography. Join us for a slideshow presentation featuring the haunted locations Ms. Mossey and Mr. Sullivan have investigated around New England. This program is free and open to the public with seating limited to the first 90 individuals. It will be held in the library's lower-level meeting room. Light refreshments will be served.

#### **Book Bingo**

On Thurs., Oct. 12 from 3:30 - 4:30 p.m. an hour of Book Bingo will be played at the Leach Library. All participants in grades 6 through 12 will win and have a chance to choose from our special selection tables. In addition at this special event, snacks and drinks will be served and there will be a raffle for fun door prizes. No registration is necessary.

#### **Magic Show**

On Mon., Oct. 16 from 4 p.m. the Leach Library presents Brenner Family Magic Show. During this fun and interactive program, live animal friends appear and disappear! During the show, participants will learn where the animals are from, what they eat, some of their habits and more. Participants won't know what to expect, since not all the magic tricks have animals. Full of audience participation and amazing magic tricks, this program will leave audience members asking for more. Live animals that may appear include a hedgehog, chinchilla and pig. This entertaining program is open to 90 participants of all ages and advance registration is required. To register, stop by the Children's Room, or call 432-1127 beginning at 9 a.m. on Tue., Oct. 10.

#### Halloween Happenings

The Leach Library will be hosting its annual Halloween celebrations on

24 from 4:30 - 5:30 p.m. Those who wish to may participate in a costume parade beginning at 4:15 p.m. each day. To register, stop by the Children's Room, or call 432-1127 beginning at 9 a.m. on Mon., Oct. 16.

#### **Continuing Education** Program

Programs are open to the public at no charge, except as otherwise indicated. Donations to the Etz Hayim Synagogue will allow us to continue to offer these and other programs, and are gratefully accepted. Thurs. Nights, at 7 p.m. Etz Hayim Synagogue, 11/2 Hood Road, Derry. For more information, please contact: Stephen Soreff, MD, at soreffs15@aol.com or 603 895-6120.

#### **Lions Club Giant Yard** Sale

The sale is Sat., Oct. 14, 8 a.m. - 2 p.m., at the Lions club Hall, Rt. 128, 256 Mammoth Road, Across from Londonderry, NH Town Common. No Early Birds Please. Proceeds for donated goods and rented spaces to benefit: The Lions.

#### **Derry Garden Club** Meeting

The next meeting of the Derry Garden Club will be held on Fri., Oct. 6, at 10 a.m. at the Derry Boys and Girls Club, 40 Hampstead Rd., Derry. The speaker will be Jerry and Paige Kennery and they will demonstrate the use of the garden club website and discuss various forms of social media. Bring your own sandwich. The committee will provide chips, desserts and beverages. We will also be collecting for the food pantry and soup kitchen. www.derrygardenclub.org

#### **Child Passenger Safety** Program

The Londonderry Fire Rescue and Londonderry Police Department, along with volunteers, have collaborated to form the New Hampshire Child Passenger Safety Program. The program helps residents and those outside of Londonderrv with child restraint concerns by answering questions, providing safety information, and making appointments to inspect car seat installations. They also host inspections during the month on a Saturday morn-

LONDONDERRY TIMES • OCTOBER 5, 2017

PAGE 17



Call us for more details at (603) 537-2760 • ads@nutpub.net

## **Classified Advertising**

**READERS ARE CAUTIONED** that we occasionally run ads that require an initial investment or money in advance. We urge our readers to "**do their homework**" before responding to any ad, check out the advertiser thoroughly and verify their claims to your total satisfaction. Only then should you proceed at your own risk. We try to screen ads that require you to send money before receiving a product or service. But these efforts are no substitute for your own investigation, and we don't endorse or guarantee any claims made in any of the ads we publish. If you want more information about claims made in ads on subjects such as work at home opportunities, travel or vacation specials, purchasing land or vehicles from government surplus or below wholesale, loans or other credit opportunities (including credit repair), or weight loss and other health products and services, we urge you to contact the Office of Attorney General, Consumer Protection Bureau, 33 Capitol Street, Concord, NH 03301 (603-271-3641) or the Better Business Bureau at 603-224-1991. Publisher is not responsible for any loss of business if an ad does not run, and we reserve the right to revoke any ad if deemed necessary. No refunds will be given for prepaid ads.

## Local Classifieds

#### LOCAL LISTINGS FOR LOCAL READERS

FOR SALE

#### ELECTRICIAN

ELECTRICAL WIRING. Insured Master Electrician. Fair prices, Fast response, and Free estimates, Call Dana at 759-9876 FIREWOOD

#### CERTIFIED

"Heat-Treated". Dry Firewood # NH-2017-6-8-55-1. Partial Cord Units. Free Delivery and Stacked. 437-0940 or www.firewoodguy.com

Cord Wood Green, Semi-Seasoned and Seasoned. Nicely sized, Screened and Clean Hardwood. Bradley Tree & Landscape 603-886-1550

Seasoned firewood, Cut, Split, and Delivered. \$300 per cord, call (603)434-1212.

Farm Fresh Eggs For Sale \$3.00. A Dozen at 714 Lucas Rd, Londonderry Or Call Ray At 978-996-7832

#### HANDYMAN SERVICE

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Hampstead, and Sandown!

Deadline for placing ads is Monday at 3 p.m.

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**ALL ADS MUST BE PRE-PAID** 

**\$15 MINIMUM CHARGE** 

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## National/Regional Listings

Find Ads From Around New England and Across the Country

#### tion. Call 1-844-722-7993.

Cars/Trucks Wanted!!! All Makes/Models 2000-2016! Any Condition. Running or Not. Top \$\$\$ Paid! Free Towing! We're Nationwide! Call Now: 1-888-985-1806.

Society. Call 1-855-558-3509.

#### EMPLOYMENT

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Mail! Send SASE: LISTS/CAD, Spring-

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Become a published author! Publications sold at all major secular & specialty Christian bookstores. Call Christian Faith Publishing for your Free author submission kit, 1-855-548-5979.

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Prescription medications for up to 85% off retail prices! Stop paying so much! \$15 Off for First Time Customers. Free Shipping. Price Match Guarantee. Call for Free Quote: 1-877-627-7239 or visit MailMedsplus.net/discount.

#### WANTED TO BUY

Cash Paid- up to \$25/Box for unexpired, sealed Diabetic Test Strips. 1-Daypayment.1-800-371-1136.

Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver. Co. 80201.

Advertise to 10 Million Homes across the USA! Place your ad in over 140 community newspapers, with circulation totaling over 10 mil-lion homes. Contact Independent Free Papers of America IFPA at danielleburnett-ifpa@live.com or visit our website cadnetads.com for more information.

## Londonderry Police Log

Selections from the Londonderry Police Logs

Monday - Sept. 25 7:24 a.m. Motor vehicle accident investigated on Industrial Drive.

8:49 a.m. Suspicious activity investigated on Highlander Way.

10:10 a.m. Services rendered after complaint at Kendall Pond Conservation Area.

11:18 a.m. Services rendered for Domestic Disturbance on Peabody Row. 11:21 a.m. Unlawful Activities responded to on

Meadow Drive 2:43 p.m. Assisted London- 1:41 p.m. Services ren-

derry Fire Dept. on King Charles Drive. 4:48 p.m. Trespassing

reported and investigated on Stonehenge Road.

5:25 p.m. Motor Vehicle Stop results in arrest on Haywood Road. Robert Larsen, 27, of Manchester charged with Disobeying an Officer, Having an Unregistered Vehicle and Failure to Obey Inspection Requirements.

5:38 p.m. Services rendered at Kendall Pond Conservation Area.

5:54 p.m. Neighborhood Path. disputes reported on Capitol Hill Drive.

8:14 p.m. Criminal Threatening investigated on

Jewel Court. 8:33 p.m. Services rendered for Domestic Disturbance on Pillsbury Road. 8:49 p.m. Services rendered at Kendall Pond 12:26 a.m. Services ren-

Conservation Area. 11:40 p.m. Assisted Londonderry Fire Dept. on 3:34 a.m. Warrant served

Mustang Lane. Tuesday - Sept. 26

12:32 a.m. Missing Person investigated on Karen Lane.

10:21 a.m. Services rendered at Kendall Pond Conservation Area.

dered at Kendall Pond Conservation Area.

3:52 p.m. Motor vehicle accident on Hampton Drive.

4:05 p.m. Accident involving three motor vehicles investigated on Rockingham Road at Perkins Road.

5:13 p.m. Disturbance investigated on Musquash Meadow Road at Londonderry Fish and Game Club. 7:06 p.m. Four officers investigate disturbance at Wallace Farm on Bridle

8:30 p.m. Warrant served and arrest made on Wedgewood Drive. Peter Sierpinski, 74, of London-

derry charged with Theft. 8:30 a.m. Services rendered at Kendall Pond Conservation Area

Wednesday - Sept. 27

dered at Kendall Pond Conservation Area.

and arrest made on Brook Road. Jason Anderson, 21, of Litchfield charged with Burglary.

8:21 a.m. Services rendered for suspicious activity on Granite Street.

10:20 a.m. Services rendered at Kendall Pond Conservation Area.

11:46 a.m. Three vehicles involved in accident on Nashua Road at Parmenter Road.

2:05 p.m. Services rendered for overdose on Buttrick Rd

2:47 p.m. Serve warrant and arrest made on Linlew Drive, Derry. Bruce Grimard, 42, of Haverhill, Mass. charged with four counts of Commercial Bribery.

7:01 p.m. Disturbance on Pine Hollow Drive results in transportation to hospital.

8:24 p.m. Services rendered at Kendall Pond **Continued on page 19** 

Minimum charge does not include bold type. e-mail text to: classifieds@nutpub.net 537-2760

## Have an Announcement? This service is provided free of

**Call:** 

charge to local residents who wish to announce the birth of their child or grandchild, marriage engagement, wedding or milestone event such as a Silver Wedding Anniversary. This is a great way to share your news with your local community. The Tri-Town Times also accepts obituary notices. Please contact us at 537-2760 or e-mail to tritowntimes@nutpub.net.

#### PAGE 18

### Got An Older Car, Van OR SUV? Do the humane thing. Donate it to the Humane

## Michael's Masonry- Specializing in PAINTING

WANTED Call 537-2760 to place your Help

## Lancers Raise Funds, Exercise and Get Wet at Fund Raiser



As January approaches, and the trip to Pasadena get closer, the Londonderry High School Marching Band and Color Guard have been busy with fund raising efforts. Early Saturday morning members of the band went out in countless waves on a five mile Walk-a-Thon to raise funds for their trip to the Rose Bowl at the end of the year. Photos by Chris Paul

#### Police Log Continued from page 18

Conservation Area.

Thursday - Sept. 28 1:51 a.m. Services ren- dered at Kendall Pond dered at Kendall Pond Conservation Area. Conservation Area. 8:06 a.m. Warrant Served accident investigated on and arrest made on Pheasant Run. Ethan Cullen, 18, of Londonderry charged **5:36 p.m.** Domestic Disturwith Aggravated Felonious Sexual Assault Forcible Rape, the Sale of Con-

trolled/Narcotic Drugs, 11:12 p.m. Services Ren-Prohibited Sales of Alcoholic Beverages and Sale Londonderry High School of Controlled/Narcotic Drugs.

11:01 a.m. Services Rendered for Juvenile Offenses at Londonderry Middle make two arrests at Con-School.

dered at Kendall Pond pesa, 39, of Lawrence, Conservation Area.

12:23 p.m. Motor Vehicle ving Under the Influence Accident Investigated on of Drugs or Liquor. Mammoth Road and Wind- Robyne Fischer, 47, of Malsor Blvd.

7:40 p.m. Peace Restored ving Under the Influence after Neighborhood Dis- of Drugs or Liquor and putes on High Range Road. Domestic Violence Simple 8:48 p.m. Assist Londonderry Fire Dept at London- 6:37 a.m. Suspicious acderry Freezer Warehouse tivity investigated by four on Rockingham Road.

Friday - Sept. 29 12:57 a.m. Suspicious 7:23 a.m. Four officers

Mountain Home Estates Dept. on Hovey Road. Clubhouse on Fieldstone 8:01 a.m. Motor vehicle Drive. 8:33 a.m. Services ren- Mammoth Road at Adams

9:16 a.m. Motor vehicle dered at Kendall Pond Mammoth Road at Kendall Pond Road.

bance investigated at Market Basket on Garden Lane.

dered for Drug Offenses at

Saturday - Sept. 30

3:19 a.m. Four officers respond to report of Domestic Disturbance and venience Plus on Rocking-12:07 p.m. Services ren- ham Road. Douglas Di-Mass. charged with Driabar, Fla. Charge with Dri-Assault.

officers on Litchfield Road.

activity investigated at assist Londonderry Fire dered at Kendall Pond try Store on Nashua Road. Cruelty to Animals.

accident Investigated on Road.

9:34 a.m. Services ren- 12:08 a.m. Overdose victim Conservation Area. 2:18 p.m. Assisted Lon-

1:08 a.m. Services rendonderry Fire Dept. and dered at Kendall Pond Arrest Made at Elliot Primary Care/Urgent Care. Brian Tausky, 19, of Londonderry charged with Conservation Area. two counts of Domestic 7:52 a.m. Motor vehicle Violence - Assault, Reckless Conduct; placing another in danger, and 3:19 p.m. Criminal Misobstructing the report of a crime or injury.

7:37 p.m. Services ren- Cracker Barrell Old Coun-



#### TOWN OF LONDONDERRY **PUBLIC HEARING**

sor Blvd.

Conservation Area.

ton Road.

after complaint on Abing-

Sunday - Oct 1

on Shenandoah Avenue

7:52 a.m. Services ren-

dered at Kendall Pond

accident investigated on

Mammoth Road at Wind-

at

chief investigated

transported to hospital.

Conservation Area.

#### ACCEPTANCE OF UNANTICIPATED FUNDS **UNDER RSA 31:95**

The Londonderry Town Council will hold a public hearing pursuant to RSA 31:95-b, acceptance of unanticipated funds in excess of \$10,000, relative to the receipt of impact fees. The public hearing will be held on Monday, October 16, 2017 at a meeting of the Council scheduled to begin at 7:00 p.m. in the Moose Hill Conference Room, 268B Mammoth Road, Londonderry, NH. Information on the funds to be accepted is available in the Finance Office during regular business hours. The public is urged to attend.

4:12 p.m. Services ren-11:21 p.m. Peace restored dered at Kendall Pond Conservation Area.

4:40 p.m. Services ren- trick Road.

8:22 p.m. Overdose investigated at Elliot Primary

dered at Kendall Pond 8:32 p.m. Motor vehicle Conservation Area. 6:58 p.m. Warrant served Nashua Road at Young and arrest made on Melendy Hollow, Amherst.

Christopher Fokas, 55, of Amherst charged with Inn on Perkins Road.

> Londonderry Seeks Oldest Person In Londonderry For Post Cane

Road.

Care/Urgent Care on But-

accident investigated on

9:57 p.m. Peace restored

after disturbance at Sleep

Do you know someone who might be the oldest living resident of Londonderry? We are seeking nominations for the next recipient of Londonderry's Boston Post Cane. The tradition of the Boston Post Cane residing with our oldest resident dates back to 1909.

Guidelines for the Boston Post Cane Recipient:

- Oldest citizen of Londonderry by documented birth certificate, passport or voter registration
- U.S. citizen, naturalized or registered voter
- · Has lived in Londonderry at least 30 years and currently resides here
- Has been a contributor to the town of Londonderry (or neighboring community) in some way or an active member in a local nonprofit organization.

To apply or nominate someone, please fill out the application which can be found on the Town of Londonderry website or Facebook page. Applications should be sub-mitted by November 1, 2017 to:

> Kirby Brown Londonderry Town Manager's Office 268B Mammoth Road Londonderry, NH 03053

Page 19



## When That **Ache** Becomes a **Pain**...We're Here



Whether you're a weekend warrior or a professional athlete, we're here for your sports injury needs in Hudson.

#### Welcoming Victory Sports Medicine & Dr. Elana Bannerman to Hudson! The Doctor For Athletes



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