

Londonderry Times

May 25, 2017 ♦ Volume 18 – Issue 21

A FREE Weekly Publication



A Glimpse at India Londonderry High School sophomore Urvi Chakraborty performed a traditional Odissi Dance during the annual International Night at the schools cafe. About a dozen counties were represented during the evenings presentations. See more page 19. *Photo by Chris Paul*

Resident Seeks Variance From ZBA for Chicken Coop

ALEX GUITTARR
LONDONDERRY TIMES

David Burnham has been hoping to give his family a taste of farm life by building a coop in his backyard in order to raise several chickens. Unfortunately, his hopes ran into some complications.

According to Land Zoning Ordinance 2.3.1.4.A, if

someone wishes to keep these types of animals on their property, he would need at least two acres of land. However, Burnham has the smallest lot in his neighborhood at only 1.49 acres, as the rest of his property is surrounded by trees.

In order to seek a remedy to this situation, he reached out to the Lon-

donderry Zoning Board. During the May 17 meeting of the board, Burnham, along with his family and one of his neighbors, pled their case.

Although it appeared that he did not have experience going before a board such as this, Burnham, who is also a contractor, came prepared.

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School Board Recognizes Both Students and Faculty

ALEX GUITTARR
LONDONDERRY TIMES

As the 2016-2017 school year draws to a close, the Londonderry School Board found itself celebrating the various accomplishments of both students and staff at its May 16 meeting, on top of the standard affair of financial matters and the like.

However, before these matters could be attended to, the board first had to finalize the ratification of the 2017 town election results. Due to inclement weather, the district was forced to postpone the election to a later date. Although there were no further issues with the

elections, concerns were raised by some members of the public over the legality of the postponement. Thus, to avoid any legal issues in the future, the board unanimously approved the ratification and affirmation of these election results.

Following this, a series of presentations were undertaken that covered a wide variety of topics across the school district. First, Londonderry Middle School teacher Carolyn Roy showed the board a slide show to showcase the accomplishments of the students in her Creative Computing and Media course.

Next, Scott Laliberte

gave out gifts to several local recipients of the VFW Loyalty Day/Scholastic Awards.

Jay Parent and Bonnie Breithaupt were next to speak to the board, highlighting the Little Lancer Day at Londonderry High School, where Londonderry kindergarten students were brought to the LHS gymnasium to be welcomed to the school district with a series of songs and dance numbers from the high school students.

Finally, Laliberte recognized Student Council representative Carolyn Hill for her hard work with the school board, keeping them informed

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Musquash Hiking Event Being Held for National Trails Day

ALEX GUITTARR
LONDONDERRY TIMES

As the plants begin to bloom and the temperatures rise, there is no better time than now to head outside and take a hike throughout Londonderry's forest trails. And the Musquash Conservation Area may just be one of your best options in the coming weeks.

In celebration of National Trails Day on June 3, the Southeast Land Trust of New Hampshire, along with the New Hampshire Fish and Game Department, will be hosting a hiking event that will guide new and experienced hikers throughout the 14 hundred acres and 20 miles

of managed trails of the nearly forty year old conservation site. The two groups are also in the process of adding 175 miles to the Musquash network by conserving two key properties.

National Trails Day was created by the American Hiking Society, taking place on the first Saturday of June, all in an effort to introduce people of all ages and experience levels to the vast amount of trails across the U.S. and help them find their own adventure in the great outdoors.

"By coordinating a wide array of trail activities on a single day, National Trails Day attracts new trail users and helps connect existing

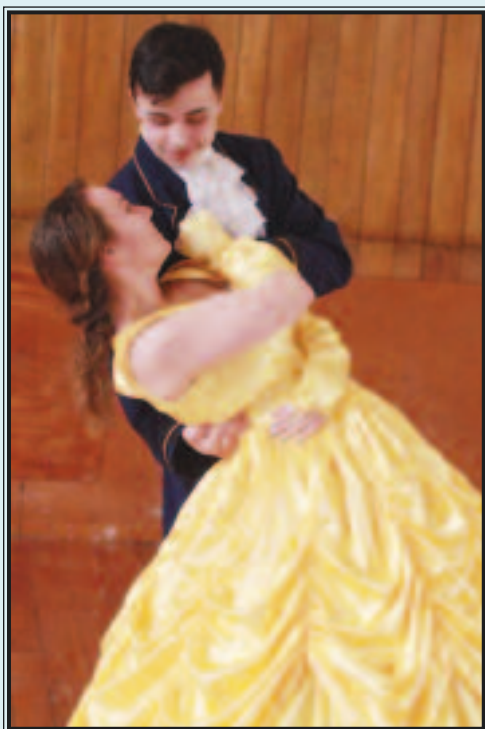
trail enthusiasts with local clubs and organizations with the hopes of creating trail advocates and stewards. The task to protect and maintain more than 200,000 miles of trails in the U.S. requires a collaborative effort among trail clubs, organizations, government agencies, and most importantly passion-

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Kids Coop Theatre Presents Beauty and the Beast



Kids Coop Theatre is scheduled to perform "Beauty and the Beast" on May 26 and 27 at the Derry Opera House. The play is Directed by John Rodgers with Music Direction by Devereux Geiger and Choreography by Mari Frederique-Streitburger. The 44-member cast features children ages 8 to 18. Belle is played by Emily St. Louis of Derry, the Beast is Michael Hughes of Hampstead, Gaston is played by Billy Croteau, Lafou is Joshua Ozaroff of Windham. Other players include Harris Chrisilles, Frank Thomas, Tyler Vinson, Rachael Spellman, Milly Brunette, Jenna Sullivan, Heidi Krantz and Madison Finocchiaro. All tickets are \$14 and are available at www.kids-coop-theatre.org. Photos by Chris Paul



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LMS Teacher Named Chester Academy Assistant Principal

MELISSA BETH RUIZ
LONDONDERRY TIMES

"I had tears in my eyes when I wrote my resignation letter to the Superintendent," Londonderry Middle School Special Curriculum teacher, Ann Gaffney, sighed. "This has been my home, it hasn't settled in yet that I'm leaving..."

After reviewing 45 candidates for the open position, Chester Academy Principal, Karen Lacroix, has selected Gaffney as the new Assistant Principal.

"Ann Gaffney was our first choice and she was the very first person we had interviewed for the position. She raised the bar very high at that starting point," Superintendent of Chester School District, Darrell Lockwood said at a recent CA School Board



Ann Gaffney

meeting. "Any of the final four would have been fine but I am really pleased that we got the very best."

Gaffney began working at LMS right after she graduated from college. Although she had taught at summer camps, this would be, in her words, her first real teaching job. Through her 20 years

teaching, Gaffney mentioned that her favorite part about working at LMS was her colleagues, students, the families, and the community.

Gaffney feels as though she has "come of age" as a teacher in Londonderry, from all of the everyday challenges. From learning to manage her own classroom and making sure she has a full understanding of her curriculum, all the way through her graduate studies while still working as a teacher.

Gaffney received her Doctorate in Education Leadership and Education from Rivier University in 2014, along with receiving state certification to be a Curriculum Administrator and Principal. She stated that she had been getting

herself ready so that when the right opportunity had come along, she would know that she would be ready. It would be just a few more years until opportunity came knocking.

While serving on a planning committee about a year ago for a STEM-focused charter school, which ultimately never came to fruition, Gaffney's eyes started to open to a new opportunity for her.

"Through the process of planning (the school), I saw myself wanting to be its principal," Gaffney explained, further saying that that was what helped her to realize that she was ready to take on a leadership role.

Although she will miss the LMS community and Londonderry School district dearly, Gaffney hopes to bring a fresh perspective to her new position at Chester Academy.

"One of the things I think is important in working with teachers is helping to honor the knowledge and experience they have, while at the same time

helping them to improve," Gaffney said. "I hope they will see from me that honoring piece, as well."

When asked what she would miss most about her time at LMS, Gaffney said that she would miss seeing her students from the beginning of middle school to the end.

"What I have especially loved these last few years is getting to loop with students," Gaffney said. "I got to take groups of sixth-graders with advanced math, and follow them through seventh and eighth. So I have eighth-graders that I've had for three years." She further stated that in the past it was always hard to

say goodbye, but she would tell her fledgling students that they could always come back to see her.

"It's going to be hard to leave that," Gaffney sighed, and then quipped that it was a positive that she would still live in town, as she always bumps into familiar faces while out and about.

Although Gaffney is excited to take on her new role in the education system, she will never forget where she came from.

"I'm not leaving because I dislike it," Gaffney promised. "I absolutely love Londonderry...this district has made me who I am, and I'm so, so grateful for that."

Trails

Continued from page 1

ate trail advocates and stewards", noted the AHS on their official website.

The trek through the Musquash will be a leisurely three hour loop across four miles through the established trails, highlighting a series of landmarks and wildlife found throughout the area.

SELT advises that you bring snacks, water and bug repellent for the hike.

They also suggest bringing binoculars and trekking poles, but these two are optional. Dogs can be brought along as well, but must be leashed or under voice control.

The group will be meeting up at the end of Hickory Hill Drive. Participants may park at the end or on the side of the road, but please do not block driveways.

Registration will be limited to twenty people and comes with a suggested donation of five dollars per

person or ten dollars per family. Signups will end on Friday, June 2 at noon.

Those interested can sign up at <http://seltnh.org/event/national-trails-day-explore-the-musquash/>.



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Editorial

A Day of Remembering

In the town squares and commons and historic cemeteries of New Hampshire, the statue of a Civil War soldier is a sight often taken for granted. But a vestige of that war remains part of our lives today, as we mark the occasion of Memorial Day this coming Monday.

Memorial Day was officially proclaimed and observed in 1868 by General John Logan, national commander of the Grand Army of the Republic, as a time when flowers were placed on the graves of Union and Confederate soldiers at Arlington National Cemetery. Evidence of an even earlier day of remembrance comes from records of the decoration of Confederate soldiers' graves by women's groups in the South before the end of the Civil War. By 1890, the day, originally called Decoration Day, was recognized by all northern states, while the South honored its dead on a separate date.

Then came World War I, and the day changed to a time of remembrance throughout the country for all who gave their lives in military service to the United States.

Many more wars have taken the lives of American servicemen

and women since then, including the current war in Afghanistan. But even with the present-day fighting, it's easy to look at Memorial Day as just another chance for a three-day weekend, an extra day off from work and school, a time for barbecues and mowing the lawn and planting the flower garden.

We suggest a different focus.

Those Civil War statues, and the old cemeteries where tiny American flags stand vigil by graves, are visual reminders that thousands of lives have been given in the name of their nation's service - and more are at risk today. Memorial Day is a good time to think about what those familiar objects represent.

Ceremonies in our towns will center on the cemeteries and the statues, on the flags and the wreaths.

This Memorial Day, we encourage you to take time from your busy lives and your extra day of leisure to remember, and to thank those who have made the ultimate sacrifice, as well as those who stand ready to do so today. And let us hope that sacrifice will someday no longer be necessary.

Letters

Residents' Dismay

To the Editor:

First Londonderry Associates (FLA), with its plan to build 288 workforce housing units on Stonehenge Rd, has complied with all requests, has refused to sell its property to the Town, and has been willing to sue. Dealt a negative vote by the Board on March 8, it appealed to the Supreme Court, as was its legal right (RSA 677:15). When the Board, following a presentation by FLA, voted 4-3 in the affirmative on 3 May, FLA withdrew its appeal.

That vote on May 3 caused an uproar among residents at the meeting. The Planning Board took a hit.

Residents need to know that statutes, ordinances, and regulations, State and Town, severely limit the Board's response. It cannot willy-nilly vote to deny FLA's project or vote in the negative because residents

are frustrated and angry. It needs a justifiable reason, one that will hold up in court, because that is where the Town will be were the Board to now vote against FLA.

A justifiable reason was sought, prompted by residents' plight. The congestion, accidents and injury at the intersections of which Stonehenge Rd is a part suggested the basis for such justification. For, logically, would not an increase of 288-plus vehicles result in a more-or-less proportionate increase in congestion, accidents and injury at these intersections?

The NHDOT sent a letter to the Planning board at the request of the FLA. That letter stated the Stonehenge-Rt 28 intersection was in "failure" but no improvements (e.g., traffic lights) were in its 10-year plan; approved of FLA's idea for a R-turn lane for egress S on Rt 28; but did not address the impact of an additional

288-plus cars into that

mix - logically a failure-plus? With accidents, and only accidents, in mind - injury data not available due to privacy protocols - a LPD officer suggested I seek compilation of "Calls for Service" data for 2016. That request was in process when John Vogl, Planning and Economic Development Department, provided me with relevant pages from the Pernaw Report, an extensive and highly technical evaluation of the FLA housing complex's impact on the traffic flow. Page 31 contains the stopper of my effort to find a justifiable reason upon which to challenge FLA in court. In brief, in 2026 with that housing complex at full capacity it will add one to three vehicles per 15-minute interval during peak traffic flow.

Only a fool masquerading as an attorney would use that data as a basis to challenge FLA in court. The residents of Londonderry regretfully have lost.

C C Mitchell
Londonderry

Londonderry Times welcomes letters of up to 500 words on topics of local interest, written by local residents, and prints as many letters as possible. Please e-mail your letters to the Londonderry Times at londonderrytimes@nutpub.net. All letters must include the writer's name, address and phone number for verification if needed; name and town of residence will be printed. Londonderry Times reserves the right to reject or edit letters for content and length, and anonymous letters will not be printed. Deadline is 5 p.m. Monday.

Variance

Continued from page 1

He argued that although his acreage fell below the minimum, such a coop would not negatively affect the neighbors due to it being hidden from the neighborhood, not to mention that he will only be keeping hens, thus eliminating the chance of noise from roosters.

The chickens, which would be kept in a 12" by 16" coop next to Burnham's shed, would simply be there for the enjoyment of the family, as well as for fresh eggs that he plans on cooking, not selling. He felt that what he was asking for was "a reasonable request".

Burnham's neighbor, Michelle Debye, also spoke for him, feeling that having the chickens

would be a good experience for his children and a healthy opportunity for his family.

Once the board decided to go into deliberation, there appeared to be a visible level of frustration coming from board member Jacqueline Benard over the ambiguity of the ordinance, as it did not address any sort of appropriate ratio between number of animals and the size of the property. She was also concerned for the welfare of the chickens, not knowing whether or not the decreased dimensions of the property might negatively affect them in some way.

On the other hand, Board member Jim Tirabassi seemed apprehensive about creating a variance for the ordinance at all.

Although Burnham's neighbors appear to be

in support of his idea, Tirabassi was concerned about the undeveloped property behind Burnham's home turning into more housing in the future. He also noted that "there's no hardship if [the variance] is not granted".

Despite these concerns, however, the board seemed to have little issue with granting the variance, due to the small scale and circumstances. If anything, the board struggled more with finding the appropriate wording for the variance due to the ordinance's vagueness.

In the end, the board unanimously approved a variance for Burnham, albeit with the restrictions of allowing no more than six hens, no roosters at all and the chickens were not allowed to be free-range.

Londonderry Times

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Owner/Publisher – Debra Paul Art Director – Chris Paul

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Environmental Committee Seeking To Recruit New Members

ALEX GUITTARR
LONDONDERRY TIMES

The recent meeting of the Solid Waste and Environment Committee (SWEC) not only focused on the environment, but more so on membership.

On May 8, the Londonderry SWEC met for its monthly meeting, hoping to not only continue its efforts of keeping the town ecologically minded, but also to drum up new members for the committee.

Member Jocelyn Muller could not be present due to illness, and Bob Kerry was forced to leave early due to a family emergency. However, before

Kerry left, he brought up the town's new Sharps kiosk (a cart where residents can toss out their used sharp medical instruments, such as needles). The original kiosk was on the first floor of Town Hall, but was removed temporarily for a number of other installations, including a recycling display and a vending machine, before the town eventually settled on a POW monument. The new Sharps kiosk should be placed on the second floor by July.

After Kerry left the meeting, the remaining members delved into other topics. For one, Gary Stewart noted that

there seemed to be a "resurgence of energy" in the Beautify Londonderry program, a subcommittee to SWEC that focuses on cleaning up local residences of trash and brush. Stewart believes the new energy can be attributed to new leadership in the program, new T-shirts and a new banner. SWEC plans on inviting Mike Byerly, who works with Beautify Londonderry, to their next meeting for an update on how the program is running.

Stewart then went on to discuss one of the bigger projects SWEC is currently doing. The committee is concerned with small businesses and how

they throw away florescent light bulbs. These bulbs contain mercury and although most large businesses handle them in an environmentally safe manner, far less small businesses do this, sometimes causing safety hazards.

In order to raise awareness of this matter, SWEC is currently in the process of going door to door along 102 and Route 28 to roughly three hundred businesses to inform them of a service that will have their florescent bulbs to a drop-off center, albeit for a nominal fee.

Finally, the other large topic for the meeting was

reached: membership. On top of only three members of SWEC being present for this month's meeting, the committee also has three vacant spots that they've yet to fill.

In response to this, Chairman Paul Margolin has produced two solutions. First, the committee produced a flyer which they distribute across Londonderry that describes what the committee does and when they meet at Town Hall. The flyer notes that their mission statement is "to enhance and reduce risks to Londonderry's environment with helpful solid waste services to residents."

The second solution will involve sending SWEC representatives to the town's oil drop-off site to hand out more of the flyers and speak to the public.

After covering what other goals that they hope to work on in the future, the meeting was adjourned.

SWEC meets up once a month on Mondays for roughly an hour and a half. For more information on the committee, please visit londonderrynh.org and click the "Solid Waste and Environment Committee" link in the "Boards & Commissions" tab.

Art In Action at Mack's



Local Potter, Paul Haigh, of Wiley Hill Mudworks was just one of the many artists showing off their skills during the annual Art in Action event that was held over the weekend at the Mack's Apples Farm Stand. Haigh threw a number of creations during the event and will fire them in his outdoor woodburning kiln at his home on Wiley Hill in Londonderry.

Photo by Chris Paul

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Senior Resources Committee Reaches Out to Senior Communities To Address Needs

ALEX GUITTARR
LONDONDERRY TIMES

As the residents of Londonderry grow older and look to retiring or joining elderly living communities, it is crucial to understand their needs and assist them in any way possible. In order to gain a greater understanding of these needs, a Senior Resources Committee has recently begun to undertake an outreach program to visit with members of communities for people 55 or older.

The program, which is a subcommittee of the Elder Affairs Committee, is run by John Goglia, Susan Haussler and Doug Thomas, has been visiting senior communities since mid-January, polling them on what they all consider most important to daily life in their neighborhood. The initial results of the program were revealed during the May 16 committee meeting. Amongst the ten communities that the program focused on, the two most frequently mentioned issues were proper-

ty taxes and transportation. Five communities, such as Hickory Wood, Parish Hills and Harvest Village, believed that property taxes should be lowered for seniors, while The Grand Estate, Forest Hills and three others believed that transportation for seniors is or will eventually become an issue. Other issues brought up included street lighting, fire hydrants, plowing and the price of housing. Road maintenance was mentioned by four of the communities, but Goglia noted

that this is out of the town's hands, as they are privately owned roads. It should also be noted that some issues were one-time issues or one-offs due to different communities having different needs based on how high-end they were. Although the group appears to be making headway, there was still the matter of how to approach and fix these problems. For starters, the issue of transportation will be taken up by Assistant Town Manager Lisa Drabik, who will be

taking the matter out of the hands of the committee. She hopes to get the Town Council involved and optimize CART, the local senior transportation system. Member, Bonnie Roberts suggested that the outreach program expand outside of their current ten senior communities to other places, including trailer parks. Finally, Haussler believed that the best way to make this information more widely known is to discuss these findings with the

Town Council, which is planning on interviewing representatives of the various Town Hall committees on their progress, issues and any questions they may have for the council sometime in the near future. Although the outreach program has been in action for several months, it is still an ongoing work in progress and the committee wants to continue to research this topic before making a decision on how to help these senior communities.

YMCA Offering Survey To Help Understand Needs of Londonderry

ALEX GUITTARR
LONDONDERRY TIMES

The Londonderry YMCA is looking to expand the range of activities that it offers the community and wants your input. The Youth Men's Christian Association is cur-

rently in the process of submitting a national survey in its more than 2000 locations in the U.S. in the hopes of particularizing each location's events and recreations around the needs and desires of their community. Dubbed the Community Needs

Assessment, it is currently making the rounds through Londonderry, but has been met with less-than-stellar results. As of today, only 133 have been completed in Londonderry and the YMCA is attempting to make one last big push

before the survey ends in the coming weeks. Lisa Fitzgerald, who is the YMCA of Greater Londonderry's Branch Director, hopes to use the survey to expand its footprint in the community, but they need the community's advice in order for that to happen. "We need to know what the community needs before we can move further with it", noted Fitzgerald. She believes that the low response numbers are due to the fact that many people don't understand what the purpose of the survey is. The survey itself asks the taker about both how satisfied they are with what their YMCA should or does offer for both adults and youth/teens and how important these

things are to them. Specifically, it asks how they feel about how their YMCA promotes healthy physical and eating habits, the learning and community service opportunities it offers, its ability to help youth build good character, creative skills and academic skills and ensuring the youth have a safe and secure community space. It also asks what they would consider is the community's most pressing need or needs. According to the Londonderry YMCA's home page, it "offers a wide variety of exciting activities for kids, athletes, families, seniors, and everyone in between. We are a community with an everyday mission to helping our members achieve a

balance of spirit, mind, and body. We do that by encouraging good health and fostering connections with new and old friends through sports, fun, and shared interests. Like our sister branches in Manchester, Goffstown, Portsmouth, and Rochester, we are pleased to offer a wide variety of fun individual and family programs." The surveys, which are not individually tracked and are kept confidential, should take no more than five minutes. If you are interested in taking this survey, a link can be found on their Facebook page: facebook.com/YLondonderry/ For more information about the Londonderry YMCA, please visit <http://www.graniteymca.org/locations/greater-londonderry>.



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Keller Williams Helps To Beautify Homes for Local Residents

ALEX GUITTARR
LONDONDERRY TIMES

Keller Williams Realty, an international real estate franchise and Inc. 5000 company, has over 700 locations, including one here in Londonderry, and over 150,000 employees spread across these location. And with this much manpower at their disposal, the company has decided to use it for sake of helping communities.

Back on May 11, Keller Williams held their annual RED Day event throughout the United States and Canada, a community service event where the company asks its associates to donate their time towards renewing and energizing aspects of their local towns, serving the goal of the "RED" in the event's title that stands for "Renew, Energize and Donate".

The company-at-large

does not force one charity or focus on each individual location, allowing them to assist with any charity of their choice. As a result, the Londonderry location decided to unite with Community Caregivers of Greater Derry and Londonderry to help to clean up the homes and surrounding areas of three Londonderry residents. Community Caregivers has served the region since 1988, assist-

ing the elderly and disabled at their homes in order to help them maintain an independent lifestyle at home.

For the second year in a row, sixteen employees from the local Keller Williams assisted Ricky Fermyole at 8 Columbia Drive, Shirley Visnor at 77 Litchfield Road and Dottie Grover at 537 Mammoth Road, helping these people clean up their yards, perform small paint jobs,

power wash their decks and dispose of various unneeded material, as many of these people cannot afford landscaping services.

According to Amy Solomons, Chairperson for KW Cares in Londonderry and one of the managers of this project, "The nicest part is seeing the homeowners pride in their homes that they've worked so hard for... and to see how grateful they are for the help. We also delivered

holiday baskets to them in December, so they know that they can reach out to us at any time, and not just one day per year."

The event, which was started back in 2009, was done in honor of the company's Vice Chairman, Mo Anderson, due to her constant commitment to the culture of the company.

Keller Williams associates alongside resident Shirley Visnor

Department of Environmental Science Gives Efficient Watering Tips

ALEX GUITTARR
LONDONDERRY TIMES

As we approach the summer season, many of us are taking the first steps towards preparing our gardens for this time of year. And with the town's water ban, which was implemented last year due to severe droughts, finally being lifted, many homeowners can breathe a sigh of relief over the use of their water supply.

But regardless of this, the New Hampshire Department of Environmental Services, like many of us, does not want to see the town fall back into a potential water shortage, as the summer season is the time when something of the sort is most likely to occur.

The NHDES points out that during summer, community water systems report anywhere from a fifty to two hundred percent increase in water use, which comes at a time when these resources are already strained due to high temperatures and vegetation growth. The group realizes that everything from cleaning off decks to setting up Slip N Slides for the children uses up water during this time of year, but their main concern comes from insufficient watering prac-

tices, which they fell contributes to the most strain on water supplies.

Thus, they have offered a series of tips on how to use your water more efficiently during this period.

For starters, they suggest keeping your lawn mower blades set at three inches, as longer blades of grass retain moisture better. Also make sure to keep blades sharp, as duller blades can tear the grass and make it appear drier than it really is.

How much you water your lawn not only affects your water supply, but can also affect the health of it as well. The NHDES notes that New Hampshire receives roughly 3.75 inches of rain per month and lawns only

require one inch per week. Thus, keep track of weather patterns before deciding if your lawn even needs to be watered in the first place. Determining how much water your sprinklers use would also be helpful.

Try to get the most up-to-date irrigation system sensors if possible. The NHDES suggests WaterSense-certified weather-based irrigation controllers and automatic rain shut-off switches to save you the effort of worrying about when to turn off your sprinklers.

For manual watering, try to use drip or trickle irrigation instead of spray nozzles to avoid excess water use and place mulch around vegetation as a

means of retaining water and eliminating weeds.

Finally, the timing of your watering is just as important as how much water you use. Irrigate either at night or in the early morning when wind and water demands are low. Also keep an eye on the surfaces around your grass and plants to see if there is

any excess water runoff, meaning that you are either overwatering them or not giving them enough time to absorb the water.

By following this advice, the NHDES notes that "we have the potential to cut our outdoor water use in half, saving money, water and energy, while potentially even increasing the health

of our lawns. By giving your lawn only what it needs, you will actually improve the durability of grass, reduce the need for chemical amendments and decrease lawn mowing frequency.

For more information, please visit the Water Conservation section of the NHDES website at des.nh.gov

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- PROVIDER ON CALL - COLON CANCER

Colon cancer is cancer of the large intestine (colon), the lower part of your digestive system. Rectal cancer is cancer of the last several inches of the colon. Together, they're often referred to as colorectal cancers. Most cases of colon cancer begin as small, non-cancerous (benign) clumps of cells called adenomatous polyps. Over time some of these polyps become colon cancers. Polyps may be small and produce few, if any, symptoms. For this reason, doctors recommend regular screening tests to help prevent colon cancer by identifying polyps before they become colon cancer.

Signs and symptoms of colon cancer include: a change in your bowel habits, including diarrhea or constipation or a change in the consistency of your stool for more than a couple of weeks; rectal bleeding or blood in your stool; persistent abdominal discomfort, such as cramps, gas or pain; a feeling that your bowel doesn't empty completely; weakness or fatigue; or unexplained weight loss.

Many people with colon cancer experience no symptoms in the early stages of the disease. When symptoms appear, they'll likely vary, depending on the cancer's size and location in your large intestine. It's not clear what causes colon cancer in most cases. Doctors know that colon cancer occurs when healthy cells in the colon become altered. Healthy cells grow and divide in an orderly way to keep your body functioning normally. But sometimes this growth gets out of control. Cells continue dividing even when new cells aren't needed. In the colon and rectum, this exaggerated growth may cause precancerous cells to form in the lining of your intestine. Over a long period of time, spanning up to several years, some of these areas of abnormal cells may become cancerous.

Among other tests to diagnose colon cancer a colonoscopy has gotten the most attention in recent years. There are also blood test, although, there is not blood test to confirm colon cancer. A barium enema allows doctors to create a clear silhouette of your rectum, colon and sometimes a small portion of your small intestine. It is important if you suspect that you have any issues to consult with your doctor to catch this early.

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Local Mom Spreading Positivity Through Painted Rocks

ALEX GUITTARR
LONDONDERRY TIMES

If someone were to ask you how you would hope to assist your community and make it more vibrant, the first thing that comes to mind most likely would not be a bunch of rocks on the ground.

And yet, surprisingly, that is exactly the plan of local resident Courtney Tanguay.

Tanguay, who is a mother of four, is looking to expand the Kindness Rocks

project into Londonderry and its surrounding towns.

Started originally by Megan Murphy out of Cape Cod, Kindness Rocks involves taking a decent-sized rock, painting it and writing a kind, heart-felt message on it before leaving it out on the ground, usually in a spot frequented by many people.

Murphy originally got the inspiration for the project after her parents both died when she was young. According to her

website, "Losing my parents at a young age meant losing my advisers, my sounding board, and my role models. During difficult or stressful moments in my life, I found myself looking for 'signs' on my morning walk, such as a heart shaped rock or a piece of sea glass. I perceived these small beach treasures as 'signs' or as a divine message and the random inspiration I needed to signify that things would be o.k."

Once she had begun the hobby, it quickly spread like wildfire across social media. Now having taken place in hundreds of locations across the U.S., Canada, Australia, New Zealand, Germany and beyond, the project is less focused around raising money and more based around simply spreading a message of positivity and joy in what can be considered trying times.

And now that Tanguay has had her own version

of the project approved by Town Manager Kevin Smith, she hopes to spread a little bit of kindness across Londonderry. On June 3, Tanguay will be hosting the event in the LAFA baseball field in coordination with the Londonderry Baseball Association, with the rocks being painted in the field and left in the town center.

Tanguay, who is funding the project entirely out of her own pocket, believes the event will be

good for families, not to mention it is an inexpensive idea that uses natural resources and spreads a positive message. She pushed the idea out there because "I saw the need for them in town."

Tanguay is hoping for roughly one hundred people to show up, noting that "I have a feeling it will be a good turnout."

To learn more about Kindness Rocks, visit thekindnessrocksproject.com

School Board Honors Local Scholastic Awards Recipients

ALEX GUITTARR
LONDONDERRY TIMES

Back on May 5, Scott Laliberte attended the Loyal Day and Scholastic Awards Ceremony held at the VFW Hudson Memorial Post & Auxiliary which was done to honor citizens, students, educators and others who helped to make significant contributions to their communities. However, the School Board felt that they too needed to pay tribute to some of these individuals.

During the May 16 Londonderry School Board meeting, Laliberte took some time to commend and reward several members of the Londonderry community who were also at the Hudson ceremony in the board's own fashion.

For starters, middle school student Ethan Labbe was honored for taking first place in the Patriots Pen essay contest. Writing an essay entitled "The America I Believe In", Laliberte

noted that he was too shy to recite it in front of the crowd, but was none the less given a small gift for his accomplishment.

Susan Rowe was next to be honored, this time by LMS Principal Richard Zacchilli. A Physical Education teacher for LMS, she has been the driving force behind the LMS Wellness Committee for the last twelve years, as well as the annual Wellness Day and Wellness Auction. Zacchilli noted that "Susan has and con-

tinues to make a significant impact on our school community."

Rowe also began a co-ed volleyball team at LMS and worked with the Wreaths Across America program, on top of producing handmade items for the needy and donating to veterans organizations charities throughout the year. Laliberte awarded Rowe with a fruit basket for her efforts.

When asked about how she felt about the award, Rowe noted that

"It's a super honor." However, she noted that she does not do what she does for the recognition, but rather keeping the students aware of how important fitness is to them.

Finally, Susan Parace was focused on. Serving as a Special Education Assistant, she works closely with both students and the teachers of Special Education classes to promote the values of the program and the school-wide goals of per-

severance, ownership and practice. She is also responsible for a morning homework support group, where Parace typically provides the students with a breakfast snack, sometimes even producing pancake or chocolates.

After also being awarded with a fruit basket, Parace thanked the audience and said that she would not be able to do her job without the support the school staff provides her every day.

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Middle School Students Showcase Their Tech Skills for the School Board

ALEX GUITTARR
LONDONDERRY TIMES

Recording footage of events has become a necessity in today's society, from filming summer blockbuster films all the way down to recording town hall meetings. And, of course, we also need experienced people to handle these cameras and footage.

This was the goal of Carolyn Roy, Technical Education teacher for Londonderry Middle School and head of the Tech & Media class at the school. The class, which doubles as a club for stu-

dents, serves as an elective and helps expose eighth grade students to photography, stop motion animation and audio and video project. And it seems that the School Board felt the same way.

During the May 16 School Board meeting, Roy brought forth several students from the club to host a presentation that described the club and what the students had accomplished throughout the year. The major emphasis of the presentation was not just what they had learned, but the field assignments that they were allowed to

participate in if had a good academic standing and demonstrated that they could act like responsible adults.

The assignments allowed the students to step outside of their comfort zones and gain real world experience in the aforementioned fields. For starters, several students were tasked with handling the recording of the Londonderry High School basketball and football games, operating multiple cameras, managing audio and replay equipment and serving as everything from directors

to announcers for the games.

Others were tasked recording the LHS Coffee Shop presentation, which was a series of musical performances, where the students joined forces with the LHS Production crew and New England School of Communications, allowing them to gain more experience from older students.

Finally, six of the students worked on a statewide video contest that was sponsored by the New Hampshire Division of Economic Development and New Hamp-

shire Manufacturing Extension Partnership where they interviewed employees from manufacturing company KCS Systems and produced a three minute video that answered the question "What's so cool about manufacturing?" The six student team actually went on to win the contest.

When asked about their experiences with the class, the students were eager to note how they became more comfortable with their time behind the equipment and how this may help to compliment some of their future career visions, such as journalism

and directing. Student Sam Brown comically added that working in this field is "something to fall back on."

Although every board member seemed impressed with the progress of the students, Steve Young had the most to say, noting that their work was outstanding. Primarily focusing on the manufacturing video, Young mentioned how he worked with such a company, taking pride in the fact that the students were helping to raise awareness for just how important manufacturing is.

School

Continued from page 15 on the needs and concerns of the student body. Present by her side was Tyler Cullen, who will be replacing Hill next year as the Student Council representative and was welcomed to the school board with open arms.

The retirements of

Catherine O'Brien and Susan Bergeron were then announced by the board. O'Brien, a speech and language pathologist, provided therapy sessions with students from both the North School and LHS who suffer from speech and language difficulties, as well as those with autism. Bergeron was a science teacher with LHS, noted as

being incredibly gifted in her subject area, setting high goals and standards for students while still keeping an open mind and lending a helping hand whenever necessary.

Once Carolyn Hill and Mary Wing Soares had delved into the Student Council report and the Teacher Liaison report respectively, Amanda Ven-

ezia and Peter Curro held a slideshow on the most recent Dining Services report. Venezia noted although revenue and expenditure were both running lower than usual, she was none the less excited to bring several improvements to meal services throughout the district,

including a kitchen reconfiguration at the North School and a teacher salad program available to all schools, as well as being recognized by School Nutrition Magazine.

To cap off the evening, Kim Carpinone, Kim Speers and Bonnie Breithaupt went before the board to explain

the costs and importance of the LEEP students program at Moose Hill School, a program specifically designed to assist young children who suffer from mental and physical disabilities.

Once Nate Greenburg quickly went over the April Enrollment Report, the meeting was adjourned.



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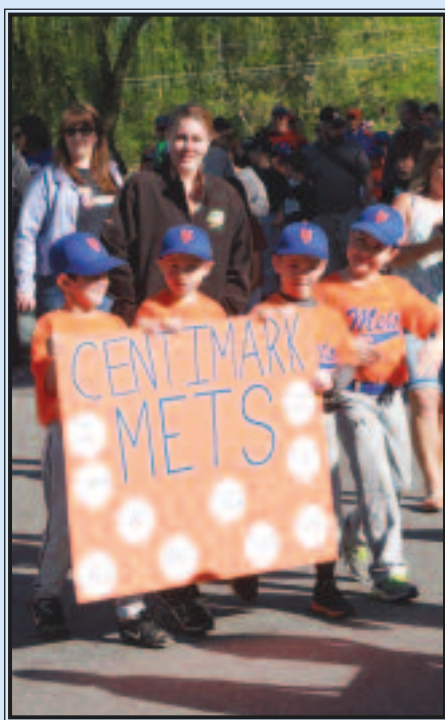
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Parade Kicks Off Family Day At LAFA Ball Fields



Mary Perkins' family members Ken Perkins, Angela Reece, Jay Reece, Ben Reece, Addie Reece were on hand for the dedication of the concession stand. Courtesy photo



The official start to LAFA Baseball and Softball took place on Saturday morning with the annual parade From the High School down Mammoth Road to the LAFA complex. Once reaching the fields Maya Lincoln started the day with the national anthem and the LHS varsity baseball and softball captains spoke to the young players about playing hard, doing well in school and making life long friends through sports.

Th LAFA organization then honored breast cancer survivors Deb Hamilton, Cherrie Fuller, Carrie Fitzgerald, Gabby Bernardini and Sara Nevares who have children playing in the league. Their players unveiled the painting on the field of the pink ribbons and then the moms threw our first pitch.

Later in the day LAFA dedicated the concession stand to life-long resident Mary Perkins who was instrumental in the stands building and evolution to what is there now.

The group also sold tee shirt to raise money for breast cancer awareness and will donate the proceeds to breast cancer research.

Photos by Chris Paul

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LONDONDERRY SPORTS

Lady Lancer Lacrosse Crew Flies into a Higher Gear

CHRIS PANTAZIS
LONDONDERRY TIMES

With the Division I tournament right around the corner, the Londonderry High girls' lacrosse team has clicked its level of play up an additional gear recently, winning four matches in a row and gearing up for a Division I title run.

The Lancers beat three opponents last week - including the defending D-I champions and rivals from Pinkerton Academy - in pushing their winning streak up to four games and their 2017 record to 11-4.

The LHS contingent defeated the visiting Exeter High Lady Blue Hawks by a 14-8 score in Londonderry on Tuesday, May 16, racing out to an 8-4 lead by halftime and then outscoring the opponent by a 6-4 margin in the second half.

Emily Holland had five goals and assisted on one for the locals, and Erika Tsetsilas also put five shots home. Catie Derhak and Meghan Jackes each netted one goal and dished out one assist, and Shannon Fraser and Sarah

Duarte each scored once. Goalie Kaitlyn Marchant made 10 saves her contribution.

Then came the Lady Lancers' Division I-shaking 11-7 defeat of a now-scuffling Pinkerton Lady Astros' team in Derry on Thursday, May 18.

Since losing a tough and frustrating one-goal game to the defending D-I champions at LHS weeks before, the team had been anticipating the rematch with Pinkerton. And after having said rematch postponed due to bad weather, May 18 couldn't come any faster for the Londonderry squad.

The Lady Lancers fell behind 3-0 early in the match but then potted the next four goals in grabbing a 4-3 advantage.

But by halftime the score was knotted up at 6-6, leaving the match to be decided in the second half.

And the LHS contingent dominated that decisive half, netting five unanswered goals and keeping the powerful Pinkerton offense scoreless until a mere 5.4 seconds remained on the game clock.

Holland was the offensive force for the Lancers, scoring five times with the last three of those markers coming to start the second half to give Londonderry a lead it would never relinquish. She also set up the final Londonderry goal of the match - scored by Kiersten Hoglund - in putting together a six-point performance.

The winning side also received two goals and a helper from Derhak, two goals from Duarte, and one tally from Allie Marsh. Tsetsilas set up three goals herself, and keeper Marchant contributed 13 big stops to the momentous LHS success.

"I'm pretty happy with the girls' performance as a team," said coach Scott Walden. "We didn't control the middle of the field in the first game against them, but today we wanted it. Our defense and goalie are an amazing unit. They needed to settle down after the three quick goals, and they did. After all the players and talent graduated last year and not many new players came up, the girls knew they would have to listen to what the coaches were

going teach them and that they had to be in better shape than everyone else. The girls have done all of it and they believe in themselves."

The Lady Lancers then made true believers of the Merrimack High Lady Tomahawks in Merrimack on Saturday the 20th, trouncing that opponent by a 17-6 count.

The LHS lead sat at 9-5 at halftime, and the locals put the proverbial pedal to the metal in the second half once again and outscored their hosts by an overwhelming 8-1 tally.

This time around Derhak enjoyed a seven-point match with five goals, Holland also produced seven points on four goals and three assists, Tsetsilas scored twice and assisted once, and Marsh bagged two goals.

Additionally, Grace Chico contributed a goal and an assist, and single tallies were rifled home by Jackes, Hoglund, and Camille Lamonte. Goalie



LHS standout Emily Holland - shown here during her team's epic win over Pinkerton - has been scoring goals by the bushel. Photo by Chris Paul

Marchant was good for four saves. South on Tuesday - after Londonderry Times press time - followed by home matches against Hanover on the 24th and Salem on the 26th.



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Lady Lancer Softball Squad Gets the Bats Going Big Time

CHRIS PANTAZIS
LONDONDERRY TIMES

Nearly all of the 2017 Londonderry High softball squad's opponent's have been vanquished by that talented team this spring. But the Alvirne, Manchester Central, Pinkerton, and Dover softball contingents weren't simply vanquished by veteran coach Wayne MacDougall's charges last week. They all got pounded.

The Lady Lancers hammered those opponents by a jaw-dropping total score of 41-3 tally in pushing their winning streak to seven games and their superb Division I record up to 15-1.

"Simply put, we're finally hitting," said MacDougall. "The defense and pitching have been our most consistent parts all season, and we've been waiting for warmer weather and the bats to heat up a bit. Looks like that's happening, but there's still work to do."

The veteran coach's crew mauled the Alvirne High Lady Broncos by a 7-0 score when the teams met up in Hudson in last Tuesday, May 16.

The visiting Lady Lancers bagged all of the runs they'd require to claim the victory in the top of the second when they scored four times.

Londonderry then added one more run in the fifth and two more of them in the sixth in reaching the final, 7-0 score.

LHS freshman Gia Komst had a truly stellar day for the victorious locals, bashing a grand-slam home run and lacing a two-run single in driving in six of her team's runs.

The winning side finished up with 11 hits, with Cassidy Raza, Lauren Misiaszek, and Katrina Rivard each matching Komst's total of two hits.

The next day back at home against Manchester Central, the Lady Lancers pounded their way to a 12-1 thrashing of that Queen City opponent.

The hosts scored twice in the second, once in the fourth, and then seven times in driving out to a 10-0 lead before Central plated its one marker.

The locals drilled out 17 hits in tallying the lopsided win, with Liz DeVoss, Emily Nelson, and Lizzie Niven each



LHS softball player Liz DeVoss slides into third base safely with a triple during her team's recent hammering of Pinkerton. Photo by Chris Paul

banging three of them. Niven drove in four runs and DeVoss smacked in a pair.

And it was more of the same for the Lady Lancers over in Derry against Pinkerton on Thursday the 18th, when the LHS crew powered its way to a 10-0 victory.

The visitors sprinted out to a 3-0 lead in the top of the first inning, pushed their advantage up to 8-0 in the top of the third, and

rolled the 10-run rule into effect by scoring twice more in the sixth.

The victors tallied another 14 hits on the successful day, with Raza lacing three and Rivard, Misiaszek, and DeVoss each collecting two. Winning pitcher Andi Nelson and her defense held the host Lady Astros to six hits in becoming 14-1 on the season.

And the Dover High Green Wave was the next

target in the Lady Lancers' cross-hairs on the seacoast on Friday the 19th, and Londonderry kept absolutely bashing the ball in a 12-2 blowout.

It took a while for the locals to get their offense into gear, as the game score sat tied at 1-1 until the sixth inning. But Londonderry scored four times in the top of that frame and then seven more times in the top of

the next in running away with another big victory.

Coach MacDougall's mob banged out some 15 hits, with Misiaszek raking four and Sarah Fawcett and Niven each tallying two. Emily Nelson drove in three runs and Niven and Raza each smacked in two, with Ila Brown claiming the pitching win.

And the locals kept their prolific offensive ways rolling this past

Monday with a 12-0 crushing of Keene in the western part of New Hampshire this past Monday the 22nd.

In that blowout, pitcher Andi Nelson held the hosts to just two hits and struck out 14 would-be hitters, with the LHS offense producing some 14 hits and being led by Sarah Fawcett with a home run and three runs batted in.

The winners also got two hits each from Emily Nelson, Rivard, Komst, and Miranda Galan. Galan and Komst each also drove in two runs for the white-hot local contingent, which hopes to keep the hits coming.

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Lancer Baseball Squad Aiming To Find Solid Footing Again

CHRIS PANTAZIS
LONDONDERRY TIMES

After dropping three of its previous four games stepping into this week, the 9-8 Londonderry High baseball squad was intent upon making its final few games of the 2017 season fruitful as the Division I tournament nears.

The Lancers have had an up and down campaign this spring, and the

downs were pretty distinct last week as the LHS crew sandwiched a slim win over Manchester Central between losses to the Alvirne Broncos and the Dover Green Wave.

The LHS crew was bested by the visiting Alvirne contingent from Hudson by a lopsided 12-1 tally in Londonderry last Tuesday the 16th, with the Broncos scoring eight runs in the top of the first

inning to give their hosts a huge hill to climb.

The locals finished the game with just five hits which came from five different sources.

But coach Demas' charges returned to the winning path on Wednesday the 17th at Gill Stadium where they edged the host Manchester Central bunch by a 3-2 score in nine innings.

Central snared a 1-0

lead in the bottom of the first inning and went up 2-0 in the latter half of the fifth frame.

But Londonderry got one of those runs back in the top of the sixth and knotted the score at 2-2 with a run in the top of the seventh. They then plated the game-winning run in the top of the ninth.

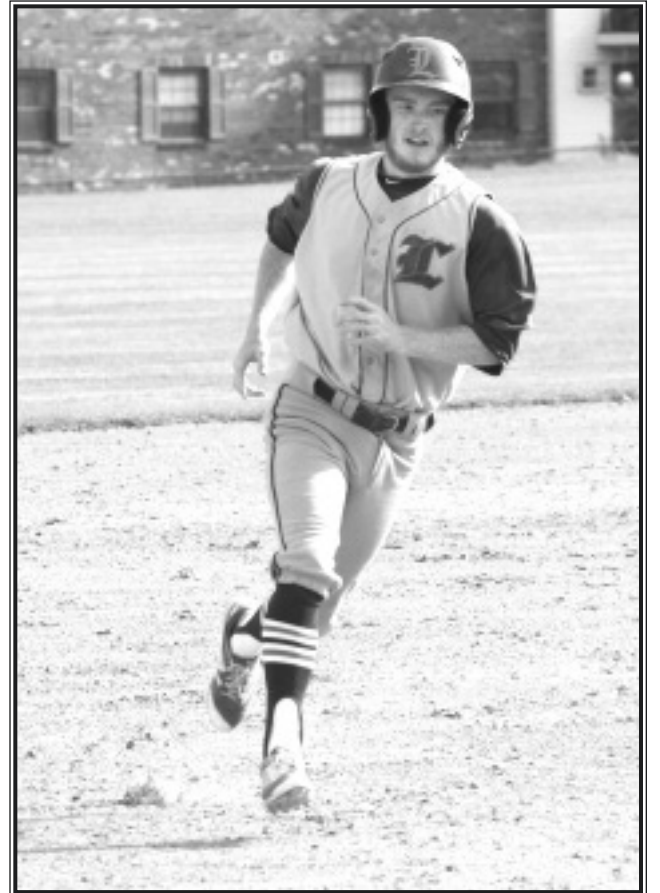
Anthony Pirolli went seven frames for the locals, allowing seven hits and two runs - just one of which was earned - before Nate Sullivan took over on the hill.

Sullivan ended up claiming the pitching win by going the last two innings and striking out two batters, and he also helped the LHS cause by smacking two hits. Dakota Johnson also drilled two hits and drove in a run, and Xander LaPlante knocked two safeties including a double.

But Londonderry was bested by the visiting Dover High Green Wave by a 7-5 tally at LHS on Friday May 19, with the visitors overcoming an early 2-0 deficit to win.

The Wave saw its host jump out 2-0 in the latter half of the first, but the visitors scored three times in the top of the fifth in snaring a 3-2 advantage.

Londonderry knotted the score at 3-3 by scoring once in the bottom of the sixth, but Dover answered in the top of the seventh by scoring four times.



Nate Sullivan has been a standout in multiple spots for the LHS baseball team. Photo by Chris Paul

Now trailing 7-3, the hosts made a push toward a full comeback in the bottom of the seventh but got no more than two runs to get to the final 7-5 score.

Londonderry out-hit Dover by a 10-6 tally in the loss, with Ricky Perry and Shane McNamara each smacking two hits.

The LHS crew began this week with a Monday afternoon home battle with the visiting Keene High Blackbirds, with the locals looking to remain above the .500 mark.

However, the locals

saw a frustrating 7-6 loss to the visiting Keene crew that afternoon.

Heading into the seventh inning, the Lancers grasped what appeared to be a commanding 6-1 lead. But the Blackbirds scored six times in the top of the seventh and wound up bagging the win.

Keene finished the contest with some nine hits to their hosts' eight. Londonderry got two hits each from LaPlante and Nick Salcito, with both LaPlante and Reece Manor each driving in two runs.

Londonderry High Tennis Teams Complete Their 2017 Campaigns

CHRIS PANTAZIS
LONDONDERRY TIMES

Despite the hard work and determination, neither the Londonderry High boys' nor the girls' tennis teams had their 2017 seasons go quite as well as they would have liked.

Both contingents finished up last week, with both having dropped their final six decisions. The Lancer males ended up with a 4-10 record, and the Lady Lancers wound up at 2-12.

BOYS

The Lancer boys were bested by Concord by an 8-1 count in Londonderry on Tuesday, May 16, with the lone Londonderry victory being delivered by number six singles player Tyler Cullen in an 8-1 blowout success.

"Finally a perfect weather day, unfortunately

Concord was just too good today," lamented Janice Norwesh. "Newcomer and sophomore Jacob Escott paired with Cam Ness and freshman Ryan Cullen paired with Quentin Caruso took some solid games in the varsity doubles outings today."

The locals concluded their season with a home match against Keene on Friday, May 19, with the visiting Blackbirds bagging a 7-2 victory.

Londonderry's victories were claimed by fifth and sixth singles players Jay Hayes (8-4) and Ben Doris (9-7), but Josh Galluzzo was narrowly bested in a tiebreaker at fourth singles, and the doubles tandem of Ness and Caruso was also narrowly defeated in a tiebreaker at first singles.

"What can I say? It was a great year," said coach Janice Norwesh. "We

fought hard and learned a lot and won as many matches this year as the last two combined. We finished at 4-10, and that's the kind of progress we need to keep striving for."

GIRLS

The Lancer girls traveled to Plaistow to take on the Timberlane Owls on Tuesday May 16, with the hosts claiming a 7-2 victory despite singles successes from Amelia Brenner (8-1) and Kathryn Dwyer (8-0) in the third and fourth singles positions.

But the Lancers got blanked by a 9-0 score by the tough and determined Concord High girls in the state capital on Friday, May 19, with the tightest matches featuring the play of Dwyer at fourth singles (an 8-6 loss) and the doubles tandem of Dwyer and Brenner (8-5 loss).

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LHS Laxmen Dominate Opponents as the D-I Tournament Nears

CHRIS PANTAZIS
LONDONDERRY TIMES

The Londonderry High boys' lacrosse team didn't just

defeat the three opponents it played last week. No, the Lancers absolutely pummeled the Manchester Central Little

Green, Nashua North Titans, and Souhegan High Sabers in pushing their winning streak to five games.

And there was no better time for coach Sean LeBlanc's LHS stickmen to get hot, sporting an 11-3 record and that winning skein to start this, the final week of the Division I regular season.

The Lancers were a full 15 goals better than the visiting Central crew on Tuesday, May 16, leaving the Green feeling all kinds of blue following its 21-6 humbling.

The winning side got six points from Sean Snyder in the form of five goals and one assist. Anthony Federico contributed three goals, Cullen Behling was good for two goals and a helper, and Pete Navarro, Tyler Grant, and Dom Federico each bagged a goal and an assist. Single goals were netted by Cole Keegan, Lenny Santosousso, Blake

Melnik, Nate Andrews, and Jake Holland.

And the Lancers actually managed to outdo that prolific performance two days later at Nashua North in bagging an overwhelming 22-5 success.

Sean Snyder and Dom Federico each tallied five goals, Cullen Behling scored three times, and single goals were potted by Anthony Federico, Navarro, Merrill Neiman, Holland, Andrews, Kevin Lowe, Mike McCalister, Jeff Wiedenfeld, and Ed Upton.

Anthony Federico also contributed three assists, Snyder had two, and single helpers were dealt out by Andrews, Melnik, Navarro, Zach Serfass, and Holland. Goalie Alex Fawcett contributed five saves.

The LHS offense wasn't quite as prolific in the squad's 14-5 smoking of Souhegan in Amherst on Saturday the 20th, but 14 tallies and a nine-goal win

are nothing at which one should sneeze.

Dom Federico enjoyed a four-point game with three goals, Snyder scored twice and assisted twice, Anthony Federico was good for two goals and an assist, and Navarro, Tom Fougere, and Wiedenfeld each scored twice.

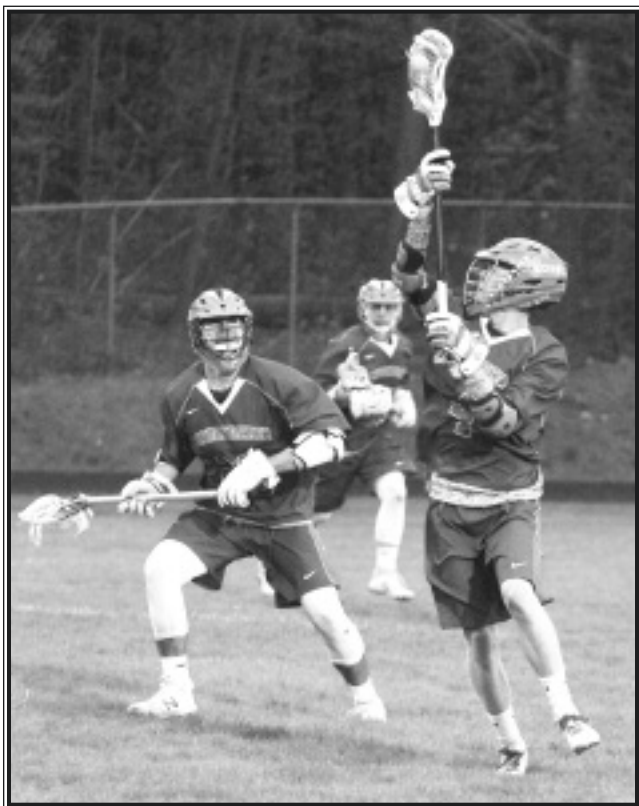
Additionally, Andrews scored once, Neiman dealt out two assists, and single helpers came from Holland, Behling, and the Federico brothers. Goalie Fawcett contributed eight stops, and face-off ace Grant won 15 of the 18 draws for which he competed.

With those three lopsided wins fresh in mind,

the Lancers entered this week with a home match against Merrimack on Monday the 22nd.

And the local laxmen throttled another opponent in that Monday match, mauling Merrimack by a 17-3 count with Snyder snagging seven points on three goals and four assists.

Dom Federico scored three times and assisted on two other goals, his brother Anthony scored three times and assisted once, Behling scored twice and assisted once, McCallister netted two shots, and Wiedenfeld, Grant, Navarro, and Cole Keegan each scored once. Neiman and Holland each tallied one assist.



Merrill Neiman comes down with the ball as teammate Sean Snyder looks to break during recent LHS boys' lacrosse play. Photo by Chris Paul

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Athletes of the Week

Week of May 15

**Nate Sullivan,
Junior, Baseball**



This standout was a force all over the diamond for his Lancers, knocking five hits and stealing three bases and scoring three runs in his offensive role. And as a pitcher, he hurled nine innings allowing just two earned runs while claiming one win.

**Cassidy Raza,
Junior, Softball**



This truly stellar catalyst is leading the Lady Lancers' potent offense with a .426 batting average and some 16 runs scored. She is coach Wayne MacDougall's lead-off hitter and the squad's offensive sparkplug.



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LHS Tracksters Perform Well in Dual Meet and at Invitational

CHRIS PANTAZIS
LONDONDERRY TIMES

With the 2017 high school outdoor track and field season winding down to its championships, the Londonderry High girls' and boys' teams showed their skills at both a dual meet early last week and at their own annual invitational at week's end.

GIRLS

The Lady Lancers thumped the visiting

Salem High Lady Blue Devils by a 79-50 score at LHS on Tuesday the 16th, winning nine different events en route to the notable dual meet success.

Akolam Wambu won both the shot put (26 feet, 10 1/2 inches) and the discus (83'7"), Keira Wright won the javelin (84'9"), Bella Ziolek was unbeatable in the triple jump (29'7"), Alivia Proulx won the 100-meter hurdles

(18.0 seconds), Jazzy Brown took the 400-meter dash (64.2), Gretchen McGrath was tops in the 200 dash (26.3), and Maddie Croteau won the pole vault (9'6"). The Lady Lancers also took the 4x100 relay in a time of 52.6 seconds.

At the 17-team Londonderry Invitational right back there on the LHS track on Saturday the 20th, coach Sue Johnson's Lady Lancers collected a

couple of first places and numerous top-six finishes.

Croteau proved unbeatable in the pole vault (9'6") and the LHS 4x100 relay quartet of Jess Brien, Croteau, Julia Ethier, and Gretchen McGrath also finished first (50.60).

Suzie Moore snared second in the pole vault (8'6") and Gianna DelViscovo bagged fifth (8'), the 4x800 quartet claimed third (9:48.91), and Proulx

notched fifth in the 100 hurdles (17.95).

BOYS

Unlike the Lady Lancers' lopsided win over Salem at LHS on Tuesday, May 16, the Lancer males won by a considerably smaller margin of 63-58 over the Blue Devil boys.

Londonderry event wins were delivered by Patrick Hagearty in shot (41'11 1/2"), Jared Barton in the discus (115'4"), Pat Zepf in the javelin (130'6")

and the high jump (5'2"), Chris Zaino in the 400 (54.7), and the Lancers' 4x400 relay quartet (3 minutes, 52.7 seconds).

And at Saturday's invitational, the hosts had Hagearty win the discus (126'9") and snare third place in the shot (42'7"), Zaino finish second in the 1,600 (4:22.76) with Declan Hotter sixth (4:36.32), and the 4x400 quartet tally a sixth (3:41.94).

Londonderry High Spikers Bag Two Victories in a Row

CHRIS PANTAZIS
LONDONDERRY TIMES

The 2017 season has included plenty of frustration for a hard-working and determined Londonderry High boys' volleyball squad which dropped 10 of its first 11 matches.

But coach Dave Starin and his charges got a whole bunch of positive reinforcement for all of their hard work last week when they won consecutive decisions against Coe-Brown Northwood and Keene in collecting their second and third victories of the spring.

The Lancers trounced

Coe-Brown by a 3-0 margin in Northwood on Wednesday, May 17, and then started a miniature winning streak on Friday the 19th in Londonderry with a 3-1 defeat of Keene. Both of those opponents became 2-11 with their losses to the locals.

"It's nice to have our hard work culminate into victories," said coach Starin. "It's especially encouraging to see the emergence of James Buttafuoco becoming a go-to hitter for our offense. James had 12 kills against Coe-Brown and Keene and was a major catalyst of our

offensive attack. Our captains Tim Sullivan and Mike Vivian have been performing consistently and providing good leadership. Jackson Lyscars and Logan Agrella are serving effectively and Nalen Dias, Bryan Murphy, and Ryan Pitard are providing solid performances in their respective roles. All in all I am pleased with the team's progress and hope that they will continue to grow as players and young men as we conclude the season."

In the shutout of Coe-Brown, the Lancers bagged individual game victories of 26-24, 25-13,

and 25-20.

Vivian notched 20 assists, Buttafuoco was good for his 12 kills, Agrella tallied 12 service points, Murphy managed 11 service points with three aces, and Diaz claimed five digs.

Two days later back at home on their own court,

Starin's stalwarts snared wins of 25-20, 25-19, and 25-23 in games one, two, and four in collecting the 3-1 match success.

Vivian dished out 25 assists and tallied nine service points, Buttafuoco had another dozen kills as well as four blocks, and Bryan Mur-

phy was good for nine digs.

Londonderry then bounced into this week seeking a third straight win against Timberlane of Plaistow at LHS on Monday the 22nd.

But the locals were bested by the Owls by a 3-0 count in that match.

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Additionally: We will run the full versions of any calendar items online free of charge at www.nutpub.net. Please send items to calendar@nutpub.net.

Explore the Musquash

On Sat., June 3, at 9:30 a.m. - 12:30 p.m., join us to explore the trail network and learn about the conser-

vation of this special place. This three-hour loop will cover four miles of rolling terrain on established trails and at a leisurely pace. Dogs are welcome, but must be

leashed or under voice control. Park at the end of Hickory Hill Road and along the sidelines of Hickory Hill Road; do not block driveways. If necessary, park along Mayflower Road. Registration is limited to 20 participants. What to bring: Snacks, water, bug repellent; optional: binoculars, trekking poles. Suggested donation is \$5/person or \$10/family. Sign up on by Fri., June 2, at Noon: seltnh.org/event/national-trails-day-explore-the-musquash/

Dog Registration

All dogs in the Town of Londonderry must be registered by May 31 in order to avoid an additional \$25 fine. Please make sure that all rabies certificates are updated. Notification would be appreciated if you no longer have a dog that was previously registered or if your dog is deceased. If you have any questions, please contact the Town Clerk's Office at (603) 432-1100 ext. 195.

Chess Club

The newly formed Nutfield Chess Club is meeting on Wednesday nights from 7 - 10 p.m. at Londonderry High School, 295 Mammoth Rd., in room 204 on May 31, and in the cafeteria on June 7 (stay tuned for venues beyond June 7). All are welcome: residents of Londonderry and surrounding towns of all ages and genders, experienced players, rusty players, and those wanting to learn. If you have a set and a board, please bring them. Questions, phone evenings 537-0799.

Walk for Hunger

On Thurs., June 1, at 2 p.m., with a rain date of Fri., June 2, Matthew Thornton School will be hosting our first "Walk against Hunger" to benefit the New Horizons for NH Soup Kitchen, Food Pantry, and Shelters. We have begun fundraising and

collecting donations in each individual classroom. On May 30, we will combine and tally all donations by grade level. The grade level that collects the most donations will be honored. We ask that on the day of the walk, students make sure to wear sneakers and their Matthew Thornton Tiger colors as well as to bring their water bottles to stay hydrated.

Plant Donations Needed

The Derry Garden Club is in need of donations for its annual plant sale that will be held on Saturday, June 3, at the Masonic Temple, 58 East Broadway, Derry. If you would like to donate plants and/or need help digging plants for donation, please call Alison Kennerly at 434-9624.

Summer Enrichment Opportunities

The Londonderry School District will offer a variety of enrichment opportunities open to grades K-12 this summer. The enrichment offerings are as follows: Ropes Course (Gr 7 & 8) Running School (Gr 6, 7, 8) Creating Your Own Short Story (Gr 5-12) Exploring ChemMysteries (Gr 4 & 5) Camp Kindergarten (Gr K) Science Inquiry & Design (Gr 6, 7, 8, 9) Crafting a Movie Trailer using iMovie (Gr 6, 7, 8) Break the Code (Gr 2-5) Specific information about these offerings, fees, and registration can be found at the school main offices, town hall, and the Leach Library. Enrichments will be held during both mornings and afternoons. Dates and times vary and range from June 27 through July 28, 2017. Registration deadline is June 2. Enrollment is limited, so apply today!

Annual Plant Sale

The Derry Garden Club will be holding its annual Plant Sale on Saturday, June 3 from 9 a.m. - 2 p.m. at the Masonic Temple, 58 East Broadway, Derry. Hundreds of locally grown plants will be sold with proceeds benefiting the club and the community.

Upper Room Parents Support Group

Are you frustrated with your teenager or in need of support regarding your teenager? Does parenting your teenager mean you have new concerns about anger, defiance, motivation

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Cakeless Bake Sale

Beginning May 1, the Friends of the Londonderry Leach Library will be holding their Tenth Annual Cakeless Bake Sale fundraiser. All funds will be used to sponsor library programs and services. The Friends will be asking for a donation, but not in the form of a cake or cookies. It's a calorie free bake sale! Estimate how much you would spend between baking and buying, and send a donation for that amount to support the Library. Perhaps you might even throw in a little extra "frosting on the cake." Please make your donation to "Friends of Londonderry Leach Library", and mail it to Friends of Leach Library, 276 Mammoth Road, Londonderry, NH 03053, or place your donation in the box at the Library. Your gift is tax deductible.

Flea Market Fundraiser for Pets

The Greater Derry Humane Society is accepting donations for an upcoming fundraiser on Sat., June 17 at the Londonderry Flea Market. All proceeds from the sale will benefit the GDHS and will help pay for food, supplies, and veterinary care for animals in their care. Those who would like to donate are asked to bring items already priced to the GDHS table before 8 a.m. on June 17. Donors are asked to call GDHS Board member Sue Bares at (508) 498-7482 to find the location of the table. There is limited opportunity to donate items before June 17, so those who wish to do so are asked to contact GDHS Treasurer Sharon Comeau at (603) 231-3265. General inquiries are also to be directed to either Bares or Comeau at their respective phone numbers.

Giant Yard Sale

On Saturday, June 3, 8 a.m. - 2 p.m. At Lions Hall, Rt. 128, 256 Mammoth Road, across from the Town Common. No early birds please. Call Tom in advance at 603-548-5011.

Ballroom Dancing

Ballroom Dancing Instruction will be held every Thursday from 7 - 9 p.m. at the Londonderry United Methodist Church, 258 Mammoth Rd. It is located on the right at the set of traffic lights. Park in the rear and enter through the rear door. The cost is \$5 per person, per session. For additional information, call Chick at 537-0799.

Memorial Day Parade

The Memorial Day parade will take place on May 29 at 10 a.m. All veterans and members of Post 27 are invited to march. Muster at the traffic light on Robert Lincoln Way by 9:45 a.m. We will march to the Holy Cross cemetery to honor Private First Class Verne Greely, USMC, who was killed in Vietnam in 1967. We will then march to the town common for a ceremony to honor all those who have died serving our nation. For more information, go to our website, www.alpost27.com, call us at 437-6613, visit our Greeley Parmenter Harrington Facebook page, or follow us on Twitter @ALPost27LderryNH.

8th Annual Golf Outing

On June 23, the Lancer Athletic Alumni Association will be holding its Eighth Annual Golf Outing to raise money for college-bound Londonderry High School athletes. The LAAA is the largest provider of scholarships to LHS graduates. This year alone, we are donating over \$3,000 to LHS athletes! The event starts 1:30 p.m. at Windham Country Club. The cost is \$125 per player, which includes golf and dinner afterwards. Hole sponsors are available for \$150 each. Please contact b o d@lancerathleticalumni.com for more information or register directly at www.lancerathleticalumni.com.

50+ League Seeks Players

The Londonderry 50-Plus Softball League is seeking men and women from the area and neighboring towns who are interested in

Continued on page 19

OBITUARY

Jordan Arthur Lewis



"Specialist" Jordan Arthur Lewis of Nashua, died at his home on Saturday, May 13, 2017. He was 30 years old. His faithful companion, Logan, an 8-year old German Shepard, died in his sleep the following morning.

Jordan was born December 4, 1986, in Nashua to Barry Paul Lewis, Sr. and Susan Jean Rogers (Lewis) Baynes. Jordan grew up in Londonderry, and resided in Blacksburg, VA, Washington State and Sacramento, CA, before returning to New Hampshire and residing in Nashua. Jordan was married for seven years to Amber Coury (currently Hartley Day) before they divorced in 2014. Jordan's dog Logan was born on April 11, 2009, in Washington state and was adopted by Jordan shortly after.

Jordan attended high school at Tabernacle Christian School in Litchfield and completed his senior year at Londonderry High School, graduating in 2005. He attended Virginia Tech, before enlisting in the U.S. Army in 2007. Jordan served in the 593rd Sustainment Brigade out of Ft. Lewis, Washington and he served in Iraq in 2008 during Operation Iraqi Freedom. Jordan left active duty in 2010 as an E-4 Specialist and served during 2010 and 2011 in the Army Reserve 319th Signal Battalion out of Sacramento, CA, as a wheeled vehicle mechanic. Jordan also held other positions including forklift operator, chaplain's aid and mail clerk. He also attended American River College in Sacramento between 2011 and 2012.

Jordan is survived by his father, Barry Paul Lewis, Sr. of Parrish, FL., his mother and step father, Susan Jean (Rogers) Baynes and Richard "Dick" Graham Baynes of Londonderry, his sister Eliza Lewis and brother Barry Lewis, Jr., both of Londonderry, his identical twin brother and his wife, Jonathan and Katelyn (Gagnon) Lewis of Nashua, maternal grandmother, Joan Rogers of Lehigh Acres, FL., stepbrothers, stepsister and step aunts: Graham Baynes of Henniker, NH, Thomas Baynes of Wilmington, NC, Elizabeth "Liz" Baynes of Penacook, NH, Anne Hall of New London, NH, and Janet Benzie of Ascot, England. Jordan is also remembered by several close friends, Matt, Samantha, Crystal and the Grover family. Jordan will be remembered as a compassionate, loyal and dedicated family member, friend and veteran who continually looked for opportunities to help and serve others. Jordan loved all things military, the outdoors, driving the lawn tractor and helping his mom at the barn. Jordan was greatly loved, will be sorely missed and will never be forgotten.

After cremation, an hour of visitation will be held Friday, June 2, 2017 from 10 to 11 am at the Peabody Funeral Homes and Crematorium, 290 Mammoth Road Londonderry, NH. A Celebration of Jordan's life will follow at 11 am, in the funeral home with a 1:30 pm burial of his cremated remains with Military Honors to conclude services at the NH State Veterans Cemetery, 100 Route 3, Boscawen, NH. In lieu of flowers, donations may be made in "Memory of Jordan Lewis" to one of two charities: The Manchester Vet Center, checks payable to: Manchester Vet Center General Post Fund 4038 and mailed to 1461 Hooksett Road, B6, Hooksett, NH 03106, or to K9's for Warriors non profit organization can be made at www.k9sforwarriors.com/one-time-donation. To send a condolence please visit www.peabodyfuneralhome.com.

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Londonderry Police Log

Selections from the Londonderry Police Logs

Monday - May 15

12:55 p.m. Homeland Security services rendered at Manchester Boston Regional Airport.

4:15 p.m. Warrant served and arrest made on Oakridge Drive. Christine Oneill, 32, of Londonderry was charged with theft/shoplifting.

6:31 p.m. Weapons offenses investigated on West Road at Fields Four and Five.

6:56 p.m. Domestic disturbance investigated on Pine Hollow Drive.

9:14 p.m. Four units responded to suspicious activity and made an arrest at Rite-aid on Nashua Road.

Tuesday - May 16

9:45 a.m. Sex offenses investigated on Reed Street.

3:06 p.m. Londonderry Fire Department responded to a call on Devonshire Lane and transported the individual to the hospital.

6:04 p.m. Motor vehicle accident investigated on Ross Drive.

7:43 p.m. Drug offenses investigated at Manchester Boston Regional Airport.

8:35 p.m. Criminal threatening investigated at Woodcrest Drive.

Wednesday - May 17

7:09 a.m. Disabled motor

vehicle found and arrest made on Otterson Road.

3:25 p.m. Suspicious activity investigated on Cortland Street.

3:24 p.m. Juvenile offenses investigated on High Range Road.

3:48 p.m. Londonderry Fire Department responded to a call on Red Deer Road and transported the individual to the hospital.

8:57 p.m. Eight units responded to an attempted suicide on Tokanel Drive and transported the individual to the hospital.

10:36 p.m. Suspicious activity investigated on Memorial Drive.

Thursday - May 18

4:34 a.m. Motor vehicle services rendered after an accident on Fieldstone Drive.

1:18 p.m. Juvenile offenses investigated at Londonderry High School.

2:19 p.m. Suspicious activity investigated on Wind-ing Pond Road.

Friday - May 19

2:25 p.m. Two officers responded to a motor vehicle accident involving three cars on Sparhawk Drive.

3:55 p.m. Londonderry Fire Department responded to a call on Pinyon Place and transported the

individual to the hospital.

4:40 p.m. Assisted Londonderry Fire Department on Old Coach Road.

7:00 p.m. Motor vehicle accident Investigated at Ecco Corporation.

10:29 p.m. Neighborhood disputes services rendered on Maureen Circle.

11:54 pm. Officer responded to a disturbance on Woodhenge Circle where peace was later restored.

Saturday - May 20

12:25 a.m. Officers made a motor vehicle stop and arrest on Nashua Road on the Derry line. Marie Pagan, 21, of Derry was charged with speeding and the possession of controlled/narcotic drugs.

9:23 a.m. Officers made a motor vehicle stop and arrest on Gilcreast Road. Shaun Simpson, 25, of Manchester was charged with driving after license revocation or suspension and a suspended registration.

4:03 p.m. Disturbance investigated at the Manchester Boston Regional Airport.

11:15 p.m. Three units responded to a motor vehicle stop and arrest at BP on Mohawk Drive. Deborah Eckland, 56, was charged with driving after license revocation or suspension and driving with an open container of alcohol.

Sunday - May 21

10:09 a.m. Disturbance was investigated at the Musquash Conservation Area.

3:15 p.m. Suspicious activity was investigated on Trolley Car Lane.

4:10 p.m. Peace was restored after a domestic disturbance on Walton Circle.

4:29 p.m. Londonderry Fire Department responded to a call at the Stumble Inn on Rockingham Road and transported an individual to the hospital.

5:36 p.m. Neighborhood dispute was investigated on Charmarand Row.

8:39 p.m. Five units assist Londonderry Fire Department at Kendall Pond Apartments on Kendall Pond Road. An individual was transported to the hospital.



TOWN OF LONDONDERRY NOTICE TO RESIDENTS

All dogs in the Town of Londonderry must be registered by May 31st to avoid an additional \$25 fine. Please make sure that all rabies certificates are updated. Notification would be appreciated if you no longer have a dog that was previously registered or if your dog is deceased.

If you have any questions, please contact the Town Clerk's Office at (603) 432-1100 ext. 195.

Affected by Lyme Disease?

A support group will meet on the fourth Wednesday of each month at Market Basket Café in Londonderry, starting at 6:30 p.m.
This group meets to raise awareness, share information and support over this devastating and often misunderstood illness.

For more info contact Deb Paul at 537-2760 or dpaul@nutpub.net

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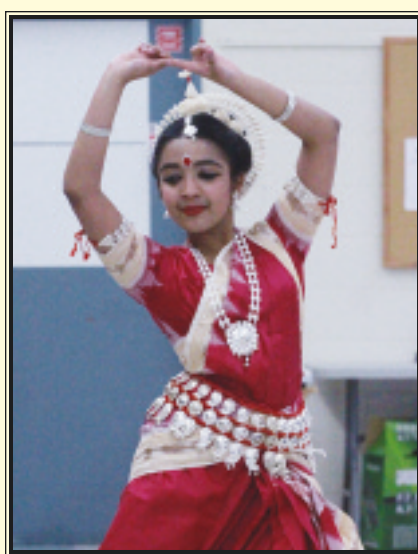
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High School Students Host Annual International Night



The LHS International Club hosted its annual International Night in the school's cafeteria on Friday night with about a dozen countries being represented. Throughout the evening attendees viewed the displays set up to explain the different cultures and a variety of performances took place. Clockwise from left, Urvi Chakraborty and Kat Provost discuss a display on Ireland; Chakraborty performs an Indian dance; Rhea Hernandez and Chakraborty practice Martial Arts; Melenie Methot represents Japan; Julia Fitzgibbons sings an Italian song; and Rhea Hernandez teaches a group Martial Arts.

Around Town

Continued from page 16

playing during the 2017 season. Practice games are starting now at the Nelson Road fields behind the fire station. The season is scheduled to begin during the second week of May. For more information, please write to jimedwards48@comcast.net

Post 27 Open House

On May 29 from Noon - 6 p.m., Post 27 would like to invite anyone interested in joining to stop by to meet our members and view our facility. We will be serving food throughout the day. Prospective veterans can go to www.legion.org to view membership criteria. For more information, go to our website www.alpost27.com, call us at 437-6613, visit our Greeley Parmenter Harrington Facebook page or follow us on Twitter @ALPost27LderryNH.

Come to the Fiesta

Children are invited to celebrate the coming of summer with a Fiesta event on Tuesday, May 30, from 4-

5 p.m. in the Leach Library. Children will learn about the animals of Latin America, traditional folk tales, and some Spanish words. Each participant will leave with a colorful plush parrot to commemorate the trip. The program is open to 90 participants of all ages. Registration is required. For more information, call 432-1127.

Free Dinners

Free, family-friendly meals will be served in a relaxed atmosphere at the following locations on the following dates. At the Episcopal Church of the Transfiguration, 1 Hood Road, Derry, dinner will be served from 5 - 6:30 p.m. on Sunday, June 11, July 9, and August 13. At Etz Hayim Synagogue, 1-1/2 Hood Road, Derry, dinner will be served from 5 - 6:15 p.m. on Sunday, June 18, July 16, and August 20. At the First Parish Congregational Church, 47 East Derry Road, East Derry, spaghetti suppers will be served from 5 - 6:30 p.m. on Friday, June 30, July 28, August 25, and September 29. At St. Jude Church, 435 Mammoth Road, Londonderry, lunch

will be served from 1:30 - 2:30 p.m. on Sunday, June 25 (this meal will be located at the Lion's Hall on the corner of Mammoth & Pillsbury Rds. in Londonderry), Sunday, July 30, August 27, and September 24. At St. Luke's United Methodist Church, 63 East Broadway, Derry, dinner will be served

from 5 - 6 p.m. on Saturday, June 17, July 15, August 19, and September 16.

Free Meals

The following free meals will be offered in the Derry/Londonderry area in May. On May 28, lunch will be hosted by the St. Jude Parish Community from 1:30

p.m. - 2:30 p.m. This lunch will be held at the Londonderry Lions Hall rather than at the Church Parish Hall, as was stated during the April meal. In addition, a free

meal is served every week-night at the Sonshine Soup Kitchen on Crystal Avenue in Derry. Call 432-3333 if you have questions.



TOWN OF LONDONDERRY PLANNING BOARD

The Londonderry Planning Board will hold a Public Hearing on Wednesday, June 7, 2017 at 7:00 P.M. in the Moose Hill Council Chambers, 268B Mammoth Road, Londonderry, NH to consider the following:

- Application for formal review of a two lot subdivision, 211 Rockingham Road, Map 15 Lot 23, Zoned C-1/Commercial Overlay District, Anthony Iodice (Owner & Applicant)
- Application for formal review of lot line adjustment, Seven Jason Drive & 44 Rear Elwood Road, Map 5 Lots 41A & 52-34, Public Service Co. of NH d/b/a Eversource Energy (Owner - 44 Rear Elwood Road - Map 5 Lot 41A) and Wang Family Trust (Owner - Seven Jason Drive - Map 5 Lot 52-34) and Eversource/PSNH (Applicant)

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TOWN OF LONDONDERRY LEGAL NOTICE

The Londonderry Town Council will hold a PUBLIC HEARING on the following item:

- Resolution #2017-03 - A Resolution Relative to Legalizing, Ratifying and Confirming all Actions, Votes and Proceedings from the 2017 Election

The Public Hearing is scheduled for Monday, June 5, 2017 at 7:00 PM at the Londonderry Town Hall, 268B Mammoth Road, Londonderry, NH 03053. A copy of the proposed amendment may be viewed at the Town Manager's office during regular business hours and online at www.londonderrynh.org.

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**- Kitt and Cathy Plummer,
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