

Londonderry Times

November 10, 2016 ♦ Volume 17 – Issue 45

A FREE Weekly Publication



Tallest Tower

Ryan and Jack Griffin work to build the tallest tower out of Legos during Monday night's second annual Family Science night organized by teachers Kelly Juster and Meredith Jackes. The boys won the competition with a height of 36.2 inches. See more photos on page 19.

Photo by Chris Paul

Town Working to Recoup Outstanding Ambulance Fees

HUNTER MCGEE
LONDONDERRY TIMES

Recouping fees from patients who are transported to the hospital can sometimes be difficult, especially if it involves calls to Manchester Boston Regional Airport, according to officials.

Londonderry fire administrators discussed the billing process during a Board of Selectmen budget meeting Monday night at Town Hall. With 1,280 accounts and an average balance of \$665, officials discussed ways to recoup some of the outstanding fees.

Virtually all of the patients have some form of insurance, according to officials. But even with insurance, some services still aren't covered and patients are still responsible for various levels of copays and other fees, according to fire adminis-

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Council Approves Ordinance to Deter Public Water Removal

HUNTER MCGEE
LONDONDERRY TIMES

In response to severe drought conditions, Londonderry councilors have approved a proposal to restrict the withdrawal of water for commercial use from public water bodies.

The councilors voted at the Monday night meeting to approve the ordinance that grants police enforcement powers. Violators caught withdrawing water from public waters could face potential fines.

Under the new ordinance, violators would be subject to a warning on the first violation; fol-

lowed by a \$250 fine on the second violation; and a fine of up to \$500 for a third violation.

Department of Environmental Service officials advised the town in September that the drought conditions were severe enough in New Hampshire to ask municipalities to enact town-wide lawn watering bans for both public and private wells, according to officials. Londonderry enacted a ban early last month, restricting the watering of all residential lawns.

The town also sent out letters to landscaping companies advising them

that an ordinance restricting water withdrawals was being created.

But in the meeting, resident Deanna Mele questioned whether the new ordinance would be effective since it would only be in place during the drought.

"We can't say because we get rain that it's OK to start going and taking the water out of the ponds and lakes and streams," Mele said. "We should not be doing that."

She said violators have been taking the water for free from area water sources and then going out and selling it for

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LHS's Pay it Forward Club to Host Veteran's Breakfast

MELISSA BETH RUIZ
LONDONDERRY TIMES

Local veterans are invited to attend the Londonderry High School Pay it Forward Club's sixth annual Thank You Veterans Breakfast on Saturday Nov. 12, the day after Veteran's Day.

The men and women who have served our country will be honored in the Londonderry High School Cafeteria from 8 to 9:30 a.m. with a full course breakfast, just a small token of appreciation for what they have done for our country.

The event has grown quite a bit since it's beginnings in the Londonderry High School gym lobby with about 18 attendees

in 2010 serving Dunkin Donuts coffee and confections, to 91 attendees last year with a full course breakfast (funded by the town council and the school board) in the High School cafeteria, with volunteers replenishing the supply up to ten times during the event. This year's estimated attendance is around 100 veterans.

Ninety percent of the honored guests are residents of Londonderry, the rest being friends and fellow veterans of the resident vets whose towns don't currently have anything like the breakfast.

In years past, there have always been high school student speakers who share their gratitude

to the veterans in attendance, but this year hopes to see students of Londonderry Middle School also speaking at the event. And the Londonderry High School band will be playing a salute song for each branch of the military.

"The veterans love that," said LHS Senior Annika Lidster, one of the student volunteers for the

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South School Utilizes Bosch Grant for After School Science



South Elementary School's eight week after school program on science was funded through a grant for \$3800 from the Bosch Community Fund. The grant was used to fund engineering exploration during after school activities. The program is being taught by Londonderry High School physics teacher, Rich Levergood and former South School teacher, Martha Miller. They worked with students to explore different careers and thought processes in engineering. The program ended this week with students using stop watches they built last week by creating circuits.

Photos by Chris Paul

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Breakfast

Continued from page 1

Veteran's Day Breakfast. She has been involved in the event for three years.

Each year, the students of the Pay it Forward Club call veterans to personally invite them to the breakfast, set up the event, greet and thank every veteran who comes through the door, and help transport older veterans from the parking lot and to the parade.

Perhaps the most noteworthy gesture from these kindhearted youths is that they ensure that no veteran is alone during the breakfast. If they see veterans sitting by themselves, they will ask to join and to hear stories and to hear more about them. The club delights in seeing the same faces returning each year, and

is always overjoyed to greet new ones.

Each year the Pay it Forward Club works to make sure that each veteran goes home with a special thank-you basket, each containing items of a different theme, and most importantly, a personalized, hand-written note thanking the veteran for his or her service. At the time this story was written, the Club has been able to obtain 30 gift baskets, with hopes of obtaining at least 80

Gift basket contributions are put together from the schools, as well as from town residents. LHS Assistant Principal and Pay it Forward Advisor Katie Sullivan noted that one kind stranger gave a monetary donation for use towards the Thank You Breakfast.

The Pay it Forward



Local veterans will be treated to a breakfast buffet on Saturday, Nov. 12, at the Londonderry High School by the school's Pay It Forward group.

Photo by Chris Paul

Club works together with the Londonderry Legion to hold the Breakfast right before the Veteran's Day

parade, so that the day is, in Lidster's words, "All about them."

When asked how she

would like to see the Thank You Veterans Breakfast grow in the coming years, Sullivan

said she would like to see even more community involvement, and "Make sure we've reached every veteran."

"If you are a veteran, and would like to come, please let us know how we can reach you." Asked Sullivan of those Londonderry veterans out there who have yet to be honored at the event.

Of course the breakfast is of no charge to the veterans, but guests are welcome and encouraged to make a donation to support veterans in need. All those who would like to contribute to the event, or veterans interested in attending for the first time, please contact Katie Sullivan at ksullivan@londonderry

ENGAGEMENT Announcement

Sarah Felix & Steven Dvorak



Mr. and Mrs. Bruce Felix are pleased to announce the engagement of their daughter, Sarah Diane Felix to Steven Michael Dvorak, son of Mr. and Mrs. Michael Dvorak. An October wedding is planned at St Mark's Church in Londonderry, NH

Water

Continued from page 1

their businesses.

Mele added that this is the first time in 45 years she's seen water levels so low.

She said the town should have a department within town hall devoted to monitoring water sources and providing enforcement when necessary. She also suggested posting signs to notify the public of the

ordinance.

Council Chairman John Farrell said the town is moving forward with a plan to address potential violators. The town could then create another ordinance, he said.

Farrell added, "I don't think that anyone is looking at having this be a continued practice but the wheels of government move slowly."

In response, Mele said the wheels of government "should move faster" and

the town needs to take the process more seriously.

Town Manager Kevin Smith said after the first reading of the ordinance letters were sent to landscaping companies in the area to inform them that the ordinance was being

proposed. And if the companies withdrew water police would treat it as theft of public property.

"So we actually have been enforcing the removal of water even prior to this ordinance being adopted," Smith said.



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Editorial Veteran's Day

Veteran's day is fast approaching once again. This holiday was originally proclaimed in 1919 by Woodrow Wilson as "Armistice Day", during a time when the world had seen what they thought was the first and last major global conflict, what is now known as World War I, but was originally known as "The Great War" or the "War to end all wars".

Since then, American men and women have continued to distinguish themselves in the service of this great nation, from WWII, Korea "The forgotten war", Vietnam, Desert Storm, and the Global War on Terror, among others, which seems to have no end in sight.

Since the end of WWII most of us can remember growing up and being warned of the Communist threat in Eastern Europe and Asia. Our great Nation provided the global leadership necessary to overcome this threat - known as the "Cold War" because there were few actual shots fired between the United States and the Soviet Union - in the end we prevailed, but many veterans spent many years standing sentry against the threat, be it on a watch in West Berlin, aloft for the Strategic Air Command or supporting counterinsurgencies in Central and South America and elsewhere.

Veterans of all branches of the armed services generally enjoy a great sense of camaraderie. As a 21 year retired Marine, I had the chance to observe this first hand very recently at my job. I often go to meetings where I do not know all of the participants, and as most former military do you

always scan all of your surroundings when you enter the room and make a mental note. For all Marines and certain members of the other branches - like US Army Airborne, Rangers, Infantry, Special Forces, Delta, US Navy SEALs, USAF Combat Controllers/Para Rescue, when your eyes meet it's often very instinctual to sense another operator. In my case I immediately made a new friend that day.

The United States is somewhat unique among world powers and history in that our Service men and women swear an oath of allegiance, not to the a King, but to the Constitution, which is the governing document by which our Government derives its power - a contract with our people. This is the root of "service", against enemies foreign and domestic.

Londonderry has honored its Veterans well with a remarkable memorial at the center of town, well worth stopping and reading with your kids someday. New Hampshire has among the highest Veteran population density of all US States, so chances are you know one. Here in Londonderry we have had and continue to enjoy great representation to our State Government contingent to this day by Veterans - in both the House and the Senate. John Stark and Col. Pillsbury may have been among the first, but they certainly won't be the last!

Please take the time to thank a vet, and when you do, recall that he or she thought so much of your freedom and your rights that they swore an oath to the Constitution and service to the country, up to and including their life.

Letters

Auditorium and Taxes

Over several decades, there has been much discussion for the want of an auditorium to make ours a "full service" school district. To persuade voters some went so far as to say the school district would lose accreditation; this is not the case. It was also mentioned that an auditorium could generate income from outside groups renting the space for events. Except that having classrooms in the facility, it would only be available after the school day ended. The ongoing cost of maintaining the facility also was never dis-

closed.

By now everyone in Town has received their property tax bill. Even with all the new business in town my taxes have again increased. But what is significant is the fact that almost 63% of my property tax goes to support the school district. Admittedly, we have a good school system with many faculty and staff that deserve a decent salary and benefits. But do we need the added burden of another facility that may only see limited use on a regular basis; the facility still needs heat, cooling, etc., even if only at a minimum, when it

stands empty. How much will the tax rate need to increase to support this burden.

One additional fact we don't want to overlook. Very soon, we just might need to add additional regular classroom space or build new facilities to accommodate all the families expected to move into the new multi-family developments not to mention Woodmont. Let this be one of the few times the powers-that-be listen to the will of the people and finally put this issue to rest.

Steven Zeichner
Londonderry

Londonderry Times welcomes letters of up to 500 words on topics of local interest, written by local residents, and prints as many letters as possible. Please e-mail your letters to the Londonderry Times at londonderrytimes@nutpub.net. All letters must include the writer's name, address and phone number for verification if needed; name and town of residence will be printed. Londonderry Times reserves the right to reject or edit letters for content and length, and anonymous letters will not be printed. Deadline is 5 p.m. Monday.

State Urges Residents to Get Flu Shots Now

The New Hampshire Department of Health and Human Services (DHHS) (DHHS) has announced the first positive influenza test result of the 2016-17 influenza season. The positive sample was identified by the State Public Health Laboratories from an adult from Rockingham County.

With the influenza virus circulating in the State, DHHS encourages all New Hampshire residents 6 months of age and older to be vaccinated against the flu at their earliest convenience, especially those who are at increased risk for complications.

"With influenza already beginning to circulate in our communities, we recommend that individuals 6 months of age and older get the flu vaccine," said Dr. Benjamin Chan, New Hampshire State Epidemiologist. "It is difficult to predict how a flu season will progress, but the flu vaccine is safe and offers people the best protection to avoid illness and medical complications of influenza virus infection."

The Federal Centers for

Disease Control and Prevention (CDC) estimates that 25,000 people in the United States die each year from influenza. Last flu season in New Hampshire, 19 influenza-related deaths were identified based on review of death certificate records.

While everyone 6 months of age or older should get a flu vaccine this season, it is especially important for certain groups at higher risk of medical complications from the flu get vaccinated for their own safety, including:

- Children aged 6 months through 4 years of age.
- Pregnant women.
- Adults 50 years of age or older.
- People who are immunosuppressed.
- People of any age with certain chronic medical conditions, including asthma, heart disease, diabetes, or chronic lung disease.

People who live with or care for those at high risk of flu complications should also be vaccinated, including:

- Health care workers.
- Household contacts of persons at high risk of complications from the flu.

• Household contacts and out-of-home caregivers of children younger than 6 months of age.

Influenza can be a serious disease of the lungs, nose, and throat. The illness is spread from person to person through contact with infected respiratory secretions including by coughing and sneezing. Typical flu symptoms include fever, headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose, and muscle aches.

The flu season usually lasts from October through May, so CDC and DHHS recommend that everyone who is at least 6 months of age be vaccinated by the end of October. Residents are encouraged to check with schools, pharmacies or their healthcare provider to be vaccinated.

For more information on influenza and the vaccine, contact the New Hampshire Immunization Program at 1-800-852-3345, ext. 4482 or 271-4482 or the Bureau of Infectious Disease Control at 1-800-852-3345, ext. 0279 or 271-0279. Visit the Centers for Disease C

Londonderry Times

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Nutfield Publishing's Deb Paul Receives Volunteer Service Award

NANCY DOWNES
LONDONDERRY TIMES

Volunteer New Hampshire held its 14th annual Spirit of New Hampshire Awards ceremony at the Capitol Center for the Arts in Concord on Tuesday evening, Nov. 1. It was an evening to honor individuals, groups, nonprofits, educational institutions, and businesses from across the granite state that go above and beyond the call to serve.

During the ceremony, 4,000 volunteers, groups, schools and businesses were recognized at the award ceremony last Tuesday night.

"Every year in New Hampshire, over 300,000 individuals volunteer their time to make New Hampshire a better state to live in," said Gretchen Berger, executive director of Volunteer NH.

More than 100 awards

were given out at the Capitol Center for the Arts, honoring volunteers for stepping up to serve others. Nutfield Publishing's Deb Paul was one to receive the Volunteer Service Award for 2016.

Volunteer Service Awards are given to individuals or groups who, according to Volunteer NH, "provide volunteer services that strengthen communities and improve the lives of the citizens of New Hampshire." The awards are given by category of Senior, Adult, and Youth volunteers.

"It's really about shining a spotlight on service and recognizing folks who don't even realize the impact that they make," said Berger.

Paul had accepted an award at the first Spirit of New Hampshire Awards in 2002.

The Londonderry Times had been nominat-

ed for its dedication to the community, and for its work in keeping the town informed.

Paul was recognized this year for her individual commitment and contribution to many nonprofit organizations. Among her many services include serving as the Board of Director at the YMCA of Greater Londonderry. Paul is one of the YMCA's fundraising efforts, including its annual Wine Tasting and Auction. The auction provides opportunities for individuals and families in the community who are in need of financial assistance to participate in the YMCA's programs. And the auction helps to strengthen existing and to implement new youth programs.

In addition, Paul is also on the board of the Londonderry Historical Society, where she aids in



Bellweather Community Credit Union President, CEO Micheal L'Ecuyer, left and Executive Director of Volunteer of New Hampshire Gretchen Berger, right, presented the Volunteer Service Award to Publisher Deb Paul on Tuesday, November 1. Courtesy Photo

fund raising, running the Old Home Day and Harvest Fest-Trick-a-Treat on Main Street events and the Greater Derry Londonderry Chamber of Commerce where is on

the government committee. She also leads in coordinating local town events such as Londonderry's Old Home Day, Derry Fest, Harvest Fest, and Blues Fest for Veteran's Court, for which she orchestrates bringing in vendors and handles planning.

She is also involved in the Upper Room in Derry (a resource center for families in need), the Soup Kitchen, Community Caregivers of Londonderry, Londonderry and Derry Garden Club, most.

Moore Mart, Southern NH Planning Commission, and the Women's Club of Londonderry. She has also helped with Art in Action, one of the founders of Beautifying Londonderry, one of the founders of Concerts in the Common, Christmas Trees in the Common, and more. She has also been instrumental in the fundraising efforts for the Gold Star Moms Memorial in Manchester and Iraq Vet Memorial Wall in Derry.

But Paul's call to action doesn't stop there. Her next initiative is the development and construction of a substance abuse center in the Londonderry/Derry community. Her vision is to help youth and adults who are struggling with addiction, and she is working towards assembling a team with all of the resources, expertise and connections to make her vision a reality.

If any group, or individual ask for help in any way she is there to help.

Many for her contributions and dedication to the community recognize Paul, and she continues to do all she can to build up those who need it the most.

Reading Winner

Londonderry Leach Library Director Barbara Ostertag-Holtkamp, left, and Assistant Director Sally Nelson, right, present the Janice Anagnos Memorial Prize and certificate to Taryn Kocak for reading the most books during the 2016 Young Adult Summer Reading Program.

Courtesy photo



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Londonderry High Grad Seeing World Aboard Hi-Tech Naval Ship

MELISSA RUIZ
LONDONDERRY TIMES

A 2008 Londonderry Senior High School graduate and Londonderry native is serving in the U.S. Navy as part of a crew working aboard one of the country's most versatile combat ships.

Lt. Jesse Sciuto enjoyed growing up in Londonderry, but decided to join the Navy because it was something different, and he liked the concept of being able to travel and expand his horizons.

"The thought of a desk job wasn't really doing it for me," said Sciuto. "I wanted to get out and see the world."

Sciuto is currently serving aboard USS Detroit (LCS 7) based in Mayport, Fla., but through the Navy, he has been able to see more of the world.



Lt. Jesse Sciuto

When asked what his favorite experience was so far, he recalled a couple of years ago, in the Arabian Gulf, standing watch in the middle of the night, glancing up to the sky wearing night vision goggles.

"With the naked eye, you'd just see pitch black," he said, "But with the night vision, you could easily see the outline of the Milky Way..."

As a Lieutenant,

Sciuto is responsible for assistant departments and overseeing operations of the gunnery division, as well as the communications division.

"I enjoy the challenges and rewards that come with being on a ship with a smaller than normal crew," said Sciuto. "I've had more opportunities than I might have had on a larger ship also, driving Detroit is amazing."

Sciuto added that his time in the Navy has made him more mature. He said that out of college, he was not only responsible for himself, but also for a division of sailors, and that had changed him quite a bit.

"If there's a 10-year (high school) reunion, most people probably won't recognize me," he said.

The USS Detroit (LCS 7)'s technological bene-

fits allow for swapping mission packages quickly, meaning sailors can support multiple missions, such as surface warfare, mine warfare, or anti-submarine warfare, Sciuto said.

"The tight-knit crew and sense of community developed here is really important to me," Sciuto said.

Designed to defeat threats such as mines, quiet diesel submarines and fast surface craft, littoral combat ships are a bold departure from traditional Navy shipbuilding programs, according to Navy officials. The LCS sustainment strategy was developed to take into account the unique design and manning of LCS and its associated mission modules.

According to Navy officials, the path to becoming an LCS sailor is a long one. Following an 18-month training pipeline, sailors have to qualify on a simulator that is nearly identical to the ship. This intense and realistic training pipeline allows sailors to execute their roles and responsibilities immediately upon stepping onboard.

"The 'Ghost Riders' who comprise LCS Crew 103 are the most well-trained, hard-working, and energetic team anywhere in the Fleet," said Cmdr. Michael P. Desmond, the commanding officer of Detroit. "Their efforts have led to a remarkable series of milestones, including Detroit's smooth departure from the shipyard in Marinette, Wis, a flawless commissioning ceremony week in downtown Detroit, Michi-

gan and the ship's first international port-call in Windsor, Ontario. This amazing Crew is an ideal fit for Detroit: the Navy's newest and most capable warship. We are all eager to tackle the remaining weeks of our sail-around mission."

Sciuto reflected on the ship's voyage from Marinette, saying that it was his hardest challenge so far.

"We hate getting close to anything," he said, referring to the space between a ship and any given object. During the 9 hours out of 15-hour journey that Sciuto was driving the ship, he had to navigate through areas with just 15 feet of space on either side.

"It was very stressful," Sciuto said, but he was able to get the USS Detroit (LCS 7) where it needed to be without a scratch.

Sciuto's ultimate goal in the Navy is to command a ship at sea, and he would eventually like to move into cyber defense. When asked if he could see himself back in Londonderry, he said that he loves visiting, and would like to come back once or twice a year, which has not been able to happen regularly. He is hoping to return for a visit in January or February.

As for returning to his hometown in a more permanent way, he said that he was not sure what he would be doing over the next 17 years, but if he had children, this would be a great place to raise them.

To anyone considering a career in the Navy, Sciuto says "There is something for everyone,"

and "We have everything, under the ocean, on top of the ocean, in the air, and even a little bit in space."

He went on to mention that there are jobs in oceanography, weather, and a big department for research and development. The opportunities are vast, and prospective recruits can meet with a recruiter to find the right path, he said.

Sciuto further commented on the additional perks of Navy life.

"I'm currently in a biodome, looking at otters play..." he said with a smile. "Port visits are great."

As one of 53 crew members aboard one of the Navy's newest ships, Sciuto and other Sailors are building a legacy that will last beyond their lifetimes.

Crew members know how important it is for the Navy to develop new war fighting capabilities to continue their success on the world's oceans.

"One extremely unique thing about this ship, is that it'll be deployed for peacekeeping and humanity missions," said Sciuto. "We can pull into more ports that have never seen a United States vessel, which allows the Navy's presence to be seen throughout the world."

Through innovative planning, the design of systems, and crew requirements, the LCS platform allows the fleet to increase forward presence and optimize its personnel, improving the ability of the Navy to be where it matters, when it matters, according to Navy officials.

Daniela E. Verani, M.D., P.A.

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- PROVIDER ON CALL - IS IT STRESS OR AN ADJUSTMENT DISORDER

There are many definitions of stress. A good way to think about stress is that it is a feeling that may occur in response to positive or negative situations in which your body's natural response, biological and psychological, is to be in a heightened state of readiness, allowing you to perform well under pressure.

People can experience stress in different degrees, from mild to severe. "Just enough" stress can be a good thing and indeed critical to survival. However, when this stress response fails to switch off and reset itself after a challenging situation has passed, or if it worsens to the point of distraction, it can lead to more significant psychological problems and even worsen some medical conditions. That is the point at which an adjustment disorder or more severe problems can develop.

An adjustment disorder is a severe emotional reaction to a stressful event that has occurred in your life such as the death of a loved one or being diagnosed with a disease. It is a type of stress-related mental illness that can affect your feelings, thoughts and behaviors. Adjustment disorders are characterized by:

- Having emotional or behavioral symptoms within three months of a specific stressor occurring in your life
- Having serious symptoms involving severe distress or an inability to function well in your daily life

People may experience depressed mood, anxiety, disruptive behavior or other problems. Generally, there is an improvement within six months of the stressful event coming to an end. Taking good care of your emotional needs, talking to a trusted

friend or family member, and avoiding isolation are important in recovery. If symptoms persist, it may be helpful to talk to your doctor about what treatment options may be right for you.

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Rotary Donation

The Londonderry Rotary Club presented checks to two local charities during the club's Oct. 18 meeting at The Coach Stop. At left a check for \$6,900 was presented to Liberty House Executive Director Keith Howard by Rotary members Claudia Charbonneau, Fundraising Co-Chair Londonderry Rotary, Deb Waitt, Rotary Fundraising Co-Chair and Mike Dolan, Rotary President. At right, Family Promise, a non-profit serving homeless families in Rockingham County, was presented with a check for \$6,300. John Timmeny, left, accepted the check on behalf of Family Promise, from club members Deb Waitt, and Mike Dolan.

Photo by Haley Paton Dufour

Town Councilors Consider Veterans Property Tax Credit

HUNTER MCGEE
LONDONDERRY TIMES

After meeting Monday night, councilors say they want to take a wait-and-see approach on a state law regarding the veterans tax credit.

The new state law gives the council the option of extending the same tax credit to all local veterans who pay property taxes and aren't covered under current statute.

There are currently 799 local veterans who are taking advantage of the town's \$500 tax credit, said Town Manager Kevin Smith.

Administrators believe about 407 more veterans who aren't currently receiving the take the tax credit under the state law, Smith said.

Adding the veterans to the tax credit could add increase of 11 cents per thousand dollars of assessed property on the tax rate.

But because administrators don't know how many will take the tax credit, they have to budget for the possibility that all of the eligible veterans took the credit.

"Even if they don't take advantage of it, we have to budget for it," Farrell said.

As another option, councilors could vote to decrease the current tax credit to a lower amount and see how many new veterans take advantage of the tax credit under the new law.

But some councilors said they don't want to lower the current tax credit.

Councilors would have to pass the plan for it to take effect in the 2016-17 budget.

Councilors said they don't know enough about how many veterans might take the tax so the best approach is to wait and gather more data.

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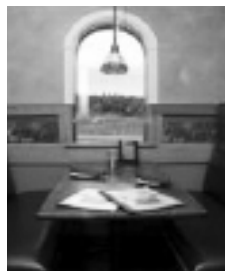
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Attorney General Warns Again About IRS Scams

New Hampshire Attorney General Joseph A. Foster warns New Hampshire residents that IRS (Internal Revenue Service) scam calls continue to be received.

Since the beginning of January, the Attorney General's Office has received over 1,200 complaints related to these IRS scams, with no indication that the calls are becoming less frequent. The Attorney General

issued this alert in February and in 2015.

Frequently, residents will receive unsolicited calls from individuals fraudulently claiming to be from the IRS and demanding payment for taxes allegedly past due. The callers typically ask for immediate payment and request debit or credit card numbers. Some callers threaten arrest, wage garnishment, or other forms of legal process to coerce the res-

ident into making the payment.

The IRS continues to caution taxpayers that their first contact with a delinquent taxpayer will not be a phone call but will almost always be in the form of a letter from the IRS sent through the mail. The IRS also does not initiate contact with taxpayers by email to request personal or financial information and never asks for credit card, debit card or prepaid card information over the phone.

Residents should always verify carefully the authenticity of any demand for payment, especially if that demand comes during an unsolicited phone call or email.

The Attorney General advises everyone, in the first instance, to hang up immediately if they receive one of these

threatening and demanding calls, not engage the caller in any respect and be suspicious of all unsolicited calls asking for personal or financial information. The Attorney General advises that people should never provide personal information over the phone, in an email, or through the Internet unless that person has verified the source of the inquiry.

A second prevalent IRS related scam being reported is tax-related identity theft. This can occur when the perpetrator uses a stolen Social Security number to file a tax return claiming a fraudulent refund. Often, the victim is unaware that the theft has happened until the person files his or her return and only then discovers that a fraudulent return had already been filed and the refund sent to the thief.

Anyone who becomes a victim of tax-related identity theft should:

- File a report with the local police.

- File a complaint with the Federal Trade Commission at www.identitytheft.gov

- Call the FTC Identity Theft Hotline at 1-877-438-4338.

- Contact the IRS and complete IRS Form 14039, Identity Theft Affidavit.

- Contact one of the three major credit bureaus to place a "fraud alert" on your credit records: www.Equifax.com and 1-800-525-6285; www.Experian.com and 1-888-397-3742, and www.TransUnion.com and 1-800-680-7289.

Foster also offers the following advice about how to reduce the risk of identity theft:

- Don't routinely carry your Social Security card or any document with your SSN on it.

- Don't give a business your SSN just because they ask - only do so

when it is absolutely necessary.

- Secure your printed personal information at home by placing it in a locked drawer or safe or in a bank safe deposit box.

- Check your credit report annually with one of the three free agencies listed above. You are entitled to one free report each year from each of the three agencies.

- Protect your personal computers by using firewalls, anti-spam/virus software, update security patches and change passwords for internet accounts.

- Don't give personal information over the phone, through the mail or the Internet unless you have either initiated the contact or are sure you know who is asking.

New Hampshire consumers can also call the Attorney General's consumer hotline at 1-888-468-4454 or file a formal complaint at <http://doj.nh.gov/consumer/complaints/index.htm>

OBITUARY

Betty A Sampson (Genge)



Betty A Sampson (Genge) of Londonderry passed away suddenly on Oct. 24.

She is survived by her beloved husband, Bill, her four children, Carol, Chris, Chase, and Cliff, and also her six grandchildren, Anthony, Madison, Amber,

Ava, Chris Jr., and Isaac.

Among her many interests were crocheting, playing cards, and watching TV shows with her family. But above all else Betty especially loved spending quality time with her family and friends.

At her request, there were no calling hours.

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Yarn Artist Creates Colorful Artwork at North School

HALEY PATON DUFOUR
LONDONDERRY TIMES

Students at North Elementary were treated to a visit from Mexican artist Cilau Valadez Monday when he came to give live demonstrations on yarn painting and expose students to other forms of traditional Mexican art. The visit was one stop on a tour of 19 schools throughout New England.

A table with Valadez's creations was set up in the school's gymnasium where students were given the opportunity to watch Valadez work and ask him questions. Close-ups of Valadez's hands were filmed as he worked and projected on a large screen behind him.

"It's great for me to have this opportunity because it allows American people to learn of the diversity of Mexico, its crafts, and also that there's still native tribes that exist nowadays," Valadez said.

"A lot of the times we

go to places where kids have not even gone out of their own cities or places where they live, so this is like a passport for them."

Yarn painting, Valadez explained, is a traditional form of art from the central western part of Mexico where he is from. Colorful scenes of animals, plants, gods and the elements are created by pressing yarn onto a beeswax and pine-sap covered plywood base.

Each color used in the yarn paintings has a meaning. Red represents creativity, Valadez said, explaining, "It's believed that you're more creative when you're surrounded by love."

Green represents life, blue represents knowledge, while turquoise represents water, the goddesses and the origin of life.

"The reason why we use bright colors is because we believe that the bright colors keep our spirit and our being happy," Valadez said.

In his own work, Valadez

stances," Henrich said, adding that some of the complications stem from calls to the airport.

Henrich said ambulance crews encounter a lot of out-of-town patients, who aren't insured or say they don't have insurance.

"The patients that are in town, we don't seem to have that problem with," Henrich said.

On one recent call, ambulance crews encountered two patients who were only carrying handwritten passports and itineraries that were scribbled on and written in new



Mexican yarn artist Cilau Valadez visited North School recently and demonstrated how he creates intricate artwork out of yarn and bee's wax. Photos by Chris Paul



enjoys using as many colors as he can, he said.

"My favorite part of that is just blending bright colors with subtle tones."

In addition to the yarn paintings, Valadez's art-

work also included intricately beaded jewelry and small sculptures covered in tiny beads, each bead carefully applied by hand.

Among the bead covered sculptures were brightly colored skulls with various designs. Unlike Dia de los Muertos or Day of the Dead skulls, which represent death and loved ones who have passed on, skulls in the

work also included intricately beaded jewelry and small sculptures covered in tiny beads, each bead carefully applied by hand.

Among the bead covered sculptures were brightly colored skulls with various designs. Unlike Dia de los Muertos or Day of the Dead skulls, which represent death and loved ones who have passed on, skulls in the

Huichol culture represent

humanity. "It doesn't matter if you're a child, if you're an elder, you're male or female, if you're black, white, or wherever you're coming from in the world, it's the same structure underneath our skin that carries our body," Valadez said.

The themes in the art that Valadez and other

artists from his culture create are visual representations of stories passed on for generations through traditional songs. The songs are only in their native language, currently spoken by only 65,000 people.

"Even though we're a small population we're still working hard to preserve our traditions and keep the language alive."

Ambulance

Continued from page 1

trators.

Ambulance personnel always attempt to obtain signatures and gather information from patients who are transported but it can be difficult. During calls to the airport, many of the patients needing medical attention are from out of town, said Battalion Chief Fred Henrich, head of Emergency Medical Services.

"It's a challenge even under the best circum-

stances," Henrich said, adding that some of the complications stem from calls to the airport.

Complicating the situation, there was a language barrier and the patients had symptoms that could have ranged from the common cold to Ebola, O'Brien said.

"Nobody knew where these people were from, nobody knew where these people were; It was a complete nightmare," O'Brien said.

It took three to four days to sort out but officials were able to determine where the patients were from, he said.

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North School Hosts Colorful Fundraiser

The North Elementary School Parent Teachers Association held a Color-A-Thon Color recently at the West Road Soccer Fields on Sunday Oct. 23. Over 200 students and adults joined in for a One Mile Run/Walk Fundraiser. A white t-shirt was provided for the runners and color packets (colored powder) were provided to bystanders to throw at the participants and at the end everyone has their own packet to throw on themselves and friends. The event supported various educational enrichment programs, field trips and other school-wide activities throughout the year.

Photos courtesy J&L Photography

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LONDONDERRY SPORTS

Senior Zaino Advances to X-C Regionals With Strong Performance

CHRIS PANTAZIS
LONDONDERRY TIMES

As he approached the finish line during the Division I cross-country championships in Manchester's Derryfield Park on Saturday, Oct. 29, the look on Londonderry High senior cross-country standout Chris Zaino's face plainly showed anybody paying attention that the race had not gone well for him.

The talented, battle-tested LHS veteran was certainly expected to wind up among the top dozen finishers of that huge race, but when he did cross the finish line Zaino was an uncharacteristic 18th overall in 16 minutes and 58.4 seconds.

Zaino and his LHS

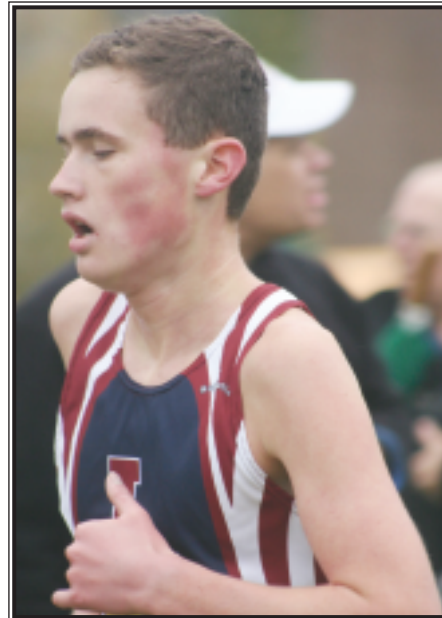
boys' cross-country crew still managed to qualify for the state Meet of Champions in Mines Falls Park at Nashua High School South this past Saturday, and it was there that the skilled Londonderry High 12th grader showed his true colors in qualifying for the upcoming New England Championships.

Running against the other top male high school cross-country runners from throughout the Granite State at the Meet of Champs, Zaino finished a glittering third overall in 15 minutes and 55.9 seconds, more than a minute faster than his finishing time at the Division I championships. Patrick O'Brien of Oyster River

High School in Durham won the boys' race in 15:03.4.

Londonderry finished eighth out of 19 teams at the MOC, but only the top six squads advanced to this Saturday's 82nd annual 2016 New England Interscholastic Cross-Country Championships at Ponaganset High School in North Scituate, R.I. However, with the top 25 individuals also qualifying, Zaino's excellent third place performance at the MOC's easily qualified him for that big regional competition.

Following Zaino to the finish line at the MOC, but well behind him among the field of 151 finishers, were his fellow Londonderry High senior Declan



Chris Zaino moved on to the regionals with strong work at the MOC.



Lancer Declan Hotter was his team's second finisher at the MOC.

Hotter in 53rd place (16:48.4), junior Jake Donnelly in 74th (17:03.8), his fellow 11th grader Nate

Seeley in the 83rd position (17:13.4), senior Kyle Freire in 89th place (17:17.4), sophomore

Carter Letalien in 98th place (17:29.5), and junior Brian Metro in the 100th spot (17:31.2).

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Londonderry Spirit Squad Snags Strong Third Place at States

CHRIS PANTAZIS
LONDONDERRY TIMES

For a number of years now the vast majority of Division I spirit squads have found themselves looking up at the Pinkerton Academy and Dover High School teams in the final results following the state's fall champi-

onship competition.

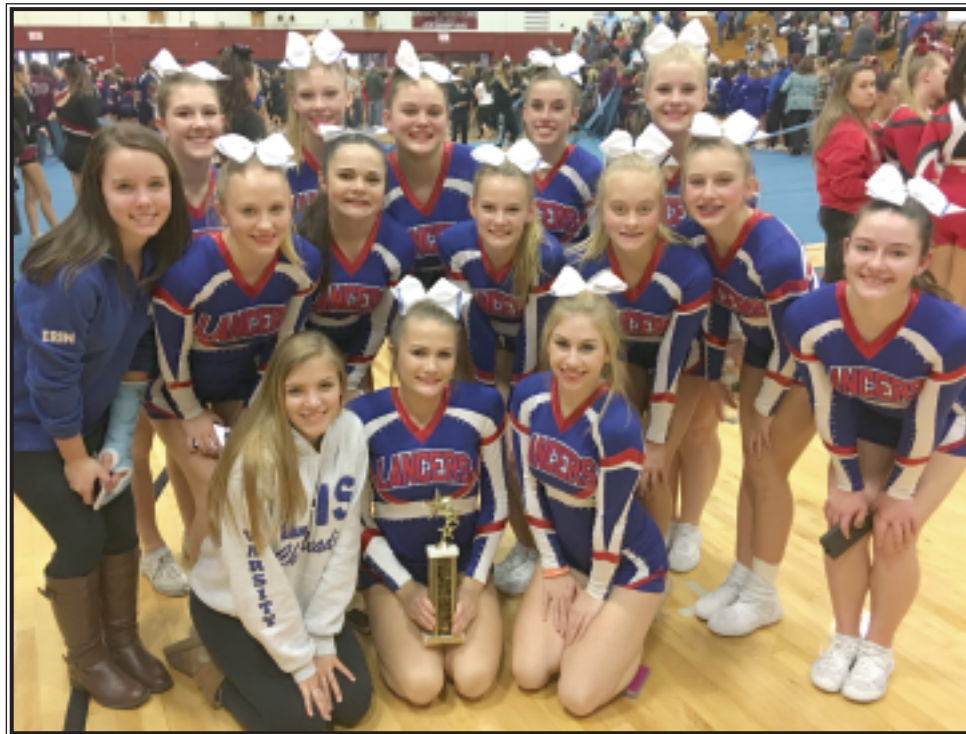
That was the case again this past Sunday afternoon after Pinkerton won its seventh consecutive state fall title - with Dover winding up the runner-up - at the 2016 title event in the academy's Hackler Gymnasium in Derry. But the Londonder-

ry High School spirit squad got a whole lot closer to the top of the pack that afternoon, with first-year varsity coach Chelsea Dennis' crew ending up a strong third overall out of some 15 competing contingents.

Pinkerton won the crown with a final score of 105.3, Dover bagged a 100 to finish second, and the Lady Lancers were mere percentage points out of the runner-up spot with a 99.7.

"Proud is an understatement," said coach Dennis after the event. "The girls performed to their full potential today, and their dedication, respect, and work ethic are driving forces in their success this season. There is such talent in our division this year that rather than hoping for a specific placement, our goal was to perform our best routine yet. And the team did just that."

The Londonderry squad included Jessica



The Londonderry High spirit squad did itself and its first-year varsity coach proud with a strong, third place finish at the fall state championships at Pinkerton Academy this past Sunday. Courtesy photo

Brien, Marissa Ciano, Meghan Evangelista, Emma Gehris, Katherine Host, Kathryn Hughes, Erin Kelly, Victoria Kelly, Katelyn Leger, Kaylie Longua, Hannah Martin,

Rachael Martinez, Kelly McEachern,

Taylor Mellinger, Ally Morris, Allison Rose, and Cassandra Stuart.

Prior to the state championships last weekend, the Londonderry team snared a great second place out of five

teams at the Cheer Madness event in Nashua and an excellent third out of some 11 squads at the Capital City competition in Concord.

Head coach Dennis was ably assisted by Kelsey Maybury and Nicole Otis this season.

Athletes of the Week

For the Week of Oct. 31



**Ally Morris,
Senior, Fall Spirit**

This senior veteran always demonstrates a positive attitude to her Lady Lancers' squad, and her elite skills helped bring her team to their fullest potential and a third place at states.



**Victoria Kelly,
Junior, Fall Spirit**

A determined and committed junior captain with exceptional performance ability, Kelly pushed herself and her teammates to achieve their very best throughout the 2016 season.

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Lancer JV Boys' Soccer Bunch Developed and Finished Up Strong

CHRIS PANTAZIS
LONDONDERRY TIMES

While the 2016 season didn't go precisely as he and his charges would have liked, Londonderry High School junior varsity boys' soccer coach Niles Erickson was able to say with both pride and pleasure that his squad developed well during the campaign and finished on a bunch of high notes.

Erickson's skilled LHS crew finished up with a solid 8-7-1 record and stood out in numerous positive ways during the post-season Nashua Boys' JV Soccer Jamboree.

"We finished the sea-

son with fewer wins than we wanted, but finished strong in the tournament," said the coach. "We swept the teams in our group stage and went 3-0, including a great win over Hanover who had beaten us earlier in the season. We lost to Exeter in the semifinals, but overall we played our best soccer of the season at this jamboree."

The sophomore-heavy Lancer contingent included four juniors and a pack of some eight 10th graders. The 11th graders included goalie Alex Dominguez, center-midfielder Evan Vogler, forward Cam DeGraw, and

middie/defender Owen Stowell.

The sophomores were Noah Payeur (defense), Brian LeClair (center-middie), Cam Ness (middie), Alex Peters (middie), Tyler Van Avery (forward), Reece Manor (defense), Ryan Morse (defense), and Christian Smith (defense).

"The team developed great possession skills and really came together as a team," said coach Erickson. "At times they had a hard time putting their shots on target and in the back of the net, however passing the ball and finding the open man was where they excelled.

As the season moved along, the goals started coming and we finished the season with some great wins in the tournament."

The 2016 Londonderry High varsity soccer squad loses some seven important players to graduation - including Brian Frechette, Nick Vanini, Jayden West, Nick Daileanes, Eric Brown, Nalen Iarrobino, and Cam Wheeler - so the necessity for some of this year's junior varsity booters to step up into varsity roles next summer should certainly be there. And they will no doubt aim to rise to the occasion.



Londonderry High junior varsity soccer standout Tyler Van Avery (11) attacks the ball during tournament play against Hollis-Brookline as his teammate Evan Vogler (6) looks on. Courtesy photo

Local Track Club Hopes for Big Crowd to Turkey Trot

CHRIS PANTAZIS
LONDONDERRY TIMES

After drawing a smaller crowd than usual due to Mother Nature's unwelcome gift of snow on the morning of Thanksgiving, 2014, the Greater Derry Track Club was enthused to have its number of participants for last Thanksgiving's 42nd annual Turkey Trot 5K Road Race return to far more familiar territory with nearly 1,500 runners.

One of the most popular holiday races of its ilk for many years now, for some folks taking part in the Turkey Trot is about as synonymous with

Thanksgiving as stuffing and pumpkin pie.

The 43rd trot will start at 9 a.m. on Thanksgiving morning, Nov. 24, and cover its 3.1-mile route from Gallien's Beach on Beaver Lake in Derry, clockwise around the residential roads of the lake, and back to the beach.

A trio of young men - all barely in their 20's - paced the crowd in last year's race by finishing in the first through third positions last November. Twenty-two-year-old Hooksett resident Sam Gagnon was the 2015 winner, crossing the finish line in an impressive 15 minutes and 42 seconds.

The runner-up, finishing just 15 seconds after the victor, was 2014 Turkey Trot champ and Derry 22-year-old Kevin McMahon. And in third place was Salem 20-year-old Mitch Dutton, who crossed with a time of 16:06.

The female winner - for the third year in a row - was former Pinkerton Academy running standout and current PA teacher and girls' cross-country coach Amy Bernard in a time of 18:32. Bernard's Lady Astro harriers just won their second consecutive Division I championship on Saturday, Oct. 29, so if she runs this year Bernard will

doubtless be intent on showing her youthful athletes what coach can still do herself in a big race.

"Come and be a part of a fantastic holiday tradition," said GDTC press liaison Bonney Cashin. "It's the 43rd Annual Turkey Trot and so is sure to be a not-to-miss occasion. Sign up now to guarantee yourself a T-shirt and to take advantage of the while-it-lasts free kid's early-bird on-line registration. Join the fun, challenge your family and friends, and share the spirit of Thanksgiving."

On-line registration can be completed by visiting www.gdgc.org/turkeytrot

to access the link sign-up and get pre-registration rates. A minimal transaction fee applies, and no paper applications will be accepted for pre-registration. On-line registration will close at noon on Wednesday, Nov. 23. Registrations will be accepted at the venue from 4-8 p.m. on Wednesday, Nov. 23, and then again from 7 to 8:30 a.m. the day of the race.

The GDTC asks each registrant to bring a non-perishable canned or dry good item for area food banks.

"Giving back to our community is central to the GDTC mission," said Cashin.

Registration rates for folks 13-and-older is \$17 during the on-line registration period and \$20 on Wednesday and Thursday, Nov. 23 and 24. Kids 12-and-under are free during the early-bird period and then \$10 on Nov. 23 and 24.

Awards will go to the top three overall male and female finishers, and the first male and female finishers from both Derry and Londonderry. The GDTC has many members in both communities.

Questions should be directed to Turkey Trot race director Sean Coyle via his email at scoyle@gdgc.org.



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Lancer Freshman Gridders Plow Through an Undefeated Campaign

CHRIS PANTAZIS
LONDONDERRY TIMES

Soon after getting their first looks at their 2016 Londonderry High freshman football players, coaches Howard Sobolov and Matt Case knew that they were in for an exciting and potentially highly-productive season.

And in this case, those first impressions were all kinds of correct as the Lancer freshmen went on to post a perfect 9-0 record and absolutely plow over some skilled opponents.

"We had heard that this team had been successful at the youth foot-

ball level, and after our first scrimmage at Portsmouth it became apparent to the coaches that this team was going to be a well-balanced team both offensively and defensively, which gave us reason to be optimistic for the season," said coach Sobolov, who also serves as the LHS athletic director. "After losing to Salem in the pre-season jamboree in Manchester, the team started the season with a win against Goffstown and steadily improved throughout the season. The other aspect of this team that the coaches were pleased with was our special

teams play. At the freshman level, many times special teams are hit or miss. But ours were very consistent, which helped us have good field position during games giving us a short field to work with. We also had a good kicker who consistently made extra points and kicked deep on kickoffs."

The Lancers claimed a number of memorable victories in putting together their 9-0 regular season record, but none were more glittering than the locals' successes against the freshman squads from two of the strongest programs in Southern New Hampshire.

"We had a great season with two highlight wins coming against rival Pinkerton Academy in a 42-20 win and Salem in a 27-20 win," said Sobolov. "Both games were hard-fought, physical contests. In the Salem game, we were down at the half 20-13 and shut them out in the second half. Against Pinkerton, after giving up a TD on the opening kickoff, the team scored on our first possession to tie the game and then scored on every other first-half possession to take control of the game on the road at Pinkerton."

The squad's roster included Richard Alback;

Cameron Babine; Cooper Bartlett; Aidan Bouchard; Jacob Caras; Austin Cardosi; Myles Chmielorz; Samuel Choate; Koby Cronin; Jacob Cullen; Jay Delano; Matt DeVito; Dylan Fabiano; Chris Goza; Theodore Gray; Nathan Hardy; Jay Hayes; Blaine Hopkins; Lorenzo Inglese; Matt Jones; Tyler Kayo; Cole Keegan; Ian Lidster; Nolan Lincoln; Luke Marsh; Joe Mazzaglia; Tim McAlister; Jake McEachern, and Triston McMaster.

Their teammates included Justin Miller, Joe Payson, Matt Pemberton, Kyle Proulx, Devin Rheume, Anthony

Santosuosso, Nathan Truesdale, Alex Tssetsilas, Nick Walter, Mike Watts, Jeff Wiedenfeld, Tyler Wilbur, Artie Wilkinson, and Christian Gonzales.

With the Londonderry High varsity team only having won two games this fall, players from this year's superb freshman squad will undoubtedly figure into the LHS varsity picture sooner than later. And standout running back Wiedenfeld, following in the big footsteps of his talented elder brothers, already saw some varsity action at the end of the 2016 season and impressed quite mightily.

LHS Unified Soccer Squad's 2016 Title Hunt Ends in Tilton

CHRIS PANTAZIS
LONDONDERRY TIMES

The drive, and determination, were there, but an undefeated Winnisquam Regional team got in the way of the Londonderry High School unified soccer squad's hopes for a championship when the two contingents

met on Winnisquam's turf in Tilton on Tuesday, Nov. 1.

The aggressive Winnisquam crew bagged a 10-5 victory over the local team in the state tournament quarterfinal-round match that afternoon to advance to a later semifinal-round battle with unbeaten Con-Val.

Among the Lancers' highlights in the loss to third-seeded Winnisquam was a pretty goal by senior-plus standout Kathleen Murphy.

Coach Ashley Tebbetts' LHS booters - who collected the number 11 seed in the tournament after going 2-3-1 during their regular season - upset the sixth-ranked Keene High Blackbirds by a 2-1 tally on that opponent's home field in first-round tournament play on Friday, Oct. 28 to advance to the quarters.

Lancer Gio Cafaro scored before halftime to tie that game at 1-1, and with six minutes remaining Noah Ellis netted the eventual winning goal.

The two squads were initially slated to face off there in Keene the previous afternoon, but wet weather forced the post-

ponement of that game. It rained again on Friday the 28th, but the teams were able to play the match.

Londonderry and Keene faced off at LHS in the first regular season match for both sides way back on Sept. 15, with the squads each having to be satisfied with a 4-4 tie. However, Keene went a superb 4-1 through the remainder of its regular campaign while the Lancers went 2-3.

The LHS crew claimed its two regular season victories over Hollis-Brookline (an 8-4 final) and Alvirne of Hudson (an 8-6 success) in winding up at 2-3-1 overall.

The Lancers and Winnisquam did not face off during the regular season. Winnisquam advanced to its quarterfinal-round tournament battle with Londonderry by virtue of

a 6-2 thumping of number 14 Prospect Mountain in round one of the playoffs. Winnisquam bounded into the quarterfinal-round contest with Londonderry boasting a 6-0-1 record.

The LHS team consisted of athletes Will Boyle, Faye Brown, Olivia Brutus, Morgan Brutus, Alex Cafaro, Gio Cafaro, Billy Croteau, Ellis, Sarah Fawcett, Nate Gadzik, Amanda Graf, Olivia Graham, Brianna Ho, Layna Holk, Annie Hughes, Brigid Kennedy, Hannah Kennedy, Ali Kraytenberg, Keagan Mark, Trevor McInnis, Murphy, Christian Paulenka, Kaitlyn Quirk, Chris Rossi, Ryan Shields, Maddie Sullivan, Skylar Tarmey, Chris Tutt, and Sara Viela.

"This season the team has been extremely enthusiastic and supportive of one another," said

coach Tebbetts. "They celebrate each other's successes and they encourage one another during practice and during games. I am so proud of their accomplishments, their sportsmanship, and their work ethic."

The unified sports programs were begun by the New Hampshire Interscholastic Athletic Association several years ago, with the teams combining special needs students with typical peers who often play on varsity sports squads during the school year as well as contributing to the unified contingents.

Londonderry is one of 20 New Hampshire high schools which compete in the unified program each year, with track and field and basketball also being sports in which unified teams participate.

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Londonderry Girl Scout No Stranger to Helping Others

Growing up in Londonderry, Erin McKenney always knew she wanted to instill lasting changes in her community. Now a freshman at Lafayette College in Easton, Penn., the long time Girl Scout said the path to her Gold Award project gave her the opportunity to set those plans in motion.

McKenney, a 2016 graduate of Londonderry High School and long time community volunteer, said her project, "Curiosity," addresses the gap in the workforce when it comes to STEM – Science, Technology, Engineering and Mathematics – careers.

"Often, girls are afraid to explore the STEM fields, and aren't always given a fair opportunity to explore their strengths,"

McKenney said. Working closely with Girls at Work, Inc. in Manchester, the ambitious Girl Scout designed a series of fun and interactive science workshops for girls ages 8 through 12.

McKenney said she was immediately impressed with the nonprofit organization, which helps girls meet their fullest potential by exposing them to traditionally male-dominated professions, including carpentry.

"You'd go in and there's all these 9-year-olds...and they're building tables for their families," she said. Inspired, McKenney began developing a science curriculum for the organization.

A few months ago, she introduced her two-week program at the organiza-

tion's summer camp. Around 30 girls participated in the pilot program.

McKenney worked closely with each student, presenting them with binders containing lesson plans and personalized letters from successful female scientists. "The idea was that the girls would be able to contact these scientists and ask them questions," she said.

The girls were also given the chance to meet with guests in their classroom. One of the guests, a successful engineer specializing in the mining industry, piqued the girls' interests after they learned that English was her third language. "We had so many different languages being spoken in the classroom, so the girls could really relate to

her," McKenney said.

During each class, the girls learned a new formula or theory and tied it to a professional working in the field. "One day we made giant bubbles and learned about a chemist," she said. "Another day we built our own rockets and learned about a woman who works for NASA (National Aeronautics and Space Administration)."

To date, McKenney has spent over 225 hours on her project and received over \$3,000 in donated supplies, including tote bags, binders, safety goggles, aprons, and disposable gloves.

"I learned that the most important quality I could offer these girls was to simply listen to them and be there for them. I also learned a lot about



Erin McKenney, center/back worked during a two week program with Girls at Work, Inc. in Manchester on introducing girls to science. Courtesy photo

Hazardous Waste Collection Day Set

Hazardous waste generated by homeowners can pose a substantial threat to public health and the environment if not handled properly. Pouring hazardous products down the drain or onto the ground may cause serious environmental problems, such as malfunctioning septic systems, corrosion of plumbing, and contamination of groundwater. When thrown in the trash, household hazardous wastes can cause trash truck fires and may end up in an unlined landfill and slowly leach toxins into the ground.

In order to prevent hazardous products from contaminating the environment, the Town of

Londonderry along with the Town of Derry is sponsoring a Household Hazardous Waste (HHW) Collection Day on November 19th at the Nelson Fields (LAFA) off of Sargent Road, Londonderry, between the hours of 9 a.m. and 12 p.m. This collection is possible with the help of grant monies from the NH Department of Environmental Services.

You may bring to the collection pesticides, herbicides, acids, chemical strippers, oil and lead based paint, mercury, solvents, degreasers and sealants, and basically any toxic or hazardous material you may have in your home. There are some items that are NOT

accepted by the HHW collection: Latex paints, used motor oil, and automobile batteries should NOT be brought to the collection day. Call Londonderry's Public Works Department at 432-1100 ext. 193 or the Derry Transfer Station 432-4650 to find out how to dispose of those items locally.

In order to cut down on the problem of hazardous waste disposal, there are several things a resident can do. To reduce the amount sitting in your cupboards, buy only what you need. When you buy, read the labels so that you use non-toxic products whenever possible. When storing your hazardous prod-

ucts put them in a safe place and keep them in their original containers, which should be closed securely. Use up the entire product so there is nothing to dispose.

Finally, when disposal is the only option, donate leftover paints and other products to a local service organization, recycle your used motor oil at a Londonderry Waste Oil Collection Day, and never pour harmful chemicals down the drain.

teaching," she said. "Through the years, Girl Scouts has taught me a lot about leadership and about being a mentor."

Before leaving for college, McKenney shared her "Curiosity" curriculum and materials with Girls at Work and The Circle Program, a non-profit organization serving New Hampshire girls through year-round mentoring and a residential summer camp. Both organizations will incorporate the curriculum into their respective program offerings.

Serving and leading others is not new to McKenney. While attending Londonderry High School, she served as president of the Blue Star Lancers, a student organization offering support to peers and staff with deployed loved ones, and as community service coordinator for her school's National Honor Society. She also participated in Girls Rock the Capitol, a legislative internship program run by Girl Scouts of the Green and White Mountains.

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AROUND TOWN

Around Town Policy: This section is meant to be used to announce free events to the communities. If your group or non-profit is receiving money for what they are publicizing, there will be a charge of \$40.00/week per paper. All Around Town/Calendar Items will be held to 100 words maximum; anything over will incur a charge of \$40.00/week for up to another 50 words. All free announcements in the Around Town/Calendar section can run a maximum of 3 weeks. Deadline for submissions is Monday at 5 p.m.

Additionally: We will run the full versions of any calendar items online free of charge at www.nutpub.net. Please send items to calendar@nutpub.net.

Veterans Breakfast

Londonderry High School presents a "Thank You Veterans Breakfast," a patriotic salute to American heroes, on Saturday, Nov. 12 from 8 to 9:30 a.m. at the LHS cafeteria. The event is hosted by the LHS Pay It Forward Club and sponsored by the Londonderry Town Council and School Board. Gift baskets were donated by the staff and students of the Londonderry School District. The breakfast is free to veterans; guests can make a small donation.

Scouting for Food

The Boy Scouts of America will be conducting its annual food drive on Saturday, Nov. 12 to benefit local food pantries and soup kitchens. Bring food donations to the Central Fire Station on the morning of Nov. 12, or leave them on your doorstep if you previously received a Scouting for Food door hanger.

Father/Daughter Dance

The So. NH Indian Pathfinders are hosting a Father/Daughter Dance at Londonderry High School on Saturday Nov. 12, from 6:30-8:30 p.m. Admission: \$30 per family (father/daughter(s) or \$40 (cash only) at the door. Admission, snacks & beverages, door prizes, as well as a free photo for all couples. Corsages available for \$15 each. Order Deadline for Flowers Saturday Nov. 5. Registration deadline Thursday Nov. 11.

VFW Christmas

In conjunction with the local VFW Post #8214 Auxiliary, LHS Art students in Mimi Johnson and Suzanne Hjlem's classes made ceramic pocket charms and art cards to be sent by NH Operation Care For Our Troops at their November Nashua/National Guard Armory Christmas Stocking Overseas Troop Packing. LHS Faculty

and the VFW Post Auxiliary members hail the extraordinary efforts of the LHS students. These donations will go directly to troops in Kuwait, Afghanistan, and Iraq. NHOTC does 4 overseas troop shipments yearly. For more info on this story please email dharmon@londonderry.org

Red Cross Blood Drive

The Community Service Committee of Saint Jude Parish sponsors their annual Give Thanks Fall American Red Cross Blood Drive on Thursday Nov. 17 from 1 to 7 p.m. at the St. Jude Parish Hall, 435 Mammoth Road, Londonderry. Volunteers have made homemade goodies for donors. You can make an appointment online at www.redcrossblood.org or via phone: 1-800-RED-CROSS. By making appointments you will ensure there is enough staff. You can also sign up for RapidPass on the Red Cross website above. For more information on this drive, you may contact Vinny Curro: vincurro@comcast.net or call 603-867-7472.

Veterans Day Program

"Songs and Stories of WWII" will be presented by Curt Bessette and Jenn Kurtz on Saturday, Nov. 12, at 11a.m. at the Aviation Museum, 27 Navigator Road, Londonderry. This program honors WWII veterans and their generation through Mr. Bessette's original songs and related stories about his father and composite stories shared from veterans over the years. WWII memorabilia will be on display. Regular museum admission applies. Museum members and veterans receive free admission.

LHS Craft Fair

The LHS Class of 2017 is holding their 4th Annual Craft and Vendor Fair on Sat. Nov 19 from 9 a.m. to 3 p.m. It is being held in the

LHS cafe and lobby area. There are over 80 vendors attending this year selling a wide variety of items. Proceeds benefit the LHS senior class, Harbor Homes, and the local area food banks. Food will be served beginning at 11 a.m. The event also features a cookie walk, raffle, and a "Kid's Corner" where kids can create their own crafts. Please email hbouchard@londonderry.org for questions/concerns.

Anniversary of Pearl Harbor

December 7, Countdown to Pearl Harbor: The Twelve Days to the Attack, by Steve Twomey, learn the stories of surviving military personnel and civilians in Eyewitness to Infamy: Understand the impact that the Japanese Midget Submarines had on the surprise attack in The Lost Submarines of Pearl Harbor. These are just a few of the titles we have highlighted this month to pay homage to the survivors and the fallen of Pearl Harbor re-open at 9 a.m. on Tuesday, January 3, 2017.

Movie Time

Come to the library on Thursday, December 8, from 3:15 - 5:15 p.m. for our Young Adult Movie Time program. All participants in grades 6 through 12 will enjoy the 2016 epic adventure movie The Jungle Book, along with popcorn and beverages. In addition, there will be a raffle for fun door prizes at this special event. No sign up is necessary.

Winter Fun Book Bingo

Come to the library on Monday, December 12 from 4 - 5 p.m. to play an exciting picture version of this popular game. All participants will have a chance to win books from our special selection table. Advance registration is required and begins at 9 a.m. on Monday, December 5. To register call 432-1127 or stop by the Chil-



Local Dancers

Londonderry Elementary and Middle School students auditioned to be part of New England Dance Ensemble's (NEDE) 'The Nutcracker.' The selected dancers will perform alongside professional dancers from the Pennsylvania Ballet and American Ballet Theatre. Rehearsals are currently underway at NEDE studios in Londonderry under the direction of artistic director Barbara Mullen. Performances are scheduled for Thanksgiving weekend Nov. 26 and 27 at 2 p.m. at the Windham High School. Back Row: Emily Thomas, Alexandria Hodson, Erin Strike, Emma Donnelly, Annabella Wu, Audrey Severn, Dustin Cournoyer, Brook Soucy, Carly Butler, Danielle Cournoyer, Alyssa Beaulieu. Middle Row: Annabelle Melia, Julianne Swisher, Bianca Fonseca, Lauren Fontaine, Hannah Newman Williams, Evelyn Godbout, Evelyn Glynn, Marie Duffy. Front Row: Lindsay LaBossiere, Elizabeth James, Caitlin Batts, Annabelle Ackerson, Aubrey Pales, Charlotte Sevin, Paige Stanley. For more information on how to be part of NEDE and to purchase tickets for "The Nutcracker" visit www.nede.org

Courtesy photo

dren's Room.

Visit with T-Rex

Take a trip back in time with T-Rex, star of the popular How Do Dinosaurs series by Jane Yolen on Monday, December 19 from 4 - 5 p.m. During this exciting program, participants will hear tales of dinosaurs big and small. We will try to excavate a dinosaur skeleton and identify different types of dinosaurs. All audience members will receive a pith helmet to help set the mood for dinosaur discovery, and one lucky participant will leave with a T-Rex pillow to snuggle. There will be plenty of time for a hug and picture with T-Rex. This fun-filled program is open to 90 participants of all ages. Advance registration is required and begins at 9 a.m. on Monday, December 12. To register call 432-1127 or stop by the Children's Room.

Winter Session 1 Programs

Winter Session 1 will run December 7 through December 15 & January 11 through January 19, 2017. The Children's Room will be offering the following programs: Craft Time, Shake, Move & Read, and Toddler

Time. These dates include a break for the winter holidays. Advance registration is required and began on Monday, November 28. To register, call 432-1127 or stop by the Children's Room.

Toy Sale

St. Gianna's Closet is hosting its annual Used Toy Sale on December 3rd from 9 a.m. to Noon. It will be held at St. Thomas Aquinas Church on Crystal Ave in Derry (across from Sal's Pizza). There is a large number of beautiful toys from puzzles and games to action figures, electronics, dollhouses, and ride-on toys. Everything is very cheap. All proceeds go to help the poor through different outreach programs in the community. Please come and get great toys for little cost! Cash and carry.

Young Adults

Leach Library Young Adults program presents "It's All About Me" for grades 6 through 12 on Thursday, Nov. 10 from 3:30 to 4:30 p.m. Participants will explore how to record in words, photos, sketches, doodles, and collage who

they are today. Snacks and drinks will be served and there will be a raffle for door prizes. No sign-up is necessary.

Holiday Closure

The Leach Library will be closed on Friday, Nov. 11, in remembrance of Veterans Day. In celebration of Thanksgiving, the library will close at 5 p.m. on Wednesday, Nov. 23, and re-open on Saturday, Nov. 26 at 9 a.m.

'Spies in Time'

On Thursday, Nov. 17 at 7 p.m., the Leach Library will host Douglas Wheeler's free presentation, "Spies in Time." Wheeler is Professor Emeritus of History at the University of New Hampshire and an instructor at Granite State College. Utilizing his research, he will discuss how spying and intelligence activities have influenced the course of history, and will trace the history of espionage from the Dreyfus case in France to the Aldrich Ames case in the United States by focusing on how human motives, traits, and ideas shape the search for secret information. This

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Around Town

Continued from page 16

program is in the lower-level meeting room. Light refreshments will be served.

Free Dental Services To Veterans

Londonderry dentists Dr. YiChen Wei and her husband, Dr. Mehdi Karimipour, are volunteering their dental services to local veterans for free on Saturday, Dec. 3 at their dental clinic, My Dentist in Londonderry. The free dental services are offered in appreciation of all veterans who have served the nation.

Hip & Knee Replacement

Wednesday, November 16, 6-7 p.m. Concord Orthopaedics, 6 Tsienneto Road, Suite 200, Derry. Join Dr. Jeffrey Wiley to learn about the advances that have been made in total hip and knee replacement. Dr. Wiley will talk about minimally-invasive anterior approach hip surgery, total knee replacement versus partial knee replacement, what to consider and what to expect when making the decision to pursue hip or knee replacement surgery. Register today at parklandmedicalcenter.com or call 1-877-642-2362.

Social Security Workshop

On Thursday, Nov. 10 at 6 p.m. at the Marion Gerrish Community Center, 39 West Broadway, Cynthia Pellegrino of Symmetry Wealth Management LLC in Londonderry will present a free Social Security workshop. She will discuss rules and strategies for collecting retirement benefits and answer questions about Social Security. Call -505-4922 or book online at <http://www.symmetrywm.com/p/social-security> to reserve a seat.

LEEP Preschool

The Londonderry School District's Londonderry

Early Education Program (LEEP) inclusion preschool is accepting applications for the current school year. Londonderry children who turned 3 by Sept. 1 are eligible. Programs for 3-year-olds meet from 8:45 to 11 a.m. two or four days per week; prekindergartners meet from noon to 2:30 p.m. three or four days per week. Tuition is \$145/month for the two-day/week preschool and \$195/month for four days/week. Prekindergarten is \$180 for three days/month and \$195/month for four days/week. For details, call Kathy Kelley at 437-5855, ext. 7223 or kkelley@lononderry.org or Kim

Speers at kspeers@londonderry.org. The LEEP handbook is online at moose.londonderry.org.

Artists Wanted

Londonderry Senior Citizens, Inc. (LSCI) will hold a Holiday Fair and Cookie Walk on Nov. 19 from 9 a.m. to 3 p.m. at the Londonderry Senior Center, 535 Mammoth Road. Space is available to local artisans. Money raised will be used to purchase equipment and materials for the Senior Center. Vendor spaces are available at \$35. Crafters must provide their own table and chairs. LSCI will have food and drinks available for purchase and will sell raffle tickets for themed gift baskets and homemade cookies at the cookie walk. For details, call Bonnie Ritvo at 978-767-5057 or email: SeniorCenter@LondonderryNH.org.

Ringmaster of Fun

Join the Ringmaster of Fun, magician Joe Howard, on Monday, Nov. 14 from 4 to 5 p.m. at the Leach Library, as he brings his trunk full of fun. During this program, participants will be treated to magic tricks, silly humor and lots of audience participation. The program is open to all ages. Advance registration is

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Londonderry Police Log

Selections from the Londonderry Police Logs

Monday - Oct. 31

7:52 a.m. Criminal Mischief on Old Derry Road

10:21 a.m. Assisted Londonderry Fire Dept on Orchard View Drive at Workout Club and Wellness Center

4:45 p.m. Suspicious activity Action on Airport Road at Manchester Boston Regional Airport Terminal

6:30 p.m. Fish and Game Violations on Auburn Road

7:03 p.m. Suspicious activity on Sequoia Avenue

Tuesday - Nov. 2

6:22 a.m. Suspicious activity on Quincy Road

12:07 p.m. investigate an abandoned motor vehicle on Harvey Road

12:44 p.m. Suspicious activity on Raintree Drive

1:22 p.m. Investigate juvenile offenses on Sargent Road at Recreation Fields

4:01 p.m. Missing person investigated on Litchfield Road

5:26 p.m. Responding to weapons Offenses on Noyes Road

6:12 p.m. Criminal Mischief on High Range Road

8:26 p.m. Criminal Mischief on Hawthorne Road

Wednesday - Nov. 3

12:52 a.m. Fish and Game Violations on Smith Lane behind Triangle Mobil

12:15 a.m. Violation of Protective Order on Trolley Car Lane

12:50 a.m. Sexual Offenses Investigated on Beech Hill Drive

1:42 p.m. Suspicious activity on Copperfield Lane

3:09 p.m. Criminal Mischief on Nashua Road

7:43 p.m. Suspicious activity on Lantern Lane and Old Coach Road

Thursday - Nov. 4

9:03 a.m. Responded to Juvenile Offenses at Londonderry High School on Mammoth Road.

6:26 p.m. Overdose at Burger King on Nashua Road. Transported to hospital.

8:31 p.m. Criminal Mischief on Checkerberry Lane

10:20 p.m. Fireworks complaint on Crosby Lane

11:18 p.m. Responded to assault on Woodside Drive. Transported to hospital.

Friday - Nov. 5

3:11 a.m. Suspicious activity on Calla Road

8:42 a.m. Criminal Mischief on Seminole Place

10:25 a.m. Overdose at Sleep Inn on Perkins Road. Transported to hospital.

12:01 p.m. Suspicious activity on Burbank Road

1:34 p.m. Suspicious activity on Devonshire Lane

1:51 p.m. Fish & Game on Morningside Drive

3:25 p.m. Weapons Offenses Investigated at Musquash Meadow Road at Londonderry Fish and Game Club

5:23 p.m. Assisted Londonderry Fire Dept Action with Transportation to hospital on Capitol Hill Drive

6:45 p.m. Suspicious activity on Gilcreast Road and Sugarplum Lane.

Saturday - Nov. 6

1:41 a.m. Motor Vehicle Stop and Arrest. Kristy

Anne Fitzpatrick, 34 of Londonderry ,arrested for Driving Under The Influence of Drugs or Liquor and Failing To Turn On Front Lights When Req. at Rockingham and Mammoth Road intersection.

3:55 p.m. Motor vehicle accident and arrest at Snowcap Way. Brian P. Carmody, 41, of Windham arrested for Driving Under the Influence of Drugs or Liquor

7:47 p.m. Domestic Disturbance investigated on Charleston Avenue

10:40 p.m. Suspicious Activity on Eglin Blvd.

Sunday - Nov. 7

12:21 a.m. Arrest Made on Memorial Drive. Ian Edward Kozaczek, 22 of Manchester arrested for Driving Under The Influence of Drugs or Liquor, Possession of Controlled/Narcotic Drugs and an Open Container of Alcohol.

2:03 a.m. Warrant served and arrest Made at Charleston Avenue. Joseph Frederick Shamma, 30, of Londonderry arrested on three counts of Domestic Violence/Simple Assault

7:47 a.m. Suspicious Activity on Orchard View Drive

9:14 a.m. Burglary Investigated at Professionally Yours Hair Salon on Mammoth Road.

1:21 p.m. Overdose victim transported to hospital from Nashua Road

Burger King

outreach. For more information about the club and how to become a member, visit londonderrywomensclub.org or find the group on facebook.

ABANDONED VEHICLE OFFERED FOR SALE

11/17/2016 at 10:00 a.m.

Auto Auction of New England, Londonderry, NH (Dealers only)

2006 VW Passat

Science Night Bring Families Out for Educational Fun



Building Towers, making colorful goo, stacking cups, building bridges and creating explosions with alka-selsa were all part of the fun at the second annual Family Science night at Mathew Thornton Elementary School on Monday night. Over a dozen science-related stations were set up by teachers Merith Jakes and Kelly Juster. Members of the National Honor Society from Londonderry High School were also on-hand to help with the activities. *Photos by Chris Paul*

SAINT THOMAS AQUINAS ANNUAL CRAFT FAIR 26 CRYSTAL AVENUE, DERRY SATURDAY, NOVEMBER 19th, 9 a.m. - 3 p.m.

St. Thomas Aquinas Parish in Derry would like to invite you to join us at our annual Craft Fair. The Fair will be held in the Aquinas Center. There will be raffle baskets, bake sale tables, a white elephant sale along with over 50 different kinds of crafters. Lunch will be served starting at 11 a.m. Free admission and parking. Please join us.



TOWN OF LONDONDERRY PLANNING BOARD

The Minor Site Plan Review Committee will hold a Public Meeting on Tuesday, November 22, 2016 at 10:00 a.m. in the Elwood Conference Room, 268B Mammoth Road - 2nd floor, Londonderry, NH to consider the following:

MINOR SITE PLAN:

Application Acceptance and Public Hearing for a formal review of a minor site plan depicting a proposed storage shed with associated site improvements on 21 Buttrick Road, Map 6 Lot 28-1, Zoned C-1 - Barbara G. Mullen Revocable Trust (Owner) and Fieldstone Land Consultants, PLLC (Applicant)



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TOWN OF LONDONDERRY PLANNING BOARD

The Londonderry Planning Board will hold a Public Meeting on Wednesday, November 30, 2016 at 7:00 P.M. in the Moose Hill Council Chambers, 268B Mammoth Road, Londonderry, NH to consider the following:

NEW PLANS

Application acceptance and Public Hearing for a formal review of site plan for a proposed Planned Unit Development (PUD), Phase 1 - buildouts of Woodmont Commons, Sub-area WC-1, WC-1-GL, and WC-2, 34 Nashua Road (Map 010 Lot 052), 5 Garden Lane (Map 010 Lot 54-1) and 15 Pillsbury Road (Map 010 Lot 41), Pillsbury Realty Development (Applicant) and Demoulas Supermarkets, Inc. (Owner), Robert D. & Stephen R. Lievens (Owner), and Pillsbury Realty Development, LLC (Owner)



TOWN OF LONDONDERRY ZONING BOARD OF ADJUSTMENT

WILL MEET **WEDNESDAY, NOVEMBER 16, 2016** AT 7:00 P.M. in the Moose Hill Council Chambers, 268B Mammoth Road

AGENDA

- I. DRAFT MINUTES TO APPROVE: October 2016
- II. REPORT BY TOWN COUNCIL LIAISON (IF ANY): N/A
- III. PUBLIC HEARING OF CASES:
CASE NO. 11/16/2016-1: Request for a variance from LZ0 2.3.1.3.C.1 to allow the construction of a detached two car garage to be built into the front setback, Martin & Kathleen Bove (Applicants), Three Tinkham Lane, Map 4 Lot 44, Zoned AR-1
- IV. COMMUNICATIONS AND MISCELLANEOUS:
- V. OTHER BUSINESS: Public Hearing & Vote on changes to the Rules of Procedure

This agenda was created with reference to the Londonderry Zoning Ordinance (LZO) dated August 15, 2016.

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