



Londonderry Times

April 14, 2016 • Volume 17 – Issue 15

A FREE Weekly Publication



Hammer Time

Logan Bower plays the role of the Greek god Hephaestus during last week's Greek Mythology night at North Elementary School. See story on page 2.

Photo by Chris Paul

School District Establishes Senior Outreach Program

KAITLYN G. WOODS
LONDONDERRY TIMES

The Londonderry School District is collaborating with the Town's Senior Affairs Department to offer a variety of programs and events for the community's growing senior population.

"We think this would have a mutual benefit for our kids and the seniors," Superintendent Nate Greenberg told the School Board at its April 5 meeting.

In a letter the District plans to send to residents, Senior Affairs Director Cathy Blash and Greenberg write that

"there are many opportunities for seniors and school children to connect on a fun, yet meaningful level."

Greenberg told the Board he wants to bring the community into the schools for programs and events that cater to residents who are age 55 and

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Planning Report: Rapid Growth Could Strain Services, Infrastructure

KAITLYN G. WOODS
LONDONDERRY TIMES

Based on the Town's 2002 Growth Management Ordinance (GMO), which lapsed last year, the Town has satisfied criteria for a determination of unsustainable growth.

In 2015, Londonderry authorized 278 building permits, compared with an average of 21.2 permits authorized over the preceding six years, according to a report GIS (Geographic Information Systems) Manager and Comprehensive Planner John Vogl presented to the Planning Board at its April 6 meeting.

Additionally, the number of housing units the Londonderry Building Division authorized between 2014 and 2015 grew by 3.2 percent, compared with a growth of .19 percent growth in the number of housing units building departments authorized in abutting municipalities.

"Given our findings, if the GMO were in effect today, it is likely a building permit limitation would be justified," Vogl said.

In addition to looking at the increase in building permits, the GMO also considers the fiscal impact of residential growth in town.

Vogl said because staff

was not directed to complete an extensive examination of the GMO, they used census reports and a School District facilities report completed by an outside auditor to consider the impact of the Town's residential growth on services and facilities.

"We looked at the Capital Improvements Plan (CIP) and it's safe to say our facilities are adequate, given improvements that have been made to Fire, Police, the library and to other facilities like Town Hall," he said. "Certainly, we heard of issues at the School District with regard to an auditorium

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Homeland Security Grant Would Update Security at High School

KAITLYN G. WOODS
LONDONDERRY TIMES

The School Board voted 5-0 to accept a grant from New Hampshire Homeland Security and Emergency Management to perform security updates at Londonderry High School.

Facilities Director Chuck Zappala told the Board at its April 5 meeting the District was notified on March 29 that its grant application to update the software on the high school's security video server and install new cameras, switches and wiring is a finalist and has moved on to administrative review.

Greenberg told the Board he wants to bring the community into the schools for programs and events that cater to residents who are age 55 and

grant," he said, noting he anticipates an answer by early May.

All work for the proposed project must be completed by Sept. 30.

The District was eligible to apply for the grant after having completed buildings assessments with the New Hampshire Department of Safety and having had employees attend National Incident Management System (NIMS) training.

The District planned to complete the \$80,000 to \$90,000 security improvements project at the high school before learning the grant funds were available, according to Zappala.

"Although it looks very promising, we have not yet been awarded the

at the elementary schools, while the high school's video security system has been in place for about 10 years.

Upgrades in the high school's security system could include a card activating system, which would take a picture when a card is activated to gain entry to the building, according to Zappala.

"We had originally

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North Students Bring Greek Gods and Goddesses to Life

KAITLYN G. WOODS
LONDONDERRY TIMES

The North Elementary School KEY students in fifth grade presented their Greek Mythology projects last week, sharing with a large crowd of fami-

ly, teachers and friends the information they gathered about their gods and goddesses.

The presentation, for which the students dressed in handmade costumes, teaches research and public speaking skills.

"It's great that they're getting up in front of their peers and working on those skills," Principal Paul Dutton said. "It sets a great foundation for the future."

The project is one of the many enrichment activities students in the KEY program completed outside the school's curriculum. The students also complete Images of Greatness, where they research and present a great person of their choice, in addition to other self-directed projects.

Youngsters are selected to participate in the District-wide, elementary KEY Language Arts program for high ability students based on test results, recommendations and student interest. If a student doesn't qualify in third grade, he or she may still have a chance to participate in fourth grade.

The program speaks to

the District's College and Career Readiness goals, offering students an opportunity to gain experience with public speaking, researching and accessing resources.

KEY teacher Laura Lee said her students start looking forward to the Greek Mythology Unit from the minute they're invited to join the enrichment program.

"They enjoy dressing up and the research," she said. "They worked really hard. To see it all come together is a blast. I'm impressed this year, but they never fail to amaze me."

Lillian MacDonald, a fifth grader who researched the Greek goddess Medusa, said she had fun completing the intensive research project.

Although Medusa wasn't MacDonald's first choice, she said after learn-



Lillian MacDonald plays the Greek goddess Medusa as she speaks to attendees during the guessing game portion of Greek Mythology Night.

ing more about her, she's glad she was assigned the "Queen of the Gorgons."

MacDonald's mother, Dawn, said the KEY program has "been great" for

her daughter. "She loves being creative," she said. "She's also very active - she's a gymnast - and this is a great outlet for her."

Woodmont Retailers Get Approval for Alternative Signs

KAITLYN G. WOODS
LONDONDERRY TIMES

The Planning Board granted a "Planned Unit Development (PUD) Compliance Alternative" to the sign regulations within the Master Plan for Annie's Hallmark and the New Hampshire Liquor and Wine Outlet.

Where Business Sign Design Standards permits businesses to have 2 square feet of signage for each linear foot of store frontage, Annie's Hallmark requested the permitted signage be divided into three signs of 27 square feet, 73 square feet and 60 square feet.

DeMoulas Super Market representative John Mat-

thews said Annie's needs the three distinct signs to direct customers to separate licensed products sold inside the retail.

"The new store will look just like the old one," Matthews said.

Annie's, which has been on site for about six years, sells licensed Pandora jewelry, Hallmark cards and other licensed goods. The business is required to have two separate entrances to sell those products.

"The building is designed so the Annie's sign is central to the building and Baldoria and Hallmark are separate," Matthews said.

Town staff reported the building design has the illusion of separate storefronts,

giving the signs more purpose in their placement.

A change to the architecture of the building to create a greater distinction between the three brands was approved late last year.

Town staff supported the Alternative Standard because "the proposed signage meets all other standards of the PUD regulations and each of the three signs has a distinct purpose in directing customers to their desired destination."

Annie's plans to move into the new space in less than two weeks, according to Matthews.

Although the New Hampshire Liquor and Wine Outlet did not require Planning Board approval for its proposed signage, as the busi-

ness is covered under State Law as a Governmental Land Use - the Board may only make non-binding recommendations regarding the signage for their storefront - Liquor and Wine Outlet Real Estate and Leasing Administrator Andy Davis said they "do try to vet signage with the Town and be a good neighbor."

"The reason we are here is not to say we invoke this exemption, it's because we want to share our plans with you," he said.

Town staff supported the New Hampshire Liquor and Wine Outlet's proposed signage because it is consistent with the business's branding and what the public expects when identifying the outlets throughout the State.

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Katia Chylinski, Nicholas LeMay and James Howell take time from their displays to pose as their Greek Mythology characters. Photos by Chris Paul

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State Expands Bottled Water Delivery, Well Testing in Litchfield

KAITLYN G. WOODS
LONDONDERRY TIMES

The New Hampshire Department of Environmental Services (DES) announced last week that bottled water delivery has been expanded to approximately 400 properties in Merrimack and Litchfield served by private wells.

The agency held an April 7 information meeting in Litchfield to discuss its ongoing response to the discovery of high levels of perfluorooctanoic acid (PFOA) in wells around the Saint-Gobain Performance Plastics facility in Merrimack.

As of April 7, the DES had tested over 182 of more than 200 wells in its investigation radius.

"Appointments are be-

ing scheduled today and wells are being sampled as we speak," DES Water Division Manager Brandon Kerner said.

"We are testing as fast as the labs can turn tests around," DES Assistant Commissioner Clark Freise said.

So far, well testing has not expanded into Londonderry.

Town Manager Kevin Smith, who attended the meeting in Litchfield, said the Town is communicating with the DES and that elevated results near the Town line could mean well testing in Londonderry.

"There are still a lot of outstanding well tests that haven't come back," he said. "They won't make any determination until

they get those well tests back. However, the results in the south end of (Litchfield) are coming back with larger amounts of PFOA than those near the Londonderry town line."

Earlier this month, the DES announced it would provide bottled water to residents whose wells tested over 100 parts per trillion (ppt) of PFOA.

Last week, bottled water delivery was expanded to residents within and abutting a one-mile radius of the Saint-Gobain Performance Plastics plant in Merrimack after the DES discovered unusual test results.

"In this kind of plume, we expect to see one area where the test results are really high, and then it

tapers off. That's not what we're seeing," Kerner said. "We have seen areas where one neighbor has 30 ppt, and all their neighbors have above 100 ppt. It doesn't make any sense. The data is just unusual and we are concerned for a number of reasons."

To be safe, the DES expanded drinking water and is continuing to test wells within the investigation area.

Freise said the DES will follow the data, testing outside its investigation area if further contamination is found.

"If we see further contamination outside of an (investigation radius), we will follow it out," he said.

Freise said Saint-Gobain is cooperating with

the State.

"They are engaging and paying for the bottled water. Everyone is leaning in to figure out what is the best solution," he said.

Kerner said the DES is working to update its "water treatment options fact sheet" to assist residents who wish to install water treatment systems in their homes.

The DES has also posted information about water testing and blood testing, as well as updated test results and presentations from its information meetings to its website at www.des.nh.gov/organization/commissioner/pfoa.htm.

Security

Continued from page 1

planned to perform these improvements over a three-year period and there is \$30,000 in the FY17 Maintenance Trust Fund for year one," he said. "If we received the grant, we could move up the installation schedule and complete the year two improvement during the summer."

The Homeland Security grant would provide matching funds for the security upgrades up to a maximum of \$24,000, with the District

required to subsidize at least 50 percent of the project. Reimbursement funds for work completed by Sept. 30 would be available in late 2016.

"Thank you for going after this grant with such vigor," Vice Chairman Leitha Reilly said. "Any way we can help the taxpayer is appreciated."

In other business:

- Noting the School District will enter negotiations this year for almost all faculty and staff members, Chairman Nancy Hendricks asked that the Board make appointments for liaisons to the

negotiating committees at its April 5 meeting.

"The Board can get back to me on other committees they might like to sit on," she said.

Members Leitha Reilly and Dan Lekas were appointed liaisons to the LEA (Londonderry Education Association) and Allied Health Negotiating Committees; Hendricks and Steve Young as liaisons to the Support Staff Negotiating Committee; and Hendricks and Jenn Ganem to the Custodians' Negotiating Committee.

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Freise said the Department's goal is to first get anyone within the one-mile radius of the plastics plant on bottled water to ensure their safety, then to "continue to follow the data."

In an April 1 letter, the DES informed Saint-Gobain the company has been identified as "potentially responsible for the cleanup of the site, restoration of impacted groundwater and drinking water, other actions necessary to protect public health and the environment, and any costs NHDES incurs for addressing the impacts of this contamination."

Freise said Saint-Gobain is cooperating with

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Editorial

Expanding Role for Seniors

It's good news that the Londonderry School District will be working with the Town's Senior Affairs Department to offer programs for the growing senior population in the area.

School District Superintendent Nate Greenberg told the School Board last week that he wants to bring the over-55 community into the schools for programs catering to their interests. He cited examples of a Technology Fair, with students teaching their elders how to better use their electronic devices, and free passes to school events for the elders.

And opening the high school on weekend mornings would give seniors a place to get exercise in a warm and safe environment.

Acknowledging that schools are the major factor in residents' ever-increasing, high tax bills, Greenberg said the collaboration would give the School District a way to provide services to seniors and increase their involvement in the schools, long after their children have aged out of the education system.

The initiative puts the schools in a role that enhances their place in the community, expanding on the traditional focus on educating K-12 students. And it incorporates a place for seniors who may have a skill to offer with a way to share their knowledge with the younger generations.

School districts have a wealth of

real estate, and opening the schools on weekends for senior activities is a great way to blend both school district and Senior Affairs offerings while making use of otherwise idle buildings. While voters approved significant work on the Senior Center at the polls in March, this blending of services wouldn't involve spending money on facilities but would make use of what is already in place – and is likely to include many active retirees who don't have an interest in traditional senior programs.

And while using a school classroom or gym in this way wouldn't alter the high cost of education in town, it underscores the willingness of the School District to involve more of the Town's residents in its activities.

With the recognition that the taxpayers' pockets are not bottomless and that new construction is not always the answer, this potential collaboration is a step in the right direction, with varied entities within a community finding ways to work together. Many towns already have senior dinners or senior dances that bring elders into the schools, but this is a substantive expansion of that effort, likely to attract a broader population.

And it can both save money and bring the growing population of seniors back into the greater community – a healthy endeavor for all involved.

Londonderry Times

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Letters

Family Seeks Help

To the editor:

The Sheldon Family thanks you so much for the wonderful story in the paper last week about our medical crisis. People have donated to the gofundme website, and we thank everyone that has. Which is fabulous, because the device can help boost our immune systems so our bodies can fend off the bad organisms that have taken over and bring us down.

In the meantime we are still in crisis mode because we do not have extra money to buy our family needed supplements and foods to rebuild our stomach and immune system to fend off the organisms.

We can only do grass-

fed meats, because all other meat contains chemicals and antibiotics, which in turn mess our stomachs up even more and make us sicker.

Our only main access to food are food pantries, which only contain processed and chemically laden foods that have been making us sicker because of our imbalanced guts that can't defend against itself. We cannot eat carbohydrates and sugar, which only feed the organisms. This makes them multiply and makes us more infested, which makes it even harder to fight off.

Another crisis we are having is our water; it is very hard and the hard water is feeding the organisms because they love contaminants. We have no access to good

water.

My husband is the only main income coming into the home. I am unable to work due to my severe infection. We have no money left after paying rent, car payment, and utilities.

We are asking for the public's help for money for needed supplements and good food. If anyone can help give us an avenue or direction to help our situation, we would so appreciate from the bottom of our hearts so we can get much needed relief and to lower our stress so we can get better and heal from our infections. If you are able to help the Sheldon family, you can reach us at deanna.sheldon@gmail.com.

Thank you so much!
 Deanna Sheldon
 Londonderry

Seniors

Continued from page 1

older, such as a "Technology Fair," at which students would teach local seniors how to better navigate their smart phones and iPads; or free "Londonderry Senior" passes to any concert or event at the schools," Chairman Nancy Hendricks said

"We believe the schools are part of the community and we should engage the entire community and provide services where we can," Greenberg said. "And at the same time, if they have skills or services they can provide, we would love to have them, too. I think this could be an exciting part of the community and what we do."

"There are many seniors moving into town who have not had contact with our schools and a major part of their tax bill is the schools," Greenberg said. "We would like to have the opportunity to provide some services to them and have them share their experiences with us and get involved in the schools. This could be a powerful initiative for us that benefits the entire community."

"I love this. We have talked about this for a long time, a way to reach out and embrace this wonderful resource in our community and offer some services and have this segment of the population be involved in the schools," Chairman Nancy Hendricks said

engagement in the schools. Member Dan Lekas, who served for seven years on the Senior Resources Committee, said the seniors involved in the programs could share their wisdom and experience with students in a meaningful way.

"I'm ecstatic," member Jennifer Ganem said. "It would be great if we could get the seniors and kids engaged with one another more."

Greenberg and Blash plan to distribute to seniors in town a letter detailing the new initiative with a brief survey seeking input on the types of programs seniors would like to see the District offer.

"We are excited to augment our programs and open the doors of our school system for all of you to take advantage of the exciting events and offerings we can create with you in mind," Greenberg and Blash wrote in their letter.

The District plans to mail the letter and survey to residents in the coming weeks.

Planning Board OKs Revised Charter for Master Plan Committee

KAITLYN G. WOODS
LONDONDERRY TIMES

The Planning Board has approved a revised charter for the Master Plan Implementation Committee.

"The concerns, thoughts and suggestions of both the Planning Board and the members of the Committee were considered in the creation of the Charter," Geographic Information Systems Manager and Comprehensive Planner John Vogl wrote in a report to the Board. "Both the Planning Board and members recognized the need for further direc-

tion and clarity, as well as the need for guidelines in setting up and establishing members for the Committee. Scheduling, priority and delegation of tasks concerned both members of the Planning Board and the Committee."

According to the newly approved Charter, the Committee is officially charged with assisting the Planning Board in reviewing, updating and tracking the recommendations of the 2013 Comprehensive Master Plan. The Committee is to work with staff and coordinate with other town departments, boards

and committees on priority tasks, as directed by the Planning Board.

The Committee is to hold monthly meetings, with town staff to provide notice to the public of any meetings, workshops or public hearings the Committee schedules.

Additionally, town staff are to maintain a permanent project file with the Committee's meeting agenda, public notices, meeting minutes, quarterly reports to the Planning Board and project correspondence.

The Charter also outlines a much more active

role for the Planning Board, charging the body with reviewing on a quarterly basis recommendations of the Committee and determining what further actions are necessary.

In addition to approving the new charter, the Board voted to appoint as At-large members Dottie Grover and Ray Breslin.

Anyone interested in serving as a member or alternate to the Committee should submit an application to Executive Assistant Kirby Wade.

In other business at the April 6 meeting:

- The Planning Board

granted Continental Paving final approval for the construction of a two-story office addition on its Continental Drive and West Road property.

The Board also approved three waivers to the Subdivision Plan Regulations and final approval of Continental Paving's concurrent application for a lot line adjustment, which Earl Blatchford of Haynor Swanson said was driven by the property owner's request to complete a small office addition.

According to Swanson, the addition to Continen-

tal Paving's existing colonial-style building will match in color, style and materials.

The Board approved four waivers to the Site Plan Regulations for final approval of the amended site plan, including a waiver to submission of an application fee calculated on the entire area of the parcel; to permitting the plan to show the entire parcel on a single sheet; to requiring a benchmark for every 5 acres; and to requiring the provision of existing topography for the entire parcel.

Old Sugar Maple Loses Fight on Adams Road Right-of-Way

KAITLYN G. WOODS
LONDONDERRY TIMES

Local developer Richard Flier lost his fight to save an historic tree located within the public right-of-way on Adams Road, a State-designated Scenic Road.

Flier made an impassioned plea for the nearly 100-year-old sugar maple, one of the last remaining healthy trees along the Scenic Way.

"The tree is an unusual tree and it's a beautiful tree," he said. "The sugar maple has a different immune system, so it's much healthier than the trees across the street that are dying in various stages."

In February, the Board granted Flier permission to remove a portion of the sugar maple's root, which was obstructing the sight distance for the driveway from his newly constructed home. However, the Town's engineers determined after the root was cut that the tree is still impeding sight distance

and creates a blind spot at the end of Flier's driveway.

"Through this whole process with the tree, we have tried in every way to get the Department to consider leaving it the way it is," Flier said. "If you look at our property, and across the street and at Mack's, this section has so much meaning to all the citizens of our town."

In addition to finding the sugar maple and a portion of the stone wall on the property impeding the required sight lines, Assistant Director of Public Works and Engineering John Trottier said the driveway Flier installed exceeds the permitted 22 feet.

Mack's Apples Farm Manager Mike Cross wrote in a letter to the Board that "the width of the newly paved area now represents the approximate width of the preexisting entrance to the agricultural land prior to the construction of Mr. Flier's new home.

The Board approved as part of its motion to require removal of the trees and other obstructions to proper sight lines, a waiver to the Town's driveway regulations regarding the width of pavement within the Town's right-of-way.

The driveway as constructed was included in the site plan for the parcel, which the Board approved in February.

Members said while

they wish the tree could remain in the right-of-way, they don't feel comfortable taking a risk involving public safety.

"I'm sorry to see a sugar maple that's 100 years old torn down, but there's more activity going in that driveway now than just Mack's.

There's going to be a family living there," Councilor Jim Butler said. "I don't want to give the approval for a waiver and have

someone killed because there is a blind spot there. I think the house is beautiful and you did a wonderful job on the Common; but on this, Richard, I'm sorry, I can't allow it to happen."

"We are not experts or engineers. We look to staff to tell us where to look for the regulations. Our regulations are written down and that's what we follow. There are times when we have exercised a judg-

ment call, but not without full knowledge of what staff provided us. More often than not I will defer to their judgment," member Mary Soares said.

Public Works Director Janusz Czyzowski said the Town's engineers will determine if sight lines are clear in the field after Flier has completed moving back the stone wall on his property and cutting down the sugar maple.

SPECIAL EVENTS!

Thursday,
April 14th at 5PM
April 28th at 6PM

SPECIAL PRESENTATION FREE TO THE PUBLIC

Thursday, April 14th, 5:00pm
Join Jake Lowrey, American Veterans Aid, to learn how elderly veterans can qualify and receive benefits to assist with the cost of assisted living. Dinner will be served.

The Yard Restaurant, Manchester, NH

Thursday, April 28th, 6:00pm

Nancy Emerson Lombardo will present "Healthy Eating for a Healthy Brain". Utilizing the principles of the Mediterranean Diet, Dr. Emerson Lombardo will show us how to improve our brain and body health.

A specialty dinner will be served.

Valentino's Restaurant, Hudson

Space is Limited! RSVP to our April 14th program no later than April 11th. For our April 28th program, please RSVP by April 25th. Email us at info@allamericanlondonderry.com or call us at 603-537-9898.

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24-Hour Drug Take-Back Box Offered at Police Station

KAITLYN G. WOODS
LONDONDERRY TIMES

The Londonderry Police Department has installed a permanent drug take-back box in the lobby of the Police Station, which is to be available to citizens 24 hours a day starting April 18.

The box will be anonymous and anyone can make drop-offs without

speaking to an officer at the Station, according to an April 11 press release from the Police Department.

The purpose of the box is to reduce prescription drug abuse, reduce accidental poisoning and reduce the impact of improper disposal of drugs on the environment.

The new drop-off box will replace the Department of Environmental Services' biannual drug take-back days.

"These days have been a huge success at the Londonderry Police Department; therefore, it was decided that a permanent box would better

serve our citizens," the press release said. "It is the only secure and environmentally safe way to dispose of expired or leftover medication."

Items citizens are permitted to drop off in the box include prescription medications, ointments and patches; pet medica-

tions and vitamins.

Items that are not permitted for drop-off include needles, inhalers, aerosol cans, hydrogen peroxide, thermometers,

over-the-counter liquids, lotions or ointments, batteries and trash.

For more information, contact Det. Chris Olson at 432-1118.

OBITUARY



Arlene Hicks

Arlene M. Hicks, 89, of Goffstown died April 9, 2016 in Villa Crest Health-care in Manchester.

She was born in Epping on Sept. 25, 1926, a daughter of the late Everett and Florence (Baker) Kingsbury, and had been a longtime resident of Londonderry.

Mrs. Hicks worked part time at the Leach Library in Londonderry, and the Blakey Nursing Home in East Derry.

She was a member of the Londonderry United Methodist Church.

She is survived by her son, James P. Hicks and his wife, Wendy of Londonderry; three daughters, Linda E. Bowen and her husband, Phillip of Manchester, Jane E. Hicks of Goffstown, and Deborah A. Hicks of Georgetown, S.C.; six grandchildren, Christina Bowen, Stacy Smith, Taylor Hicks, Paxton LaRocque, Matthew Hicks and Kennedy LaRocque; five great-grandchildren; and several nieces and nephews. She was predeceased by her husband, Paul F. Hicks, in 2002, and her sister, Erma Boulter of Hinsdale.

Following cremation, a graveside service will be held Friday, April 15 at 11 a.m. in Glenwood Cemetery, Mammoth Road, Londonderry. In lieu of flowers, memorial contributions may be made to Villa Crest Nursing & Retirement Center, 1276 Hanover St., Manchester, NH 03104. The Peabody Funeral Homes of Derry and Londonderry are assisting the family with arrangements. To send a condolence or for more information, visit www.peabodyfuneralhome.com.

OBITUARY

Evelyn MacKenzie

Evelyn M. MacKenzie, 99, of Londonderry died April 5, 2016 at her home surrounded by her family.

She was born on April 4, 1917 in New York City, NY, a daughter of the late Peter and Margaret (Mitchell) MacArthur.

She had been a resident of Londonderry since 2000, formerly living in Barre, Vt., Middleboro, Mass., and Wilmot, NH.

She enjoyed cooking, sewing, reading and art. She was an ovarian cancer survivor.

She is survived by her daughter, Margaret Butler of Londonderry; one granddaughter, Christine McGovern of Londonderry; one grandson, Thomas Butler of Londonderry; two great-granddaughters, Arianna Carpenter of Nashua and Alyssa Carpenter of Londonderry; and several nieces and nephews.

There are no calling hours. Graveside services were held April 8 in the Woodlawn Cemetery, Penacook. In lieu of flowers, memorial contributions may be made to the American Cancer Society, 30 Speen St., Framingham, Mass. 01701. The Peabody Funeral Homes and Crematorium, 15 Birch St., Derry is handling the arrangements. To send a condolence or for more information, visit www.peabodyfuneralhome.com.

OBITUARY

Patricia "Pat" Adams

Patricia "Pat" Adams died from COPD (Chronic Obstructive Pulmonary Disease) on April 5, 2016 at home surrounded by her family.

She was born Sept. 1, 1956, the youngest of seven children of the late Lt. John F. and Edith M. Gribbin (Flannery).

She lived her childhood in New Jersey and attended St. Theresa's Grammar and David Bearly High School, both in Kenilworth, and later received her Nursing Diploma at Overlook Hospital School of Nursing before attending Union College.

In 1978 she married Joseph Adams and lived in Roselle Park for a short period of time before relocating to Rochester, NY and then to Londonderry in 1992.

She volunteered at South Elementary School before being hired as a teacher's aide in 1998.

She volunteered as Den Leader and eventually treasurer of Cub Scout Pack 605, taught religious education at St. Mark the Evangelist Church, and was a member of Londonderry Friends of Music for several years.

She resumed her career in health insurance in 2005 with United Healthcare, having previously held supervisor positions at Equitable Life Assurance in Springfield, NJ and CIGNA in Rochester, NY.

She cheered for the home teams wherever she lived, and loved the Red Sox and Patriots. Her hobby was creating handwork and she was also an avid reader. Several hundred of her hand-monogrammed baby bibs are scattered throughout the country.

She is survived by her husband of 38 years, Joe of Londonderry; sons Daniel of Windham, and Christopher and Matthew, both of Londonderry; sisters Edith in New Jersey, Rose in Florida, and Mary in New York City; brothers John and wife, Theresa, in Maryland, and Daniel and wife, Laura, in New Jersey; sisters-in-law Sharon Gribbin and Maggie Adams; brother-in-law, Andrew Adams, and several nieces and nephews. She was predeceased by her brother Vincent and nieces Patricia and Theresa.

Calling hours were April 10 in the Peabody Funeral Homes and Crematorium, Londonderry. A Mass of Christian Burial was celebrated April 11 at St. Mark Church, Londonderry, with cremation to follow. In lieu of flowers, memorial donations may be made to Breathe NH, 9 Cedarwood Drive, Unit 12, Bedford, NH 03110, Attn: Memorial Gifts or www.breathenh.org. To send a condolence or for more information, visit www.peabodyfuneralhome.com.

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Planning Board Grants Conditional Use Permit, Site Plan for Self-Storage

KAITLYN G. WOODS
LONDONDERRY TIMES

The Planning Board granted final approval of a site plan to construct a self-storage facility on Planeview Drive.

As proposed, the site

plan for the 23,700-square-foot development features three 30-foot-wide buildings with storage units, a small office building and 22 parking spaces.

The detached office building is designed to

look like a train depot - a nod to the historic railroad tracks that run behind the site.

Earl Sandford, the engineer for the project, said the State a couple years ago granted approval to impact 9,300

square feet of land and said the site plan leaves 3.75 acres of the property in conservation to mitigate the disturbance.

Additionally, the developer added substantial screening between the parcel and the Rail Trail to buffer the scenic impact, a concern the Heritage Commission and other members of the community raised when the site plan was initially presented.

Comprehensive Planner John Vogl noted self-storage facilities generally produce very low traffic.

However, the Conservation Commission remained concerned over pavement to be installed within a wetland buffer for an access lane behind one of the storage facilities, for which Planeview Self Storage also applied for a Conditional Use Per-

mit (CUP).

Commissioner Deb Lievens said pavement within a buffer is not included in the Town's Ordinance with regard to granting a CUP.

Town staff recommended granting the CUP to allow a permitted use in the Conservation Overlay District wetland buffer associated with the construction of the driveway to access the site and a portion of the southerly driveway because the application met the criteria outlined in the Zoning Ordinance.

The Commission agreed it could support a CUP for the site plan if the developer agreed to remove the pavement from the wetland buffer.

But Sandford said the pavement is important to the efficient flow of traffic around the building.

"I think this is a good

example of what we call trying to put 10 pounds in a 5-pound bag," Commissioner Mike Speltz told the Board at its April 6 meeting. "The applicant has to come in with a number of waivers to get more development on a small parcel than is allowed in the site plan regulations, if we adhere to them strictly. If there were two buildings there, trucks could make turns without impeding the wetland buffer. I realize the applicant has gone to great lengths to accommodate the three buildings as best he can. I think we ought to stick by our Subdivision Regulations."

"Because this is a 9-acre parcel and only 2 acres are being used, I disagree about putting five pounds in a 10-pound bag," member Mary Soares said.

Growth

Continued from page 1

and the School District Offices. The School District reports in the future there may be stresses at the elementary level in the north part of town; but I think presently it's safe to say services are adequate to meet the growth for this year."

Vogl recommended the Planning Board consider the findings of their study as they move forward with the CIP this year, looking at services and future demand on infrastructure.

"I think we need to keep track of where we are in the scheme of things," Chairman Art Rugg agreed. "In the last six to seven years we have been through the Great Recession, and economic conditions really dictate what growth is."

"I think that's exactly what we're seeing now. Projects that have been dormant for the last six to seven years through the Great Recession have now picked up and we're seeing the fruits of those approvals," Vogl said.

Member Mary Soares noted many "empty nesters" in town are selling their homes to younger families with elementary

school-aged children.

Member Leitha Reilly, who also serves as vice chairman of the School Board, said the District's facilities report - available on the School District's website at www.londonderry.org - "confirmed a lot of what we already knew," but also "highlighted those challenges coming down the pipe.

"(Business Administrator) Peter Curro has worked extensively with the Town side," she said. "Typically, with new construction, you tend to get younger families or those just starting out, and, we find, a lot of new elementary students. That's what we're seeing in the north end of town."

Reilly said the District has seen 40 new students come in over the summer, dispersed in various buildings or across different grades.

"Honestly it's a logis-

tics nightmare," she said.

According to the District's facilities report, local schools are nearing capacity, based on the District's standards for class sizes.

"I think this Committee has been diligent to keep pace with the infrastructure, but we need to also be diligent to keep pace with what the growth is. I think these numbers need to go to schools, department heads and the Council so when we have the CIP meeting they're really cognizant of this," Rugg said.

Vogl recommended the Board also remain mindful of the types of development being approved, such as the ratio of senior housing projects.

"We're going to see more building. We have Woodmont and certainly we will have more commercial/industrial development," he said.



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Yet some herbal supplements, including products labeled as "natural", have drug-like effects that can be dangerous. So it's important to do your homework and investigate potential benefits and side effects of herbal supplements before you buy. If you have health issues, it's essential that you talk with your doctor before trying herbal supplements. In some high-risk situations, your doctor may recommend that you avoid herbal supplements altogether. You may be placing yourself at risk by using herbal supplements. You may want to consider some of these things before taking supplements.

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If you are having surgery, many herbal supplements can affect the success of surgery. Some may decrease the effectiveness of anesthetics or cause dangerous complications, such as bleeding or high blood pressure. Tell your doctor about any herbs you're taking or consider-

taking as soon as you know you need surgery. Also, if you are younger than 18 or older than 65 consult your doctor. Older adults may metabolize medications differently. And few herbal supplements have been tested on children or have established safe doses for children.

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SMARTwheel Entrepreneur Boosts Awareness for Distracted Driving

KAITLYN G. WOODS
LONDONDERRY TIMES

April is Distracted Driving Awareness Month and Londonderry's SMARTwheel entrepreneurs are working to roll out educational programs dedicated to the issue and ways their technology can be part of the solution.

"It's the most preventive device out there," SMARTwheel co-founder T.J. Evarts said of their technology.

Evarts, who participated in the Londonderry High School robotics program, with his sisters and co-founders Jaiden Evarts, 18, and Bryeton

Evarts, 15, were home-schooled in Londonderry.

Displaying an early passion for technology and engineering, Evarts served as the 2012 captain of the Londonderry High School robotics team.

The team has been working hard over the past year to bring their SMARTwheel technology to market.

The purpose of the intelligent steering wheel cover, which slips over any steering wheel, is to keep drivers' hands on the wheel in a safe position, particularly new drivers.

Synced to a smartphone app, SMARTwheel

sends information about a driver's performance to a third party.

If a driver using SMART-wheel deviates from safe hand positions or removes the device from the steering wheel, the device beeps to alert the driver and sends a message to the third party.

On April 19, Evarts will participate in the Consumer Technology Association's Consumer Electronics Show on the Hill in Washington, D.C., and hopes to release in conjunction with the event a video his team produced starring local teens highlighting the challenges they face as new drivers and how they feel about the solutions available to them.

"We have been focusing

on what do parents or police think about it. Although they're the ones buying (SMARTwheel), they won't be the ones using it. We wanted to talk with teens and see how they can be part of the driving experience," Evarts said.

Over the last year, Evarts' company has also continued to fund raise, meeting with major potential investors in Silicon Valley.

"We have been solidifying partners who will be going with us to launch organizations that are dedicated to the problem of distracted driving," Evarts said. "We're in the testing phase now, working with different companies and universities to produce studies that quantify the effectiveness of this device. The stud-

ies are testing different ages of new drivers, from 16 to early 20s, to see if the effectiveness of the device changes, or if it trains people over a certain period of time where they reach a threshold of safe driving and can graduate from using the device."

Evarts said in addition to marketing the technology to families of young drivers, he has been "working with technologies to create a roadmap for the product to encompass all three categories of impairment (user choice distraction, drowsy driving and driving under the influence)."

Pretty soon, SMARTwheel could have the ability to sniff the air and determine if there is an open container in the vehicle or a drunk driver behind the wheel, according to Evarts.

"There are also a variety of different technologies to check a driver's vital signs and determine if they are falling asleep or not," he said. "It's a really exciting trifecta of technology to solve this problem."

Evarts has over the past year been marketing the technology to the trucking industry and investigating the feasibility of a contract with the government to utilize the technology in cases of repeat DWI (Driving While Intoxicated) offenders.

"We could provide a way for people who have had multiple DWI incidents to earn back their license, if they are able to prove they're trustworthy after that. Up to this point, law enforcement has this

challenge because after a certain number of incidents, you know there are going to be more," he said. "This is a direction we definitely plan on pursuing and some of our partners are interested in pursuing. Right now we're looking at, 'what would a partnership with the government look like?'"

When asked how it feels to see an idea he and friends conceived to solve a problem while competing in FIRST (For Inspiration and Recognition of Science and Technology) develop into a product he may sell to customers all over the world, Evarts said "it feels amazing."

"Back in the beginning, the requirement we set for ourselves was we wanted to make something as kids that we could actually execute on. That was the guiding force behind our early designs," he said. "Everything really snowballed. This is a really relevant problem and everyone knows about it. The government and companies like AT&T have spent millions on getting the message out about how dangerous texting and driving are. But there hasn't been a technological solution that has struck a balance between respecting people's privacy, while at the same time providing enough information to prevent a crash. This product tells if a driver is in trouble, but is not invasive. It has really resonated."

For more information about SMARTwheel, visit <http://smartwheelusa.com/>.

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LHS Woodworking Class Teaches Students Technical and Life Skills

KAITLYN G. WOODS
LONDONDERRY TIMES

Londonderry High School woodworking instructor Tom Ciccarello spoke to the School Board last week, sharing stories that highlight the program's vital role in engaging "hands-on" learners.

"I have gotten many emails from parents who say, 'If it wasn't for your class, my son or daughter wouldn't have gone to school.' A lot of kids are hands-on learners and love coming to school with a project to work on," he said at the April 5 meeting.

Students completing projects for Ciccarello's full-year Advanced Woodworking class often order pizza to the school and work long after the school bell rings, into the evening.

Some projects are small and intricate, like a chess board with a frame and drawer; while other students take on large furniture projects.

Last year, Ciccarello held a showcase at the high school featuring a large hutch, a cherrywood library desk and a cherrywood blanket chest, among other projects his students handcrafted.

In addition to teaching students a wide variety of technical skills, including machine operation and safety, drawer construction, wood carving with hand tools, lathe work, cabinetmaking, joinery, finishing and design, woodworking develops in



Aleksandra Moskal works with an older style drill for the legs on her handmade stool. Teacher Tom Ciccarello works with Nick Cote in background.

students valuable life skills, such as working with others, organizational skills, following directions, hand-eye coordination, patience, attention to detail, consumer skills, technical writing and overcoming difficulties and problem solving.

Ciccarello's students come from a wide range of backgrounds and abilities - some have vocational interests, some are col-

lege bound, some are still deciding on a career direction and some are special needs students.

When they make mistakes, students are forced to re-evaluate their plan and form a solution.

"A big part of the class is learning how to stop, breathe and say, 'okay, how do I fix this mistake so I can keep going?'" Ciccarello said.

Additionally, Ciccarel-

lo has seen the woodworking program have a significant positive impact on special education students.

"I had a student, Dave, a special needs student who did not speak at all when he started my class. He made a beautiful oak dining room table. By the end of the year I could hold a full conversation with him," he said. "It was a joy to watch this young man grow, and his love of woodworking is an important part of his life."

Noting many schools have replaced their woodworking programs with computer science classes, Ciccarello told the Board he appreciates its continued support.

"Many kids are hands-on learners and need that direction. This class helps them deal with setbacks and learn how to deal with other people. These are important life skills," he said.

"I really, really loved shop in school. For me, I'm a very visual learner and pre-iPad, there weren't many classes where you could touch, see, and do," board member Leitha Reilly said. "I still have my chess board with the pull-out drawer and my mom still has my potato chip bowl I made on the lathe. I'm thrilled my children will have the opportunity to do that."



Sarah Moriarty works with Gary Richard to get the angle just right on her stool in the Advanced Woodworking class. Photos by Chris Paul

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Girls Scouts Celebrate Cultures From Around the World



In an event full of exotic attire and foods, local Girl Scout troops celebrated a variety of ethnic cultures during their International Night at Londonderry Middle School on Friday evening. Troop members set up stations representing different countries, and scouts traveled to each station to get their passports stamped. The night finished up with a fashion show and skits performed on stage.



Photos by Chris Paul

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LONDONDERRY SPORTS

Lancer Laxmen Show Fight But Fall in Their Season-Opener

CHRIS PANTAZIS
LONDONDERRY TIMES

Atough Bedford High Bulldogs a 6-0 lead, the Londonderry High School boys' lacrosse squad showed lots of fight and a significant amount of skill before finally dropping a 14-9 decision to its guest in the Lancers' 2016 season and home-opener this past

Monday, April 11.

The Bulldogs potted two unanswered goals in the first quarter and then four more during the first 5:12 of the second period to collect a 6-0 lead.

However, second-year coach Sean LeBlanc's Lancers picked themselves up off their soggy field and netted the final two goals of the second

stanza during its last 4:15, thus heading to halftime down 6-2 with a bit of momentum and some reasons to whoop it up after trimming back the six-goal deficit.

Lancer veteran standout Dave Wiedenfeld, who tallied five total points in the contest on two goals and three assists, set up teammate Max Hastings on the first LHS tally, and Wiedenfeld netted the second goal himself unassisted.

The locals cut their deficit back to three goals just 17 seconds into the second half when Sean Snyder was set up by Hastings, who finished the match with two goals and two helpers for four points.

But Bedford then bagged three consecutive goals over a span of just 2:41 to drive its lead back up to six tallies at 9-3.

The Lancers responded with back to back tallies from Casey Park (assist to Wiedenfeld) with 5:08 left in the third period and Merrill Neiman (assist to Pete Navarro) less than a minute later to make it a 9-5

game, but the Bulldogs had the last word to make it a 10-5 game before the end of that stanza.

Each side scored four goals in the fourth quarter, with Londonderry standing closest to its opponents at 12-8 with 4:20 left in the contest.

Along with the five points from Wiedenfeld and four from Hastings, the Lancers received three points from Park (two goals, one assist), a goal and a helper from Navarro, and single markers from Snyder and Neiman.

Londonderry goalie Alex Fawcett came up big a number of times in working to keep his team in the match, and he finished the contest with 10 saves.



Lancer lacrosse stalwart Merrill Neiman sprints past a Bedford player during the LHS squad's season-opening loss. Neiman was one of six goal scorers for Londonderry. Photos by Chris Pantazis



LHS standout Dave Wiedenfeld manages to maintain control of the ball despite falling to the ground during his team's season-opening match with Bedford. Wiedenfeld tallied five points for the locals.

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Second LMS Fundraising Dodgeball Tourney a Huge Hit

CHRIS PANTAZIS
LONDONDERRY TIMES

Had she blue-printed a perfect outcome for the second annual Londonderry Middle School Dodgeball Tournament - held on Saturday, April 2 - the way things actually shook out for tourney director Amy Cohen and the other folks involved would have been right in line.

"The tournament was a huge success," said Cohen. "We had 16 teams, 95 kids, and the stands were packed with family and friends. We raised \$720, and 100 percent of our proceeds go to the non-profit organization the Londonderry Police Explorers, Post 1137."

Of course, competi-

tion was just one facet of the event. But where the on-court action was concerned, there was no shortage of big moments. And when the air was finally free of zooming dodgeballs, The Raiders' contingent was crowned champion for the second consecutive year.

That bunch included players Cooper Bartlett, Jake McEachern, Tyler Kayo, Chris Tutt, Garrison Kriegl, and Alex Tsetsilas.

"Once again, the tournament had a fantastic family atmosphere," said director Cohen. "The players and family members alike enjoyed cheering while watching games played, and the emotions were electrifying."

One key moment that

will doubtless be remembered by all the participants and spectators alike occurred when a single member of The Terminators' squad put forth a gutsy effort that pulled his crew back from the very edge of defeat.

"At one point, Joey O'Neil of The Terminators found himself all alone on the court, and he kept fighting back and catching balls, which got teammates back into the game, and he was able to get four teammates back onto the court. The crowd loved his spirit and never-say-die approach," said Cohen.

The Terminators eventually lost that game to the Dodge Ballers' 8, however, but it was a great match and the crowd gave O'Neil and his teammates a thunderous round of applause at the conclusion.

Along with the aforementioned teams, there were other imaginatively-named contingents including The No-Hit Sherlocks, The Flying Squirrels, The Greatest of All Time, and the Dodgetown Cowboys.

The crew that won the Best Uniform Award for the day was The Thunder Buddies' team, which sported matching lime-green shirts, dark bandanas, tape-on mustaches, and hair that had been painted green.

The Police Explorers, who will be the recipients of the funds raised via the fun event, are a career-ori-



The repeat winners of the recent second annual LMS Dodgeball Tournament was the Raiders' squad, consisting of from left, Cooper Bartlett, Jake McEachern, Tyler Kayo, Chris Tutt, Garrison Kriegl, and Alex Tsetsilas. Courtesy photo

ented club that gives high school students the opportunity to learn about the various aspects and branches of police and military professions.

"The money raised supports the Explorers so they can participate in various training exercises such as rope courses, firing ranges, weekend challenges, and educational training such as orienteering, map reading, and communications," said Cohen, who is a Londonderry Police Explorer advisor.

The LPE Post 1137 group is based at Londonderry High School, but it covers the towns of Londonderry, Derry, Candia, Windham, Hudson, and beyond.

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Lady Lancer Racketeers Have Veteran Talent For New Coach

CHRIS PANTAZIS
LONDONDERRY TIMES

Betty Mak has been around the Londonderry High School girls' tennis program for years now, serving as a varsity assistant and doing vital instructional work with young players.

But as the 2016 season gets rolling, Mak is now the big boss for the LHS lady racketeers, and the pieces she has to work with include three returning starters from a 2015 contingent that posted a modest 6-8 record, six varsity returnees overall,

and three promising freshmen intent on testing their personal mettle at the high school level and helping the Lady Lancers wherever and however they can.

Those three important and battle-tested returning starters to the 2016 LHS fold are senior Elizabeth Mak and juniors Sarah Depasquale and Sarah Court. The other three varsity returnees are senior Samantha Board and juniors Kathryn Dwyer and Yuly Cabeza.

The ninth graders are Mary Nicoli, Rachel Cook,

and Emily Hatem.

Coach Mak, who has had plenty of good looks at the Division I competition over the years, considers Bedford, Exeter, and Concord to be the teams to watch in the division this spring.

And when asked about her contingent's keys to its own success between now and June, Mak answered, "Our keys are training the team players to be braver and more strategic at net play, and being able to 'place' the ball as opposed to putting away the ball at every

shot will be the ultimate goal."

The Lady Lancers got their 2016 campaign officially started in cold conditions at home last Friday, April 8, dropping a 6-3 decision to the visiting Alvirne High Lady Broncos from Hudson.

And Mak's mob had its second match of the campaign on the seacoast at Exeter High this past Monday, April 11.

The Lady Lancers suffered a 9-0 loss to the Lady Blue Hawks that afternoon to slip to 0-2 on the young campaign.



Junior standout Sarah Depasquale and the LHS girls' tennis team had a bit of a rocky start in their first two matches of 2016. Photo by Chris Paul

LHS Boy' Tennis Starts Out 0-2 But Shows Good Signs

CHRIS PANTAZIS
LONDONDERRY TIMES

The Londonderry High boys' tennis squad didn't have a whole bunch of success where raw numbers were concerned in its first two matches of the 2016 campaign last week.

The Lancers had a tough start to their new season at home Wednesday, April 6, taking a 9-0 defeat on the chin from the Hanover High Marauders. But coach Janice Norwesh still saw a whole bunch from her charges with which she was pleased.

"I'm very proud of my

boys," said the coach. "Hanover is a tough team, and we had some really great points and a lot of deuce games that my boys couldn't quite close out."

The locals were also playing without number three singles player Dan Pleva, so their fourth through seventh singles competitors all had to move up a spot.

The Lancers' closest singles matches were played by number three man Gage Johnson (4-8 final score) and number five competitor Sean Enright (3-8).

"Our brand new num-

ber one (singles player) Denis Geiger saw some big serving and a big game from Hanover's Graham Dickson, but he came off the court smiling and looking forward to his next match," said the coach.

The locals' doubles duos consisted of Johnson and Ryan Leo, Geiger and Enright, and Luc Velie and Quentin Caruso. All three of the Londonderry

duos were fairly soundly defeated.

The local racketeers then traveled to Alvirne High School in Hudson on Friday, April 8. And unfortunately for the LHS side, they ended up dealing with another 9-0 defeat.

"I thought my boys were much more competitive today, but missing captain Dan Pleva hurt us a little again," said Norwesh. "We didn't post any

W's but had some real competitive matches and no bagels in some very cold and windy conditions."

And the locals suffered their second loss of the new season to the Hawks, who are usually strong.

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Londonderry High Spikers Are Inexperienced But Athletic

CHRIS PANTAZIS
LONDONDERRY TIMES

With only two players back from a 2015 crew that registered a 5-12 record, the Londonderry High School boys' volleyball team will spend the first part of the 2016 campaign getting a bunch of its athletes acclimated to varsity volleyball.

Coach John Vaughn thinks that his Londonderry High crew can get some important things done before the 2016 cam-

paign is over, making strides solidly on the way to the post-season.

"We are extremely athletic," said Vaughn, who is a former girls' volleyball coach at Londonderry High and women's coach at Southern New Hampshire University. "The players are catching on to the game quickly, but there will be a learning curve. I predict we will improve greatly as the season progresses and be very competitive by mid-season for the playoff

push."

The lone returning starter from the 2015 club is senior libero Ryan Crowley, and the only other returning varsity player is senior outside hitter Riley Treanor.

The promising varsity newcomers include seniors Luke Anderson (outside hitter), Elijah Ellis (outside hitter), Conor O'Regan (middle blocker), Scott Lynch (defensive specialist), and Tarik Dallahi (outside hitter), junior setter Mike Vivian, and sophomore middle block-

er Luke Cava.

When asked to anticipate which opposing squads he expects to be among the front-runners for spots in the league standings this spring, Vaughn didn't need to go far out on any limbs in stating that he thinks that the defending state champs from Timberlane Regional High of Plaistow and the runner-up Salem High Blue Devils are likely to pace the crowd.

Timberlane ended Salem's incredible, 10-year stranglehold on the

state boys' volleyball title last spring, and the Lancers opened their season this past Monday, April 11 with a road trip to face a host Blue Devils' crew intent on getting itself back to title-winning caliber this spring.

The Lancers gave the tough Blue Devils a challenge, but in the end fell by a 3-1 score.

The hosts snagged wins of 25-14 and 25-17 in games one and two, but the youthful LHS side kept the match going by battling its way to a 28-26

victory in game three.

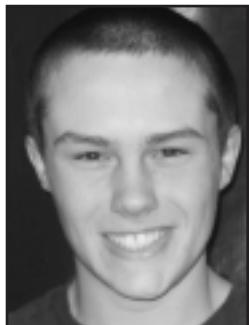
However, the hosts powered their way to a 25-11 win in game four to put the match away.

"This was a great effort by a team just beginning to learn the game, and it's very encouraging," said Vaughn.

The Lancers received some 16 assists from Mike Vivian, nine digs from Ryan Crowley, five kills from Riley Treanor, four of them from Nick Anderson, and a pair of blocked shots from Elijah Ellis in the defeat.

Athletes of the Week

For the Week of April 4



Gage Johnson, Senior,
Boys' Tennis

New to high school tennis, this 12th grader is showing improved footwork and an impressive forehand and has taken more games off of opponents than any other Lancer thus far.



Mary Nicoli, Freshman,
Girls' Tennis

This youthful racketeer has displayed outstanding singles play to begin her inaugural high school season, demonstrating great net and forehand efforts.

local Swimmers Help RAYS Excel

CHRIS PANTAZIS
LONDONDERRY TIMES

A big bunch of youngsters from Londonderry helped their Rockingham Area Youth Swim (RAYS) team to a sixth-place finish out of 16 squads at the New Hampshire Swim Association Championships in late March.

The event was held in a neutral pool at the Upper Valley Aquatic Center in White River Junction, Vt., and the kids from Londonderry created plenty of waves for their squad.

A total of 65 swimmers ranging in age from 6 to 16 and hailing from throughout Southern New Hampshire put forth their best efforts for the RAYS. And

those efforts paid off handsomely.

Swimmers who placed among the top 16 finishes in individual races earned points for their team, and additional important points were earned by swimmers in relay races.

RAYS' swimmers from Londonderry who aided the squad's cause came from a whole bunch of age groups.

In girls' 8-and-under competition, Megan Plaza snagged an eighth in the 25-meter butterfly and a 16th in 25-meter backstroke, and Aloisa Von Pichl took a 10th in the 25 back, an eighth in the 25-meter freestyle, and a 13th in the 50 free.

In the boys' 8-and-under class, Robert Shea snared a 16th place in 50

free, and a 15th in the 100-meter individual medley.

Among the male 9 and 10 class athletes, Michael Dorner snared 15th in the 50-meter butterfly.

Boys 11-12 division action saw Brandon White tally a second in the 50 fly and sixth places in both the 100 free and the 50 free.

Among the female 15-16 class competitors, Maddie Martin took 12th in 500 free and 16th in the 200 free.

In relay action, an entire quartet of 8-and-under Londonderry kids snagged a seventh place in a free relay, and that crew consisted of Lindsey Hodkinson, Megan Plaza, Malia Smith, and Aloisa Von Pichl.

In the 9-10 girls' class, Megan St. Germain and Ashleigh Leone helped their 200 free relay quartet to a third place, Hannah Nordin, Ashleigh Leone, and Kayla Morelli Von Pichl helped their 200

medley relay group bag an 11th place, and the efforts of Abby Jones and Morelli Von Pichl pushed their 200 free relay group to an 11th as well.

In boys' 9-10 relay action, Michael Dorner aided his 200 free relay quartet in its drive to a third place.

Boys' 11-12 competition saw Brandon White and Devon Gardner help their 200 free relay crew to a fourth and their 200 medley relay quartet to a seventh place.

And the Rays' 15 and 16-year-old girls' group had Londonderry's Maddie Martin and Caitlynn Mahan contribute to a 16th place in the 200 free relay.

The RAYS' summer season begins on May 2, and folks interested in joining the club can obtain information by contacting one of the head coaches through a link at the RAYS website at www.teamunify.com/nerays.

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Local Woman Runs Boston Marathon for Celtics Shamrock Foundation

KAITLYN G. WOODS
LONDONDERRY TIMES

A local teacher will run the Boston Marathon on Monday with the Boston Celtics Shamrock Foundation, which invests in community programs that benefit children in need.

Kristine Smith of Londonderry, who has a 10-month-old daughter, has run several half-marathons, but next week's race will be her first time covering 26.2 miles.

"The Boston Marathon has always been a big bucket list item and I set my heart on doing it this year," she said. "My family has always gone down to the finish line and celebrated. In 2013, we were at the finish line when the bombs went off. Since then, the desire to run has been all that much more."

A teacher at the Greater Lawrence Technical School, Smith said she has seen firsthand the impact the Celtics Championship Legacy has in Boston communities.

"My family and I are die-hard Boston fans. I knew I wanted to raise money for a cause and do the marathon, and in the process I came across the Shamrock Foundation. One of the things they have done recently is support the technology lab at the school I teach at," she said. "The Foundation shares some of the values I as a teacher endorse. It was a no-brainer for me."

After joining the team, Smith started a 20-week training plan, working her way up to a 20-mile run on the marathon course with her team.

"It has been a lot of work, but I'm definitely



Local resident Kristine Smith, a teacher, will run the Boston Marathon Monday to benefit the Boston Celtics Shamrock Foundation, which invests in community programs that directly benefit children in need. Courtesy photo

feeling confident. I think the training will pay off. Not every run has been perfect; but there's only one run that needs to be perfect, and that's next Monday," she said.

Although sticking to her training schedule was challenging with a new baby, Smith said she was successful, thanks to tremendous support from her family.

"I definitely had to modify my day off and do something different if I couldn't get a sitter and my husband wasn't available. But my husband and family have been very supportive, especially on the long weekend runs," she said. "I couldn't have done it without their support."

Smith said she anticipates many different emotions on race day - excitement, a sense of accomplishment when it's over.

"Where I'm situated in the corral at the start, I'm with a lot of the other charity teams. Everyone on that course has a different story. Everyone is running for something different," she said. "My daughter is only 1, but someday I hope when she's older she understands it a little more and learns from that example. Just seeing my family in general will be huge. They have donated, watched my daughter when I needed help and set their sights on seeing me finish. I'm very excited."

For more information about Smith's team or to make a donation to the Shamrock Foundation in her honor online, visit <https://www.crowdrise.com/fundraise-and-volunteer/the-team/CelticsShamrockFoundation-Boston2016>.

Lancer Spirit to Host Mr. LHS Competition on April 21

KAITLYN G. WOODS
LONDONDERRY TIMES

Londonderry High School's popular Mr. LHS competition returns this year with a new cast of talent.

The theme for this year's show is "Decades," with contestants to represent different era costumes in their group dance performance.

"The guys will be dancing to music from Frank Sinatra to Fetty Wap (a hip hop artist) and they'll be wearing powder blue tuxes to punk rock and futuristic costumes," Lancer Spirit Editor Shea Robinson said, noting this year's show promised to be especially entertaining, as there's more freedom

for creativity.

Editor-in-Chief Conor Battles said in the talent portion of the show, performances range from musical acts to "Saturday Night Live inspired skits."

"It's like a variety show," he said.

"There are a lot of laughs," said teacher and Lancer Spirit advisor Mary DeWinkeleer, whose substitute teacher, Corrine Murphy, brought the idea for Mr. LHS to the Journalism Department in 2007 after attending a similar event at Pinkerton Academy.

The show is the school newspaper's biggest annual fundraiser. The event helps cover the cost of printing the school's quar-

terly magazine and entrance fees for journalism awards.

Local businesses donate gift cards for a raffle and Men's Warehouse donates tuxes for the contestants to wear on the catwalk as the show opens.

"This is how we stay afloat with the printing costs," DeWinkeleer said. "It's a lot of work, but it's so much fun. I would never give it up. Many of the guys who participate say it was one of their favorite experiences in high school."

To the idea of flipping a traditional beauty pageant on its head and parading boys down a catwalk, Battles said Mr. LHS is "a comedy show above all else."

"It's something everyone looks forward to. Everyone looks forward to seeing who the list of boys will be," Robinson said.

While there are auditions to participate in Mr. LHS, most students who are interested are permitted entrance to the contest.

This year's participants are Dale Larie, Max Hastings, Casey Park, Michael Sweet, Troy Nielson, Nick Donnelly, Ryan Richards, Nick Gyorda, Colby Austin and Max Lawrence.

Sports Editors Nate

Gaw and June Cranmer will judge the event with members of the school faculty and staff.

In addition to enjoying many good laughs, Battles and Robinson said the contest is an opportunity for students to get to know one another better.

"The guys are from all walks of life - band, sports. Friendships are formed," Robinson said.

"It's cool to learn about their talents. There may be a kid in your class who's really good at yo-yo and you didn't even

know," Battles said.

"It's a cool way to wrap up the year," Robinson said.

Tickets for Mr. LHS are being sold during school lunches and will be available to members of the public at the door. Tickets are \$10.

The event is scheduled for April 21 at 7:30 p.m. in the high school gymnasium.

For more information, contact Mary DeWinkeleer at mdewinkeleer@londonderry.org.

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Additionally: We will run the full versions of any calendar items online free of charge at www.nutpub.net. Please send items to calendar@nutpub.net.

Road Construction

Now through May, the Town is working on two projects: reconstruction of a section of Commerce Avenue from Ray Wieczorek Drive to the cul-de-sac, and Litchfield Road near the cemetery. The Litchfield work will be followed by the paving of the finish coat on Litchfield Road from High Range Road to Yellowstone Road and Maureen Drive. Expect delays; seek alternate routes. For questions, call Londonderry Department of Public Works at 432-1100, ext. 193.

Grange Plant & Craft Sale

On Saturday, May 7, the day before Mother's Day, Londonderry Grange No. 44, 260 Mammoth Road, holds

its annual Mother's Day Plant Sale and Craft Fair from 9 a.m. to 3 p.m., rain or shine. This year, Kona Ice is featured, along with free face painting, balloons and traditional "Plant a Marigold for Mom" inside the Grange Hall for kids. Juried crafters will offer their wares, and hanging planters as well as perennials, including shade lovers, will be sold, along with tomatoes in patio pots. Troop 521 Boy Scouts will help. Proceeds go to the Grange Building Renovation Fund.

Interfaith Choir

The Interfaith Choir, which includes members from Derry, Londonderry, Hampstead, Chester and Sandown, presents "American Classics" on Saturday,

April 16 at 7 p.m. at Church of the Transfiguration, 1 Hood Road, Derry and Sunday, April 17 at 6 p.m. at Pleasant Street United Methodist Church, 8 Pleasant St, Salem, NH. The concerts are free; a free-will offering will be accepted. Refreshments follow each concert. For more information, email ifcderry@gmail.com.

Legion Bingo

American Legion Post 27 plays bingo with patients at the Veterans Administration Hospital in Manchester from 7 to 8:30 p.m. April 25. The Post will serve pizza and diet soda as well as providing \$150 in prize money. Anyone interested in helping out can sign up at the Post.

Lions' Cookbooks

The Londonderry Lions Club cookbook is for sale at \$10 each. The proceeds go to Lions Club charities. Call Pat at 486-1701 to purchase a cookbook.

Fishing in New Hampshire

On Thursday, April 21 at 7 p.m., the Leach Library will host "Four Centuries of Fishing in New Hampshire: Yankee Character, Yankee Priorities" by Jack Noon. He is an historian and author and will discuss the history of fishing in New Hampshire. The free program for adults is sponsored by the Friends of the Londonderry Leach Library and will be held in the library's lower-level meeting room. Light refreshments will be served.

Rail Trail Work Day

Londonderry Trailways hosts a Rail Trail work day on Saturday, April 23 from 8 to 11 a.m. The clean-up will be of Phase 5 of the Rail Trail, a section not yet open to the public and running through the Cohas Marsh. Volunteers are asked to meet at the trail next to

Londonderry Police Log

Selections from the Londonderry Police Logs

Monday, April 4

6:17 a.m. Tree across road on Dianna Road.

7:38 a.m. Needles on side of Mill Road.

2:05 p.m. Caller on Pinto Lane said someone siphoned kerosene out of caller's tank.

Tuesday, April 5

8:20 p.m. Shantal Umbro, 26, Granite Street, Manchester arrested for Theft: All Other. Bail set at \$5,000 personal recognizance with Derry Circuit Court date of May 10.

Wednesday, April 6

3:24 p.m. Londonderry Fire responding for male subject who fell off forklift and is unconscious at

Coca-Cola Bottling Co. of Northern New England, Symmes Drive.

Friday, April 8

2:15 p.m. Window broken on customer's motor vehicle at Executive Health Sports Center, 1 Highlander Way.

9:29 p.m. Dennis D. Plouffe, 52, 48 Temple St. Apt. 4, Nashua in custody on warrant for Criminal Liability for Conduct of Another. Bail set at \$1,500 personal recognizance, with Derry District Court date of May 17.

Assault, and two counts of Simple Assault. Bail set at \$3,000 personal recognizance, with Derry District Court date of May 17.

Saturday, April 9

5:54 p.m. Jordan Gingras, 23, 68 Pinyon Place, Londonderry arrested for Disobeying an Officer and Driving After Revocation or Suspension. She was released on \$1,500 personal recognizance bail, with Derry District Court date of May 17.

Sunday, April 10

11:54 a.m. Conservation commissioner reports someone riding four-wheeler on Conservation land on Pillsbury Road.

Toy Swap and Sale

Londonderry Women's Club's 14th annual Toy Swap and Sale takes place from 9:30 a.m. to noon Saturday, May 14 at the Matthew Thornton Elementary School gym, 275 Mammoth Road. Registration is 7:30 to 9 a.m. Registration forms are at the Leach Library. This is a consignment sale, with the price set by the owner, who receives two-thirds of the sale price.

The other third goes to Community Alliance for Teen Safety (CATS) in Derry. Gently used toys, bikes, sporting goods and baby equipment are featured; stuffed animals, cribs, car seats, VHS tapes and clothing cannot be accepted.

Drop Off Center

The Londonderry Drop Off Center open now through Nov. 19, Saturdays only, weather permitting, from 8 a.m. to 4 p.m. Payment is by check only; no cash is accepted. For more information, visit: LondonderryNH.org or call 432-1100, ext. 193.

Library Craft Week

Continuing through closing on Saturday, April 16 during National Library Week, Leach Library children's patrons are invited to create a stained glass-inspired bookmark. Stop by the Children's Room desk to pick up the supplies and create the bookmark in the library or at home.

Silly Stories

The Leach Library presents "Silly Stories" for children on Monday, April 18 from 4 to 5 p.m. Stories include "Count the Monkeys," "Because I stubbed my toe" and "Down by the Bay," and the participants will play a mixed up matching game. Participants are also welcome to wear their silliest outfits and bring their favorite joke or riddle to share. Everyone who attends will receive a silly accessory. Advance registration is required. To register, call 432-1127 or stop by the Children's Room.

Crafters Wanted

Londonderry Senior Citizens, Inc. (LSCI) will hold a Summer Arts and Crafts Fair from 9 a.m. to 3 p.m. June 25 at the Londonderry Senior Center, 535 Mammoth Road. Space is available to local artisans. Funds raised from the fair will be used to purchase equipment and materials for the Senior Center. Eight-foot spaces inside or 10X10 outdoor spaces are

OBITUARY

Virginia Nancy Taintor



Virginia (Ginny) Taintor passed away peacefully at home in Richland, WA on March 25, 2016. Ginny was born on March 5, 1931 in Manchester, NH to Robert and Jessie Beckley. She lived in Londonderry, NH for most of her life, moving in 2014 to live with her daughter and son-in-law.

Ginny attended Londonderry schools and graduated from Pinkerton Academy in Derry, NH (1948) and Westbrook Junior College in Portland, ME (1950). She won the heart of Donald Taintor, also from Londonderry, and they were married October 17, 1954. They had one daughter. Ginny worked for 30 years as a book keeper for the Public Service Co of NH, while also caring for her family, and keeping a warm and welcoming home. Ginny loved following local news, reading, keeping in touch with family and her circle of phone friends, and having visitors drop by for a few minutes or for an extended stay. She will be lovingly remembered for her bright smile, caring, helpful and loyal spirit, and steady Christian faith during an extended illness.

Ginny was preceded in death by her parents, her husband Donald, and her brother James Beckley. She is survived by her daughter and son-in-law Nancy and Rick Wittman of Richland, granddaughters Aletheia and Zoe Wittman of Seattle, sister-in-law Marion Gilbert of Londonderry, and many nieces and nephews. A graveside service will take place at a later date at Pleasantview Cemetery in Londonderry, NH. For memorial gifts, please consider the hospice and palliative care programs of The Chaplaincy at 1480 Fowler St. Richland, WA 99352.

PAID OBITUARY

Young Adult Movie

The Leach Library presents a free Movie Time program with the film "Pan" on Thursday, April 14 from 3:30 to 5:45 p.m. Students in grades 6 through 12 are invited to the movie, which includes popcorn and beverages, and a raffle for door prizes. No sign-up is necessary.

Continued on page 18

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Around Town

Continued from page 16

available at \$35 plus a craft or gift item to be raffled by LSCI. Crafters must provide a table and chairs. Applications and fees are due by May 6. For more information, call Bonnie Ritvo at 432-8554 or email SeriorCenter@LondonderryNH.org.

Coed Softball

Londonderry Coed Softball is looking for new players to join an existing team or start their own team. Play takes place Thursday

evenings and a few Sunday afternoons. All skill levels are welcome. Contact Michael Costello at Ltowncoed@gmail.com for questions or to join.

HU Chant

A Community HU Chant takes place at 7:30 p.m. Sunday, April 21 at the Holiday Inn, 2280 Brown Ave., Manchester.

Free Meals

The free Community Meals Program offers the following meals, with no residency requirement: Saturday, April 16, 5 to 6:30 p.m.

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St. Luke's United Methodist Church, 63 East Broadway, Derry; Sunday, April 17, 5 to 6:15 p.m., Etz Hayim Synagogue, 1-1/2 Hood Road, Derry; Thursday, April 21, 5 to 6:30 p.m., West Running Brook Middle School, 1 West Running Brook Lane, Derry; and Mondays through Fridays, 4:30 p.m., Sonshine Soup Kitchen, First Baptist Church, 2 Crystal Ave., Derry. The Lady Lancers suffered a 9-0 loss to the Lady Blue Hawks that afternoon to slip to 0-2 on the young campaign.

Fuel Assistance

Fuel assistance is available from Southern New Hampshire Services, which is taking applications through April 30 to help renters and homeowners in Rockingham County pay past or future energy bills. Fuel assistance pays for oil, propane, wood, pellets, kerosene, natural gas or electric heat costs, with payments going toward a past due balance or credit for future use. To qualify, one person can earn up to \$1,935/month, with a family of four earning up to \$3,986/month. Fuel assistance may also be applied to rent if heat is included in rent. To make an appointment, call the Derry office at 965-3029.

Israeli Dance Nights

Etz Hayim Synagogue, 1-1/2 Hood Road, Derry hosts Israeli Dance Nights on April 29 and June 3. Friday night services begin at 7:15 p.m., with Kiddush, music and dancing following the services.

National/Regional Listings

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TOWN OF LONDONDERRY LEGAL NOTICE

The Londonderry Town Council will hold a PUBLIC HEARING on the following item:

- 1.) Ordinance #2016-02 - An Amendment to the Municipal Code, Title I, Chapter XXIX, Dogs

The Public Hearing is scheduled for Monday, April 18, 2016 at 7:00 PM at the Londonderry Town Hall, 268B Mammoth Road, Londonderry, NH 03053. A copy of the proposed amendment may be viewed at the Town Manager's office during regular business hours and online at www.londonderrynh.org.

Londonderry Town Council

South School Jumps for Health



Photos by Chris Paul

South Elementary School students participated throughout the day on Thursday, April 7, in the annual Jump Rope for Heart benefiting the American Heart Association.

Photos by Chris Paul



TOWN OF LONDONDERRY LEGAL NOTICE

The Londonderry Zoning Board of Adjustment will meet Wednesday, April 20, 2016 at 7:00 p.m. in the Moose Hill Council Chambers, 268B Mammoth Road. Please note: The Board reserves the right to continue presentations, deliberations, and/or discussion to May 18, 2016, if the need arises.

PUBLIC HEARING OF CASES

Case No. 3/16/2016-1 (CONTINUED FROM 3/16/16): Smith, Matthew C. and (Taranov) Smith, Tatiana request a variance from LZO 2.3.1.3.C.1 to encroach into the front setback to construct a handicapped wheelchair accessible landing 9 feet in length and 10 feet wide with a roof; 32 Holstein Avenue; Map 1, Lot 20-28, AR-1

Case No. 4/20/2016-1: Savoie, Michael & Julieann request a variance from LZO 2.3.1.3.C.3 to construct a 16 x 25 addition to the back of the existing house for family use, 14 Southwood Drive, Map 1, Lot 62-14, Zone AR-1

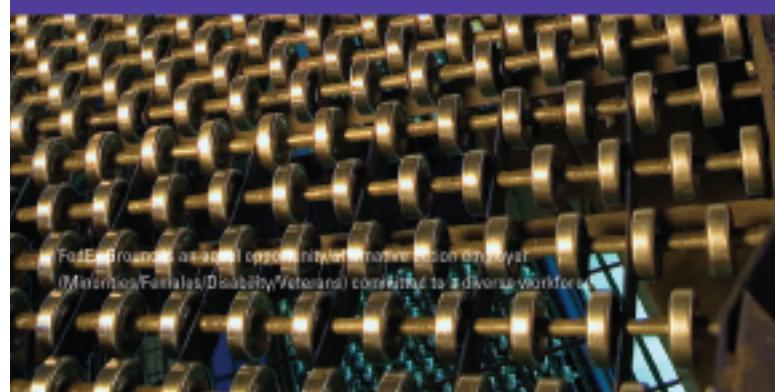
Other Business: Approval of minutes, Review of By-Laws and/or Reading of Amendments



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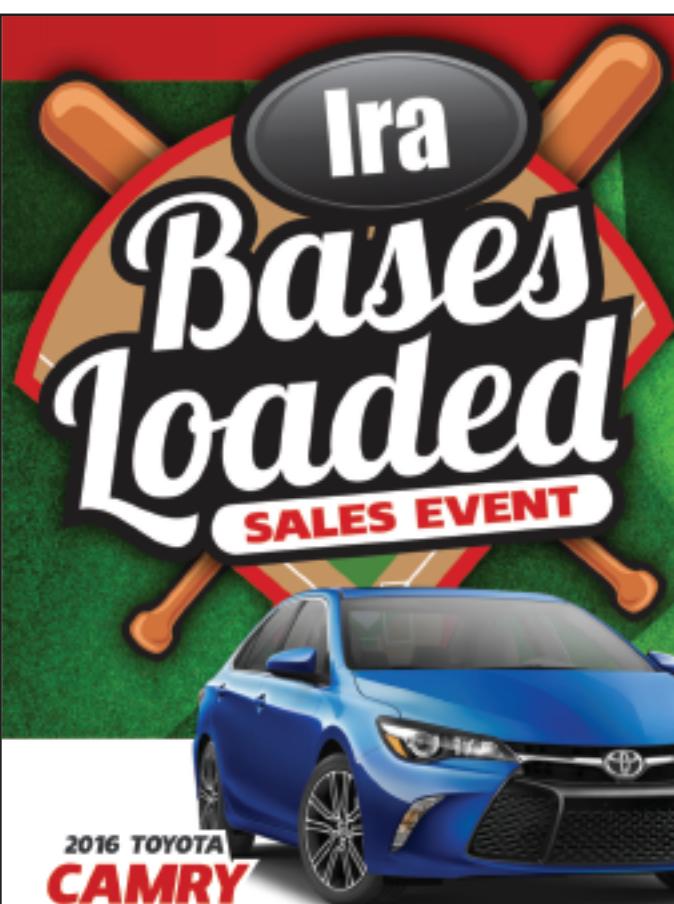
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