

Londonderry Times

January 21, 2021 ♦ Volume 22 – Issue 3

A FREE Weekly Publication



Back Again

Londonderry students headed back to school on Tuesday morning after a long hiatus dating back to the end of November. Fears of the coronavirus spreading due to holiday travel was one of the main concerns for remote learning.

Photo by Chris Paul

School Board Approves Warrant Articles for 2022

JOHN SEIDENBERG
LONDONDERRY TIMES

School Board members approved a fiscal year 2022 operating budget at the Londonderry School District budget public hearing Jan. 14.

On a 4-1 vote, the board backed a total

school operating budget of \$81,497,456 with an estimated tax impact of \$12.79. Members also approved a default budget of \$81,865,114 with an estimated tax impact of \$12.87.

A point of contention arose during the meeting between School

Board Member Bob Slater and Business Administrator Peter Curro over the default budget definition.

Slater favored the School Board reconsidering acceptance of the default budget and reducing it by the salary

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Planning Board Approves Final Phases of Cross Farm Site Plan

CHRIS PAUL
LONDONDERRY TIMES

In what took over three hours during the Wednesday, Jan. 13, Londonderry Planning Board meeting, members gave their approval of the final three phases of the Cross Farm 55-Plus Development.

With the approval, the board also voted to monitor the traffic in that area, and have the developer provide funding for a gate on Adams Road if the studies show that a gate is needed in the future.

The resident's of the community have two ways in and out, one is on the very busy Nashua

Road side and the other is on Adams Road.

The developers also agreed to test abutter wells before and after blasting is done on the site.

The developer also increased the amount of plants that would be used as a buffer between the site and abutters.

Last week's meeting was a continuation from the meeting in December where a number of abutters had concerns with how the 186 houses on the site would effect area wells and their drinking water.

There were also concerns with landscaping and traffic issues that were addressed by the developer.

Joe Maynard of Bench Mark Engineering spoke on some of the ways that the developer would be addressing issues brought up at the previous meeting.

Maynard explained that this hearing will address the Phases 4-A, 4-B, 5 and 6 and that Phases 1, 2 and 3 have already been approved.

He said as far as landscaping, additional plantings would be provided to areas where the lot line is close to abutter properties.

Blasting issues were also brought up by residents last month, and Maynard said that everyone in the area will be notified by mail and

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Committee Being Formed to Tackle Water Contamination

CHRIS PAUL
LONDONDERRY TIMES

Town Council Chairman John Farrell began the Town Council meeting on Monday night with an update on how the town will be proceeding after getting the bad news from NHDES on the water quality in town at their previous meeting.

He started by saying, "It was quite disturbing to hear some of the things we heard and that there wasn't an imminent plan." He said he took it upon himself to

contact a commissioner at DES and asked for a meeting between their representatives and with Londonderry's attorney, Mike Ramsdell, Assistant Town Manager, Lisa Drabek, and Farrell and they expressed how disappointed they were with the state and with DES on how they've addressed the water contamination issues in Londonderry.

At the meeting, the town gave DES a quick deadline on a framework and a plan going forward on exactly how the town

and state were going to address this on dealing with PFAs.

Farrell said that DES had supplied the town with a plan on Friday afternoon, Jan. 15, with multiple options. He

continued on page 3

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Town Council Decides Against Charter Commission Warrant

CHRIS PAUL
LONDONDERRY TIMES

During the later part of the Town Council meeting that took place on Monday night, Jan. 18, the Chairman, John Farrell opened up discussion on whether to open the Town Charter with a Charter Commission to examine alternatives to the Londonderry form of government.

The idea was brought up at the last Town Council meeting during Public Comment by resident Tony DeFrancesco, who was hoping to put the idea on the ballot for the March election.

Farrell started by saying that it was "a little late in the game" to get something on the ballot, but was hoping to discuss it with fellow members.

Councilor Deb Paul was the first to talk on the subject that evening asking specifically what the commission would be set up to do. She cited the fact that she was on the previous

Charter Commission that was elected and they were instructed, at the time, that they could only discuss one aspect of the charter.

DeFrancesco spoke to the council again that evening, saying the concept is to ask, "What do we have now, to make sure that everybody knows, and two, what can we do to help the cooperative spirit that seems to be trying to happen between this board and the school board."

His feeling is that the two boards are trying to work together, but because of the Town Charter, it is not allowing that to happen.

DeFrancesco added that a lot is being said on social media on what he is trying to do, and accusations are being made without just cause. "The only thing I'm suggesting is that we investigate what we currently have and see what else is out there."

He added that there might be something out

there that is better than what we have.

Paul wondered what other forms of government are available, saying the only other one she knows about is a city form of government. She asked that maybe the Town's Solicitor, Mike Malaguti, could enlighten her in that regard.

Farrell intervened, saying although he thought it was a good question, he felt that taking it one step at a time was a better approach.

Paul added that she felt if DeFrancesco wanted it added to the warrant it was something he should have done on his own. She said that with-

out any information, it was too late for the Town Council to do it.

Farrell followed up with saying that there are different ways this idea could be accomplished, for instance, the town could establish a task force to look into the idea.

He then suggested that Malaguti could compile information on the different types of government out there and present it at a later date.

Paul also suggested the possibility of doing something like what the town of Derry is currently doing. They have what they call a Legislative Committee, made up of the Town Council,

School Board, and State Representatives who meet two or three times a year to iron out issues collectively.

DeFrancesco commented that he felt this was too big an issue for him to have put on the warrant, he felt the Town Council should be the body that does this. He added that of hundreds of towns in the state of New Hampshire,

there are 100 different forms of government.

Councilor Tom Dolan felt that Paul's question was a good one, but felt the Town Solicitor should be put on the spot to try and answer tonight. He suggested that Malaguti come back, at some point, with a presentation explaining some of the options in government.

OBITUARY

Lynnette A. (Sodt) Hanlon



Lynnette A. (Sodt) Hanlon, 66, of Hudson, NH, passed away peacefully Sunday Jan. 17, 2021, at Bridges by Epoch in Nashua, NH. She was born in Elgin, IL on March 19, 1954, a daughter of the late Kenneth and Lois (Bartels) Sodt.

Lynnette was a loving mother who always put her children first, and a caring friend to anyone who knew her. Despite dementia taking such a heavy toll on her life, up until the end she was still known for her smile and laughter with every interaction. Lynnette worked as a registered nurse for several hospitals including, Malden Hospital, Lowell General Hospital and Dartmouth Hitchcock Hospital.

She is survived by her son, Ryan Hanlon of Londonderry, NH; her daughter, Katelyn Caron and husband Michael Caron of Nashua, NH; one grandson Callan Hanlon of Londonderry, NH; two sisters, Laurel Miller and husband Thomas Miller of Anacortes, WA; Karen Kress and husband Hugh Kress of Waupaca, WI; former spouse John Hanlon Jr. of Hudson NH; as well as many nieces and nephews.

Following cremation, memorial calling hours will be held on Saturday, Jan. 23, from 11 a.m. - 1 p.m., at the Peabody Funeral homes and Crematorium, 290 Mammoth Rd., Londonderry. Due to State of NH guidelines, all guests are required to wear masks, minimize contact and maintain social distancing. Memorial contributions may be made to the Lewy Body Dementia Association, 912 Killian Hill Road S.W., Lilburn, GA 30047 or at lbda.org. To send a condolence or for more information, please visit, www.peabodyfuneralhome.com.

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School Board Deliberative Session

February 5 2021 starting at 7 p.m.
At the Londonderry High School Gym

Town Deliberative Session

Saturday, February 6, starting at 9 a.m.
At the Londonderry High School Cafeteria

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School Board Budget

Continued from page 1

and benefits amounts for positions the school district is eliminating in the 2021-22 school year. He argued the salaries for those eliminated positions are in the previous fiscal budget and therefore would be included in a new default budget but without an obligation to pay those costs.

Curro challenged him on what a default budget means. The administrator said an alternate budget is required in case an operating budget is not approved. The starting point is the level of

appropriations that voters passed at the last Annual Meeting.

If positions are eliminated, those salaries can't be added to the default budget, he said. If someone wanted to restore reductions made by the School Board, the only avenue would be the default budget.

However, the default budget as the town has determined it through a charter amendment is the current appropriations level, Curro added, regardless of anything removed or added during the course of a year. That would even apply

to any covid-related expenses over the past year.

From there any contracts or one-time capital items would be added or subtracted. This doesn't refer to positions. The School Board is overruling the school district charter, Curro said.

Slater responded that the amount eliminated in salaries and benefits comes to approximately \$511,000. "The operating budget doesn't really reflect [the actions taken] as far as reducing the budget."

School Board Member Steve Young suggested the board may

want to later consider a change to the charter.

In addition, the board unanimously approved the following warrant articles:

- Appropriating a total of \$3,235,821 allowing the school district to receive monies to support the school lunch program (\$1,687,000) and federal fund projects (\$1,548,821)

- Raising up to \$25,000 for the equipment capital reserve fund to procure essential small equipment for classrooms, offices, technology, and buildings and grounds

- Appropriating \$125,000 for the technology network infrastruc-

ture capital reserve fund for equipment to service the school district's network

- Appropriating up to \$75,000 for the vehicle and machinery capital reserve fund

- Placing \$600,000 in a buildings and grounds capital reserve fund for all buildings, maintenance, and improvements district wide

- Revising RSA 198:4-B to allow the school district to retain up to 5% of the district's net assessment in any year. The School Board is the agent to expend the funds and report activities of the school fund balance; and

- The school district

raising and appropriating \$96,000 funded by surplus to purchase food service lines in three school buildings to upgrade them for safety

All the warrants will be considered at the Deliberative Session Feb. 5 at 7 p.m. at the Londonderry High School.

School Board Chairman Michael Saucier also announced a filing period of Jan. 20 through Jan. 29 for three School District vacancies: There will be two, three-year School Board member terms and a single one-year term as district clerk.

Water

Continued from page 1

said it lays out a framework of a short-term plans, up to 45-days; a medium-term, up to six months; or a long-term plan for up to nine months.

He added that DES wants to make Londonderry their number one priority in the state.

Farrell said he wanted his fellow councilors to support his efforts to assemble a task force that would look at ways to implement the plans.

He said the task force would be made up of a town councilor and at least three people with scientific backgrounds along with three citizens at large from the three sections of town, north, south and central.

He was hoping to have interviews in the first week of February and have the group together by Feb. 15.

The only question came from State Rep. Doug Thomas who suggested that they use one of the seven state reps used in, at least, an advisory position on the committee.

Farrell suggested using Town Councilor Tom Dolan who also serves as a State Representative.

Farrell also divulged a plan to bring public water to the entire town of Londonderry, saying that it would be about \$100 million to do this.

The town's Finance Director explained the two different options on using a bond to finance this endeavor.

For a Level Principle

Bond payment it would be between \$1.51 (per thousand) for a 20-year bond and \$1.34 (per thousand) for a 30-year bond.

That would be approximately \$536 to \$600 added to residents property taxes on a \$400,000 home.

For a Level Debt payment the residents would be looking for \$1.31 for a 20-year and it would be \$1.08 for a 30-year.

He said that these numbers were just estimates and that he would need to get current bond rates to give more solid numbers.

Councilor Deb Paul asked about the town's water rights, saying that after the taxpayers put up the funding for the infrastructure, Pen-

benefits of collecting fees for water use. She added that if the town were able to get their water rights back, the town would be able to recuperate some of the money put into the water system.

Farrell responded that that would be something the task force would be looking at.

Campo added that he wasn't sure what it would take to get their water rights back, but said if they could they would be able to set up a water district much like the sewer district that was set up.

It was also pointed out that there would be a fee for residents to connect to the system. That fee would be about \$2,000 per household, in addition, there would be a monthly fee to the provider.

Farrell was hoping to get the task force together in February and have a plan by April on where to begin.

The Town Council directed the Town Manager to move forward with advertising for residents to be on the task force.

Also on the subject of water, mentioned

later in the meeting by Councilor Tom Dolan, he said was in discussion with the Litchfield Town Manager, Troy Brown, on the subject of their lawsuit on similar issues that Londonderry is having with water. He subjected that the two towns work together on PFOA litigations.

Londonderry Town Manager Kevin Smith added that the town of Litchfield is also objecting to the rate increase by Pennechuck Water and the two towns would be working together on that issue also.

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Editorial

Get Involved And Play An Active Role

Deliberative sessions are specifically held to discuss, potentially change warrant articles.

Residents don't vote on whether or not to approve the warrant article at deliberative session; that happens at Election Day in March.

Residents discuss each article to fully understand the true purpose - intent of the article, and whether or not to leave them as is or change the dollar amount; perhaps even zero them out before sending the warrant article to ballot on Election Day.

At deliberative session, voters attending can amend a warrant article, as long as the language does not change the subject matter or intent of the warrant. However, residents are able to make changes to the dollar amount and modify the purpose of the warrant article or leave it as proposed.

The registered voters who attend the deliberative session for both School and Town hold the power to change the budget.

If attendance at the deliberative sessions is low and few people are there to promote or defend their views, the majority of those present will have their way. The deliberative session is the last time any adjustment to the warrant articles can be made before the March election. After that it's all in the hands of the voters. Amendments can be made if there are enough votes supporting the amendment at the deliberative sessions.

In order to participate, you must be a registered voter in town and pay

attention to the moderator who explains all the rules.

The warrant articles hit us in our wallets and how we live. Voters clearly carry a lot of power with this process. That is why it's so important to attend and stay for the whole deliberative session.

Some towns have Town Meeting, held on the Saturday after Election Day. Another meeting you must attend. If an article is voted down on Election Day and includes a contingency article the vote of the majority can over turn what was voted down on Election Day. Again the power is in hands of the voters paying attention and attending.

In some towns, a deliberative session and town meetings may take an hour or so. Others last four or five hours, to get through all the warrant articles. In the grand scheme of things, it's not such a big time commitment to protect your wallet.

Please, make a plan to attend, and play a role in one of the most participatory forms of democracy alive today. We can wave the flag and claim to be patriotic all we want; if we really believe in democracy, the deliberative session - town meeting is the place to be.

If you want to play an even a more active role in what happens in your community then file to run for any of the town or school open positions. Any resident who is interested in being part of making the big decisions for the residents of their town should go for it!

Letters

Impeachment ridiculousness

To the editor,

Today I called both Senator Maggie Hassan's office and Senator Jeanne Shaheen's office. Washington DC offices to ask them not to support the impeachment of the President because being only a week from his leaving office, it served no purpose other than wasting taxpayer dollars (again) and possibly inciting more violence when the country, being so divided, needs to heal at this time. We need a smooth transition to the Biden administration. When I reached Senator Hassan's office, a very pleasant woman answered the phone, I asked her to pass this message on to Senator Hassan, and she politely said she

would. Whether or not Senator Hassan will do this is yet to be known at the time of this writing, but at least I was able to make my desires known and hopefully passed on to the senator.

Different story at Senator Shaheen's office. A man answered the phone. I conveyed the exact same brief message. He told me that Senator Sheehan doesn't feel this way and supports the impeachment but he would pass it on. I started to say that as a NH resident, I feel that she should at least consider her constituent's feelings, but he immediately hung up on me. Later, my husband called both senators' offices and he got the same polite response from Sen. Hassan's office, but Sen. Shaheen's office

was not taking any calls. I hope that readers of this newspaper remember this when these senators come up for re-election. It seems that Senator Sheehan has her mind up when voting and would rather further Nancy Pelosi and Chuck Schumer's agenda of hate against Trump than her constituents wishes back in New Hampshire. I think that most people would rather just move on at this time, look forward to a smooth transition of power, and have congress take up more pressing issues like the coronavirus vaccine distribution and other domestic and international issues than trying to impeach a president that will no longer be in office in a week.

Loretta Guyett
Londonderry

Londonderry Times welcomes letters of up to 500 words on topics of local interest, and prints as many letters as possible. Please e-mail your letters to the Londonderry Times at londonderrytimes@nutpub.net. All letters must include the writer's name, address and phone number for verification if needed; name and town of residence will be printed. Londonderry Times reserves the right to reject or edit letters for content and length, and anonymous letters will not be printed.

NH Department of Education's Online High School Equivalency

The New Hampshire Department of Education announced today that residents interested in taking the high school equivalency exam are now able to register, pay and schedule their test online. This process previously involved a manual process. The HiSET eRegistration system will provide flexibility for test takers, including online payment and access to multiple testing sessions in different testing centers.

The HiSET, published by Educational Testing Service (ETS), is a nationally recognized high school equivalency exam

that has been used in New Hampshire since 2014. Successful completion of the exam leads to a High School Equivalency Certificate issued by the Department of Education and opens opportunities for graduates to enter into postsecondary education or training, enter into or advanced in their careers or join the military.

Testing admission is open to New Hampshire residents only who are 18 years or older without a high school diploma. A waiver is available for students under 18 who meet certain requirements and requires approval from the Bur-

eau of Adult Education. Those students must take the exam at an approved Test Center.

The HiSET Exam can be taken at an approved Test Center on paper or on the computer and At-Home Testing will be available as of January 18th for test candidates who are at least 18 years old.

Many employers, civic organizations, school districts and churches assist test takers with the cost of the exam by purchasing vouchers directly from ETS.

For more information, please visit www.education.nh.gov/adult-ed

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Cross Farm

Continued from page 1

they would also be doing well water testing.

Maynard also added that septic systems will

be required through the Home Owners Association every two years.

Finally, he said, the developer was working

with the town's consultant on Traffic studies and found that the connection to Adams Road should be left open.

Kim Hazarvartian spoke on the traffic studies out of Fallen Leaf Road onto Adams Road and said that the increase of 186 units would only bring volumes up by .52 percent in the morning hours. At the afternoon peak hours, the levels would be increased to .95 percent.

The town's third party traffic consultant agreed with the findings.

A total of 38 new residents of the Cross Farm Development submitted letters to be read into the record, and though some of the members acknowledged the letters, they were never read. It was stated that most of the letters spoke against installing a gate at the Adams

Road exit.

Planning Board member, Jake Butler, who lives and works on Adams Road, had prepared an extremely long dissertation on why he felt a gate needs to be installed where the development leads out to Adams Road. He acknowledged the letters that were written in the contrary, but still felt that future traffic problems will warrant the gate.

Member Ann Chitampa had a concern with the way the septic system language was written, and didn't feel a gate needed to be installed.

At that time, most of the members didn't feel a gate was needed, but Town Council chair, John Farrell, was listening to the meeting decided to join the discussion because the normal liai-

son Deb Paul, was absent. He agreed with Bulter on installing the gate.

Many of the abutters that called into the meeting still had concerns with their well water before and after blasting. They were also concerned with the septic system pumping and who would be monitoring the pumping.

The developer agreed to widen the area for well testing to up to 350 feet from the spot that is being blasted.

Originally it was set at 250 feet.

It was also noted that there is a \$2 million insurance bond that would cover any abutters that can prove a problem occurred from the blasting.

By the end of the meeting, the board voted 6-3 to have a condition added to the approval that would establish a fund to be held in escrow for the installation of a gate, if it were deemed to be needed.

OBITUARY

Tracey Suzanne (Swartz) Smith



After a valiant six-year battle against cancer, Tracey Suzanne (Swartz) Smith stepped into eternity and met her Lord and Savior, Jesus Christ, on Saturday, Jan. 9, 2021. Born to Joyce MacKinnon Swartz and Francis A. Swartz in Bangor, Maine on Jan. 17, 1958, Tracey graduated from Brewer High School and the University of Maine. She worshiped at Columbia Street Baptist Church in Bangor and confessed Christ as her savior early in life.

Moving to New Hampshire, Tracey worked as a medical laboratory technologist and made many wonderful friends as she and her husband, Randy Smith, moved to Virginia and then back to New Hampshire to settle finally in Londonderry.

Tracey was active many years in the Orchard Christian Fellowship in Londonderry. An exquisite flower gardener, she took great pride in her home.

Tracey is survived by the light of her life, her son Austin; her husband, Randy; brothers Brian Swartz (Susan) and Leslie Swartz (Lillian); nephews and nieces Chris (Jennifer), Amanda (Garner), Jared, and Shannon; great-niece, Emery; cousins Patty (John), Danno (Stacy), Patrick (Heather), and Barry (Pam); and step-son Matthew Smith; and his mother, Marge.

Her family expresses their heart-felt gratitude to the good friends and neighbors who loved Tracey and her family all these years and provided so much comfort and support: Kathy Deame (her dear friend of 40 years) and her husband Doug; Jessica; Linda; Karen; Celeste; Carol; Marilyn; Jeff and Abbie; and Doug and Tina.

Memorial arrangements will be announced at a later date.

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Car Travels 700 Feet Crashing Into Guardrail and Bridge

A woman was flown to a Boston hospital after colliding with a bridge on Interstate 93; state police say speed appears to be a factor.

New Hampshire State Police responded to a report of a single-vehicle crash Wednesday on Interstate 93.

The crash occurred around 8:15 a.m., just north of Exit 4 in the median. The first arriving trooper reported a single female occupant with a serious head injury. Londonderry firefighters responded to the scene and immediately requested a medical helicopter due to

the serious injuries.

Firefighters extricated the 48-year-old woman from the vehicle, she was the only occupant in the car.

DHART was initially requested to land on the highway but was diverted to land at Parkland Medical Center in Derry. Londonderry EMTs transported the woman to the helicopter landing at Parkland.

NH State Police Lt. Bryan Trask said the vehicle was traveling south on I-93 when, for unknown reasons, left the left side of the highway. Police say the vehicle traveled 700 feet before it came to rest

near the Northbound lane. The vehicle initially struck a guardrail traveling and striking the cement base of the bridge.

Trask said a trooper was in the area doing speed enforcement but was south of where the accident happened. He said the speed of people traveling became a problem with many vehicles traveling more than 80 mph on a regular basis. Trask said multiple people reported the car involved in the accident was traveling over 100 mph.

The vehicle had Massachusetts plates, however, the identity



A New Hampshire State Police officer examines a car involved in an accident near Exit 4. Photo by Frame of Mind Photography.

and address of the driver have not been released. State police are

investigating the accident.

The condition of the

driver is unknown, she was flown to a Boston hospital.

Going Green: Safe Disposal Tips During Moving Time

Selling your home or moving? Know how to safely dispose of household hazardous waste BEFORE you move.

Getting ready to move usually means cleaning out many items that you would rather not or cannot take with you. As you dig deeper into closets, the basement, and garage, these

items mount up – leftover paint, unused insect spray, gasoline for the lawnmower, pool chemicals, and more! Also, as a closing condition you may be required to remove all household hazardous wastes from your home.

Commercial disposal of household hazardous wastes can be extremely expensive. If not

removed from your home, the disposal costs may be deducted from the sale price of your home. In addition, your mover is not allowed to transport hazardous chemicals to your new home either.

Here's what to do:

- First, identify which items are hazardous household wastes.
- Set aside those products that you will

use up before you move or will personally transport to your new home.

- Ask the new resident, friends, or neighbors if they want any of the remaining products.
- Check with the Town on when the next household hazardous waste collection day will be held and arrange to take any remaining waste to the collection site.
- NEVER dispose of

any hazardous waste with your household solid waste.

- Do NOT dispose of any chemicals, petroleum products, or other hazardous wastes by flushing or pouring them down the drain, or onto the ground. It is against the law.

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- Explosive/Reactive: Detonate or explode by exposure to heat, sudden shock, or pressure.
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Get Back On The Wagon for the New Year of 2021

MELISSA BETH RUIZ
LONDONDERRY TIMES

Since 2020 was a difficult year, and 2021 has not shown much promise thus far. Much like we were advised to do all last year, it can be tempting to wash our hands of this year's resolutions in the name of stress relief and "self care." But giving up on our goals is not the answer to our problems.

Once the novelty of the new year fades, the resolution resolve might begin to fade along with it. The trick is to reframe these now daunting goals into more manageable goals.

The American Psychological Association recommends that people start small with their resolutions, so

that they may be easier to keep. So if your resolution was to work out every day of the week, and that goal has lost its attainability, perhaps it is best to reframe this resolution to working out every other day, or trying a more low-impact exercise at first.

Those who set out to meet or beat their resolutions solo might find that there is success in numbers this year, as the APA suggests creating an accountability system. Those struggling with their resolutions are encouraged to talk about them with family and friends, or consider joining a support group of some kind to keep on track with their goals. Once an audience is involved, a fire of sorts gets ignited

under the resolver's feet, and the resolution becomes more routine, and then eventually secondhand.

On the way to achieving the ultimate goal, whatever that may be from person to person, experts at Harvard Medical recommend making a big deal of all mini-milestones, literally sweating the small stuff, should their resolutions be fitness-based.

"Health changes are often incremental," reads an article from Harvard Medical. "Encourage yourself to keep at it by pausing to acknowledge success as you tick off small and big steps en route to a goal."

Furthermore, Harvard Medical recommends resolvers take

time to reflect on why it might not be a good idea to commit to a resolution, should previously unresolved hurdles stand in the way of productive undertakings.

Harvard Medical explains that those who find themselves too attached to old habits and routines, unhealthy emotional behaviors, or fixation with instant gratification might benefit from delaying in working towards a resolution until they can overcome these obstacles.

In that same vein, the APA stresses that there is no shame in asking for help.

"Accepting help from those who care about you and will listen strengthens your

resilience and ability to manage stress caused by your resolution," says the APA on the subject, further suggesting the help of a Psychologist if necessary. "They can offer strategies as to how to adjust your goals so that they are attainable, as well as help you change unhealthy behaviors and address emotional issues."

Harvard Medical urges folks to reframe the thought of failure into a step forward rather than a setback. Every time a sincere attempt is made towards a goal, whether or not it is successful, an opportunity is presented to figuring out what does and does not work towards achieving it.

Most importantly, the APA wants everyone to remember that "Perfection is unattainable." If this past year weren't proof positive, it is important to expect the unexpected, and realize that in life things won't always go according to plan. Ergo, it is best to learn to adapt and adjust to whatever comes our way, and give ourselves grace during bumps in the road.

2021 is still very young, and while measures are being taken nationwide to slowly but surely find our way back to business as usual, perhaps it is the perfect time for those sidetracked to get back on the horse. And for those still on track to rein it in for more sure success.

Eversource Incentives for Commercial Customers that Store COVID-19 Vaccines

In order to help commercial customers save money as COVID-19 vaccines continue to be distributed and stored at locations and facilities across the state, Eversource is expanding the number of ultra-cold freezer units that qualify for energy efficiency incentives. The energy company is now providing incentives for all ENERGY STAR-certified cold

storage products to commercial customers that are rapidly expanding their cold storage capacity to distribute the Pfizer and Moderna vaccines, which must be kept at sub-zero temperatures.

Whether customers have already purchased cold storage or are planning to do so, Eversource's newly broadened incentives will make it more affordable

for customers to purchase energy efficient models, which have lower carbon emissions and help customers save on operating costs.

The historic effort to develop and distribute the COVID-19 vaccines has relied on the collaboration of countless partners, and were proud to play a small role in supporting this effort, said Eversource

Vice President of Energy Efficiency Tilak Subrahmanian. Some of our commercial customers are focused on scaling up their cold storage as quickly as possible, and were here to make it easier and more affordable for them to do so with energy efficient models that keep the vaccines safe while keeping our communities on track to meet

carbon reduction goals. Products that qualify for the incentives include all ENERGY STAR certified models including more than 90 models from leading manufacturers such as Thermo Fisher Scientific, PHC Corporation of America, Stirling Ultracold and Eppendorf. There are two incentive levels available depending on facility type: \$1,500 per

unit for labs and medical facilities and \$1,200 per unit for all other facility types.

A full list of ENERGY STAR certified cold storage can be found at Energystar.gov. Eversource customers interested in receiving incentives for cold storage can contact ColdStorage@Eversource.com.



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Ovation Theater Company Prepares Online for New Production

JOCELYN DEMAS
SUBMISSION

Ovation Theatre Company has been quiet for the last several months, but that is no longer the case. With virtual auditions held in December and Zoom rehearsals almost every day since.

Ovation is preparing to present two productions at the end of this month, directed by Tim Gore of Londonderry and Garrett Olsen of Manchester. They are "10 Ways to Survive Life in a Quarantine" and "The Audition."

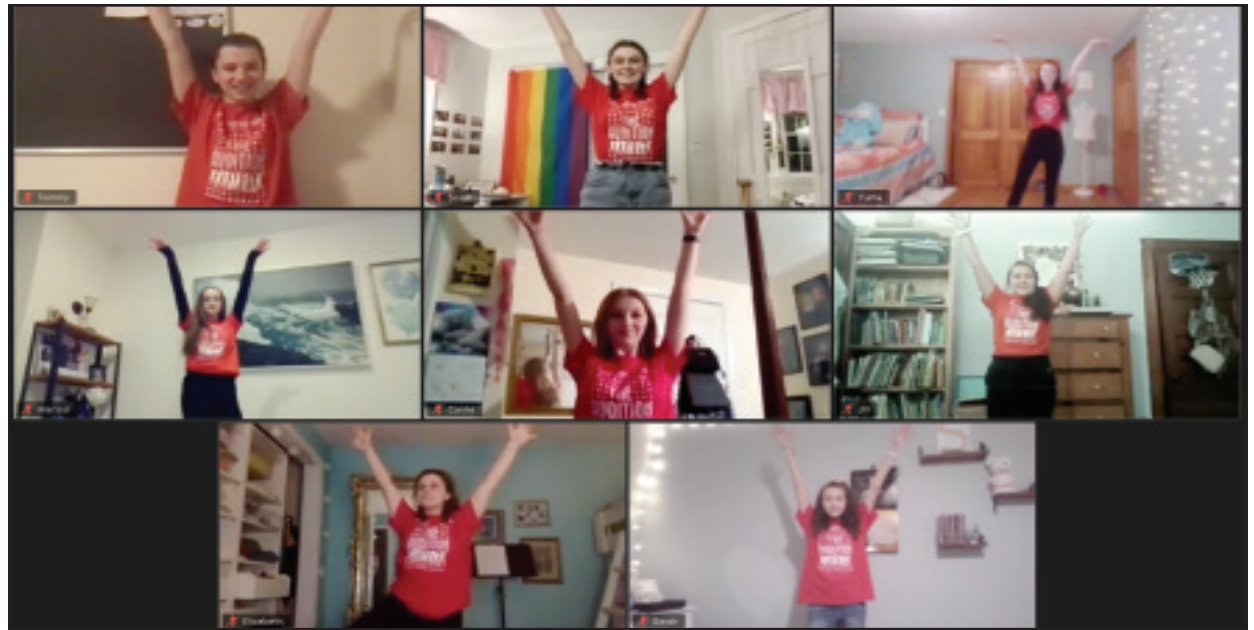
Gore has previously directed for Ovation and Kids Coop Theatre. He is home for an extended break from his studies at Williams College, where he stage managed a series of radio plays. That experience, plus the availability of plays written specifically for virtual productions, inspired him to recruit and cast two

shows - for two different age groups of actors.

Olsen is home from his studies at UMass Amherst and has previously directed at The Founders Academy in Manchester, where he also studied virtual productions.

Gore is directing "10 Ways to Survive Life in a Quarantine" and Olsen and Gore are co-directing "The Audition." Both scripts come from the creative talents of playwright Don Zolidis.

"10 Ways to Survive Life in a Quarantine" catalogs the adventures of students challenged to keep themselves occupied while quarantined. It's full of handy solutions, from putting on a musical with your dog, to becoming an announcer for a made-up sport, to falling in love with an inanimate object. "Handy" solutions obviously may also be strange ones. From origami to squirrel observation, this new play is



sure to bring a laugh to anyone who finds themselves indoors.

The cast features Alaina Anthony, Connor Burns, Meg Carroll, Sam Craigie, Grace McElroy, Malia Smith and Dylan Torre-Moody from Londonderry, Mabel Backman from Hampstead and Julia Black, Charlotte Blaustein, Catie Gorecki,

Avery Kinney and Rileigh Roux from Andover, Mass.

The Audition chronicles a new theater teacher bringing a production of A Chorus Line to her high school. Though the hopefuls range from shy to outrageous, and from diva-like to determined, everyone has a chance to step into the spotlight. Join this talented cast for a hilarious and heartbreaking look at the madness of auditioning and the actors who brave the process for that perfect part.

The cast features Av-enley Allen, Betsy Brown, Michaela Horan, Hanna Carroll and Genevieve Martin of Londonderry, Tony Gallo of Derry, Avery Barcellos, Madison Campbell, Madison Finocchiaro and Abigail Parnell of Hampstead, Ryan Kaplan of Windham, Cecilia Lomanno of Hooksett, Cailean Anderson of Hudson, Julia Dowd of Amherst and Evelyn Dugan of Concord.

Both shows will be presented live via Zoom Friday, Jan. 29 and Satur-

day, Jan. 30.

Show times for "10 Ways to Survive Life in a Quarantine" are Friday at 6 p.m. and Saturday at 1 p.m. Show times for "The Audition" are Friday and Saturday at 7:30 p.m. Tickets are \$10 for each show and can be purchased at OvationTC.com.

Ovation Theatre Company is looking forward to more for 2021, including summer and fall productions and a summer camp. Look for announcements of future events at OvationTC.com.



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LONDONDERRY SPORTS

LHS Boys Hoops Team Starts Season with a Big Win



CHRIS PAUL
LONDONDERRY TIMES

As the Division I sports season begins play in the 2021 COVID Era, the Londonderry High School Boys' Varsity Basketball team had a very promising start as they hosted the Timberlane Owls on Friday night, Jan. 15, and defeated them with a final score of 59-50.

Unfortunately, due to the COVID-19 Pandemic the games will look quite different this season. Only home fans are allowed to attend the games, and those will be limited to just family, all players will also be wearing masks in the game.

Despite the difference, the Londonderry Lancer hoops squad had 15 players suited up for the opening night contest, many of which had their share of playing

time. The 2021 Lancer squad was hoping to erase the 2020 season finish from the memories, a season where they they finished 4-14.

The game was fast-paced and high-energy from both sides of the court, and the LHS squad was very consistent on scoring throughout each quarter.

In the first quarter, the Lancers outscored the Owls 16-12, and had a 33-24 lead as they headed off the court for halftime.

In the third quarter, the LHS offense dipped a bit, but still had a commanding 44-38 lead heading into the final quarter.

In that quarter, the Lancers had no trouble maintaining their lead over the Owls and finished that period by outscoring their opponents 15-12 for the final 59-50 tally.

Senior guard Jackson Cox led the team in scoring that night with 15 points. Freshman Guard, Tyler Brown, stepped up in his first year on the team with 11 points, nine of those points came by way of three-pointers.

Sophomore Guard Kevin Rourke added eight points to the team total while seniors Brian Gould and Nick Pao both added six points.

Tyler Miles and Mike

Rosatano got four points each in the game.

After the game, head coach Nate Stanton commented on the win, "I was happy to just be out here, and I got everyone in the game. The guys showed a lot of energy and I'm proud of them."

He added that they're hungry this year, despite the shorter season of just 13 games. The Lancers will only be playing six teams total this year, not including playoff games.

The team's next game will certainly be a test, as they will face the number one Division I Bishop Guertin squad at home on Tuesday, Jan. 19.

Senior guard Jackson Cox led the team in scoring in the Lancers home opener last week against Timberlane. Photo by Chris Paul

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Young LHS Girls Hoops Squad Gets Winded in Season Opener

CHRIS PAUL
LONDONDERRY TIMES

As the Division I sports season begins play in the 2021 COVID Era, the Londonderry High School Girls' Varsity Basketball team came out of the gates strong but tired after the half when they hosted the Windham High School Jaguars on Saturday afternoon, Jan. 16, and suffered an opening game 44-30 defeat.

Unfortunately, due to the COVID-19 Pandemic the games will be played much differently this season, only home fans are allowed to attend the games, and those will be limited to just family and

all players will also be wearing masks throughout the game.

The Lady Lancers' 2020 season ended abruptly last year when they made it all the way to the semi-finals, but had to settle for a shared second-place finish in the NHIAA Division I Championship Tournament.

The Londonderry girls lost a significant amount of key players to graduation last year, and suited up ten girls in their season opener.

The Windham team suited up 13 girls for the game, which added to their ability to outpace the home team in the

second half.

The Lady Lancer squad started strong, matching their opponents score 10-10 in the first quarter.

The second period looked even more promising, as they were able to take 19-15 lead into the locker room after the first half horn sounded.

Unfortunately, for Londonderry, about halfway through the third quarter their defense wore down, giving the Lady Jags a slim 29-28 leads heading into the final quarter.

In that quarter, their defensive woes continued and their offensive

game slowed significantly, giving the Windham squad the season-opening 44-30 win.

Lancer Senior Ashley Schmitt was the squad leader in points with 10.

Jordan Furlong finished the game with eight points, while Ashley Rourke had a slow start with only seven points. Katherine Marshall contributed four points in the game.

The Lady Lancers season only got tougher on Tuesday, Jan. 19, as they traveled to Nashua to face Bishop Guertin, who have won the last five DI titles. The game took place after the papers went to press.



Lady Lancer senior, Ashley Schmitt, lead the team with 10 points in season opener at home on Saturday. Photo by Chris Paul

Lancer Hockey Starts Season with Tough Loss to Cardinals

CHRIS PAUL
LONDONDERRY TIMES

The Londonderry High School Varsity Ice Hockey team started its season with a home game against Bishop Guertin on Monday morning, and despite a strong comeback effort in the third period, lost to the Cardinals 4-2.

This year's team has a new leader, as Mike Bears takes over as Head Coach to start the 2021 season. Bears is assisted by his dad Paul Bears, Jim Cotter, Lucas Poulin and Goalie Coach

Dave Anstey.

The games will be quite different this year, with far fewer spectators and far less crowd participation due to the COVID-19 Pandemic guidelines handed out by the NHIAA.

In the Monday morning contest, the Bishop Guertin Cardinals took the early lead with a goal in the first period at the four-minute mark. That goal was scored during a BG power play.

The Lancers had a power play of their own to end the first period,

but could not capitalize on it.

In the second period, the Card's got their second goal of the game at the 12-minute mark, leaving the Lancer at a 2-0 deficit heading into the final period.

It only took 30 seconds to open the third period before Senior Captain Zach Rheault surprised the BG goalie with goal from outside the blue line. Rheault's slap shot was an unassisted first goal of the season for the team.

Sophomore forward,

Sam Neville, tied the game at 2-2 with another unassisted goal, this one from inside the blue line. The goal came with seven minutes left on the clock.

Just 20 seconds later, BG went ahead for good with their third goal of the game.

They added an insurance goal as the game came to a close.

Junior Goalie, Mike Anstey, made a total of 41 saves in the opening day effort.

In the Lancers next two games they will face BG again, this time on the road, Saturday, Jan. 23, three days later they will play Salem High School at home.

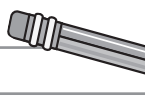


Lancer forward, Sam Neville tied the game at two in the third period during Monday's game against BG. Photo by Chris Paul

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Lancer Swim Team Hosts First Meet of the Winter Season

CHRIS PAUL
LONDONDERRY TIMES

The Londonderry High School Swim Team got its winter season off start by host Duel Meets against three other high schools at the Workout Club in Londonderry on Friday night, Jan. 15. The team competed against Oyster River High School, St. Thomas Aquinas High School and Coe Brown Northwood Academy.

Due to the COVID-19 restrictions this year, participation was cut way down and very few spectators were allowed into the facility.

As a team, the Lancers faired well that night. The Londonderry boys outscored St. Thomas Aquinas 90-29. Against Oyster River, Londonderry won 82 - 69. LHS also beat Coe Brown Northwood Academy by a score of 94-17.

The Londonderry girls also had success, outscoring St. Thomas Aquinas High School 114-23, edging out Oyster River 81-71, and beating Coe Brown Northwood Academy 119-8.

As far as individual successes, the Lancer team had a number of



Lancer swimmer Katie Witkop won the 100-Yard Butterfly and the 200-Yard freestyle race.



Brandon White took the 50-Yard Freestyle and the 100-Yard Backstroke. Photos by Chris Paul

impressive swimmers placing in top spots.

In the Girls 200-Yard Medley Relay the LHS team Elizabeth Allen, Maggie Edwards, Katie Witkop, and Lexi Apholz, had a time of 2:03.46 came in first.

The LHS team of Riley Walter, Lauren Fontaine, Ashleigh Leone, and Caitlyn Bailey, took third with time of 3:02.81.

In the Boys 200-Yard Medley Relay the LHS team of Kevin Moscat, Sean Bailey, Reed Erdtmann, and Brandon White finished first at 1:50.54.

In the Girls 200-Yard Freestyle Katie Witkop,

finished first (2:05.70) and Isabella McKnight, took fourth (2:26.29).

Boys 200-Yard Freestyle: Reed Erdtmann, took second (2:05.41); Theodore McKnight, was third (2:21.76); and Connor McKinnon was fourth (2:23.07).

Girls 200-Yard Individual Medley: Elizabeth Allen finished third (2:45.18); Caitlyn Bailey was fourth (3:27.20).

Boys 200-Yard Individual Medley: Sean Bailey finished third (2:16.68).

Girls 50-Yard Freestyle: Maggie Edwards took second (26.65); fifth went to Lexi Apholz, (29.25)

Boys 50-Yard Freestyle: First place went to Brandon White (23.33).

Girls 100-Yard Butterfly: First place went to Katie Witkop, (1:02.15) and third went to Ashleigh Leone (1:22.93)

Boys 100-Yard Butterfly: Slate Branson was second (1:06.84) and Hunter Turek was fourth (1:12.59).

Girls 100-Yard Freestyle: Lexi Apholz took third (1:06.18).

Boys 100-Yard Freestyle: Kevin Moscat placed first (57.93) and Connor McKinnon was third (1:04.35).

Girls 500-Yard Freestyle: Isabella McKnight won (6:40.94).

Boys 500-Yard Freestyle: Slate Branson came in third (6:14.16) and Theodore McKnight was fourth (6:38.73).

Girls 200-Yard Freestyle Relay: The team of Isabella McKnight, Lauren Fontaine, Caden Thomas and Caitlyn Bailey were second (2:13.70).

Boys 200-Yard Freestyle Relay: First went to the team of Connor McKinnon, Hunter Turek, Theodore McKnight and Slate Branson, (1:52.69).

Girls 100-Yard Backstroke: Winner was Elizabeth Allen (1:09.73).

Boys 100-Yard Backstroke: Winner was Brandon White (1:00.17) and

Kevin Moscat, fifth, (1:08.92).

Girls 100-Yard Breaststroke: Maggie Edwards was first (1:17.79) and Lauren Fontaine was fourth (2:11.87).

Boys 100-Yard Breaststroke: Sean Bailey was the top finisher at fifth (1:22.88).

Girls 400-Yard Freestyle Relay: First place went to Witkop, Allen, Apholz and Edwards, Maggie (4:12.28). Fourth went to Leone, Walter, Thomas and McKnight (5:10.68) Boys 400-Yard Freestyle Relay: Winners were Branson, Turek, McKnight and McKinnon (4:10.98).

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AROUND TOWN

Around Town Policy: This section is meant to be used to announce free events to the communities. If your group is receiving money for what they are publicizing, there will be a charge of \$40/week per paper. All Around Town/Calendar Items will be held to 100 words maximum. All free announcements in the Around Town/Calendar section can run a maximum of three weeks. Deadline for submissions is Monday at 5 p.m. Please send items to londonderrytimes@nutpub.net.

Republicans Meeting

Londonderry Republicans will meet on Thursday, Jan. 21, from 7 - 8:30 p.m. at 78 Litchfield Rd., Londonderry. Come and let's talk politics. NH State Representatives will discuss 2020 GOP election issues and actions. Floor nominations and election of Committee's biennial chairperson will be held. A quorum of members in good standing is required to certify the election.

LEEP Applications

Londonderry Early Education Program (LEEP) is Now accepting applications for the 2021-2022 school year! Are you considering preschool for your child? If your child turned 3 by Sept. 1st and is a Londonderry resident, consider enrolling your child in the Londonderry Early Education Program (LEEP) preschool program. We are a developmentally appropriate preschool that is respectful of the talents and needs of individual children. Our teachers are all certified educators and the program is provided by the Londonderry School Dis-

trict. Programs for three-year old preschoolers meet from 8:25 - 10:55 a.m., either 2 or 4 days per week and our program for our prekindergarten students meet from noon - 2:30 p.m., either 3 or 4 days per week. Tuition rates are: Preschool: \$150 per month for a 2 day per week program and \$200 a month for a 4 day per week program. Prekindergarten: \$180 per month for a 3 day per week program and \$200 a month for a 4 day per week program. Applications are available online on the Moose Hill School website. We also have our LEEP Handbook available online on the Moose Hill School website if you'd like additional information on the program. For more information, contact Dee Fosmire at 437-5855 ext. 7223. Please email Dee Fosmire at dfosmire@londonderry.org or Kim Speers at kspeers@londonderry.org.

Free Parenting Workshops

View these free parenting workshops at your own pace hosted by the Upper Room at www.urteachers.org/workshops-on-demand. Dealing with

Challenging Behaviors in Children - The Importance of Routines and Consistency for your Child.

Childrens Program

On Monday, Jan. 25, at 10 a.m., a virtual children's program will be available on the Leach Library Facebook page. Join Miss Jennifer for some friendship fun! She will share a craft, a song, some fun facts, and her favorite friendship picture books. To pick up a coloring page or reserve any of the featured books, call the library at 432-1132. Please check the library's Facebook page on Monday, Jan. 25 for the link. To access the library's Facebook page, visit the Leach Library website at www.londonderry.org/leach-library then select the "Facebook" link from the blue menu on the left side of the page.

Online Story & Craft

Looking for something fun for the kids? Connect Online Story & Craft Session for Parents and their children up to age 6 with the Upper Room. Free Live on Zoom. Join us on Zoom for live interactive songs and children's stories fol-

lowed by a craft lesson, that is easy and fun to do with your child at home. Zoom link to join: bit.ly/connectstorytimezoom. craft supplies at bit.ly/connectstorytime or email skoza@URteacher.org.

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Free LIVE on Zoom on Tuesdays from 3 - 4 p.m., for teens 13-18 to talk, support each other, and be heard. No preregistration necessary. Zoom link to join: bit.ly/tipstotics

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Vaping and Your Health

A Vaping and Your Health Teen Workshop will be held on demand. Workshops are held on the first Tuesday of the month and online options are also available. Call (603) 437-8477 x117 to register and get more information.

Covid-19 Relief Fund

To apply for financial assistance, call Community Health Services at (603) 425-2545. For holiday gifts, food and other types of assistance, call The Upper Room at (603) 437-8477 x 110.

Legion Meals

Every Sunday Post 27 is serving food prepared by members during the 1 p.m., football game. Legionnaires eat for free and there is \$5 donation for everyone else. Please wear a mask when entering and moving around within the Post. The bartender will ask for your cell number as part of our contact tracing. Located at 6 Sargent Rd., Londonderry (behind the fire station on Mammoth Rd.)

COVID-19 Response Help Needed

The South Central NH Medical Reserve Corps (MRC) is recruiting medical and non-medical volunteers to help with the COVID-19 Response in the region. Are you a practicing or retired medical professional or a concerned local citizen (with or without medical expertise),

and interested in assisting your community during an emergency? The MRC provides communities with medical and nonmedical volunteers trained to assist in the event of public health emergencies. Volunteers may be called to assist during emergencies, such as the COVID-19 response. Activities may include but not limited to greeting, registration, and vaccine administration. Free training will be available within your scope of practice. For more information, please reach out to Kate MacDonald at katemacdonald@catsnh.org or 603-505-7216.

Toys for Tots

It's safe to say 2020 has been a tough year for everyone. Kids and parents more than ever could use a little extra "Merry" in their Christmas this year and we're hoping to help bring bright smiles to their faces this Holiday Season! Derry PD will be participating in the Marine Corps Reserve Toys For Tots Campaign for the 2020 season. Please drop off new, unwrapped, nonviolent toys to the main lobby of the station.

TIPS Zoom

Are you a young parent? The Upper Rooms Teen Information for Parenting Success (TIPS) will hold Zoom meetings on Wednesdays from 5 - 6 p.m. Support and resources for young parents (up to age 24) and their children. Zoom meeting link: bit.ly/tipstotics

Parent & Caregiver Café

Parent & Caregiver Café Remote meetings are open to those raising teens. Thursdays from 6 - 7:30 p.m. To access, visit: us04web.zoom.us/j/302497889 Meeting ID: 302 497 889 (no password needed) Contact: Seren Elizabeth at selizabeth@urteachers.org No preregistration needed.

Caregiver Resource Line

Have parenting questions? Upper Room offers Parent & caregiver resource line, call (603) 437-8477 ext. 26. Call with your name and contact number, and a trained professional will return your call within 24 hours. If you are having an emer-

gency, please call 911.

Raising another's child?

Are you parenting a second time around? Attend the Grandparent and Relative Caregiver Support Group. Join this free weekly meeting for resources, discussions and support for those raising another person's child. No preregistration needed. Tuesdays 6 - 7:30 p.m. Meeting in person at the YMCA-Londonderry. Contact: Seren Elizabeth at selizabeth@urteachers.org. Grandparent PASTA Groups are brought to you by NH Children's Trust, the YMCA of Greater Londonderry, the Southern Rockingham Coalition for Healthy Youth (SoRock) and The Upper Room.

Feeling Overwhelmed?

The Upper Room is offering supportive online counseling schedule a free one-on-one supportive counseling session. Email Seren at selizabeth@urteachers.org.

Evolve!

A group for young woman ages 13 to 18 to talk about today's challenges meets every Wednesday from 5:30 - 6:30 p.m. at the Upper Room, 36 Tsienneto, Road, Derry. This is a free weekly group. To register, Call 437-8477 to register ext. 16.

Presbyterian Church

The Walking Together Group and the Walk With Me Group will be meeting together via zoom 7 p.m. every Tuesday, via computer or telephone. This is a support group for anyone who has lost a spouse, a family member or a friend. For information, contact: 781-866-9976 or jrkldias@aol.com

St. Jude Food Pantry

St. Jude's Food Pantry is open to all Londonderry resident who maybe in need. Call Kay at 434-1827 to make an appointment to pickup your food from the panty. "We are there for the people and want to help them."

Raising a Teenager?

Parent & Caregiver Café (PaCC) Group. These meetings are a wonderful

Continued on page 13



Meet River! This beautiful Georgia girl is a lab mix, about 2-3 years old and loves spending time with others! Whether it's going for a jog or cuddling on the couch, she is right there with you. But as much as she loves her young and old human friends, she's a little pickier when it comes to her fellow canines. Because of this, we'd like to see her go to a home with no other dogs or a calm one. She hasn't been around any cats yet, so we're unsure how she is around them. River's foster describes her as super cute, loving and the perfect addition to the right family.

If you'd like to be River's forever home, please visit The Greater Derry Humane Society website to fill out an application.

The Greater Derry Humane Society, Inc. rescues animals and places them in permanent loving homes. We do not maintain a shelter; all of our rescued animals are kept in foster homes until we can place them. We have a no-kill policy. Volunteer only/All foster home based nonprofit.

Feel free to contact us about fostering, donating or adopting at (603) 434-1512 or contact@derryhumanesociety.com

Around Town

Continued from page 12

resource for parents and caregivers raising teens. Discuss your concerns and learn new parenting strategies. New topics are introduced weekly including anger management,

drug and alcohol abuse, communication and setting boundaries. No pre-registration needed. Thursday 6 - 7:30 p.m. Free live on Zoom. Link to Join: <https://us04web.zoom.us/j/302497889>. Contact: Seren Elizabeth at selizab@urteachers.org

CART Transitions to Essential Trips only

In an effort to keep drivers and the ridership of CART safe and healthy during the COVID-19 pandemic, CART will transition to essential only. CART will communicate with all passengers who have current

trips scheduled and make adjustments where appropriate. Essential travel will include medically necessary trips (dialysis, pharmacy, etc.) as well as trips to the grocery store. CART will work with passengers to accommodate the essential trips and will work on timing to be as

flexible as possible. Service will remain available to all towns, 5 days a week. Any questions, concerns or comments should be directed to mwhitten@mtabus.org or phone CART at 603-792-5151. CART looks forward to restoring regular service levels as soon as this crisis passes.

Young Adult Programs

On Fridays 11 - 11:30 a.m., facilitated by The Upper Room, weekly free remote support programs are available. To access: Contact Beth O'Connell at eoconnell@URteachers.org or follow the Young Adults

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Londonderry Police Log

Selections from the Londonderry Police Logs

Monday - Jan. 11 7:18 a.m. Motor Vehicle Stop leads to an arrest on Stonehenge Road at Route 93 at Overpass. Three officers charge Justin Pamperin, 37, of Nashua with Driving After

a Revoked/Suspended License; and License Required (Operation without a Valid License). **9:25 a.m.** Warrant Served and arrest made on Highview Terrace. Derek Wyman, 28, of Rochester

charged with Theft By Unauthorized Taking of over \$1,501.

11:56 a.m. Larceny/Forgery/Fraud investigated at Market Basket on Michels Way.

Continued on page 15

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NH Department of Education Announces Free Student Tutoring

The New Hampshire Department of Education announced a first in the nation program partnership with Sal Khan and Schoolhouse.world that will provide free tutoring to New Hampshire high school students. Schoolhouse.world is a platform that connects people around the world to have free, small-group tutoring sessions. It currently offers tutoring in high school math and SAT prep, with the aim of expanding across more

ages and topics.

In the midst of COVID-19, the opportunity to access personalized help and dig deep into problems has been the central struggle faced by teachers, parents and students during remote and hybrid learning at-home. It is this sense of urgency that prompted Sal Khan, founder of the Khan Academy, to find a solution by partnering with his college friend, Shishir Mehrotra, cofounder and CEO of Coda. Together, with a

handful of volunteers, they created schoolhouse.world.

"We are thrilled that New Hampshire could become the inaugural launch state for this incredibly important platform," said Frank Edelblut, NH commissioner of education. "Sal Khan is a legend in education, known mostly for the Khan Academy, which supports over 100 million students around the world. Now New Hampshire students will have access to this live sup-

port and the ability to mentor other students. It is a timely solution that addresses so many needs."

"Partnering with New Hampshire was an easy decision," said Sal Khan. "From the first conversation, they saw the value that Schoolhouse.world could bring to the students of the state. The commissioner stayed focused on the project and his department was able to move quickly to help us inform New Hampshire families that we're

ready to provide this needed assistance at such a critical time.

Over the holiday break, the department placed social media ads to let families know that the service was coming and over 300 signed up to receive information about the launch.

Schoolhouse.world first opened its virtual doors to tutors and students from the public in early 2020 through a prototype site built in Coda. People from all over the world volunteered to tutor sessions, including

high school students, teachers, professionals and PhDs. Since then, the Schoolhouse.world team has run over 1,100 tutoring sessions with students from more than 40 countries, while working to develop scalable systems to monitor sessions and train new tutors.

Students interested in receiving tutoring support and both students and adults wanting to volunteer to support others can go to the website for additional information.

Police Log

Continued from page 14

3:37 p.m. Weapons Offenses investigated on Wiley Hill Road.

8:40 p.m. Services rendered for a structure fire on High Range Road.

Tuesday - Jan. 12

6:19 a.m. Suspicious Activity investigated at Manchester Boston Regional Airport.

10:24 a.m. Suspicious Activity investigated on Haywood Road.

11:25 a.m. Criminal Threatening investigated at Sanborn Crossing on Sanborn Road.

12 p.m. Criminal Mischief investigated on Industrial Drive.

1:10 p.m. Assisted the Londonderry Fire Department with transportation to a hospital from Michels Way at Pillsbury Road.

2:59 p.m. Suspicious Activity investigated on Olde

Country Village Road.

8:04 p.m. Complaint investigated on Capitol Hill Drive.

11:23 p.m. Motor Vehicle Stop leads a Citation Issued on Nashua Road at Gilcreast Road. Three officers assist with charging Daemon Barrett, 19, of Northfield, NH with Reckless Operation.

Wednesday - Jan. 13

5:06 a.m. Assisted the New Hampshire State Police with services on Route 93 at Exit 5 Southbound Off Ramp.

6:06 a.m. Assisted the Londonderry Fire Department with Services on Loop Road.

9:22 a.m. Services rendered for Larceny/Forgery/Fraud on Buttrick Road at In Bloom Health.

9:42 a.m. Services rendered for Larceny/Forgery/Fraud at MacGregor Cut Apartments on Stonehenge Road.

9:52 a.m. Services ren-

dered for Larceny/Forgery/Fraud on Cote Lane.

11:18 a.m. Welfare Check performed by three officers at Londonderry Pediatrics on Buttrick Road.

6:28 p.m. Assisted the Londonderry Fire Department with transportation to a hospital from Sawgrass Circle.

7:41 p.m. Domestic Disturbance investigated by four officers at MacGregor Cut Apartments on Stonehenge Road.

11:24 p.m. Suspicious Activity investigated by four officers on Old Coach Road.

Thursday - Jan. 14

11:48 a.m. Assisted the Londonderry Fire Department with the transportation to a hospital from Justin Circle.

3:16 p.m. Services rendered for Wires Down on Bartley Hill Road.

7:25 p.m. Disturbance Investigated by three officers at Londonderry

Police Department.

Friday - Jan. 15

8:29 a.m. Warrant Served and Arrest made on Union Street, Manchester. Richard Herbst, 54, of Manchester charged with Willful Concealment, Theft.

8:56 a.m. Assisted another Police Department with services on Wind-ing Pond Road.

10:52 a.m. Services rendered for Larceny/Forgery/Fraud on Ricker Avenue.

1:43 p.m. Services rendered in Keeping the Peace on Kimball Road.

1:50 p.m. Suspicious Activity investigated on Commons Drive at Salerno Protective Services

2:30 p.m. Motor Vehicle Accident Investigated by five officers on Rockingham Road at Exit 5.

9:03 p.m. Four officers assisted another Police Department with services at Manchester Boston Regional Airport.

10:05 p.m. Domestic Disturbance investigated on Devonshire Lane.

10:21 p.m. Services rendered for a Structure Fire on Hawthorne Road.

Saturday - Jan. 16

12:08 a.m. Suspicious Activity results in person taken/referred to another agency from Homewood Suites on Perimeter Road.

1:13 a.m. Domestic Disturbance investigated by four officers on Devonshire Lane.

9:56 a.m. Auto Theft investigated at Manchester Boston Regional Airport.

Sunday - Jan. 17

2:11 a.m. Three officers respond to a Disturbance on Boyd Road. Person taken to Family/Guardian/Other.

1:31 p.m. Services rendered for a Suicide Attempt/Threat on Sandstone Circle.

4:07 p.m. Suspicious Activity reported, Building Checked/Secured on Hardy Road.

4:24 p.m. Services Rendered by five officers for a Sudden Death on Mammoth Road.

10:47 p.m. Shooting Complaint investigated on Rockingham Road.

Around Town

Continued from page 13

Strong Facebook page.

Food Pantry

Contact-free pick up at the Upper Room, 36 Tsienneto Rd., Derry is available on Mondays from 11 a.m. - 1 p.m. (back entrance), Thursdays 3 - 4 p.m. and by appointment (front

entrance).

Raising children ages 0-12?

Upper Room offers Parent & caregiver workshops on Wednesdays, from 6 - 7 p.m. Free live on Zoom, facilitated by The Upper Room. Tune into this new series for weekly workshops offering families information, discussion and support.

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TOWN OF LONDONDERRY and the LONDONDERRY SCHOOL DISTRICT NOTICE OF DELIBERATIVE SESSIONS

The Town of Londonderry and the Londonderry School District will be conducting their Deliberative Sessions. The following are the details:

- The 2021 Deliberative Session of the Londonderry School District shall be held on Friday, February 5, 2021, beginning at 7:00PM in the Londonderry High School Gymnasium. All warrant articles shall be acted upon at that time for placement on the School District Official Ballot.

- The 2021 Deliberative Session of the Londonderry Budgetary Town Meeting shall be held on Saturday, February 6, 2021, beginning at 9:00AM at the Londonderry High School Gymnasium. All warrant articles shall be acted upon at that time for placement on the Town Meeting Official Ballot.

Voting for all town and school officials and all Official Ballot Warrant Articles shall take place on Tuesday, March 9, 2021, between 6:00AM and 8:00PM at the Londonderry High School Gymnasium. **Please note that with the current health crisis, social distancing guidelines will be observed at both meetings. Wearing a mask will be required.**

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LONDONDERRY SPORTS

LHS Boys Hoops Team Starts Season with a Big Win



CHRIS PAUL
LONDONDERRY TIMES

As the Division I sports season begins play in the 2021 COVID Era, the Londonderry High School Boys' Varsity Basketball team had a very promising start as they hosted the Timberlane Owls on Friday night, Jan. 15, and defeated them with a final score of 59-50.

Unfortunately, due to the COVID-19 Pandemic the games will look quite different this season. Only home fans are allowed to attend the games, and those will be limited to just family, all players will also be wearing masks in the game.

Despite the difference, the Londonderry Lancer hoops squad had 15 players suited up for the opening night contest, many of which had their share of playing

time. The 2021 Lancer squad was hoping to erase the 2020 season finish from the memories, a season where they they finished 4-14.

The game was fast-paced and high-energy from both sides of the court, and the LHS squad was very consistent on scoring throughout each quarter.

In the first quarter, the Lancers outscored the Owls 16-12, and had a 33-24 lead as they headed off the court for halftime.

In the third quarter, the LHS offense dipped a bit, but still had a commanding 44-38 lead heading into the final quarter.

In that quarter, the Lancers had no trouble maintaining their lead over the Owls and finished that period by outscoring their opponents 15-12 for the final 59-50 tally.

Senior guard Jackson Cox led the team in scoring that night with 15 points. Freshman Guard, Tyler Brown, stepped up in his first year on the team with 11 points, nine of those points came by way of three-pointers.

Sophomore Guard Kevin Rourke added eight points to the team total while seniors Brian Gould and Nick Pao both added six points.

Tyler Miles and Mike

Rosatano got four points each in the game.

After the game, head coach Nate Stanton commented on the win, "I was happy to just be out here, and I got everyone in the game. The guys showed a lot of energy and I'm proud of them."

He added that they're hungry this year, despite the shorter season of just 13 games. The Lancers will only be playing six teams total this year, not including playoff games.

The team's next game will certainly be a test, as they will face the number one Division I Bishop Guertin squad at home on Tuesday, Jan. 19.

Senior guard Jackson Cox led the team in scoring in the Lancers home opener last week against Timberlane. Photo by Chris Paul

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Young LHS Girls Hoops Squad Gets Winded in Season Opener

CHRIS PAUL
LONDONDERRY TIMES

As the Division I sports season begins play in the 2021 COVID Era, the Londonderry High School Girls' Varsity Basketball team came out of the gates strong but tired after the half when they hosted the Windham High School Jaguars on Saturday afternoon, Jan. 16, and suffered an opening game 44-30 defeat.

Unfortunately, due to the COVID-19 Pandemic the games will be played much differently this season, only home fans are allowed to attend the games, and those will be limited to just family and

all players will also be wearing masks throughout the game.

The Lady Lancers' 2020 season ended abruptly last year when they made it all the way to the semi-finals, but had to settle for a shared second-place finish in the NHIAA Division I Championship Tournament.

The Londonderry girls lost a significant amount of key players to graduation last year, and suited up ten girls in their season opener.

The Windham team suited up 13 girls for the game, which added to their ability to outpace the home team in the

second half.

The Lady Lancer squad started strong, matching their opponents score 10-10 in the first quarter.

The second period looked even more promising, as they were able to take 19-15 lead into the locker room after the first half horn sounded.

Unfortunately, for Londonderry, about halfway through the third quarter their defense wore down, giving the Lady Jags a slim 29-28 leads heading into the final quarter.

In that quarter, their defensive woes continued and their offensive

game slowed significantly, giving the Windham squad the season-opening 44-30 win.

Lancer Senior Ashley Schmitt was the squad leader in points with 10.

Jordan Furlong finished the game with eight points, while Ashley Rourke had a slow start with only seven points. Katherine Marshall contributed four points in the game.

The Lady Lancers season only got tougher on Tuesday, Jan. 19, as they traveled to Nashua to face Bishop Guertin, who have won the last five DI titles. The game took place after the papers went to press.



Lady Lancer senior, Ashley Schmitt, lead the team with 10 points in season opener at home on Saturday. Photo by Chris Paul

Lancer Hockey Starts Season with Tough Loss to Cardinals

CHRIS PAUL
LONDONDERRY TIMES

The Londonderry High School Varsity Ice Hockey team started its season with a home game against Bishop Guertin on Monday morning, and despite a strong comeback effort in the third period, lost to the Cardinals 4-2.

This year's team has a new leader, as Mike Bears takes over as Head Coach to start the 2021 season. Bears is assisted by his dad Paul Bears, Jim Cotter, Lucas Poulin and Goalie Coach

Dave Anstey.

The games will be quite different this year, with far fewer spectators and far less crowd participation due to the COVID-19 Pandemic guidelines handed out by the NHIAA.

In the Monday morning contest, the Bishop Guertin Cardinals took the early lead with a goal in the first period at the four-minute mark. That goal was scored during a BG power play.

The Lancers had a power play of their own to end the first period,

but could not capitalize on it.

In the second period, the Card's got their second goal of the game at the 12-minute mark, leaving the Lancer at a 2-0 deficit heading into the final period.

It only took 30 seconds to open the third period before Senior Captain Zach Rheault surprised the BG goalie with goal from outside the blue line. Rheault's slap shot was an unassisted first goal of the season for the team.

Sophomore forward,

Sam Neville, tied the game at 2-2 with another unassisted goal, this one from inside the blue line. The goal came with seven minutes left on the clock.

Just 20 seconds later, BG went ahead for good with their third goal of the game.

They added an insurance goal as the game came to a close.

Junior Goalie, Mike Anstey, made a total of 41 saves in the opening day effort.

In the Lancers next two games they will face BG again, this time on the road, Saturday, Jan. 23, three days later they will play Salem High School at home.

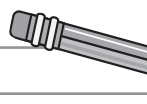


Lancer forward, Sam Neville tied the game at two in the third period during Monday's game against BG. Photo by Chris Paul

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Lancer Swim Team Hosts First Meet of the Winter Season

CHRIS PAUL
LONDONDERRY TIMES

The Londonderry High School Swim Team got its winter season off start by host Duel Meets against three other high schools at the Workout Club in Londonderry on Friday night, Jan. 15. The team competed against Oyster River High School, St. Thomas Aquinas High School and Coe Brown Northwood Academy.

Due to the COVID-19 restrictions this year, participation was cut way down and very few spectators were allowed into the facility.

As a team, the Lancers faired well that night. The Londonderry boys outscored St. Thomas Aquinas 90-29. Against Oyster River, Londonderry won 82 - 69. LHS also beat Coe Brown Northwood Academy by a score of 94-17.

The Londonderry girls also had success, outscoring St. Thomas Aquinas High School 114-23, edging out Oyster River 81-71, and beating Coe Brown Northwood Academy 119-8.

As far as individual successes, the Lancer team had a number of



Lancer swimmer Katie Witkop won the 100-Yard Butterfly and the 200-Yard freestyle race.



Brandon White took the 50-Yard Freestyle and the 100-Yard Backstroke. Photos by Chris Paul

impressive swimmers placing in top spots.

In the Girls 200-Yard Medley Relay the LHS team Elizabeth Allen, Maggie Edwards, Katie Witkop, and Lexi Apholz, had a time of 2:03.46 came in first.

The LHS team of Riley Walter, Lauren Fontaine, Ashleigh Leone, and Caitlyn Bailey, took third with time of 3:02.81.

In the Boys 200-Yard Medley Relay the LHS team of Kevin Moscat, Sean Bailey, Reed Erdtmann, and Brandon White finished first at 1:50.54.

In the Girls 200-Yard Freestyle Katie Witkop,

finished first (2:05.70) and Isabella McKnight, took fourth (2:26.29).

Boys 200-Yard Freestyle: Reed Erdtmann, took second (2:05.41); Theodore McKnight, was third (2:21.76); and Connor McKinnon was fourth (2:23.07).

Girls 200-Yard Individual Medley: Elizabeth Allen finished third (2:45.18); Caitlyn Bailey was fourth (3:27.20).

Boys 200-Yard Individual Medley: Sean Bailey finished third (2:16.68).

Girls 50-Yard Freestyle: Maggie Edwards took second (26.65); fifth went to Lexi Apholz, (29.25)

Boys 50-Yard Freestyle: First place went to Brandon White (23.33).

Girls 100-Yard Butterfly: First place went to Katie Witkop, (1:02.15) and third went to Ashleigh Leone (1:22.93)

Boys 100-Yard Butterfly: Slate Branson was second (1:06.84) and Hunter Turek was fourth (1:12.59).

Girls 100-Yard Freestyle: Lexi Apholz took third (1:06.18).

Boys 100-Yard Freestyle: Kevin Moscat placed first (57.93) and Connor McKinnon was third (1:04.35).

Girls 500-Yard Freestyle: Isabella McKnight won (6:40.94).

Boys 500-Yard Freestyle: Slate Branson came in third (6:14.16) and Theodore McKnight was fourth (6:38.73).

Girls 200-Yard Freestyle Relay: The team of Isabella McKnight, Lauren Fontaine, Caden Thomas and Caitlyn Bailey were second (2:13.70).

Boys 200-Yard Freestyle Relay: First went to the team of Connor McKinnon, Hunter Turek, Theodore McKnight and Slate Branson, (1:52.69).

Girls 100-Yard Backstroke: Winner was Elizabeth Allen (1:09.73).

Boys 100-Yard Backstroke: Winner was Brandon White (1:00.17) and

Kevin Moscat, fifth, (1:08.92).

Girls 100-Yard Breaststroke: Maggie Edwards was first (1:17.79) and Lauren Fontaine was fourth (2:11.87).

Boys 100-Yard Breaststroke: Sean Bailey was the top finisher at fifth (1:22.88).

Girls 400-Yard Freestyle Relay: First place went to Witkop, Allen, Apholz and Edwards, Maggie (4:12.28). Fourth went to Leone, Walter, Thomas and McKnight (5:10.68) Boys 400-Yard Freestyle Relay: Winners were Branson, Turek, McKnight and McKinnon (4:10.98).

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AROUND TOWN

Around Town Policy: This section is meant to be used to announce free events to the communities. If your group is receiving money for what they are publicizing, there will be a charge of \$40/week per paper. All Around Town/Calendar Items will be held to 100 words maximum. All free announcements in the Around Town/Calendar section can run a maximum of three weeks. Deadline for submissions is Monday at 5 p.m. Please send items to londonderrytimes@nutpub.net.

Republicans Meeting

Londonderry Republicans will meet on Thursday, Jan. 21, from 7 - 8:30 p.m. at 78 Litchfield Rd., Londonderry. Come and let's talk politics. NH State Representatives will discuss 2020 GOP election issues and actions. Floor nominations and election of Committee's biennial chairperson will be held. A quorum of members in good standing is required to certify the election.

LEEP Applications

Londonderry Early Education Program (LEEP) is Now accepting applications for the 2021-2022 school year! Are you considering preschool for your child? If your child turned 3 by Sept. 1st and is a Londonderry resident, consider enrolling your child in the Londonderry Early Education Program (LEEP) preschool program. We are a developmentally appropriate preschool that is respectful of the talents and needs of individual children. Our teachers are all certified educators and the program is provided by the Londonderry School Dis-

trict. Programs for three-year old preschoolers meet from 8:25 - 10:55 a.m., either 2 or 4 days per week and our program for our prekindergarten students meet from noon - 2:30 p.m., either 3 or 4 days per week. Tuition rates are: Preschool: \$150 per month for a 2 day per week program and \$200 a month for a 4 day per week program. Prekindergarten: \$180 per month for a 3 day per week program and \$200 a month for a 4 day per week program. Applications are available online on the Moose Hill School website. We also have our LEEP Handbook available online on the Moose Hill School website if you'd like additional information on the program. For more information, contact Dee Fosmire at 437-5855 ext. 7223. Please email Dee Fosmire at dfosmire@londonderry.org or Kim Speers at kspeers@londonderry.org.

Free Parenting Workshops

View these free parenting workshops at your own pace hosted by the Upper Room at www.urteachers.org/workshops-on-demand. Dealing with

Challenging Behaviors in Children - The Importance of Routines and Consistency for your Child.

Childrens Program

On Monday, Jan. 25, at 10 a.m., a virtual children's program will be available on the Leach Library Facebook page. Join Miss Jennifer for some friendship fun! She will share a craft, a song, some fun facts, and her favorite friendship picture books. To pick up a coloring page or reserve any of the featured books, call the library at 432-1132. Please check the library's Facebook page on Monday, Jan. 25 for the link. To access the library's Facebook page, visit the Leach Library website at www.londonderry.org/leach-library then select the "Facebook" link from the blue menu on the left side of the page.

Online Story & Craft

Looking for something fun for the kids? Connect Online Story & Craft Session for Parents and their children up to age 6 with the Upper Room. Free Live on Zoom. Join us on Zoom for live interactive songs and children's stories fol-

lowed by a craft lesson, that is easy and fun to do with your child at home. Zoom link to join: bit.ly/connectstorytimezoom. craft supplies at bit.ly/connectstorytime or email skoza@URteacher.org.

Teen Talk

Free LIVE on Zoom on Tuesdays from 3 - 4 p.m., for teens 13-18 to talk, support each other, and be heard. No preregistration necessary. Zoom link to join: bit.ly/tipstotics

Free Stress Management Workshop

An on demand workshop by the Upper Room. View at www.urteachers.org/workshops-on-demand. To learn more contact Beth O'Connell at eoconnell@URteachers.org.

Vaping and Your Health

A Vaping and Your Health Teen Workshop will be held on demand. Workshops are held on the first Tuesday of the month and online options are also available. Call (603) 437-8477 x117 to register and get more information.

Covid-19 Relief Fund

To apply for financial assistance, call Community Health Services at (603) 425-2545. For holiday gifts, food and other types of assistance, call The Upper Room at (603) 437-8477 x 110.

Legion Meals

Every Sunday Post 27 is serving food prepared by members during the 1 p.m., football game. Legionnaires eat for free and there is \$5 donation for everyone else. Please wear a mask when entering and moving around within the Post. The bartender will ask for your cell number as part of our contact tracing. Located at 6 Sargent Rd., Londonderry (behind the fire station on Mammoth Rd.)

COVID-19 Response Help Needed

The South Central NH Medical Reserve Corps (MRC) is recruiting medical and non-medical volunteers to help with the COVID-19 Response in the region. Are you a practicing or retired medical professional or a concerned local citizen (with or without medical expertise),

and interested in assisting your community during an emergency? The MRC provides communities with medical and nonmedical volunteers trained to assist in the event of public health emergencies. Volunteers may be called to assist during emergencies, such as the COVID-19 response. Activities may include but not limited to greeting, registration, and vaccine administration. Free training will be available within your scope of practice. For more information, please reach out to Kate MacDonald at katemacdonald@catsnh.org or 603-505-7216.

Toys for Tots

It's safe to say 2020 has been a tough year for everyone. Kids and parents more than ever could use a little extra "Merry" in their Christmas this year and we're hoping to help bring bright smiles to their faces this Holiday Season! Derry PD will be participating in the Marine Corps Reserve Toys For Tots Campaign for the 2020 season. Please drop off new, unwrapped, nonviolent toys to the main lobby of the station.

TIPS Zoom

Are you a young parent? The Upper Rooms Teen Information for Parenting Success (TIPS) will hold Zoom meetings on Wednesdays from 5 - 6 p.m. Support and resources for young parents (up to age 24) and their children. Zoom meeting link: bit.ly/tipstotics

Parent & Caregiver Café

Parent & Caregiver Café Remote meetings are open to those raising teens. Thursdays from 6 - 7:30 p.m. To access, visit: us04web.zoom.us/j/302497889 Meeting ID: 302 497 889 (no password needed) Contact: Seren Elizabeth at selizabeth@urteachers.org No preregistration needed.

Caregiver Resource Line

Have parenting questions? Upper Room offers Parent & caregiver resource line, call (603) 437-8477 ext. 26. Call with your name and contact number, and a trained professional will return your call within 24 hours. If you are having an emer-

gency, please call 911.

Raising another's child?

Are you parenting a second time around? Attend the Grandparent and Relative Caregiver Support Group. Join this free weekly meeting for resources, discussions and support for those raising another person's child. No preregistration needed. Tuesdays 6 - 7:30 p.m. Meeting in person at the YMCA-Londonderry. Contact: Seren Elizabeth at selizabeth@urteachers.org. Grandparent PASTA Groups are brought to you by NH Children's Trust, the YMCA of Greater Londonderry, the Southern Rockingham Coalition for Healthy Youth (SoRock) and The Upper Room.

Feeling Overwhelmed?

The Upper Room is offering supportive online counseling schedule a free one-on-one supportive counseling session. Email Seren at selizabeth@urteachers.org.

Evolve!

A group for young woman ages 13 to 18 to talk about today's challenges meets every Wednesday from 5:30 - 6:30 p.m. at the Upper Room, 36 Tsienneto, Road, Derry. This is a free weekly group. To register, Call 437-8477 to register ext. 16.

Presbyterian Church

The Walking Together Group and the Walk With Me Group will be meeting together via zoom 7 p.m. every Tuesday, via computer or telephone. This is a support group for anyone who has lost a spouse, a family member or a friend. For information, contact: 781-866-9976 or jrkldias@aol.com

St. Jude Food Pantry

St. Jude's Food Pantry is open to all Londonderry resident who maybe in need. Call Kay at 434-1827 to make an appointment to pickup your food from the pantry. "We are there for the people and want to help them."

Raising a Teenager?

Parent & Caregiver Café (PaCC) Group. These meetings are a wonderful

Continued on page 13



Meet River! This beautiful Georgia girl is a lab mix, about 2-3 years old and loves spending time with others! Whether it's going for a jog or cuddling on the couch, she is right there with you. But as much as she loves her young and old human friends, she's a little pickier when it comes to her fellow canines. Because of this, we'd like to see her go to a home with no other dogs or a calm one. She hasn't been around any cats yet, so we're unsure how she is around them. River's foster describes her as super cute, loving and the perfect addition to the right family.

If you'd like to be River's forever home, please visit The Greater Derry Humane Society website to fill out an application.

The Greater Derry Humane Society, Inc. rescues animals and places them in permanent loving homes. We do not maintain a shelter; all of our rescued animals are kept in foster homes until we can place them. We have a no-kill policy. Volunteer only/All foster home based nonprofit.

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Around Town

Continued from page 12

resource for parents and caregivers raising teens. Discuss your concerns and learn new parenting strategies. New topics are introduced weekly including anger management,

drug and alcohol abuse, communication and setting boundaries. No pre-registration needed. Thursday 6 - 7:30 p.m. Free live on Zoom. Link to Join: <https://us04web.zoom.us/j/302497889>. Contact: Seren Elizabeth at selizabeta@urteachers.org

CART Transitions to Essential Trips only

In an effort to keep drivers and the ridership of CART safe and healthy during the COVID-19 pandemic, CART will transition to essential only. CART will communicate with all passengers who have current

trips scheduled and make adjustments where appropriate. Essential travel will include medically necessary trips (dialysis, pharmacy, etc.) as well as trips to the grocery store. CART will work with passengers to accommodate the essential trips and will work on timing to be as

flexible as possible. Service will remain available to all towns, 5 days a week. Any questions, concerns or comments should be directed to mwhitten@mtabus.org or phone CART at 603-792-5151. CART looks forward to restoring regular service levels as soon as this crisis passes.

Young Adult Programs

On Fridays 11 - 11:30 a.m., facilitated by The Upper Room, weekly free remote support programs are available. To access: Contact Beth O'Connell at eoconnell@URteachers.org or follow the Young Adults

Continued on page 15

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Londonderry Police Log

Selections from the Londonderry Police Logs

Monday - Jan. 11 7:18 a.m. Motor Vehicle Stop leads to an arrest on Stonehenge Road at Route 93 at Overpass. Three officers charge Justin Pamperin, 37, of Nashua with Driving After

a Revoked/Suspended License; and License Required (Operation without a Valid License). **9:25 a.m.** Warrant Served and arrest made on Highview Terrace. Derek Wyman, 28, of Rochester

charged with Theft By Unauthorized Taking of over \$1,501.

11:56 a.m. Larceny/Forgery/Fraud investigated at Market Basket on Michels Way.

Continued on page 15

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NH Department of Education Announces Free Student Tutoring

The New Hampshire Department of Education announced a first in the nation program partnership with Sal Khan and Schoolhouse.world that will provide free tutoring to New Hampshire high school students. Schoolhouse.world is a platform that connects people around the world to have free, small-group tutoring sessions. It currently offers tutoring in high school math and SAT prep, with the aim of expanding across more

ages and topics.

In the midst of COVID-19, the opportunity to access personalized help and dig deep into problems has been the central struggle faced by teachers, parents and students during remote and hybrid learning at-home. It is this sense of urgency that prompted Sal Khan, founder of the Khan Academy, to find a solution by partnering with his college friend, Shishir Mehrotra, cofounder and CEO of Coda. Together, with a

handful of volunteers, they created schoolhouse.world.

"We are thrilled that New Hampshire could become the inaugural launch state for this incredibly important platform," said Frank Edelblut, NH commissioner of education. "Sal Khan is a legend in education, known mostly for the Khan Academy, which supports over 100 million students around the world. Now New Hampshire students will have access to this live sup-

port and the ability to mentor other students. It is a timely solution that addresses so many needs."

"Partnering with New Hampshire was an easy decision," said Sal Khan. "From the first conversation, they saw the value that Schoolhouse.world could bring to the students of the state. The commissioner stayed focused on the project and his department was able to move quickly to help us inform New Hampshire families that we're

ready to provide this needed assistance at such a critical time.

Over the holiday break, the department placed social media ads to let families know that the service was coming and over 300 signed up to receive information about the launch.

Schoolhouse.world first opened its virtual doors to tutors and students from the public in early 2020 through a prototype site built in Coda. People from all over the world volunteered to tutor sessions, including

high school students, teachers, professionals and PhDs. Since then, the Schoolhouse.world team has run over 1,100 tutoring sessions with students from more than 40 countries, while working to develop scalable systems to monitor sessions and train new tutors.

Students interested in receiving tutoring support and both students and adults wanting to volunteer to support others can go to the website for additional information.

Police Log

Continued from page 14

3:37 p.m. Weapons Offenses investigated on Wiley Hill Road.

8:40 p.m. Services rendered for a structure fire on High Range Road.

Tuesday - Jan. 12

6:19 a.m. Suspicious Activity investigated at Manchester Boston Regional Airport.

10:24 a.m. Suspicious Activity investigated on Haywood Road.

11:25 a.m. Criminal Threatening investigated at Sanborn Crossing on Sanborn Road.

12 p.m. Criminal Mischief investigated on Industrial Drive.

1:10 p.m. Assisted the Londonderry Fire Department with transportation to a hospital from Michels Way at Pillsbury Road.

2:59 p.m. Suspicious Activity investigated on Olde

Country Village Road.

8:04 p.m. Complaint investigated on Capitol Hill Drive.

11:23 p.m. Motor Vehicle Stop leads a Citation Issued on Nashua Road at Gilcreast Road. Three officers assist with charging Daemon Barrett, 19, of Northfield, NH with Reckless Operation.

Wednesday - Jan. 13

5:06 a.m. Assisted the New Hampshire State Police with services on Route 93 at Exit 5 Southbound Off Ramp.

6:06 a.m. Assisted the Londonderry Fire Department with Services on Loop Road.

9:22 a.m. Services rendered for Larceny/Forgery/Fraud on Buttrick Road at In Bloom Health.

9:42 a.m. Services rendered for Larceny/Forgery/Fraud at MacGregor Cut Apartments on Stonehenge Road.

9:52 a.m. Services ren-

dered for Larceny/Forgery/Fraud on Cote Lane.

11:18 a.m. Welfare Check performed by three officers at Londonderry Pediatrics on Buttrick Road.

6:28 p.m. Assisted the Londonderry Fire Department with transportation to a hospital from Sawgrass Circle.

7:41 p.m. Domestic Disturbance investigated by four officers at MacGregor Cut Apartments on Stonehenge Road.

11:24 p.m. Suspicious Activity investigated by four officers on Old Coach Road.

Thursday - Jan. 14

11:48 a.m. Assisted the Londonderry Fire Department with the transportation to a hospital from Justin Circle.

3:16 p.m. Services rendered for Wires Down on Bartley Hill Road.

7:25 p.m. Disturbance Investigated by three officers at Londonderry

Police Department.

Friday - Jan. 15

8:29 a.m. Warrant Served and Arrest made on Union Street, Manchester. Richard Herbst, 54, of Manchester charged with Willful Concealment, Theft.

8:56 a.m. Assisted another Police Department with services on Wind-ing Pond Road.

10:52 a.m. Services rendered for Larceny/Forgery/Fraud on Ricker Avenue.

1:43 p.m. Services rendered in Keeping the Peace on Kimball Road.

1:50 p.m. Suspicious Activity investigated on Commons Drive at Salerno Protective Services

2:30 p.m. Motor Vehicle Accident Investigated by five officers on Rockingham Road at Exit 5.

9:03 p.m. Four officers assisted another Police Department with services at Manchester Boston Regional Airport.

10:05 p.m. Domestic Disturbance investigated on Devonshire Lane.

10:21 p.m. Services rendered for a Structure Fire on Hawthorne Road.

Saturday - Jan. 16

12:08 a.m. Suspicious Activity results in person taken/referred to another agency from Homewood Suites on Perimeter Road.

1:13 a.m. Domestic Disturbance investigated by four officers on Devonshire Lane.

9:56 a.m. Auto Theft investigated at Manchester Boston Regional Airport.

Sunday - Jan. 17

2:11 a.m. Three officers respond to a Disturbance on Boyd Road. Person taken to Family/Guardian/Other.

1:31 p.m. Services rendered for a Suicide Attempt/Threat on Sandstone Circle.

4:07 p.m. Suspicious Activity reported, Building Checked/Secured on Hardy Road.

4:24 p.m. Services Rendered by five officers for a Sudden Death on Mammoth Road.

10:47 p.m. Shooting Complaint investigated on Rockingham Road.

Around Town

Continued from page 13

Strong Facebook page.

Food Pantry

Contact-free pick up at the Upper Room, 36 Tsienneto Rd., Derry is available on Mondays from 11 a.m. - 1 p.m. (back entrance), Thursdays 3 - 4 p.m. and by appointment (front

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TOWN OF LONDONDERRY and the LONDONDERRY SCHOOL DISTRICT NOTICE OF DELIBERATIVE SESSIONS

The Town of Londonderry and the Londonderry School District will be conducting their Deliberative Sessions. The following are the details:

- The 2021 Deliberative Session of the Londonderry School District shall be held on Friday, February 5, 2021, beginning at 7:00PM in the Londonderry High School Gymnasium. All warrant articles shall be acted upon at that time for placement on the School District Official Ballot.

- The 2021 Deliberative Session of the Londonderry Budgetary Town Meeting shall be held on Saturday, February 6, 2021, beginning at 9:00AM at the Londonderry High School Gymnasium. All warrant articles shall be acted upon at that time for placement on the Town Meeting Official Ballot.

Voting for all town and school officials and all Official Ballot Warrant Articles shall take place on Tuesday, March 9, 2021, between 6:00AM and 8:00PM at the Londonderry High School Gymnasium. **Please note that with the current health crisis, social distancing guidelines will be observed at both meetings. Wearing a mask will be required.**

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